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In []: from collections import defaultdict, OrderedDict
        from csv import reader
        from itertools import chain, combinations
        from optparse import OptionParser
        import pandas as pd
        # if not installed yet: pip install mlxtend
        from mlxtend.preprocessing import TransactionEncoder
        from mlxtend.frequent patterns import fpgrowth, association rules
In [ ]: ## Data Set
        dataset = [['Corn', 'Light Cream', 'Chicken', 'Beef', 'Wine', 'Ice Cream'],
                   ['Dill', 'Onion', 'Carrot', 'Beef', 'Wine', 'Ice Cream'],
                   ['Milk', 'Wine', 'Beef', 'Ice Cream'],
                   ['Light Cream', 'Chicken', 'Corn', 'Kidney Beans', 'Yogurt', 'Wine'],
                   ['Corn', 'Onion', 'Light Cream', 'Kidney Beans', 'Chicken', 'Yogurt']]
In [ ]: ## Find frequent itemsets using FPGrowth
        te = TransactionEncoder()
        te ary = te.fit(dataset).transform(dataset)
        df = pd.DataFrame(te ary, columns=te.columns)
        frequent itemsets = fpgrowth(df, min support=0.6, use colnames=True)
        frequent itemsets
```

Out[]:		support	itemsets
	0	0.8	(Wine)
	1	0.6	(Light Cream)
2		0.6	(Ice Cream)
	3	0.6	(Corn)
	4	0.6	(Chicken)
	5	0.6	(Beef)
	6	0.6	(Ice Cream, Wine)
	7	0.6	(Light Cream, Corn)
	8	0.6	(Chicken, Corn)
	9	0.6	(Chicken, Light Cream)
	10	0.6	(Chicken, Light Cream, Corn)
	11	0.6	(Beef, Ice Cream)
12		0.6	(Beef, Wine)
	13	0.6	(Beef, Ice Cream, Wine)

In []: ## The association rules can be found in given dataset with the minimum support 60% and the minimum confidence 70% association_rules(frequent_itemsets, metric="confidence", min_threshold=0.7)

Out[]:

:		antecedents	consequents	antecedent support	consequent support	support	confidence	lift	leverage	conviction
	0	(Ice Cream)	(Wine)	0.6	0.8	0.6	1.00	1.250000	0.12	inf
1	1	(Wine)	(Ice Cream)	0.8	0.6	0.6	0.75	1.250000	0.12	1.6
	2	(Light Cream)	(Corn)	0.6	0.6	0.6	1.00	1.666667	0.24	inf
	3	(Corn)	(Light Cream)	0.6	0.6	0.6	1.00	1.666667	0.24	inf
	4	(Chicken)	(Corn)	0.6	0.6	0.6	1.00	1.666667	0.24	inf
	5	(Corn)	(Chicken)	0.6	0.6	0.6	1.00	1.666667	0.24	inf
	6	(Chicken)	(Light Cream)	0.6	0.6	0.6	1.00	1.666667	0.24	inf
	7	(Light Cream)	(Chicken)	0.6	0.6	0.6	1.00	1.666667	0.24	inf
	8	(Chicken, Light Cream)	(Corn)	0.6	0.6	0.6	1.00	1.666667	0.24	inf
	9	(Chicken, Corn)	(Light Cream)	0.6	0.6	0.6	1.00	1.666667	0.24	inf
	10	(Light Cream, Corn)	(Chicken)	0.6	0.6	0.6	1.00	1.666667	0.24	inf
	11	(Chicken)	(Light Cream, Corn)	0.6	0.6	0.6	1.00	1.666667	0.24	inf
	12	(Light Cream)	(Chicken, Corn)	0.6	0.6	0.6	1.00	1.666667	0.24	inf
	13	(Corn)	(Chicken, Light Cream)	0.6	0.6	0.6	1.00	1.666667	0.24	inf
	14	(Beef)	(Ice Cream)	0.6	0.6	0.6	1.00	1.666667	0.24	inf
	15	(Ice Cream)	(Beef)	0.6	0.6	0.6	1.00	1.666667	0.24	inf
	16	(Beef)	(Wine)	0.6	0.8	0.6	1.00	1.250000	0.12	inf
	17	(Wine)	(Beef)	0.8	0.6	0.6	0.75	1.250000	0.12	1.6
	18	(Beef, Ice Cream)	(Wine)	0.6	0.8	0.6	1.00	1.250000	0.12	inf
	19	(Beef, Wine)	(Ice Cream)	0.6	0.6	0.6	1.00	1.666667	0.24	inf
:	20	(Wine, Ice Cream)	(Beef)	0.6	0.6	0.6	1.00	1.666667	0.24	inf
	21	(Beef)	(Wine, Ice Cream)	0.6	0.6	0.6	1.00	1.666667	0.24	inf
