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Autonomous work #2

Ten ways to have a better conversation

https://www.ted.com/talks/celeste_headlee_10_ways_to_have_a_better_conversation#t-153232

Part 1

Watch the video above and:

1. Find the answers in what she says:

What's the purpose of her talk?

She wants to make people better conversationalist by giving 10 basic rules.

Why is this message important to her?

We live in a world where every conversation can become really quick an argumentation as there are many sensitives subjects. But the point is that we also live in a world where we are more polarized than ever in history because nobody listens each other. This is why she want us to be better conversationalist.

2. Find the answers in what you understood of the video:

Do you think her talk was interesting for her audience? Why? How do you know that?

I think she achieved to get all the attention from her audience because people laughed a lot and they all reacted quickly. This is also what permit to get them interested into her subject.

Do you think the words she used were appropriate to the level of understanding of the topic of her audience?

Yes, I don't think she has used complicated word. I didn't know all the used expression but it's fine as the audience was composed of native English.

3. Match the rules and their explanations

1-E	2-I	3-G	4-B	5-A	6-J	7-C	8-F	9-D	10-H
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1	Don't multitask	A	Don't invent answers if you don't have them.
2	Don't pontificate	B	Pay attention all the way through.
3	Use open-ended questions	C	Don't say the same things non-stop, in same or different ways.

4	Go with the flow	D	Don't speak at the same time. Don't think about something else while someone is speaking.
5	If you don't know, say that you don't know	E	Be present in the conversation 100% .
6	Don't equate your experience with theirs	F	Don't say useless details.
7	Don't repeat yourself	G	Don't start questions with the verb to be.
8	Stay out of the weeds	H	Listen more than speak.
9	Listen	I	Don't act like you know it all.
10	Be brief	J	Don't talk about you when they are trying to share their experiences.

Part 2

Reflection

TOPIC

What topics are you considering for your presentation?

I think I will speak about social media, what's their influences on our behavior, ect

PLAN

Reflect on these questions for each of your topics

What's your purpose? Make people realize what they lose using social media

Why is this message important to you? Because social media have a big impact on our society by polarizing politics, ultra-sexualizing women, reduce motivation, wasting time.

What's your audience's interest? Mainly young people

What's their level of understanding? Baseline, the average of that people know

Part 3

Choose **one of the questions** to answer. Transform your answer into a 200/220-word article.

Questions
How to talk about (topic of your choice) ?
What are the advantages and drawbacks of multitasking?
How useful is it to ask questions in a conversation?
How hard is it for you to admit you're wrong?
What are the advantages and drawbacks of being brief?

Create a layout for your article. Make it visually interesting so that people will want to read it!

Download it here so that students from L3 SEGE and L3 MIASHS can read it:

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How to write a feature article <https://www.wikihow.com/Write-a-Feature-Article>

You can read other articles in English to help you answer – don't forget to send me the links you consulted. And attention! All plagiarism will result in 0 as your mark.

What are the advantages and drawbacks of multitasking?

Quickly switch from a task to another can be really useful when those tasks are simple. For example, talking on the phone while making breakfast or listening to radio while responding to an email.

But nowadays, it's easy to get distracted from a task to another. Any notification makes us switch from mail to social network to browsing. But when it's time to work, it's difficult to stay focus, we start thinking about what will append tomorrow, what if I open a video game or watch a video beside my work. Consciously we don't see the difference but some psychological experiment showed us the other side of multitasking and the impact of distraction in our life.

In fact, it may be obvious that interruptions will increase the time it takes to finish a task. If you're in front of a deadline, you have two choices :

- Stress and speed up i.e in the long term develop all the health problems that come with stress and anxiety
- Reduce the quality of your work to finish in time

I think we all agree with that, but if you're a bit organized this situation don't appear often. That can be okay to take 30 additional minutes to write an essay or remove the task from your to-do list. But the problem is that interruption reduce the quality of your essay anyway, and extra-time to finish doesn't help. An experiment showed that, extra-time or not, interruption still reduce the quality of the essays by approximately half a point.

Here is one of the numerus arguments against multitasking, maybe we'll speak of other in further futures articles.

<https://www.discovermagazine.com/mind/multitaskers-are-bad-at-multitasking-study-shows>

<https://www.livescience.com/47323-distraction-damages-work-quality.html>

<https://www.nytimes.com/2013/05/05/opinion/sunday/a-focus-on-distraction.html>

<https://www.ics.uci.edu/~gmark/chi08-mark.pdf>

<https://www.youtube.com/watch?v=H5LpKMAzFL4>

<https://www.quora.com/What-are-the-advantages-and-disadvantages-of-multitasking-and-single-tasking-when-compared-to-each-other>

<https://gradelearning.com/pros-and-cons-of-multitasking/>