





## Habitus

- "Habitus refers to socially acquired, embodied systems of schemes of disposition, perceptions and evaluation that orient and give meaning to practices." (Bourdieu 1984: 17)
- A loose framework of beliefs, values, cultural norms and models of behavior and action that influences us to a certain social position in society.
- A self-perpetuating mechanism that reproduces social relationships, produced by history and by structures (which are themselves a product of history and of habitus).

