# MULTI-STEP PREFERENCE OPTIMIZATION VIA TWO-PLAYER MARKOV GAMES

Anonymous authors

000

001

002003004

010 011

012

013

014

015

016

017

018

019

021

025

026027028

029

031

033

034

035

036

037

040

041

042

043

044

046

047

048

049

050

051

052

Paper under double-blind review

#### **ABSTRACT**

Reinforcement Learning from Human Feedback (RLHF) has been highly successful in aligning large language models with human preferences. While prevalent methods like DPO have demonstrated strong performance, they frame interactions with the language model as a bandit problem, which limits their applicability in real-world scenarios where multi-turn conversations are common. Additionally, DPO relies on the Bradley-Terry model assumption, which does not adequately capture the non-transitive nature of human preferences. In this paper, we address these challenges by modeling the alignment problem as a two-player constant-sum Markov game, where each player seeks to maximize their winning rate against the other across all steps of the conversation. Our approach Multi-step Preference Optimization (MPO) is built upon the natural actor-critic framework (Peters & Schaal, 2008). We further develop OMPO based on the optimistic online gradient descent algorithm (Rakhlin & Sridharan, 2013; Joulani et al., 2017). Theoretically, we provide a rigorous analysis for both algorithms on convergence and show that OMPO requires  $\mathcal{O}(\epsilon^{-1})$  policy updates to converge to an  $\epsilon$ -approximate Nash equilibrium. We also validate the effectiveness of our method through experiments on the multi-turn conversations dataset in MT-bench-101.

#### 1 Introduction

In recent years, the integration of large-language models (LLMs) (Brown et al., 2020; Achiam et al., 2023; Team et al., 2023) into various applications has highlighted the need for advanced preference alignment methods (Ziegler et al., 2019; Stiennon et al., 2020; Bai et al., 2022; Ouyang et al., 2022; Rafailov et al., 2023). As models increasingly engage in complex decision making or reasoning scenarios, e.g., GPT-40 and o1¹, the ability to align their outputs with user preferences has received more attention. However, existing works on reinforcement learning from human feedback (RLHF) focus mostly on one-step preference (Rafailov et al., 2023; Meng et al., 2024; Munos et al., 2024; Azar et al., 2024; Wu et al., 2024; Zhang et al., 2024), which neglects indispensable intermediate preferences within the answer and limits the model's alignment ability. For example, in multi-round conversations, alignment must occur at each turn to meet user needs. Similarly, in mathematical reasoning with chain-of-thought prompting, step-by-step validation is essential to ensure accuracy in the final result. The reliance on final-output feedback in most existing RLHF methods (Wang et al., 2023; Shani et al., 2024) neglects these intermediate steps, highlighting the need for multi-step preference optimization to enhance alignment capabilities.

Meanwhile, earlier alignment methods e.g., DPO and its variants step-DPO (Lai et al., 2024; Lu et al., 2024), typically model the pairwise preference by the Bradley-Terry model (Bradley & Terry, 1952), which assigns a score for each answer based on its preference. This assumption of the model cannot capture the non-transitive preference, which is often observed in the averaged human preferences from the population (Tversky, 1969; Gardner, 1970). While a recent line of work has modeled the alignment process under the framework of general preference Azar et al. (2024); Munos et al. (2024); Wu et al. (2024); Rosset et al. (2024), and thus bypasses the BT model assumption, the challenge of multi-step preference optimization remains underexplored.

In this paper, we first address this gap by formulating multi-step general preference optimization within the framework of two-player Markov games (Shapley, 1953), where each player seeks to

<sup>&</sup>lt;sup>1</sup>https://openai.com/o1

maximize their winning rate against the other across all steps of the conversation. Next, we introduce Multi-step Preference Optimization (MPO) drawing on insights from the natural actor-critic framework (Peters & Schaal, 2008). We further develop 0MPO which leverages the optimistic online gradient descent algorithm and benefits from improved theoretical guarantees (Rakhlin & Sridharan, 2013; Joulani et al., 2017). Theoretically, we provide rigorous analysis for both algorithms on the convergence to Nash equilibrium. Empirically, we demonstrate the effectiveness of our approach through experiments on multi-turn conversation datasets, such as MT-bench-101. We firmly believe that our framework and approach can enhance the responsiveness of LLMs to user feedback.

Based on our discussions above, we summarize the contributions as follows:

- We formulate multi-step preference optimization as a two-player partially observable Markov game. Unlike Wang et al. (2023); Swamy et al. (2024); Shani et al. (2024) who focus on the preference feedback at the final state, we assume that the preference signal is received at each step. Such feedback allows the model to better identify which steps are correct or erroneous, potentially enhancing learning efficiency and accuracy.
- We propose Multi-step Preference Optimization (MPO) based on the natural actor-critic framework and Optimistic Multi-step Preference Optimization (0MPO), built upon the optimistic online gradient descent. Theoretically, we show that 0MPO requires  $\mathcal{O}(\epsilon^{-1})$  policy updates to converge to an  $\epsilon$ -approximate Nash equilibrium, compared to  $\mathcal{O}(\epsilon^{-2})$  by the algorithms provided in Wang et al. (2023); Swamy et al. (2024); Shani et al. (2024). Our result cannot be trivially extended by Alacaoglu et al. (2022) due to the partially observable nature of Markov game. Interestingly, we bypass this difficulty by deriving our 0MPO that parameterizes the game over occupancy measures.
- We provide practical implementations of both MPO and 0MPO for LLM alignment. Numerical results show that the proposed methods achieve considerable improvement on multi-turn conversation datasets, such as MT-bench-101, compared to the multi-step variant of DPO.

The remaining part of this paper is organized as follows: Sec. 2 provides a comprehensive review and discussion of related work. In Sec. 3, we introduce the problem setting for the investigated multistep RLHF. Sec. 4.1 and Sec. 4.2 introduce the proposed MPO and 0MPO and provide a theoretical convergence analysis. Experimental results are present in Sec. 5. Conclusion, limitation, and future work are discussed in Sec. 6.

# 2 Related work

**RLHF under Bradley-Terry model.** Over the years, significant strides have been made towards developing RLHF algorithms from various perspectives under the Bradley-Terry model Bradley & Terry (1952). Earlier RLHF pipelines usually included supervised fine-tuning, learning a reward model, and reinforcement learning optimization with PPO (Ziegler et al., 2019; Stiennon et al., 2020; Bai et al., 2022; Ouyang et al., 2022). Due to the instability and scaling issues of such a pipeline, direct alignment methods such as DPO have been proposed to bypass the training of the reward model (Rafailov et al., 2023). Several follow-up methods, such as generalized preference optimization (GPO, Tang et al. 2024), use offline preference data to directly optimize pairwise preferences against a fixed opponent. A number of works have proposed reference-model-free method (Meng et al., 2024; Hong et al., 2024). In Meng et al. (2024), the impact of sequence length is mitigated by averaging the likelihood over the length of the sequence. In the multi-step scenario, several multistep variants of DPO are introduced in the math reasoning task. Lu et al. (2024) initiate from an intermediate step in a correct reasoning process and increase the temperature to produce a flawed reasoning path leading to an incorrect answer. Meanwhile, Lai et al. (2024) leverage GPT-4 to detect the first incorrect step in a multi-step reasoning trajectory, then regenerate from that point to obtain the correct path. Together, these serve as the pair of samples for DPO.

**RLHF under general preferences.** The reward model in the Bradley-Terry model inherently implies transitivity in preferences. However, human preferences, especially the resulting averaged human preferences from populations, are usually nontransitive (Tversky, 1969; Gardner, 1970). To this end, Azar et al. (2024) outline a general framework for RLHF starting from general preference optimization and shows that DPO is a special case with the assumption of Bradley-Terry model. They further proposed IPO without such an assumption. Subsequently, Munos et al. (2024) try to solve the alignment of non-transitive general preferences using two-player nash learning in a bandit

setting. In their work, preferences are regularized through KL divergence to a reference policy, and they prove the convergence of the last iterative. In Swamy et al. (2024), multi-step alignment is considered while preference signals are only applied at the final step. Swamy et al. (2024) do not demonstrate the effectiveness of this framework in large language models. Wu et al. (2024) propose SPPO, studying bandit alignment under general preferences. They introduce a novel loss function that increases the log-likelihood of the selected response while decreasing that of the rejected response, in contrast to DPO. Rosset et al. (2024) start with the nash learning framework and propose Online DPO, which is an iterative version of DPO. Wang et al. (2023) provide theoretical analysis on multi-step RLHF under general preference while practice application is not explored. In Wang et al. (2023), the preference signal is given for the entire trajectory of an MDP while in this paper it is step-wise. Shani et al. (2024) study multi-step alignment under general preferences. However, unlike their approach where only preferences at the final states are considered, our work is built on a two-player Markov game which assumes that human preference is received at each step rather than only at the final step. Additionally, we leverage the optimistic online gradient descent to achieve a better convergence rate than Wang et al. (2023); Shani et al. (2024), and utilize Monte Carlo estimation with a small-scale pairwise reward model, avoiding the need for an additional function approximator for the critic network.

**Two-player Markov game & optimistic online gradient descent.** Two-player Markov games have been widely studied since the seminal work (Shapley, 1953). Particularly relevant to our work is the research line on policy gradient algorithms for two-player Markov games such as Daskalakis et al. (2020); Wei et al. (2021); Alacaoglu et al. (2022). Our OMPO is strictly related to the idea of optimistic online gradient descent (Popov, 1980; Chiang et al., 2012; Rakhlin & Sridharan, 2013) originally proposed in online learning to achieve small regret in case of slow varying loss sequences. Our update that uses only one projection per update was proposed in Joulani et al. (2017). The name of our method is due to a similar algorithm introduced in the context of variational inequalities by Malitsky & Tam (2020).

# 3 MULTI-STEP RLHF AS TWO-PLAYER MARKOV GAMES

# 3.1 NOTATION

We define the prompt to the language model as x and the answer from the language model as a. For a multi-turn conversation with turn H, the prompts and the answers are denoted by  $x_h$  and  $a_h, \forall h \in [H]$ . The concatenation of a prompt x and an answer a is denoted by [x,a] and can be generalized to the concatenation of multiple prompts and answers, e.g.,  $[x_1,a_1,\ldots,x_H,a_H]$ . For any two sentences, e.g., [x,a] and [x',a'], we define a preference oracle as  $o([x,a],[x',a']) \in \{0,1\}$ , which can provide preference feedback with 0-1 scores, where 1 means the conversation [x,a] is preferred and 0 otherwise. We denote  $\mathbb{P}([x,a]\succ[x',a'])=\mathbb{E}[o([x,a]\succ[x',a'])]$  as the probability that the conversation [x,a] is preferred over [x',a']. Moreover, we have  $\mathbb{P}([x,a]\succ[x',a'])=1-\mathbb{P}([x',a']\succ[x,a])$ . An autoregressive language model is denoted by  $\pi(a|x)$  which receives input x and generates answer a. We denote the KL divergence of two probability distributions p and q by D(p||q). The Bregman Divergences between two points are denoted by  $\mathbb{D}(p||q)$ . The sigmoid function is defined by  $\sigma(z):=\frac{1}{1+e^{-z}}$ . Detailed definitions for the notations are summarized in Appx. A.

#### 3.2 PROBLEM FORMULATION OF MULTI-STEP RLHF

In this section, we introduce the problem setting for multi-step RLHF and we defer the preliminaries on single-step RLHF to Appx. B. Specifically, we can cast the multi-step alignment process as a finite-horizon Markov Decision Process (MDP). We define  $s_h = [x_1, a_1, \ldots, x_{h-1}, a_{h-1}, x_h]$  as the state at h > 1. We define the action  $a_h$  as the answer given  $s_h$ . Particularly, we have  $s_1 = x_1$ . The prompt in the next state is sampled under the transition  $x_{h+1} \sim f(\cdot|s_h, a_h)$ , which is equivalent to  $s_{h+1} \sim f(\cdot|s_h, a_h)$ . The equivalence comes from the fact  $s_{h+1} = [s_h, a_h, x_{h+1}]$  by using the concatenation operator between sentences. The terminal state is  $s_{H+1}$ . Our setting covers a number of alignment problems, and we list some examples below.

**Example 1** (Single-step alignment). In single-step alignment, a language model receives one prompt and outputs one answer. Our framework covers the single-step alignment by dissecting the answer into single tokens. Specifically, we set  $x_1$  as the prompt,  $x_2, \ldots, x_{H+1}$  as empty sentences,

and the answer  $a_h$  at each turn consists of only one token. Then the horizon H is the number of tokens in the answer. The transition between each state is deterministic.

**Example 2** (Chain-of-thought reasoning alignment). In the chain-of-thought reasoning, the horizon H denotes the number of reasoning steps, where  $x_1$  is the initial prompt and  $x_2, \ldots, x_{H+1}$  are empty. Each  $a_h$  corresponds to a reasoning step. The transition between each state is deterministic.

**Example 3** (Mutli-turn conversation alignment). In multi-turn conversation, the horizon H denotes the total number of turns in the conversation. In the h-th turn,  $x_h$  is the prompt, and  $a_h$  is the answer. The prompt in the terminal state,  $x_{H+1}$ , is an empty sentence. The transition between each state can be deterministic or stochastic.

Next, we define the pair-wise reward function of two state-action pairs as the preference of two trajectories:

$$r(s_h, a_h, s'_h, a'_h) = \mathbb{P}([s_h, a_h] \succ [s'_h, a'_h]).$$

Upon this point, we can define the MDP as a tuple  $\mathcal{M}=(\mathcal{S},\mathcal{A},f,r,\nu_1,H)$ , where  $\mathcal{S}$  is the state space,  $\mathcal{A}$  is the action space, H is the horizon (total steps), the initial state distribution  $\nu_1$  is a distribution over the initial prompt  $x_1$ . Note that in a two-player game environment, each state in  $\mathcal{S}$  is a pair of  $s_h$  and  $s_h'$  generated by two policies. Our goal is to identify the Nash equilibrium (or von Neumann winner) of the following two-player constant-sum Markov game:

$$(\pi^*, \pi^*) = \arg\max_{\pi} \min_{\pi'} \mathbb{E}_{s_1 \sim \nu_1, s_h, a_h, s_h', a_h'} \left[ \sum_{h=1}^{H} r(s_h, a_h, s_h', a_h') \right], \tag{Game}$$

where 
$$s_1 = s_1' = x_1, a_h \sim \pi(\cdot|s_h), a_h' \sim \pi'(\cdot|s_h'), s_h \sim f(\cdot|s_{h-1}, a_{h-1}), s_h' \sim f(\cdot|s_{h-1}', a_{h-1}').$$

Here we make a few remarks on the benefit of incorporating human preferences at each step.

**Remark 1.** If two conversations of H turns,  $s_{H+1}$  and  $s'_{H+1}$ , are globally similar but differ in the early turns (e.g.,  $s_2$  are better than  $s'_2$ ), more credit should be assigned to  $s_{H+1}$ , encouraging the model to align with it. This follows the principle that humans typically master simpler and earlier tasks before progressing to more complex ones.

**Remark 2.** From a practical standpoint, including per-step preference data generates a richer dataset for training, helping the model learn which reasoning steps are correct or wrong. This incremental feedback can enhance overall performance by reinforcing the importance of foundational steps in reasoning.

