Supplementary Material

 Table S1: Studies excluded following full text screening

| Author, year | Title | Reason | Detail |
|-------------------------|--|-------------------------|-------------------------------|
| Su et al., 2020 | Inhalation of Tetrandrine- hydroxypropyl-β- cyclodextrin Inclusion Complexes for Pulmonary Fibrosis Treatment | Route of administration | Intratracheal administration |
| Z. Wang & Li, 2018a | Raloxifene/SBE-β-CD Inclusion Complexes Formulated into Nanoparticles with Chitosan to Overcome the Absorption Barrier for Bioavailability Enhancement | Route of administration | Intragastrical administration |
| Ren et al., 2019 | Preparation, optimization of the inclusion complex of glaucocalyxin A with sulfobutylether-β- cyclodextrin and antitumor study | Route of administration | Intravenous administration |
| M. Chen et al., 2017 | Preparation, characterization and in vivo evaluation of a formulation of dantrolene sodium with hydroxypropyl—cyclodextrin | Route of administration | Intragastric administration |
| X. Chen et al., 2010 | Enhanced aqueous solubility and bioavailability of capsaicin by the preparation of an inclusion complex | Route of administration | Subcutaneous administration |
| Ren et al., 2020 | Inclusion Complex of Docetaxel with Sulfobutyl Ether β-Cyclodextrin: Preparation, In Vitro Cytotoxicity and In Vivo Safety | Route of administration | Tail injection |
| N. Li et al., 2018 | Preparation of curcumin- hydroxypropyl-β- cyclodextrin inclusion complex by cosolvency- lyophilization procedure to enhance oral bioavailability of the drug | Route of administration | Intravenous administration |

| Manne et al., 2021 | Hot liquid extrusion assisted drug-cyclodextrin complexation: a novel continuous manufacturing method for solubility and bioavailability enhancement of drugs | Species | Wistar rats were used for this study |
|---------------------------|---|---------|---------------------------------------|
| D. Xu et al., 2021 | Preparation, characterization and pharmacokinetic studies of sulfobutyl ether-β-cyclodextrin-toltrazuril inclusion complex | Species | Broilers were used for this study |
| L. Zhang et al., 2020 | In Vitro and In Vivo Comparison of Curcumin- Encapsulated Chitosan- Coated Poly (lactic-co- glycolic acid) Nanoparticles and Curcumin/Hydroxypropyl-β- Cyclodextrin Inclusion Complexes Administered Intranasally as Therapeutic Strategies for Alzheimer's Disease | Species | C57BL/6 mice were used for this study |
| Erdoğar et al., 2020 | Improved oral bioavailability of anticancer drug tamoxifen through complexation with water soluble cyclodextrins: in vitro and in vivo evaluation | Species | Balb-c mice were used for this study |
| Lodagekar et al., 2019 | Formulation and evaluation of cyclodextrin complexes for improved anticancer activity of repurposed drug: Niclosamide | Species | Balb-c mice were used for this study |
| W. Zhang et al., 2019 | MOF Capacitates Cyclodextrin to Mega-Load Mode for High-Efficient Delivery of Valsartan | Species | Beagle dogs were used for this study |
| Creteanu et al., 2019 | Study on the Role of the Inclusion Complexes with 2-Hydroxypropyl- β -cyclodextrin for Oral Administration of Amiodarone | Species | Wistar rats were used for this study |

| Al-Gethmy et al., 2019 | Optimization of the Factors Affecting the Absorption of Vardenafil from Oral Disintegrating Tablets: A Clinical Pharmacokinetic Investigation | Species | Human were used for this study |
|---------------------------------|--|---------|---|
| Fan et al., 2019 | Comparative muscle irritation and pharmacokinetics of florfenicol-hydroxypropyl-β-cyclodextrin inclusion complex freeze-dried powder injection and florfenicol commercial injection in beagle dogs | Species | Beagle dogs were used for this study |
| Purpura et al., 2018 | Analysis of different innovative formulations of curcumin for improved relative oral bioavailability in human subjects | Species | Human were used for this study |
| L. Zhang et al., 2018 | The hydroxypropyl–β-cyclodextrin complexation of toltrazuril for enhancing bioavailability | Species | Rabbits were used for this study |
| D. Wang et al., 2017 | Preparation and Characterization of the Sulfobutylether-β- Cyclodextrin Inclusion Complex of Amiodarone Hydrochloride with Enhanced Oral Bioavailability in Fasted State | Species | Beagle Dogs were used for this study |
| Mady & Farghaly Aly, 2017 | Experimental, molecular docking investigations and bioavailability study on the inclusion complexes of finasteride and cyclodextrins | Species | Albino rabbits were used for this study |
| Darekar et al., 2016 | Characterization and in vivo evaluation of lacidipine inclusion complexes with β-cyclodextrin and its derivatives | Species | Wistar rats were used for this study |

