

NAMIBIA POPULATION PROJECTIONS

2011 - 2041



Namibia

POPULATION PROJECTIONS 2011 - 2041

Namibia Statistics Agency

2014

September 2014

MISSION STATEMENT

“In a coordinated manner produce and disseminate relevant, quality and timely statistics that are fit-for-purpose in accordance with international standards and best practice”

VISION STATEMENT

“Be a high performance institution in statistics delivery”

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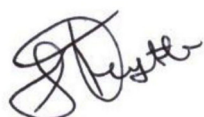
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FOREWARD

Information about future population is an important prerequisite for any objective and realistic development plan. Population projections provide information on the total population, age and sex structure of the future population of a country. Such information is essential for the formulation of national development programmes, as well as monitoring and evaluating the implementation of all development plans and programs at national and regional levels.

The last population projections were produced by the Central Bureau of Statistics based on 1991 and 2001 census data and were released in 1994 and 2004 respectively. It should be appreciated that population projections are made on the basis of assumptions relating to the future behaviour of the levels of fertility, mortality and migration, which make up the components of population change. This is the 3rd time that population projections have been constructed at both national and regional levels. The projected period is thirty years, that is, from 2011 (base year) to 2041. Additional projection tables that are not provided herein will be made available upon requests as well as on the NSA website.

I would like to recognize the government of the United States of America (USA) through USAID, the United States of America Census Bureau and UNFPA for providing technical and financial support during the production of the population projection report. The NSA team, particularly the Demographic and Vital Statistics division, as well as UNAM, for the uncountable determinations dedicated to the production of this report. I hope that the findings in this report will be turned into practice in order to ensure that our national development issues are addressed productively.



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EXECUTIVE SUMMARY

Population projections provide a glimpse of the most basic characteristics of human societies in the future – their size and composition by age and sex. They also provide an important tool for planning and policymaking. This report provides population projections for Namibia, urban/rural areas, as well as regions from 2011 to 2041. A set of core tables also provides estimates of the population by age and sex in key years. The report presents the methods and assumptions used in the calculation of projections for future years.

The projections are all based on cohort component methods. Such methods are considered the “gold standard,” since they include the three (3) components that affect population change which are births, deaths, and migration. These components of change, as well as the base population by age and sex for 2011, were derived after extensive analysis of the 2011 census, as well as other previous censuses, surveys and related evidence. It is often said that “demographic is destiny.” This is because one can predict much about the future size and structure of a population based on the current population size and structure, as well as an analysis of past trends.

Namibia’s population in 2041 is projected to be 3.44 million. Given uncertainty about the future, low and high variant projections of the national population are also provided. By 2041 these low and high variants project populations of 3.30 million and 3.59 million respectively, with a range of almost 300 thousand.

There is substantial variation in expected change within Namibia, due in large measure to the assumptions that recent patterns of migration will continue into the future. For instance, from 2011 to 2041 rural areas are expected to shrink gradually, while urban areas, largely due to in-migration from rural areas, are projected to increase sharply. The population of the Khomas region in particular is expected to increase from 341 to 828 thousand (far more than double). In contrast, other regions such as Omaheke and Omusati are both projected to increase by only 17% over the same period.

Key highlights and findings –

- National population is projected to increase from an estimated 2.11 million in 2011 to 3.44 million by 2041, or by 63 percent. During the more immediate 15-year interval from 2015 to 2030 the population is projected to grow from 2.28 to 2.96 million, which is an increase of 30 percent.
- The share of population living in urban areas is projected to increase from 43 percent in 2011 to 67 percent in 2041. Over this interval the urban population is expected to more than double while the rural population will gradually shrink.
- The populations of Khomas and Erongo are projected to increase the most in both numerical and percentage terms. By 2041 over a third of Namibia’s population is projected to live in these two regions, up from under a quarter in 2011.
- Due to projected fertility decline over the next 15 years (from 2015 to 2030) the share of the population under age of 15 is expected to decline modestly from 36.4 to 33.7 percent, a decline that will be mirrored by the youth dependency ratio (the number at ages 0-14 divided by those 15-64). In contrast the proportion of the population at older ages (65+) is expected to remain fixed at about 4.5 percent.
- The above findings reflect the age and sex structure in 2011 as well as estimates and projections of subsequent demographic change at a national level:
 - Total fertility rate (expected births per woman) is expected to decline from 3.9 in 2011 to 2.4 children by 2041.
 - Life expectancy at birth is projected to rise by 11 years for men and 12 years for women from 2011 to 2041.
 - International net migration at a national level is presumed to be zero (inflows cancel outflows) yet estimates of annual net migration at the sub-national level from 2001-2011 are included and are expected to continue unchanged.

| TABLE OF CONTENTS | PAGE |
|---|-------------|
| FOREWARD | i |
| EXECUTIVE SUMMARY | ii |
| TABLE OF CONTENT | iii |
| LIST OF TABLES, FIGURES, AND APPENDICES | iv |
| 1 – BACKGROUND | 1 |
| 2 – SUMMARY HIGHLIGHTS ON POPULATION PROJECTIONS | 3 |
| 3 – CORE TABLES ON POPULATION PROJECTIONS FOR NATIONAL AND SUB-NATIONALS: MEDIUM VARIANT | 10 |
| APPENDIX | 49 |
| REFERENCES | 58 |

| LIST OF TABLES | Page |
|--|-------------|
| Table I: Fertility and Mortality Assumptions by Region, 2011 and 2041 | 2 |
| Core Tables: | |
| <i>Projections for Namibia</i> | 11 |
| Projected Population by Sex, Growth Rate and Components of Growth, 2011-41 | |
| Projected Population by Sex and Five-Year Age – 2014, 2015, 2016, 2021, 2026 | |
| Projected Population by Sex and Single-Year Age – 2014, 2015, 2016, 2021, 2026 | |
| Projected Population by Region, 2011-2041 | |
| <i>Projections for Urban and Rural Areas</i> | 19 |
| Projected Population by Sex, Growth Rate, and Components of Growth, 2011-41 | |
| Projected Population by Sex and Five-Year Age – 2014, 2015, 2016, 2021, 2026 | |
| <i>Projections by Region</i> | 23 |
| Projected Population by Sex, Growth Rate and Components of Growth, 2011-41 | |
| Projected Population by Sex and Five-Year Age – 2014, 2015, 2016, 2021, 2026 | |
| LIST OF FIGURES | |
| Figure I Namibia projected population by variants: 2011 – 2041 | 4 |
| Figure II Projected Population for Namibia, Urban and Rural, 2015-2040: Medium Variant | 4 |
| Figure III Urban and Rural Projected Population, 2011-2041: Medium Variant | 5 |
| Figure IV Projected Populations by Regions, 2011 and 2041: Medium Variant | 5 |
| Figure V Projected Population by Region, 2015 and 2030: Medium Variant | 6 |
| Figure VI (a) Population Pyramid for Namibia, 2015 | 7 |
| Figure VII (b) Population Pyramid for Namibia, 2030 | 7 |
| Figure VIII (a) Population Pyramid for Urban, 2015 | 8 |
| Figure IX (b) Population Pyramid for Urban, 2030 | 8 |
| Figure X (a) Population Pyramid for Rural, 2015 | 9 |
| Figure XI (b) Population Pyramid for Rural, 2030 | 9 |
| APPENDICES | 49 |
| APPENDIX I: METHODOLOGY AND ASSUMPTIONS | 49 |
| APPENDIX II: NATIONAL HIGH VARIANT | 51 |
| APPENDIX III: NATIONAL LOW VARIANT | 53 |
| APPENDIX IV: NATIONAL AND SUB-NATIONALS MEDIUM VARIANT | 55 |
| APPENDIX V: TEAM MEMBERS OF NAMIBIA POPULATION PROJECTIONS REPORT | 57 |
| REFERENCES | 58 |

1 - BACKGROUND

a) Population projections provide a glimpse of some of the most basic characteristics of human societies in the future - their size and composition by age and sex. They also provide an important tool for planning and policymaking. This report provides population projections for Namibia, urban/rural areas, as well as regions from year 2011 to 2041. The report also documents the methods and assumptions used to calculate the projections.

b) Objectives of the report

The main objective of the report is to provide future population trends that are essential in the formulation of national development programmes, as well as monitoring and evaluating the implementation of development plans and programs at national and regional levels. Specific objectives are therefore to:

- i. Provide information on total population, age and sex structure of future population of Namibia,
- ii. Serve as the tool for providing future demographic characteristics of population of the country.

c) Censuses

The 2011 census population count by age and sex provides the basis for the initial year of the projections. The 2011 census was the third taken in Namibia since its independence in 1990. The prior censuses were conducted in 1991 and 2001 (NSA, 2013: p. 25).

The reference date of the 2011 census was 28 August. The official population count was 2,113,077; the vast majority resided in private households (2,064, 489), with other portions in institutions and special population groups (48,588). These figures reflect the *defacto* approach – counting people where they actually resided at the time of the census. As documented later in this report, some slight adjustments to the 2011 census counts were made prior to beginning the projections.

d) Administrative Boundaries

At the time when the 2011 census was conducted Namibia had 13 regions and 107 constituencies. These are the first level and second level administrative units in Namibia. In 2013 there were several changes made to these administrative boundaries. For instance, the Kavango region was divided into two regions – Kavango East and Kavango West. Moreover, several new constituencies were created. Among the regions only Erongo and Omaheke experienced no change in constituencies between 2001 and 2013. These changes in administrative boundaries created challenges for producing population projections as per the new boundaries. More precise geospatial information is required about these boundary changes before reliable population projections can be provided for Kavango's newly divided regions and for its constituencies.

e) Assumptions of population projections

This section highlights a summary on assumptions for population projections. More details are to appear in the methodology section in the appendix.

The base population was adjusted upward due to the assumed tendency of underreporting of children on both national and sub-national levels. Moreover, the census population was backdated from the reference time of the census (August 28, 2011) to midyear (July 1, 2011). Thus, as a result, the mid-year population is (2.116 million), higher than the census count (2.113 million).

Table (I) summarizes fertility and mortality assumptions from 2011 to 2041 for Namibia, urban/rural and regions. The national estimated Total Fertility Rate (TFR) of 3.9 children per woman in Namibia (NSA, 2014a) was assumed to decline linearly to 2.4 by 2041. Projected TFR for sub-national was also assumed to decline linearly. There is substantial variation in the estimated TFRs for sub-national areas in 2011. For instance, among regions Kunene has the highest TFR (5.3) while Khomas has the lowest (2.9). The projected TFR is expected to decline by 2041; for instance TFR is expected to decline to 2.9 children in Kunene and 2.1 children in Khomas.

Deaths were assumed to be underreported at older ages, thus reported deaths were adjusted upwards at older ages. Furthermore, life expectancy at birth was assumed to improve for both males and females. In 2011 Namibian men can expect to live 53 years, compared to 61 for females. However, it should be noted that projected life expectancies at sub-national levels differs slightly from the estimated life expectancies in the mortality report, possibly due to adjustments that were made to get the mid-year population (see *assumptions section on base population and mid-year date*).

As to migration, for the national level projections assume that migration inflows and outflows cancel each other out – in other words, *net migration* equals zero. At sub-national level however, assumptions of zero net migration are not plausible. A comparison of the 2001 and 2011 census counts provides indirect estimates of average annual net migration by age and sex for Namibia, urban/rural areas and regions. The projections use these estimates which are assumed to remain constant from 2011 to 2041 (see core tables).

Table I Fertility and Mortality Assumptions by Region, 2011 and 2041

| Area | TFR | | Life Expectancy | | | |
|--------------|------|------|-----------------|--------|------|--------|
| | 2011 | 2041 | 2011 | | 2041 | |
| | | | Male | Female | Male | Female |
| Namibia | 3.9 | 2.4 | 53.3 | 60.5 | 64.1 | 72.1 |
| Urban | 3.2 | 2.3 | 57.3 | 62.9 | 66.4 | 73.5 |
| Rural | 4.6 | 2.7 | 49.4 | 58.1 | 58.9 | 69.2 |
| Erongo | 3.2 | 2.2 | 62.9 | 67.1 | 70.9 | 76.6 |
| Hardap | 3.7 | 2.4 | 52.4 | 58.5 | 62.5 | 70.2 |
| Karas | 3.4 | 2.3 | 55.6 | 59.4 | 65.9 | 71.0 |
| Kavango | 4.7 | 2.7 | 44.0 | 52.9 | 54.6 | 65.5 |
| Khomas | 2.9 | 2.1 | 60.5 | 66.2 | 69.4 | 75.9 |
| Kunene | 5.3 | 2.9 | 54.8 | 55.7 | 64.7 | 67.7 |
| Ohangwena | 4.9 | 2.8 | 46.0 | 57.4 | 56.7 | 69.3 |
| Omaheke | 4.7 | 2.7 | 57.5 | 57.0 | 67.0 | 69.0 |
| Omusati | 4.1 | 2.5 | 46.5 | 62.2 | 57.1 | 73.0 |
| Oshana | 3.2 | 2.2 | 50.0 | 61.4 | 60.2 | 72.4 |
| Oshikoto | 4.3 | 2.6 | 52.5 | 62.0 | 62.6 | 72.8 |
| Otjozondjupa | 4.3 | 2.5 | 56.8 | 60.0 | 66.2 | 71.5 |
| Zambezi | 4.3 | 2.6 | 50.6 | 55.4 | 61.4 | 67.9 |

f) Methods used in calculating population projections

The cohort component method was used in calculating population projections. This method uses information in past on population size, births, deaths and migration. This method reflects the actual processes through which populations change. Moreover, this method provides output with summarized demographic indicators (population growth and related rates), as well as more measures of demographic change, such as life expectancy at birth and total fertility rates.

Cohort component projections were developed for national, urban/rural and regions. The sub-national cohort component projections were adjusted slightly to ensure that their sum matched the projection for national.

The 2006 population projection report also used cohort component methods (CBS, 2006). Although both the 2001 and 2011 population projections reports used similar methods, it is worth mentioning a number of things that may be of interest to users:

- The cohort component projections were performed with software from the U.S. Census Bureau (RUP); consistency between the national and sub-national areas were maintained using accompanying spreadsheets from its Sub-national Projections Toolkit (see referenced websites).
- Tables were selected and organized with the needs of users in mind as per inputs provided by stakeholders during workshop conducted in June 2014:
 - Age and sex details are provided for the publication date, as well as the following two years (2014, 2015 and 2016), the year of the likely next census (2021) and five years beyond that (2026).
 - Some figures and statistics in the Summary Highlights refer to 2030, a year of particular interest for many users.

g) Projections and Uncertainty.

Population estimates and projections in this report are based on analyses of the 2011 census, prior censuses, estimates of demographic change based on vital registration and surveys, as well as assumed trends of past and future demographic change. Estimates and projections based on existing data sources are subject to uncertainty. In addition, empirical data used in this report was collected no later than 2013. This report acknowledges uncertainty by presenting high variant and low variant projections of national population.

h) Organisation of the report

The report is organised as follows: Section 1 provides background information; Section 2 highlights the findings; Section 3 presents the core tables on population projections for national and sub-nationals for medium variant. For Namibia and each sub-national area, a separate table showing the projected total population size (by sex), growth rates and components of change for each year is presented for the period 2011-2041. Another set of tables presented for each area show the projected population structure by sex and five-year age groups (to 80+) for selected years – 2014, 2015, 2016, 2021 and 2026. Additional tables for Namibia as a whole present population structure by sex and single-years of age. An Appendix provides results of high and low variant projections, as well as broad indicators of age structure and dependency ratio by area.

2 – SUMMARY HIGHLIGHTS ON POPULATION PROJECTIONS

This section highlights key findings of the population projections. The highlighted findings are all drawn from a set of tables, which constitute the bulk of this report. The contents and organization of core tables are described later on in this section.

a) Highlights on Population Projections

Figure I shows that population size for the medium variant in 2041 will be 3.44 million. The range of low-high projections in 2041 is 3.20 to 3.59 million.

