





habitualized





INSTITUTIONALIZED

- All human activity is subject to habitualization: the process of performing an act frequently enough that it becomes a pattern, an almost unconscious reflex.
- Institutionalization occurs when habitualized actions are recognized and repeated by a number of actors.
- History and control are central to institutions: the actions performed by actors have been done over time, and they ultimately control human actions via habits.
- Once an act is institutionalized, you don't need any rules to get people to do it: the institution itself serves as the enforcing body.

