RÉMI THÉRIAULT, MSc

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EDUCATION

2018/09– Present	**PhD (Psychology – Social)** GPA: 4.30/4.30 Supervisor: Stéphane Dandeneau	**Université du Québec à Montréal (UQAM)**
2016/09– 2018/08	**Master of Science (Psychiatry)** GPA: 4.00/4.00 Supervisor: Amir Raz Advisory Committee: Amir Raz, Jennifer Bartz, Donald Taylor, & Samuel Veissière	**McGill University**
2013/01 –2016/04	**Bachelor of Arts (Psychology, Behavioral Science, & Sociology)** GPA: 3.76/4.00 (Distinction – top 25%) Supervisor: Amir Raz	**McGill University**
2010/08 – 2012/09	**Diplôme d'Étude Collégial (Sciences humaines)** Cote R: 30.754	**Cégep Édouard-Montpetit**

COURSES TAUGHT

Winter 2019	**PSY5610 – *La psychologie des attitudes*.** Undergraduate university class (38 students)	**Université du Québec à Montréal (UQAM)**

RESEARCH GRANTS

2019-2021	*Mind & Life Francisco J. Varela Research Grant (Mind & Life Institute)*...	US $20,000

RECOGNITIONS AND AWARDS

2022	*Prix Relève étoile Paul-Gérin-Lajoie*, for best paper (FRQSC)..	$1,000
2021	*Bourse d'implication Desjardins*, for student involvement..	$2,000
2021-2024 (Finalist)	Finalist (< 6% of applicants) for the *Pierre Elliott Trudeau Scholarship*..	($180,000)
2021	*Bourse d'excellence de l'Institut des sciences cognitives* (UQAM)...	$2,000
2019	*McGill Department of Psychiatry Travel Award*...	$485
2019	*Social Sciences and Humanities Research Council (SSHRC) Storytellers Finalist*...............................	$3,000
2018-2021	*Joseph-Armand Bombardier (SSHRC) Canada Graduate Scholarship-Doctoral*..............................	$105,000
2018-2021 (Declined)	*Fonds de recherche du Québec - Société et culture-Doctoral*...	($63,000)
2017-2018	*Joseph Armand Bombardier (SSHRC) Canada Graduate Scholarship-Master's*.............................	$17,500
2017-2018 (Declined)	*Fonds de recherche du Québec - Société et culture-Master's*..	($15,000)
2016-2017	*McGill University Graduate Excellence Fellowship in Mental Health Research*..............................	$10,000
2015	*McGill Faculty of Arts Research Internship Award*..	$4,000
2013	*Je prends ma place* Laureate, for citizen involvement (Government of Québec)............................	$1,000
2012	*Forces Avenir* Laureate – College, Committed Student..	$2,500
2012	*Bourse Coopérative-Odyssée*, for student involvement..	$750
2011	*Bourse Édouard-Montpetit-Desjardins*, for student involvement..	$750

R PACKAGE (SOFTWARE)

Thériault, R. (2022). rempsyc: Convenience functions for psychology. https://github.com/rempsyc/rempsyc Version = 0.0.1.

PEER-REVIEWED PUBLICATIONS

Thériault, R., Landry, M., & Raz, A. (2022). The Rubber Hand Illusion: Top-down attention modulates embodiment. *Quarterly Journal of Experimental Psychology*. https://doi.org/10.1177/17470218221078858

Thériault, R., Olson, J. A., Krol, S. A., & Raz, A. (2021). Body swapping with a black person boosts empathy: Using virtual reality to embody another. *Quarterly Journal of Experimental Psychology*. https://doi.org/10.1177/17470218211024826.

