

# January 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28 Virtual Classes	29 Virtual Classes	30 No Classes	31 New Years Eve No Classes	1 New Years Day No Classes	2 No Classes
3	4 Back In Session	5	6	7	8	9
10	11	12	13	14	15	16
17	18 MLK Day Buddy Week	19 Buddy Week	20 Buddy Week	21 Buddy Week	22 Buddy Week	23
24 31	25	26 Progress Check	27 Progress Check	28 Progress Check	29 Progress Check	30

## Progress Check - January 25th - 29th

### Monday

Review Day (Regular Class Times)

### Tuesday

4:30pm - 5:30pm Level 1

5:45pm - 6:45pm Level 2

7:00pm - 8:00pm Level 3

### Wednesday

4:30pm - 5:30pm Little Dragons

5:45pm - 6:45pm Basic

7:00pm - 8:00pm Black Belt

7:00pm - 8:00pm Prep/ Conditional

### Thursday

4:30pm - 5:30pm Level 1

5:45pm - 6:45pm Level 2

7:00pm - 8:00pm Level 3

### Friday

4:30pm - 5:30pm Little Dragons

5:45pm - 6:45pm Basic

7:00pm - 8:00pm Black Belt

7:00pm - 8:00pm Prep/ Conditional

### Saturday

(Regular Classes)

## Buddy Week

Invite your friends to join you in classes for the week. We'll be doing fun Minute To Win It challenges all week long.

Monday - Chop Flop

Tuesday - Balloon Cup Stack

Wednesday - Moving On Up

Thursday - Defy Gravity

Friday - Log Race

## Refer a Friend Program

The greatest compliment we can get is to have one of our members refer a friend.

Receive a FREE month of Karate for each friend you refer.

\*\*Friend must sign up\*\*