Next, we present some additional notation. We define the pair-wise value function as follows

$$V_h^{\pi,\pi'}(s,s') = \mathbb{E}\Big[\sum_{\hat{h}=h}^{H} r(s_{\hat{h}}, a_{\hat{h}}, s'_{\hat{h}}, a'_{\hat{h}}) | s_h = s, s'_h = s'\Big],$$

where  $a_{\hat{h}} \sim \pi_{\hat{h}}(\cdot|s_{\hat{h}}), a_{\hat{h}}' \sim \pi_{\hat{h}}'(\cdot|s_{\hat{h}}'), s_{\hat{h}+1} \sim f(\cdot|s_{\hat{h}},a_{\hat{h}}),$  and  $s_{\hat{h}+1}' \sim f(\cdot|s_{\hat{h}}',a_{\hat{h}}').$  We will often denote  $V_1^{\pi,\pi'}$  omitting the subscript, i.e., as  $V^{\pi,\pi'}$ . Moreover, notice that we consider potentially non stationary policies, i.e. they are indexed by h. We denote by  $\pi$  the non stationary policy and by  $\pi_h$  the distribution over actions at step h corresponding to the non stationary policy  $\pi$ .

We define the *pair-wise* Q-function as follows:

$$Q_h^{\pi,\pi'}(s,a,s',a') = r(s,a,s',a') + \mathbb{E}\Big[\sum_{\hat{h}=h+1}^{H} r(s_{\hat{h}},a_{\hat{h}},s'_{\hat{h}},a'_{\hat{h}})\Big],$$

where  $s_{\hat{h}+1} \sim f(\cdot|s_{\hat{h}},a_{\hat{h}})$  and  $s'_{\hat{h}+1} \sim f(\cdot|s'_{\hat{h}},a'_{\hat{h}}).$ 

**Lemma 1.** The pair-wise value function and pair-wise Q-value function satisfy the following Bellman equation for all  $h \in [H]$ .

$$Q_h^{\pi,\pi'}(s,a,s',a') = r(s,a,s',a') + \mathbb{E}_{\hat{s} \sim f(\cdot|s,a),\bar{s} \sim f(\cdot|s',a')}[V_{h+1}^{\pi,\pi'}(\hat{s},\bar{s})].$$

$$V_h^{\pi,\pi'}(s,s') = \mathbb{E}_{a \sim \pi_h(\cdot|s),a' \sim \pi'_h(\cdot|s')}Q_h^{\pi,\pi'}(s,a,s',a').$$

By Lemma 1, we can rewrite Game as follows:

$$(\pi^*, \pi^*) = \arg\max_{\pi} \min_{\pi'} \mathbb{E}\left[\sum_{h=1}^{H} r(s_h, a_h, s_h', a_h')\right] = \arg\max_{\pi} \min_{\pi'} \mathbb{E}_{s_1 \sim \nu_1} V^{\pi, \pi'}(s_1, s_1). \tag{1}$$

Given the above notation, we can formalize our objective. We look for a policy  $\pi$  satisfying the following definition of approximate equilibrium.

**Definition 1** ( $\epsilon$ -approximate Nash equilibrium). A policy  $\pi$  is said to be an approximate Nash equilibrium if it holds that

$$\langle \nu_1, V^{\pi,\pi} \rangle - \min_{\bar{\pi} \in \Pi} \langle \nu_1, V^{\pi,\bar{\pi}} \rangle \le \epsilon,$$

and

$$\max_{\bar{\pi} \in \Pi} \left\langle \nu_1, V^{\bar{\pi}, \pi} \right\rangle - \left\langle \nu_1, V^{\pi, \pi} \right\rangle \le \epsilon.$$

**Definition 2** (Occupancy measures). Given the policy  $\pi$ , the occupancy measure of  $\pi$ , is defined at stage h as  $d_h^\pi(s,a) = \Pr(s_h = s, a_h = a)$  where  $s_1 = x_1 \sim \nu_1, a_h \sim \pi_h(\cdot|s_h), s_h \sim f(\cdot|s_{h-1}, a_{h-1})$ . We also define  $d_h^\pi(s,a)|s_1 = \Pr(s_h = s, a_h = a|s_1 = s_1)$ . In addition, given the policies  $\pi$ ,  $\bar{\pi}$ , the occupancy measure of  $(\pi, \bar{\pi})$  at stage h is defined as  $d_h^{\pi,\bar{\pi}}(s,a,s',a') = \Pr(s_h = s, a_h = a, s_h' = s', a_h' = a')$ , where  $s_1 = s_1' = x_1 \sim \nu_1, a_h \sim \pi(\cdot|s_h), a_h' \sim \pi'(\cdot|s_h'), s_h \sim f(\cdot|s_{h-1}, a_{h-1}),$  and  $s_h' \sim f(\cdot|s_{h-1}, a_{h-1}')$ .

**Remark**: The value function at the initial state can be represented as an inner product between the reward function and the occupancy measure, i.e.,  $V^{\pi,\bar{\pi}} = \sum_{h=1}^H \left\langle r, d_h^{\pi,\bar{\pi}} \right\rangle$ . Given the structure of the game where the sequences of sentences and answers are generated independently by the two agents given the initial state  $s_1$ , the occupancy measure at each step can be factorized as the product of the two agents occupancy measures given  $s_1$ . In particular, we have  $d_h^{\pi,\bar{\pi}}(s,a,s',a')|s_1=d_h^{\pi}(s,a)|s_1\cdot d_h^{\bar{\pi}}(s',a')|s_1$  for all h,s,a,s',a'.

#### 4 Method

We first develop our method Multi-Step Preference Optimization (MPO) based on the natural actor-critical framework (Peters & Schaal, 2008; Alacaoglu et al., 2022) in Sec. 4.1. Next, we introduce Optimistic Multi-Step Preference Optimization, dubbed 0MPO, in Sec. 4.2. The framework is inspired by the idea of optimism used in online learning and in min-max optimization with improved theoretical guarantees (Popov, 1980; Chiang et al., 2012; Rakhlin & Sridharan, 2013).

# 4.1 MPO WITH NATURAL ACTOR-CRITIC

This section presents our first method to find an approximate solution to Game. In order to find an  $\epsilon$ -approximate Nash equilibrium, the MPO method builds upon the next lemma which decomposes the difference of two value functions to the Q function at each step. The lemma 2 is the extension of Kakade & Langford (2002) to the multi-agent setting where the dynamics are controlled independently by each player but the reward depends on the joint-state action tuple.

**Lemma 2** (Value difference lemma). For a finite horizon MDP with initial distribution  $\nu_1$  it holds that:

$$\left\langle \nu_1, V^{\pi, \bar{\pi}} - V^{\pi', \bar{\pi}} \right\rangle = \mathbb{E}_{s_1 \sim \nu_1} \sum_{h=1}^{H} \mathbb{E}_{s \sim d_h^{\pi} \mid s_1} \left[ \left\langle \mathbb{E}_{s', a' \sim d_h^{\bar{\pi}} \mid s_1} Q_h^{\pi', \bar{\pi}}(s, \cdot, s', a'), \pi_h(\cdot \mid s, s_1) - \pi'_h(\cdot \mid s, s_1) \right\rangle \right].$$

The proof can be found at Appx. C.2. In our setting, the initial state  $s_1$  is a deterministic function of the state  $s_1$  so we can remove  $s_1$  from the conditioning in the policy<sup>2</sup>. To highlight this fact we

<sup>&</sup>lt;sup>2</sup>This is motivated by practical LLM training, where system prompts such as "user" and "assistant" are inserted before every  $x_h$  and  $a_h$ , respectively. As a result, one can infer a unique  $s_1$  for every s. The conditioning of the policy on the initial state might appear unusual at the first glance but it is in fact common in the setting of Contextual MDPs (see for example Levy et al. (2023)). Indeed, the initial state  $s_1$  could be interpreted as a context and we optimize over policies that depend on both the initial context and the current state.

# **Algorithm 1** MPO (Theory Version)

**input**: reference policy  $\pi^1$ , preference oracle  $\mathbb P$ , learning rate  $\beta=\sqrt{\frac{\log \pi^{-1}}{TH^2}}$ , total iteration T

$$\pi_h^{t+1}(a|s) \propto \pi_h^t(a|s) \exp\left[\beta \mathbb{E}_{s',a' \sim d_h^{\pi^t}|s_1(s)} Q_h^{\pi^t,\pi^t}(s,a,s',a')\right] \quad \forall h \in [H], \quad \forall s,a.$$

 **output**:  $\bar{\pi}^T$  ( such that  $d_h^{\bar{\pi}^T} = \frac{1}{T} \sum_{t=1}^T d_h^{\pi^t}$ ,  $\forall h \in [H]$ .).

# **Algorithm 2** MPO (Practical version)

**input**: reference policy  $\pi^1$ , preference oracle  $\mathbb{P}$ , learning rate  $\beta$ , number of generated samples K, horizon H, total iteration T.

for t = 1, 2, ..., T do

Generates response by sampling  $s_1^1 \sim \nu_1$  and  $a_h^1 \sim \pi^t(\cdot|s_h^1)$  for  $h \in [H]$ .

Clear the dataset buffer  $\mathcal{D}_t$ .

for 
$$h = 1, 2, ..., H$$
 do

Set 
$$s_h^K = , \dots, = s_h^2 = s_h^1$$
.

for  $h=1,2,\ldots,H$  do  $\operatorname{Set} s_h^K=,\ldots,=s_h^2=s_h^1.$  Generate K-1 conversations by sampling  $a_{\hat{h}}^{2:K}\sim \pi^t(\cdot|s_{\hat{h}}^{2:K})$  for  $\hat{h}\in[h,H].$ 

Estimate  $\mathbb{E}_{a_h^{k'}}Q^{\pi^t,\pi^t}(s_h^1,a_h^k,s_h^1,a_h^{k'}), \forall k,k' \in [K]$  via Eq. (5) with query to  $\mathbb{P}$ .

Form the data pair  $\{(s_h^1,a_h^k,\mathbb{E}_{a_h^{k'}}Q^{\pi^t,\pi^t}(s_h^1,a_h^k,s_h^1,a_h^{k'})\}_{k\in[K]}$  , add to  $\mathcal{D}_t$  .

end for

Optimize  $\pi_{t+1}$  over  $\mathcal{D}_t$  according to

$$\pi^{t+1} \leftarrow \arg\min_{\pi} \mathbb{E}\bigg(\log\bigg(\frac{\pi(a_h^k|s_h^1)}{\pi^t(a_h^k|s_h^1)}\bigg) - \beta\bigg(\mathbb{E}_{a_h^{k'}}Q^{\pi^t,\pi^t}(s_h^1,a_h^k,s_h^1,a_h^{k'}) - \frac{H-h+1}{2}\bigg)\bigg)^2.$$

end for

output:  $\pi^{T+1}$ 

denote as  $s_1(s)$  the only initial state that can lead to s. By setting  $\pi' = \overline{\pi} = \pi^t$  in Lemma 2 and  $\pi = \pi^*$  and summing from t = 1 to T we obtain:

$$\sum_{t=1}^{T} \left\langle \nu_1, V^{\pi^\star, \pi^t} - V^{\pi^t, \pi^t} \right\rangle = \mathbb{E}_{s_1 \sim \nu_1} \sum_{h=1}^{H} \sum_{t=1}^{T} \mathbb{E}_{s \sim d_h^{\pi^\star} \mid s_1} \left[ \left\langle \mathbb{E}_{s', a' \sim d_h^{\pi^t} \mid s_1} Q_h^{\pi^t, \pi^t}(s, \cdot, s', a'), \pi_h^\star(\cdot \mid s) - \pi_h^t(\cdot \mid s) \right\rangle \right] \,.$$

Since the sum over t commutes with the expectation, we see that we can decompose the global regret  $\sum_{t=1}^{T} \left\langle \nu_1, V^{\pi^*, \pi^t} - V^{\pi^t, \pi^t} \right\rangle$  into a weighted sum of local regrets at each stage  $h \in [H]$ , i.e.,

 $\mathbb{E}_{s \sim d_h^{\pi^\star} \mid s_1} \left[ \sum_{t=1}^T \left\langle \mathbb{E}_{s',a' \sim d_h^{\pi^t} \mid s_1} Q_h^{\pi^t,\pi^t}(s,\cdot,s',a'), \pi_h^\star(\cdot \mid s) - \pi_h^t(\cdot \mid s) \right\rangle \right]. \text{ Therefore, we can control and the sum of the property of the prope$ the global regret implementing at each state online mirror descent updates (Warmuth et al. 1997, Orabona 2023, Chapter 6, Cesa-Bianchi & Lugosi 2006), i.e., implementing the following update:

$$\pi_h^{t+1}(\cdot|s) = \arg\max_{\pi} \langle \pi(\cdot|s), \mathbb{E}_{s',a' \sim d_h^{\pi^t}|s_1(s)} Q_h^{\pi^t,\pi^t}(s,\cdot,s',a') \rangle - \beta D(\pi(\cdot|s)||\pi_h^t(\cdot|s)) \,,$$

where  $\beta$  is a learning rate. The solution has the following form:

$$\pi_h^{t+1}(a|s) \propto \pi_h^t(a|s) \exp\{\beta \mathbb{E}_{s',a' \sim d_h^{\pi^t}|s_1(s)} Q_h^{\pi^t,\pi^t}(s,a,s',a')\},\tag{2}$$

which corresponds to natural actor-critic (Peters & Schaal, 2008) that utilizes a softmax-based method for updating policies. The number of policy updates needed by the ideal version of MPO (see Alg. 1) can be bounded as follows and the proof can be found at Appx. C.3.

**Theorem 4.** Consider Algorithm 1 and assume that the reference policy is uniformly lower bounded by  $\underline{\pi}$ , then there exists a policy  $\bar{\pi}^T$  such that  $d_h^{\bar{\pi}^T} = \frac{1}{T} \sum_{t=1}^T d_h^{\pi^t}, \forall h \in [H]$ , and it holds that for  $T=\frac{16H^4\log \pi^{-1}}{\epsilon^2}$  the policy pair  $(\bar{\pi}^T,\bar{\pi}^T)$  is an  $\epsilon$ -approximate Nash equilibrium. Therefore, Algorithm 1 outputs an  $\epsilon$ -approximate Nash equilibrium after  $\frac{16H^4 \log \pi^{-1}}{\epsilon^2}$  policy updates.

# Algorithm 3 OMPO (Theory Version)

**input**: occupancy measure of reference policy  $\pi^1$  denoted as  $d^1$ , preference oracle  $\mathbb{P}$  (i.e. reward function r), learning rate  $\beta$ , Bregman divergence  $\mathbb{D}$ , iteration T

for t = 1, 2, ..., T do

$$d_h^{t+1} = \operatorname*{arg\,max}_{d \in \mathcal{F}_{s_1}} \beta \left\langle d, 2\mathbb{E}_{s',a' \sim d_h^t} r(\cdot,\cdot,s',a') - \mathbb{E}_{s',a' \sim d_h^{t-1}} r(\cdot,\cdot,s',a') \right\rangle - \mathbb{D}(d,d_h^t) \ \forall h \in [H] \ \forall s_1.$$

end for  $\pi_h^{\mathrm{out}}(a|s) = \frac{\bar{d}_h(s,a|s_1)}{\sum_a \bar{d}_h(s,a|s_1)}$  with  $\bar{d}_h = T^{-1} \sum_{t=1}^T d_h^t$  for all  $h \in [H]$  for the unique  $s_1$  from which s is reachable.

