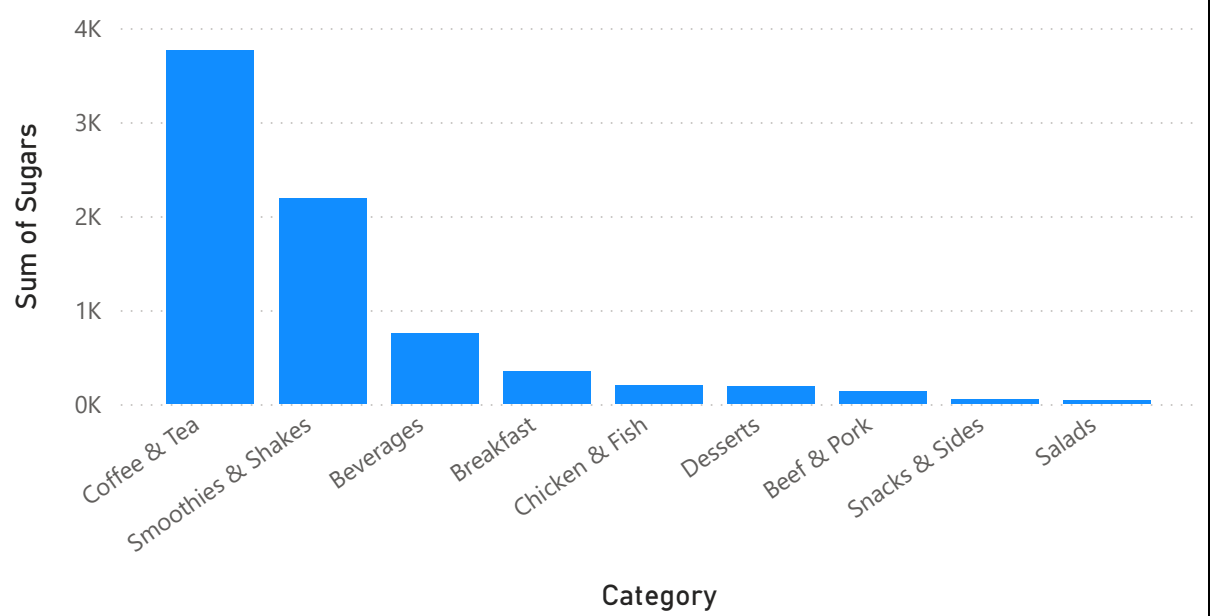
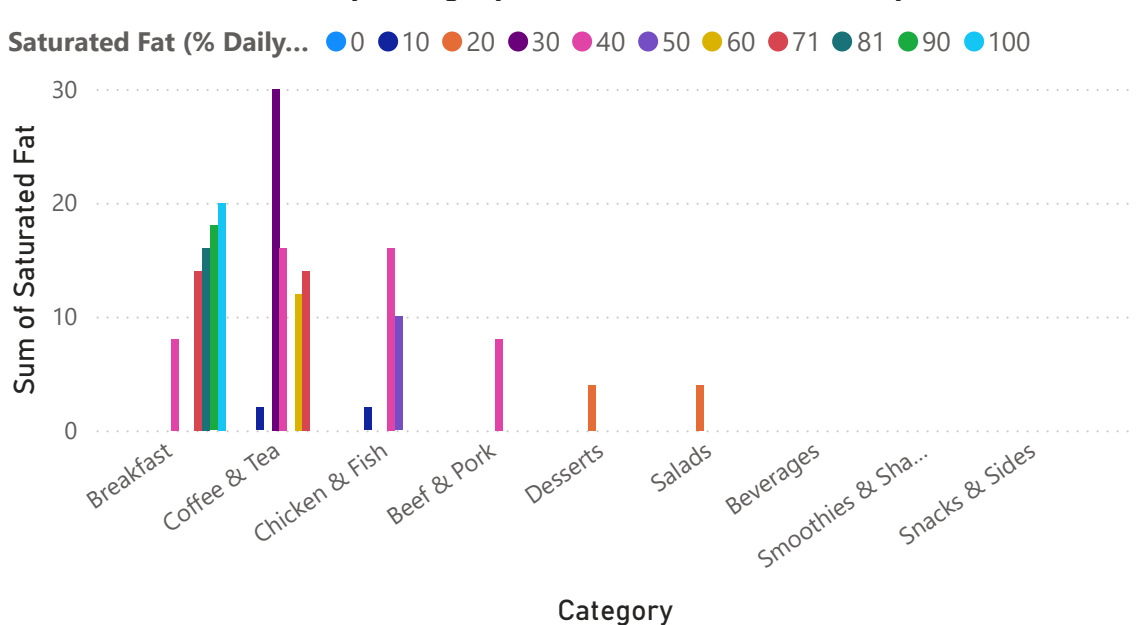