:	22	(Ice Cream)	(Beef, Wine)	0.6	0.6	0.6	1.00	1.666667	0.24	inf

	antecedents	consequents	antecedent support	consequent support	support	confidence	lift	leverage	conviction
23	(Wine)	(Beef, Ice Cream)	0.8	0.6	0.6	0.75	1.250000	0.12	1.6

In []: ## The association rules can be found in given dataset with the minimum support 60% and the minimum lift value 1.2
rules = association_rules(frequent_itemsets, metric="lift", min_threshold=1.2)
rules

Out[]:

:	antecedents	consequents	antecedent support	consequent support	support	confidence	lift	leverage	conviction
0	(Ice Cream)	(Wine)	0.6	0.8	0.6	1.00	1.250000	0.12	inf
1	(Wine)	(Ice Cream)	0.8	0.6	0.6	0.75	1.250000	0.12	1.6
2	(Light Cream)	(Corn)	0.6	0.6	0.6	1.00	1.666667	0.24	inf
3	(Corn)	(Light Cream)	0.6	0.6	0.6	1.00	1.666667	0.24	inf
4	(Chicken)	(Corn)	0.6	0.6	0.6	1.00	1.666667	0.24	inf
5	(Corn)	(Chicken)	0.6	0.6	0.6	1.00	1.666667	0.24	inf
6	(Chicken)	(Light Cream)	0.6	0.6	0.6	1.00	1.666667	0.24	inf
7	(Light Cream)	(Chicken)	0.6	0.6	0.6	1.00	1.666667	0.24	inf
8	(Chicken, Light Cream)	(Corn)	0.6	0.6	0.6	1.00	1.666667	0.24	inf
9	(Chicken, Corn)	(Light Cream)	0.6	0.6	0.6	1.00	1.666667	0.24	inf
10	(Light Cream, Corn)	(Chicken)	0.6	0.6	0.6	1.00	1.666667	0.24	inf
11	(Chicken)	(Light Cream, Corn)	0.6	0.6	0.6	1.00	1.666667	0.24	inf
12	(Light Cream)	(Chicken, Corn)	0.6	0.6	0.6	1.00	1.666667	0.24	inf
13	(Corn)	(Chicken, Light Cream)	0.6	0.6	0.6	1.00	1.666667	0.24	inf
14	(Beef)	(Ice Cream)	0.6	0.6	0.6	1.00	1.666667	0.24	inf
15	(Ice Cream)	(Beef)	0.6	0.6	0.6	1.00	1.666667	0.24	inf
16	(Beef)	(Wine)	0.6	0.8	0.6	1.00	1.250000	0.12	inf
17	(Wine)	(Beef)	0.8	0.6	0.6	0.75	1.250000	0.12	1.6
18	(Beef, Ice Cream)	(Wine)	0.6	0.8	0.6	1.00	1.250000	0.12	inf
19	(Beef, Wine)	(Ice Cream)	0.6	0.6	0.6	1.00	1.666667	0.24	inf
20	(Wine, Ice Cream)	(Beef)	0.6	0.6	0.6	1.00	1.666667	0.24	inf
21	(Beef)	(Wine, Ice Cream)	0.6	0.6	0.6	1.00	1.666667	0.24	inf
22	(Ice Cream)	(Beef, Wine)	0.6	0.6	0.6	1.00	1.666667	0.24	inf

	antecedents	consequents	antecedent support	consequent support	support	confidence	lift	leverage	conviction
23	(Wine)	(Beef, Ice Cream)	0.8	0.6	0.6	0.75	1.250000	0.12	1.6

Report

We can spot the difference from the two sets of associations rules above is prominent in the rule wine -> beef: the confidence of the rule (0.75) barely reaches the threshhold of 1(a) (0.7), but the high lift (1.25) suggests a positive correlation between those 2. Then we can assume that wine could be a complement to dishes made of beef, so they're often bought together.

In general, we can notice that (wine) is the most popular with (light cream, chicken, corn) and (wine, beef, ice cream) being the maximal frequent itemsets, so I would suggest a bundle of wine, beef, ice cream to combine these 2 aspects. Then we look at the rules generated from itemsets. For the rules of high confidence, patterns behind the consumer behaviour can be deduced, e.g. (beef, wine) -> (ice cream) may suggest a remantic night in for couples, ice cream is always a delight after wining and dining. For rules of high lift, phenonmena can be observed, e.g. chicken -> corn, light cream and vice versa may suggest a popular recipe at the moment.