

October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5 Fight Club
6	7	8	9	10	11	12 CMAA Tournament
13	14 Trophy Day	15	16	17	18	19 Fight Club
20	21 Jersey Day	22 Costume Day	23 Super Hero T- Shirt Day	24 Pajama Day	25 Trunk or Treat	26
27	28	29	30	31 Halloween No Classes	1	2

Trophy Day

Monday, October 14th

Bring your tournament trophy in to class to celebrate your accomplishments.

Pink October

Sometimes it's important to remember that no matter what rank we are, we all have the same goal - Black Belt Excellence.

For the month of October, we will be punching, kicking, and training as hard as possible, all while wearing pink belts.

Cost: \$10

Fight Club - @ Littleton EMA

Saturday, October 5th and 19th at 8:30am

A confidence building class for all students that are intimidated by sparring, or just want to improve and learn new sparring skills.

(Full gear required.)

CMAA Tournament

Saturday, October 12th

The Ranch Event Complex
5280 Arena Cir
Loveland, CO 80538

(North Exhibition Hall)

Black Belt 8:50am

Grand Champion 11:00am

Basic/ Little Dragon 11:35am

Half Time 12:25pm

Level 1 1:05pm

Level 2 2:45pm

Level 3 4:25pm

Spirit Week

Monday 21st - Jersey Day

Tuesday 22nd - Costume Day

Wednesday 23rd - Super Hero T-Shirt Day

Thursday 24th - Pajama Day

Friday 25th - Trunk or Treat

Trunk or Treat

**Friday 25th - Trunk or Treat
4:30-6:00pm**

All are welcome to join us from 4:30pm - 6:00pm for our third EMA trunk or treat event. Families can join us in back of the EMA studio and enjoy Halloween with us.

EMA Fall Hoodies

Coming Soon!!