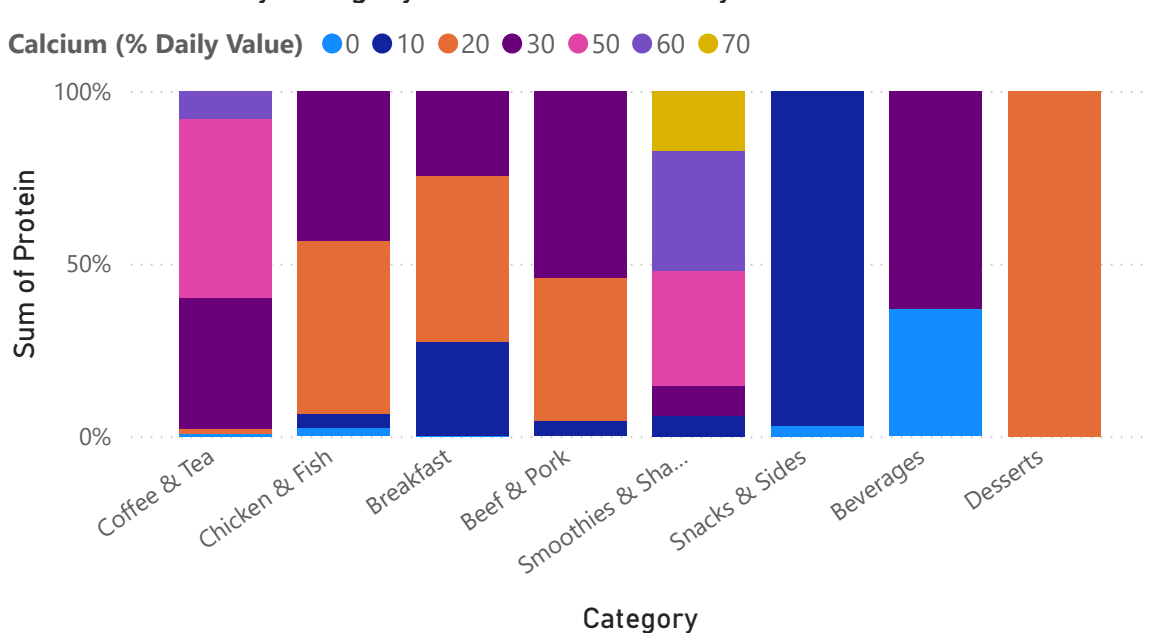
Sum of Sugars by Category

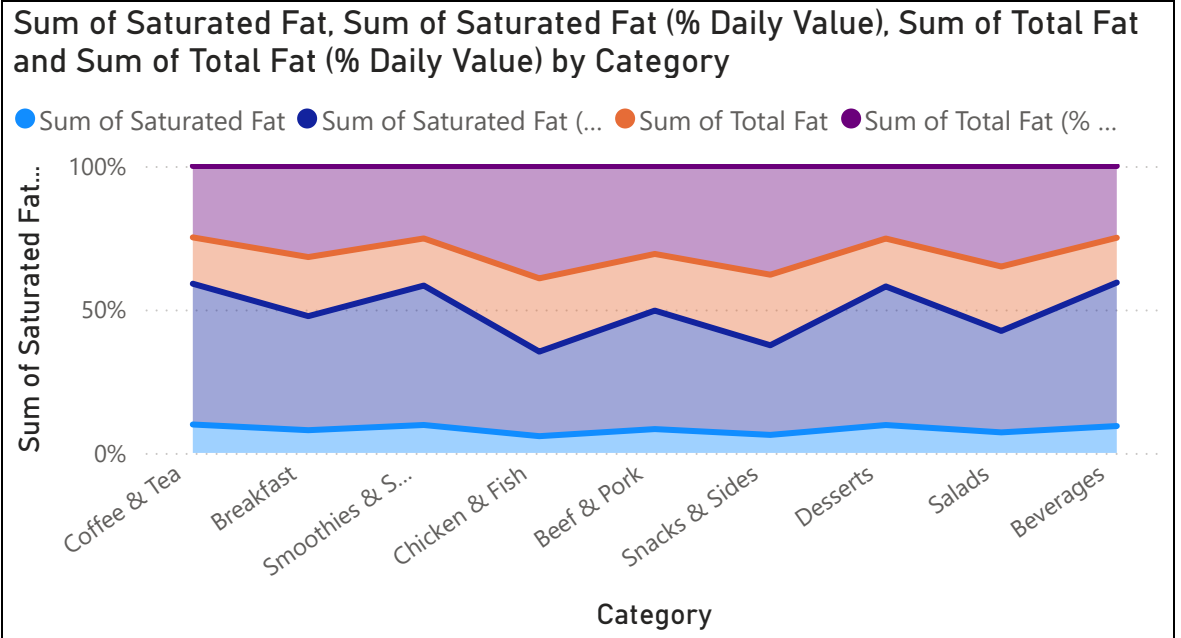