Krol, S. A., **Thériault, R.**, Olson, J. A., Raz, A., & Bartz, J. (2020). Self-concept clarity and the bodily self: Malleability across modalities. *Personality and Social Psychology Bulletin, 46*(5). https://doi.org/10.1177/0146167219879126

Thériault, R. (2019). Book review: Awareness is freedom: The adventure of psychology and spirituality. *Frontiers in Psychology, 10*(2814). https://doi.org/10.3389/fpsyg.2019.02814

Thériault, R., & Raz, A. (2018). Patterns of bronchial challenge testing in Canada. *Canadian Journal of Respiratory Therapy, 54*(2), 41-47. https://doi.org/10.29390/cjrt-2018-006

Lifshitz, M., Sheiner, E. O., Olson, J., **Thériault, R.**, & Raz, A. (2017). On suggestibility and placebo: A follow-up study. *American Journal of Clinical Hypnosis, 59*(4), 1-8. https://doi.org/10.1080/00029157.2016.1225252

NON-PEER-REVIEWED PUBLICATIONS

Miglianico, M.*, **Thériault, R.*,** Lavoie, B.*, Labelle, P., Joussemet, M., Veilleux, M., Lambert, J., Bertrand-Dubois, D. (2022). Pratiques cliniques inspirées par la recherche en psychologie positive. *Psychologie Française*. Under peer review [second round]. *These authors contributed equally.

Thériault, R., Dion-Cliche, F., & Dandeneau, S. (2022). Fear of negative evaluation moderates the effect of social inclusion and social feedback on fundamental needs. Under peer review at *Social Psychological and Personality Science*. Preprint: https://psyarxiv.com/xc4q7/

Thériault, R., Dandeneau, S, & Baldwin, M. (in preparation). All in a smiling face: The attentional benefits of dynamic attention training for low self-esteem individuals.

Thériault, R., Landry, M., Mattuck, S., and Raz, A. (in preparation). The Rubber Hand Illusion: Does cognitive load affect EEG & electrodermal activity?

Thériault, R., Corber, L., MacLean, C. W., Napoleon, J.-S., Olson, J., Turkakin, E., & Raz, A. (in preparation). Suggestion affects subjective breathlessness but not objective pulmonary function.

Thériault, R. (2018). *Comparing the effects of mental and embodied perspective-taking* (Master's thesis). McGill University, Montréal, Québec, Canada.

Thériault, R. (2016). *Exploring cognitive dimensions of body ownership* (Bachelor's thesis). McGill University, Montréal, Québec, Canada.

Thériault, R., Baron, A., & Cowell, B. (2012). *Comment les activités artistiques peuvent développer l'estime de soi chez les jeunes marginalisés : une intervention en cirque social à la maison des jeunes Kekpart* (Collegial thesis). Cégep Édouard-Montpetit, Longueuil, Québec, Canada.

INVITED TALKS

Thériault, R.*, Quilico, E.*, Tétreault, F.*, Labossière, S.*, Boudreau, S.* (2020, May 13; *all panelists contributed equally). Workshop with the SSHRC's Storytellers finalists: an opportunity to learn about and practice the art of presenting (Atelier avec les finalistes du concours CRSH – J'ai une histoire à raconter : une occasion d'apprendre et pratiquer l'art de la présentation). Panel organized by the *Centre for Interdisciplinary Research in Rehabilitation of Greater Montreal (CRIR)*. Presentation available from: https://youtu.be/8VfnOjnon30?t=4288.

Thériault, R., Dennie, A., Djehounke, L., Light, E., Chamberlain, C. W., Krol, S., Olson, J., & Raz, A. (2019, January 15). Immersive embodiment experiences improve intergroup relations, empathy, self-other overlap, and prejudice. Online webinar for the *Student Speaker Series* of the *Student Division of the International Positive Psychology Association*. Presentation available from: https://vimeo.com/user68157211/review/378278530/8d86f3cb33.

Thériault, R., Dennie, A., Djehounke, L., Light, E., Chamberlain, C. W., Krol, S., Olson, J., & Raz, A. (2018, October 25). Virtual-reality-based immersive embodiment experiences increase empathy, reduce prejudice. Oral presentation for the *Institute for Interdisciplinary Brain and Behavioral Science* in Orange, California.