**Output:**  $\pi^{\text{out}}$ 

**Remark 3.** The above result the  $\mathcal{O}(H^2\epsilon^{-2})$  bound on the policy updates proven in Swamy et al. (2024) in the setting of terminal-only reward. The additional  $H^2$  factor is due to considering rewards that are not terminal-only. In Theorem 5 we show that Algorithm 3 improves the number of policy updates needed to converge to an  $\epsilon$ -approximate Nash equilibrium to  $\mathcal{O}(H\epsilon^{-1})$ .

**Practical relaxations.** For the above theorem, MPO requires the access of the Q function, which is unknown. Next, we are going to develop a practical algorithm to efficiently estimate the Q function and implement Eq. (2). Equivalently, Eq. (2) can be written as

$$\pi_h^{t+1}(a|s) = \frac{\pi_h^t(a|s) \exp\{\beta \mathbb{E}_{s',a' \sim d_h^{\pi^t}|s_1(s)} Q_h^{\pi^t,\pi^t}(s,a,s',a')\}}{Z_h^t(s)},$$
(3)

where  $Z_h^t(s)$  is the partition function. Next, we express Eq. (3) as follows:

$$\log \frac{\pi_h^{t+1}(a|s)}{\pi_h^t(a|s)} = \beta \mathbb{E}_{s',a' \sim d_h^{\pi^t}|s_1(s)} Q_h^{\pi^t,\pi^t}(s,a,s',a') - \log Z_h^t(s). \tag{4}$$

Next, we approximate Eq. (4) with an approximate solution of the following optimization program

$$\pi^{t+1} = \arg\min_{\pi} \sum_{h=1}^{H} \mathbb{E}_{\substack{s_1 \sim \nu_1 \\ (s_h, a_h) \sim d_h^{\pi^t} \mid s_1}} \left[ \log \frac{\pi(a_h \mid s_h)}{\pi_h^t(a_h \mid s_h)} - \left( \mathbb{E}_{s', a' \sim d_h^{\pi^t} \mid s_1} Q_h^{\pi^t, \pi^t}(s_h, a_h, s', a') - \log Z_h^t(s_h) \right) \right]^2.$$

Unfortunately, solving the above minimization exactly is out of hope. The first difficulty is the efficient estimation of  $\mathbb{E}_{s',a'\sim d_h^{\pi^t}|s_1}Q_h^{\pi^t,\pi^t}(s_h,a_h,s',a')$ . In particular, since s' and s are sampled from the same distribution, we will sample a' from the state  $s_h$  and use the Monte Carlo estimator:

$$\mathbb{E}_{a' \sim \pi^t(\cdot|s_h)} Q_h^{\pi^t, \pi^t}(s_h, a_h, s_h, a') \approx \frac{1}{K} \sum_{k=1}^K \sum_{\hat{h}=h}^H \mathbb{P}([s_{\hat{h}, k}, a_{\hat{h}, k}], [s'_{\hat{h}, k}, a'_{\hat{h}, k}]), \tag{5}$$

where the sequences  $\left\{(s_{\hat{h},k},a_{\hat{h},k},s_{\hat{h},k}',a_{\hat{h},k}')\right\}_{\hat{h}=h}^{H}$  for  $k\in[K]$  are generated by rollouts of the policies pair  $(\pi^t,\pi^t)$ . The second difficulty is  $Z_h^t(s)$ , which is difficult to compute for large action spaces. In all states s, we replace  $\log Z_h^t(s)$  with  $\beta \frac{H-h+1}{2}$ .

**Remark 4.** The heuristics is motivated by the next observation. If the preference between  $a_h$  and  $a'_h$  in Eq. (5) results in a tie, then with such  $\log Z_h^t(s)$ , the solution of Eq. (5) is  $\pi^{t+1} = \pi^t$ , leaving the model unchanged.

In summary, we provide a practical version of MPO in Alg. 2. In practice, we used a stationary policy that we find to be sufficient to obtain convincing results.

#### 4.2 OPTIMISTIC MPO: 0MPO

In this section, we propose an alternative algorithm based on the optimistic gradient descent method <sup>3</sup> by reformulating the optimization problem over occupancy measures. Here, we show that optimistic online mirror descent with one projection (Joulani et al., 2017) with an appropriately chosen

<sup>&</sup>lt;sup>3</sup>The same update we use can also be seen as the Forward-Reflected-Backward (FoRB) update proposed in Malitsky & Tam (2020) for variational inequalities. This point of view is taken by Alacaoglu et al. (2022) to solve zero-sum Markov game.

#### Algorithm 4 OMPO (Practical version) **input**: reference policy $\pi^1$ , preference oracle $\mathbb{P}$ , learning rate $\beta$ , number of generated samples K, horizon H, total iteration T, tunable bias term $\tau$ . for t = 1, 2, ..., T do Generates response by sampling $s_1^1 \sim \nu_1$ and $a_h^1 \sim \pi^t(\cdot|s_h^1)$ for $h \in [H]$ . Clear the dataset buffer $\mathcal{D}_t$ . for h = 1, 2, ..., H do Set $s_h^K = , \dots, = s_h^2 = s_h^1$ . Generate K-1 conversations by sampling $a_{\hat{h}}^{2:K} \sim \pi^t(\cdot|s_{\hat{h}}^{2:K})$ for $\hat{h} \in [h,H]$ . Estimate $\mathbb{E}_{a_h^{k'}}Q^{\pi^t,\pi^t}(s_h^1,a_h^k,s_h^1,a_h^{k'}) \forall k,k' \in [K]$ via Eq. (5). Estimate $\mathbb{E}_{a_{\cdot}^{k'}}Q^{\pi^{t},\pi^{t-1}}(s_{h}^{1},a_{h}^{k},s_{h}^{1},a_{h}^{k'}) \quad \forall k,k' \in [K] \text{ via Eq. (5)}.$ $\mathsf{Add}\ \{(s_h^1, a_h^k, \mathbb{E}_{a_h^{k'}}Q^{\pi^t, \pi^t}(s_h^1, a_h^k, s_h^1, a_h^{k'}), \mathbb{E}_{a_h^{k'}}Q^{\pi^t, \pi^{t-1}}(s_h^1, a_h^k, s_h^1, a_h^{k'})\}_{k \in [K]} \ \mathsf{into}\ \mathcal{D}_t.$ else Add $\{(s_h^1, a_h^k, \mathbb{E}_{a_h^{k'}} Q^{\pi^t, \pi^t}(s_h^1, a_h^k, s_h^1, a_h^{k'})\}$ into $\mathcal{D}_t$ . end if end for if t > 1 then Optimize $\pi_{t+1}$ over $\mathcal{D}_t$ according to $\pi^{t+1} \leftarrow \arg\min_{\pi} \mathbb{E}\bigg(\log\bigg(\frac{\pi(a_h^k|s_h^1)}{\pi^t(a_h^k|s_h^1)}\bigg) - \beta\bigg(2\mathbb{E}_{a_h^{k'}}Q^{\pi^t,\pi^t}(s_h^1,a_h^k,s_h^1,a_h^{k'}) - \mathbb{E}_{a_h^{k'}}Q^{\pi^t,\pi^{t-1}}(s_h^1,a_h^k,s_h^1,a_h^{k'}) - \tau\bigg)\bigg)^2.$ else Optimize $\pi_{t+1}$ over $\mathcal{D}_t$ according to $\pi^{t+1} \leftarrow \arg\min_{\pi} \mathbb{E}\bigg(\log\bigg(\frac{\pi(a_h^k|s_h^1)}{\pi^t(a_h^k|s_h^1)}\bigg) - \beta\bigg(\mathbb{E}_{a_h^{k'}}Q^{\pi^t,\pi^t}(s_h^1,a_h^k,s_h^1,a_h^{k'}) - \frac{H-h+1}{2}\bigg)\bigg)^2.$ end if end for output: $\pi^{T+1}$

regularizer can be used to solve approximately the following program which corresponds to Game lifted to the space of conditional occupancy measures.

$$(d^{\star}, d^{\star}) = \arg\max_{d \in \tilde{\mathcal{F}}} \min_{d' \in \tilde{\mathcal{F}}} \mathbb{E}_{s_1 \sim \nu_1} \sum_{h=1}^{H} \sum_{s, a, s', a'} d_h(s, a|s_1) r(s, a, s', a') d'_h(s', a'|s_1),$$

where  $\tilde{\mathcal{F}}$  is the product set of the Bellman flow constraints for a particular initial state, i.e.  $\tilde{\mathcal{F}} = \times_{s_1 \in \operatorname{supp}(\nu_1)} \mathcal{F}_{s_1}$ . We also introduced the Bellman flow constraints for a specific initial state  $\mathcal{F}_{s_1} = \left\{ d = (d_1, \ldots, d_H) : \sum_a d_{h+1}(s, a) = \sum_{s', a'} f(s|s', a') d_h(s', a'), d_1(s) = \mathbbm{1} \left\{ s = s_1 \right\} \right\}$ . The policy pair  $(\pi^\star, \pi^\star)$  solution of Game can be retrieved from the occupancy measure pair  $(d^\star, d^\star)$  as  $\pi^\star(a|s) = \frac{d^\star(s, a|s_1)}{\sum_a d^\star(s, a|s_1)}$ . Our idea is to apply the optimistic algorithm from Joulani et al. (2017) to the reformulation of Game over occupancy measures, we present the resulting algorithm, i.e., OMPO, in Alg. 3.

**Remark 5.** In a partially observable Markov game, lifting the problem to the occupancy measures turns out to be fundamentally important for enabling each agent to learn a policy conditioned only on their own state. This is different from the standard literature on Markov Games (Daskalakis et al., 2020; Wei et al., 2021; Alacaoglu et al., 2022), which assumes that both agents share a common state.

As the next theorem shows, in the ideal case where the updates can be computed exactly, Alg. 3 finds an  $\epsilon$ -approximate Nash equilibrium using fewer updates compared to Alg. 1 and to (Swamy et al., 2024, Algorithm 1). The proof can be found at Appx. C.4.

**Theorem 5** (Convergence of OMPO). Consider Algorithm 3 and let us assume that the occupancy measure of the reference policy is uniformly lower bounded by  $\underline{d}$ . Moreover, let  $\mathbb{D}$  be  $1/\lambda$  strongly

Table 1: Evaluation results on MT-bench-101 dataset. Mistral-7B-Instruct is selected as the base model. We can observe that both of the proposed algorithms MPO and OMPO considerably outperform the baseline in terms of the score (the higher the better).

		Perceptivity					Adaptability					Interactivity		
Model		Memory	1	standing	Interf	erence	Reph	rasing	Refle	ection	Reas	oning	Quest	ioning
	Avg.	CM	SI	AR	TS	CC	CR	FR	SC	SA	MR	GR	IC	PI
Base (Mistral-7B-Instruct)	6.223	7.202	7.141	7.477	7.839	8.294	6.526	6.480	4.123	4.836	4.455	5.061	5.818	5.641
DPO (iter=1)	6.361	7.889	6.483	7.699	8.149	8.973	7.098	7.423	3.448	6.123	3.421	4.492	5.639	5.858
DPO (iter=2)	6.327	7.611	6.206	8.106	8.052	9.111	6.670	7.153	3.494	5.884	3.360	4.691	5.837	6.078
DPO (iter=3)	5.391	6.019	4.521	6.890	6.631	8.177	5.437	5.723	3.448	5.295	3.142	4.015	5.256	5.529
SPPO (iter=1)	6.475	7.432	7.464	7.714	8.353	8.580	6.917	6.714	4.136	5.055	4.403	5.400	6.036	5.966
SPPO (iter=2)	6.541	7.516	7.496	7.808	8.313	8.731	7.077	6.867	4.136	5.281	4.488	5.477	6.098	5.751
SPPO (iter=3)	6.577	7.575	7.547	7.944	8.365	8.797	7.040	6.865	4.442	5.185	4.346	5.394	6.092	5.906
Step-DPO (iter=1)	6.433	7.463	7.054	7.790	8.157	8.593	6.827	6.748	4.234	4.849	4.236	5.519	5.982	6.171
Step-DPO (iter=2)	6.553	7.616	7.043	7.925	8.147	8.662	6.790	6.878	4.331	5.048	4.366	5.734	6.391	6.254
Step-DPO (iter=3)	6.442	7.665	7.023	7.767	8.016	8.589	6.723	6.581	4.305	5.014	4.153	5.453	6.202	6.257
MPO* (iter=1)	6.630	7.624	7.846	8.085	8.398	8.947	7.105	7.286	4.208	4.993	4.377	5.264	6.179	5.873
MPO* (iter=2)	6.735	7.838	7.723	8.196	8.590	9.027	7.347	7.209	4.240	5.137	4.469	5.531	6.181	6.061
MPO* (iter=3)	6.733	7.868	7.686	8.289	8.510	9.078	7.330	7.529	4.461	4.829	4.225	5.366	6.198	6.155
OMPO★ (iter=2)	6.736	7.733	7.723	8.257	8.478	9.122	7.300	7.421	4.123	5.288	4.506	5.513	6.179	5.923
0MPO★ (iter=3)	6.776	7.649	7.792	8.281	8.578	9.136	7.424	7.635	4.377	5.308	4.312	5.455	6.187	5.954

convex, i.e.  $\mathbb{D}(p||q) \geq \frac{\|p-q\|_1^2}{2\lambda}$ . Then, setting  $T = \frac{10H\log\underline{d}^{-1}}{\beta\epsilon}$  and setting  $\beta \leq \frac{1}{\sqrt{2\lambda}}$ , we ensure that  $(\pi^{\mathrm{out}}, \pi^{\mathrm{out}})$ , i.e. the output of Algorithm 3 is an  $\epsilon$ -approximate Nash equilibrium. Therefore, we need at most  $\frac{10H\log\underline{d}^{-1}}{\beta\epsilon}$  policy updates.

In addition, not only Swamy et al. (2024, Algorithm 1) but also OMPO can be implemented using only one player since in a constant sum game, the max and min player produce the same iterates. The result is formalized as follows and the proof is deferred to Appx. C.5.

**Theorem 6.** Consider a constant sum two-player Markov games with reward such that r(s, a, s', a') = 1 - r(s', a', s, a), then for each  $s_1 \in \text{supp}(\nu_1)$  the updates for d in Alg. 3 coincides with the updates for the min player that uses the updates

$$d_h^{t+1}(a|s) = \mathop{\arg\min}_{d \in \mathcal{F}_{s_1}} \beta \left\langle d, 2\mathbb{E}_{s',a' \sim d_h^t} r(s',a',\cdot,\cdot) - \mathbb{E}_{s',a' \sim d_h^{t-1}} r(s',a',\cdot,\cdot) \right\rangle + \mathbb{D}(d,d_h^t) \,.$$

Furthermore, we can avoid the projection over the set  $\mathcal{F}$  implementing this update on the policy space (see Appendix D). We achieve such results following the techniques developed in Bas-Serrano et al. (2021); Viano et al. (2022).

