

October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11 Fight Club
12	13	14	15	16	17	18 Ninja Night
19	20 Jersey Day	21 Costume Day	22 Super Hero Shirt	23 Pajama Day	24 Disney Day	25 Fight Club
26	27 Stripe Week	28 Stripe Week	29 Stripe Week	30 Trunk or Treat No Classes	31 Halloween No Classes	

Pink October

Sometimes it's important to remember that no matter what rank we are, we all have the same goal - Black Belt Excellence.

For the month of October, we will be punching, kicking, and training as hard as possible, all while wearing pink belts.

Cost: \$10

Fight Club

Saturday, October 11th and 25th

A confidence building class for all students that are intimidated by sparring, or just want to improve and learn new sparring skills.

(Full gear required.)

EMA Fall Hoodies

Coming Soon!!

Spirit Week

Monday 20th - Jersey Day

Tuesday 21st - Costume Day

Wednesday 22nd - Super Hero T-Shirt Day

Thursday 23rd - Pajama Day

Friday 24th - Disney Day

Stripe Week

Make sure to attend 1 day out of the 3 to earn your black stripe. Stripe tests consist of:

- * Fitness Test
- * Curriculum Review

Trunk or Treat

Thursday, October 30th - 4:30-6:00pm

All are welcome to join us from 4:30pm - 6:00pm for our third EMA trunk or treat event. Families can join us in back of the EMA studio and enjoy Halloween with us.

PARENTS - if you want to help with this special event and have kiddos trick-or-treat from your car, there will be a sign up sheet at the counter. Before the event, decorate your car, put some candy in your trunk and then show up to the event early to park...

Ninja Night

Saturday, October 18th

6pm - 10pm • \$45

25 SPOTS - Sign-up at the front counter.

Parents, this is the perfect opportunity to enjoy a night off! Drop your Ninja off and let them enjoy Karate games, a Karate-themed movie, and pizza for dinner!