Thériault, R., & Raz, A. (2016, December 8). Diagnosing asthma across Canada: question marks… and exclamation points! Oral presentation for the *Chronic Diseases Seminar* for the *Research Center of the Hôpital Sacré-Coeur de Montréal*, QC.

Thériault, R. (2016, October 19). Vers un changement constructif dans les communautés autochtones : une perspective de psychologie sociale. Oral presentation for the *Wampum Center* at the *Native Friendship Center of Montreal*, QC.

CONFERENCE TALKS

Thériault, R., Masson, R., Archambault, M., & & Dandeneau, S. (2022, June 16-20). Does loving-kindness meditation increase giving behaviors? Talk accepted for the *Tenth SELF International Conference* in Québec city, QC (but the conference has switched to an online format because of COVID).

Thériault, R., Dion-Cliche, F., & Dandeneau, S. (2022, June 17-19). Fear of negative evaluation moderates the effect of social inclusion and social feedback on fundamental needs. Talk accepted for the *2022 CPA Annual National Convention* in Calgary, AB.

Thériault, R. (2019, June 3). Réduire les préjugés et augmenter l'empathie via la réalité virtuelle. Talk presented at the *2019 Congress of the Humanities and Social Sciences* in Vancouver, BC.

Thériault, R., Corber, L., MacLean, C. W., Napoleon, J.-S., Olson, J. A., & Raz, A. (2018, August 24). Can suggestion affect pulmonary function in children with suspected asthma? Talk presented at the *21st World Congress of Medical and Clinical Hypnosis* in Montréal, QC.

Dennie, A., Djehounke, L., Light, E., Chamberlain, C. W., **Thériault, R.**, Krol, S., Olson, J., & Raz, A. (2018, June 5). Walking a mile in another's shoes: Can virtual reality decrease prejudice? Conference talk presented by first author at the *Research Day of the Douglas Hospital Research Centre and McGill Department of Psychiatry* in Montréal, QC.

Thériault, R., Krol, S., & Raz, A. (2017, July 14). Investigating the effects of mental versus embodied perspective-taking on prejudice. Talk presented at the *5th World Congress on Positive Psychology* in Montréal, QC.

Thériault, R., Landry, M., Mattuck, S., & Raz, A. (2017, June 2). The Rubber Hand Illusion: Does load affect EEG & electrodermal activity? Talk presented at the *Research Day of the Douglas Hospital Research Centre and McGill Department of Psychiatry* in Montréal, QC.

Lifshitz, M., Sheiner, E., Olson, J., **Thériault, R.**, & Raz, A. (2016, October 6). "On suggestibility and placebo". Conference talk presented by first author at the *67th meeting of the Society for Clinical and Experimental Hypnosis* in Boston, MA.

CONFERENCE POSTER PRESENTATIONS

Masson, R., **Thériault, R.**, Archambault, M., & Dandeneau, S. (2021, July). *Can loving-kindness meditation reduce aggressivity? A randomized controlled trial.* Poster session presented by first author at the *7th World Congress on Positive Psychology* in Vancouver, Canada (virtual conference because of COVID).

Masson, R., **Thériault, R.**, Archambault, M., & Dandeneau, S. (2021, June). *Can prosocial attitudes and behaviors be positively influenced by aggression and subjective fatigue?* Poster session presented by first author at the *Canadian Psychology Association's 82nd Annual National Convention*, Ottawa, Canada (virtual conference because of COVID).

Masson, R., **Thériault, R.**, Archambault, M., & Dandeneau, S. (2021, April 28-May 7). L'agressivité et la fatigue cognitive peuvent-elles mener à de plus grands comportements d'aide et de don? Poster session presented by first author at the *88th Congress of ACFAS—l'Association francophone pour le savoir* (virtual conference because of COVID).