For the first iteration, we initialize  $d_h^0$  to be equal to  $d_h^1$  for all h. That is, at the first iteration, we use the same update rule as in MPO. After the first iteration, we apply similar techniques as in MPO by estimating the Q function and we use a tunable parameter to approximate the  $\log Z$  term. We illustrate the practical algorithm in Alg. 4.

#### 5 EXPERIMENTS

In this section, we validate the proposed algorithm with multi-turn conversations in MT-bench-101 (Bai et al., 2024), which is a dataset that includes multi-turn conversations on 13 distinct tasks up to seven turns, see detailed description at Appx. E. We choose Mistral-7B-Instruct-v0.2 as the base model  $^4$  (Jiang et al., 2023). We use a pre-trained model PairRM<sup>5</sup>, with 0.4B parameters, as the preference oracle. Specifically, given two conversations  $[s_h, a_h]$  and  $[s'_h, a'_h]$ , PairRM will

<sup>4</sup>https://huggingface.co/mistralai/Mistral-7B-Instruct-v0.2

<sup>&</sup>lt;sup>5</sup>https://huggingface.co/llm-blender/PairRM

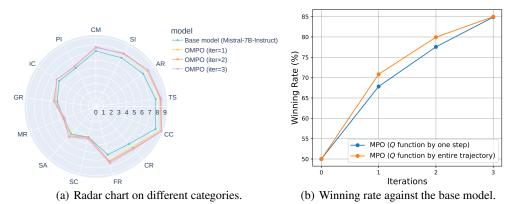


Figure 1: (a): Radar chart result of OMPO on the MT-bench-101 dataset; (b) Winning rate against the base model when using different approximations for the Q functions.

return a score that indicates the probability that  $[s_h, a_h]$  is better than  $[s'_h, a'_h]$ , which can be used to considered as the preference oracle  $\mathbb P$  defined in the previous section. We select iterative DPO (Dong et al., 2024), iterative SPPO (Wu et al., 2024), and iterative Step-DPO as our baselines. For both iterative DPO and iterative SPPO, we sample K=5 complete conversations starting from  $s_1$ , and estimate the winning rate  $\mathbb P([s^k_{H+1}, a^k_{H+1}] \succ (s^{k'}_{H+1}, a^{k'}_{H+1}]) \ \forall k, k' \in [K]$ . Then we select both the best and worst conversations according to their winning rates against others, which is defined as  $\frac{1}{K} \sum_{k'=1}^K \mathbb P([s^k_{H+1}, a^k_{H+1}] \succeq [s^{k'}_{H+1}, a^{k'}_{H+1}])$  for the conversation  $[s^k_{H+1}, a^k_{H+1}]$ . Such a pair is used to train DPO while the winning rate is used to train SPPO. For both Step-DPO, MPO, and 0MPO, we do the same strategy with starting at  $s_h$ . In MPO, and 0MPO, we estimate  $Q(s_h, a_h, s_h, a'_h)$  by  $\mathbb P([s_h, a_h], [s_h, a'_h])$  to enhance the efficiency. For 0MPO, the  $Q^{\pi^t, \pi^{t-1}}$  term is estimated by calculating the winning rate between two answers (the best and the worst) generated by the current policy  $\pi^t$  and the five answers previously generated by  $\pi^{t-1}$ , the  $\tau$  is selected as zero. Each method is trained with epochs number selected from  $\{1,2\}$ , learning rates from  $\{5e\cdot6, 5e\cdot7\}$ , and  $\beta$  values from  $\{0.1, 0.01, 0.001\}$ . The final model is chosen based on the highest winning rate against the base model, as determined by the PairRM model. We use full-parameter fine-tuning for all methods with bf16 precision. A batch size of 64 is used. The maximum output length and maximum prompt length during training are both set as 2048. We use AdamW optimizer (Loshchilov & Hutter, 2019) and cosine learning rate schedule (Loshchilov & Hutter, 2017) with a warmup ratio of 0.1.

Each round of dialogue is rated on a scale of 1 to 10 by GPT-40 mini, with the mean score reported for each dialogue. All methods are run for a total of 3 iterations. The results are summarized in Tab. 1, showing significant improvements over the baselines with the proposed MPO and OMPO approaches. In Fig. 1(a), we present the Radar chart on different categories and we can see that the proposed OMPO leads to improvements generally along the iterations. Fig. 1(b) shows that using the entire trajectory to estimate the Q function can lead to subtle improvement at the first two iterations while it finally achieves a similar winning rate when compared to the one that only use one step.

### 6 Conclusion

This work presents a novel framework to enhance the preference alignment of large language models in multi-step settings by casting the alignment process as a two-player Markov game. We introduce novel algorithms based on natural actor-critic and optimistic online gradient descent, supported by both theoretical analysis and empirical results. However, the limitations of this work include the finite-horizon assumption in our theoretical framework, which may not fully capture real-world conversations or reasoning processes that often span with different steps instead of a fixed step H. Additionally, our practical algorithm requires querying a preference oracle, which may limit its applicability in cases where such preference oracles are unavailable or when collecting human feedback is costly. Future work should explore extending the theoretical framework to infinite-horizon settings and finding more scalable methods for gathering preference feedback.

# ETHICS STATEMENT

Our work focuses on algorithmic innovations related to reinforcement learning with human feedback. We do not create any new benchmarks for human preferences nor solicit human preferences for this study. As such, we do not expect any potential violations of ethical standards, including those concerning the use of human data. Our contributions are primarily methodological and theoretical analysis of the convergence, and we have taken care to ensure that our work complies with all relevant ethical guidelines.

#### REPRODUCIBILITY STATEMENT

In this work, we have provided the details on the experimental setup and the description of the dataset at Sec. 5 and Appx. E. The dataset and language models used in this work are publicly available. The source code of MPO and OMPO will be made public in the camera-ready version. Regarding the theoretical results, we have clearly mentioned all of the assumptions, and all the complete proofs can be found at Appx. C and Appx. D.

#### REFERENCES

- Josh Achiam, Steven Adler, Sandhini Agarwal, Lama Ahmad, Ilge Akkaya, Florencia Leoni Aleman, Diogo Almeida, Janko Altenschmidt, Sam Altman, Shyamal Anadkat, et al. Gpt-4 technical report. arXiv preprint arXiv:2303.08774, 2023.
- Ahmet Alacaoglu, Luca Viano, Niao He, and Volkan Cevher. A natural actor-critic framework for zero-sum markov games. In *International Conference on Machine Learning*, pp. 307–366. PMLR, 2022.
- Mohammad Gheshlaghi Azar, Zhaohan Daniel Guo, Bilal Piot, Remi Munos, Mark Rowland, Michal Valko, and Daniele Calandriello. A general theoretical paradigm to understand learning from human preferences. In *International Conference on Artificial Intelligence and Statistics*, pp. 4447–4455. PMLR, 2024.
- Ge Bai, Jie Liu, Xingyuan Bu, Yancheng He, Jiaheng Liu, Zhanhui Zhou, Zhuoran Lin, Wenbo Su, Tiezheng Ge, Bo Zheng, et al. Mt-bench-101: A fine-grained benchmark for evaluating large language models in multi-turn dialogues. *arXiv preprint arXiv:2402.14762*, 2024.
- Yuntao Bai, Andy Jones, Kamal Ndousse, Amanda Askell, Anna Chen, Nova DasSarma, Dawn Drain, Stanislav Fort, Deep Ganguli, Tom Henighan, et al. Training a helpful and harmless assistant with reinforcement learning from human feedback. *arXiv preprint arXiv:2204.05862*, 2022.
- Joan Bas-Serrano, Sebastian Curi, Andreas Krause, and Gergely Neu. Logistic q-learning. In *International conference on artificial intelligence and statistics*, pp. 3610–3618. PMLR, 2021.
- Ralph Allan Bradley and Milton E Terry. Rank analysis of incomplete block designs: I. the method of paired comparisons. *Biometrika*, 39(3/4):324–345, 1952.
- Tom Brown, Benjamin Mann, Nick Ryder, Melanie Subbiah, Jared D Kaplan, Prafulla Dhariwal, Arvind Neelakantan, Pranav Shyam, Girish Sastry, Amanda Askell, et al. Language models are few-shot learners. *Advances in neural information processing systems*, 33:1877–1901, 2020.
- Nicolo Cesa-Bianchi and Gábor Lugosi. *Prediction, learning, and games*. Cambridge university press, 2006.
- Chao-Kai Chiang, Tianbao Yang, Chia-Jung Lee, Mehrdad Mahdavi, Chi-Jen Lu, Rong Jin, and Shenghuo Zhu. Online optimization with gradual variations. In Shie Mannor, Nathan Srebro, and Robert C. Williamson (eds.), *Proceedings of the 25th Annual Conference on Learning Theory*, volume 23 of *Proceedings of Machine Learning Research*, pp. 6.1–6.20, Edinburgh, Scotland, 25–27 Jun 2012. PMLR. URL https://proceedings.mlr.press/v23/chiang12.html.

- Constantinos Daskalakis, Dylan J Foster, and Noah Golowich. Independent policy gradient methods
   for competitive reinforcement learning. *Advances in neural information processing systems*, 33:
   5527–5540, 2020.
  - Hanze Dong, Wei Xiong, Bo Pang, Haoxiang Wang, Han Zhao, Yingbo Zhou, Nan Jiang, Doyen Sahoo, Caiming Xiong, and Tong Zhang. Rlhf workflow: From reward modeling to online rlhf. arXiv preprint arXiv:2405.07863, 2024.
  - Roy Fox, Ari Pakman, and Naftali Tishby. Taming the noise in reinforcement learning via soft updates. *arXiv preprint arXiv:1512.08562*, 2015.
  - Martin Gardner. Mathematical games. Scientific american, 222(6):132–140, 1970.
  - Jiwoo Hong, Noah Lee, and James Thorne. Orpo: Monolithic preference optimization without reference model. *arXiv* preprint arXiv:2403.07691, 2(4):5, 2024.
  - Albert Q Jiang, Alexandre Sablayrolles, Arthur Mensch, Chris Bamford, Devendra Singh Chaplot, Diego de las Casas, Florian Bressand, Gianna Lengyel, Guillaume Lample, Lucile Saulnier, et al. Mistral 7b. *arXiv preprint arXiv:2310.06825*, 2023.
  - Pooria Joulani, András György, and Csaba Szepesvári. A modular analysis of adaptive (non-)convex optimization: Optimism, composite objectives, and variational bounds. In Steve Hanneke and Lev Reyzin (eds.), *Proceedings of the 28th International Conference on Algorithmic Learning Theory*, volume 76 of *Proceedings of Machine Learning Research*, pp. 681–720. PMLR, 15–17 Oct 2017. URL https://proceedings.mlr.press/v76/joulani17a.html.
  - Sham Kakade and John Langford. Approximately optimal approximate reinforcement learning. In *Proceedings of the Nineteenth International Conference on Machine Learning*, pp. 267–274, 2002.
  - Xin Lai, Zhuotao Tian, Yukang Chen, Senqiao Yang, Xiangru Peng, and Jiaya Jia. Step-dpo: Step-wise preference optimization for long-chain reasoning of llms. *arXiv preprint arXiv:2406.18629*, 2024.
  - Orin Levy, Alon Cohen, Asaf Cassel, and Yishay Mansour. Efficient rate optimal regret for adversarial contextual mdps using online function approximation. In *International Conference on Machine Learning*, pp. 19287–19314. PMLR, 2023.
  - Ilya Loshchilov and Frank Hutter. SGDR: Stochastic gradient descent with warm restarts. In *International Conference on Learning Representations*, 2017. URL https://openreview.net/forum?id=Skq89Scxx.
  - Ilya Loshchilov and Frank Hutter. Decoupled weight decay regularization. In *International Conference on Learning Representations*, 2019. URL https://openreview.net/forum?id=Bkg6RiCgY7.
  - Zimu Lu, Aojun Zhou, Ke Wang, Houxing Ren, Weikang Shi, Junting Pan, and Mingjie Zhan. Step-controlled dpo: Leveraging stepwise error for enhanced mathematical reasoning. *arXiv* preprint *arXiv*:2407.00782, 2024.
  - Yura Malitsky and Matthew K Tam. A forward-backward splitting method for monotone inclusions without cocoercivity. *SIAM Journal on Optimization*, 30(2):1451–1472, 2020.
  - Yu Meng, Mengzhou Xia, and Danqi Chen. Simpo: Simple preference optimization with a reference-free reward. *arXiv preprint arXiv:2405.14734*, 2024.
- Rémi Munos, Michal Valko, Daniele Calandriello, Mohammad Gheshlaghi Azar, Mark Rowland,
   Zhaohan Daniel Guo, Yunhao Tang, Matthieu Geist, Thomas Mesnard, Andrea Michi, et al. Nash
   learning from human feedback. In Forty-first International Conference on Machine Learning,
   2024.
  - Gergely Neu and Julia Olkhovskaya. Online learning in mdps with linear function approximation and bandit feedback. *Advances in Neural Information Processing Systems*, 34:10407–10417, 2021.