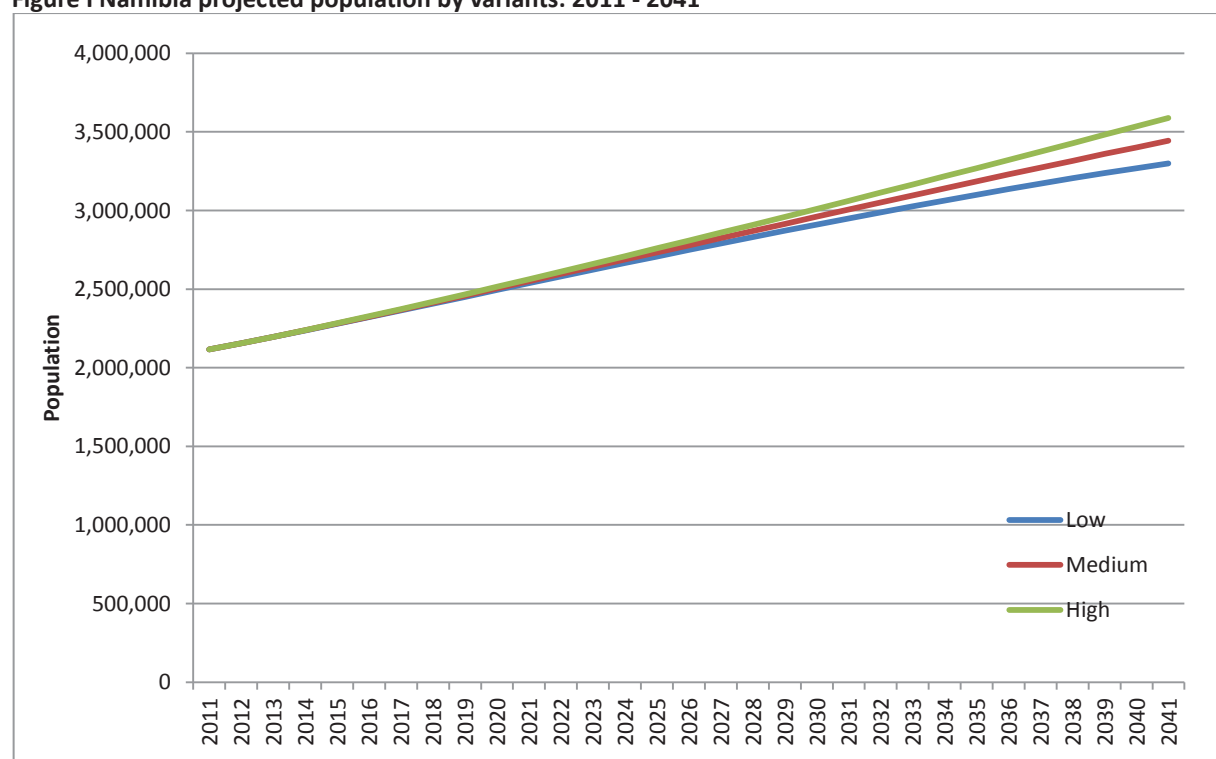
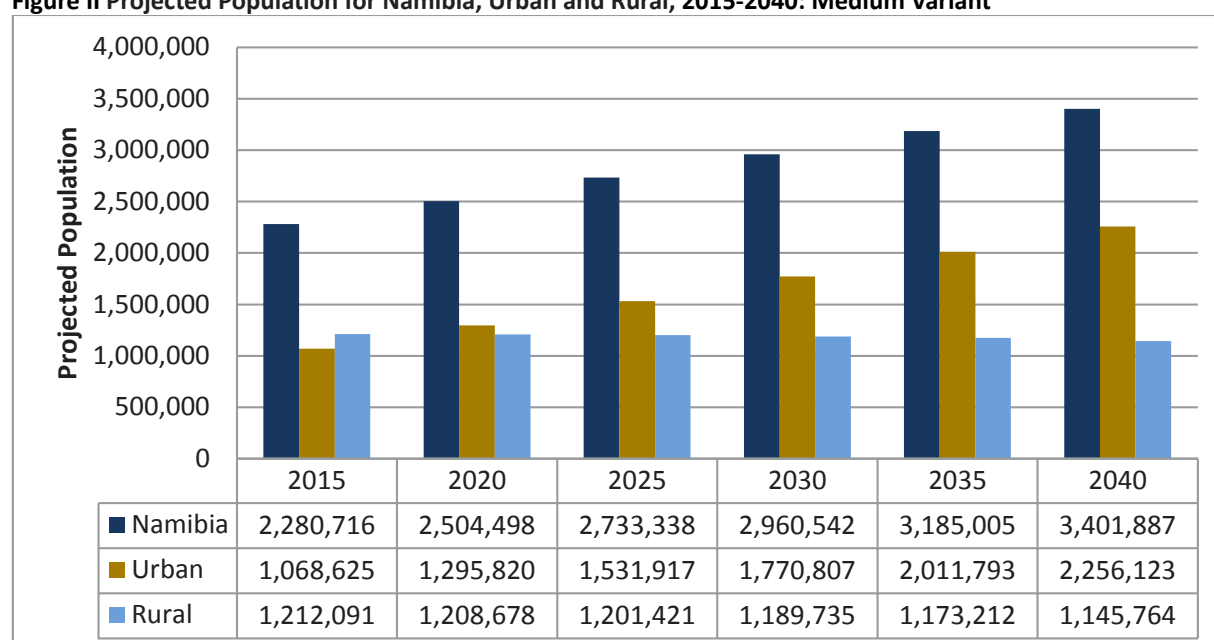
Figure I Namibia projected population by variants: 2011 - 2041

Figure II shows that the national population is expected to increase from 2.28 million to 2.96 million i.e. an increase of 30 percent between year 2015 and 2030. Urban areas are expected to grow rapidly, in contrast to rural areas, which are projected to shrink gradually.

Figure II Projected Population for Namibia, Urban and Rural, 2015-2040: Medium Variant

The percentage for those living in urban areas is projected to increase from 43 percent in 2011 to 67 percent in 2041 (Figure III). This is an indication that Namibia will transit from being a mostly rural society to a mostly urban one – with the percent living in urban areas projected to be more than 60 percent.

Figure III Urban and Rural Projected Population, 2011-2041: Medium Variant

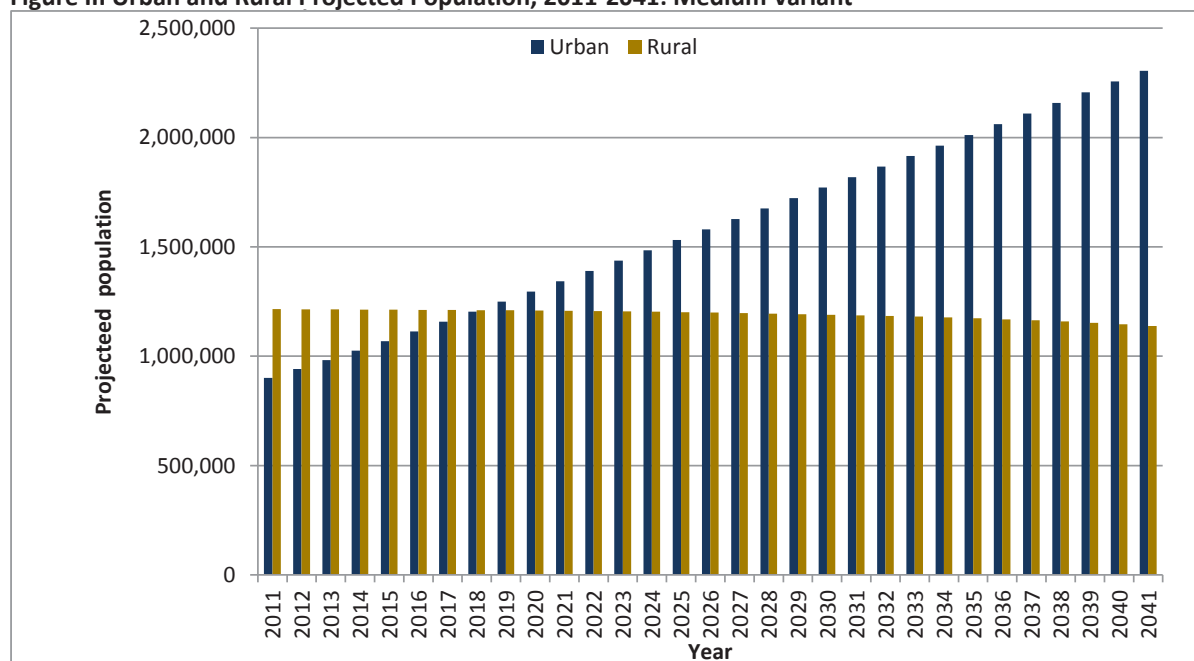
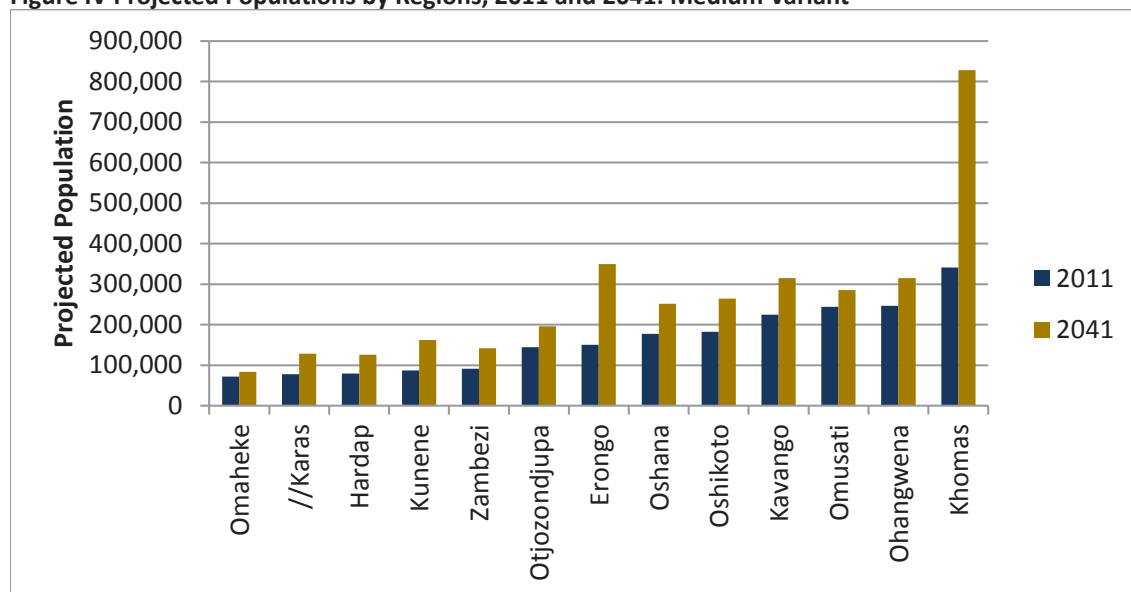


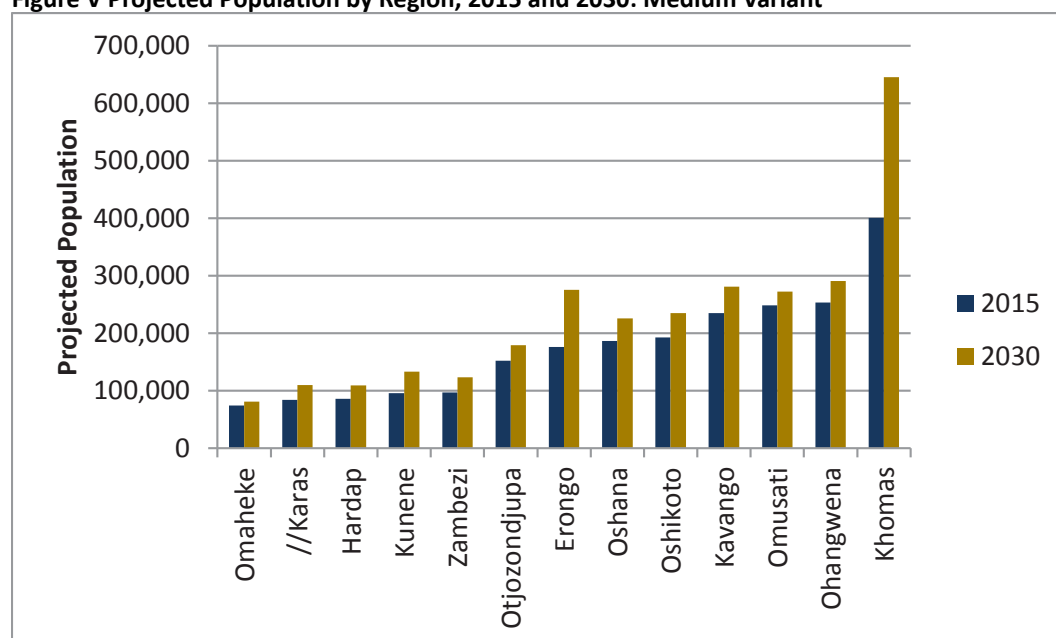
Figure IV shows the estimated population by regions. Generally the population for all regions is expected to increase. The populations for Erongo and Khomas are expected to increase the most as compared to the rest of the regions. By 2041 a large portion of Namibia's projected population is expected to live in the Khomas and Erongo regions.

Figure IV Projected Populations by Regions, 2011 and 2041: Medium Variant



b) Wide Variation in Population Growth By Area

Most of the national development programs are directed towards meeting targets by years 2015 and 2030. Figure V shows that projected population growth varies widely among regions between 2015-2030. For instance, Khomas is projected to grow most rapidly, by 60 percent, with a numerical increase of over 200 thousand. Erongo, another urban magnet, is projected to grow by 57 percent over the same interval. In contrast, other regions such as Omaheke and Omusati are expected to grow by less than 10 percent. Again, these projected differences in growth by area reflect the assumption that net migration patterns (as estimated for the period 2001-2011) will remain constant.

Figure V Projected Population by Region, 2015 and 2030: Medium Variant

c) Shifts and Differences in Population Structure

Population pyramids provide a summary view of the population structure by age and sex. Population pyramids for national, urban/rural areas are shown in the following figures. Each area shows two points in time – 2015 and 2030. The population structure of Namibia in 2015 is indeed fairly pyramid-shaped, with some slight indentation at certain age groups. By 2030 we expect the population to become more like a rectangle at the youngest ages due to falling fertility, although the pyramid shape above age 30 will remain intact.

Within Namibia age and sex structure vary by area. Population pyramids for urban/rural, for instance, show notably different shapes. In 2015, rural shows a hollowing out at young and middle adult ages due largely to migration to urban areas (Figures VIII (a) and X (a)). By 2030 the rural age-sex pattern suggests an even smaller proportion of adults in the population (Figure XI (b)).

Given the anticipated fertility decline the population is expected to become less young over time. Between 2015 and 2030 the share of the population under age 15 is projected to fall from 36.4 to 33.7 percent (see details in Appendix Tables A5 and A6). This will be driven by an even sharper fall in rural areas. Declines in the proportion of the population under 15 are accompanied by declines in the youth dependency ratio (the proportion at ages 0-14 divided by those at ages 15-64).

In contrast there is little or no change anticipated in the percent share of the population at older ages. The proportion of the population at 65+ is expected to be 4.5 percent in both 2015 and 2030.