| Dahiya et al., 2015 | Improved Pharmacokinetics of Aceclofenac Immediate Release Tablets Incorporating its Inclusion Complex with Hydroxypropyl-β-Cyclodextrin | Species | Wistar rats were used for this study |
|-------------------------|--|---------|--------------------------------------|
| Gidwani & Vyas, 2015 | Inclusion complexes of bendamustine with β -CD, HP- β -CD and Epi- β -CD: in-vitro and in-vivo evaluation | Species | Wistar rats were used for this study |
| Ren et al., 2014 | Preparation and Pharmacokinetic Study of Aprepitant–Sulfobutyl Ether- β-Cyclodextrin Complex | Species | Beagle dogs were used for this study |
| J. Wu et al., 2013 | Sulfobutylether-β- cyclodextrin/chitosan nanoparticles enhance the oral permeability and bioavailability of docetaxel | Species | Wistar rats were used for this study |
| Ridhurkar et al., 2013 | Inclusion complex of aprepitant with cyclodextrin: Evaluation of physico- chemical and pharmacokinetic properties | Species | Human were used for this study |
| C. Wu et al., 2013 | Comparative pharmacokinetics and bioavailability of four alkaloids in different formulations from Corydalis Decumbens | Species | Wistar rats were used for this study |
| Chauhan et al., 2013 | Inclusion complex of colchicine in hydroxypropyl-β-cyclodextrin tenders better solubility and improved pharmacokinetics | Species | Mice were used for this study |
| Zeng et al., 2013 | In vitro and in vivo characterization of amorphous, nanocrystalline, and crystalline ziprasidone formulations | Species | Beagle dogs were used for this study |
| Hwang et al., 2012 | Characterization, stability, and pharmacokinetics of | Species | Human were used for this study |

| | sibutramine/b-cyclodextrin inclusion complex | | |
|-------------------------|--|---------|---|
| Huang et al., 2011 | Pharmacokinetics, Efficacy, and Safety Evaluation of Docetaxel/Hydroxypropyl- Sulfobutyl-β-Cyclodextrin Inclusion Complex | Species | Albino rabbits were used for this study |
| Ansari et al., 2011 | Improving the solubility and bioavailability of dihydroartemisinin by solid dispersions and inclusion complexes | Species | Swiss mice were used for this study |
| Ribeiro et al., 2010 | Prolonged Absorption of Antimony(V) by the Oral Route from Non-inclusion Meglumine Antimoniate– β - cyclodextrin Conjugates | Species | Beagle dogs were used for this study |
| Žmitek et al., 2008 | Relative bioavailability of two forms of a novel water- soluble coenzyme Q10 | Species | Human were used for this study |
| Yan et al., 2008 | Characterization and In Vivo Evaluation of an Inclusion Complex of Oridonin and 2- hydroxypropyl- β - cyclodextrin | Species | Wistar rats were used for this study |
| Tayade & Vavia, 2006 | Inclusion complexes of Ketoprofen with beta- cyclodextrins: Oral pharmacokinetics of Ketoprofen in human | Species | Human were used for this study |
| Ghorab et al., 2004 | Tablet formulation containing meloxicam and β-cyclodextrin: Mechanical characterization and bioavailability evaluation | Species | Human were used for this study |
| Géczy et al., 2000 | The inclusion of fluoxetine into γ-cyclodextrin increases its bioavailability: behavioural, electrophysiological and pharmacokinetic studies | Species | Human were used for this study |

| J. Li et al., 2021 | Rational formulation engineering of fraxinellone utilizing $6\text{-}O\text{-}\alpha\text{-}D\text{-}\text{maltosyl-}\beta\text{-}$ cyclodextrin for enhanced oral bioavailability and hepatic fibrosis therapy | Species | Wistar rats were used for this study |
|--------------------------|---|---------|--|
| Y. Xu et al., 2019 | Chloramphenicol/sulfobutyl ether-β-cyclodextrin complexes in an ophthalmic delivery system: prolonged residence time and enhanced bioavailability in the conjunctival sac | Species | Rabbits were used for this study |
| Ding et al., 2019 | Pharmacokinetics and liver uptake of three Schisandra lignans in rats after oral administration of liposome encapsulating β-cyclodextrin inclusion compound of Schisandra extract | Species | Wistar rats were used for this study |
| HB. Wang et al., 2017 | A pH-independent instantaneous release of flurbiprofen: a study of the preparation of complexes, their characterization and in vitro/in vivo evaluation | Species | Wistar rats were used for this study |
| Leonardi et al., 2013 | Effects of benznidazole:cyclodextrin complexes on the drug bioavailability upon oral administration to rats | Species | Wistar rats were used for this study |
| Zeng et al., 2013 | Formulation and in vivo evaluation of orally disintegrating tablets of clozapine/hydroxypropyl-β-cyclodextrin inclusion complexes | Species | Rabbits were used for this study |
| Frézard et al., 2008 | Enhanced oral delivery of antimony from meglumine antimoniate/β-cyclodextrin nanoassemblies | Species | Beagle dogs were used for this study |
| Patel & Rajput, 2009 | Enhancement of Oral Bioavailability of Cilostazol | Species | New Zealand rabbits were used for this study |

| | by Forming its Inclusion Complexes | | |
|------------------------|---|---------|--------------------------------------|
| Nie et al., 2007 | In Vitro and in vivo studies on the complexes of vinpocetine with hydroxypropyl-β-cyclodextrin | Species | Rabbits were used for this study |
| Hassan et al., 2007 | Enhancement of dissolution amount and <i>in vivo</i> bioavailability of itraconazole by complexation with β-cyclodextrin using supercritical carbon dioxide | Species | Wistar rats were used for this study |
| Piette et al., 2006 | Pharmacokinetic study of a new synthetic MMP inhibitor (Ro 28-2653) after IV and oral administration of cyclodextrin solutions | Species | Sheep were used for this study |
| Evrard et al., 2002 | Oral bioavailability in sheep of albendazole from a suspension and from a solution containing hydroxypropyl-β-cyclodextrin | Species | Sheep were used for this study |
| Miyake et al., 2000 | Improvement of Solubility and Oral Bioavailability of Rutin by Complexation with 2-Hydroxypropyl-b- cyclodextrin | Species | Beagle dogs were used for this study |
| Veiga et al., 2000 | Oral bioavailability and hypoglycaemic activity of tolbutamide/cyclodextrin inclusion complexes | Species | Rabbits were used for this study |

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