- Gergely Neu, Anders Jonsson, and Vicenç Gómez. A unified view of entropy-regularized markov decision processes, 2017. URL https://arxiv.org/abs/1705.07798.
- Francesco Orabona. A modern introduction to online learning, 2023. URL https://arxiv.org/abs/1912.13213.
  - Long Ouyang, Jeffrey Wu, Xu Jiang, Diogo Almeida, Carroll Wainwright, Pamela Mishkin, Chong Zhang, Sandhini Agarwal, Katarina Slama, Alex Ray, et al. Training language models to follow instructions with human feedback. *Advances in neural information processing systems*, 35: 27730–27744, 2022.
  - Jan Peters and Stefan Schaal. Natural actor-critic. *Neurocomputing*, 71(7-9):1180–1190, 2008.
  - Leonid Denisovich Popov. A modification of the arrow-hurwitz method of search for saddle points. *Mat. Zametki*, 28(5):777–784, 1980.
  - M. L. Puterman. *Markov Decision Processes: Discrete Stochastic Dynamic Programming*. John Wiley & Sons, Inc., USA, 1st edition, 1994.
  - Rafael Rafailov, Archit Sharma, Eric Mitchell, Christopher D Manning, Stefano Ermon, and Chelsea Finn. Direct preference optimization: Your language model is secretly a reward model. *Advances in Neural Information Processing Systems*, 36, 2023.
  - Alexander Rakhlin and Karthik Sridharan. Online learning with predictable sequences. In *Conference on Learning Theory*, pp. 993–1019. PMLR, 2013.
  - Corby Rosset, Ching-An Cheng, Arindam Mitra, Michael Santacroce, Ahmed Awadallah, and Tengyang Xie. Direct nash optimization: Teaching language models to self-improve with general preferences. *arXiv preprint arXiv:2404.03715*, 2024.
  - Lior Shani, Aviv Rosenberg, Asaf Cassel, Oran Lang, Daniele Calandriello, Avital Zipori, Hila Noga, Orgad Keller, Bilal Piot, Idan Szpektor, et al. Multi-turn reinforcement learning from preference human feedback. *arXiv preprint arXiv:2405.14655*, 2024.
  - Lloyd S Shapley. Stochastic games. *Proceedings of the national academy of sciences*, 39(10): 1095–1100, 1953.
  - Nisan Stiennon, Long Ouyang, Jeffrey Wu, Daniel Ziegler, Ryan Lowe, Chelsea Voss, Alec Radford, Dario Amodei, and Paul F Christiano. Learning to summarize with human feedback. *Advances in Neural Information Processing Systems*, 33:3008–3021, 2020.
  - Gokul Swamy, Christoph Dann, Rahul Kidambi, Steven Wu, and Alekh Agarwal. A minimaximalist approach to reinforcement learning from human feedback. In *Forty-first International Conference on Machine Learning*, 2024.
  - Yunhao Tang, Zhaohan Daniel Guo, Zeyu Zheng, Daniele Calandriello, Rémi Munos, Mark Rowland, Pierre Harvey Richemond, Michal Valko, Bernardo Ávila Pires, and Bilal Piot. Generalized preference optimization: A unified approach to offline alignment. *arXiv preprint arXiv:2402.05749*, 2024.
  - Gemini Team, Rohan Anil, Sebastian Borgeaud, Yonghui Wu, Jean-Baptiste Alayrac, Jiahui Yu, Radu Soricut, Johan Schalkwyk, Andrew M Dai, Anja Hauth, et al. Gemini: a family of highly capable multimodal models. *arXiv preprint arXiv:2312.11805*, 2023.
  - Amos Tversky. Intransitivity of preferences. *Psychological review*, 76(1):31, 1969.
  - Luca Viano, Angeliki Kamoutsi, Gergely Neu, Igor Krawczuk, and Volkan Cevher. Proximal point imitation learning. *Advances in Neural Information Processing Systems*, 35:24309–24326, 2022.
  - Yuanhao Wang, Qinghua Liu, and Chi Jin. Is rlhf more difficult than standard rl? a theoretical perspective. *Advances in Neural Information Processing Systems*, 2023.
  - Manfred K Warmuth, Arun K Jagota, et al. Continuous and discrete-time nonlinear gradient descent: Relative loss bounds and convergence. In *Electronic proceedings of the 5th International Symposium on Artificial Intelligence and Mathematics*, volume 326. Citeseer, 1997.

- Chen-Yu Wei, Chung-Wei Lee, Mengxiao Zhang, and Haipeng Luo. Last-iterate convergence of decentralized optimistic gradient descent/ascent in infinite-horizon competitive markov games. In *Conference on Learning Theory*, pp. 4259–4299. PMLR, 2021.
  Yue Wu, Zhiqing Sun, Huizhuo Yuan, Kaixuan Ji, Yiming Yang, and Quanquan Gu. Self-play preference optimization for language model alignment. *arXiv preprint arXiv:2405.00675*, 2024.
- Yuheng Zhang, Dian Yu, Baolin Peng, Linfeng Song, Ye Tian, Mingyue Huo, Nan Jiang, Haitao Mi, and Dong Yu. Iterative nash policy optimization: Aligning Ilms with general preferences via no-regret learning. *arXiv preprint arXiv:2407.00617*, 2024.
- Brian D Ziebart. Modeling purposeful adaptive behavior with the principle of maximum causal entropy. Carnegie Mellon University, 2010.
- Daniel M Ziegler, Nisan Stiennon, Jeffrey Wu, Tom B Brown, Alec Radford, Dario Amodei, Paul Christiano, and Geoffrey Irving. Fine-tuning language models from human preferences. *arXiv* preprint arXiv:1909.08593, 2019.

# CONTENTS OF THE APPENDIX

The Appendix is organized as follows:

- In Appx. A, we summarize the symbols and notation used in this paper.
- Preliminaries on single-step RLHF can be found in Appx. B.
- In Appx. C, we provide the proofs for the theoretical results.
- Appx. D shows the implementation of Algorithm 3 with updates over policies.
- Appx. E provides an overview of the MT-bench 101 benchmark in the experiment.

#### A SYMBOLS AND NOTATION

We include the core symbols and notation in Tab. 2 to facilitate the understanding of our work.

Table 2: Core symbols and notations used in this paper.

Symbol	Dimension(s) & range	Definition				
$x_h$	-	Prompt at step h				
$a_h$	-	Answer (action) at step $h$				
$s_h$	-	State at step h				
$s_1(s_h)$	-	The only initial state that can lead to $s_h$				
$\pi$		Language model (policy)				
$ u_1$		Initial distribution of state $s_1$				
$d_h^{\pi}(s,a)$	[0,1]	Occupancy measure of $\pi$ at stage $h$				
f		Transition function				
$\Pr(s_h = s, a_h = a)$	[0,1]	Joint probability of $s_h = a$ and $a_h = a$				
o	$\{0,1\}$	Preference oracle				
$\mathbb{P}([s,a],[s',a')]$	[0,1]	Winning probability of $[s, a]$ against $[s', a')$				
D(p  q)		KL divergence of two probability distributions $p$ and $q$				
$\mathbb{D}(p\ q)$		Bregman Divergences between two points $q$ and $p$ .				
$\mathcal{D}_t$		Dataset buffet at iteration t				
$\Delta_{\mathcal{X}}$	$[0,1]^{ \mathcal{X} }$	Set of probability distributions over the set $\mathcal{X}$				
$\mathcal{O}$ , $o$ , $\Omega$ and $\Theta$	-	Standard Bachmann–Landau order notation				

We additionally use a compact notation for representing the Bellman flow constraints. We denote by  $E \in \mathbb{R}^{|\mathcal{S}| \times |\mathcal{A}||\mathcal{S}|}$  the matrix such that (Ez)(s,a) = z(s) for all vectors  $z \in \mathbb{R}^{|\mathcal{S}|}$ . Additionally, we denote by F the matrix such that  $(Fz)(s,a) = \sum_{s'} f(s'|s,a)z(s')$  for all vectors  $z \in \mathbb{R}^{|\mathcal{S}|}$ .

# B PRELIMINARY ON SINGLE-STEP RLHF

In this section, we review the earlier methods in single-step RLHF. Classical RLHF methods (Ziegler et al., 2019; Ouyang et al., 2022) assume that the preference oracle can be expressed by an underlying Bradley-Terry (BT) reward model (Bradley & Terry, 1952), i.e.,

$$\mathbb{P}([x_1, a_1] \succ [x_1, a_1']) = \sigma(r(x_1, a_1) - r(x_1, a_1')).$$

Thus, one can first learn a reward model and optimize the policy based on the following KL-constrained RL objective with PPO:

$$\pi^* = \arg\max_{\pi} \mathbb{E}_{x_1 \sim \nu_1, a_1 \sim \pi(\cdot | x_1)} (r(x_1, a_1) - \beta D(\pi(\cdot | x_1) || \pi_{\text{ref}}(\cdot | x_1))),$$

where  $\beta$  is a parameter controlling the deviation from the reference model  $\pi_{ref}$ . Another line of work, e.g., DPO (Rafailov et al., 2023) avoids explicit reward modeling and optimizes the following objective over pair-wise preference data  $(x_1, a_1^w, a_1^l)$ .

$$\pi^{\star} = \arg\max_{\pi} \mathbb{E}_{(x_1, a_1^w, a_1^l) \sim \mathcal{D}} \left[ \log \sigma \left( \beta \log \frac{\pi(a_1^w | x_1)}{\pi_1(a_1^w | x_1)} - \beta \log \frac{\pi(a_1^l | x_1)}{\pi_1(a_1^l | x_1)} \right) \right].$$

More recently, several studies (Swamy et al., 2024; Munos et al., 2024; Wu et al., 2024; Zhang et al., 2024; Rosset et al., 2024) have circumvented the Bradley-Terry (BT) assumption by directly modeling the general oracle  $\mathbb{P}$ , avoiding the reliance on the reward model which is transitive. Specifically, the goal is to identify the Nash equilibrium (or von Neumann winner) of the following two-player constant-sum game:

$$(\pi^*, \pi^*) = \arg\max_{\pi} \min_{\pi'} \mathbb{E}_{x_1 \sim \nu_1, a_1 \sim \pi(\cdot | x_1), a_1' \sim \pi'(\cdot | x_1)} \mathbb{P}([x_1, a_1] \succ [x_1, a_1']).$$

#### C PROOFS

#### C.1 Proof of Lemma 1

*Proof.* By the definition of the state action value function for the policy pair  $(\pi, \pi')$  we have that

$$Q_h^{\pi,\pi'}(s,a,s',a') = r(s,a,s',a') + \mathbb{E}\Big[\sum_{h'=h+1}^{H} r(s_{h'},a_{h'},s'_{h'},a'_{h'})\Big].$$

Now, using tower property of the expectation we have that

$$\begin{aligned} &Q_{h}^{\pi,\pi'}(s,a,s',a') \\ &= r(s,a,s',a') + \mathbb{E}_{s'' \sim f(\cdot|s,a),\bar{s} \sim f(\cdot|s',a')} \Big[ \mathbb{E} \Big[ \sum_{h'=h+1}^{H} r(s_{h'},a_{h'},s'_{h'},a'_{h'}) | s_{h+1} = s'', s'_{h+1} = \bar{s} \Big] \Big] \\ &= r(s,a,s',a') + \mathbb{E}_{s'' \sim f(\cdot|s,a),\bar{s} \sim f(\cdot|s',a')} \Big[ V^{\pi,\pi'}(s'',\bar{s}) \Big], \end{aligned}$$

where the last equality follows from the definition of the state value function.  $\Box$ 

#### C.2 PROOF OF LEMMA 2

*Proof.* Let us consider the Bellman equation in vectorial form for the policy pair  $(\pi', \bar{\pi})$ , that is

$$r_h + FV_{h+1}^{\pi',\bar{\pi}} = Q_h^{\pi',\bar{\pi}},$$

where F denoted the transition matrix induced by the transition function  $f: \mathcal{S} \times \mathcal{A} \to \Delta_{\mathcal{S}}$  Now, multiplying by the occupancy measure of the policy pair  $(\pi, \bar{\pi})$  at stage h we obtain

$$\left\langle d_h^{\pi,\bar{\pi}}, r_h \right\rangle + \left\langle d_h^{\pi,\bar{\pi}}, FV_{h+1}^{\pi',\bar{\pi}} \right\rangle = \left\langle d_h^{\pi,\bar{\pi}}, Q_h^{\pi',\bar{\pi}} \right\rangle.$$

At this point, using the Bellman flow constraints Puterman (1994), it holds that

$$F^T d_h^{\pi,\bar{\pi}} = E^T d_{h+1}^{\pi,\bar{\pi}},$$

where  $E \in \mathbb{R}^{|\mathcal{S}||\mathcal{A}|\times|\mathcal{S}|}$  such that  $(E^Tv)(s,a) = v(s)$  for all  $v \in \mathbb{R}^{|\mathcal{S}|}$ . Plugging this equality in the Bellman equation above we obtain

$$\left\langle d_h^{\pi,\bar{\pi}}, r_h \right\rangle + \left\langle d_{h+1}^{\pi,\bar{\pi}}, EV_{h+1}^{\pi',\bar{\pi}} \right\rangle = \left\langle d_h^{\pi,\bar{\pi}}, Q_h^{\pi',\bar{\pi}} \right\rangle.$$

Now, subtracting on both sides  $\left\langle d_h^{\pi,\bar{\pi}}, EV_h^{\pi',\bar{\pi}} \right\rangle$  and rearranging, it holds that

$$\left\langle d_h^{\pi,\bar{\pi}},r_h\right\rangle + \left\langle d_{h+1}^{\pi,\bar{\pi}},EV_{h+1}^{\pi',\bar{\pi}}\right\rangle - \left\langle d_h^{\pi,\bar{\pi}},EV_h^{\pi',\bar{\pi}}\right\rangle = \left\langle d_h^{\pi,\bar{\pi}},Q_h^{\pi',\bar{\pi}}-EV_h^{\pi',\bar{\pi}}\right\rangle.$$

After this, taking sum from h=1 to H and recognizing that for all policy pairs  $(\pi,\pi')$  it holds that  $V_{H+1}^{\pi,\pi'}=0$ , it holds that

$$\sum_{h=1}^{H} \left\langle d_h^{\pi,\bar{\pi}}, r_h \right\rangle - \left\langle d_1^{\pi,\bar{\pi}}, EV_1^{\pi',\bar{\pi}} \right\rangle = \sum_{h=1}^{H} \left\langle d_h^{\pi,\bar{\pi}}, Q_h^{\pi',\bar{\pi}} - EV_h^{\pi',\bar{\pi}} \right\rangle.$$

Then, notice that for all policies  $\pi, \bar{\pi}$  it holds that  $d_1^{\pi, \bar{\pi}} = \nu_1$  and that  $\sum_{h=1}^H \left\langle d_h^{\pi, \bar{\pi}}, r_h \right\rangle = \left\langle \nu_1, V^{\pi, \bar{\pi}} \right\rangle$ . Plugging in these observations, we get

$$\left\langle \nu_1, V^{\pi, \bar{\pi}} - V^{\pi', \bar{\pi}} \right\rangle = \sum_{h=1}^{H} \left\langle d_h^{\pi, \bar{\pi}}, Q_h^{\pi', \bar{\pi}} - EV_h^{\pi', \bar{\pi}} \right\rangle.$$

Therefore, expanding the expectation, and noticing that  $d_h^{\pi,\bar{\pi}}(s,a,s',a'|s_1) = d_h^{\pi}(s,a|s_1)d_h^{\bar{\pi}}(s',a'|s_1)$  for all h,s,a,s',a' and conditioning  $s_1$ , we get that

$$\left\langle \nu_1, V^{\pi, \bar{\pi}} - V^{\pi', \bar{\pi}} \right\rangle$$

$$= \mathbb{E}_{s_1 \sim \nu_1} \sum_{h=1}^{H} \mathbb{E}_{s \sim d_h^{\pi} \mid s_1} \left[ \left\langle \mathbb{E}_{s', a' \sim d_h^{\bar{\pi}} \mid s_1} Q_h^{\pi', \bar{\pi}}(s, \cdot, s', a'), \pi_h(\cdot \mid s, s_1) - \pi'_h(\cdot \mid s, s_1) \right\rangle \right].$$

# C.3 PROOF OF THM. 4

*Proof.* We set  $\bar{\pi}_h^T(a_h|s_h) = \frac{\sum_{t=1}^T d_h^{\pi^t}(s_h, a_h)}{\sum_{t=1}^T d_h^{\pi^t}(s_h)}$ , where d(s) is the marginal distribution of d(s, a) on state s, and  $\bar{\pi}^T = (\bar{\pi}_h^T)_{h=1}^H$ . We shows that  $d_h^{\bar{\pi}^T} = \frac{1}{T} \sum_{t=1}^T d_h^{\pi^t}$  by induction. h = 1 holds by definition. Assuming on step h, the equation holds, we have

$$\begin{split} d_{h+1}^{\overline{\pi}^T}(s_{h+1}, a_{h+1}) &= d_{h+1}^{\overline{\pi}^T}(s_{h+1}) \overline{\pi}_{h+1}^T(a_{h+1}|s_{h+1}) \\ &= \sum_{s_h, a_h \sim \overline{\pi}_h^T(\cdot|s_h)} d_h^{\overline{\pi}^T}(s_h, a_h) f(s_{h+1}|s_h, a_h) \overline{\pi}_{h+1}^T(a_{h+1}|s_{h+1}) \\ &= \sum_{s_h, a_h \sim \overline{\pi}_h^T(\cdot|s_h)} \frac{1}{T} \sum_{t=1}^T d_h^{\pi^t}(s_h, a_h) f(s_{h+1}|s_h, a_h) \overline{\pi}_{h+1}^T(a_{h+1}|s_{h+1}) \\ &= \frac{1}{T} \sum_{t=1}^T d_{h+1}^{\pi^t}(s_{h+1}) \overline{\pi}_{h+1}^T(a_{h+1}|s_{h+1}) \\ &= \frac{1}{T} \sum_{t=1}^T d_{h+1}^{\pi^t}(s_{h+1}, a_{h+1}), \end{split}$$

where the last equation holds by definition of  $\bar{\pi}_{h+1}^T$ . Therefore, h+1 holds, and the  $\bar{\pi}^T$  satisfy all equations for  $h \in [H]$ .