Figure VI (a) Population Pyramid for Namibia, 2015

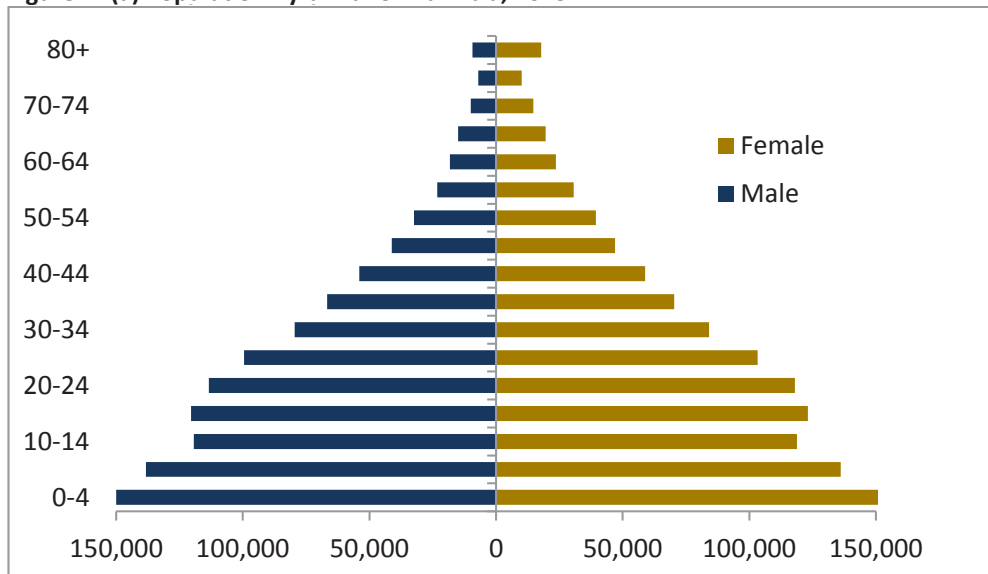


Figure VII (b) Population Pyramid for Namibia, 2030

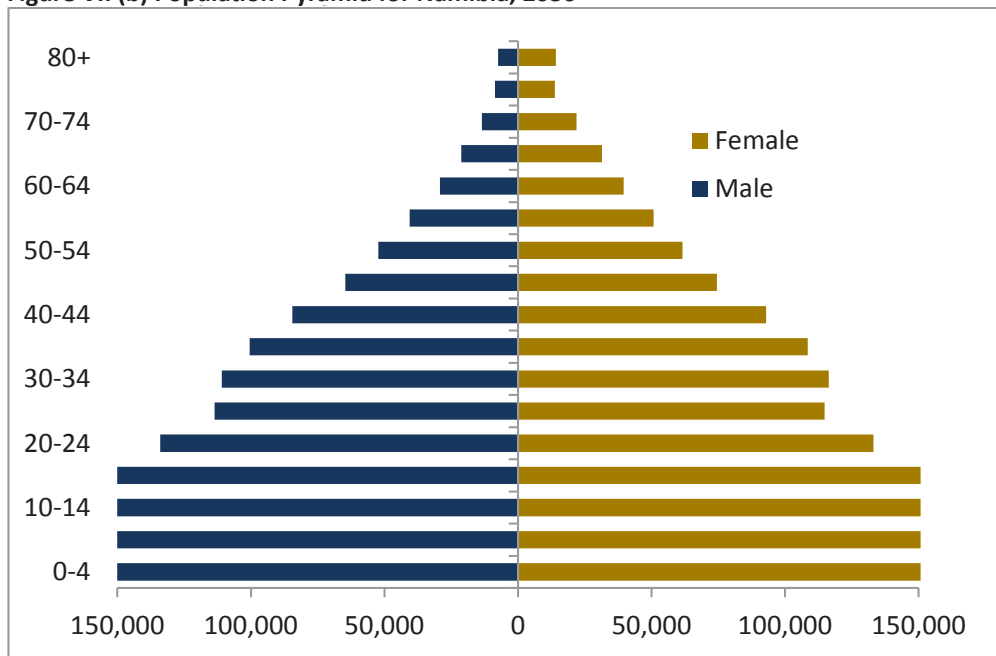


Figure VIII (a) Population Pyramid for Urban, 2015

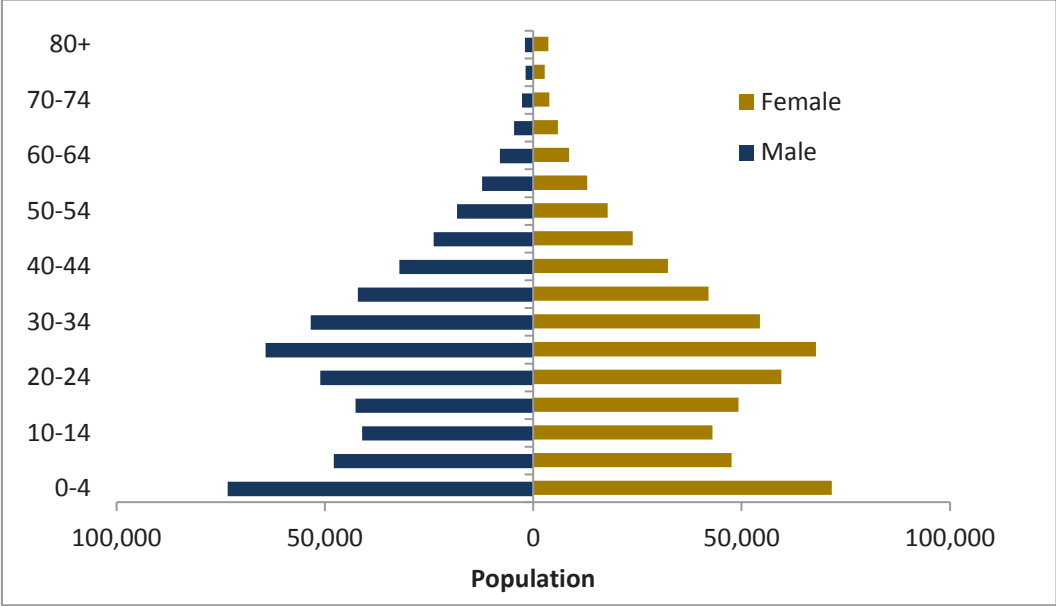


Figure IX (b) Population Pyramid for Urban, 2030

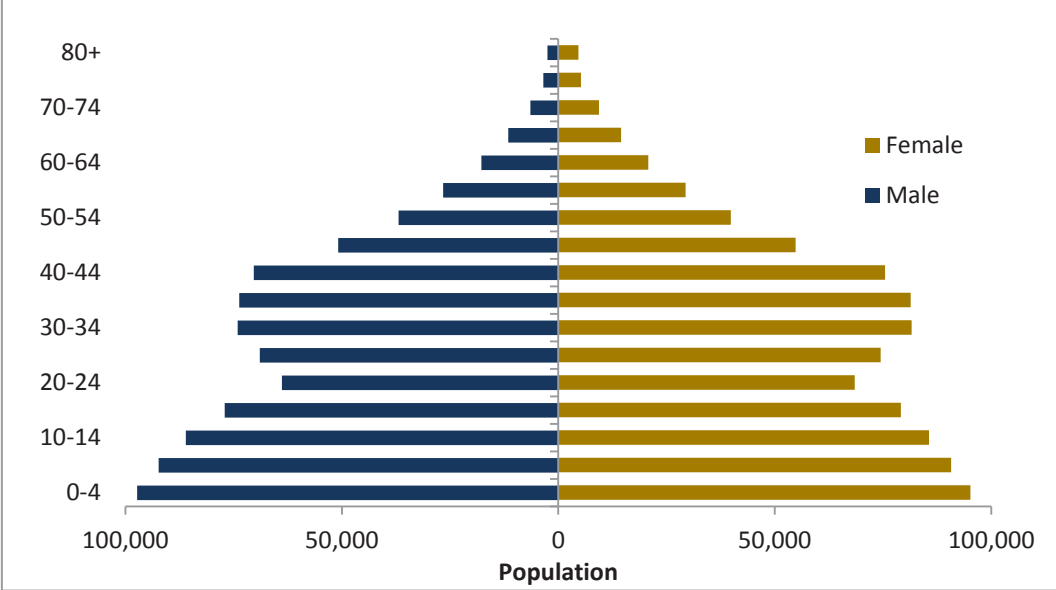


Figure X (a) Population Pyramid for Rural, 2015

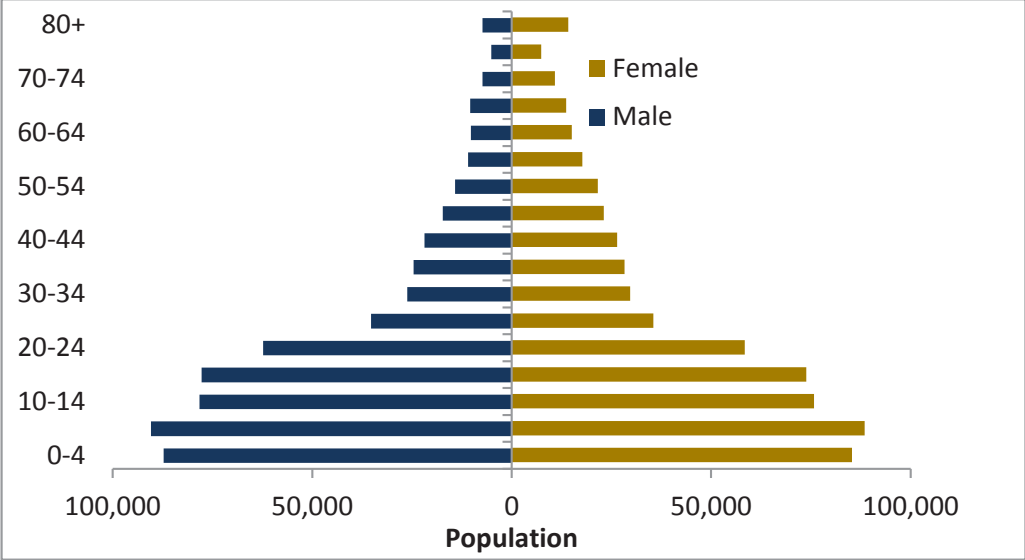
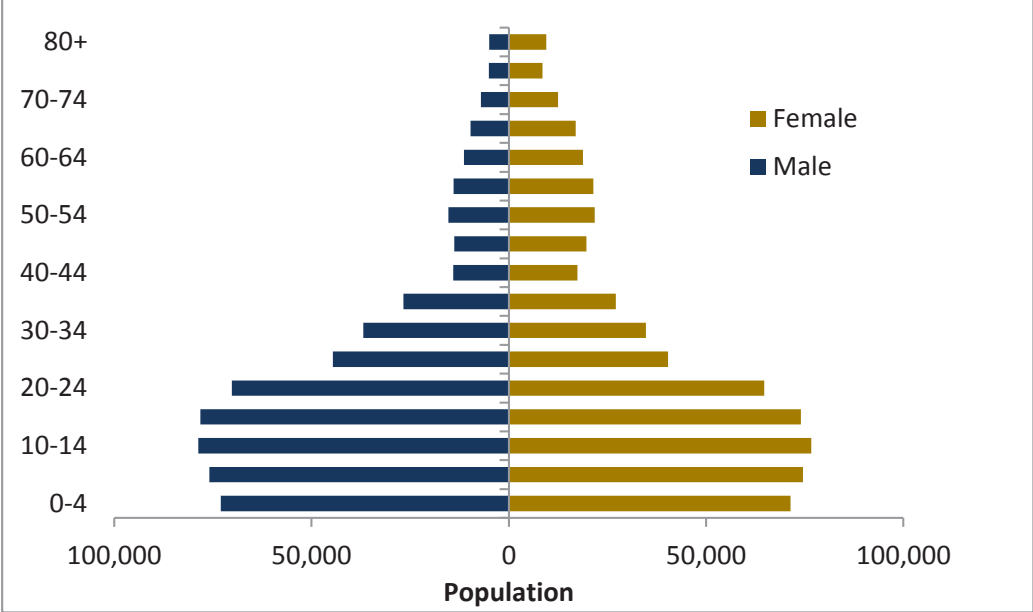


Figure XI (b) Population Pyramid for Rural, 2030



3 –CORE TABLES ON POPULATION PROJECTIONS FOR NATIONAL AND SUB-NATIONALS: MEDIUM VARIANT

This section presents projection tables for selected years. The rest of the tables not provided in the report will be made available on request or users might check for supplementary information on the NSA website. The tables presented herein are for “High, Low and Medium” variants. The High variant assumes that the population grows at a high rate, while the Medium variant assumes a normal growth rate and the Low variant assumes a low growth rate. However, users are recommended to use the Medium variant.

a) POPULATION PROJECTIONS FOR NAMIBIA: MEDIUM VARIANT

Table 1.1 Namibia Projected Population by Sex, Growth Rate and Components of Growth, 2011-2041

| Year | Total | Male | Female | Exponential Growth Rate | Sex Ratio | Births | Deaths | Net Migration |
|------|-----------|-----------|-----------|----------------------------|-----------|--------|--------|------------------|
| 2011 | 2 116 077 | 1 026 911 | 1 089 166 | — | 0.94 | 65 900 | 27 205 | 0 |
| 2012 | 2 155 440 | 1 046 434 | 1 109 006 | 1.843 | 0.94 | 66 731 | 26 699 | 0 |
| 2013 | 2 196 086 | 1 066 541 | 1 129 545 | 1.868 | 0.94 | 67 510 | 26 249 | 0 |
| 2014 | 2 237 894 | 1 087 178 | 1 150 716 | 1.886 | 0.94 | 68 218 | 25 864 | 0 |
| 2015 | 2 280 716 | 1 108 276 | 1 172 440 | 1.895 | 0.95 | 68 827 | 25 537 | 0 |
| 2016 | 2 324 388 | 1 129 754 | 1 194 634 | 1.897 | 0.95 | 69 322 | 25 268 | 0 |
| 2017 | 2 368 747 | 1 151 533 | 1 217 214 | 1.89 | 0.95 | 69 709 | 25 045 | 0 |
| 2018 | 2 413 643 | 1 173 540 | 1 240 103 | 1.878 | 0.95 | 69 996 | 24 867 | 0 |
| 2019 | 2 458 936 | 1 195 708 | 1 263 228 | 1.859 | 0.95 | 70 182 | 24 724 | 0 |
| 2020 | 2 504 498 | 1 217 976 | 1 286 522 | 1.836 | 0.95 | 70 272 | 24 607 | 0 |
| 2021 | 2 550 226 | 1 240 295 | 1 309 931 | 1.809 | 0.95 | 70 279 | 24 490 | 0 |
| 2022 | 2 596 037 | 1 262 626 | 1 333 411 | 1.78 | 0.95 | 70 226 | 24 395 | 0 |
| 2023 | 2 641 857 | 1 284 935 | 1 356 922 | 1.75 | 0.95 | 70 136 | 24 327 | 0 |
| 2024 | 2 687 636 | 1 307 200 | 1 380 436 | 1.718 | 0.95 | 70 031 | 24 283 | 0 |
| 2025 | 2 733 338 | 1 329 405 | 1 403 933 | 1.686 | 0.95 | 69 920 | 24 262 | 0 |
| 2026 | 2 778 948 | 1 351 542 | 1 427 406 | 1.655 | 0.95 | 69 797 | 24 237 | 0 |
| 2027 | 2 824 465 | 1 373 610 | 1 450 855 | 1.625 | 0.95 | 69 707 | 24 235 | 0 |
| 2028 | 2 869 897 | 1 395 615 | 1 474 282 | 1.596 | 0.95 | 69 649 | 24 258 | 0 |
| 2029 | 2 915 254 | 1 417 563 | 1 497 691 | 1.568 | 0.95 | 69 626 | 24 302 | 0 |
| 2030 | 2 960 542 | 1 439 460 | 1 521 082 | 1.542 | 0.95 | 69 616 | 24 364 | 0 |
| 2031 | 3 005 745 | 1 461 299 | 1 544 446 | 1.515 | 0.95 | 69 570 | 24 415 | 0 |
| 2032 | 3 050 838 | 1 483 069 | 1 567 769 | 1.489 | 0.95 | 69 515 | 24 484 | 0 |
| 2033 | 3 095 780 | 1 504 752 | 1 591 028 | 1.462 | 0.95 | 69 428 | 24 575 | 0 |
| 2034 | 3 140 519 | 1 526 325 | 1 614 194 | 1.435 | 0.95 | 69 312 | 24 686 | 0 |
| 2035 | 3 185 005 | 1 547 764 | 1 637 241 | 1.407 | 0.95 | 69 165 | 24 820 | 0 |
| 2036 | 3 229 197 | 1 569 049 | 1 660 148 | 1.378 | 0.95 | 68 985 | 24 946 | 0 |
| 2037 | 3 273 051 | 1 590 158 | 1 682 893 | 1.349 | 0.94 | 68 763 | 25 094 | 0 |
| 2038 | 3 316 498 | 1 611 057 | 1 705 441 | 1.319 | 0.94 | 68 490 | 25 265 | 0 |
| 2039 | 3 359 466 | 1 631 711 | 1 727 755 | 1.287 | 0.94 | 68 166 | 25 456 | 0 |
| 2040 | 3 401 887 | 1 652 085 | 1 749 802 | 1.255 | 0.94 | 67 795 | 25 665 | 0 |
| 2041 | 3 443 709 | 1 672 152 | 1 771 557 | 1.222 | 0.94 | 67 379 | 25 865 | 0 |

Note: "—" Means Not Applicable

Table 1.2 Namibia Projected Population by Sex and Five-Year Age Group - 2014, 2015, 2016, 2021, 2026

| Age | 2014 | 2015 | 2016 | 2021 | 2026 |
|---------------|------------------|------------------|------------------|------------------|------------------|
| Total | 2 237 894 | 2 280 716 | 2 324 388 | 2 550 226 | 2 778 948 |
| 0 - 4 | 313 007 | 317 503 | 321 925 | 334 696 | 337 168 |
| 5 - 9 | 263 264 | 274 401 | 284 647 | 316 965 | 330 481 |
| 10 - 14 | 239 023 | 238 160 | 239 623 | 282 565 | 315 005 |
| 15 - 19 | 243 203 | 243 482 | 242 819 | 237 553 | 280 485 |
| 20 - 24 | 228 320 | 231 466 | 234 097 | 239 186 | 234 470 |
| 25 - 29 | 196 214 | 202 828 | 208 797 | 228 226 | 233 951 |
| 30 - 34 | 159 244 | 163 689 | 168 854 | 200 654 | 220 466 |
| 35 - 39 | 133 989 | 136 985 | 140 133 | 160 358 | 191 793 |
| 40 - 44 | 108 850 | 112 821 | 116 501 | 132 078 | 152 198 |
| 45 - 49 | 86 084 | 88 195 | 90 798 | 108 983 | 124 353 |
| 50 - 54 | 69 283 | 71 893 | 74 259 | 84 459 | 101 959 |
| 55 - 59 | 51 965 | 53 922 | 56 074 | 68 278 | 78 075 |
| 60 - 64 | 41 488 | 41 878 | 42 602 | 50 451 | 61 761 |
| 65 - 69 | 33 735 | 34 576 | 35 195 | 37 164 | 44 364 |
| 70 - 74 | 24 388 | 24 718 | 25 233 | 28 842 | 30 740 |
| 75 - 79 | 17 037 | 17 148 | 17 264 | 18 388 | 21 188 |
| 80+ | 28 800 | 27 051 | 25 567 | 21 380 | 20 491 |
| Male | 1 087 178 | 1 108 276 | 1 129 754 | 1 240 295 | 1 351 542 |
| 0 - 4 | 158 229 | 160 550 | 162 780 | 169 210 | 170 436 |
| 5 - 9 | 132 713 | 138 313 | 143 496 | 159 932 | 166 716 |
| 10 - 14 | 119 477 | 119 349 | 120 339 | 142 263 | 158 740 |
| 15 - 19 | 119 995 | 120 385 | 120 328 | 119 177 | 141 055 |
| 20 - 24 | 112 074 | 113 488 | 114 753 | 118 198 | 117 309 |
| 25 - 29 | 96 205 | 99 547 | 102 475 | 111 400 | 115 133 |
| 30 - 34 | 77 560 | 79 543 | 81 979 | 97 866 | 106 963 |
| 35 - 39 | 65 263 | 66 664 | 68 080 | 76 998 | 92 594 |
| 40 - 44 | 52 124 | 54 020 | 55 781 | 63 137 | 72 001 |
| 45 - 49 | 40 171 | 41 197 | 42 449 | 51 065 | 58 276 |
| 50 - 54 | 31 124 | 32 425 | 33 595 | 38 513 | 46 683 |
| 55 - 59 | 22 549 | 23 243 | 24 109 | 29 873 | 34 497 |
| 60 - 64 | 18 291 | 18 245 | 18 328 | 20 782 | 25 946 |
| 65 - 69 | 14 572 | 15 021 | 15 298 | 15 397 | 17 596 |
| 70 - 74 | 9 982 | 10 031 | 10 232 | 12 072 | 12 247 |
| 75 - 79 | 6 934 | 6 970 | 6 967 | 7 066 | 8 416 |
| 80+ | 9 915 | 9 285 | 8 765 | 7 346 | 6 934 |
| Female | 1 150 716 | 1 172 440 | 1 194 634 | 1 309 931 | 1 427 406 |
| 0 - 4 | 154 778 | 156 953 | 159 145 | 165 486 | 166 732 |
| 5 - 9 | 130 551 | 136 088 | 141 151 | 157 033 | 163 765 |
| 10 - 14 | 119 546 | 118 811 | 119 284 | 140 302 | 156 265 |
| 15 - 19 | 123 208 | 123 097 | 122 491 | 118 376 | 139 430 |
| 20 - 24 | 116 246 | 117 978 | 119 344 | 120 988 | 117 161 |
| 25 - 29 | 100 009 | 103 281 | 106 322 | 116 826 | 118 818 |
| 30 - 34 | 81 684 | 84 146 | 86 875 | 102 788 | 113 503 |
| 35 - 39 | 68 726 | 70 321 | 72 053 | 83 360 | 99 199 |
| 40 - 44 | 56 726 | 58 801 | 60 720 | 68 941 | 80 197 |
| 45 - 49 | 45 913 | 46 998 | 48 349 | 57 918 | 66 077 |
| 50 - 54 | 38 159 | 39 468 | 40 664 | 45 946 | 55 276 |
| 55 - 59 | 29 416 | 30 679 | 31 965 | 38 405 | 43 578 |
| 60 - 64 | 23 197 | 23 633 | 24 274 | 29 669 | 35 815 |
| 65 - 69 | 19 163 | 19 555 | 19 897 | 21 767 | 26 768 |
| 70 - 74 | 14 406 | 14 687 | 15 001 | 16 770 | 18 493 |
| 75 - 79 | 10 103 | 10 178 | 10 297 | 11 322 | 12 772 |
| 80+ | 18 885 | 17 766 | 16 802 | 14 034 | 13 557 |