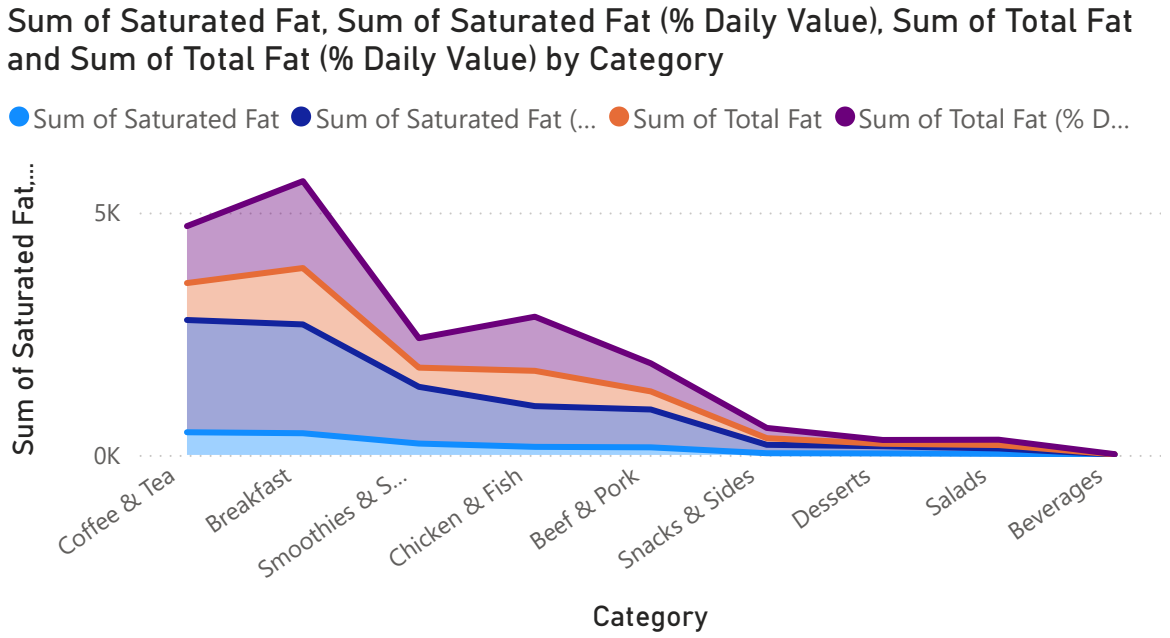
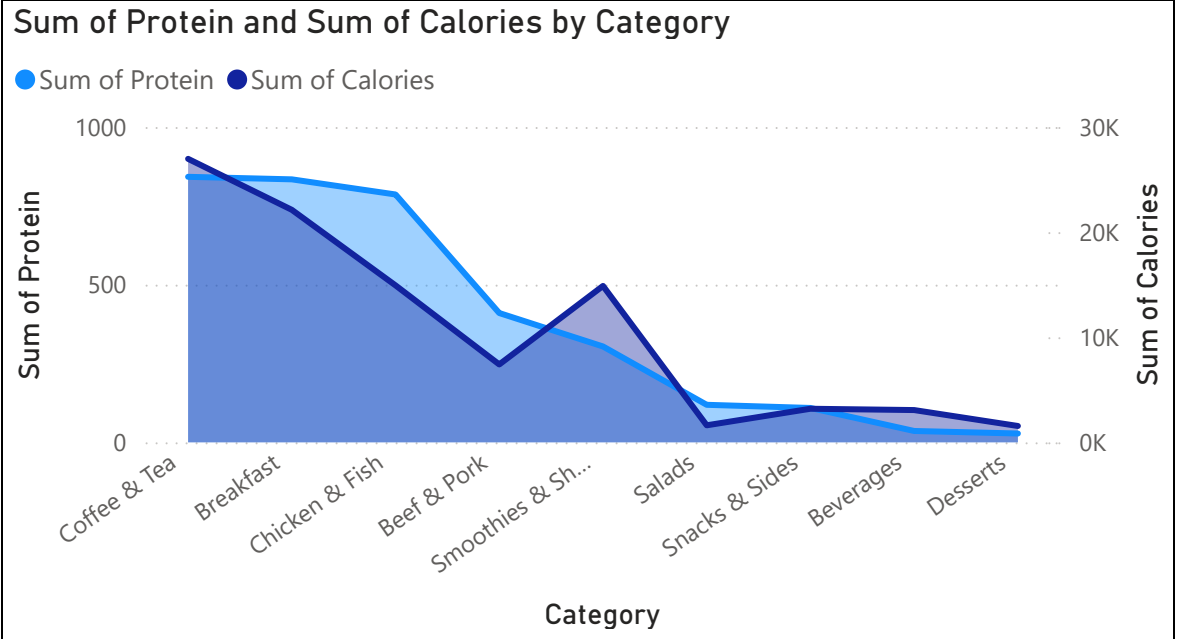
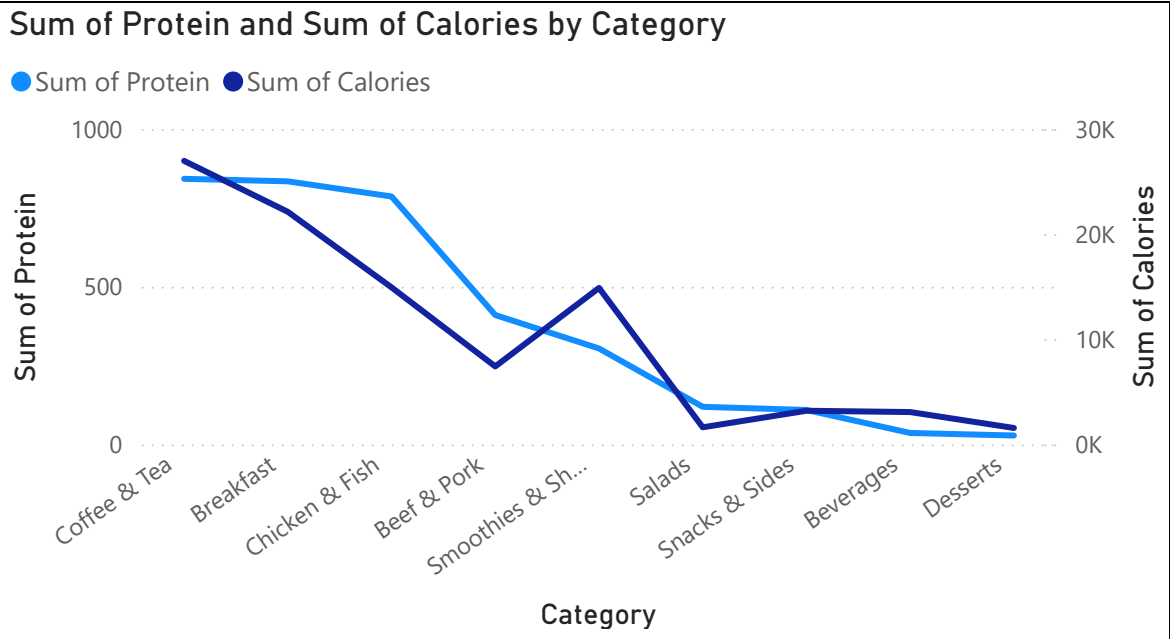


