New Items (4/24/19):

Is it Better if It's MAN-made? (Stanford GSB)

The Burden of Proof (Effectiviology)

Handicapping & Strength (Effectiviology)

Categories

- attention
- attitude
- beliefs
- bias
- bragging
- bystander effect
- charisma
- charity, chivalry
- choices
- collecting
- coolness, desire, envy
- commitments
- concepts
- (self) confidence
- creativity
- delegation
- failure (fear of)
- familiarity
- fascination

- feedback
- getting things done
- grit, hustle
- habits
- humility
- influence
- leadership
- likeability
- loyalty, trust
- mental models
- mentoring
- motivations
- negotiation
- persuasion
- power, respect
- pressure
- prospect theory
- promotions
- rhyming
- scarcity
- signaling
- social proof
- spin, subterfuge
- stoicism
- surprise
- symbolism

attention

<u>How to Seize Attention - from a Sideshow Barker</u> (Better Humans)

Attention Theories (Changing Minds)

<u>Grabbing Attention - and Holding On to It</u> (<u>InstigatorBlog</u>)

How to REALLY Pay Attention (Medium)

- 1. overlooked-object scavenger hunt
- 2. single-color scavenger hunt
- 3. spot something new every day
- 4. change perspective
- 5. reframe the familiar
- 6. walk with an expert
- 7. talk to a stranger
- 8. let a stranger lead you
- 9. take a day-long walk through an unfamiliar part of town
- 10. poeticize the irritating
- 11. look slowly
- 12. look slowly (really slowly)
- 13. look repeatedly
- 14. repeat your viewpoint
- 15. just listen
- 16. soundmaps
- 17. follow the quiet
- 18. don't look at your phone
- 19. misuse a tech tool
- 20. care for something

attitude

How to Build your Attitude Muscle

The Principles of Adult Behavior

The Three Types of Specialists Needed for Any Revolution

beliefs

How Belief Works - Some Theories

bias

Is it Better if It's MAN-made? (Stanford GSB)

How to avoid cognitive biases when you get paid to think

The Most Common Cognitive Biases, Visualized

Which Cognitive Bias is Making NFL Coaches Predictable?

Take the Other to Lunch (TED)

18 Types of Mental Mistakes Caused by Cognitive Bias

How Cognitive Biases Affect Your Decisions

A Cognitive Bias Cheat Sheet

Why too much evidence can be a bad thing

Biases and Blunders

bragging

The Best Article on Bragging - Ever

bystander effect

Why "Open Secrets" exist in Organizations

charisma

12 Influence & Charisma Tactics

8 Ways to be Uber-Charismatic

The Anatomy of Charisma

Who Wouldn't Want to be More Charismatic?

The Tricks to Make Yourself Effortlessly Charming

8 Body Language Tricks that are Hard to Master, but will Pay Off Forever

charity | chivalry

The Principle of Charity

Rules for a Knight - a Timeless Guide

How to Be Polite

choices

The Paralyzing Effect of Choice

collections

What Makes People Collect Things?

coolness, desire, envy

The Science of Snobbery

Why is Art Expensive?

Save it for Later: Bookmarking Apps and the Wish Economy

How to Manufacture Desire

The 4-Letter Code to Selling Just About Anything

The Neurological Pleasures of Fast Fashion

The Psychology of a Fanboy: Why You Keep Buying the Same Stuff

commitments

<u>Precommitment: Burning Bridges as a Strategic</u> Decision

concepts

https://conceptually.org/

(self) confidence

Everybody Experiences Imposter Syndrome

Self-Appointed Geniuses

creativity

Gamestorming

How to Use the "Equal Odds" Rule

The Psychology of Limitations

delegation

Identify Leaders by Giving People Assignments

The Complete Guide to Delegation for Leaders

<u>Turn the Ship Around</u>
<u>Turn the Ship Around (Google Doc summary)</u>

Be a Minimally Invasive Manager

failure

Missing the Point about Failure

Scott Adams: Fail at Everything

familiarity

The Science of Familiarity

fascination

What are Personality "Archetypes"?

The Seven Triggers of Fascination

feedback

The Essential Guide to Difficult Conversations

Have the Courage to Be Direct

The Key to Giving & Receiving Negative

<u>Feedback</u>

getting things done

8760 Hours: A Framework

Henry Rollins on Defining Success

Things that are NOT progress

Scott Hanselman's Productivity Tip Sheet

GTD in 15 Minutes: A Programmatic Guide

Do Something Small. Every Day.

grit, hustle

A Dozen Lessons from Anthony Bourdain

Navy SEALs, grit & resilience

The Invention of Sliced Bread

The Hustler's MBA

habits

Transform Your Habits, v2 (pdf)

Hooked (Book Summary)

Made to Stick (Book Summary)

The Fastest Way to Improve Your Life (Better Humans)

<u>Hacking Habits to Make New Behaviors Stick</u> (99u)

How to Stop Checking Your Phone (Bakadesuyo)

Finding that One Tiny, Addicting Behavior (InstigatorBlog)

The Toothbrush Test (TNW)

How to Make your Products Scientifically Irresistible (Gainsight)

Habits and Hooks (CMXhub)

The Habit Zone (Nir and Far)

Ryan Holiday interview (Nir and Far)

Building a Habit Guide (James Clear)

Habit Stacking (Farnam Street)

Habits are the New Viral: Why Startups Must be Behavior Experts (TechCrunch)

humility

Accidental Leadership

Fixing the "Smartest Person in the Room" Issue

The Manager Who Kept a Six-Year Diary of her Mistakes

influence

Knowing When to Shut Up

How to Get an MBA from Eminem

Google: You Don't Need Power to Drive a Strategy

Influence Tactics: A Taxonomy

The Four Components of Influence

The Nine Primary Tactics Used to Influence
Others

Moving Your Agenda Forward

You're Already More Persuasive than You Think

A/B Testing as a Surprisingly Effective Management Tool

Nudge (Book summary - slideshare)

The Tipping Point (book summary)

50+ examples of Robert Cialdini's 6 Principles Of Influence

23 Psychological Life Hacks to Gain an Advantage

leadership

Carl Braun on Communicating Like a Grown-Up

The Great CEO Within

Awesome Leading & Managing List (GitHub)

How An Ancient Chinese War General Would Run Your Startup Better

Servant Leadership: Tastes Great. Less Filling.

