













habitualization



habitualized

- History control



institution

# INSTITUTIONALIZED

- All human activity is subject to **habitualization**: the process of performing an act frequently enough that it becomes a pattern, an almost unconscious reflex.
- Institutionalization occurs when **habitualized** actions are recognized and repeated by a number of actors.
- **History** and **control** are central to institutions: the actions performed by actors have been done over time, and they ultimately control human actions via habits.
- Once an act is institutionalized, you don't need any rules to get people to do it: the **institution** itself serves as the enforcing body.



# INSTITUTIONALIZED