Bold, J., **Thériault, R.**, Olson, J., Stain, A., Curry, D., & Raz, A. (2020, February 29). Replicating the body swap in a different sample: Preliminary data. Poster session presented by first author at the *Society for Personality and Social Psychology Annual Convention* in New Orleans, Louisiana.

Thériault, R., Dandeneau, S., & Baldwin, M. (2019, July 20). All in a smiling face: The attentional benefits of dynamic attention training for low self-esteem individuals. Poster session presented at the *6th World Congress on Positive Psychology* in Melbourne, Australia.

Thériault, R., & Dandeneau, S. (2019, June 12). Trait self-control moderates the effects of priming mindfulness on aggressive behaviour. Poster session presented at the *Mind & Life Summer Research Institute* in Garrison, New York.

Thériault, R., Dennie, A., Djehounke, L., Light, E., Chamberlain, C. W., Krol, S., Olson, J., & Raz, A. (2018, June 6). Being one with diversity through perspective-taking: Mind or body to increase prosocial feelings? Poster session presented at the *Mind & Life Summer Research Institute* in Garrison, New York.

Dennie, A., Djehounke, L., Light, E., Chamberlain, C. W., **Thériault, R.**, Krol, S., Olson, J. A., & Raz, A. (2018, June 5). Walking a mile in another's shoes: Can virtual reality decrease prejudice? Poster session presented by first three authors at the *Research Day of the Douglas Hospital Research Centre and McGill Department of Psychiatry* in Montréal, QC.

Thériault, R., Dennie, A., Djehounke, L., Light, E., Chamberlain, C. W., Krol, S., Olson, J., & Raz, A. (2018, May 24-25). Comparing two interventions to reduce prejudice and increase empathy. Poster session presented at the *4th Canadian Conference on Positive Psychology* in Toronto, ON.

Thériault, R., Landry, M., Mattuck, S., & Raz, A. (2017, June 2). The Rubber Hand Illusion: Does load affect EEG & electrodermal activity? Poster session presented at the *Research Day of the Douglas Hospital Research Centre and McGill Department of Psychiatry* in Montréal, QC.

Thériault, R., Landry, M., Mattuck, S., & Raz, A. (2017, May 12). The impact of load on electrodermal activity during the Rubber Hand Illusion. Poster session presented at the *8th Annual LDI Scientific Retreat* in Montréal, QC.

Mattuck, S., **Thériault, R.**, Landry, M., & Raz, A. (2017, April 17). Exploring the influence of cognitive resources on body ownership. Poster session presented by first author at the *Psychology Undergraduate Research Day* at McGill University in Montréal, QC.

Thériault, R., Landry, M., & Raz, A. (2016, April 15). Exploring the effects of cognitive load and task instructions in the Rubber Hand Illusion. Poster session presented at the *Psychology Undergraduate Research Day* at McGill University in Montréal, QC.

Thériault, R., Landry, M., & Raz, A. (2016, January 19). Exploring cognitive aspects of body ownership. Poster session presented at the *6th Annual Faculty of Arts Undergraduate Research Event* at McGill University in Montréal, QC.

MEDIA PUBLICATIONS

Thériault, R. (2022, February 8). Making simple moderations with simple slopes easily in R [Blog post]. Retrieved from https://remi-theriault.com/blog_moderation

Thériault, R. (2022, February 3). Making simple t-tests with multiple variables easily in R [Blog post]. Retrieved from https://remi-theriault.com/blog_t-test

Thériault, R. (2021, March 9). Time Management: The Importance of Self-Monitoring [Blog post]. Student Ambassador Program of the Canadian Positive Psychology Association. Retrieved from https://cppastudents.medium.com/time-management-the-importance-of-self-monitoring-c9dfff241af1

Thériault, R. (2020, December 25). Quickly test linear regression assumptions [Blog post]. Retrieved from https://remi-theriault.com/blog_assumptions

