

PES COLLEGE OF ENGINEERING

Department of Mechanical Engineering



Study and Analysis of Impact of COVID-19 on Work Life Balance of Frontline Workers

Person Name :	(Optional)							
1. Rate your wo	orking envir	onment du	ring COVI	D 19 .				
Low	1	2	3	4	5	High		
2. How was yo	ur leave po	licies						
Low	1	2	3	4	5	High		
3. Rate your or	rganization	al support	in COVII) - 19				
Low	1	2	3	4	5	High		
4. Rate the sup	port by you	r collegues						
Low	1	2	3	4	5	High		
5. How stressfu	l was your jo	ob during (COVID - 19	?				
Low	1	2	3	4	5	High		
6. Did miss out	on quality ti	me with m	y family an	d friends bed	cause of pr	essure of wor	k?	
Low	1	2	3	4	5	High		
7. Did u get tire	ed or depres	sed due to	work?					
Low	1	2	3	4	5	High		
8. Did you feel	pressurized	due to wor	k?					
Low	1	2	3	4	5	High		
9. Were you ab	ole to get a co	onsiderable	amount of	break durin	g shifts?			
Low	1	2	3	4	5	High		
10. How often	did you worl	k overtime?						
Low	1	2	3	4	5	High		



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11. How often	work overnig	ht?				
Low	1	2	3	4	5	High
12. Were you	able to get co	onsiderate	e amount o	f time to ta	lk or meet	with family?
Low	1	2	3	4	5	High
13. How was	the support f	rom famil	y helped y	ou work wi	thout wor	ry?
Low	1	2	3	4	5	High
14. Did you ge	et any health s	ymptoms o	due to work	.? 4	5	High
15. Rate the go	overnment hea	ılth care su		ont line wor		8
Low	1	2	3	4	5	High
16. How media	and surround	ding people	e opinion di	d affect you	?	
Low	1	2	3	4	5	High
17. How satisf	ied were you	with your	work durin	g COVID-19)?	
Low	1	2	3	4	5	High
18. Were you	recognized an	d acknowl	edged for y	our contribu	ıtion?	
Low	1	2	3	4	5	High
19. How comm	nitted were yo	u to work	and help th	e people du	ring COVI	D-19?
Low	1	2	3	4	5	High
20. Are you al	ble to work wi	th the sam	ne dedicatio	n if a similaı	situation :	arises?
Low	1	2	3	4	5	High