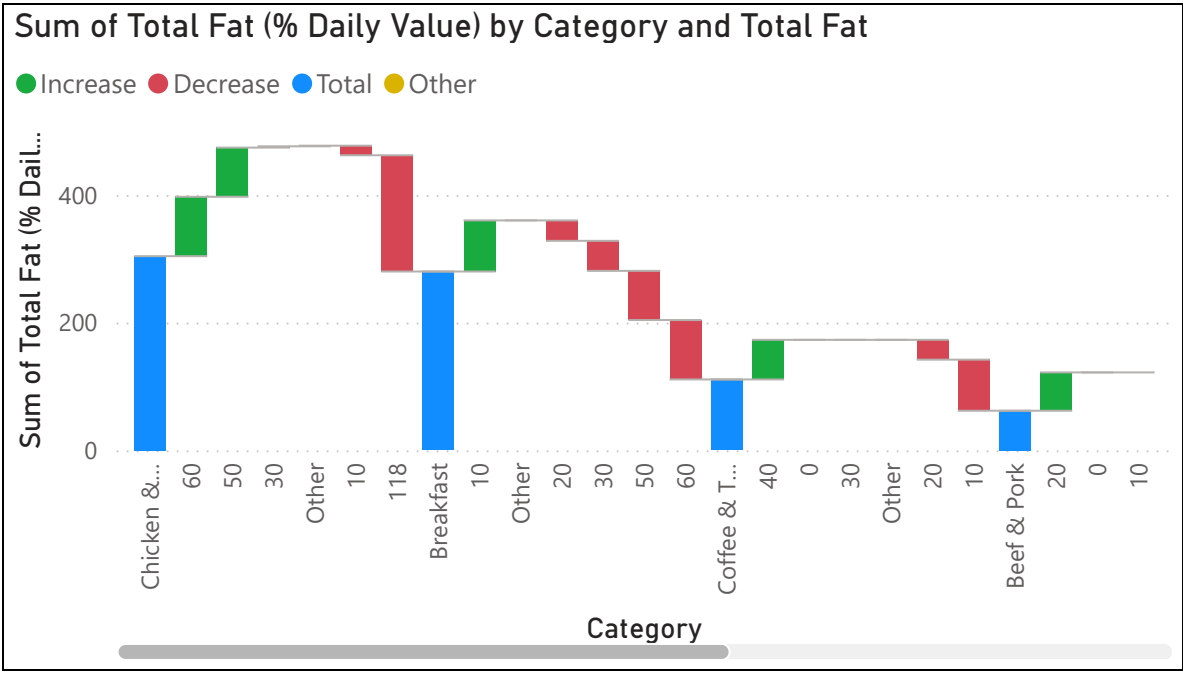
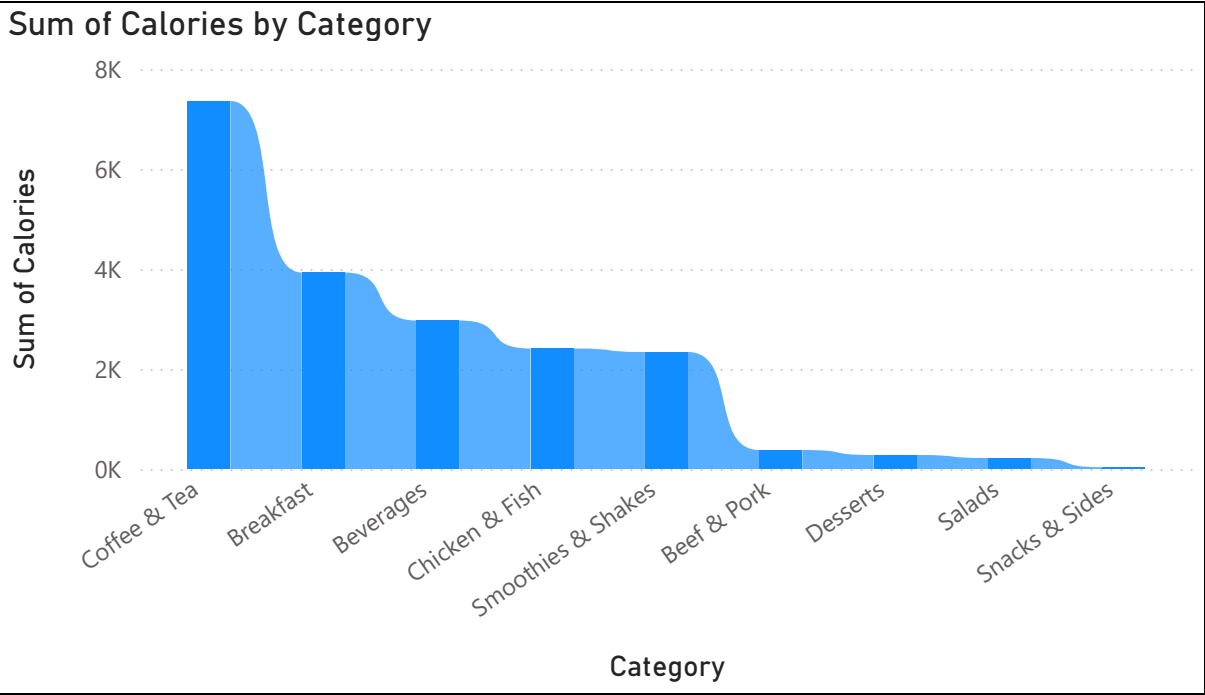
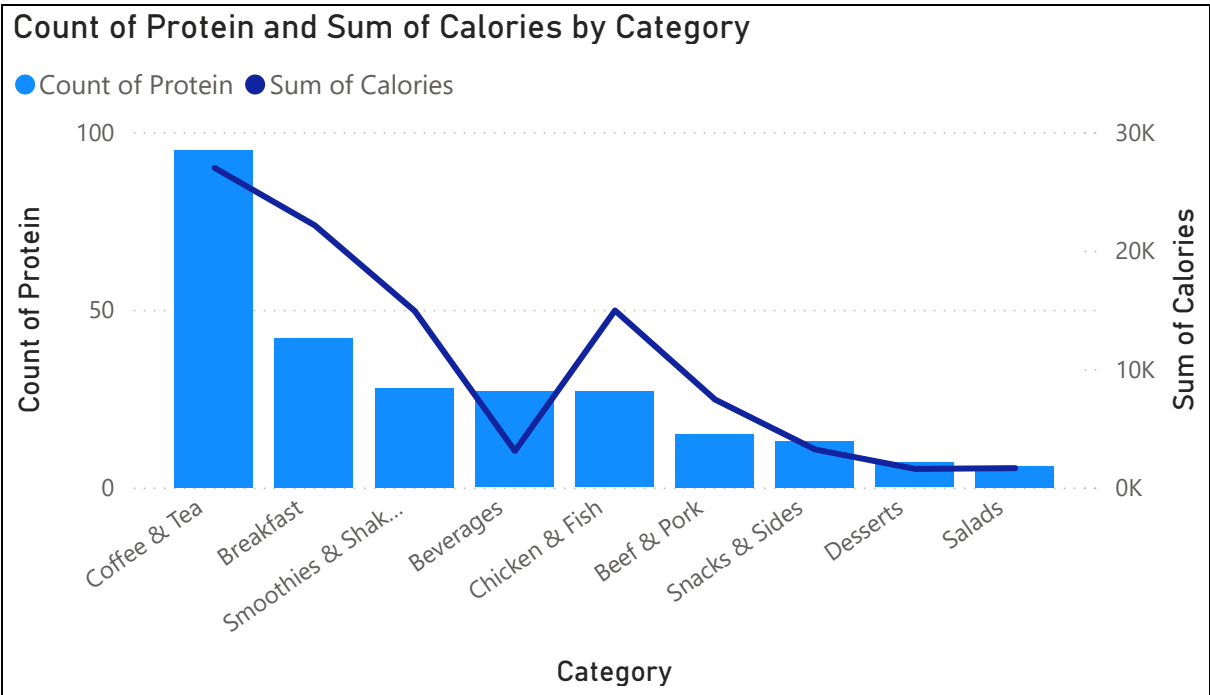
