

Earn Your White Belt

Exclusive Martial Arts
303-972-0114

First Homework assignment is to memorize the 2nd Student Creed, and be able to tell the instructor on the next class to earn your white belt. Memorize student creeds 1 and 3 and earn a stripe for each student creed.

Student Creeds –

1. I improve my quality of life by developing my mind, body and spirit.
2. **I promise to never use my martial arts skills to be abusive or offensive.**
3. I achieve a black belt attitude by being respectful, responsible, and reliable.

Don't forget to tell mom and dad that you can come to our school and attend classes FREE! All they have to do is give us a call to tell us that you are coming! 303-972-0114

8555 W. Belleview Ave. Unit D-09 Denver, CO 80123 - email: ExclusiveMartialArts@gmail.com
(Off of Wadsworth and Belleview in the TJ Maxx Shopping Center.)

Repetition Is The Mother Of Learning

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Respect is the first thing you need to have in order to be a successful martial artist. Not only respect for your instructor, you must show respect to your parents, teachers and other adults around you. Remember, respond to adults with “Yes Sir or Yes Ma’am” and always be polite!



To earn your stripe:

Use the “7 Laws of Respect” on mom, dad, brother, sister, friends, teachers, and other adults around you. Then have mom or dad write a short note to tell us how you did!

Good Luck Karate Kids

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Clean Your Room!

Exclusive Martial Arts - Matt Young
303-972-0114

Being responsible for our things is another important rule of martial arts. Taking care of our possessions is another form of respect.



To earn your stripe:

Mom and dad like to see a tidy clean
bedroom! To earn your strip we want you to
surprise them and clean your room
BEFORE they tell you.

Good Luck Karate Super Kids!

TAKE A FREE CLASS TONIGHT! Don't forget to tell your parents

Class Schedule at Exclusive Martial Arts:

Monday	Tuesday	Wednesday	Thursday	Friday
5:00-5:30PM	6:30-7:00PM	N/A	6:30-7:00PM	5:00-5:30PM

Check us out on Facebook!
Become like our page Today...

Exclusive Martial Arts - 303-972-0114

8555 W Coal Mine Ave Unit D-09

Denver, CO 80123

(Inside the TJ Maxx Shopping Center.)

email- ExclusiveMartialArts@gmail.com

Respect For Our Mentors!

Exclusive Martial Arts - Sal Cisneros
303-972-0114

Teachers are very important people. They teach us to use our minds and encourage us to succeed. Martial Arts students know that the biggest thing they can do for their teachers is give them our total enthusiasm, focus, concentration, and respect!



To earn your stripe:

We want you to do something special to help your teacher. Pick up trash, sharpen pencils, be creative. Once you have done something, ask your teacher politely to write you a note of how well you did!

Don't forget to tell mom and dad that you can come to our school and attend classes FREE!

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Take The Initiative!

Exclusive Martial Arts - Matt Young
303-972-0114

Take The Initiative

Do 5 things to help your parents when they least expect it. Try doing your chores, homework, or reading without mom or dad telling you.



To earn your stripe:

Do something extra, unexpected,
taking the initiative! Write down the 5
things on the back of this paper, then
ask your Mom or Dad to write a note
and tell us about it!

Good Luck Karate Super Kids!

Graduation is SOON! Don't forget to tell your parents!

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Denver, CO 80123

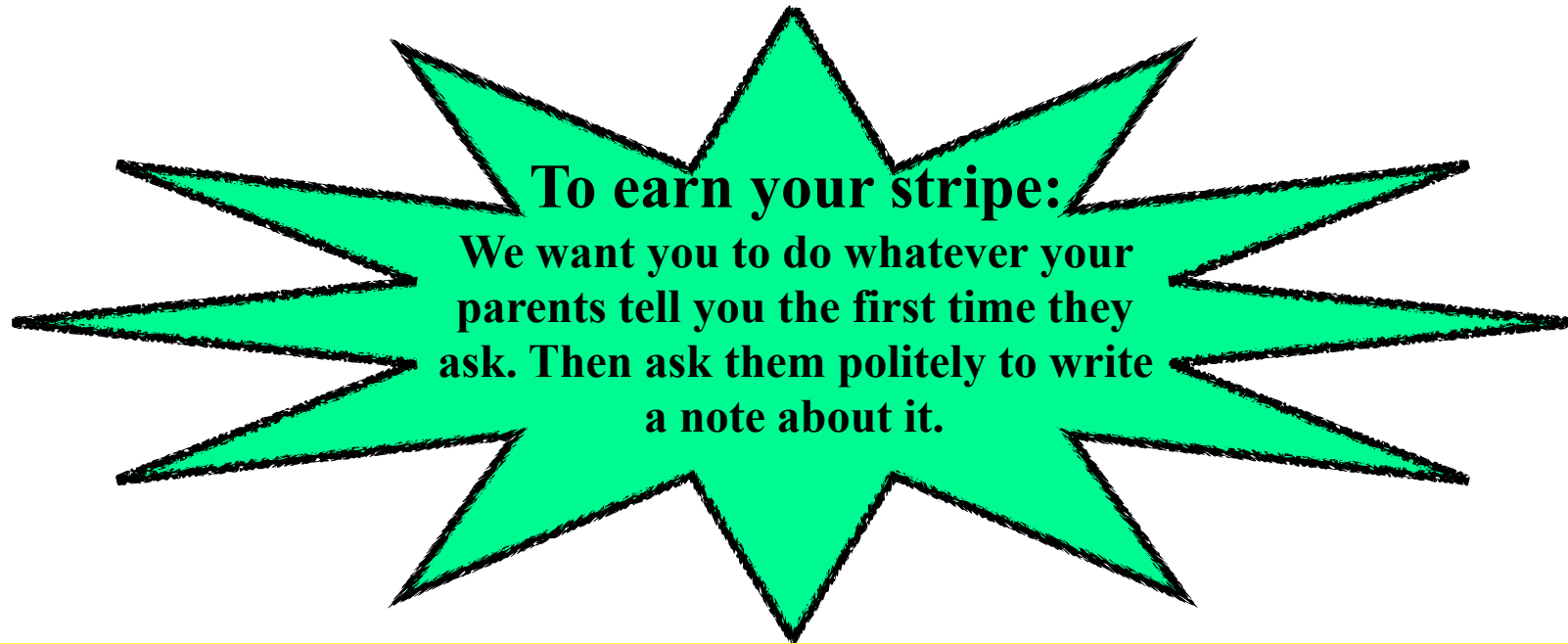
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Do It The First Time!

Exclusive Martial Arts - Matt Young / Sal Cisneros
303-972-0114

Mom and dad have probably complained when they have asked you to do something more than once. Maybe they even asked 3 or 4 times. Try doing your chores, homework or anything the first time they ask and show them respect by showing them that you were listening.



GRADUATION IS SATURDAY AT 2:00PM AT THE KARATE SCHOOL!
DON'T FORGET TO BRING YOUR BELT AND HOMEWORK TO EARN YOUR LAST STRIPE

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