

# October 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27 Testing	28 Testing	29 Testing	30 Testing	1 Testing	2 Orientation
3	4 New Schedule Starts	5	6	7	8	9 Women's Fight Club
10	11	12	13	14	15 Women's Self Defense	16
17	18	19	20	21	22	23 Women's Fight Club
24 Halloween 31	25 Costume Day	26 Dodgeball	27 Disney Day	28 Bags	29 Trunk or Treat	30

## Testing Sept. 25th - Oct. 1st

### Saturday, Sept. 25th

10:00am - Level 3 Testing

### Monday, Sept. 27th

5:00pm - 5:45pm - Little Dragons

6:00pm - 7:00pm - Basic

7:15pm - 8:00pm - Black Belt

### Tuesday, Sept. 28th

5:00pm - 6:00pm - Level 1

6:15pm - 7:15pm - Level 2

7:30pm - 8:15pm - Prep/ Conditional

### Wednesday, Sept. 29th

5:00pm - 5:45pm - Little Dragons

6:00pm - 7:00pm - Basic

7:15pm - 8:00pm - Black Belt

### Thursday, Sept. 30th

5:00pm - 6:00pm - Level 1

6:15pm - 7:15pm - Level 2

7:30pm - 8:15pm - Prep/ Conditional

### Friday, Oct. 1st

5:00pm - 6:00pm - Make Up

6:00pm - 6:30pm - Weapons

## Orientation Saturday, October 2nd

All students advancing in levels please attend orientation. We'll be going over your new class requirements.

10:00am - Orange Belts

11:15am - Purple Belts

12:00pm - Red Belts

## Women's Self Defense

Friday 15th (5:30pm - 7:00pm)

Ladies are welcome to come and sweat and learn. This will be an awesome combination class of cardio kickboxing and self defense.

Open to ALL women age 13+. Sign up at front desk.

## EMA Fundraiser

Show your support by buying a Pink Karate belt and wearing it to classes all month long.

Cost: \$10

\*Proceeds will go to the improvement of our Martial Arts School

## New Schedule

\*\*New schedule starts October 4th.\*\*

## Spirit Week

### Monday 25th - Costume Day

Wear your Halloween costume to class

### Tuesday 26th - Dodgeball Day

Working on our dodging, ducking, dipping, diving, and dodging

### Wednesday 27th - Neon Night

It's a glow in the dark class. Make sure to wear white or glow in the dark clothes to class.

### Thursday 28th - Bags

Working on hand eye coordination

### Friday 29th - Trunk or Treat

All kids are welcome to join us on from 4pm-6:30pm for our second EMA trunk or treat event. Families can join us in back of the EMA studio and enjoy Halloween with us.