STEVE GIGUERE - CLOUD NATIVE SECURITY ADVOCATE AND ...

LAYBR CAKS

Moving security to deterministic over probabilistic



INTRO

- Steve Giguere StackRox Director of Tech Stuff EMEA
 - Twit: @_SteveGiguere_
 - https://www.linkedin.com/in/stevegiguere
- Podcast: The Continuous Security Podcast
 - https://cosecast.com
- Twitch: KubeNative Security
 - https://www.twitch.tv/kubenativesecurity
- Beer
 - Untappd: stevegiguere
 - Youtube: BeerNativeTV







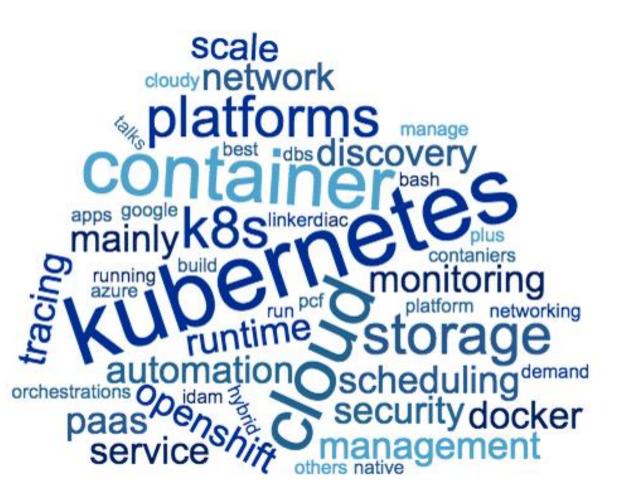






KUBERNETES! (FOR SECURITY)

- <insert blatant nautical theme image>
- <add photo of shipping container>
- <add word cloud>
- <talk about change>



Stolen from storageOS







- Noisy vs Dangerous
- Primitive vs Expensive
- Reactive vs proactive
- Probability versus certainty
- Risk = Likelihood * Impact

EVERYTHING AS GODE



EVERYTHIGAS CODE

- WE DID IT!...?
- STANDARDS
- SO MANY STANDARDS!
- CLOUD FORMATION, TERRAFORM, PULUMI, CLOUDIFY, CLUSTERAPI, YAML, CDK8s, JSON, HELM, ANSIBLE, XML

TATINGODE?

- IMPERATIVE COMMANDS = MISTAKES = NON-REPEATABLE RESULTS = NO CHANGE CONTROL
- ...and many other reasons... like HUMANS





- Reduce Likelihood
- Employ checks earlier and often
- Scan for laC misconfiguration as code

Use IaC context to our advantage when determining risk

- Reduce Impact
- Leverage Chaos Engineering
- Cattle versus Pets

THE IMPORTANCE OF CONTEXT



64 Imperial Stout - Bimber

Our classic Imperial Stout has been resting in Bimber ex-bourbon cask single malt whisky barrels for 4 months, allowing these unique American oak barrels to impart their incredible complexity and whisky profile to the base stout. This special beer showcases an initial fruit-forward flavour, unveiling waves of rich vanilla and caramel as it warms.

CVSS: 10.0

CAN: 330ML

UK UNITS: 3.3

INGREDIENTS: WATER, BARLEY, OATS, HOPS

& YEAST.

evening-drinks.yaml

kind: deployment

meta-data:

name: bimber-ba

type: imperial-stout

labels:

dinner: salad

spec:

replicas: 3

service: amazon-prime

- tv:

show: american-gods

duration: 45m

env:

