

Name: _____

Belt Rank: _____



Responsibility

Personal responsibility allows an individual to feel empowered by the tasks he accomplished. He or she will be able to complete other requests or goals which will in turn increase his confidence in their abilities. This will lead him or her to continue seeking other challenges to finish. In between the tasks, his sense of responsibility assists him in completing his objectives.

Personal responsibility becomes “synonymous with personal success” ~ Scarbrough

To Earn Your Stripe:

Complete the job list on a daily basis through out the week. Make sure all tasks are completed before you have checked the day off.

Job List

- Clean Room
- Make Bed
- Personal Hygiene
- Help With Laundry
- Clean Up After Meals
- Put Personal Belongings Away
- Complete Homework
- Complete Karate Homework

	Mon	Tue	Wed	Thur	Fri	Parent Initials	Instructor Initials
Week 1							
Week 2							
Week 3							
Week 4							