Thériault, R. (2020, September 1). Rémi Thériault | Student Success Series [Blog post]. Student Ambassador Program of the Canadian Positive Psychology Association. Retrieved from https://medium.com/@cppastudents/student-success-series-with-rémi-thériault-7c15d09b98f

Thériault, R. (2020, August 21). Introducing an R function for making nice tables [Blog post]. Retrieved from https://remi-theriault.com/blog_table

Thériault, R. (2020, March 27). Êtes-vous en contrôle… de vous? [Blog post]. Retrieved from
https://medium.com/@psychologie.sociale.uqam/%C3%AAtes-vous-en-contr%C3%B4le-de-vous-f5fbdf81b7eb

Thériault, R. (2020, February 28). Interpolating the Inclusion of the Other in the Self Scale [Blog post]. Retrieved from https://remi-theriault.com/blog_circles

Thériault, R. (2019, October 14). Introducing an R function for easy randomization [Blog post]. Retrieved from https://remi-theriault.com/blog_randomize

Thériault, R. (2019, September 12). Introducing an R function for making nice scatter plots [Blog post]. Retrieved from https://remi-theriault.com/blog_scatter

Thériault, R. (2019, September 6). Introducing an R function for making nice violin plots [Blog post]. Retrieved from https://remi-theriault.com/blog_violin

Thériault, R. (2015, December 7). Does hypnosis improve clinical interventions? [Blog post]. Retrieved from
https://www.facebook.com/notes/rémi-thériault/does-hypnosis-improve-clinical-interventions/10154268637803797

Thériault, R. (2015, April 9). The SOI, the Big Five traits of personality, and personal transformation [Blog post]. Retrieved from
https://www.facebook.com/notes/rémi-thériault/the-soi-the-big-five-traits-of-personality-and-personal-transformation/10153829459748797

Thériault, R. (2015, April 8). L'hypothèse de continuité dans les rêves et son extension morale [Blog post]. Retrieved from
https://www.facebook.com/notes/rémi-thériault/lhypothèse-de-continuité-dans-les-rêves-et-son-extension-morale/10153830286773797

Thériault, R. (2014, November 27). Critically assessing the motivational framework of Rhonda Byrne's *The Secret* [Blog post]. Retrieved from
https://www.facebook.com/notes/rémi-thériault/critically-assessing-the-motivational-framework-of-rhonda-byrnes-the-secret/10153691320873797

Thériault, R. (2014, April 10). Buddhist koans: Duality of language and its transcendence [Blog post]. Retrieved from
https://www.facebook.com/notes/rémi-thériault/buddhist-koans-duality-of-language-and-its-transcendence/10153691300283797

Thériault, R. (2014, April 3). Do we really know what yoga means?: The place of spirituality in yoga research [Blog post]. Retrieved from
https://medium.com/@rempsyc/do-we-really-know-what-yoga-means-96fc8e083411/

Thériault, R. (2014, March 29). How I became intelligent: or why IQ tests may fail to awaken one's potential [Blog post]. Retrieved from
https://medium.com/@rempsyc/how-i-became-intelligent-a95bc08c6290

Thériault, R. (2014, March 23). The quest for meaning and where it originates [Blog post]. Retrieved from
https://medium.com/@rempsyc/the-quest-for-meaning-eda73de238b8

Thériault, R. (2014, March 22). Do you know your EQ?: No, I'm not talking about your intelligence quotient [Blog post]. Retrieved from
https://medium.com/@rempsyc/do-you-know-your-eq-23beca870fc

Thériault, R. (2014, January 16). Nature of reality and its inevitable simplification [Blog post]. Retrieved from
https://medium.com/@rempsyc/nature-of-reality-e286a1587d94

Thériault, R. (2012, October 10). Bilan de RIO+20: La planète n'y arrivera pas si on ne change pas de modèle! *Le MotDit : Le journal étudiant du Collège Édouard-Montpetit, 38*(3), p. 5. Retrieved from https://issuu.com/motdit/docs/motdit10.10.12

Thériault, R. (2012, August 30). Une folle élection : « ki cé kon vote, pq ou qs? » [pastiche]. *Le MotDit : Le journal étudiant du Collège Édouard-Montpetit, 38*(1), p. 6. Retrieved from https://issuu.com/motdit/docs/motdit30.08.12

Thériault, R. (2012, February 22). Réflexion économique sur la hausse des droits de scolarité. *Le MotDit : Le journal étudiant du Collège Édouard-Montpetit, 37*(5), p. 10.