- name: dry-january

value: yes

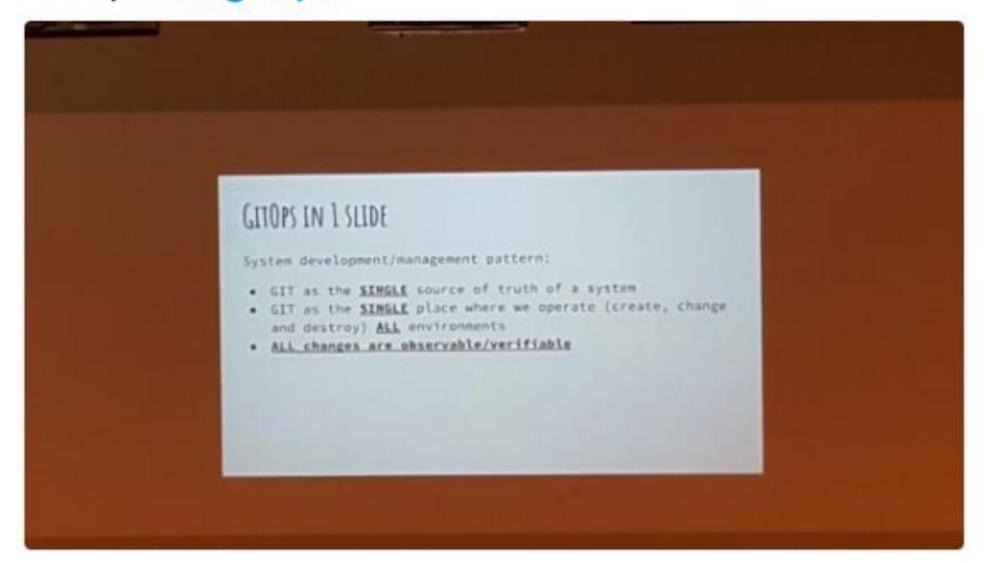
GET STARTED WITH GITOPS

- Making Code Great Again
- "Opinionated and prescriptive best practices"
 - Weaveworks
- GIT as the SINGLE source of truth
- GIT as the SINGLE place where change happens
- **OBSERVABLE** and **VERIFIABLE**





Gitops #agilept



4:42 AM - 25 May 2018

17 Retweets 31 Likes













Stole from Vitor Silva via Weaveworks

THE LAYERS

- LAYER 0 THE CLOUD
- LAYER 1 THE PIPELINE
- LAYER 2 THE APPLICATION
- LAYER 3 THE APPLICATION'S FRIENDS
- LAYER 4 THE IMAGE
- LAYER 5 THE DEPLOYMENT (CONTEXT)
- LAYER 6 THE RUNTIME (THE ICING)



LAYER 0: SECURE THE BASE

What

Why

laC Scanners for pre-flight checks



- checkov by Bridgecrew, kics by CheckMarX, terrascan by Accurics
- CSPM (Cloud Security Posture Management) for maintaining a seCure state
 - Free: OpenCSPM or Commercial: Accurics, Wave (Aqua), Dome9



OpenCSPM

Humans are creating the code so verification prior to use should be standard

Description : Ensure that your RDS database has IAM Authentication enabled.

File : ec2-database.tf

Line : 19 Severity : HIGH

Description : http port open to internet

File : security.tf

Line : 25 Severity : HIG

Description : EC2 instances should disable IMDS or require IMDSv2 as this can be related to the weaponization phase of kill chain

File : ec2-database.tf

Line : 34 Severity : MEDIUM

Description: Ensure that your RDS database instances encrypt the underlying storage. Encrypted RDS instances use the industry standard AES-2 for encryption algorithm to encrypt data on the server that hosts RDS DB instances. After data is encrypted, RDS handles authentication of access and descryption of data transparently with minimal impact on performance.