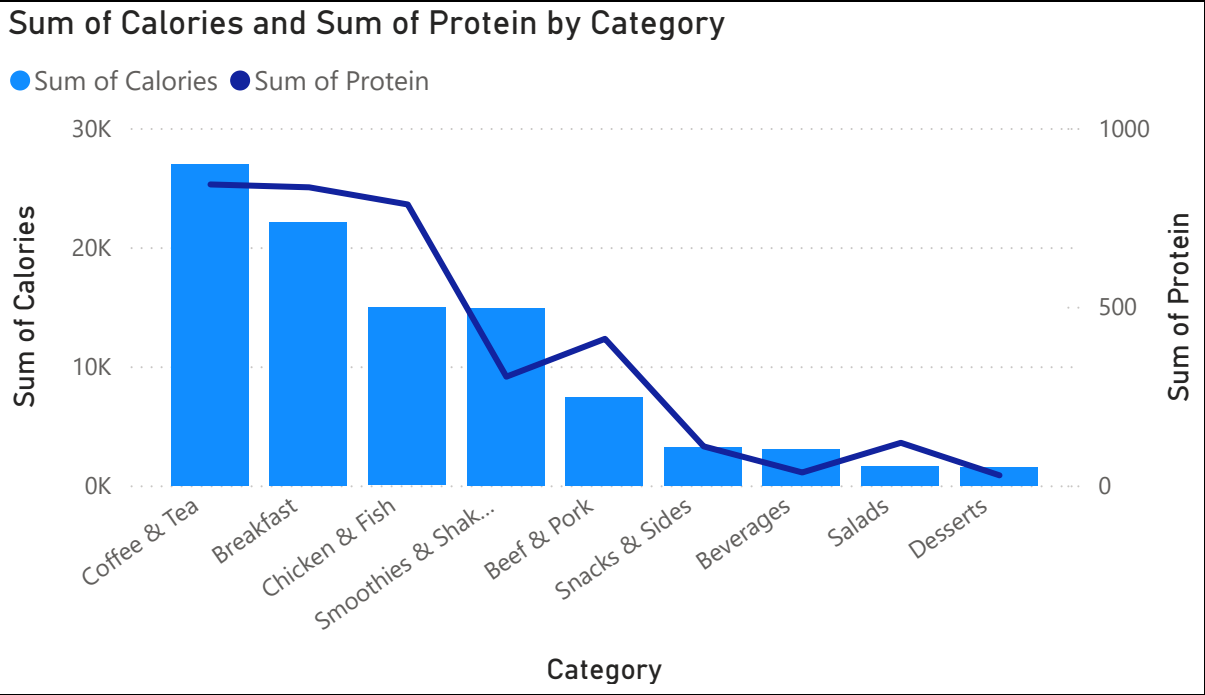
Sum of Saturated Fat by Category and Saturated Fat (% Daily Value)