Thériault, R. (2011, April 27). Expérience sur les perceptions extrasensorielles. *Le MotDit : Le journal étudiant du Collège Édouard-Montpetit, 36*(7), p. 6.

OTHER CONTRIBUTIONS (ACADEMIC SERVICE)

Reviewer for *Psychology of Consciousness: Theory, Research, and Practice*, January 2022.

Reviewer for the *XXI World Congress of Medical and Clinical Hypnosis*, organized by the International Society of Hypnosis and the Société Québécoise d'Hypnose, August 22-25, 2018, Montréal.

MEDIA COVERAGE

Chmoulevitch, D. (2022, incoming). A look at racism in Québec and related local research [Interview on my implicit bias research to be published in CBC Montreal].

Paré, C. (2022, incoming). Page Jeune chercheur étoile : Rémi Thériault. Magazine Curium. https://curiummag.com/

Perreault, É. & Néron, M. (2022, March 24). Marie Gendron : Altruisme extrême : donner son rein à un inconnu… de son vivant. *L'avenir nous appartient*. Télé-Québec. Retrieved from: https://lavenirnousappartient.telequebec.tv/emissions/333127/lavenir-appartient-a-michel-jean-et-a-la-reconciliation/65381/marie-gendron-altruisme-extreme-donner-son-rein-a-un-inconnu-de-son-vivant

Handfield, C. (2021, December 19). Adieu solidarité, rebonjour individualisme. *La Presse*. Retrieved from: https://www.lapresse.ca/societe/2021-12-19/adieu-solidarite-rebonjour-individualisme.php

Guillemette, M. (2021, September 1). Dans la peau d'une personne noire : La réalité virtuelle peut-elle réduire les préjugés raciaux? *Québec Science*. Retrieved from : https://www.quebecscience.qc.ca/societe/personne-noire-realite-virtuelle/

Morin, I. (2020, May 29). Un peu de courtoisie. *La Presse*. Retrieved from: https://www.lapresse.ca/societe/2020-05-29/un-peu-de-courtoisie

Morin, I. (2020, May 29). Vivre ensemble au temps de la COVID-19. *La Presse*. Retrieved from: https://www.lapresse.ca/societe/2020-05-29/vivre-ensemble-au-temps-de-la-covid-19

Bourderon, C. and Laliberté, J.-S. (Producers), & Robitaille, É. (Host). (2018, December 7). Avez-vous des limites? *On est tous des humains* [Broadcast interview – panel guest]. Retrieved from: https://canalm.vuesetvoix.com/avez-vous-des-limites/

Bourderon, C. and Bolduc, M. (Producers), & Robitaille, É. (Host). (2018, October 19). Êtes-vous altruiste? *On est tous des humains* [Broadcast interview – panel guest]. Retrieved from: https://canalm.vuesetvoix.com/etes-vous-altruiste/

LaRoche, G. (Producer and host). (2018, August 21). Episode 10 - Student conversation ft. Rémi. *The Happiness Legacy Podcast* [Audio podcast guest]. Retrieved from: https://thehappinesslegacy.com/podcast

Guy, L.-P. (Producer and host). (2012, February 1). Échange sur la relève en économie sociale et l'action communautaire [Broadcast interview – panel guest]. Longueuil, QC: FM 103,3 – La radio allumée.