File : ec2-database.tf

Line : 19 Severity : HIC

Scan Summary -

File/Folder : /Users/stephengiguere/code/terraform-aws-wordpress

IaC Type : terraform

Scanned At : 2021-02-17 11:16:13.214249 +0000 UTC

Policies Validated: 5
Violated Policies: 5
Low: 0
Medium: 2

stephengiguere@Stephens-MacBook-Pro terraform-aws-wordpress %

LAYER 0: SECURE THE BASE

Pros

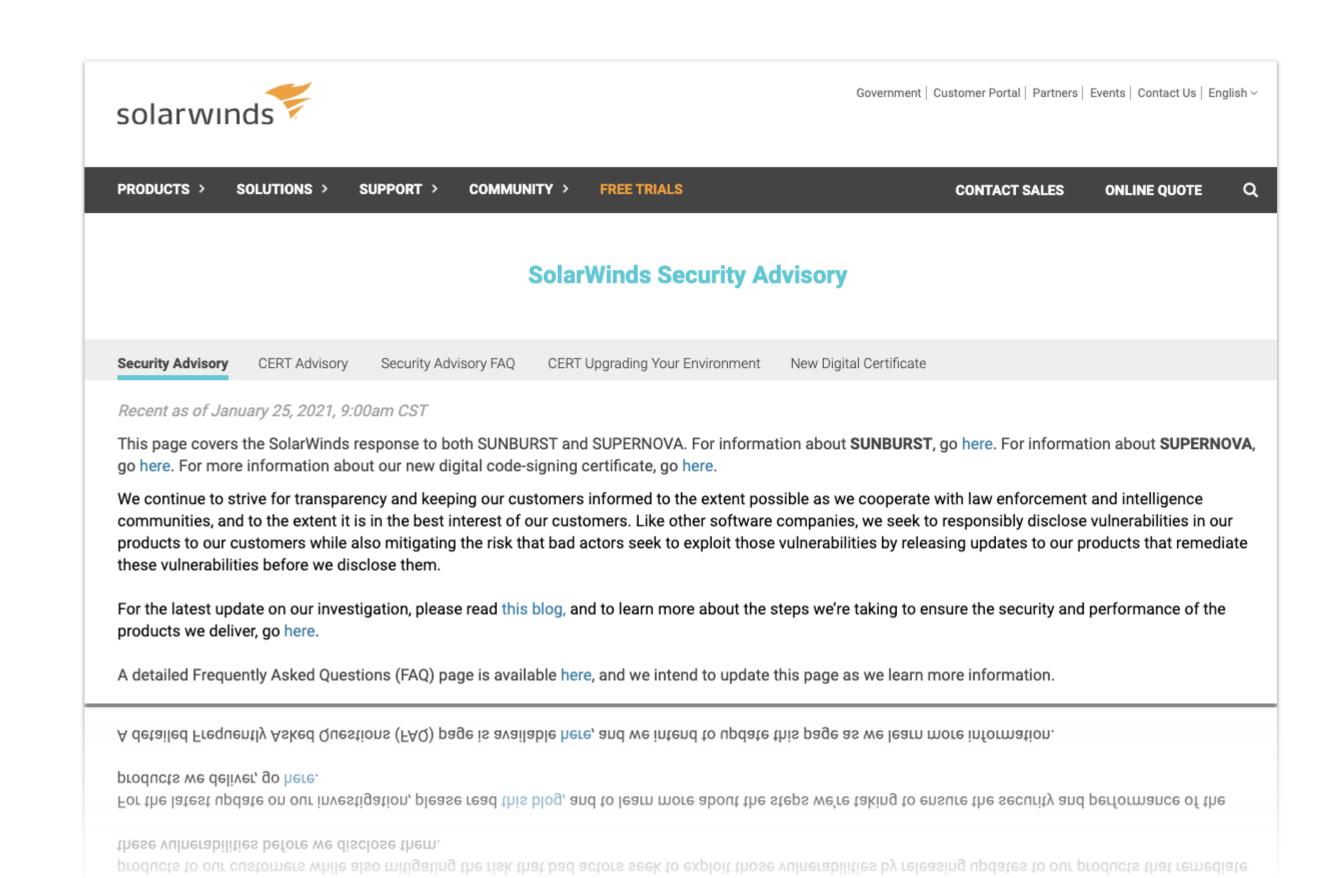
- Infrastructure as Code, controlled and observed change workflow (gitops)
- Chaos Engineering friendly
- Reduction of dependence on tribal knowledge

Cons

- laC from scratch (amalgamation of StackOverflow and Github) with insecure defaults
- Template squatting (eg WordPress) with changes to trust boundaries
- Can age over time
- Less attentive to updates

LAYER 1: SECURING THE PIPELINE

- What
 - Software supply chain integrity/provenance
- Why
 - Solarwinds
 - Development CI/CD systems often have the keys to the kingdom



