Choose the best answer to complete each of the following statements.

1. There are a lot of improvements in the care of old people and the old people’s health \_\_\_\_\_\_\_.
2. Becomes better
3. Is no better than it used to be
4. Is worse
5. A much more common problem with the old people’s health \_\_\_\_\_\_\_\_\_.
6. Is the fears of becoming old.
7. Is that they become senile
8. Is over-medication
9. In order to have good health, one should \_\_\_\_\_.
10. Follow a balanced diet and do regular exercises
11. Eat eggs and beef
12. Never change his way of living
13. Which of the following is true according to the passage?
14. Over 50% of older people are senile
15. 18% of people over 65 have at least one serious illness
16. 15% of older people suffer from depression