



Highs and lows

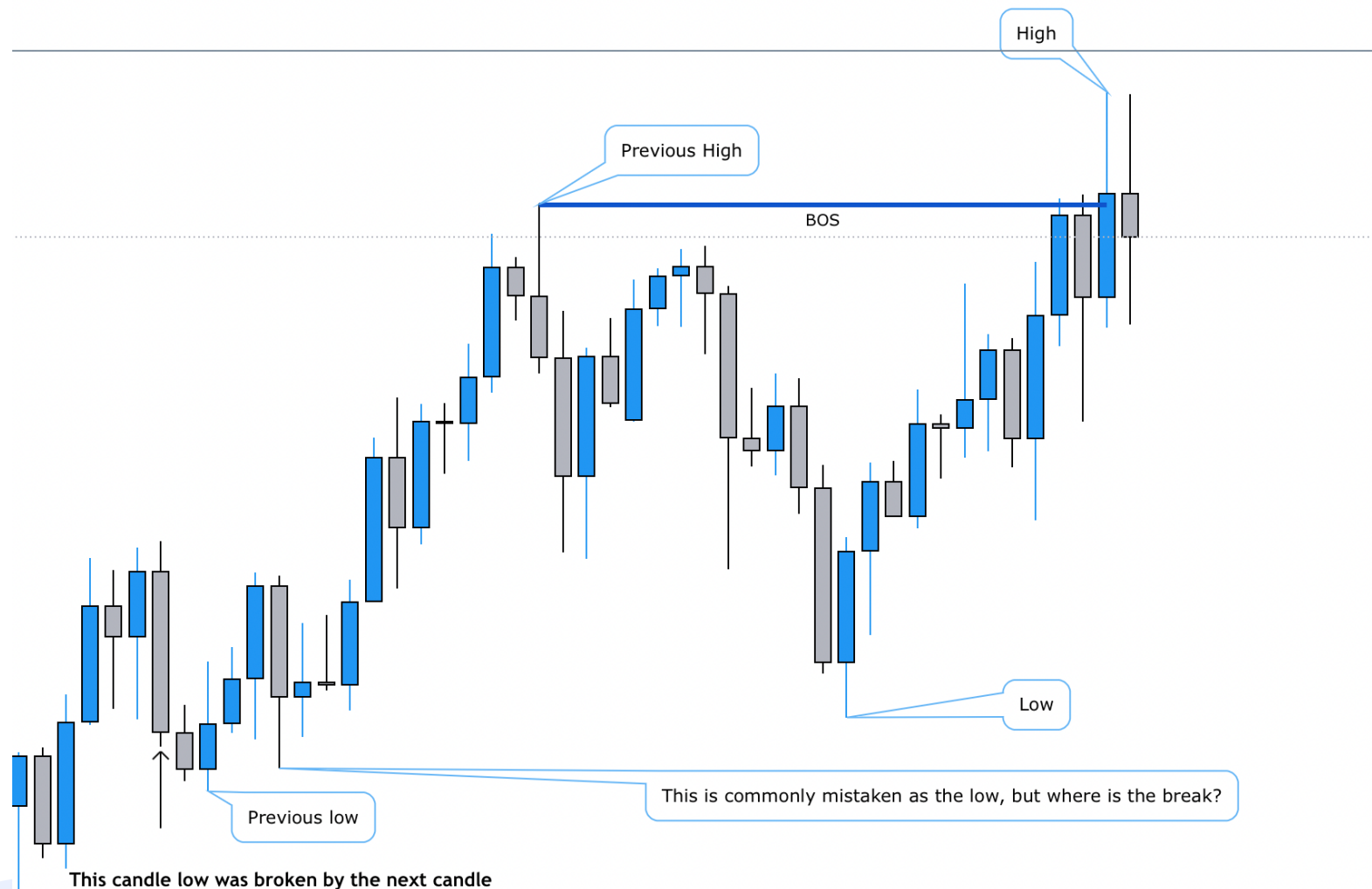


Highs and lows

**So understanding Highs and lows.
Key points:**

Break of structure = Body breaking wicks

To map your structure, we are mapping it using the wicks.