LAYER 1: SECURING THE PIPELINE

Pros

- Ensure your code is still your code! E.g. InToto, Rekor, Grafaes
- Prevent MITM supply chain attacks

Cons

- Difficult to deploy at scale
- No commercial solutions (TIKO)



LAYER 2: SECURING THE CODE (THE ACTUAL APPLICATION SOURCE CODE)

- What
 - SAST (Static Application Security Testing) tools in the code pipeline
 - IDE SAST
- Why
 - Humans are involved
 - 1 in every 1000 lines of code contains a bug or insecurity

LAYER 2: SECURING THE CODE (THE ACTUAL APPLICATION SOURCE CODE)

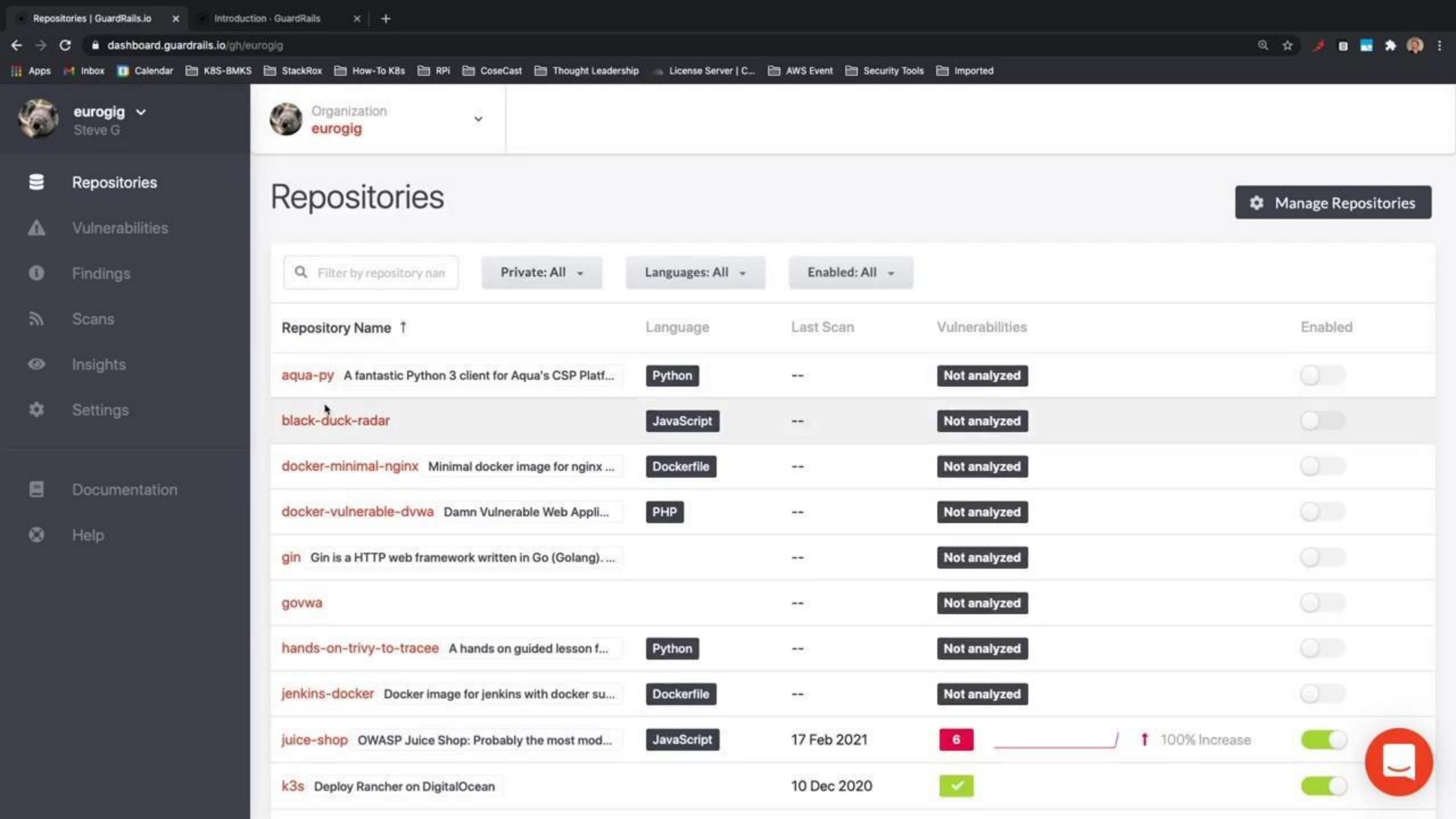
Pros

- Many open source and commercial offerings (Guardrails, Coverity, CheckMarX)
- Cost Benefits. Shift Left vs Pen Testing
- Traverses all (including untested) code paths

Cons

- Slow and potentially disruptive
- False positives
- Implementation difficult:
- Tech stack in the hands of developers / security choices are not
- Few good FOSS IDE integrated (eg. EsLint)
- Limited reach in next gen languages (Golang: gosec, Rust: clippy)





LAYER 3: SECURING THE (OSS) SUPPLY CHAIN

- What
 - SCA (Software Composition Analysis) / Dependency Checkers
 - FOSS: OWASP dependency checker / npm
 - Commercial: Black Duck / Sonatype
- Why
 - Because most (80%ish) software is open source
 - Open source vulnerabilities are known to the bad guys. Even the script kids.

LAYER 3: SECURING THE (OSS) SUPPLY CHAIN

- Pros
 - Finds known vulnerabilities in dependencies! Woop!
 - Can locate low hanging fruit in security vulnerabilities
- Cons
 - Difficult to prioritise
 - Are the dependencies used and in what context. Is it real risk?
 - Noisy (15000 CVES disclosed per year)
 - False positives.

LAYER 4: SECURING THE IMAGE

- What
 - Find known vulnerabilities in base image AND dependencies (via package managers a la SCA)
 - Check for Dockerfile best practices
 - Eg. Use ADD instead of COPY / Run as a non-root user / many more
- Why
 - Defaults can be dangerously insecure (e.g. default user as root)
 - Images can introduce user space OS dependencies with critical vulnerabilities