OTHER RESEARCH EXPERIENCE

2013/09–2016/09   Research Assistant, Amir Raz Cognitive Neuroscience Laboratory, McGill University
    2014/09-2016/09   ***Sensory Deprivation, Consciousness, and Dissociation***.
- Conceived research designs & formulated hypotheses
- Performed various administrative tasks related to the sensory deprivation unit (shopping, maintenance, risks, authorizations, etc.).

    2013/09-2016/09   **Administrative Assistantship**.
- Worked on the WordPress website (razlab.org) & managed servers
- Edited videos and photos
- Performed various investigations on different topics for PI

    2015/05-07   ***Posture and Human Resting-State*** **(EEG, MEG)**.
- Performed various tasks (including statistical analyses) on Brainstorm, Matlab, and Photoshop.

    2014/01-09   ***Chronic Hives and the Effect of Cognitive Treatment in Kids and Adults***.
- Recruited and managed participants' appointments

2014/05-08   ***Attention Training in Health and Disease***.
- Trained children's attention with video games (data collection)

LEADERSHIP EXPERIENCE

Département de psychologie (Université du Québec à Montréal)   **Montréal, Québec**
Yoga & Meditation Student Committee Lead   **2019/01 – Present**
- Organize affordable weekly yoga sessions for psychology students on campus (Winter 2022)
- Wrote and successfully obtained 2 grants for the project (first: $1,697.85; second: $500)
- Organized and guided weekly meditations for psychology students on campus (Winter 2019)
- Project objective is to improve student mental health with evidence-based mind-body exercises

Canadian Positive Psychology Association (CPPA)   **Montréal, Québec**
Lead Student Ambassador & Co-founder, Student Ambassador Program   **2019/09 – Present**
- As lead, manage ~ 70 other Student Ambassadors for various projects (blog, webinar, logo, Instagram, etc.)
- Editor-in-Chief for the blog project. Reviewed/supervised the publication of more than 20 blogs (see https://medium.com/@cppastudents)
- Weekly Core Team (board) meetings, monthly meetings for each project
- Organize and host webinars periodically, various involvement in other projects
Ambassador, 3rd/4th Canadian Conference on Positive Psychology   **Niagara-on-the-Lake/Toronto, Ontario**
- Helped organize and promote the Conference   **2016/06, 2018/05**
- Facilitated talks and lectures (room host), helped with logistics
- Assisted with translations for speakers and documents

International Positive Psychology Association (IPPA)   **Montréal, Québec**
Regional Representative (for the province of Québec) of the Student Division (SIPPA)   **2017/12 – Present**
- Connect local members to IPPA's Student Division
- Monthly meetings and brainstorming with Representatives and SIPPA Executive Team
- Created an interactive map of locations of all representatives across the globe for the website
- Contribution to SIPPA newsletter
Volunteer for the 5th World Congress on Positive Psychology   **2017/07**
- Helped promote the Conference
- Facilitated talks and lectures (room host)
- Registration desk: welcomed attendees, answered queries, gave conference badge and goodies bags

Regroupement québécois de psychologie positive   **Montréal**
Member of think-tank for the future of positive psychology in Québec   **2016/04 – Present**
- Participate to group meetings, discussions, debates, vision, and orientations
- Part of a) research, b) clinical, c) student, and d) English community committees
- Contribute to advertisement and goals of the group through public outreach, document preparation, help with organization of conference, and presentations to student associations to foster collaborations
- Lead development of freshly formed student division

Permacultive ta Ville   **Montérégie**
Co-Founder   **2012/11 – 2016/08**
- Co-managed a community garden in Boucherville (summer 2014)
- Led presentations and promoted urban permaculture, co-managing Facebook page

SOI (Sagesse, Ouverture, Intégrité)   **Cégep Édouard-Montpetit**
Founding president (2010/09 – 2012/09), *Alumnus Coach* (2012/09 – 2016/08)   **2010/09– 2016/08**
- As president: led the executive administrative board (6 people); managed budget (~$700/year); promoted well-being, happiness, and health, and led activities based on psychological principles