Table 1.3a Namibia Projected Population by Sex and Single Age, 2014

| Age | Both Sex | Male | Female | Age | Both Sex | Male | Female |
|-------|-----------|-----------|-----------|-----|----------|--------|--------|
| Total | 2 237 894 | 1 087 178 | 1 150 716 | | | | |
| 0 | 65 554 | 33 190 | 32 364 | 40 | 24 057 | 11 610 | 12 447 |
| 1 | 63 989 | 32 373 | 31 616 | 41 | 22 953 | 11 033 | 11 920 |
| 2 | 62 626 | 31 665 | 30 961 | 42 | 21 772 | 10 420 | 11 352 |
| 3 | 60 882 | 30 767 | 30 115 | 43 | 20 584 | 9 811 | 10 773 |
| 4 | 59 956 | 30 234 | 29 722 | 44 | 19 484 | 9 250 | 10 234 |
| 5 | 57 750 | 29 110 | 28 640 | 45 | 18 522 | 8 747 | 9 775 |
| 6 | 54 989 | 27 725 | 27 264 | 46 | 17 755 | 8 335 | 9 420 |
| 7 | 52 277 | 26 364 | 25 913 | 47 | 17 142 | 7 994 | 9 148 |
| 8 | 49 967 | 25 195 | 24 772 | 48 | 16 610 | 7 698 | 8 912 |
| 9 | 48 281 | 24 319 | 23 962 | 49 | 16 055 | 7 397 | 8 658 |
| 10 | 47 379 | 23 819 | 23 560 | 50 | 15 425 | 7 058 | 8 367 |
| 11 | 47 202 | 23 668 | 23 534 | 51 | 14 675 | 6 658 | 8 017 |
| 12 | 47 538 | 23 765 | 23 773 | 52 | 13 849 | 6 221 | 7 628 |
| 13 | 48 129 | 23 988 | 24 141 | 53 | 13 037 | 5 788 | 7 249 |
| 14 | 48 775 | 24 237 | 24 538 | 54 | 12 297 | 5 399 | 6 898 |
| 15 | 49 165 | 24 366 | 24 799 | 55 | 11 587 | 5 039 | 6 548 |
| 16 | 49 108 | 24 279 | 24 829 | 56 | 10 931 | 4 728 | 6 203 |
| 17 | 48 712 | 24 033 | 24 679 | 57 | 10 349 | 4 476 | 5 873 |
| 18 | 48 286 | 23 770 | 24 516 | 58 | 9 799 | 4 251 | 5 548 |
| 19 | 47 932 | 23 547 | 24 385 | 59 | 9 299 | 4 055 | 5 244 |
| 20 | 47 384 | 23 244 | 24 140 | 60 | 8 860 | 3 882 | 4 978 |
| 21 | 46 623 | 22 857 | 23 766 | 61 | 8 507 | 3 742 | 4 765 |
| 22 | 45 705 | 22 417 | 23 288 | 62 | 8 232 | 3 629 | 4 603 |
| 23 | 44 786 | 21 996 | 22 790 | 63 | 8 034 | 3 554 | 4 480 |
| 24 | 43 822 | 21 560 | 22 262 | 64 | 7 855 | 3 484 | 4 371 |
| 25 | 42 577 | 20 960 | 21 617 | 65 | 7 584 | 3 361 | 4 223 |
| 26 | 41 020 | 20 172 | 20 848 | 66 | 7 195 | 3 164 | 4 031 |
| 27 | 39 284 | 19 273 | 20 011 | 67 | 6 741 | 2 921 | 3 820 |
| 28 | 37 504 | 18 336 | 19 168 | 68 | 6 301 | 2 673 | 3 628 |
| 29 | 35 829 | 17 464 | 18 365 | 69 | 5 914 | 2 453 | 3 461 |
| 30 | 34 263 | 16 662 | 17 601 | 70 | 5 519 | 2 250 | 3 269 |
| 31 | 32 895 | 15 986 | 16 909 | 71 | 5 138 | 2 082 | 3 056 |
| 32 | 31 735 | 15 441 | 16 294 | 72 | 4 817 | 1 963 | 2 854 |
| 33 | 30 685 | 14 966 | 15 719 | 73 | 4 564 | 1 878 | 2 686 |
| 34 | 29 666 | 14 505 | 15 161 | 74 | 4 350 | 1 809 | 2 541 |
| 35 | 28 673 | 14 032 | 14 641 | 75 | 4 066 | 1 695 | 2 371 |
| 36 | 27 694 | 13 532 | 14 162 | 76 | 3 707 | 1 533 | 2 174 |
| 37 | 26 742 | 13 026 | 13 716 | 77 | 3 353 | 1 366 | 1 987 |
| 38 | 25 865 | 12 559 | 13 306 | 78 | 3 067 | 1 226 | 1 841 |
| 39 | 25 015 | 12 114 | 12 901 | 79 | 2 844 | 1 114 | 1 730 |
| | | | | 80+ | 28 800 | 9 915 | 18 885 |

Table 1.3b Namibia Projected Population by Sex and Single Age , 2015

| Age | Both Sex | Male | Female | Age | Both Sex | Male | Female |
|-------|-----------|-----------|-----------|-----|----------|--------|--------|
| Total | 2 280 716 | 1 108 276 | 1 172 440 | | | | |
| 0 | 66 240 | 33 537 | 32 703 | 40 | 24 691 | 11 915 | 12 776 |
| 1 | 64 783 | 32 773 | 32 010 | 41 | 23 724 | 11 402 | 12 322 |
| 2 | 63 485 | 32 099 | 31 386 | 42 | 22 635 | 10 835 | 11 800 |
| 3 | 62 332 | 31 499 | 30 833 | 43 | 21 471 | 10 233 | 11 238 |
| 4 | 60 663 | 30 642 | 30 021 | 44 | 20 300 | 9 635 | 10 665 |
| 5 | 59 804 | 30 146 | 29 658 | 45 | 19 205 | 9 075 | 10 130 |
| 6 | 57 646 | 29 049 | 28 597 | 46 | 18 246 | 8 573 | 9 673 |
| 7 | 54 890 | 27 667 | 27 223 | 47 | 17 492 | 8 169 | 9 323 |
| 8 | 52 183 | 26 309 | 25 874 | 48 | 16 888 | 7 835 | 9 053 |
| 9 | 49 878 | 25 142 | 24 736 | 49 | 16 364 | 7 545 | 8 819 |
| 10 | 48 200 | 24 272 | 23 928 | 50 | 15 808 | 7 244 | 8 564 |
| 11 | 47 307 | 23 778 | 23 529 | 51 | 15 181 | 6 909 | 8 272 |
| 12 | 47 131 | 23 628 | 23 503 | 52 | 14 442 | 6 517 | 7 925 |
| 13 | 47 466 | 23 724 | 23 742 | 53 | 13 631 | 6 090 | 7 541 |
| 14 | 48 056 | 23 947 | 24 109 | 54 | 12 831 | 5 665 | 7 166 |
| 15 | 48 680 | 24 185 | 24 495 | 55 | 12 082 | 5 267 | 6 815 |
| 16 | 49 047 | 24 303 | 24 744 | 56 | 11 362 | 4 898 | 6 464 |
| 17 | 48 989 | 24 216 | 24 773 | 57 | 10 719 | 4 595 | 6 124 |
| 18 | 48 596 | 23 972 | 24 624 | 58 | 10 149 | 4 351 | 5 798 |
| 19 | 48 170 | 23 709 | 24 461 | 59 | 9 610 | 4 132 | 5 478 |
| 20 | 47 770 | 23 454 | 24 316 | 60 | 9 092 | 3 931 | 5 161 |
| 21 | 47 179 | 23 121 | 24 058 | 61 | 8 638 | 3 753 | 4 885 |
| 22 | 46 420 | 22 736 | 23 684 | 62 | 8 292 | 3 617 | 4 675 |
| 23 | 45 506 | 22 298 | 23 208 | 63 | 8 025 | 3 508 | 4 517 |
| 24 | 44 591 | 21 879 | 22 712 | 64 | 7 831 | 3 436 | 4 395 |
| 25 | 43 573 | 21 419 | 22 154 | 65 | 7 632 | 3 360 | 4 272 |
| 26 | 42 277 | 20 797 | 21 480 | 66 | 7 344 | 3 234 | 4 110 |
| 27 | 40 731 | 20 015 | 20 716 | 67 | 6 968 | 3 044 | 3 924 |
| 28 | 39 007 | 19 123 | 19 884 | 68 | 6 529 | 2 811 | 3 718 |
| 29 | 37 240 | 18 193 | 19 047 | 69 | 6 103 | 2 572 | 3 531 |
| 30 | 35 510 | 17 286 | 18 224 | 70 | 5 676 | 2 336 | 3 340 |
| 31 | 33 893 | 16 451 | 17 442 | 71 | 5 244 | 2 118 | 3 126 |
| 32 | 32 541 | 15 784 | 16 757 | 72 | 4 882 | 1 960 | 2 922 |
| 33 | 31 392 | 15 245 | 16 147 | 73 | 4 579 | 1 849 | 2 730 |
| 34 | 30 353 | 14 777 | 15 576 | 74 | 4 337 | 1 768 | 2 569 |
| 35 | 29 327 | 14 305 | 15 022 | 75 | 4 071 | 1 675 | 2 396 |
| 36 | 28 326 | 13 823 | 14 503 | 76 | 3 746 | 1 542 | 2 204 |
| 37 | 27 360 | 13 331 | 14 029 | 77 | 3 415 | 1 395 | 2 020 |
| 38 | 26 418 | 12 832 | 13 586 | 78 | 3 089 | 1 242 | 1 847 |
| 39 | 25 554 | 12 373 | 13 181 | 79 | 2 827 | 1 116 | 1 711 |
| | | | | 80+ | 27 051 | 9 285 | 17 766 |

Table 1.3c Namibia Projected Population by Sex and Single Age , 2016

| Age | Both Sex | Male | Female | Age | Both Sex | Male | Female |
|-------|-----------|-----------|-----------|-----|----------|--------|--------|
| Total | 2 324 388 | 1 129 754 | 1 194 634 | | | | |
| 0 | 66 823 | 33 831 | 32 992 | 40 | 25 231 | 12 175 | 13 056 |
| 1 | 65 496 | 33 133 | 32 363 | 41 | 24 357 | 11 706 | 12 651 |
| 2 | 64 293 | 32 506 | 31 787 | 42 | 23 403 | 11 202 | 12 201 |
| 3 | 63 198 | 31 936 | 31 262 | 43 | 22 329 | 10 645 | 11 684 |
| 4 | 62 115 | 31 374 | 30 741 | 44 | 21 181 | 10 053 | 11 128 |
| 5 | 60 515 | 30 557 | 29 958 | 45 | 20 015 | 9 456 | 10 559 |
| 6 | 59 699 | 30 084 | 29 615 | 46 | 18 923 | 8 897 | 10 026 |
| 7 | 57 546 | 28 990 | 28 556 | 47 | 17 981 | 8 406 | 9 575 |
| 8 | 54 795 | 27 610 | 27 185 | 48 | 17 237 | 8 009 | 9 228 |
| 9 | 52 092 | 26 255 | 25 837 | 49 | 16 642 | 7 681 | 8 961 |
| 10 | 49 797 | 25 095 | 24 702 | 50 | 16 118 | 7 393 | 8 725 |
| 11 | 48 130 | 24 232 | 23 898 | 51 | 15 560 | 7 093 | 8 467 |
| 12 | 47 237 | 23 738 | 23 499 | 52 | 14 944 | 6 765 | 8 179 |
| 13 | 47 062 | 23 589 | 23 473 | 53 | 14 218 | 6 381 | 7 837 |
| 14 | 47 397 | 23 685 | 23 712 | 54 | 13 419 | 5 963 | 7 456 |
| 15 | 47 964 | 23 896 | 24 068 | 55 | 12 608 | 5 528 | 7 080 |
| 16 | 48 566 | 24 124 | 24 442 | 56 | 11 851 | 5 121 | 6 730 |
| 17 | 48 933 | 24 242 | 24 691 | 57 | 11 145 | 4 762 | 6 383 |
| 18 | 48 875 | 24 155 | 24 720 | 58 | 10 515 | 4 468 | 6 047 |
| 19 | 48 481 | 23 911 | 24 570 | 59 | 9 955 | 4 230 | 5 725 |
| 20 | 48 014 | 23 619 | 24 395 | 60 | 9 401 | 4 008 | 5 393 |
| 21 | 47 567 | 23 332 | 24 235 | 61 | 8 866 | 3 801 | 5 065 |
| 22 | 46 979 | 23 001 | 23 978 | 62 | 8 423 | 3 629 | 4 794 |
| 23 | 46 224 | 22 619 | 23 605 | 63 | 8 087 | 3 498 | 4 589 |
| 24 | 45 313 | 22 182 | 23 131 | 64 | 7 825 | 3 392 | 4 433 |
| 25 | 44 345 | 21 740 | 22 605 | 65 | 7 611 | 3 315 | 4 296 |
| 26 | 43 275 | 21 256 | 22 019 | 66 | 7 393 | 3 234 | 4 159 |
| 27 | 41 986 | 20 639 | 21 347 | 67 | 7 115 | 3 113 | 4 002 |
| 28 | 40 452 | 19 863 | 20 589 | 68 | 6 750 | 2 930 | 3 820 |
| 29 | 38 739 | 18 977 | 19 762 | 69 | 6 326 | 2 706 | 3 620 |
| 30 | 36 919 | 18 013 | 18 906 | 70 | 5 857 | 2 449 | 3 408 |
| 31 | 35 136 | 17 072 | 18 064 | 71 | 5 397 | 2 201 | 3 196 |
| 32 | 33 537 | 16 248 | 17 289 | 72 | 4 985 | 1 995 | 2 990 |
| 33 | 32 200 | 15 589 | 16 611 | 73 | 4 642 | 1 846 | 2 796 |
| 34 | 31 062 | 15 057 | 16 005 | 74 | 4 352 | 1 741 | 2 611 |
| 35 | 30 015 | 14 578 | 15 437 | 75 | 4 062 | 1 638 | 2 424 |
| 36 | 28 981 | 14 097 | 14 884 | 76 | 3 753 | 1 525 | 2 228 |
| 37 | 27 993 | 13 623 | 14 370 | 77 | 3 454 | 1 404 | 2 050 |
| 38 | 27 037 | 13 137 | 13 900 | 78 | 3 148 | 1 270 | 1 878 |
| 39 | 26 107 | 12 645 | 13 462 | 79 | 2 847 | 1 130 | 1 717 |
| | | | | 80+ | 25 567 | 8 765 | 16 802 |

Table 1.3d Namibia Projected Population by Sex and Single Age, 2021

| Age | Both Sex | Male | Female | Age | Both Sex | Male | Female |
|-------|-----------|-----------|-----------|-----|----------|--------|--------|
| Total | 2 550 226 | 1 240 295 | 1 309 931 | | | | |
| 0 | 68 225 | 34 537 | 33 688 | 40 | 28 386 | 13 596 | 14 790 |
| 1 | 67 520 | 34 154 | 33 366 | 41 | 27 362 | 13 111 | 14 251 |
| 2 | 66 904 | 33 821 | 33 083 | 42 | 26 379 | 12 631 | 13 748 |
| 3 | 66 332 | 33 513 | 32 819 | 43 | 25 435 | 12 146 | 13 289 |
| 4 | 65 715 | 33 185 | 32 530 | 44 | 24 516 | 11 653 | 12 863 |
| 5 | 65 046 | 32 836 | 32 210 | 45 | 23 657 | 11 192 | 12 465 |
| 6 | 64 314 | 32 460 | 31 854 | 46 | 22 810 | 10 736 | 12 074 |
| 7 | 63 470 | 32 024 | 31 446 | 47 | 21 891 | 10 254 | 11 637 |
| 8 | 62 551 | 31 555 | 30 996 | 48 | 20 861 | 9 722 | 11 139 |
| 9 | 61 584 | 31 057 | 30 527 | 49 | 19 764 | 9 161 | 10 603 |
| 10 | 60 045 | 30 275 | 29 770 | 50 | 18 659 | 8 603 | 10 056 |
| 11 | 59 249 | 29 816 | 29 433 | 51 | 17 620 | 8 084 | 9 536 |
| 12 | 57 124 | 28 741 | 28 383 | 52 | 16 721 | 7 624 | 9 097 |
| 13 | 54 410 | 27 383 | 27 027 | 53 | 16 015 | 7 255 | 8 760 |
| 14 | 51 737 | 26 048 | 25 689 | 54 | 15 444 | 6 947 | 8 497 |
| 15 | 49 447 | 24 894 | 24 553 | 55 | 14 925 | 6 663 | 8 262 |
| 16 | 47 751 | 24 015 | 23 736 | 56 | 14 351 | 6 345 | 8 006 |
| 17 | 46 829 | 23 510 | 23 319 | 57 | 13 735 | 6 010 | 7 725 |
| 18 | 46 618 | 23 341 | 23 277 | 58 | 13 022 | 5 631 | 7 391 |
| 19 | 46 908 | 23 417 | 23 491 | 59 | 12 245 | 5 224 | 7 021 |
| 20 | 47 413 | 23 589 | 23 824 | 60 | 11 459 | 4 815 | 6 644 |
| 21 | 47 925 | 23 756 | 24 169 | 61 | 10 715 | 4 434 | 6 281 |
| 22 | 48 202 | 23 814 | 24 388 | 62 | 10 023 | 4 103 | 5 920 |
| 23 | 48 060 | 23 669 | 24 391 | 63 | 9 402 | 3 826 | 5 576 |
| 24 | 47 586 | 23 370 | 24 216 | 64 | 8 852 | 3 604 | 5 248 |
| 25 | 47 028 | 23 028 | 24 000 | 65 | 8 307 | 3 398 | 4 909 |
| 26 | 46 488 | 22 701 | 23 787 | 66 | 7 780 | 3 207 | 4 573 |
| 27 | 45 799 | 22 329 | 23 470 | 67 | 7 344 | 3 047 | 4 297 |
| 28 | 44 956 | 21 909 | 23 047 | 68 | 7 005 | 2 926 | 4 079 |
| 29 | 43 955 | 21 433 | 22 522 | 69 | 6 728 | 2 819 | 3 909 |
| 30 | 42 895 | 20 940 | 21 955 | 70 | 6 465 | 2 724 | 3 741 |
| 31 | 41 723 | 20 385 | 21 338 | 71 | 6 160 | 2 600 | 3 560 |
| 32 | 40 339 | 19 705 | 20 634 | 72 | 5 819 | 2 451 | 3 368 |
| 33 | 38 735 | 18 882 | 19 853 | 73 | 5 417 | 2 257 | 3 160 |
| 34 | 36 962 | 17 954 | 19 008 | 74 | 4 981 | 2 040 | 2 941 |
| 35 | 35 143 | 16 987 | 18 156 | 75 | 4 505 | 1 797 | 2 708 |
| 36 | 33 407 | 16 065 | 17 342 | 76 | 4 033 | 1 562 | 2 471 |
| 37 | 31 846 | 15 258 | 16 588 | 77 | 3 613 | 1 366 | 2 247 |
| 38 | 30 538 | 14 608 | 15 930 | 78 | 3 266 | 1 225 | 2 041 |
| 39 | 29 424 | 14 080 | 15 344 | 79 | 2 971 | 1 116 | 1 855 |
| | | | | 80+ | 21 380 | 7 346 | 14 034 |