Using the value difference Lemma 2 we have that for any  $\pi^* \in \Pi$ 

$$\left\langle \nu_1, V^{\pi^\star, \pi^t} - V^{\pi^t, \pi^t} \right\rangle$$

$$= \mathbb{E}_{s_1 \sim \nu_1} \sum_{h=1}^H \mathbb{E}_{s \sim d_h^{\pi^\star} \mid s_1} \left[ \left\langle \mathbb{E}_{s', a' \sim d_h^{\pi^t} \mid s_1} Q_h^{\pi^t, \pi^t} (s, \cdot, s', a'), \pi_h^\star(\cdot \mid s) - \pi_h^t(\cdot \mid s) \right\rangle \right].$$

Therefore, summing over t from t=1 to T we obtain

$$\sum_{t=1}^{T} \left\langle \nu_{1}, V^{\pi^{\star}, \pi^{t}} - V^{\pi^{t}, \pi^{t}} \right\rangle \\
= \mathbb{E}_{s_{1} \sim \nu_{1}} \sum_{h=1}^{H} \mathbb{E}_{s \sim d_{h}^{\pi^{\star}} \mid s_{1}} \left[ \sum_{t=1}^{T} \left\langle \mathbb{E}_{s', a' \sim d_{h}^{\pi^{t}} \mid s_{1}} Q_{h}^{\pi^{t}, \pi^{t}} (s, \cdot, s', a'), \pi_{h}^{\star}(\cdot \mid s) - \pi_{h}^{t}(\cdot \mid s) \right\rangle \right].$$

Therefore, we need to control the local regrets at each state s with loss  $\ell_h^t(s,s_1):=\mathbb{E}_{s',a'\sim d_h^{\pi^t}|s_1}Q_h^{\pi^t,\pi^t}(s,\cdot,s',a')$ . To this end, we can invoke a standard convergence result for online mirror descent (Orabona, 2023, Theorem 6.10) we obtain that at each state we have

$$\sum_{t=1}^{T} \left\langle \ell_h^t(s, s_1), \pi^{\star}(\cdot|s) - \pi^t(\cdot|s) \right\rangle \leq \frac{D(\pi^{\star}(\cdot|s), \pi^1(\cdot|s))}{\beta} + \beta \sum_{t=1}^{T} \left\| \ell_h^t(s, s_1) \right\|_{\infty}^2.$$

Now, noticing that we have  $\|\ell_h^t(s,s_1)\|_{\infty} \leq H$  it holds that

$$\sum_{t=1}^{T} \left\langle \ell_h^t(s), \pi_h^{\star}(\cdot|s) - \pi_h^t(\cdot|s) \right\rangle \leq \frac{D(\pi_h^{\star}(\cdot|s), \pi_h^1(\cdot|s))}{\beta} + \beta T H^2.$$

Finally, using the assumption that  $\pi^1(a|s) \geq \underline{\pi}$  for all  $s, a \in \mathcal{S} \times \mathcal{A}$  it holds that  $D(\pi^*(\cdot|s), \pi^1(\cdot|s)) \leq \log \underline{\pi}^{-1}$ . Therefore, choosing  $\beta = \sqrt{\frac{\log \underline{\pi}^{-1}}{TH^2}}$  it holds that

$$\sum_{t=1}^{T} \left\langle \ell_h^t(s, s_1), \pi^{\star}(\cdot | s) - \pi^t(\cdot | s) \right\rangle \le 2H\sqrt{T \log \underline{\pi}^{-1}}.$$

Thus, we conclude that

$$\sum_{t=1}^{T} \left\langle \nu_1, V^{\pi^*, \pi^t} - V^{\pi^t, \pi^t} \right\rangle \le 2H^2 \sqrt{T \log \underline{\pi}^{-1}}.$$

By the antisimmetry of the game, the same proof steps

$$\sum_{t=1}^{T} \left\langle \nu_1, V^{\pi^t, \pi^t} - V^{\pi^t, \bar{\pi}^*} \right\rangle \le 2H^2 \sqrt{T \log \underline{\pi}^{-1}}.$$

Therefore, it holds that for all  $\pi^*, \bar{\pi}^* \in \Pi$ 

$$\sum_{t=1}^{T} \left\langle \nu_1, V^{\pi^*, \pi^t} - V^{\pi^t, \pi^*} \right\rangle \le 4H^2 \sqrt{T \log \underline{\pi}^{-1}}.$$

Then, define  $\bar{\pi}^T$  the trajectory level mixture policy as in Swamy et al. (2024), i.e. such that  $d_h^{\bar{\pi}^T} = \frac{1}{T} \sum_{t=1}^T d_h^{\pi^t}$  for all stages  $h \in [H]$ . This implies that  $V^{\bar{\pi}^T,\pi^\star} = \frac{1}{T} \sum_{t=1}^T V^{\pi^t,\pi^\star}$ , and  $V^{\pi^\star,\bar{\pi}^T} = \frac{1}{T} \sum_{t=1}^T V^{\pi^\star,\pi_t}$ .

Therefore, we have that

$$\left\langle \nu_1, V^{\pi^{\star}, \bar{\pi}^T} - V^{\bar{\pi}^T, \bar{\pi}^{\star}} \right\rangle \le 4H^2 \sqrt{\frac{\log \underline{\pi}^{-1}}{T}}.$$

Finally, selecting  $\pi^{\star} = \left\langle \nu_{1}, \arg \max_{\pi \in \Pi} V^{\pi, \bar{\pi}^{T}} \right\rangle$  and  $\bar{\pi}^{\star} = \left\langle \nu_{1}, \arg \min_{\pi \in \Pi} V^{\bar{\pi}^{T}, \pi} \right\rangle$ , we obtain that

$$\max_{\pi \in \Pi} \left\langle \nu_1, V^{\pi, \bar{\pi}^T} \right\rangle - \min_{\pi \in \Pi} \left\langle \nu_1, V^{\bar{\pi}^T, \pi} \right\rangle \le 4H^2 \sqrt{\frac{\log \underline{\pi}^{-1}}{T}}.$$

This implies that

$$\left\langle \nu_1, V^{\bar{\pi}^T, \bar{\pi}^T} \right\rangle - \min_{\pi \in \Pi} \left\langle \nu_1, V^{\bar{\pi}^T, \pi} \right\rangle \le 4H^2 \sqrt{\frac{\log \underline{\pi}^{-1}}{T}},$$

and

$$\max_{\pi \in \Pi} \left\langle \nu_1, V^{\pi, \bar{\pi}^T} \right\rangle - \left\langle \nu_1, V^{\bar{\pi}^T, \bar{\pi}^T} \right\rangle \le 4H^2 \sqrt{\frac{\log \pi^{-1}}{T}},$$

Therefore, setting  $T=\frac{16H^4\log\pi^{-1}}{\epsilon^2}$  we obtain an  $\epsilon$ -approximate Nash equilibrium.

#### C.4 Proof of Theorem 5

*Proof.* The optimization problem

$$\underset{d \in \tilde{\mathcal{F}}}{\arg \max} \min_{d' \in \tilde{\mathcal{F}}} \mathbb{E}_{s_1 \sim \nu_1} \sum_{h=1}^{H} \sum_{s, a, s', a'} d_h(s, a|s_1) r(s, a, s', a') d'_h(s', a'|s_1)$$

can be carried out individually over possible initial states. That is for each  $s_1 \in \operatorname{supp}(\nu_1)$  we aim at solving

$$\underset{d \in \mathcal{F}_{s_1}}{\arg\max} \min_{d' \in \mathcal{F}_{s_1}} \sum_{h=1}^{H} \sum_{s,a,s',a'} d_h(s,a|s_1) r(s,a,s',a') d'_h(s',a'|s_1)$$

To this end for any  $s_1$ , we consider  $\phi_h^t \in \mathcal{F}$  and  $\psi_h^t \in \mathcal{F}$  which are generated by the following updates

$$\phi_h^{t+1} = \operatorname*{arg\,max}_{\phi \in \mathcal{F}_{s_1}} \beta \left\langle \phi, 2\mathbb{E}_{s',a' \sim \psi^t} r_h(\cdot,\cdot,s',a') - \mathbb{E}_{s',a' \sim \psi^{t-1}} r(\cdot,\cdot,s',a') \right\rangle - \mathbb{D}(\phi,\phi_h^t),$$

and

$$\psi_h^{t+1} = \operatorname*{arg\,min}_{\psi \in \mathcal{F}_{s_1}} \beta \left\langle \psi, 2\mathbb{E}_{s', a' \sim \phi^t} r_h(s', a', \cdot, \cdot) - \mathbb{E}_{s', a' \sim \phi^{t-1}} r(s', a', \cdot, \cdot) \right\rangle + \mathbb{D}(\psi, \psi_h^t),$$

In order to prove convergence to an  $\epsilon$ -approximate Nash equilibrium, we need to control the quantity

$$\operatorname{Gap}_{s_1} = \frac{1}{T} \sum_{h=1}^{H} \sum_{t=1}^{T} \left\langle \theta_h^t, \phi_h^t - \phi_h^\star \right\rangle + \frac{1}{T} \sum_{h=1}^{H} \sum_{t=1}^{T} \left\langle \zeta_h^t, \psi_h^t - \psi_h^\star \right\rangle,$$

for  $\theta_h^t(s,a) = \sum_{s',a'} \psi_h^t(s',a') r_h(s,a,s',a')$  and  $\zeta_h^t(s,a') = -\sum_{s,a} \phi_h^t(s,a) r_h(s,a,s',a')$ . At this point, we bound the local regret term with the <code>OMPO</code> update. We have that for any  $\phi \in \mathcal{F}$ 

$$\begin{split} \beta \left\langle 2\theta_h^t - \theta_h^{t-1}, \phi_h^t - \phi_h^{t+1} \right\rangle &= \beta \left\langle \theta_h^t - \theta_h^{t+1}, \phi_h - \phi_h^{t+1} \right\rangle \\ &+ \beta \left\langle \theta_h^t + \theta_h^{t+1} - \theta_h^{t-1}, \phi_h - \phi_h^{t+1} \right\rangle \\ &= \beta \left\langle \theta_h^t - \theta_h^{t+1}, \phi_h - \phi_h^{t+1} \right\rangle \\ &+ \beta \left\langle \theta_h^t - \theta_h^{t-1}, \phi_h - \phi_h^t \right\rangle \\ &+ \beta \left\langle \theta_h^t - \theta_h^{t-1}, \phi_h^t - \phi_h^{t+1} \right\rangle \\ &+ \beta \left\langle \theta_h^t - \theta_h^{t-1}, \phi_h^t - \phi_h^{t+1} \right\rangle . \end{split}$$

At this point, we work on the third summand above

$$\beta \left\langle \theta_h^t - \theta_h^{t-1}, \phi_h^t - \phi_h^{t+1} \right\rangle \le \beta^2 \lambda \|\theta_h^t - \theta_h^{t-1}\|_{\infty}^2 + \frac{1}{4\lambda} \|\phi_h^t - \phi_h^{t+1}\|_1^2.$$

In addition, we have that  $\|\theta_h^t - \theta_h^{t-1}\|_{\infty} \leq \|\psi_h^t - \psi_h^{t-1}\|_1$  and we can apply the  $1/\lambda$  strong convexity of  $\mathbb D$ , we obtain

$$\beta \left\langle \theta_h^t - \theta_h^{t-1}, \phi_h^t - \phi_h^{t+1} \right\rangle \le \lambda \beta^2 \|\psi_h^t - \psi_h^{t-1}\|_1^2 + \frac{1}{2} \mathbb{D}(\phi_h^{t+1}, \phi_h^t).$$

On the other hand, by the three point identity we have that for all  $\phi \in \mathcal{F}$ 

$$\mathbb{D}(\phi_h, \phi_h^{t+1}) = \mathbb{D}(\phi_h, \phi_h^t) - \mathbb{D}(\phi_h^{t+1}, \phi_h^t) + \left\langle \nabla \mathbb{D}(\phi_h^{t+1}, \phi_h^t), \phi_h^{t+1} - \phi_h \right\rangle$$

Then, using the property of the update rule, we obtain that

$$\left\langle \nabla \mathbb{D}(\phi_h^{t+1}, \phi_h^t), \phi_h^{t+1} - \phi_h \right\rangle \leq \beta \left\langle 2\theta_h^t - \theta_h^{t-1}, \phi_h - \phi_h^{t+1} \right\rangle.$$

Putting all the pieces together we have that

$$\begin{split} \mathbb{D}(\phi_{h}, \phi_{h}^{t+1}) &\leq \mathbb{D}(\phi_{h}, \phi_{h}^{t}) - \mathbb{D}(\phi_{h}^{t+1}, \phi_{h}^{t}) + \beta \left\langle 2\theta_{h}^{t} - \theta_{h}^{t-1}, \phi_{h} - \phi_{h}^{t+1}(\cdot|s) \right\rangle \\ &\leq \mathbb{D}(\phi_{h}, \phi_{h}^{t}) - \mathbb{D}(\phi_{h}^{t+1}, \phi_{h}^{t}) \\ &+ \beta \left\langle \theta_{h}^{t} - \theta_{h}^{t+1}, \phi_{h} - \phi_{h}^{t+1} \right\rangle \\ &+ \beta \left\langle \theta_{h}^{t} - \theta_{h}^{t-1}, \phi_{h} - \phi_{h}^{t} \right\rangle \\ &+ \beta^{2} \|\psi_{h}^{t} - \psi_{h}^{t-1}\|_{1}^{2} + \frac{1}{2} \mathbb{D}(\phi_{h}^{t+1}, \phi_{h}^{t}) \\ &+ \beta \left\langle \theta_{h}^{t+1}, \phi_{h} - \phi_{h}^{t+1} \right\rangle. \end{split}$$

