

# Charles-Étienne Lavoie

PHD CANDIDATE / PRESIDENT, NQUERIO  
2281, Pie IX, Montréal (Québec) H1V 2E6  
☎ 438-393-2410 | ✉ celavoie96@gmail.com

This CV is generated from a reproducible R Markdown source using the {vitae} package. Source: <https://github.com/CharlesEtienneLavoie/cv>

## Education

### Psychology Doctorate, research profile (PhD)

UNIVERSITÉ DU QUÉBEC À MONTRÉAL

- Thesis: The role of coping strategies and emotional regulation in resolving work-family conflict episodes
- Advisor: Professor Nathalie Houltfort

Montréal, Québec, Canada

2018/09 - ongoing

### Psychology Doctorate, clinical profile (PsyD)

UNIVERSITÉ DU QUÉBEC À MONTRÉAL

- Schooling completed

Montréal, Québec, Canada

2018/09 - 2024/09

### Bachelor's degree in psychology (B.Sc.)

UNIVERSITÉ DU QUÉBEC À MONTRÉAL

- Honor thesis (supervised by Professor Robert J. Vallerand)

Montréal, Québec, Canada

2015/09 - 2018/09

### Diploma of Collegial Studies (Social Sciences)

COLLÈGE DE MAISONNEUVE

- Special mention for involvement

Montréal, Québec, Canada

2013/09 - 2015/09

## Publications

### PEER-REVIEWED JOURNAL ARTICLES: PUBLISHED AND ACCEPTED

4. Malchelosse, K., Houltfort, N., **Lavoie, C.-É.**, & Masson, R. (2023). The role of resilience and psychological needs satisfaction in the relationship between passion for work and work-life enrichment. *Current Psychology*, 1-17.
3. Pellerin, S., Ollier-Malaterre, A., Kossek, E.E., Afota, M.C., Cousineau, L., **Lavoie, C.-É.**, Beham, B., Morandin, G., Russo, M., Jaga, A., Ma, J., Léon, E., Lu, C-q., & Parent-Rocheleau, X. (2023). The Right to Disconnect: A Policy Innovation First Step. *Stanford Social Innovation Review*.
2. **Lavoie, C.-É.**, Vallerand, R. J., & Verner-Filion, J. (2021). Passion and emotions: The mediating role of cognitive appraisals. *Psychology of Sport and Exercise*, 54, 101907.
1. **Lavoie, C.-É.**, & Houltfort, N. (accepted). The interplay of coping with role conflict and emotion regulation: Creation and validation of the Coping with Role Conflict Scale. *Frontiers in Organizational Psychology*.

### PEER-REVIEWED JOURNAL ARTICLES: UNDER REVIEW

2. Conigrave, J. H., Bradshaw, E. L., **Lavoie, C.-É.**, Lee, K., & Ryan, R. M. (under review). When alcohol fills the gap: Basic psychological need satisfaction and frustration predict hazardous drinking. Manuscript under review at *Psychology of Addictive Behaviors*.
1. Boutin, S., **Lavoie, C.-É.**, Martin-Storey, A., & Paquette, G. (under review). Are gender-based attitudes associated with relational aggression in adolescence? Manuscript under review at *Revue de psychoéducation* (thematic section on peer relationships).

### MANUSCRIPTS IN PREPARATION

6. **Lavoie, C.-É.**, & Gagné, M. (in preparation). *To expand or to refine basic psychological needs theory? The case of incremental competence and novelty in self-determination theory*. Manuscript in preparation for submission to *Motivation and Emotion*.

5. Afota, M.-C., Ollier-Malaterre, A., Russo, M., Chung, H., Jaga, A., **Lavoie, C.-É.**, Abendroth-Sohl, A.-K., Nordberg, T. H., Nilsen, W., Lupu, I., Mabaso, B. P., & Lévesque, J. (in preparation). *Digital detox and our relationship with digital technologies: A collaborative autoethnography of researchers and practitioners*. Manuscript in preparation for submission to *New Technology, Work and Employment*.
4. **Lavoie, C.-É.**, & Houlfort, N. (in preparation). *Coping strategies and emotion regulation in work–life conflict: A longitudinal study*. Manuscript in preparation for the *Journal of Occupational Health Psychology*.
3. Adu, C., **Lavoie, C.-É.**, & Houlfort, N. (in preparation). *Balancing act in play: Development of role boundary management profiles among student-athletes*. Manuscript in preparation for submission to *Psychology of Sport and Exercise*.
2. Houlfort, N., & **Lavoie, C.-É.** (in preparation). *Basic psychological needs and well-being at work and at home in the context of work–family conflict episodes: A daily diary study*. Manuscript in preparation for submission to the *Journal of Organizational Behavior*.
1. Masson, R., **Lavoie, C.-É.**, & Houlfort, N. (in preparation). *Perceived sacrifices in boundary management: Scale development and validation*. Manuscript in preparation for submission to the *Journal of Occupational and Organizational Psychology*.