Table 1.3e Namibia Projected Population by Sex and Single Age, 2026

| Age | Both Sex | Male | Female | Age | Both Sex | Male | Female |
|-------|-----------|-----------|-----------|-----|----------|--------|--------|
| Total | 2 778 948 | 1 351 542 | 1 427 406 | | | | |
| 0 | 68 055 | 34 448 | 33 607 | 40 | 33 463 | 15 969 | 17 494 |
| 1 | 67 641 | 34 211 | 33 430 | 41 | 31 756 | 15 061 | 16 695 |
| 2 | 67 353 | 34 044 | 33 309 | 42 | 30 223 | 14 265 | 15 958 |
| 3 | 67 155 | 33 924 | 33 231 | 43 | 28 930 | 13 618 | 15 312 |
| 4 | 66 964 | 33 809 | 33 155 | 44 | 27 826 | 13 088 | 14 738 |
| 5 | 66 763 | 33 697 | 33 066 | 45 | 26 799 | 12 605 | 14 194 |
| 6 | 66 524 | 33 568 | 32 956 | 46 | 25 795 | 12 127 | 13 668 |
| 7 | 66 193 | 33 391 | 32 802 | 47 | 24 831 | 11 656 | 13 175 |
| 8 | 65 762 | 33 166 | 32 596 | 48 | 23 912 | 11 183 | 12 729 |
| 9 | 65 239 | 32 894 | 32 345 | 49 | 23 016 | 10 705 | 12 311 |
| 10 | 64 620 | 32 573 | 32 047 | 50 | 22 184 | 10 263 | 11 921 |
| 11 | 63 903 | 32 209 | 31 694 | 51 | 21 365 | 9 829 | 11 536 |
| 12 | 63 078 | 31 786 | 31 292 | 52 | 20 478 | 9 373 | 11 105 |
| 13 | 62 177 | 31 328 | 30 849 | 53 | 19 490 | 8 872 | 10 618 |
| 14 | 61 227 | 30 844 | 30 383 | 54 | 18 442 | 8 346 | 10 096 |
| 15 | 59 687 | 30 061 | 29 626 | 55 | 17 371 | 7 807 | 9 564 |
| 16 | 58 852 | 29 583 | 29 269 | 56 | 16 344 | 7 286 | 9 058 |
| 17 | 56 702 | 28 496 | 28 206 | 57 | 15 449 | 6 823 | 8 626 |
| 18 | 53 969 | 27 130 | 26 839 | 58 | 14 744 | 6 449 | 8 295 |
| 19 | 51 275 | 25 785 | 25 490 | 59 | 14 167 | 6 132 | 8 035 |
| 20 | 48 953 | 24 609 | 24 344 | 60 | 13 635 | 5 846 | 7 789 |
| 21 | 47 206 | 23 690 | 23 516 | 61 | 13 042 | 5 538 | 7 504 |
| 22 | 46 218 | 23 140 | 23 078 | 62 | 12 416 | 5 216 | 7 200 |
| 23 | 45 939 | 22 923 | 23 016 | 63 | 11 712 | 4 861 | 6 851 |
| 24 | 46 154 | 22 947 | 23 207 | 64 | 10 956 | 4 485 | 6 471 |
| 25 | 46 563 | 23 064 | 23 499 | 65 | 10 194 | 4 113 | 6 081 |
| 26 | 46 976 | 23 187 | 23 789 | 66 | 9 477 | 3 770 | 5 707 |
| 27 | 47 149 | 23 196 | 23 953 | 67 | 8 807 | 3 471 | 5 336 |
| 28 | 46 912 | 23 011 | 23 901 | 68 | 8 211 | 3 223 | 4 988 |
| 29 | 46 351 | 22 675 | 23 676 | 69 | 7 675 | 3 019 | 4 656 |
| 30 | 45 689 | 22 277 | 23 412 | 70 | 7 115 | 2 812 | 4 303 |
| 31 | 45 041 | 21 881 | 23 160 | 71 | 6 540 | 2 598 | 3 942 |
| 32 | 44 240 | 21 439 | 22 801 | 72 | 6 062 | 2 418 | 3 644 |
| 33 | 43 295 | 20 952 | 22 343 | 73 | 5 674 | 2 274 | 3 400 |
| 34 | 42 201 | 20 414 | 21 787 | 74 | 5 349 | 2 145 | 3 204 |
| 35 | 41 092 | 19 885 | 21 207 | 75 | 5 018 | 2 019 | 2 999 |
| 36 | 39 923 | 19 320 | 20 603 | 76 | 4 639 | 1 863 | 2 776 |
| 37 | 38 555 | 18 642 | 19 913 | 77 | 4 255 | 1 699 | 2 556 |
| 38 | 36 980 | 17 829 | 19 151 | 78 | 3 843 | 1 513 | 2 330 |
| 39 | 35 243 | 16 918 | 18 325 | 79 | 3 433 | 1 322 | 2 111 |
| | | | | 80+ | 20 491 | 6 934 | 13 557 |

Table 1.4 Namibia Projected Population by Region, 2011-2041

| Year | Namibia | Erongo | Hardap | //Karas | Kavango | Khomas | Kunene | Ohangwena | Omaheke | Omusati | Oshana | Oshikoto | Otjozondjupa | Zambezi |
|------|-----------|---------|---------|---------|---------|---------|---------|-----------|---------|---------|---------|----------|--------------|---------|
| 2011 | 2 116 077 | 150 338 | 79 584 | 77 518 | 224 102 | 340 997 | 87 019 | 246 451 | 71 478 | 244 146 | 177 005 | 182 435 | 144 248 | 90 756 |
| 2012 | 2 155 440 | 156 576 | 81 065 | 79 136 | 226 607 | 355 250 | 89 091 | 247 898 | 72 143 | 245 023 | 179 255 | 184 822 | 146 262 | 92 312 |
| 2013 | 2 196 086 | 162 918 | 82 579 | 80 753 | 229 234 | 369 894 | 91 226 | 249 532 | 72 805 | 246 039 | 181 616 | 187 289 | 148 296 | 93 905 |
| 2014 | 2 237 894 | 169 351 | 84 092 | 82 409 | 232 002 | 384 893 | 93 396 | 251 343 | 73 438 | 247 199 | 184 082 | 189 835 | 150 328 | 95 526 |
| 2015 | 2 280 716 | 175 853 | 85 629 | 84 077 | 234 856 | 400 191 | 95 610 | 253 348 | 74 040 | 248 490 | 186 634 | 192 469 | 152 343 | 97 176 |
| 2016 | 2 324 388 | 182 402 | 87 186 | 85 759 | 237 779 | 415 780 | 97 865 | 255 510 | 74 629 | 249 885 | 189 237 | 195 165 | 154 342 | 98 849 |
| 2017 | 2 368 747 | 189 014 | 88 743 | 87 460 | 240 767 | 431 607 | 100 157 | 257 784 | 75 191 | 251 369 | 191 898 | 197 901 | 156 309 | 100 547 |
| 2018 | 2 413 643 | 195 652 | 90 325 | 89 157 | 243 769 | 447 636 | 102 485 | 260 190 | 75 734 | 252 931 | 194 577 | 200 686 | 158 237 | 102 264 |
| 2019 | 2 458 936 | 202 319 | 91 905 | 90 874 | 246 811 | 463 823 | 104 858 | 262 668 | 76 246 | 254 546 | 197 274 | 203 522 | 160 120 | 103 970 |
| 2020 | 2 504 498 | 209 006 | 93 477 | 92 588 | 249 853 | 480 136 | 107 245 | 265 234 | 76 736 | 256 194 | 199 970 | 206 385 | 161 968 | 105 706 |
| 2021 | 2 550 226 | 215 700 | 95 049 | 94 294 | 252 909 | 496 546 | 109 672 | 267 835 | 77 212 | 257 874 | 202 656 | 209 270 | 163 776 | 107 433 |
| 2022 | 2 596 037 | 222 380 | 96 626 | 96 015 | 255 978 | 513 044 | 112 130 | 270 452 | 77 652 | 259 554 | 205 336 | 212 160 | 165 550 | 109 160 |
| 2023 | 2 641 857 | 229 063 | 98 194 | 97 721 | 259 047 | 529 572 | 114 628 | 273 084 | 78 085 | 261 234 | 207 990 | 215 062 | 167 286 | 110 891 |
| 2024 | 2 687 636 | 235 722 | 99 754 | 99 424 | 262 138 | 546 130 | 117 161 | 275 691 | 78 510 | 262 890 | 210 621 | 217 963 | 169 004 | 112 628 |
| 2025 | 2 733 338 | 242 379 | 101 305 | 101 123 | 265 249 | 562 693 | 119 729 | 278 281 | 78 910 | 264 521 | 213 241 | 220 853 | 170 687 | 114 367 |
| 2026 | 2 778 948 | 249 019 | 102 852 | 102 821 | 268 379 | 579 247 | 122 327 | 280 838 | 79 322 | 266 121 | 215 806 | 223 747 | 172 359 | 116 110 |
| 2027 | 2 824 465 | 255 667 | 104 398 | 104 501 | 271 515 | 595 797 | 124 958 | 283 371 | 79 712 | 267 697 | 218 357 | 226 625 | 174 017 | 117 850 |
| 2028 | 2 869 897 | 262 317 | 105 933 | 106 186 | 274 663 | 612 343 | 127 606 | 285 879 | 80 092 | 269 252 | 220 875 | 229 483 | 175 672 | 119 596 |
| 2029 | 2 915 254 | 268 977 | 107 469 | 107 879 | 277 833 | 628 865 | 130 273 | 288 369 | 80 476 | 270 786 | 223 354 | 232 322 | 177 317 | 121 334 |
| 2030 | 2 960 542 | 275 653 | 109 012 | 109 565 | 280 994 | 645 355 | 132 962 | 290 856 | 80 846 | 272 310 | 225 812 | 235 153 | 178 950 | 123 074 |
| 2031 | 3 005 745 | 282 328 | 110 540 | 111 247 | 284 162 | 661 834 | 135 673 | 293 333 | 81 213 | 273 808 | 228 247 | 237 974 | 180 577 | 124 809 |
| 2032 | 3 050 838 | 289 018 | 112 075 | 112 930 | 287 330 | 678 307 | 138 379 | 295 792 | 81 562 | 275 266 | 230 673 | 240 760 | 182 198 | 126 548 |
| 2033 | 3 095 780 | 295 722 | 113 606 | 114 618 | 290 494 | 694 781 | 141 097 | 298 196 | 81 897 | 276 662 | 233 081 | 243 527 | 183 810 | 128 289 |
| 2034 | 3 140 519 | 302 455 | 115 137 | 116 303 | 293 649 | 711 271 | 143 825 | 300 539 | 82 217 | 277 982 | 235 450 | 246 247 | 185 420 | 130 024 |
| 2035 | 3 185 005 | 309 190 | 116 665 | 117 991 | 296 772 | 727 788 | 146 546 | 302 806 | 82 531 | 279 230 | 237 809 | 248 926 | 187 004 | 131 747 |
| 2036 | 3 229 197 | 315 945 | 118 193 | 119 669 | 299 870 | 744 335 | 149 247 | 304 988 | 82 811 | 280 413 | 240 142 | 251 556 | 188 573 | 133 455 |
| 2037 | 3 273 051 | 322 704 | 119 710 | 121 347 | 302 915 | 760 923 | 151 939 | 307 092 | 83 067 | 281 500 | 242 463 | 254 139 | 190 102 | 135 150 |
| 2038 | 3 316 498 | 329 460 | 121 213 | 123 017 | 305 918 | 777 544 | 154 607 | 309 103 | 83 294 | 282 507 | 244 758 | 256 666 | 191 606 | 136 805 |
| 2039 | 3 359 466 | 336 199 | 122 707 | 124 664 | 308 849 | 794 203 | 157 252 | 311 014 | 83 483 | 283 406 | 247 037 | 259 126 | 193 065 | 138 461 |
| 2040 | 3 401 887 | 342 926 | 124 191 | 126 296 | 311 718 | 810 898 | 159 871 | 312 806 | 83 642 | 284 211 | 249 277 | 261 514 | 194 475 | 140 062 |
| 2041 | 3 443 709 | 349 631 | 125 653 | 127 925 | 314 500 | 827 619 | 162 453 | 314 469 | 83 765 | 284 887 | 251 506 | 263 828 | 195 836 | 141 637 |

b) POPULATION PROJECTIONS FOR URBAN AND RURAL: MEDIUM VARIANT

Table 2.1 Urban Projected Population by Sex, Growth Rate and Components of Growth, 2011-2041

| Year | Total | Male | Female | Exponential Growth Rate | Sex Ratio | Births | Deaths | Net Migration |
|------|-----------|-----------|-----------|----------------------------|-----------|--------|--------|------------------|
| 2011 | 900 163 | 439 993 | 460 170 | — | 0.96 | 28 768 | 8 423 | 19 840 |
| 2012 | 940 825 | 459 668 | 481 157 | 4.418 | 0.96 | 30 125 | 8 666 | 19 840 |
| 2013 | 982 519 | 479 844 | 502 675 | 4.336 | 0.95 | 31 364 | 8 871 | 19 840 |
| 2014 | 1 025 147 | 500 469 | 524 678 | 4.2 47 | 0.95 | 32 511 | 9 064 | 19 840 |
| 2015 | 1 068 625 | 521 496 | 547 129 | 4.154 | 0.95 | 33 563 | 9 260 | 19 840 |
| 2016 | 1 112 868 | 542 893 | 569 975 | 4.057 | 0.95 | 34 533 | 9 461 | 19 840 |
| 2017 | 1 157 806 | 564 615 | 593 191 | 3.959 | 0.95 | 35 409 | 9 651 | 19 840 |
| 2018 | 1 203 340 | 586 616 | 616 724 | 3.857 | 0.95 | 36 174 | 9 852 | 19 840 |
| 2019 | 1 249 372 | 608 851 | 640 521 | 3.754 | 0.95 | 36 840 | 10 059 | 19 840 |
| 2020 | 1 295 820 | 631 269 | 664 551 | 3.65 | 0.95 | 37 416 | 10 254 | 19 840 |
| 2021 | 1 342 607 | 653 843 | 688 764 | 3.547 | 0.95 | 37 914 | 10 425 | 19 840 |
| 2022 | 1 389 669 | 676 538 | 713 131 | 3.445 | 0.95 | 38 322 | 10 603 | 19 840 |
| 2023 | 1 436 946 | 699 325 | 737 621 | 3.345 | 0.95 | 38 658 | 10 788 | 19 840 |
| 2024 | 1 484 386 | 722 173 | 762 213 | 3.248 | 0.95 | 38 937 | 10 962 | 19 840 |
| 2025 | 1 531 917 | 745 056 | 786 861 | 3.152 | 0.95 | 39 192 | 11 150 | 19 840 |
| 2026 | 1 579 549 | 767 972 | 811 577 | 3.062 | 0.95 | 39 443 | 11 318 | 19 840 |
| 2027 | 1 627 259 | 790 916 | 836 343 | 2.976 | 0.95 | 39 697 | 11 499 | 19 840 |
| 2028 | 1 675 064 | 813 892 | 861 172 | 2.895 | 0.95 | 39 918 | 11 701 | 19 840 |
| 2029 | 1 722 912 | 836 879 | 886 033 | 2.816 | 0.94 | 40 131 | 11 896 | 19 840 |
| 2030 | 1 770 807 | 859 869 | 910 938 | 2.742 | 0.94 | 40 350 | 12 110 | 19 840 |
| 2031 | 1 818 749 | 882 865 | 935 884 | 2.671 | 0.94 | 40 627 | 12 309 | 19 840 |
| 2032 | 1 866 786 | 905 896 | 960 890 | 2.607 | 0.94 | 40 963 | 12 527 | 19 840 |
| 2033 | 1 914 973 | 928 976 | 985 997 | 2.549 | 0.94 | 41 316 | 12 758 | 19 840 |
| 2034 | 1 963 315 | 952 109 | 1 011 206 | 2.493 | 0.94 | 41 674 | 12 998 | 19 840 |
| 2035 | 2 011 793 | 975 290 | 1 036 503 | 2.439 | 0.94 | 42 038 | 13 247 | 19 840 |
| 2036 | 2 060 426 | 998 529 | 1 061 897 | 2.389 | 0.94 | 42 407 | 13 493 | 19 840 |
| 2037 | 2 109 192 | 1 021 809 | 1 087 383 | 2.339 | 0.94 | 42 773 | 13 756 | 19 840 |
| 2038 | 2 158 079 | 1 045 130 | 1 112 949 | 2.291 | 0.94 | 43 148 | 14 025 | 19 840 |
| 2039 | 2 207 067 | 1 068 485 | 1 138 582 | 2.245 | 0.94 | 43 501 | 14 317 | 19 840 |
| 2040 | 2 256 123 | 1 091 856 | 1 164 267 | 2.198 | 0.94 | 43 836 | 14 603 | 19 840 |
| 2041 | 2 305 226 | 1 115 231 | 1 189 995 | 2.153 | 0.94 | 44 145 | 14 900 | 19 840 |

