



Rémi Thériault

PHD STUDENT

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My training and interests lie at the intersection of social psychology, neuroscience, and positive psychology. One of my research areas deals with the mind-body connection, for example through exploring alterations in the sense of embodiment, the placebo effect, and mindfulness. A second central research area of mine focuses on prosociality: empathy, perspective-taking, altruism, loving-kindness, and self-control.

Education

PhD (Psychology - Social)

UNIVERSITÉ DU QUÉBEC À MONTRÉAL

Montréal, Québec, Canada

2018/09 - Present

Master of Science (Psychiatry)

MCGILL UNIVERSITY

Montréal, Québec, Canada

2016/09 - 2018/08

Bachelor of Arts (Psychology, Behavioral Science, & Sociology)

MCGILL UNIVERSITY

Montréal, Québec, Canada

2013/01 - 2016/04

Courses taught

PSY5610 - La psychologie des attitudes

UNIVERSITÉ DU QUÉBEC À MONTRÉAL

Montréal, Québec, Canada

Winter 2019

Recognitions And Awards

2022	Prix reconnaissance de l'implication étudiante (UQAM) - Projet, Volet Santé et saines habitudes de vie ..	\$1,000
2022	Prix Relève étoile Paul-Gérin-Lajoie, for best paper (FRQSC)	\$1,000
2021	Bourse d'implication Desjardins, for student involvement	\$2,000
2021-2024	Finalist only (< 6% of applicants) for the Pierre Elliott Trudeau Scholarship (valued at \$180,000)	\$0
2021	Bourse d'excellence de l'Institut des sciences cognitives (UQAM)	\$2,000
2019	McGill Department of Psychiatry Travel Award	\$485
2019	Storytellers public speaking contest Finalist (SSHRC)	\$3,000
2018-2021	Joseph-Armand Bombardier Canada Graduate Scholarship-Doctoral (SSHRC)	\$105,000
2018-2021	Fonds de recherche du Québec - Société et culture-Doctoral — Declined	(\$84,000)
2017-2018	Joseph-Armand Bombardier Canada Graduate Scholarship-Master's (SSHRC)	\$17,500
2017-2018	Fonds de recherche du Québec - Société et culture-Master's — Declined	(\$15,000)
2017-2018	Graduate Excellence Fellowship in Mental Health Research	\$10,000
2015	Faculty of Arts Research Internship Award	\$4,000
2013	Je prends ma place Laureate, for citizen engagement (Québec Government)	\$1,000
2013	Forces Avenir Laureate – College, Committed Student	\$2,500
2012	Bourse Coopérative-Odyssée, for student engagement	\$750
2011	Bourse Édouard-Montpetit-Desjardins, for student engagement	\$750
2011-2022	Total Amount Offered	\$249,985

Research Grants

Francisco J. Varela Research Grant (Mind & Life Institute) - PI

TRANSFORMING HABITS FROM THE HEART: FROM GOOD INTENTIONS TO RELIABLE PROSOCIAL RESPONSE

USD \$20,000

2019 - 2022

Software (R Package)

Thériault, R. (2022). rempsyc: Convenience functions for psychology. <https://github.com/rempsyc/rempsyc> Version = 0.0.3.3.