LAYER 4: SECURING THE IMAGE

Pros

- Finds known CVEs in Cl and developer desktop
- Teaches best practice
- Does some SCA as well
- Plenty of open source free tools e.g. Clair, Trivy, Hadolint

Cons

- Can become security theatre
- Further confuses the vulnerability management debt

| | | rsh | | 301 | -zsh | |
|---|--|----------------------------|---|--------------|--|--------------------|
| | 1 | l | 1 | 1 | >avd.aquasec.com/nvd/cve-2019-19882 | 1 |
| Ī | TEMP-0628843-DBAD28 | 7 | i | 1 | >security-tracker.debian.org/tracker/TEMP-0628843-DBAD28 | Ī |
| perl-base | CVE-2011-4116 | | 5.28.1-6+deb10u1 | | perl: File::Temp insecure temporary file handling >avd.aquasec.com/nvd/cve-2011-4116 | |
| sysvinit-utils | TEMP-0517018-A83CE6 | | 1 2.93-8 | | >security-tracker.debian.org/tracker/TEMP-0517018-A83CE6 | -+ |
| tar tar + + + + + | CVE-2005-2541 | | 1.30+dfsg-6 | - | Tar 1.15.1 does not properly warn the user when extracting setuid or >avd.aquasec.com/nvd/cve-2005-2541 | -+ |
| | CVE-2019-9923 | | † - - | i i | tar: null-pointer dereference in pax_decode_header in sparse.c >avd.aquasec.com/nvd/cve-2019-9923 | |
| | CVE-2021-20193 | | | | tar: Memory leak in read_header() in list.c >avd.aquasec.com/nvd/cve-2021-20193 | |
| | TEMP-0290435-0B57B5 | | Ť. | 1 | >security-tracker.debian.org/tracker/TEMP-0290435-0B57B5 | 1 |
| stephengiguere@Step 2021-02-17T11:39:10 2021-02-17T11:39:18 2021-02-17T11:39:18 nginx:latest (debid | 8.574Z INFO De 8.596Z INFO Tr | ou should a etecting De | void using the :latest ta bian vulnerabilities | | . You need to specify 'clear-cache' option when :latest image cause no supported file was detected | is changed |
| Total: 155 (UNKNOWN | N: 4, LOW: 108, MEDIUM: | 9, HIGH: 3 | 3, CRITICAL: 1) | | | |
| LIBRARY stephengiguere@Step stephengiguere@Step stephengiguere@Step | VULNERABILITY ID phens-MacBook-Pro ~ % phens-MacBook-Pro ~ % phens-MacBook-Pro ~ % phens-MacBook-Pro ~ % | I SEVERITY | | FIXED VERSIO | N I TITLE | 1 |