<u>Leadership Lessons from the Boston Red Sox</u>

Lincoln's Principles of Leadership

U.S. Army Engineer School Commandant's Reading List

<u>Eight Common Traits of Uncommon Product</u> Leaders

Tribal Leadership

Why Should Anyone Be Led By You?

<u>Unintuitive Things I've Learned About</u> Management

Seven Leadership Lessons from a SEALs Commander

The Golden Rules of Leadership

The 21 Irrefutable Laws of Leadership by John Maxwell (Book Summary)

Managing Two People Who Hate Each Other

4 Leadership Types that can Destroy a Perfectly Good Strategy

Solitude & Leadership

25 Timeless Leadership Lessons that Just Plain Work

13 Life Lessons from Paris' Red Light District

Google's Quest to Build a Better Boss

Real Leaders Don't Do Focus Groups

likeability

Getting People to Like You

loyalty & trust

Loyalists vs. Mercenaries

Ten Techniques for Building Trust with Anyone

Authentic leadership

Willful Disobedience & the Character Traits of Independent Thinkers

How Darknet Sellers Build Trust

mental models

Mental Models: The Best Way to Make Intelligent Decisions (109 Models Explained)

Useful Mental Models

Mental Models I Find Repeatedly Useful

13 Mental Models Every Founder Should Know

- 1. regret minimization
- 2. idea mazes
- 3. schlep blindness
- 4. jobs to be done
- 5. min viable product
- 6. confirmation bias
- 7. product mkt fit
- 8. 100 people love
- 9. AARRR
- 10. Network effects
- 11. Economies of scale
- 12. Disruption
- 13. Triangles of success

mentors

Mentors are the Secret Weapon of Successful Startups

motivations

The Elephant In the Brain (Book Outline)

Reiss' 16 Human Needs

Spark: a Book Summary

How to Mentor a Perfectionist

Theories of Motivation

A Crash Course in Human Motivation

Managing the Invisibles

negotiation

Stalin at Yalta: Tips from the Master

Never Split the Difference (Chris Voss) (Book

Summary)

James Altucher's Negotiation Cheat Sheet

Six Hostage Negotiation Techniques

How to Negotiate with a Liar

How to Negotiate with Someone More Powerful

than You

How to Negotiate Like a Car Salesman (Eeew.)

Ask a Hostage Negotiator: How to Ask for a Raise

When Should You Accept an Exclusive Deal?

How to Deal with Difficult People

The Best Way to Win an Argument

persuasion

The Burden of Proof (Effectiviology)

Handicapping & Strength (Effectiviology)

42 Personality Archetypes - and How to Sell to

<u>Them</u>

A Handbook of Persuasion Techniques

14 Time-tested Writing Techniques

"Too Much Evidence" Backfiring

Persuasion Tips for Product Managers

How to be the Most Persuasive Person in the

Room

How to Persuade Anyone, of Anything, in 10

<u>Seconds</u>

The Seven Triggers of Web Design

Favorite Pop Psychology Books, 2012

The "But You Are Free To..." Technique

The Wishpond Guide to Conversion Optimization

How to Sell Anything: Aristotle & the Ancient Art

of Persuasion

15 Psychological Triggers

30 Conversion Optimization Tactics

The Psychology Behind Costco's Samples

How Grocery Bags Manipulate Your Mind

Why People Buy Perception - Not Reality

"Get Them to Say No"

How a Preview Image Increased Conversions by

359%

19 Psychological Sales Hacks

The 20 Best Lessons from Social Psychology

Product Leadership Rules to Live By From My

Experience at Pandora

power | respect

The 48 Laws of Power - Summary

How to Get Respect (bakadesuyo)

<u>The Best Management Memo - Ever (Design</u> Observer)

pressure

How to Focus & Make the Best Move When There Are No Good Moves (Farnam Street)

What a Football Coach Taught me About Product Management (Medium)

prospect theory

What is Prospect Theory?

promotions

How to Get Promoted on Merit, Not Hubris (Better Humans)

rhyming

Why Rhyming Makes Your Message More Persuasive (Effectiviology)

scarcity

How Artificial Scarcity can Boost Desire

The Science of Scarcity

Pliny the Elder: a Case Study of Scarcity Marketing

signaling

Mixed Signals: Why People Misunderstand Each Other (Atlantic)

social proof

The Most Important Selling Factor

The Power of Customer Testimonials

4 Social Proof Techniques for E-Commerce

Social Proof Factors

(public) speaking

Pro Tip: Block Your Talk

Public speaking for Introverts

spin, subterfuge

The Master of Spin (CJR)

How Asian dating sites cracked the code (Qz)

stoicism

How to Be a Stoic (New Yorker)

surprise

YouTube Toy Unboxing - is a Thing (Vox)

symbolism

Symbols that Can't Last Forever (99% Invisible)