Now, rearranging the terms we get

$$\beta \left\langle \theta_h^{t+1}, \phi_h - \phi_h^{t+1} \right\rangle \leq \mathbb{D}(\phi_h, \phi_h^t) - \mathbb{D}(\phi_h, \phi_h^{t+1}) - \frac{1}{2} \mathbb{D}(\phi_h^{t+1}, \phi_h^t)$$

$$+ \beta \left\langle \theta_h^t - \theta_h^{t+1}, \phi_h - \phi_h^{t+1} \right\rangle$$

$$+ \beta \left\langle \theta_h^t - \theta_h^{t-1}, \phi_h - \phi_h^t \right\rangle$$

$$+ \beta^2 \lambda \|\psi_h^t - \psi_h^{t-1}\|_1^2.$$

Now, denoting  $\Phi_{\phi}^t := \mathbb{D}(\phi_h, \phi_h^t) + \beta \left\langle \theta_h^t - \theta_h^{t-1}, \phi_h - \phi_h^t \right\rangle$  and summing over t we obtain

$$\beta \sum_{t=1}^{T} \left\langle \theta_h^t, \phi_h - \phi_h^t \right\rangle \leq \sum_{t=1}^{T} \Phi_\phi^{t-1} - \Phi_\phi^t - \frac{1}{2} \sum_{t=1}^{T} \mathbb{D}(\phi_h^t, \phi_h^{t-1}) + \beta^2 \lambda \sum_{t=1}^{T} \left\| \psi_h^{t-1} - \psi_h^{t-2} \right\|_1^2.$$

Similarly we get

$$\beta \sum_{t=1}^{T} \left\langle \zeta^t(s,\cdot), \psi_h^t - \psi_h^t \right\rangle \leq \sum_{t=1}^{T} \Phi_\psi^{t-1} - \Phi_\psi^t - \frac{1}{2} \sum_{t=1}^{T} \mathbb{D}(\psi_h^t, \psi_h^{t-1}) + \beta^2 \lambda \sum_{t=1}^{T} \|\phi_h^{t-1} - \psi_h^{t-2}\|_1^2.$$

Now, using  $1/\lambda$  strong convexity of  $\mathbb D$  and summing the two terms we have that

$$\beta T \operatorname{Gap}_{s_1,h} \le \Phi^0 - \Phi^{T-1} - \frac{1}{2} \sum_{t=1}^{T} (\mathbb{D}(\psi_h^t, \psi_h^{t-1}) + \mathbb{D}(\phi_h^t, \phi_h^{t-1})) + 2\beta^2 \lambda \sum_{t=1}^{T} (\mathbb{D}(\psi_h^{t-1}, \psi_h^{t-2}) + \mathbb{D}(\phi_h^{t-1}, \phi_h^{t-2})),$$

with  $\Phi^t=\Phi^t_\phi+\Phi^t_\psi.$  At this point, setting  $\beta\leq \frac{1}{\sqrt{2\lambda}},$  we obtain a telescopic sum

$$\beta T \operatorname{Gap}_{s_1,h}$$

$$\leq \Phi^{0} - \Phi^{T-1} - \frac{1}{2} \sum_{t=1}^{T} (\mathbb{D}(\psi_{h}^{t}, \psi_{h}^{t-1}) + \mathbb{D}(\phi_{h}^{t}, \phi_{h}^{t-1}) - \mathbb{D}(\psi_{h}^{t-1}, \psi_{h}^{t-2}) - \mathbb{D}(\phi_{h}^{t-1}, \phi_{h}^{t-2}))$$

$$\leq \Phi^{0} - \Phi^{T-1} + \frac{1}{2} \left( \mathbb{D}(\psi_{h}^{1}, \psi_{h}^{0}) + \mathbb{D}(\phi_{h}^{1}, \phi_{h}^{0}) \right).$$

Now recalling that by assumption the occupancy measure of the reference policy is lower bounded, i.e.  $d^{\pi^1} \geq \underline{d}$ , we can upper bound  $\Phi^0 - \Phi^T \leq 2\log\underline{d}^{-1} + 8\beta$  that allows to conclude that for all  $n \in [N]$  and setting  $\psi_h^0 = \psi_h^1$  and  $\phi_h^1 = \phi_h^0$ ,

$$\operatorname{Gap}_{s_1,h} \le \frac{2\log \underline{d}^{-1} + 8\beta}{\beta T} \le \frac{10\log \underline{d}^{-1}}{\beta T}.$$

Now, notice that Gap can be rewritten as

1062
1063
1064
1065
1066
1067
$$= \frac{1}{T} \sum_{h=1}^{T} \sum_{h=1}^{H} \sum_{s,a,s',a'} \psi_h^{\star}(s',a') r_h(s,a,s',a') \phi_h^{t}(s,a)$$
1068
1069
1070
$$- \frac{1}{T} \sum_{t=1}^{T} \sum_{h=1}^{H} \sum_{s,a,s',a'} \psi_h^{t}(s',a') r_h(s,a,s',a') \phi_h^{\star}(s,a)$$
1071
1072
$$= \sum_{h=1}^{H} \sum_{s,a,s',a'} \psi_h^{\star}(s',a') r_h(s,a,s',a') \frac{1}{T} \sum_{t=1}^{T} \phi_h^{t}(s,a)$$
1074
1075
1076
$$- \sum_{h=1}^{H} \sum_{s,a,s',a'} \frac{1}{T} \sum_{t=1}^{T} \psi_h^{t}(s',a') r_h(s,a,s',a') \phi_h^{\star}(s,a)$$
1077
1078
$$= \sum_{h=1}^{H} \sum_{s,a,s',a'} \psi_h^{\star}(s',a') r_h(s,a,s',a') \bar{\phi}_h(s,a) - \sum_{h=1}^{H} \sum_{s,a,s',a'} \bar{\psi}_h(s',a') r_h(s,a,s',a') \phi_h^{\star}(s,a).$$

At this point, let us define  $\pi_\phi^{\mathrm{out}}(a|s) = \frac{\bar{\phi}(s,a)}{\sum_a \bar{\phi}(s,a)}$  and  $\pi_\psi^{\mathrm{out}}(a|s) = \frac{\bar{\psi}(s,a)}{\sum_a \bar{\psi}(s,a)}$ . For such policies and by appropriate choice for  $\psi^\star$  and  $\phi^\star$  it follows that

$$\operatorname{Gap}_{s_1} = \max_{\psi} V^{\pi_{\phi}^{\text{out}}, \psi}(s_1) - \min_{\phi} V^{\phi, \pi_{\psi}^{\text{out}}}(s_1).$$

By the bound on  $\operatorname{Gap}_{s_1}$  for each  $s_1 \in \operatorname{supp}(\nu_1)$ , it follows that

$$\left\langle \nu_1, \max_{\psi} V^{\pi^{\mathrm{out}}_{\phi}, \psi} - \min_{\phi} V^{\phi, \pi^{\mathrm{out}}_{\psi}} \right\rangle = \mathbb{E}_{s_1 \sim \nu_1} \mathrm{Gap}_{s_1} \leq \frac{10 H \log \underline{d}^{-1}}{\beta T},$$

therefore  $T \geq \frac{10H \log \underline{d}^{-1}}{\beta \epsilon}$ . The proof is concluded invoking Thm. 6 that ensures that the policies  $\pi_{\psi}^{\text{out}}$  and  $\pi_{\phi}^{\text{out}}$  coincide.

#### C.5 Proof of Theorem 6

*Proof.* Let us consider two players performing the following updates

$$\phi_h^{t+1} = \operatorname*{arg\,max}_{\phi \in \mathcal{F}_{s_1}} \beta \left\langle \phi, 2\mathbb{E}_{s',a' \sim \psi^t} r_h(\cdot, \cdot, s', a') - \mathbb{E}_{s',a' \sim \psi^{t-1}} r_h(\cdot, \cdot, s', a') \right\rangle - \mathbb{D}(\phi, \phi_h^t),$$

and

$$\psi_h^{t+1} = \operatorname*{arg\,min}_{\psi \in \mathcal{F}_{s_1}} \beta \left\langle \psi, 2\mathbb{E}_{s',a' \sim \phi^t} r_h(s',a',\cdot,\cdot) - \mathbb{E}_{s',a' \sim \phi^{t-1}} r_h(s',a',\cdot,\cdot) \right\rangle + \mathbb{D}(\psi,\psi_h^t).$$

The goal is to proof that the iterates generated by the two updates are identical. We will prove this fact by induction. The base case holds by initialization which gives  $\phi_h^0 = \psi_h^0$  for all  $h \in [H]$ . Then, let us assume by the induction step that  $\psi_h^t = \phi_h^t$  for all  $h \in [H]$ , then

$$\begin{aligned} \phi_{h}^{t+1} &= \underset{\phi \in \mathcal{F}_{s_{1}}}{\arg \max} \beta \left\langle \phi, 2\mathbb{E}_{s', a' \sim \psi^{t}} r_{h}(\cdot, \cdot, s', a') - \mathbb{E}_{s', a' \sim \psi^{t-1}} r_{h}(\cdot, \cdot, s', a') \right\rangle - \mathbb{D}(\phi, \phi_{h}^{t}) \\ &= \underset{\phi \in \mathcal{F}_{s_{1}}}{\arg \max} \beta \left\langle \phi, -2\mathbb{E}_{s', a' \sim \psi^{t}} r_{h}(s', a', \cdot, \cdot) + \mathbb{E}_{s', a' \sim \psi^{t-1}} r_{h}(s', a', \cdot, \cdot) \right\rangle - \mathbb{D}(\phi, \phi_{h}^{t}) + \beta \left\langle \phi, \mathbf{1} \right\rangle \end{aligned}$$

(Antisymmetric Reward)

$$= \underset{\phi \in \mathcal{F}_{s}}{\arg \max} \beta \left\langle \phi, -2\mathbb{E}_{s', a' \sim \psi^t} r_h(s', a', \cdot, \cdot) + \mathbb{E}_{s', a' \sim \psi^{t-1}} r_h(s', a', \cdot, \cdot) \right\rangle - \mathbb{D}(\phi, \phi_h^t) + \beta$$

(Normalization of  $\phi$ )

$$= \arg\max_{\phi \in \mathcal{F}_{s_1}} \beta \left\langle \phi, -2\mathbb{E}_{s',a' \sim \psi^t} r_h(s',a',\cdot,\cdot) + \mathbb{E}_{s',a' \sim \psi^{t-1}} r_h(s',a',\cdot,\cdot) \right\rangle - \mathbb{D}(\phi,\phi_h^t)$$

 $(\beta \text{ does not depend on } \phi)$ 

$$= \arg\max_{\phi \in \mathcal{F}_{*}} \beta \left\langle \phi, -2\mathbb{E}_{s',a' \sim \phi^{t}} r_{h}(s',a',\cdot,\cdot) + \mathbb{E}_{s',a' \sim \phi^{t-1}} r_{h}(s',a',\cdot,\cdot) \right\rangle - \mathbb{D}(\phi,\psi_{h}^{t})$$

(Inductive Hypothesis)

$$= \underset{\phi \in \mathcal{F}_{s_i}}{\arg\min} \beta \left\langle \psi, 2\mathbb{E}_{s',a' \sim \phi^t} r_h(s',a',\cdot,\cdot) - \mathbb{E}_{s',a' \sim \phi^{t-1}} r_h(s',a',\cdot,\cdot) \right\rangle + \mathbb{D}(\psi,\psi_h^t)$$

(Renaming the optimization variable and  $\arg\max f(x) = \arg\min - f(x))$ 

$$=\psi_h^{t+1}.$$

#### D IMPLEMENTATION OF ALGORITHM 3 WITH UPDATES OVER POLICIES.

In this section, we explain how the update in Algorithm 3 for different choices of  $\mathbb D$ . In both cases, we will derive an update that can be summarized by following template. Let us define  $r_h^t(s,a) = \mathbb E_{s',a'\sim d_*^t} r(s,a,s',a')$  and  $r_h^{t-1}(s,a) = \mathbb E_{s',a'\sim d_*^{t-1}} r(s,a,s',a')$ 

- Compute the  $Q_h^t$  function corresponding to the reward function  $2r_h^t r_h^{t-1}$  minimizing a loss function that depends on the choice of  $\mathbb{D}$ .
- Update the policy as

$$\pi_h^{t+1}(a|s) \propto \pi_h^t(a|s) \exp\left(\beta Q_h^t(s,a)\right).$$

Finally, in Appx. D.3 we show that for  $\mathbb{D}$  being the conditional relative entropy and for  $\beta$  small enough the value function  $Q_h^t$  is well approximated by the standard Bellman equations.

**Remark 6.** Both choices of the Bregman divergence are 1 strongly convex so Thm. 5 applies with  $\lambda = 1$ .

In the following we consider a generic reward function  $\tilde{r}$ . In our setting, we will apply the following results for  $\tilde{r}_h = 2r_h^t - r_h^{t-1}$  in order to implement the updates of Alg. 3 for the different values of h and t.

#### D.1 $\mathbb{D}$ chosen as the sum of conditional and relative entropy

In this section, we explain how to implement the occupancy measure update in Algorithm 3 over policies. We use the machinery for single agent MDPs introduced in Bas-Serrano et al. (2021). In particular, we consider the Bregman divergence given by the sum of the relative entropy  $D(d,d') = \sum_{s,a} d(s,a) \log \left(\frac{d(s,a)}{d'(s,a)}\right)$  and of the conditional relative entropy given, i.e.  $H(d,d') = \sum_{s,a} d(s,a) \log \left(\frac{\pi_d(a|s)}{\pi_{d'}(a|s)}\right)$  with  $\pi_d(a|s) = d(s,a)/\sum_a d(s,a)$ . Under this choice for  $\mathbb{D}$ , the update of Algorithm 3 for particular values of  $h,t,s_1$  corresponds to the solution of the

$$\begin{split} d_h^{t+1} &= \operatorname*{arg\,max}_{d \in \Delta^H} \sum_{h=1}^H \langle d_h, \tilde{r}_h \rangle - \frac{1}{\beta} D(d_h, d_h^t) - \frac{1}{\beta} H(d_h, d_h^t), \\ \text{s.t.} \quad E^T d_h &= F^T d_{h-1} \quad \forall h \in [H]. \end{split} \tag{Update I}$$

**Theorem 7.** The policy  $\pi_h^{t+1}$  with occupancy measure  $d_h^{t+1}$  defined in Eq. (Update I) can be computed as follows

$$\pi_h^{t+1}(a|s) \propto \pi_h^t(a|s) \exp\left(\beta Q_h^t(s,a)\right),$$

where  $Q_h^t$  is the minimizer of the following loss

following optimization program

$$\frac{1}{\beta} \sum_{h=1}^{H} \log \sum_{s,a} \mu_h^t(s,a) \exp\left(\beta (2\tilde{r}_h + PV_{h+1} - Q_h)(s,a)\right) + \langle \nu_1, V_1 \rangle,$$

while  $V_{h+1}^t$  is given by the following closed form.

$$V_{h+1}^{t}(s) = \frac{1}{\beta} \log \sum_{a} \pi_{h}^{t}(a|s) \exp(\beta Q_{h+1}^{t}(s, a)).$$

*Proof.* Let us introduce an auxiliary variable  $\mu_h = d_h$  for all  $h \in [H]$ , then we can rewrite the optimization program as

$$\begin{split} \operatorname*{arg\,max}_{d \in \Delta^H} \max_{\mu \in \Delta^H} \sum_{h=1}^H \left\langle \mu_h, \tilde{r}_h \right\rangle - \frac{1}{\beta} D(\mu_h, \mu_h^t) - \frac{1}{\beta} H(d_h, d_h^t), \\ \text{s.t.} \quad E^T d_h = F^T \mu_{h-1} \quad \forall h \in [H], \\ \text{s.t.} \quad \mu_h = d_h \quad \forall h \in [H]. \end{split}$$

