



Symbolic

CAPITAL

Social

Cultural

Power
S. violence

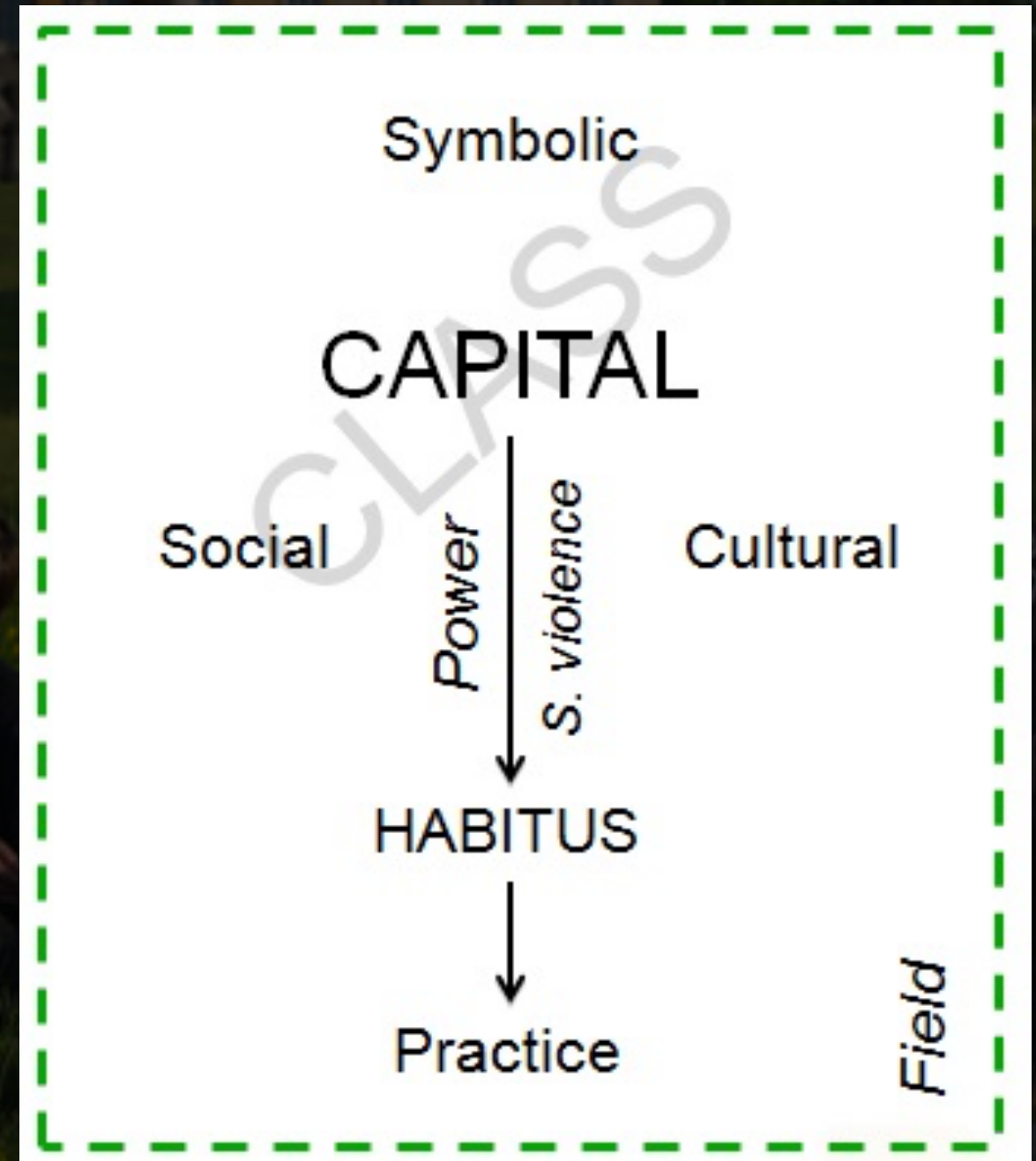
HABITUS

Practice

Field

Fields and Habitus

- To critique society, you need to have an in depth understanding and working reflexive process of yourself, your **habitus**, and how these effect the social field they are attempting to critique.
- Bourdieu's **reflexivity** focuses on the importance of reflection on the self.
- Thus, it is nearly impossible to be truly objective when conducting research because we are intricately linked with our surroundings.





JÜRGEN HABERMAS