Let's all go out to the lobby and get some... •



LAYER 5: SECURING THE DEPLOYMENT

- What
 - Best Practices for Kubernetes Objects
 - Operational risk / Security risk
- Why
 - Bring essential context to image deployment and vulnerability management
 - Defaults can be dangerously insecure

LAYER 5: SECURING THE DEPLOYMENT

- Pros
 - Many open source tools
 - Kube-linter / kube-score / checkov / kics / kubescan



stephengiguere@Stephens-MacBook-Pro kubernetes-manifests % kube-linter lint emailservice-rushed.yaml
emailservice-rushed.yaml: (object: <no namespace>/emailservice apps/v1, Kind=Deployment) container "server" does not have a read-only root file system (check:

no-read-only-root-fs, remediation: Set readOnlyRootFilesystem to true in your container's securityContext.)

emailservice-rushed.yaml: (object: <no namespace>/emailservice apps/v1, Kind=Deployment) container "server" is not set to runAsNonRoot (check: run-as-non-root, remediation: Set runAsUser to a non-zero number, and runAsNonRoot to true, in your pod or container securityContext. See https://kubernetes.io/docs/tasks/configure-pod-container/security-context/ for more details.)

emailservice-rushed.yaml: (object: <no namespace>/emailservice apps/v1, Kind=De¤loyment) container "server" has cpu request 0 (check: unset-cpu-requirements, r emediation: Set your container's CPU requests and limits depending on its requirements. See https://kubernetes.io/docs/concepts/configuration/manage-resourcescontainers/#requests-and-limits for more details.)

emailservice-rushed.yaml: (object: <no namespace>/emailservice apps/v1, Kind=Deployment) container "server" has cpu limit 0 (check: unset-cpu-requirements, rem ediation: Set your container's CPU requests and limits depending on its requirements. See https://kubernetes.io/docs/concepts/configuration/manage-resources-containers/#requests-and-limits for more details.)

emailservice-rushed.yaml: (object: <no namespace>/emailservice apps/v1, Kind=Deployment) container "server" has memory request 0 (check: unset-memory-requirements, remediation: Set your container's memory requests and limits depending on its requirements. See https://kubernetes.io/docs/concepts/configuration/manage-resources-containers/#requests-and-limits for more details.)

emailservice-rushed.yaml: (object: <no namespace>/emailservice apps/v1, Kind=Deployment) container "server" has memory limit 0 (check: unset-memory-requirement s, remediation: Set your container's memory requests and limits depending on its requirements. See https://kubernetes.io/docs/concepts/configuration/manage-resources-containers/#requests-and-limits for more details.)

Error: found 6 lint errors stephengiguere@Stephens-MacBook-Pro kubernetes-manifests %

LAYER 5: SECURING THE DEPLOYMENT (CAVEAT)

