

自杀干预

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据WHO统计，每年差不多有100万人死于自杀。那些并不生活在抑郁或绝望阴影中的人，自杀是一件很不可思议的事情，他们真的想要死亡吗？想想其他办法？

所以，他们真的想要死，如果他们面前能多出一些选择，他们是否还会选择自我毁灭？... 终究只是因为，他们真的想要死。

Suicide Prevention

How to Help Someone who is Suicidal and Save a Life?

SUICIDAL PERSON MAY NOT
ASK FOR HELP, BUT
THAT DOES NOT
MEAN THEY
DON'T NEED IT.

YOU THINK A FRIEND OR FAMILY MEMBER
IS CONSIDERING SUICIDE, YOU MIGHT BE AFRAID
OF TALKING UP THE SUBJECT. BUT TALKING OPENLY ABOUT SUICIDAL
THOUGHTS AND FEELINGS CAN SAVE A LIFE.

心声公益