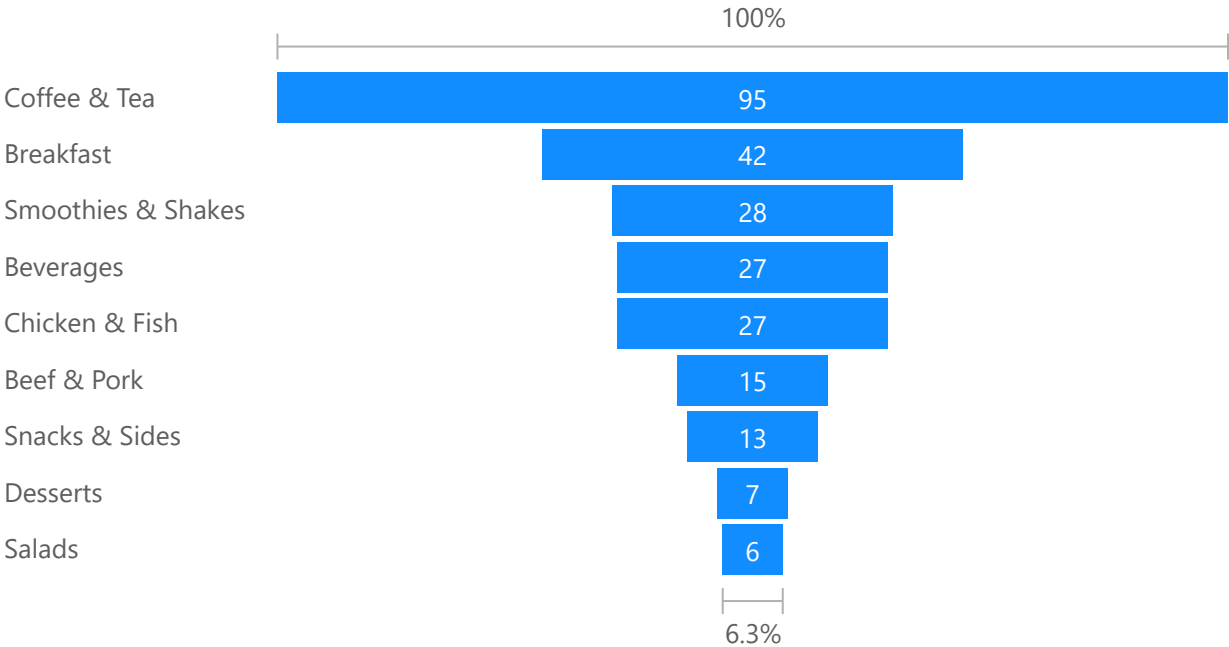
Sum of Protein by Category and Calcium (% Daily Value)