Publications

- Thériault, R.**, Dion-Cliche, F., & Dandeneau, S. (2022). Fear of negative evaluation moderates the effect of social inclusion and social feedback on fundamental needs. Under peer review at *Social Psychological and Personality Science*. Preprint: <https://psyarxiv.com/xc4g7/>
- Thériault, R.**, Landry, M., & Raz, A. (2022). The Rubber Hand Illusion: Top-down attention modulates embodiment. *Quarterly of Experimental Psychology*. <https://doi.org/10.1177/17470218221078858>
- Thériault, R.**, Olson, J. A., Krol, S. A., & Raz, A. (2021). Body swapping with a black person boosts empathy: Using virtual reality to embody another. *Quarterly Journal of Experimental Psychology*. <https://doi.org/10.1177/17470218211024826>.
- Krol, S. A., **Thériault, R.**, Olson, J. A., Raz, A., & Bartz, J. (2020). Self-concept clarity and the bodily self: Malleability across modalities. *Personality and Social Psychology Bulletin*, 46(5). <https://doi.org/10.1177/0146167219879126>
- Thériault, R.** (2019). Book review: Awareness is freedom: The adventure of psychology and spirituality. *Frontiers in Psychology*, 10(2814). <https://doi.org/10.3389/fpsyg.2019.02814>
- Thériault, R.**, & Raz, A. (2018). Patterns of bronchial challenge testing in Canada. *Canadian Journal of Respiratory Therapy*, 54(2), 41-47. <https://doi.org/10.29390/cjrt-2018-006>
- Lifshitz, M., Sheiner, E. O., Olson, J., **Thériault, R.**, & Raz, A. (2017). On suggestibility and placebo: A follow-up study. *American Journal of Clinical Hypnosis*, 59(4), 1-8. <https://doi.org/10.1080/00029157.2016.1225252>

Other Contributions (Academic Service)

Reviewer for *Psychology of Consciousness: Theory, Research, and Practice*, January 2022.

Reviewer for the *XXI World Congress of Medical and Clinical Hypnosis*, organized by the International Society of Hypnosis and the Société Québécoise d'Hypnose, August 22-25, 2018, Montréal.

Leadership Experience

Département de psychologie (Université du Québec à Montréal)

Montréal, Québec

YOGA & MEDITATION STUDENT COMMITTEE LEAD

2019/01 – Present

- Organize affordable weekly yoga sessions for psychology students on campus (Winter 2022)
- Wrote and successfully obtained 2 grants for the project (first: \$1,697.85; second: \$500)
- Organized and guided weekly meditations for psychology students on campus (Winter 2019)
- Project objective is to improve student mental health with evidence-based mind-body exercises

Canadian Positive Psychology Association (CPPA)

Montréal, Québec

LEAD STUDENT AMBASSADOR & CO-FOUNDER, STUDENT AMBASSADOR PROGRAM

2019/09 – Present

- As lead, manage about 70 other Student Ambassadors for various projects (blog, webinar, logo, Instagram, etc.)
- Editor-in-Chief for the blog project. Reviewed/supervised the publication of more than 20 blogs (see <https://medium.com/@cppastudents>)
- Weekly Core Team (board) meetings, monthly meetings for each project
- Organize and host webinars periodically, various involvement in other projects

International Positive Psychology Association (IPPA)

Montréal, Québec

REGIONAL REPRESENTATIVE (FOR THE PROVINCE OF QUÉBEC) OF THE STUDENT DIVISION (SIPPA)

2017/12 – Present

- Connect local members to IPPA's Student Division
- Monthly meetings and brainstorming with Representatives and SIPPA Executive Team
- Created an interactive map of locations of all representatives across the globe for the website
- Contribution to SIPPA newsletter

Regroupement québécois de psychologie positive

Montréal, Québec

MEMBER OF THINK-TANK FOR THE FUTURE OF POSITIVE PSYCHOLOGY IN QUÉBEC

2016/04 – Present

- Participate to group meetings, discussions, debates, vision, and orientations
- Part of a) research, b) clinical, c) student, and d) English community committees
- Contribute to advertisement and goals of the group through public outreach, document preparation, help with organization of conference, and presentations to student associations to foster collaborations
- Lead development of freshly formed student division

SOI (Sagesse, Ouverture, Intégrité)

Cégep Édouard-Montpetit

FOUNDING PRESIDENT

2010/09 – 2012/09

- Led the executive administrative board (6 people); managed budget (about \$700/year); promoted well-being, happiness, and health, and led activities based on psychological principles

Credit

This CV was made using the [vitae](#) package in R, and a great deal of inspiration from [Dominique Makowski's template](#)