**Questions:**

1. According to a new study, City life and country life, which is safer?
2. Why does the study say living in city is safer?
3. Where did the host use to live?
4. What are the top three nonhealth-related killers across America?
5. Which is the most dangerous cause of death according to the speaker?
6. Homicides.
7. Mugging.
8. Gun shooting.
9. Car crash (because it is twice as likely to kill in a rural area)

1. Generally speaking, rural residents are likely to be obese, unsanitary and smoke cigarette and they face \_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_. They are further from hospital care, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ being almost 18 minutes. But city people are more likely to develop \_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_ and being raised in city strongly increases the chance of developing schizophrenia 精神分裂症.They have \_\_\_\_\_\_\_\_\_\_\_\_ of sexually transmitted infections and produce \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ more often. They have high rates of asthma, food allergy, auto immune disorders than country folk.
2. What is the hard and fast rule of healthy life?