

Main Floor

Monday A Day	Tuesday A Day	Wednesday Exclusive	Thursday B Day	Friday B Day	Saturday
Little Dragons 4:45pm - 5:15pm	Little Dragons 4:45pm - 5:15pm	Exclusive L1 4:45pm - 5:30pm	Little Dragons 4:45pm - 5:15pm	Little Dragons 4:45pm - 5:15pm	Open Mat 10:00am - 10:45am
Basic 5:15pm - 5:45pm	Level 1 5:15pm - 6:00pm	Exclusive L2 5:30pm - 6:15pm	Level 1 5:15pm - 6:00pm	Basic 5:15pm - 5:45pm	Level 1 10:45am - 11:30am
Black Belt 5:45pm - 6:30pm	Level 2 6:00pm - 6:45pm	Little Dragons 6:15pm - 6:45pm	Level 2 6:00pm - 6:45pm	Level 1 5:45pm - 6:30pm	Level 2 10:45am - 11:30am
Basic 6:30pm - 7:00pm	Basic 6:45pm - 7:15pm	Exclusive L3 6:45pm - 7:30pm	Basic 6:45pm - 7:15pm	Basic 6:30pm - 7:00pm	Basic 11:30am - 12:00pm
Level 1 7:00pm - 7:45pm	Level 1 7:15pm - 8:00pm	Open Mat 7:30pm - 8:00pm	Level 1 7:15pm - 8:00pm	Conditional 7:15pm - 8:00pm	
				Black Belt 7:15pm - 8:00pm	

Floor 2

Monday A Day	Tuesday A Day	Wednesday Weapons	Thursday B Day	Friday B Day	Saturday
Level 2 6:45pm - 7:30pm	Level 3 6:45pm - 7:30pm	Prep Belt 6:45pm - 7:30pm	Level 3 6:45pm - 7:30pm	Level 2 6:45pm - 7:30pm	
Level 3 7:30pm - 8:15pm	Black Belt 7:30pm - 8:15pm	Conditional 6:45pm - 7:30pm	Black Belt 7:30pm - 8:15pm	Level 3 7:30pm - 8:15pm	
Prep Belt 7:30pm - 8:15pm				Prep Belt 7:30pm - 8:15pm	
Conditional 7:30pm - 8:15pm					



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8555 W Belleview Ave D-09

Denver, CO 80123

303 972 0114

ExclusiveMartialArts@gmail.com