### OTHER SCHOLARLY OUTPUTS (SOFTWARE)

1. **Lavoie, C.-É.** (2024). *celflow*: Helpers for good practices in data preparation for psychology research (R package). Streamlines data cleaning, transformation, quality control, and SEM power simulation. GitHub: <https://github.com/CharlesEtienneLavoie/celflow>

## Recognitions & Awards

<b>2013-2024</b>	<b>Total Amount Offered</b> .....	<b>\$42,000</b>
2021-2023	3. Doctoral Research Award .....	\$21,000
2021-2024	2. Doctoral Research Award .....	\$21,000
2013	1. Governor General’s Academic Medal (Bronze) .....	—

## Teaching

<b>Lecturer - ORH3000: Applied Research Methods in Human Resources Management</b>	<i>Montreal, Quebec, Canada</i>
ESG UQAM, DEPARTMENT OF ORGANIZATION AND HUMAN RESOURCES	<i>2023/09 - ongoing</i>
<ul style="list-style-type: none"> <li>• Taught undergraduate course on research methods (Fall 2023, Winter 2024, Fall 2024)</li> <li>• Achieved high teaching evaluations: 3.93/4 (Fall 2023), 3.88/4 (Winter 2024), 3.89/4 (Fall 2024)</li> </ul>	
<b>Teaching Assistant</b>	<i>Montreal</i>
UQAM, DEPARTMENT OF PSYCHOLOGY	<i>2020/9 - 2024/5</i>
<ul style="list-style-type: none"> <li>• Teaching Assistant for various courses</li> </ul>	
<b>Animator, Teacher and Coach</b>	<i>Montreal</i>
YMCA, UQAM, COMMISSION SCOLAIRE MARGUERITE-BOURGEOIS, COLLÈGE DE MAISONNEUVE, ETC.	<i>2013 - 2020</i>
<ul style="list-style-type: none"> <li>• Animator, Teacher and Coach</li> </ul>	
<b>Test Administrator</b>	<i>Montreal</i>
SOCIÉTÉ DE TRANSPORT DE MONTRÉAL (STM), DIVISION - DOTATION ET PLANIFICATION DE LA MAIN-D’OEUVRE	<i>2020/9 - ongoing</i>
<ul style="list-style-type: none"> <li>• Test Administrator</li> </ul>	

## Invited Talks

3. **Lavoie, C-E.** (2017). *Managing stress to thrive in the dance program*. Workshop presented at the Student Success Promotion Day in the Dance Program, CÉGEP Saint-Laurent, Montreal, Canada.
2. **Lavoie, C-E.** (2017). *Managing stress to foster well-being in a health promotion context*. Workshop presented at the Trainer Recertification Congress - YMCA of Quebec, Montreal, Canada.

1. **Lavoie, C-E.** (2015, 2016, & 2017). *Managing stress to thrive in college*. Workshops presented during new student welcome ceremonies at Collège de Maisonneuve, Montreal, Canada.

## Conference Talks

---

2. **Lavoie, C-E.,** & Vallerand, R.J. (2018). *Passion and emotions: The mediating role of cognitive appraisals*. Oral presentation at the Annual Colloquium of the Department of Psychology, UQAM, Montreal, QC, Canada.
1. **Lavoie, C-E.,** & Vallerand, R.J. (2018). *Passion and emotions: The mediating role of cognitive appraisals*. Oral presentation at the Colloquium of Specialization Theses, UQAM, Montreal, QC, Canada. “

