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Lecture 26: Significance of Humour in Communication

1. Identify a serious situation where your or someone else's sense of humour diffused it.

Ans: During the deadline of some Homework, I and my group members are doing it. We are very seriously doing work. Suddenly one of my group member's friends has come. He started talking with others and I am still doing some work. He offers something to eat, as I am going to eat, others are saying that it is some type of drug which will make me go to mad. But they said it after I completed ate it. I feared and started thinking something will happen and I will mad. I become crazy but suddenly I started laughing then one of my group members said it is not some type of drug, it is some thing which it is good for digestion. Then I got some angry but I too started laughing. That friend made the serious situation into humour.

2. Note down some of the negative applications of humour and the ways in which one could avoid it—giving an example of a negative humour that hurt your sentiments.

Ans: Some of the negative applications of humour are like passing sarcastic remarks, poking fun at others, teasing others, laughing at other's disability, joking on others' physique, race, caste, religion, or anything personal. These can avoid by making the person who is making jokes that it is hurting others' feelings or making distance for that person forever if they do not understand.

There is an incident that hurt my sentiments. In the JEE preparation time, our sir explains the advantage of being low caste for giving into IIT. He said it because I was good in studying and college want good rank. My friends started teasing that if I study or not, I will give good rank because of my caste. It hurt my sentiments. But in last, I got into IIT with 95% percentile, but my friends got less percentiles.

3. Recall a humorous person that you are so fond of. Identify the unique traits of this person that make them so humorous.

Ans: There are many humorous people that I am so fond of. At every stage of my life, there is humorous people who made humour in serious situation or made us to be fresh and active. I think I had a fun time during 10th class because of one boy who make jokes and make all the class and teachers laugh. As during that time, all are preparing for boards which make all to be serious but he made it free of tension and enjoy time. The unique traits of this person that make them so humorous are quick wit, playfulness, timing and delivery, versatility, empathy, and positive outlook. I want to share some joke of his.

It is morning of exam day, all are preparing for exam, he came late to class.

Teacher: why are you late to class?

Boy: English teacher stopped me and give me a support for exam.

All are shock because English teacher always avoid him because of his jokes, which are something mam likes.

Teacher: what kind of support that make you late to come?

He then kept his hand in basket and showed all the "sapota" this kind of fruit. [the actual name of the fruit is sapodilla, but in my language, it is called as sapota.]

As all thought sapota and support are same, all laughed teacher too.

[I hope you understand the joke]

Lecture 27: Humour in the Workplace

1. Analyse the graph of laughter quota in your life and identify the ways in which you could improve it.

Ans: If I got the graph of laughter quota in my life, with y-axis represents the level of laughter and x-axis represents time, then the graph would some trending line till now. I am joy person, I take any things with positive way, but I will get sometime angry. The ways in which I could improve it and make it constantly increasing by

- Cultivate a sense of humor
- Practice gratitude
- Spend time with loved ones
- Engage in playfulness
- Find humour in challenges
- Practice self-care
- Stay positive

2. Note down some of the ways in which humour could be improved at the workplace.

Ans: Ways in which we could improve humour at the workplace by

- Encourage positive humour
- Use humour to break the tension
- Celebrate achievements with humour
- Create space for fun activities
- Utilize technology

3. Recall an instance in which humour improved your productivity.

Ans: An instance which happened in 5th semester endsem time, I and my group members have presentation and other course exam. We all did not sleep and make presentation slides and report. One of member was in his room and doing work but suddenly he started sending fun reels in WhatsApp group, all started making fun and scam in group. We all laughed in library and all started see us. Then we had a break and then we started working together continuously till morning without sleeping. In this incident, humour improved our productivity that make us not to stop work without sleeping.

Lecture 28: Function of Humour in the Workplace

1. “Humour creates warmth and destroys coldness.” Substantiate.

Ans: Humour has the power to create warmth and destroy coldness in various ways:

- Builds connections
- Reduces tension
- Promotes empathy
- Encourages open communication
- Strengthens relationships

Overall humour acts as powerful tool for fostering warmth and connection among individuals, breaking down barriers etc. Through shared laughter and light-heartedness, humour creates an environment where emotional coldness cannot thrive.

2. Is empathy required while employing humour as a communication strategy?

Elaborate.

Ans: Yes, empathy is essential when employing humour as a communication strategy.

- Understanding audience sensitivities
- Connecting on a personal level
- Reading non-verbal cues
- Avoiding offense
- Building trust and rapport

By incorporating empathy into their approach to humour, communicators can enhance the effectiveness of their communication and create a positive and inclusive environment.

3. Identify two ways in which you could use humour to express yourself in a creative manner.

Ans: Ways in which we could use humour to express ourselves in a creative manner:

- When we begin a meeting or a presentation with a joke, it makes the audience relate easily.
- As we keep adding our humour to our workplace, our rigidity of thoughts and ideas will soon disappear and we will become adaptable, flexible, spontaneous, open, and confident.
- When we nurture a playful attitude towards our work as if we are achieving more and more just for fun, the enormity of the work will not overwhelm us.

Lecture 29: Money and Personality

1. Make an honest assessment of your money personality and suggest ways in which you could refine it.

Ans: I think my money personality till now is Spender who spend on food, clothes etc and somewhat Saver. I could refine it by

- Assess current financial habits
- Set clear financial goals
- Create a budget
- Seek professional advice
- Practice gratitude
- Review and adjust regularly

2. How many things do you have that money can't buy?

Ans: Things that money cannot buy are Time, Happiness, Inner Peace, Integrity, Love, Character, Manners, Health, Respect, Morals, Trust, Patience, Class, Common sense, and Dignity.

3. Would you be able to survive in a foreign country without money (assume all money got stolen) where they speak in a completely unknown language to you? Substantiate your reasons.

Ans: Surviving in a forging country without money and where the language is completely unknown would be an incredibly and challenging situation. It can somewhat possible if

- Resourcefulness: I can find any charitable organization that help in giving me food, water, and shelter.

- Non-verbal communication: While the language barrier presents a significant challenge, I can use non-verbal communications includes gestures, facial expressions, and body-languages.

Lecture 30: Managing Money

1. Identify an impulsive purchase that you regretted so much later. Suggest ways in which you could avoid impulsive purchases.

Ans: I think the impulsive purchase that I regret so much later is dinner table set. I and my sisters asked my father to buy it now and we brought it. We have used it just 1 week after that it is left for keeping things. As we continuous to sit on floor and eat. We can avoid impulsive purchases by doing enough survey before buying it. If we do not sure about buying, leave the place, go home, give a second thought, take time before deciding to buy the product.

2. Recall an instance where your positive qualities gave you an advantage over money.

Ans: I have heard this incident for others.

In the job interview where two candidates are equally qualified for a position but one candidate demonstrates exceptional interpersonal skills, enthusiasm, and a positive attitude while other candidate lacks these qualities but offers higher salary expectation. In this case, the candidate with positive qualities may have an advantage over money. The interviewer may be more inclined to hire that candidate because they are likely to contribute positively to the work environment, collaborate effectively with colleagues and represent the company well. Employers recognize the importance of hiring candidates who not only possess the necessary skills and qualifications but also exhibit positive qualities that align with the company culture and values.

3. Identify some skills/qualities in you that make you indispensable. How do you intend to develop your indispensability to a much higher level?

Ans: Hard and soft skills which are important for that job are there in you, then it make you indispensable. To give in higher level, you must invest in yourself and develop core competence at work and establish your uniqueness is your primary objective. To create your own wealth, you must be irreplaceable, wherever you are and whatever you do. Your only job security is your indispensability.