Note: "—" Means Not Applicable

Table 2.2 Urban Projected Population by Sex and Five-Year Age Group 2014, 2015, 2016, 2021, 2026

| Age | 2014 | 2015 | 2016 | 2021 | 2026 |
|---------------|------------------|------------------|------------------|------------------|------------------|
| Total | 1 025 147 | 1 068 625 | 1 112 868 | 1 342 607 | 1 579 549 |
| 0 - 4 | 135 778 | 145 002 | 152 017 | 174 356 | 186 665 |
| 5 - 9 | 90 226 | 95 474 | 103 417 | 149 897 | 172 424 |
| 10 - 14 | 83 409 | 84 045 | 85 172 | 106 474 | 152 717 |
| 15 - 19 | 90 294 | 91 892 | 92 958 | 95 956 | 117 426 |
| 20 - 24 | 112 641 | 110 686 | 109 437 | 114 775 | 118 155 |
| 25 - 29 | 125 044 | 132 077 | 137 218 | 135 396 | 140 960 |
| 30 - 34 | 101 087 | 107 814 | 115 220 | 151 752 | 150 925 |
| 35 - 39 | 79 749 | 84 099 | 88 757 | 118 577 | 154 089 |
| 40 - 44 | 61 067 | 64 509 | 67 931 | 87 688 | 116 367 |
| 45 - 49 | 45 627 | 47 770 | 50 197 | 65 806 | 84 771 |
| 50 - 54 | 34 250 | 36 145 | 37 995 | 47 813 | 62 724 |
| 55 - 59 | 23 814 | 25 282 | 26 843 | 35 543 | 44 852 |
| 60 - 64 | 15 660 | 16 572 | 17 599 | 23 954 | 31 914 |
| 65 - 69 | 9 915 | 10 489 | 11 057 | 14 748 | 20 410 |
| 70 - 74 | 6 415 | 6 574 | 6 813 | 8 982 | 12 111 |
| 75 - 79 | 4 451 | 4 566 | 4 666 | 5 222 | 6 900 |
| 80+ | 5 720 | 5 629 | 5 571 | 5 668 | 6 139 |
| Male | 500 469 | 521 496 | 542 893 | 653 843 | 767 972 |
| 0 - 4 | 68 604 | 73 331 | 76 851 | 88 136 | 94 348 |
| 5 - 9 | 45 189 | 47 847 | 51 936 | 75 613 | 86 965 |
| 10 - 14 | 40 489 | 41 044 | 41 836 | 52 995 | 76 510 |
| 15 - 19 | 41 602 | 42 648 | 43 427 | 46 113 | 57 328 |
| 20 - 24 | 52 586 | 51 138 | 50 181 | 53 413 | 56 393 |
| 25 - 29 | 61 032 | 64 266 | 66 473 | 63 280 | 66 600 |
| 30 - 34 | 50 183 | 53 397 | 56 957 | 74 015 | 71 449 |
| 35 - 39 | 39 953 | 42 062 | 44 304 | 58 422 | 74 889 |
| 40 - 44 | 30 481 | 32 142 | 33 789 | 43 264 | 56 653 |
| 45 - 49 | 22 976 | 23 885 | 24 950 | 32 300 | 41 258 |
| 50 - 54 | 17 242 | 18 265 | 19 210 | 23 470 | 30 396 |
| 55 - 59 | 11 704 | 12 308 | 13 023 | 17 563 | 21 522 |
| 60 - 64 | 7 548 | 7 996 | 8 458 | 11 000 | 15 032 |
| 65 - 69 | 4 380 | 4 606 | 4 835 | 6 566 | 8 760 |
| 70 - 74 | 2 680 | 2 737 | 2 833 | 3 665 | 5 083 |
| 75 - 79 | 1 790 | 1 823 | 1 848 | 2 028 | 2 646 |
| 80+ | 2 030 | 2 001 | 1 982 | 2 000 | 2 140 |
| Female | 524 678 | 547 129 | 569 975 | 688 764 | 811 577 |
| 0 - 4 | 67 174 | 71 671 | 75 166 | 86 220 | 92 317 |
| 5 - 9 | 45 037 | 47 627 | 51 481 | 74 284 | 85 459 |
| 10 - 14 | 42 920 | 43 001 | 43 336 | 53 479 | 76 207 |
| 15 - 19 | 48 692 | 49 244 | 49 531 | 49 843 | 60 098 |
| 20 - 24 | 60 055 | 59 548 | 59 256 | 61 362 | 61 762 |
| 25 - 29 | 64 012 | 67 811 | 70 745 | 72 116 | 74 360 |
| 30 - 34 | 50 904 | 54 417 | 58 263 | 77 737 | 79 476 |
| 35 - 39 | 39 796 | 42 037 | 44 453 | 60 155 | 79 200 |
| 40 - 44 | 30 586 | 32 367 | 34 142 | 44 424 | 59 714 |
| 45 - 49 | 22 651 | 23 885 | 25 247 | 33 506 | 43 513 |
| 50 - 54 | 17 008 | 17 880 | 18 785 | 24 343 | 32 328 |
| 55 - 59 | 12 110 | 12 974 | 13 820 | 17 980 | 23 330 |
| 60 - 64 | 8 112 | 8 576 | 9 141 | 12 954 | 16 882 |
| 65 - 69 | 5 535 | 5 883 | 6 222 | 8 182 | 11 650 |
| 70 - 74 | 3 735 | 3 837 | 3 980 | 5 317 | 7 028 |
| 75 - 79 | 2 661 | 2 743 | 2 818 | 3 194 | 4 254 |
| 80+ | 3 690 | 3 628 | 3 589 | 3 668 | 3 999 |

Table 2.3 Rural Projected Population by Sex, Growth Rate and Components of Growth, 2011-2041

| Year | Total | Male | Female | Exponential Growth Rate | Sex Ratio | Births | Deaths | Net Migration |
|------|-----------|---------|---------|----------------------------|-----------|--------|--------|------------------|
| 2011 | 1 215 914 | 586 918 | 628 996 | — | 0.93 | 37 132 | 18 782 | -19 840 |
| 2012 | 1 214 615 | 586 766 | 627 849 | -0.107 | 0.93 | 36 606 | 18 033 | -19 840 |
| 2013 | 1 213 567 | 586 697 | 626 870 | -0.086 | 0.94 | 36 146 | 17 378 | -19 840 |
| 2014 | 1 212 747 | 586 709 | 626 038 | -0.068 | 0.94 | 35 707 | 16 800 | -19 840 |
| 2015 | 1 212 091 | 586 780 | 625 311 | -0.054 | 0.94 | 35 264 | 16 277 | -19 840 |
| 2016 | 1 211 520 | 586 861 | 624 659 | -0.047 | 0.94 | 34 789 | 15 807 | -19 840 |
| 2017 | 1 210 941 | 586 918 | 624 023 | -0.048 | 0.94 | 34 300 | 15 394 | -19 840 |
| 2018 | 1 210 303 | 586 924 | 623 379 | -0.053 | 0.94 | 33 822 | 15 015 | -19 840 |
| 2019 | 1 209 564 | 586 857 | 622 707 | -0.061 | 0.94 | 33 342 | 14 665 | -19 840 |
| 2020 | 1 208 678 | 586 707 | 621 971 | -0.073 | 0.94 | 32 856 | 14 353 | -19 840 |
| 2021 | 1 207 619 | 586 452 | 621 167 | -0.088 | 0.94 | 32 365 | 14 065 | -19 840 |
| 2022 | 1 206 368 | 586 088 | 620 280 | -0.104 | 0.94 | 31 904 | 13 792 | -19 840 |
| 2023 | 1 204 911 | 585 610 | 619 301 | -0.121 | 0.95 | 31 478 | 13 539 | -19 840 |
| 2024 | 1 203 250 | 585 027 | 618 223 | -0.138 | 0.95 | 31 094 | 13 321 | -19 840 |
| 2025 | 1 201 421 | 584 349 | 617 072 | -0.152 | 0.95 | 30 728 | 13 112 | -19 840 |
| 2026 | 1 199 399 | 583 570 | 615 829 | -0.168 | 0.95 | 30 354 | 12 919 | -19 840 |
| 2027 | 1 197 206 | 582 694 | 614 512 | -0.183 | 0.95 | 30 010 | 12 736 | -19 840 |
| 2028 | 1 194 833 | 581 723 | 613 110 | -0.198 | 0.95 | 29 731 | 12 557 | -19 840 |
| 2029 | 1 192 342 | 580 684 | 611 658 | -0.209 | 0.95 | 29 495 | 12 406 | -19 840 |
| 2030 | 1 189 735 | 579 591 | 610 144 | -0.219 | 0.95 | 29 266 | 12 254 | -19 840 |
| 2031 | 1 186 996 | 578 434 | 608 562 | -0.230 | 0.95 | 28 943 | 12 106 | -19 840 |
| 2032 | 1 184 052 | 577 173 | 606 879 | -0.248 | 0.95 | 28 552 | 11 957 | -19 840 |
| 2033 | 1 180 807 | 575 776 | 605 031 | -0.274 | 0.95 | 28 112 | 11 817 | -19 840 |
| 2034 | 1 177 204 | 574 216 | 602 988 | -0.306 | 0.95 | 27 638 | 11 688 | -19 840 |
| 2035 | 1 173 212 | 572 474 | 600 738 | -0.340 | 0.95 | 27 127 | 11 573 | -19 840 |
| 2036 | 1 168 771 | 570 520 | 598 251 | -0.379 | 0.95 | 26 578 | 11 453 | -19 840 |
| 2037 | 1 163 859 | 568 349 | 595 510 | -0.421 | 0.95 | 25 990 | 11 338 | -19 840 |
| 2038 | 1 158 419 | 565 927 | 592 492 | -0.469 | 0.96 | 25 342 | 11 240 | -19 840 |
| 2039 | 1 152 399 | 563 226 | 589 173 | -0.521 | 0.96 | 24 665 | 11 139 | -19 840 |
| 2040 | 1 145 764 | 560 229 | 585 535 | -0.577 | 0.96 | 23 959 | 11 062 | -19 840 |
| 2041 | 1 138 483 | 556 921 | 581 562 | -0.637 | 0.96 | 23 234 | 10 965 | -19 840 |

Note: “—” Means Not Applicable

Table 2.4 Rural Projected Population by Sex and Five-Year Age Group - 2014, 2015, 2016, 2021, 2026

| Age | 2014 | 2015 | 2016 | 2021 | 2026 |
|---------------|------------------|------------------|------------------|------------------|------------------|
| Total | 1 212 747 | 1 212 091 | 1 211 520 | 1 207 619 | 1 199 399 |
| 0 - 4 | 177 229 | 172 501 | 169 908 | 160 340 | 150 503 |
| 5 - 9 | 173 038 | 178 927 | 181 230 | 167 068 | 158 057 |
| 10 - 14 | 155 614 | 154 115 | 154 451 | 176 091 | 162 288 |
| 15 - 19 | 152 909 | 151 590 | 149 861 | 141 597 | 163 059 |
| 20 - 24 | 115 679 | 120 780 | 124 660 | 124 411 | 116 315 |
| 25 - 29 | 71 170 | 70 751 | 71 579 | 92 830 | 92 991 |
| 30 - 34 | 58 157 | 55 875 | 53 634 | 48 902 | 69 541 |
| 35 - 39 | 54 240 | 52 886 | 51 376 | 41 781 | 37 704 |
| 40 - 44 | 47 783 | 48 312 | 48 570 | 44 390 | 35 831 |
| 45 - 49 | 40 457 | 40 425 | 40 601 | 43 177 | 39 582 |
| 50 - 54 | 35 033 | 35 748 | 36 264 | 36 646 | 39 235 |
| 55 - 59 | 28 151 | 28 640 | 29 231 | 32 735 | 33 223 |
| 60 - 64 | 25 828 | 25 306 | 25 003 | 26 497 | 29 847 |
| 65 - 69 | 23 820 | 24 087 | 24 138 | 22 416 | 23 954 |
| 70 - 74 | 17 973 | 18 144 | 18 420 | 19 860 | 18 629 |
| 75 - 79 | 12 586 | 12 582 | 12 598 | 13 166 | 14 288 |
| 80+ | 23 080 | 21 422 | 19 996 | 15 712 | 14 352 |
| Male | 586 709 | 586 780 | 586 861 | 586 452 | 583 570 |
| 0 - 4 | 89 625 | 87 219 | 85 929 | 81 074 | 76 088 |
| 5 - 9 | 87 524 | 90 466 | 91 560 | 84 319 | 79 751 |
| 10 - 14 | 78 988 | 78 305 | 78 503 | 89 268 | 82 230 |
| 15 - 19 | 78 393 | 77 737 | 76 901 | 73 064 | 83 727 |
| 20 - 24 | 59 488 | 62 350 | 64 572 | 64 785 | 60 916 |
| 25 - 29 | 35 173 | 35 281 | 36 002 | 48 120 | 48 533 |
| 30 - 34 | 27 377 | 26 146 | 25 022 | 23 851 | 35 514 |
| 35 - 39 | 25 310 | 24 602 | 23 776 | 18 576 | 17 705 |
| 40 - 44 | 21 643 | 21 878 | 21 992 | 19 873 | 15 348 |
| 45 - 49 | 17 195 | 17 312 | 17 499 | 18 765 | 17 018 |
| 50 - 54 | 13 882 | 14 160 | 14 385 | 15 043 | 16 287 |
| 55 - 59 | 10 845 | 10 935 | 11 086 | 12 310 | 12 975 |
| 60 - 64 | 10 743 | 10 249 | 9 870 | 9 782 | 10 914 |
| 65 - 69 | 10 192 | 10 415 | 10 463 | 8 831 | 8 836 |
| 70 - 74 | 7 302 | 7 294 | 7 399 | 8 407 | 7 164 |
| 75 - 79 | 5 144 | 5 147 | 5 119 | 5 038 | 5 770 |
| 80+ | 7 885 | 7 284 | 6 783 | 5 346 | 4 794 |
| Female | 626 038 | 625 311 | 624 659 | 621 167 | 615 829 |
| 0 - 4 | 87 604 | 85 282 | 83 979 | 79 266 | 74 415 |
| 5 - 9 | 85 514 | 88 461 | 89 670 | 82 749 | 78 306 |
| 10 - 14 | 76 626 | 75 810 | 75 948 | 86 823 | 80 058 |
| 15 - 19 | 74 516 | 73 853 | 72 960 | 68 533 | 79 332 |
| 20 - 24 | 56 191 | 58 430 | 60 088 | 59 626 | 55 399 |
| 25 - 29 | 35 997 | 35 470 | 35 577 | 44 710 | 44 458 |
| 30 - 34 | 30 780 | 29 729 | 28 612 | 25 051 | 34 027 |
| 35 - 39 | 28 930 | 28 284 | 27 600 | 23 205 | 19 999 |
| 40 - 44 | 26 140 | 26 434 | 26 578 | 24 517 | 20 483 |
| 45 - 49 | 23 262 | 23 113 | 23 102 | 24 412 | 22 564 |
| 50 - 54 | 21 151 | 21 588 | 21 879 | 21 603 | 22 948 |
| 55 - 59 | 17 306 | 17 705 | 18 145 | 20 425 | 20 248 |
| 60 - 64 | 15 085 | 15 057 | 15 133 | 16 715 | 18 933 |
| 65 - 69 | 13 628 | 13 672 | 13 675 | 13 585 | 15 118 |
| 70 - 74 | 10 671 | 10 850 | 11 021 | 11 453 | 11 465 |
| 75 - 79 | 7 442 | 7 435 | 7 479 | 8 128 | 8 518 |
| 80+ | 15 195 | 14 138 | 13 213 | 10 366 | 9 558 |

c) POPULATION PROJECTIONS FOR REGIONS: MEDIUM VARIANT

Table 3.1 Erongo Projected Population by Sex, Growth Rate and Components of Growth, 2011-2041