Then, by Lagrangian duality we have that

$$\max_{d \in \Delta^{H}} \max_{\mu \in \Delta^{H}} \min_{Q,V} \sum_{h=1}^{H} \langle \mu_{h}, \tilde{r} \rangle - \frac{1}{\beta} D(\mu_{h}, \mu_{h}^{t}) - \frac{1}{\beta} H(d_{h}, d_{h}^{t})$$

$$+ \langle -E^{T} d_{h} + F^{T} \mu_{h-1}, V_{h} \rangle + \langle Q_{h}, d_{h} - \mu_{h} \rangle$$

$$= \max_{d \in \Delta^{H}} \max_{\mu \in \Delta^{H}} \min_{Q,V} \sum_{h=1}^{H} \langle \mu_{h}, \tilde{r} + FV_{h+1} - Q_{h} \rangle + \langle d_{h}, Q_{h} - EV_{h} \rangle$$

$$- \frac{1}{\beta} D(\mu_{h}, \mu_{h}^{t}) - \frac{1}{\beta} H(d_{h}, d_{h}^{t})$$

$$+ \langle \nu_{1}, V_{1} \rangle = \mathcal{L}^{\star}.$$

Then, by Lagrangian duality, we have that the objective is unchanged by swapping the min and max

$$\begin{split} \mathcal{L}^{\star} &= \min_{Q,V} \max_{d \in \Delta^H} \max_{\mu \in \Delta^H} \sum_{h=1}^{H} \left\langle \mu_h, \tilde{r}_h + FV_{h+1} - Q_h \right\rangle + \left\langle d_h, Q_h - EV_h \right\rangle \\ &- \frac{1}{\beta} D(\mu_h, \mu_h^t) - \frac{1}{\beta} H(d_h, d_h^t) + \left\langle \nu_1, V_1 \right\rangle \,. \end{split}$$

The inner maximization is solved by the following values

$$\mu_h^+(Q, V) \propto \mu_h^t \odot \exp\left(\beta(\tilde{r}_h + FV_{h+1} - Q_h)\right),$$
  
$$\pi_h^+(Q, V; s) \propto \pi_h^t(\cdot|s) \odot \exp\left(\beta(Q_h(s, \cdot) - V_h(s))\right),$$

where  $\odot$  denotes the elementwise product between vectors. Then, replacing these values in the Lagrandian and parameterizing the functions  $V_h$  by the functions  $Q_h$  to ensure normalization of the policy, i.e.  $V_h(s) = \frac{1}{\beta} \log \sum_a \pi_h^t(a|s) \exp(\beta Q_h(s,a))$  we have that

$$\mathcal{L}^{\star} = \min_{Q} \frac{1}{\beta} \sum_{h=1}^{H} \log \sum_{s,a} \mu_h^t(s,a) \exp\left(\beta (\tilde{r}_h + FV_{h+1} - Q_h)(s,a)\right) + \langle \nu_1, V_1 \rangle.$$

Therefore, denoting

$$Q_{h}^{t} = \arg\min_{Q} \frac{1}{\beta} \sum_{h=1}^{H} \log \sum_{s,a} \mu_{h}^{t}(s,a) \exp \left(\beta (\tilde{r}_{h} + FV_{h+1} - Q_{h})(s,a)\right) + \langle \nu_{1}, V_{1} \rangle,$$

and  $V_h^t = \frac{1}{\beta} \log \sum_a \pi_h^t(a|s) \exp(\beta Q_h^t(s,a))$ , we have that the policy  $\pi_h^{t+1}(\cdot|s) = \pi_h^+(Q^t,V^t;s)$  has occupancy measure equal to  $d_h^{t+1}$  for all  $h \in [H]$ . This is because by the constraints of the problem we have that  $d_h^{t+1}$  satisfies the Bellman flow constraints and that the policy  $\pi_h^{t+1}$  satisfies  $\pi_h^{t+1}(a|s) = d_h^t(s,a)/\sum_a d_h^t(s,a)$ .

#### D.2 D CHOSEN AS CONDITIONAL RELATIVE ENTROPY NEU ET AL. (2017)

In this section, we study the update considering  $\mathbb{D}$  chosen as sum of the conditional relative entropy over the stages h' s.t.  $1 \le h' \le h$ , i.e. we study the following update.<sup>6</sup>

$$d^{t+1} = \operatorname*{arg\,max}_{d \in \Delta^H} \sum_{h=1}^H \left( \langle d_h, \tilde{r}_h \rangle - \frac{1}{\beta} \sum_{h'=1}^h H(d_{h'}, d_{h'}^t) \right),$$
s.t. 
$$E^T d_h = F^T d_{h-1} \quad \forall h \in [H].$$
 (6)

The sum over previous stages is taken to ensure 1-strong convexity. Indeed, it holds that  $\sum_{h'=1}^h H(d_{h'}, d'_{h'}) \ge D(d_h, d'_h) \ge \frac{1}{2} \|d_h - d'_h\|_1^2$ . The first inequality is proven in (Neu & Olkhovskaya, 2021, Lemma 7).

 **Theorem 8.** The policy  $\pi_h^{t+1}$  with occupancy measure  $d_h^{t+1}$  defined in Eq. (6) can be computed as follows

$$\pi_h^{t+1}(a|s) \propto \pi_h^t(a|s) \exp\left(\frac{\beta}{H-h+1}(Q_h^t(s,a))\right),$$

where  $Q_h^t$  and  $V_{h+1}^t$  satisfies the following recursion

$$\begin{split} Q_h^t &= \tilde{r}_h + FV_{h+1}^t \\ V_{h+1}^t(s) &= \frac{H-h+1}{\beta} \log \sum_{s} \pi_h^t(a|s) \exp\left(\frac{\beta}{H-h+1} Q_{h+1}^t(s,a)\right). \end{split}$$

**Remark 7.** The above recurrencies are sometimes called soft Bellman equations Ziebart (2010); Fox et al. (2015).

*Proof.* Let us introduce an auxiliary variable  $\mu_h = d_h$  for all  $h \in [H]$ , then we can rewrite the optimization program as

$$\underset{d \in \Delta^{H}}{\operatorname{arg\,max\,max}} \sum_{\mu=1}^{H} \left( \langle \mu_{h}, \tilde{r}_{h} \rangle - \frac{1}{\beta} \sum_{h'=1}^{h} H(d_{h'}, d_{h'}^{t}) \right)$$
s.t. 
$$E^{T} d_{h} = F^{T} \mu_{h-1} \quad \forall h \in [H]$$
s.t. 
$$\mu_{h} = d_{h} \quad \forall h \in [H].$$

Notice that importantly, we do not constraint the variable  $\mu$ . Then, by Lagrangian duality we have that

$$\begin{aligned} \max_{d \in \Delta^H} \max_{\mu} \min_{Q,V} \sum_{h=1}^{H} \langle \mu_h, \tilde{r}_h \rangle - \frac{1}{\beta} \sum_{h'=1}^{h} H(d_{h'}, d_{h'}^t) \\ + \left\langle -E^T d_h + F^T \mu_{h-1}, V_h \right\rangle + \left\langle Q_h, d_h - \mu_h \right\rangle \\ = \max_{d \in \Delta^H} \max_{\mu} \min_{Q,V} \sum_{h=1}^{H} \langle \mu_h, \tilde{r}_h + FV_{h+1} - Q_h \rangle + \left\langle d_h, Q_h - EV_h \right\rangle \\ - \frac{1}{\beta} \sum_{h'=1}^{h} H(d_{h'}, d_{h'}^t) + \left\langle \nu_1, V_1 \right\rangle \\ = \min_{Q,V} \max_{d \in \Delta^H} \max_{\mu} \sum_{h=1}^{H} \langle \mu_h, \tilde{r}_h + FV_{h+1} - Q_h \rangle + \left\langle d_h, Q_h - EV_h \right\rangle \\ - \frac{H - h + 1}{\beta} H(d_h, d_h^t) + \left\langle \nu_1, V_1 \right\rangle = \tilde{\mathcal{L}}^*, \end{aligned}$$

where the last equality holds by Lagrangian duality and by  $\sum_{h=1}^H \sum_{h'=1}^h H(d_{h'}, d_{h'}^t) = \sum_{h=1}^H (H-h+1)H(d_{h'}, d_{h'}^t)$ . Now since  $\mu$  is unconstrained we have that  $\max_{\mu} \sum_{h=1}^H \langle \mu_h, \tilde{r}_h + FV_{h+1} - Q_h \rangle$  is equivalent to impose the constraint  $\tilde{r}_h + FV_{h+1} = Q_h$  for all  $h \in [H]$ . Moreover, as in the proof of Thm. 7 the optimal  $d_h$  needs to satisfies that  $\pi_{d_h}(a|s) = d_h(s,a)/\sum_a d_h(s,a)$  is equal to  $\pi_h^+(Q,V;s) = \pi_h^t(\cdot|s) \odot \exp\left(\frac{\beta}{H-h+1}(Q_h(s,\cdot)-V_h(s))\right)$  for  $V_h(s) = \frac{H-h+1}{\beta}\log\sum_a \pi_h^t(a|s)\exp(\frac{\beta}{H-h+1}Q_h(s,a))$ . Plugging in, these facts in the expression for  $\tilde{\mathcal{L}}^\star$ , we have that

$$\tilde{\mathcal{L}}^{\star} = \min_{Q} \left\langle \nu_{1}, V_{1} \right\rangle \quad \text{s.t.} \quad \tilde{r}_{h} + FV_{h+1} = Q_{h} \quad \forall h \in [H].$$

Since the above problem as only one feasible point, we have that the solution is the sequence  $Q_h^t$  satisfying the recursion  $\tilde{r}_h + FV_{h+1}^t = Q_h^t$  with  $V_h^t(s) = \frac{H-h+1}{\beta}\log\sum_a \pi_h^t(a|s)\exp(\frac{\beta}{H-h+1}Q_h^t(s,a))$ .

D.3 APPROXIMATING SOFT BELLMAN EQUATIONS BY STANDARD BELLMAN EQUATIONS.

Unfortunately, implementing the update for the V value as in Theorem 7 is often numerically instable. In this section, we show a practical approximation which is easy to implement and shown to be accurate for  $\beta$  sufficiently small.

**Theorem 9.** Let us denote  $\beta_h = \frac{\beta}{H - h + 1}$  and let us assume that the values  $Q_h^t$  generated by the soft Bellman equations in Thm. 8 are uniformly upper bounded by  $Q_{\max}$ , and let us choose  $\beta_h \leq \frac{1}{Q_{\max}}$  for all  $h \in [H]$ . Then, it holds that

$$\left\langle \pi_h^t(\cdot|s), Q_h^t(s, \cdot) \right\rangle \leq \frac{1}{\beta_h} \log \sum_a \pi_h^t(a|s) \exp(\beta_h Q_h^t(s, a)) \leq \left\langle \pi_h^t(\cdot|s), Q_h^t(s, \cdot) \right\rangle + \beta_h Q_{\max}^2.$$

Proof.

$$\frac{1}{\beta_h} \log \sum_{a} \pi_h^t(a|s) \exp(\beta_h Q_h^t(s, a)) \ge \frac{1}{\beta_h} \sum_{a} \pi_h^t(a|s) \log \exp(\beta_h Q_h^t(s, a))$$
$$= \langle \pi_h^t(\cdot|s), Q_h^t(s, \cdot) \rangle,$$

where the above inequality holds for Jensen's. For the upper bound, we first use the inequality  $e^x \le 1 + x + x^2$  for  $x \le 1$  we have that

$$\frac{1}{\beta_h} \log \sum_{a} \pi_h^t \exp(\beta_h Q_h^t(s, a))$$

$$\leq \frac{1}{\beta_h} \log \sum_{a} \pi_h^t (1 + \beta_h Q_h^t(s, a) + \beta_h^2 Q_{\max}^2) \quad \text{(Using } Q_h^t(s, a) \leq Q_{\max})$$

$$= \frac{1}{\beta_h} \log (1 + \beta_h \sum_{a} \pi_h^t(a|s) Q_h^t(s, a) + \beta_h^2 Q_{\max}^2)$$

$$\leq \frac{1}{\beta_h} \left( \sum_{a} \pi_h^t(a|s) \beta_h Q_h^t(s, a) + \beta_h^2 Q_{\max}^2 \right) \quad \text{(Using } \log(1 + x) \leq x)$$

$$\leq \langle \pi_h^t(\cdot|s), Q_h^t(s, \cdot) \rangle + \beta_h Q_{\max}^2.$$

**Remark 8.** Given this result, in the implementation for deep RL experiment, i.e. Algorithm 4 we compute the standard Q value satisfying the standard Bellman equations (given in Lemma 1) rather than the soft Bellman equation in Thm. 7. In virtue of Thm. 9, the approximation is good for  $\beta$  reasonably small.

# E ADDITIONAL EXPERIMENT

The tasks in MT-bench 101 include Context Memory (CM), Anaphora Resolution (AR), Separate Input (SI), Topic Shift (TS), Content Confusion (CC), Content Rephrasing (CR), Format Rephrasing (FR), Self-correction (SC), Self-affirmation (SA), Mathematical Reasoning (MR), General Reasoning (GR), Instruction Clarification (IC), and Proactive Interaction (PI). We list the description of each tasks in Tab. 3. The default evaluation mode of MT-bench 101 is that the GPT model require to access the conversation based on the given ground truth of previous steps, provided in MT-bench 101. However, in our problem setting, the answers among the converdation is also generated by the model. We use "gpt-4o-mini-2024-07-18" to evaluate the conversation. The maximum output length and maximum sequence length of gpt-4o are set as 4096. We use a batch size of 8 with a temperature of 0.8. We use the same prompt for gpt-4o as in Bai et al. (2024). Our experiment is conducted on 4 H200 GPUs. We use the PyTorch platform and the Transformer Reinforcement Learning (TRL) for finetuning.

Table 3: A detailed description of each task in MT-bench 101 (taken from Bai et al. (2024).)

Task	Abbr.	Description
Context Memory	CM	Recall early dialogue details to address the user's current question.
Anaphora Resolution Separate Input	AR SI	Identify pronoun referents throughout a multi-turn dialogue.  The first turn outlines the task requirements and the following turns specify the task input.
Topic Shift Content Confusion	TS CC	Recognize and focus on the new topic when users unpredictably switch topics.  Avoid interference from similar-looking queries with distinct meanings in the dialogue's history.
Content Rephrasing Format Rephrasing	CR FR	Rephrase the content of the last response according to the user's newest requirement.  Rephrase the format of the last response according to the user's newest requirement.
Self-correction Self-affirmation	SC SA	Recorrect the last response according to the user feedback.  Preserve the last response against inaccurate user feedback.
Mathematical Reasoning General Reasoning	MR GR	Collaboratively solve complex mathematical problems with users across dialogue turns.  Collaboratively solve complex general reasoning problems with users across dialogue turns.
Instruction Clarification Proactive Interaction	IC PI	Seek clarification by asking further questions on ambiguous user queries.  Propose questions in reaction to user statements to spark their interest to continue the dialogue.