- Abstractions
 - Eg. CDK8S
- Pros
 - Time to market
- Cons
 - Difficult to secure misconfigurations in generated yaml back to source code

```
cdk8s-welcome > TS main.ts > de MyChart > de constructor > A containerPort
                                                                                    cdk8s-welcome > dist > ! cdk8swelcome.k8s.yaml >
       import { Construct } from 'constructs';
                                                                                           apiVersion: v1
       import { App, Chart } from 'cdk8s';
                                                                                           kind: Service
       import { WebService } from './lib/web-service';
                                                                                           metadata:
                                                                                             name: cdk8s-welcome-aws-webapp-servi
       class MyChart extends Chart {
                                                                                           spec:
         constructor(scope: Construct, name: string) {
                                                                                             ports:
           super(scope, name);
                                                                                               - port: 80
                                                                                                 targetPort: 8080
           new WebService(this, ' WebService(scope: Construct, ns: string, options:
                                                                                                Lector:
             image: 'aws/webapp:1 WebServiceOptions): WebService
                                                                                                pp: cdk8swelcomeawswebapp83EC99A6
 10
             containerPort: 8089,
                                                                                             type: LoadBalancer
 11
                                                                                     11
                                                                                     12
 12
                                                                                           apiVersion: apps/v1
 13
                                                                                           kind: Deployment
                                                                                           metadata:
 15
       const app = new App();
                                                                                             name: cdk8s-welcome-aws-webapp-deplo
      new MyChart(app, 'cdk8s-welcome');
                                                                                     17
                                                                                           spec:
      app.synth();
                                                                                             replicas: 1
 19
                                                                                     19
                                                                                             selector:
                                                                                               matchLabels:
                                                                                                 app: cdk8swelcomeawswebapp83EC99
                                                                                     22
                                                                                             template:
                                                                                     23
                                                                                               metadata:
                                                                                                  labels:
                                                                                     24
                                                                                     25
                                                                                                   app: cdk8swelcomeawswebapp83E0
                                                                                     26
                                                                                               spec:
                                                                                     27
                                                                                                 containers:
                                                                                     28
                                                                                                   - image: aws/webapp:1.6
                                                                                     29
                                                                                                     name: web
                                                                                      30
                                                                                                     ports:
```

LAYER 5: SECURING THE DEPLOYMENT

- Pros
 - Many open source tools
 - Kube-linter / kube-score / checkov / kics
- Cons

Few (if any) open source tools combine image vulnerabilities with deployment context

LAYER 5: THE VALUE OF CONTEXT



LAYER 5: THE VALUE OF CONTEXT

- Be able to prioritise a container with a CVE with CVSS 9.8
 - in an backend service
 - no external connectivity
 - not running as privileged
 - a recorded baseline of process activity

- Against a container with a CVE with CVSS 7.6
 - in multiple frontend services
 - behind a load balancer
 - exposed 22
 - Complex base image and behaviour
 - Tools present like
 - curl
 - wget
 - nmap

LAYER 6: THE RUNTIME MAINTAIN THE STATE (OF SECURITY!)

- What
 - eBPF
 - Falco Sysdig, Tracee Aqua
 - Anomalies as k8s
 - Prevention by admission controllers
 - Security as Policy
 - OPA, Kyverno
- Why
 - We can only find so much in layers 0-5
 - O day exploits of new attack vectors

LAYER 6: THE RUNTIME MAINTAIN THE STATE (OF SECURITY!)

Pros

- InfoSec people understand EDR and IDS
- Zero day / anomaly detection
- Safety net

Cons

- Reactionary, probabilistic
- Labour intensive
- Expensive
- Horse bolted, door closed
- Still required

KEY TAKEAWAYS

- SHIFT LEFT (is hard work filled with cons)
 - The more people you need to buy in the easier it needs to be
- SHIFT MIDDLE (or Everywhere)?
 - Simpler checks but more often throughout the pipeline
- CONTEXT is huge advantage
 - Technical debt will be overwhelming without context
- Everything as Code (EaC)
 - Reduces imperative intervention but creates more traditional security challenges
- GitOps + Kubernetes
 - Stateful at rest and runtime
- Declarative = More Deterministic = Less Probabilistic



THANKSI

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 - Twit: @_SteveGiguere_
 - https://www.linkedin.com/in/stevegiguere
- Podcast: The Continuous Security Podcast
 - https://cosecast.com
- Twitch: KubeNative Security
 - https://www.twitch.tv/kubenativesecurity
- Beer
 - Untappd: stevegiguere
 - Youtube: BeerNativeTV