Key is to look candle by candle

Find which candles were broken before your structure point was created. Remember this is to help you decide bearish or bullish trend.

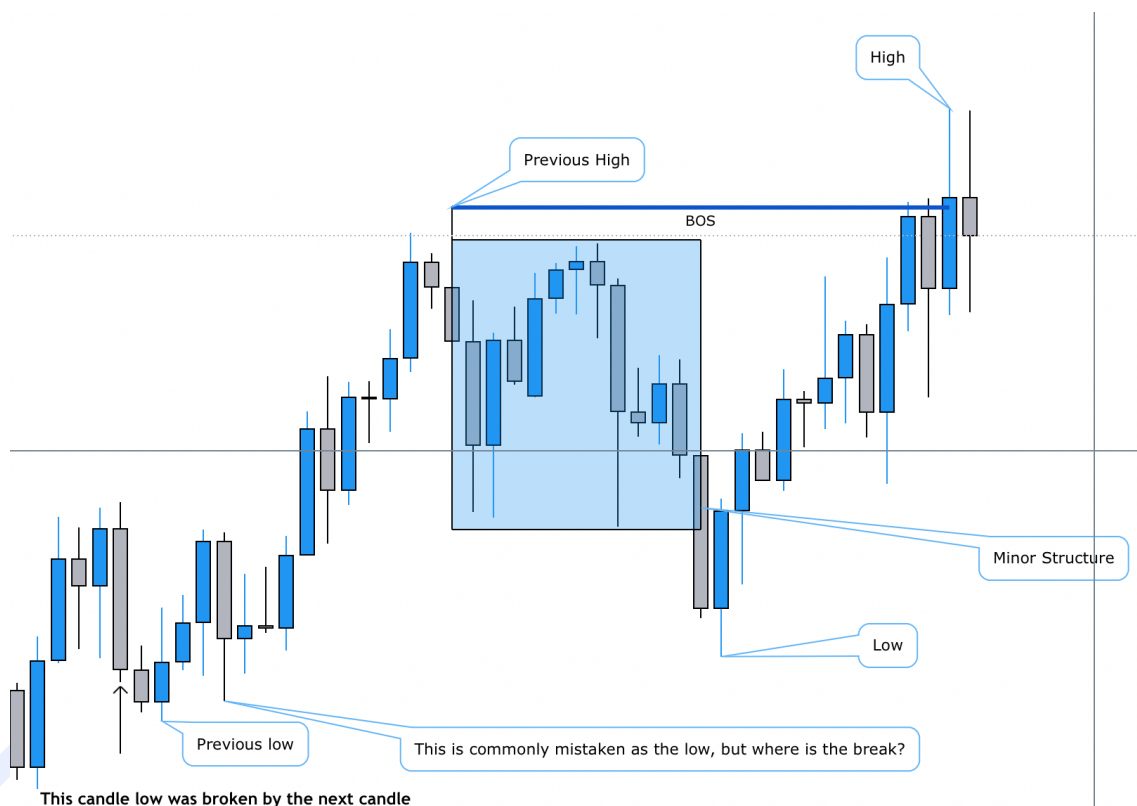
Why do we use candle by candle break?

We are focusing on precision right?

So a candle break indicates a pull back on a lower time frame. We are looking for where price was derived from.

The points that we mark as our highs and lows helps us find our major structures.

Reason for this, we can now know that any structure breaks between your high and low is minor structure which too us is not overly relevant.



Dont over think structure which is very easily done as the way we see structure is very different to many. However, Remember this is our way to see structure and you are entitled and free to see structure however you see fit. But it's crucial to understand what is minor and what is major.

Hope this helps clear Highs and lows.

PRACTICE as much as possible. It is not easy to master this and will take time to train your eyes to see it. But it will pay off. Remember that