## Conference Poster Presentations

---

11. Malchelosse, K., **Lavoie, C. É.,** Masson, R., & Houlfort, N. (2022). *Psychological Needs Satisfaction as a Mediator in the Relationship Between Passion for Work and Work-Life Enrichment*. Poster presentation at the Tenth SELF International Conference.
10. Malchelosse, K., **Lavoie, C. É.,** Masson, R., & Houlfort, N. (2022). *The relationship between passion for work and the subdimensions of work-life enrichment*. Poster presentation at the 2022 conference of the Société Québécoise pour la Recherche en Psychologie (SQRP).
9. **Lavoie, C. É.,** Masson, R., Malchelosse, K., & Houlfort, N. (2021). *Effects of supervisor autonomy support on work-family balance: The mediating role of cognitive appraisals*. Poster presentation at the 2021 conference of the Société Québécoise pour la Recherche en Psychologie (SQRP), virtual conference.
8. Malchelosse, K., **Lavoie, C. É.,** Masson, R., & Houlfort, N. (2021). *Passion and inter-role enrichment: A look at workers with two occupational roles*. Poster presentation at the 2021 conference of the Société Québécoise pour la Recherche en Psychologie (SQRP), virtual conference.
7. Masson, R., **Lavoie, C. É.,** Malchelosse, K., & Houlfort, N. (2021). *Passion and role performance: A look at the mediating role of psychological needs*. Poster presentation at the 2021 conference of the Société Québécoise pour la Recherche en Psychologie (SQRP), virtual conference.
6. **Lavoie, C-E.,** Vallerand, R.J., & Verner-Filion, J. (2019). *Passion and emotions: The mediating role of cognitive appraisals*. Poster presentation at the 6th International Positive Psychology Association (IPPA) Conference, Melbourne, Australia.
5. **Lavoie, C-E.,** Vallerand, R.J., & Verner-Filion, J. (2019). *Passion and emotions: The mediating role of cognitive appraisals*. Poster presentation at the 7th International Conference on Self-Determination Theory, Egmond aan Zee, Netherlands.
4. **Lavoie, C-E.,** Vallerand, R.J., & Verner-Filion, J. (2018). *The role of cognitive appraisals as mediators of the passion-emotion relationships*. Poster presentation at the 35th Anniversary of the Social Behavior Research Laboratory, Montreal, Canada.
3. **Lavoie, C-E.,** & Vallerand, R.J. (2018). *The role of cognitive appraisals as mediators of the passion-emotion relationships*. Poster presentation at the 4th Canadian Conference on Positive Psychology, Toronto, Canada.
2. **Lavoie, C-E.,** & Vallerand, R.J. (2018). *The role of cognitive appraisals as mediators of the passion-emotion relationships*. Poster presentation at the 29th International Congress of Applied Psychology, Montreal, Canada.
1. Schlobach, M., Ostiguy, D., **Lavoie, C-E.,** and Figueroa Mendez, A. (2016). *Students as producers of intervention instruments: Social innovation at Collège de Maisonneuve*. Poster presentation at the ARC colloquium as part of the 84th Acfas Congress, Montreal, Canada.

## Academic Service

---

### Student Representative

PSYCHOLOGY PROGRAM COMMITTEE

- Student Representative

Université du Québec à Montréal

2016-2022

### Student Representative

HUMANITIES PROGRAM COMMITTEE

- Student Representative

Collège de Maisonneuve

2013-2015

### Pedagogical Assistant

STUDENT ASSOCIATION

- Pedagogical assistant

Collège de Maisonneuve

2013-2015

### Student Representative

BOARD OF STUDIES

- Student Representative

Collège de Maisonneuve

2013-2015

## Administrator

STUDENT COOPERATIVE

- Administrator

Collège de Maisonneuve

2013-2015

## Animator

'L'ÉTÉ-RATURE' PROJECT

- Animator

Marguerite-Bourgeois school board,

Montreal

2013-2015

## Adolescent Representative

COUNCIL OF ELECTED REPRESENTATIVES

- Adolescent representative

Forum jeunesse de l'île de Montréal

2013-2015

## Media Coverage

---

1. Interview aired: (2016/9) *Experience of an engaged college student*, Salut Bonjour, TVA. Long version available in the Student Ambassadors section of the site: [lecegep.com](http://lecegep.com)

## Other Research Experience

---

### President

NQUERIO - TECHNOLOGICAL SOLUTION FOR ADVANCED SCIENTIFIC RESEARCH METHODS

- Technological solution for advanced scientific research methods

Montreal

2022/9 - ongoing

### Research Laboratory Coordinator

VITRAI, UQAM, UNIVERSITÉ DU QUÉBEC À MONTRÉAL

- Research Laboratory Coordinator

Montreal

2022 - ongoing

### Research Assistant, Technical Assistance, Statistical Consulting

UQAM, DEPARTMENT OF PSYCHOLOGY AND ÉCOLE SUPÉRIEURE DE GESTION (EGS)

- Research assistance
- Technical assistance to the ethics committee
- Statistical consulting

Montreal

2021 - ongoing

### Consultant in Statistical and Psychometric Analysis

GAUTHIER MURTADA AND PARTENAIRES

- Consultant in Statistical and Psychometric Analysis

Montreal

2019/11 - 2019/12

### Research Assistant

ORGANIZATIONAL BEHAVIOR RESEARCH LABORATORY, UQAM

- Several projects carried out under the supervision of Professor Nathalie Houltfort and Professor Robert J. Vallerand

Montreal

2016/10 - 2021/5

### Research Assistant

INSTITUT DE RECHERCHE SUR L'INTÉGRATION PROFESSIONNELLE DES IMMIGRANTS, COLLÈGE DE MAISONNEUVE

- Under the supervision of Dr. Monica Schlobach

Montreal

2015/2 - 2015/12

## COMPETENCIES

Open science, Research skills, Teamwork, Organizational psychology, Online questionnaire design, R (programming language), Quantitative research, Statistics and data analysis, Public speaking, Qualtrics, Logistics and research technologies, Teaching and popularisation of science.

## LANGUAGES

French (native), English (advanced)