C# boxing and unboxing

C# Type System contains three Types, they are Value Types, Reference Types and Pointer Types. C# allows us to convert a Value Type to a Reference Type, and back again to Value Types. The operation of Converting a Value Type to a Reference Type is called Boxing and the reverse operation is called Unboxing.

Boxing

The first line we created a Value Type Val and assigned a value to Val. The second line , we created an instance of Object Obj and assign the value of Val to Obj. From the above operation (Object Obj = i) we saw converting a value of a Value Type into a value of a corresponding Reference Type . These types of operation is called Boxing.

UnBoxing

The first two line shows how to Box a Value Type . The next line (int i = (int) Obj) shows extracts the Value Type from the Object . That is converting a value of a Reference Type into a value of a Value Type. This operation is called UnBoxing.

Boxing and UnBoxing are computationally expensive processes. When a value type is boxed, an entirely new object must be allocated and constructed, also the cast required for UnBoxing is also expensive computationally.