



ARE YOU READY?

1

Respect

It is an honor to be invited into a family home, and Balinese culture treats their guests with the utmost respect. So please do the same.

2

Attire & Cultural Customs

Please cover shoulders and legs at all times. Besides that, there isn't anything else you need to prepare for beforehand. Your travel buddy will explain any further customs to you during your experience.

3

Travel Buddies

They are not tour guides, so please do not treat them as such. They are there to aid your understanding, provide context to the experiences, and make your communicate more robust with the hosts. Both the travel buddies and the host families are a wealth of information, so please take advantage.

4

immersion

It is important to take note of things that you do not agree with but remember that you are taking part in their culture and their family life.

5

conditions

Do not expect a guest house or a hotel, you are in a family home. You will be living in the same conditions as the family. Do not expect hot water or overhead showers.

6

Safety

We always aim for the most sanitary conditions, including the food you consume and the beverages you drink. Food will be local made with local ingredients and most beverages you consume will be packaged. Secondly, wear your helmet and drive carefully and mindfully on scooters at all times. We are not liable

7

Empathy vs sympathy

One of our goals is to evoke a sense of bi-directional empathy (not sympathy, at all). This is a learning experience for both parties, as you are the first foreigners to be invited into these homes.

8

language

Remember, we are in Indonesia. Please do not get frustrated with the English capability, but rather see it as an opportunity for non-verbal communication and to learn and improve your Bahasa. Also, your travel buddies will a large help in this respect.

9

HAVE CONTEXT

Having a good base level understanding of the context will do wonders for your experience. Things that you wouldn't normally find interesting suddenly become interesting, and your experience becomes more

Last but not least, HAVE FUN!

troveko.

ARE YOU READY?

Practical

- The transport is not included in the 3 days and 2 nights trip
- You have approximately 1h30 from Canggu or Ubud
- You could have extra cost (access to the waterfall, park your bike etc.)



- Share the lunch and diner with them
- Learn first hand about Balinese rice farming and gardening
- Get in-depth insight on the history, customs, and practices
- Learn traditional gardening and farming methods in the rice field
- Discover the ceremonies with your family
- Learn how to cook traditional Balinese food and dessert
- Visit various hot springs and bathing houses for a warm nature cleanse
- Hike to the 2,000m peak of the Mount Batukaru
- Trek through the endless rice fields of Jatiluwih
- Explore untouched forests and see waterfalls
- Visit the five surrounding temples

WHAT you could do