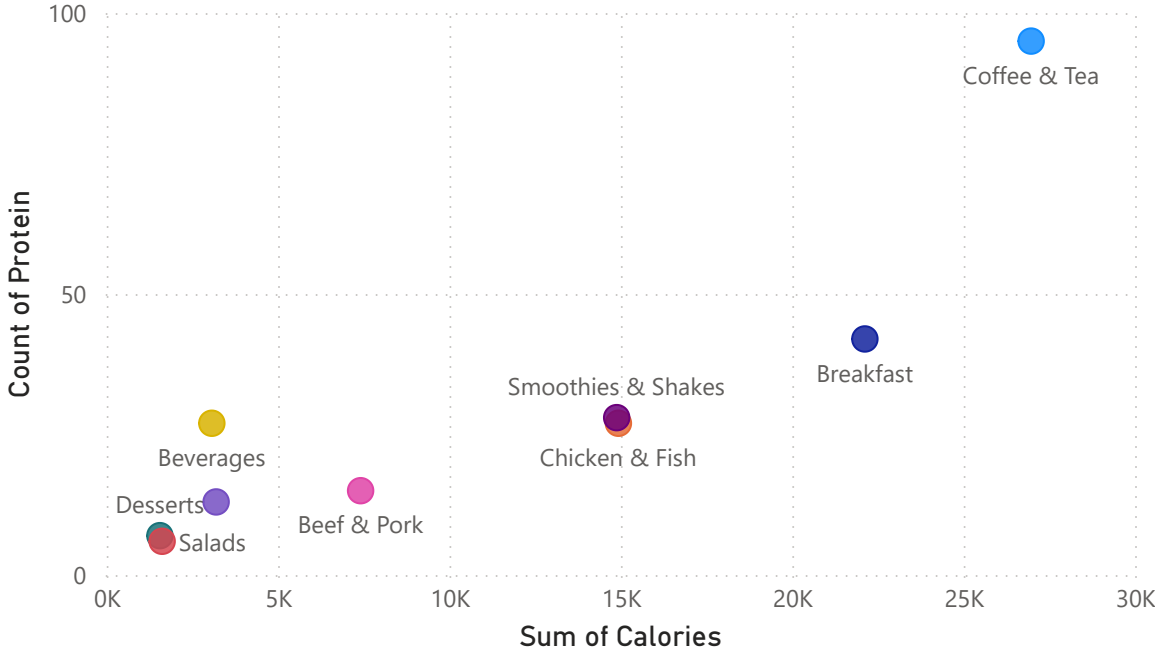




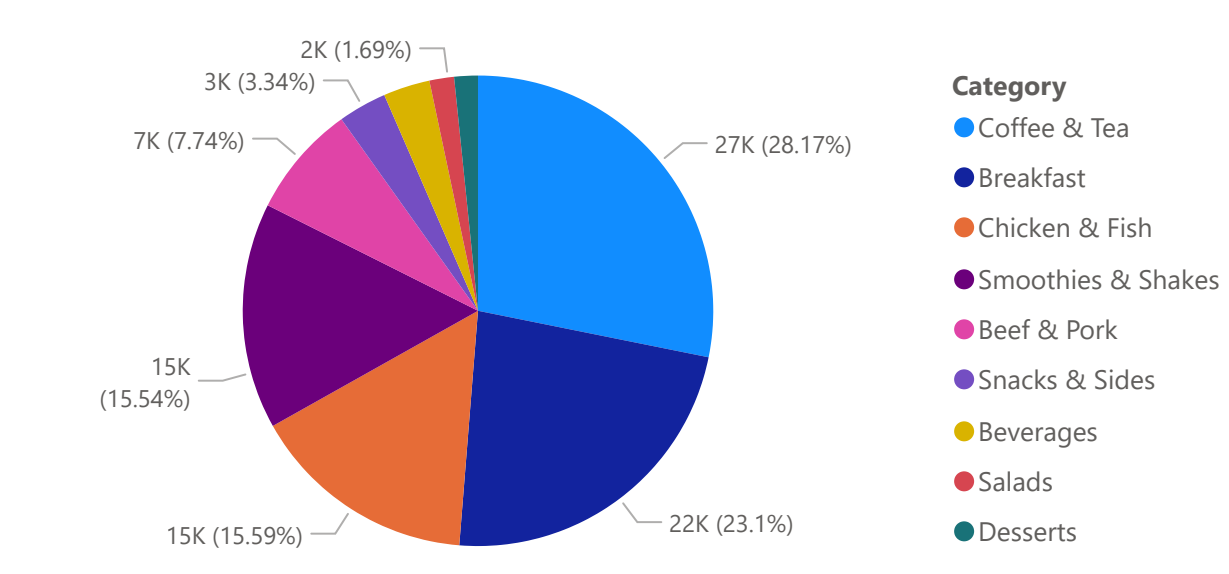
Count of Protein by Category



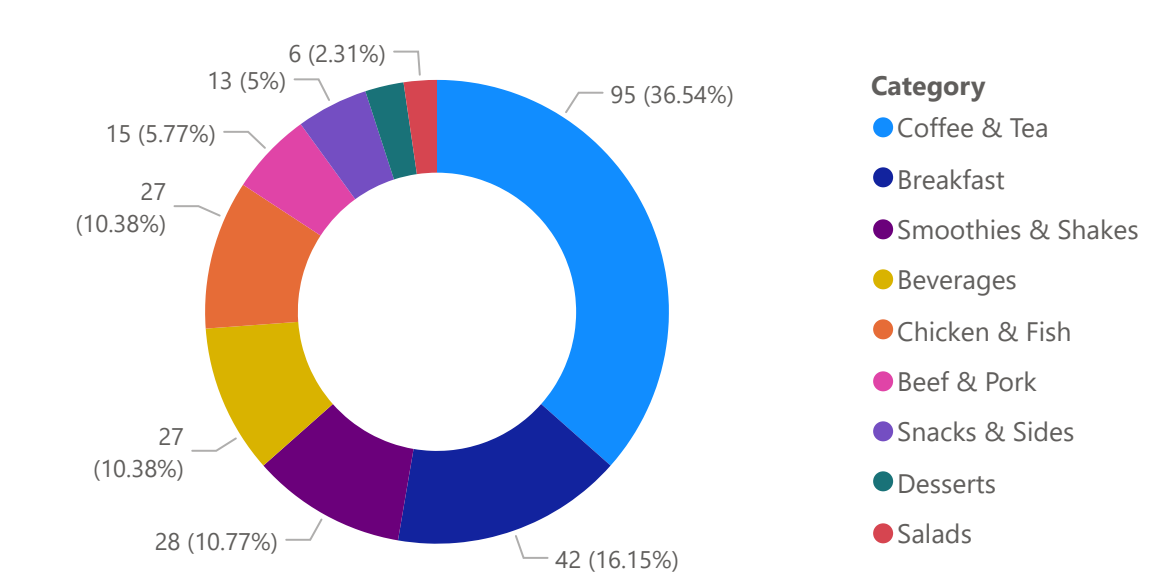
Sum of Calories and Count of Protein by Category