| Year | Total | Male | Female | Exponential Growth Rate | Sex Ratio | Births | Deaths | Net Migration |
|------|---------|---------|---------|----------------------------|--------------|--------|--------|------------------|
| 2011 | 150 338 | 79 757 | 70 581 | — | 1.13 | 4 340 | 1 152 | 3 003 |
| 2012 | 156 576 | 83 034 | 73 542 | 4.066 | 1.13 | 4 484 | 1 170 | 3 002 |
| 2013 | 162 918 | 86 360 | 76 558 | 3.971 | 1.13 | 4 606 | 1 187 | 3 001 |
| 2014 | 169 351 | 89 726 | 79 625 | 3.873 | 1.13 | 4 712 | 1 202 | 2 999 |
| 2015 | 175 853 | 93 119 | 82 734 | 3.767 | 1.13 | 4 807 | 1 225 | 2 997 |
| 2016 | 182 402 | 96 524 | 85 878 | 3.656 | 1.12 | 4 886 | 1 239 | 2 997 |
| 2017 | 189 014 | 99 958 | 89 056 | 3.561 | 1.12 | 4 959 | 1 263 | 2 996 |
| 2018 | 195 652 | 103 401 | 92 251 | 3.452 | 1.12 | 5 017 | 1 283 | 2 996 |
| 2019 | 202 319 | 106 855 | 95 464 | 3.351 | 1.12 | 5 059 | 1 302 | 2 996 |
| 2020 | 209 006 | 110 311 | 98 695 | 3.252 | 1.12 | 5 092 | 1 330 | 2 996 |
| 2021 | 215 700 | 113 764 | 101 936 | 3.153 | 1.12 | 5 119 | 1 351 | 2 995 |
| 2022 | 222 380 | 117 200 | 105 180 | 3.050 | 1.11 | 5 134 | 1 380 | 2 996 |
| 2023 | 229 063 | 120 640 | 108 423 | 2.961 | 1.11 | 5 152 | 1 403 | 2 995 |
| 2024 | 235 722 | 124 063 | 111 659 | 2.866 | 1.11 | 5 158 | 1 425 | 2 995 |
| 2025 | 242 379 | 127 475 | 114 904 | 2.785 | 1.11 | 5 168 | 1 455 | 2 994 |
| 2026 | 249 019 | 130 888 | 118 131 | 2.703 | 1.11 | 5 182 | 1 485 | 2 994 |
| 2027 | 255 667 | 134 291 | 121 376 | 2.635 | 1.11 | 5 212 | 1 519 | 2 994 |
| 2028 | 262 317 | 137 694 | 124 623 | 2.568 | 1.10 | 5 240 | 1 556 | 2 994 |
| 2029 | 268 977 | 141 099 | 127 878 | 2.507 | 1.10 | 5 272 | 1 591 | 2 994 |
| 2030 | 275 653 | 144 506 | 131 147 | 2.452 | 1.10 | 5 307 | 1 624 | 2 994 |
| 2031 | 282 328 | 147 912 | 134 416 | 2.393 | 1.10 | 5 352 | 1 661 | 2 994 |
| 2032 | 289 018 | 151 317 | 137 701 | 2.342 | 1.10 | 5 404 | 1 700 | 2 994 |
| 2033 | 295 722 | 154 730 | 140 992 | 2.293 | 1.10 | 5 458 | 1 744 | 2 994 |
| 2034 | 302 455 | 158 147 | 144 308 | 2.251 | 1.10 | 5 513 | 1 792 | 2 993 |
| 2035 | 309 190 | 161 557 | 147 633 | 2.202 | 1.09 | 5 567 | 1 834 | 2 992 |
| 2036 | 315 945 | 164 977 | 150 968 | 2.161 | 1.09 | 5 619 | 1 875 | 2 992 |
| 2037 | 322 704 | 168 385 | 154 319 | 2.117 | 1.09 | 5 665 | 1 925 | 2 992 |
| 2038 | 329 460 | 171 792 | 157 668 | 2.072 | 1.09 | 5 711 | 1 969 | 2 991 |
| 2039 | 336 199 | 175 176 | 161 023 | 2.025 | 1.09 | 5 754 | 2 021 | 2 992 |
| 2040 | 342 926 | 178 551 | 164 375 | 1.981 | 1.09 | 5 789 | 2 074 | 2 992 |
| 2041 | 349 631 | 181 907 | 167 724 | 1.936 | 1.08 | 5 821 | 2 124 | 2 993 |

Note: "—" Means Not Applicable

Table 3.2 Erongo Projected Population by Sex and Five-Year Age Group - 2014, 2015, 2016, 2021, 2026

| Age | 2014 | 2015 | 2016 | 2021 | 2026 |
|---------------|----------------|----------------|----------------|----------------|----------------|
| Total | 169 351 | 175 853 | 182 402 | 215 700 | 249 019 |
| 0 - 4 | 20 435 | 21 526 | 22 378 | 24 273 | 25 022 |
| 5 - 9 | 14 434 | 15 302 | 16 372 | 22 205 | 24 128 |
| 10 - 14 | 12 628 | 12 662 | 12 861 | 16 510 | 22 326 |
| 15 - 19 | 12 034 | 12 616 | 13 015 | 13 409 | 17 059 |
| 20 - 24 | 15 025 | 14 211 | 13 680 | 15 487 | 15 928 |
| 25 - 29 | 20 872 | 21 320 | 21 448 | 18 311 | 20 143 |
| 30 - 34 | 19 186 | 20 462 | 21 682 | 25 063 | 22 147 |
| 35 - 39 | 15 048 | 15 985 | 17 002 | 23 012 | 26 352 |
| 40 - 44 | 11 560 | 12 240 | 12 934 | 17 144 | 22 969 |
| 45 - 49 | 8 498 | 9 002 | 9 539 | 12 700 | 16 758 |
| 50 - 54 | 6 172 | 6 541 | 6 921 | 9 202 | 12 249 |
| 55 - 59 | 4 478 | 4 715 | 4 982 | 6 622 | 8 786 |
| 60 - 64 | 3 243 | 3 374 | 3 526 | 4 557 | 6 075 |
| 65 - 69 | 2 230 | 2 359 | 2 474 | 3 037 | 3 964 |
| 70 - 74 | 1 483 | 1 498 | 1 538 | 2 043 | 2 530 |
| 75 - 79 | 1 075 | 1 105 | 1 124 | 1 159 | 1 558 |
| 80+ | 950 | 935 | 926 | 966 | 1 025 |
| Male | 89 726 | 93 119 | 96 524 | 113 764 | 130 888 |
| 0 - 4 | 10 355 | 10 887 | 11 282 | 12 245 | 12 629 |
| 5 - 9 | 7 325 | 7 774 | 8 336 | 11 177 | 12 153 |
| 10 - 14 | 6 289 | 6 322 | 6 444 | 8 375 | 11 206 |
| 15 - 19 | 5 843 | 6 159 | 6 379 | 6 654 | 8 581 |
| 20 - 24 | 7 892 | 7 322 | 6 925 | 7 781 | 8 096 |
| 25 - 29 | 11 475 | 11 761 | 11 838 | 9 638 | 10 504 |
| 30 - 34 | 10 633 | 11 279 | 11 920 | 13 926 | 11 883 |
| 35 - 39 | 8 516 | 9 059 | 9 621 | 12 668 | 14 641 |
| 40 - 44 | 6 516 | 6 878 | 7 259 | 9 667 | 12 585 |
| 45 - 49 | 4 820 | 5 115 | 5 421 | 7 118 | 9 413 |
| 50 - 54 | 3 408 | 3 639 | 3 872 | 5 217 | 6 843 |
| 55 - 59 | 2 382 | 2 509 | 2 661 | 3 662 | 4 921 |
| 60 - 64 | 1 655 | 1 722 | 1 798 | 2 326 | 3 233 |
| 65 - 69 | 1 062 | 1 125 | 1 176 | 1 450 | 1 909 |
| 70 - 74 | 658 | 662 | 683 | 924 | 1 153 |
| 75 - 79 | 482 | 492 | 496 | 500 | 684 |
| 80+ | 415 | 414 | 413 | 436 | 454 |
| Female | 79 625 | 82 734 | 85 878 | 101 936 | 118 131 |
| 0 - 4 | 10 080 | 10 639 | 11 096 | 12 028 | 12 393 |
| 5 - 9 | 7 109 | 7 528 | 8 036 | 11 028 | 11 975 |
| 10 - 14 | 6 339 | 6 340 | 6 417 | 8 135 | 11 120 |
| 15 - 19 | 6 191 | 6 457 | 6 636 | 6 755 | 8 478 |
| 20 - 24 | 7 133 | 6 889 | 6 755 | 7 706 | 7 832 |
| 25 - 29 | 9 397 | 9 559 | 9 610 | 8 673 | 9 639 |
| 30 - 34 | 8 553 | 9 183 | 9 762 | 11 137 | 10 264 |
| 35 - 39 | 6 532 | 6 926 | 7 381 | 10 344 | 11 711 |
| 40 - 44 | 5 044 | 5 362 | 5 675 | 7 477 | 10 384 |
| 45 - 49 | 3 678 | 3 887 | 4 118 | 5 582 | 7 345 |
| 50 - 54 | 2 764 | 2 902 | 3 049 | 3 985 | 5 406 |
| 55 - 59 | 2 096 | 2 206 | 2 321 | 2 960 | 3 865 |
| 60 - 64 | 1 588 | 1 652 | 1 728 | 2 231 | 2 842 |
| 65 - 69 | 1 168 | 1 234 | 1 298 | 1 587 | 2 055 |
| 70 - 74 | 825 | 836 | 855 | 1 119 | 1 377 |
| 75 - 79 | 593 | 613 | 628 | 659 | 874 |
| 80+ | 535 | 521 | 513 | 530 | 571 |

Table 3.3 Hardap Projected Population by Sex, Growth Rate and Components of Growth, 2011-2041

| Year | Total | Male | Female | Exponential Growth Rate | Sex Ratio | Births | Deaths | Net Migration |
|------|---------|--------|--------|-------------------------------|-----------|--------|--------|------------------|
| 2011 | 79 584 | 40 725 | 38 859 | – | 1.05 | 2 274 | 1 095 | 289 |
| 2012 | 81 065 | 41 511 | 39 554 | 1.844 | 1.05 | 2 298 | 1 090 | 289 |
| 2013 | 82 579 | 42 311 | 40 268 | 1.850 | 1.05 | 2 314 | 1 087 | 289 |
| 2014 | 84 092 | 43 102 | 40 990 | 1.816 | 1.05 | 2 334 | 1 085 | 289 |
| 2015 | 85 629 | 43 908 | 41 721 | 1.811 | 1.05 | 2 344 | 1 080 | 289 |
| 2016 | 87 186 | 44 715 | 42 471 | 1.802 | 1.05 | 2 353 | 1 079 | 289 |
| 2017 | 88 743 | 45 520 | 43 223 | 1.770 | 1.05 | 2 358 | 1 081 | 289 |
| 2018 | 90 325 | 46 340 | 43 985 | 1.767 | 1.05 | 2 362 | 1 083 | 289 |
| 2019 | 91 905 | 47 151 | 44 754 | 1.734 | 1.05 | 2 364 | 1 083 | 289 |
| 2020 | 93 477 | 47 956 | 45 521 | 1.696 | 1.05 | 2 363 | 1 084 | 289 |
| 2021 | 95 049 | 48 762 | 46 287 | 1.668 | 1.05 | 2 356 | 1 085 | 289 |
| 2022 | 96 626 | 49 566 | 47 060 | 1.646 | 1.05 | 2 354 | 1 083 | 289 |
| 2023 | 98 194 | 50 364 | 47 830 | 1.610 | 1.05 | 2 348 | 1 085 | 289 |
| 2024 | 99 754 | 51 158 | 48 596 | 1.576 | 1.05 | 2 342 | 1 082 | 289 |
| 2025 | 101 305 | 51 943 | 49 362 | 1.543 | 1.05 | 2 331 | 1 082 | 289 |
| 2026 | 102 852 | 52 725 | 50 127 | 1.516 | 1.05 | 2 322 | 1 083 | 289 |
| 2027 | 104 398 | 53 509 | 50 889 | 1.492 | 1.05 | 2 325 | 1 081 | 289 |
| 2028 | 105 933 | 54 281 | 51 652 | 1.460 | 1.05 | 2 325 | 1 089 | 289 |
| 2029 | 107 469 | 55 059 | 52 410 | 1.440 | 1.05 | 2 329 | 1 089 | 289 |
| 2030 | 109 012 | 55 836 | 53 176 | 1.426 | 1.05 | 2 328 | 1 097 | 289 |
| 2031 | 110 540 | 56 610 | 53 930 | 1.392 | 1.05 | 2 323 | 1 099 | 289 |
| 2032 | 112 075 | 57 384 | 54 691 | 1.379 | 1.05 | 2 334 | 1 106 | 289 |
| 2033 | 113 606 | 58 154 | 55 452 | 1.357 | 1.05 | 2 340 | 1 105 | 289 |
| 2034 | 115 137 | 58 917 | 56 220 | 1.339 | 1.05 | 2 345 | 1 118 | 289 |
| 2035 | 116 665 | 59 683 | 56 982 | 1.318 | 1.05 | 2 347 | 1 123 | 289 |
| 2036 | 118 193 | 60 452 | 57 741 | 1.301 | 1.05 | 2 350 | 1 131 | 289 |
| 2037 | 119 710 | 61 210 | 58 500 | 1.275 | 1.05 | 2 345 | 1 134 | 289 |
| 2038 | 121 213 | 61 959 | 59 254 | 1.248 | 1.05 | 2 338 | 1 142 | 289 |
| 2039 | 122 707 | 62 703 | 60 004 | 1.225 | 1.04 | 2 327 | 1 146 | 289 |
| 2040 | 124 191 | 63 444 | 60 747 | 1.202 | 1.04 | 2 317 | 1 152 | 289 |
| 2041 | 125 653 | 64 170 | 61 483 | 1.170 | 1.04 | 2 305 | 1 158 | 289 |

Note: "–" Means Not Applicable

Table 3.4 Hardap Projected Population by Sex and Five-Year Age Group - 2014, 2015, 2016, 2021, 2026

| Age | 2014 | 2015 | 2016 | 2021 | 2026 |
|---------------|---------------|---------------|---------------|---------------|----------------|
| Total | 84 092 | 85 629 | 87 186 | 95 049 | 102 852 |
| 0 - 4 | 10 477 | 10 710 | 11 010 | 11 294 | 11 296 |
| 5 - 9 | 9 070 | 9 331 | 9 480 | 10 823 | 11 133 |
| 10 - 14 | 8 290 | 8 252 | 8 295 | 9 342 | 10 690 |
| 15 - 19 | 7 940 | 8 093 | 8 182 | 8 083 | 9 131 |
| 20 - 24 | 7 446 | 7 407 | 7 419 | 8 090 | 8 012 |
| 25 - 29 | 7 392 | 7 542 | 7 637 | 7 588 | 8 271 |
| 30 - 34 | 6 436 | 6 669 | 6 901 | 7 785 | 7 822 |
| 35 - 39 | 5 380 | 5 555 | 5 749 | 6 832 | 7 710 |
| 40 - 44 | 4 810 | 4 872 | 4 949 | 5 672 | 6 703 |
| 45 - 49 | 4 252 | 4 372 | 4 486 | 4 854 | 5 544 |
| 50 - 54 | 3 523 | 3 602 | 3 684 | 4 234 | 4 600 |
| 55 - 59 | 2 857 | 2 950 | 3 038 | 3 406 | 3 927 |
| 60 - 64 | 2 204 | 2 234 | 2 284 | 2 691 | 3 030 |
| 65 - 69 | 1 632 | 1 690 | 1 734 | 1 871 | 2 236 |
| 70 - 74 | 1 058 | 1 062 | 1 083 | 1 311 | 1 429 |
| 75 - 79 | 699 | 701 | 701 | 714 | 882 |
| 80+ | 626 | 587 | 554 | 459 | 436 |
| Male | 43 102 | 43 908 | 44 715 | 48 762 | 52 725 |
| 0 - 4 | 5 326 | 5 426 | 5 539 | 5 685 | 5 685 |
| 5 - 9 | 4 583 | 4 724 | 4 832 | 5 433 | 5 592 |
| 10 - 14 | 4 193 | 4 170 | 4 190 | 4 755 | 5 359 |
| 15 - 19 | 3 989 | 4 084 | 4 139 | 4 082 | 4 645 |
| 20 - 24 | 3 872 | 3 810 | 3 787 | 4 157 | 4 114 |
| 25 - 29 | 4 014 | 4 106 | 4 157 | 3 975 | 4 352 |
| 30 - 34 | 3 482 | 3 605 | 3 730 | 4 256 | 4 139 |
| 35 - 39 | 2 902 | 2 999 | 3 104 | 3 660 | 4 176 |
| 40 - 44 | 2 497 | 2 555 | 2 612 | 3 023 | 3 539 |
| 45 - 49 | 2 194 | 2 235 | 2 288 | 2 562 | 2 947 |
| 50 - 54 | 1 799 | 1 872 | 1 932 | 2 153 | 2 416 |
| 55 - 59 | 1 382 | 1 408 | 1 445 | 1 752 | 1 956 |
| 60 - 64 | 1 095 | 1 114 | 1 136 | 1 248 | 1 521 |
| 65 - 69 | 765 | 803 | 830 | 925 | 1 025 |
| 70 - 74 | 470 | 472 | 485 | 623 | 701 |
| 75 - 79 | 302 | 303 | 298 | 300 | 395 |
| 80+ | 237 | 222 | 211 | 173 | 163 |
| Female | 40 990 | 41 721 | 42 471 | 46 287 | 50 127 |
| 0 - 4 | 5 151 | 5 284 | 5 471 | 5 609 | 5 611 |
| 5 - 9 | 4 487 | 4 607 | 4 648 | 5 390 | 5 541 |
| 10 - 14 | 4 097 | 4 082 | 4 105 | 4 587 | 5 331 |
| 15 - 19 | 3 951 | 4 009 | 4 043 | 4 001 | 4 486 |
| 20 - 24 | 3 574 | 3 597 | 3 632 | 3 933 | 3 898 |
| 25 - 29 | 3 378 | 3 436 | 3 480 | 3 613 | 3 919 |
| 30 - 34 | 2 954 | 3 064 | 3 171 | 3 529 | 3 683 |
| 35 - 39 | 2 478 | 2 556 | 2 645 | 3 172 | 3 534 |
| 40 - 44 | 2 313 | 2 317 | 2 337 | 2 649 | 3 164 |
| 45 - 49 | 2 058 | 2 137 | 2 198 | 2 292 | 2 597 |
| 50 - 54 | 1 724 | 1 730 | 1 752 | 2 081 | 2 184 |
| 55 - 59 | 1 475 | 1 542 | 1 593 | 1 654 | 1 971 |
| 60 - 64 | 1 109 | 1 120 | 1 148 | 1 443 | 1 509 |
| 65 - 69 | 867 | 887 | 904 | 946 | 1 211 |
| 70 - 74 | 588 | 590 | 598 | 688 | 728 |
| 75 - 79 | 397 | 398 | 403 | 414 | 487 |
| 80+ | 389 | 365 | 343 | 286 | 273 |