- As coach: mentored and coached new members of the governing body; worked at improving administrative structure and increasing organization visibility through various promotional actions; organized annual retreat and lead various workshops and activities based on positive psychology

Shaved Head Challenge   **Montérégie/Montréal**
Co-spokesperson (2009/04-10), *Participant* (2015/05)   **2009/04-10, 2015/05**
- 2015: Shaved and gave my hair, plus collected 1080$ in the community for Leucan
- 2009: Represented Leucan and the Challenge for the Montérégie region

McGill University Leadership Training Program   **McGill University**
Trainee   **2012/09 – 2013/04**
- Completed the Leadership Skills Development Workshop series

Institut du Nouveau Monde & Forum Jeunesse Longueuil   **Cégep Édouard-Montpetit**
Main Organizer   **2012/06 – 2012/08**
- Organized electoral debate for the provincial elections, communications & setup

Société Québécoise de Psilogie   **Montréal**
Volunteer   **2011/03-2012/07**
- Scanned all past issues of *Le Lien Psi*, the organization's journal, and distributed it on CDs

Groupe d'Économie Solidaire du Québec (GESQ)   **Rio de Janeiro, Brazil**
Member of the Youth Delegation   **2012/06**
- Participated in the United Nations Conference on Sustainable Development

SIRIUS   **Quito & Santo Domingo, Ecuador**
Intern   **2012/01**
- Taught children academic topics, painted school, & worked in indigenous cocoa plantation

VOX POPULI   **Québec City**
Intern   **2011/03**
- Visited various democratic institutions of the government, met with politicians & wrote a final report

<u>PROFESSIONAL AFFILIATIONS</u>

2022/02 – Present	Canadian Psychological Association
2021/01 – Present	Institut des sciences cognitives (UQAM)
2016/09 – Present	International Positive Psychology Association
2016/02 – Present	Psychologists for Social Responsibility
2015/09 – Present	Canadian Positive Psychology Association

<u>CONFERENCES ATTENDED</u>

2019/07/17-21	6th World Congress on Positive Psychology	**Melbourne, Australia**
2019/06/08-14	Mind & Life Summer Research Institute	**Garrison, New York**
2019/06/01-07	Congress of the Humanities and Social Sciences	**Vancouver, BC**
2018/08/22-25	XXI World Congress of Medical and Clinical Hypnosis	**Montréal**
2018/06/02-08	Mind & Life Summer Research Institute	**Garrison, New York**
2018/05/23-25	4th Canadian Conference on Positive Psychology	**Toronto, ON**
2017/06/13-16	5th World Congress on Positive Psychology	**Montréal**
2017/06/12	Psychologie Positive au sein de la francophonie, perspectives et prospective	**Montréal**
2017/05/02	Research Day of the Douglas Hospital Research Centre	**Montréal**
2017/05/12	8th Annual LDI Scientific	**Montréal**
2016/05/15-17	3rd Canadian Conference on Positive Psychology	**Niagara-on-the-Lake, ON**
2015/04/15	Psychology Undergraduate Research Day	**McGill University**

2015/01/19   6th Annual Faculty of Arts Undergraduate Research Event   **McGill University**

RESEARCH INTERESTS

Positive & moral psychology, contemplative practices, Theory of Mind, empathy, self-regulatory strength, Self-Determination Theory, bodily self-consciousness, multisensory integration, anomalous experiences

TECHNICAL SKILLS

Including: R, Rstudio, Shiny, GitHub, Inquisit, Wowchemy, Netlify, SPSS, MATLAB, ActiView, Brainstorm, Brain Analyzer, Qualtrics, Survey Monkey, LimeSurvey, Microsoft Office suite, Adobe Software, WordPress.

LANGUAGES

French (native) and English (fluent)

ACTIVITIES AND INTERESTS

Martial arts (Jeet Kune Do & others), breakdance, parkour/free running, skateboard, gymnastics, yoga, salsa