Sum of Calories by Category

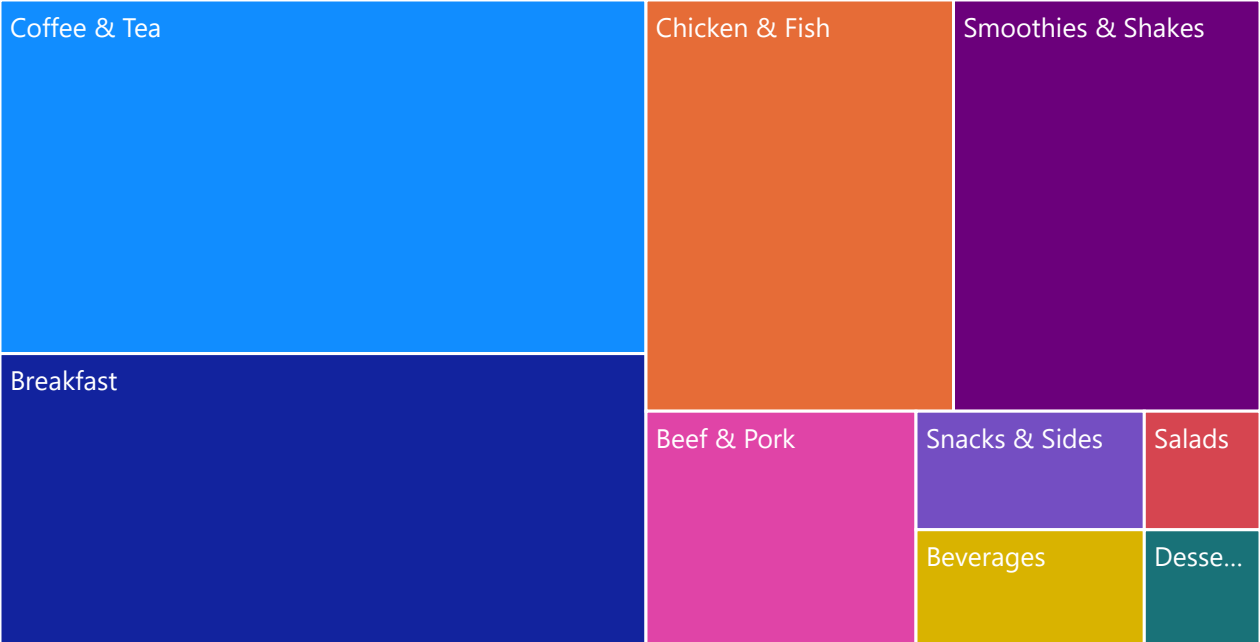


Count of Protein by Category

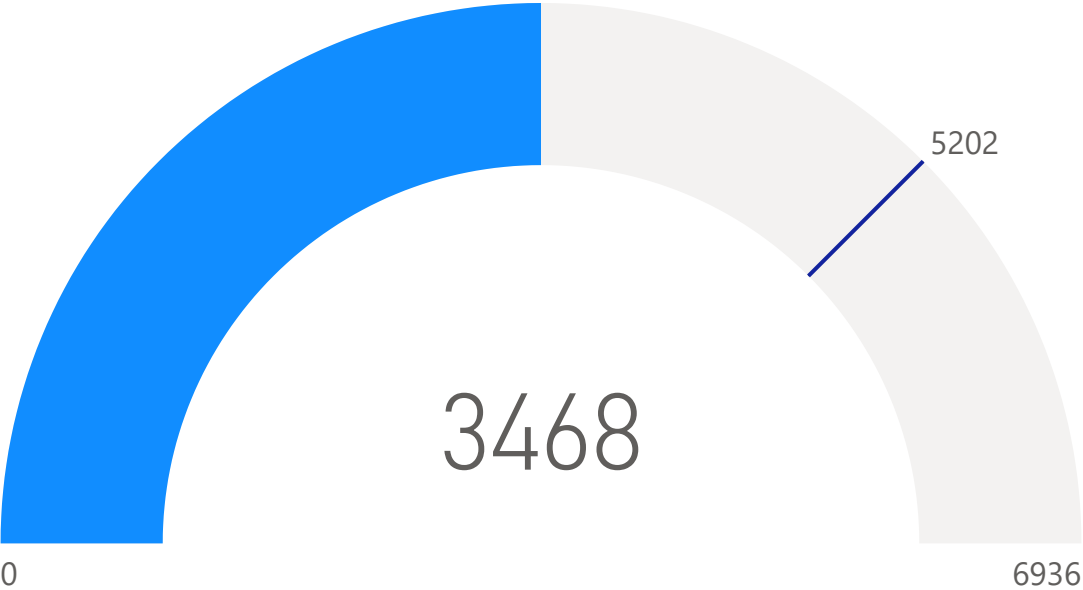




Sum of Calories by Category



Sum of Protein and Measure



260

Count of Protein

260

Count of Calories

Category

☐ Beef & Pork

☒ Beverages

☐ Breakfast

☐ Chicken & Fish

☐ Coffee & Tea

☐ Desserts

☐ Salads

☐ Smoothies & Shakes

☐ Snacks & Sides

27

Count of Protein

3070

Sum of Calories

27

Count of Carbohydrates

2.50

Sum of Total Fat

27

Count of Saturated Fat

0.00

Sum of Trans Fat

1

Sum of Dietary Fiber

15

Sum of Cholesterol

8

Sum of Iron (% Daily Value)

1120

Sum of Sodium

20

Sum of Vitamin A (% Daily V...

634

Sum of Vitamin C (% Daily V...

Category	Count of Protein	Sum of Calories	Count of Carbohydrates	Count of Saturated Fat	Sum of Trans Fat	Average of Sugars	Average of Total Fat	Sum of Iron (% Daily Value)
Beef & Pork	15	7410	15	15	16.50	8.80	24.87	350
Beverages	27	3070	27	27	0.00	27.85	0.09	8
Breakfast	42	22120	42	42	4.50	8.26	27.69	720
Chicken & Fish	27	14930	27	27	3.50	7.33	26.96	442
Coffee & Tea	95	26970	95	95	13.50	39.61	8.02	204
Desserts	7	1555	7	7	0.00	26.14	7.36	28
Salads	6	1620	6	6	0.00	6.83	11.75	62
Smoothies & Shakes	28	14880	28	28	15.00	77.89	14.13	111
Snacks & Sides	13	3195	13	13	0.00	4.08	10.54	86
<b>Total</b>	<b>260</b>	<b>95750</b>	<b>260</b>	<b>260</b>	<b>53.00</b>	<b>29.42</b>	<b>14.17</b>	<b>2011</b>

Category	Sum of Calories	Count of Protein	Sum of Total Fat	Count of Carbohydrates
⊕ Beef & Pork	7410	15	373.00	15
⊕ Beverages	3070	27	2.50	27
⊕ Breakfast	22120	42	1,163.00	42
⊕ Chicken & Fish	14930	27	728.00	27
⊕ Coffee & Tea	26970	95	762.00	95
⊕ Desserts	1555	7	51.50	7
⊕ Salads	1620	6	70.50	6
⊕ Smoothies & Shakes	14880	28	395.50	28
⊕ Snacks & Sides	3195	13	137.00	13
<b>Total</b>	<b>95750</b>	<b>260</b>	<b>3,683.00</b>	<b>260</b>





Egg White Delight



Showing results for *Egg White Delight menus*



Category	Item	Serving Size	Calories	Calories from Fat	Total Fat	Total Fat (% Daily Value)	Saturated Fat	Saturated Fat (% Daily Value)	Trans Fat	Cholesterol
Breakfast	Egg White Delight	4.8 oz (135 g)	250	70	8.00	12	3.00	15	0.00	25