Table 3.5 Karas Projected Population by Sex, Growth Rate and Components of Growth, 2011-2041

| Year | Total | Male | Female | Exponential Growth Rate | Sex Ratio | Births | Deaths | Net Migration |
|------|---------|--------|--------|----------------------------|-----------|--------|--------|------------------|
| 2011 | 77 518 | 39 561 | 37 957 | – | 1.04 | 2 216 | 878 | 247 |
| 2012 | 79 136 | 40 293 | 38 843 | 2.066 | 1.04 | 2 254 | 889 | 247 |
| 2013 | 80 753 | 41 015 | 39 738 | 2.023 | 1.03 | 2 280 | 886 | 247 |
| 2014 | 82 409 | 41 764 | 40 645 | 2.030 | 1.03 | 2 296 | 879 | 247 |
| 2015 | 84 077 | 42 512 | 41 565 | 2.004 | 1.02 | 2 311 | 873 | 247 |
| 2016 | 85 759 | 43 270 | 42 489 | 1.981 | 1.02 | 2 322 | 868 | 247 |
| 2017 | 87 460 | 44 031 | 43 429 | 1.964 | 1.01 | 2 333 | 860 | 247 |
| 2018 | 89 157 | 44 788 | 44 369 | 1.922 | 1.01 | 2 338 | 860 | 247 |
| 2019 | 90 874 | 45 553 | 45 321 | 1.908 | 1.01 | 2 343 | 858 | 247 |
| 2020 | 92 588 | 46 320 | 46 268 | 1.869 | 1.00 | 2 341 | 853 | 247 |
| 2021 | 94 294 | 47 079 | 47 215 | 1.826 | 1.00 | 2 338 | 853 | 247 |
| 2022 | 96 015 | 47 848 | 48 167 | 1.809 | 0.99 | 2 334 | 849 | 247 |
| 2023 | 97 721 | 48 608 | 49 113 | 1.761 | 0.99 | 2 324 | 852 | 247 |
| 2024 | 99 424 | 49 364 | 50 060 | 1.728 | 0.99 | 2 317 | 849 | 247 |
| 2025 | 101 123 | 50 119 | 51 004 | 1.694 | 0.98 | 2 312 | 842 | 247 |
| 2026 | 102 821 | 50 877 | 51 944 | 1.665 | 0.98 | 2 301 | 844 | 247 |
| 2027 | 104 501 | 51 626 | 52 875 | 1.621 | 0.98 | 2 300 | 849 | 247 |
| 2028 | 106 186 | 52 376 | 53 810 | 1.600 | 0.97 | 2 301 | 848 | 247 |
| 2029 | 107 879 | 53 127 | 54 752 | 1.582 | 0.97 | 2 302 | 856 | 247 |
| 2030 | 109 565 | 53 880 | 55 685 | 1.551 | 0.97 | 2 305 | 862 | 247 |
| 2031 | 111 247 | 54 629 | 56 618 | 1.523 | 0.96 | 2 302 | 865 | 247 |
| 2032 | 112 930 | 55 375 | 57 555 | 1.502 | 0.96 | 2 311 | 870 | 247 |
| 2033 | 114 618 | 56 129 | 58 489 | 1.484 | 0.96 | 2 321 | 881 | 247 |
| 2034 | 116 303 | 56 880 | 59 423 | 1.459 | 0.96 | 2 327 | 891 | 247 |
| 2035 | 117 991 | 57 632 | 60 359 | 1.441 | 0.95 | 2 334 | 906 | 247 |
| 2036 | 119 669 | 58 376 | 61 293 | 1.412 | 0.95 | 2 341 | 917 | 247 |
| 2037 | 121 347 | 59 123 | 62 224 | 1.392 | 0.95 | 2 341 | 924 | 247 |
| 2038 | 123 017 | 59 866 | 63 151 | 1.367 | 0.95 | 2 339 | 939 | 247 |
| 2039 | 124 664 | 60 597 | 64 067 | 1.330 | 0.95 | 2 337 | 950 | 247 |
| 2040 | 126 296 | 61 319 | 64 977 | 1.301 | 0.94 | 2 334 | 966 | 247 |
| 2041 | 127 925 | 62 043 | 65 882 | 1.282 | 0.94 | 2 329 | 972 | 247 |

Note: “–” Means Not Applicable

Table 3.6 // Karas Projected Population by Sex and Five-Year Age Group - 2014, 2015, 2016, 2021, 2026

| Age | 2014 | 2015 | 2016 | 2021 | 2026 |
|---------------|---------------|---------------|---------------|---------------|----------------|
| Total | 82 409 | 84 077 | 85 759 | 94 294 | 102 821 |
| 0 - 4 | 9 941 | 10 210 | 10 417 | 10 773 | 10 818 |
| 5 - 9 | 7 972 | 8 257 | 8 582 | 10 140 | 10 540 |
| 10 - 14 | 7 371 | 7 304 | 7 313 | 8 431 | 9 988 |
| 15 - 19 | 7 150 | 7 321 | 7 411 | 7 187 | 8 310 |
| 20 - 24 | 7 151 | 7 035 | 6 985 | 7 658 | 7 455 |
| 25 - 29 | 7 884 | 8 083 | 8 194 | 7 835 | 8 514 |
| 30 - 34 | 7 339 | 7 537 | 7 781 | 8 893 | 8 607 |
| 35 - 39 | 6 608 | 6 734 | 6 866 | 7 750 | 8 846 |
| 40 - 44 | 5 617 | 5 770 | 5 892 | 6 467 | 7 330 |
| 45 - 49 | 4 403 | 4 571 | 4 747 | 5 530 | 6 091 |
| 50 - 54 | 3 424 | 3 533 | 3 653 | 4 446 | 5 207 |
| 55 - 59 | 2 665 | 2 761 | 2 852 | 3 333 | 4 096 |
| 60 - 64 | 1 827 | 1 910 | 1 998 | 2 437 | 2 887 |
| 65 - 69 | 1 165 | 1 192 | 1 228 | 1 568 | 1 968 |
| 70 - 74 | 0 822 | 0 812 | 0 816 | 0 895 | 1 178 |
| 75 - 79 | 0 566 | 0 564 | 0 559 | 0 543 | 0 610 |
| 80+ | 0 504 | 0 483 | 0 465 | 0 408 | 0 376 |
| Male | 41 764 | 42 512 | 43 270 | 47 079 | 50 877 |
| 0 - 4 | 5 038 | 5 188 | 5 247 | 5 426 | 5 448 |
| 5 - 9 | 3 957 | 4 070 | 4 273 | 5 092 | 5 294 |
| 10 - 14 | 3 699 | 3 691 | 3 706 | 4 173 | 4 991 |
| 15 - 19 | 3 469 | 3 557 | 3 611 | 3 615 | 4 082 |
| 20 - 24 | 3 552 | 3 468 | 3 425 | 3 737 | 3 755 |
| 25 - 29 | 4 033 | 4 128 | 4 174 | 3 897 | 4 210 |
| 30 - 34 | 3 784 | 3 868 | 3 981 | 4 522 | 4 296 |
| 35 - 39 | 3 409 | 3 452 | 3 499 | 3 850 | 4 382 |
| 40 - 44 | 2 873 | 2 932 | 2 970 | 3 152 | 3 488 |
| 45 - 49 | 2 338 | 2 382 | 2 433 | 2 720 | 2 893 |
| 50 - 54 | 1 907 | 1 974 | 2 037 | 2 273 | 2 553 |
| 55 - 59 | 1 423 | 1 475 | 1 531 | 1 841 | 2 066 |
| 60 - 64 | 936 | 978 | 1 021 | 1 244 | 1 533 |
| 65 - 69 | 564 | 574 | 587 | 743 | 943 |
| 70 - 74 | 364 | 362 | 369 | 401 | 528 |
| 75 - 79 | 231 | 232 | 230 | 234 | 261 |
| 80+ | 187 | 181 | 176 | 159 | 154 |
| Female | 40 645 | 41 565 | 42 489 | 47 215 | 51 944 |
| 0 - 4 | 4 903 | 5 022 | 5 170 | 5 347 | 5 370 |
| 5 - 9 | 4 015 | 4 187 | 4 309 | 5 048 | 5 246 |
| 10 - 14 | 3 672 | 3 613 | 3 607 | 4 258 | 4 997 |
| 15 - 19 | 3 681 | 3 764 | 3 800 | 3 572 | 4 228 |
| 20 - 24 | 3 599 | 3 567 | 3 560 | 3 921 | 3 700 |
| 25 - 29 | 3 851 | 3 955 | 4 020 | 3 938 | 4 304 |
| 30 - 34 | 3 555 | 3 669 | 3 800 | 4 371 | 4 311 |
| 35 - 39 | 3 199 | 3 282 | 3 367 | 3 900 | 4 464 |
| 40 - 44 | 2 744 | 2 838 | 2 922 | 3 315 | 3 842 |
| 45 - 49 | 2 065 | 2 189 | 2 314 | 2 810 | 3 198 |
| 50 - 54 | 1 517 | 1 559 | 1 616 | 2 173 | 2 654 |
| 55 - 59 | 1 242 | 1 286 | 1 321 | 1 492 | 2 030 |
| 60 - 64 | 891 | 932 | 977 | 1 193 | 1 354 |
| 65 - 69 | 601 | 618 | 641 | 825 | 1 025 |
| 70 - 74 | 458 | 450 | 447 | 494 | 650 |
| 75 - 79 | 335 | 332 | 329 | 309 | 349 |
| 80+ | 317 | 302 | 289 | 249 | 222 |

Table 3.7 Kavango Projected Population by Sex, Growth Rate and Components of Growth, 2011-2041

| Year | Total | Male | Female | Exponential Growth Rate | Sex Ratio | Births | Deaths | Net Migration |
|------|---------|---------|---------|----------------------------|--------------|--------|--------|------------------|
| 2011 | 224 102 | 105 580 | 118 522 | — | 0.89 | 8 239 | 3 787 | -2 002 |
| 2012 | 226 607 | 106 607 | 120 000 | 1.112 | 0.89 | 8 288 | 3 707 | -2 002 |
| 2013 | 229 234 | 107 696 | 121 538 | 1.153 | 0.89 | 8 334 | 3 636 | -2 001 |
| 2014 | 232 002 | 108 866 | 123 136 | 1.200 | 0.88 | 8 366 | 3 574 | -2 001 |
| 2015 | 234 856 | 110 076 | 124 780 | 1.223 | 0.88 | 8 384 | 3 520 | -2 001 |
| 2016 | 237 779 | 111 322 | 126 457 | 1.237 | 0.88 | 8 392 | 3 468 | -2 001 |
| 2017 | 240 767 | 112 606 | 128 161 | 1.249 | 0.88 | 8 385 | 3 426 | -2 001 |
| 2018 | 243 769 | 113 896 | 129 873 | 1.239 | 0.88 | 8 368 | 3 382 | -2 002 |
| 2019 | 246 811 | 115 207 | 131 604 | 1.240 | 0.88 | 8 340 | 3 341 | -2 000 |
| 2020 | 249 853 | 116 522 | 133 331 | 1.225 | 0.87 | 8 318 | 3 306 | -2 001 |
| 2021 | 252 909 | 117 844 | 135 065 | 1.216 | 0.87 | 8 285 | 3 267 | -1 999 |
| 2022 | 255 978 | 119 172 | 136 806 | 1.206 | 0.87 | 8 260 | 3 231 | -2 001 |
| 2023 | 259 047 | 120 499 | 138 548 | 1.192 | 0.87 | 8 247 | 3 197 | -2 000 |
| 2024 | 262 138 | 121 835 | 140 303 | 1.186 | 0.87 | 8 243 | 3 168 | -2 000 |
| 2025 | 265 249 | 123 177 | 142 072 | 1.180 | 0.87 | 8 239 | 3 131 | -2 002 |
| 2026 | 268 379 | 124 534 | 143 845 | 1.173 | 0.87 | 8 233 | 3 110 | -2 002 |
| 2027 | 271 515 | 125 886 | 145 629 | 1.162 | 0.86 | 8 224 | 3 077 | -2 001 |
| 2028 | 274 663 | 127 244 | 147 419 | 1.153 | 0.86 | 8 218 | 3 059 | -2 000 |
| 2029 | 277 833 | 128 620 | 149 213 | 1.148 | 0.86 | 8 213 | 3 035 | -1 999 |
| 2030 | 280 994 | 129 980 | 151 014 | 1.131 | 0.86 | 8 201 | 3 014 | -2 000 |
| 2031 | 284 162 | 131 345 | 152 817 | 1.121 | 0.86 | 8 182 | 2 987 | -2 000 |
| 2032 | 287 330 | 132 710 | 154 620 | 1.109 | 0.86 | 8 162 | 2 969 | -2 000 |
| 2033 | 290 494 | 134 067 | 156 427 | 1.095 | 0.86 | 8 132 | 2 943 | -2 000 |
| 2034 | 293 649 | 135 427 | 158 222 | 1.080 | 0.86 | 8 092 | 2 915 | -1 999 |
| 2035 | 296 772 | 136 768 | 160 004 | 1.058 | 0.85 | 8 043 | 2 895 | -2 000 |
| 2036 | 299 870 | 138 100 | 161 770 | 1.038 | 0.85 | 7 991 | 2 878 | -2 000 |
| 2037 | 302 915 | 139 404 | 163 511 | 1.010 | 0.85 | 7 927 | 2 864 | -2 000 |
| 2038 | 305 918 | 140 691 | 165 227 | 0.986 | 0.85 | 7 858 | 2 852 | -2 000 |
| 2039 | 308 849 | 141 940 | 166 909 | 0.954 | 0.85 | 7 772 | 2 838 | -2 000 |
| 2040 | 311 718 | 143 164 | 168 554 | 0.925 | 0.85 | 7 681 | 2 826 | -2 000 |
| 2041 | 314 500 | 144 345 | 170 155 | 0.889 | 0.85 | 7 583 | 2 810 | -2 000 |

Note: "—" Means Not Applicable

Table 3.8 Kavango Projected Population by Sex and Five-Year Age Group - 2014, 2015, 2016, 2021, 2026

| Age | 2014 | 2015 | 2016 | 2021 | 2026 |
|---------------|----------------|----------------|----------------|----------------|----------------|
| Total | 232 002 | 234 856 | 237 779 | 252 909 | 268 379 |
| 0 - 4 | 37 929 | 38 088 | 38 336 | 38 788 | 38 638 |
| 5 - 9 | 32 782 | 34 047 | 35 070 | 37 247 | 37 842 |
| 10 - 14 | 29 667 | 29 540 | 29 686 | 34 486 | 36 696 |
| 15 - 19 | 29 503 | 29 568 | 29 515 | 28 841 | 33 626 |
| 20 - 24 | 23 721 | 24 760 | 25 650 | 27 073 | 26 477 |
| 25 - 29 | 16 247 | 16 534 | 16 996 | 21 578 | 23 047 |
| 30 - 34 | 12 678 | 12 662 | 12 640 | 13 574 | 18 013 |
| 35 - 39 | 10 142 | 10 221 | 10 299 | 10 415 | 11 367 |
| 40 - 44 | 8 071 | 8 197 | 8 312 | 8 788 | 8 977 |
| 45 - 49 | 6 722 | 6 719 | 6 746 | 7 298 | 7 795 |
| 50 - 54 | 5 832 | 5 874 | 5 908 | 5 914 | 6 465 |
| 55 - 59 | 4 286 | 4 522 | 4 709 | 5 082 | 5 119 |
| 60 - 64 | 3 729 | 3 448 | 3 306 | 4 059 | 4 403 |
| 65 - 69 | 3 831 | 3 951 | 3 944 | 2 883 | 3 572 |
| 70 - 74 | 2 577 | 2 568 | 2 625 | 3 186 | 2 354 |
| 75 - 79 | 1 760 | 1 818 | 1 834 | 1 791 | 2 194 |
| 80+ | 2 525 | 2 339 | 2 203 | 1 906 | 1 794 |
| Male | 108 866 | 110 076 | 111 322 | 117 844 | 124 534 |
| 0 - 4 | 19 115 | 19 193 | 19 296 | 19 522 | 19 444 |
| 5 - 9 | 16 484 | 17 091 | 17 601 | 18 652 | 18 952 |
| 10 - 14 | 14 982 | 14 930 | 14 998 | 17 295 | 18 361 |
| 15 - 19 | 14 598 | 14 712 | 14 761 | 14 555 | 16 837 |
| 20 - 24 | 11 023 | 11 613 | 12 139 | 13 260 | 13 069 |
| 25 - 29 | 6 804 | 6 930 | 7 156 | 9 667 | 10 780 |
| 30 - 34 | 5 143 | 5 010 | 4 895 | 5 176 | 7 566 |
| 35 - 39 | 4 311 | 4 257 | 4 193 | 3 680 | 3 975 |
| 40 - 44 | 3 565 | 3 566 | 3 552 | 3 382 | 2 951 |
| 45 - 49 | 2 937 | 2 936 | 2 941 | 2 982 | 2 847 |
| 50 - 54 | 2 349 | 2 392 | 2 424 | 2 448 | 2 502 |
| 55 - 59 | 1 704 | 1 735 | 1 772 | 1 980 | 2 016 |
| 60 - 64 | 1 600 | 1 496 | 1 426 | 1 459 | 1 645 |
| 65 - 69 | 1 520 | 1 556 | 1 554 | 1 191 | 1 225 |
| 70 - 74 | 1 061 | 1 042 | 1 046 | 1 203 | 931 |
| 75 - 79 | 736 | 751 | 751 | 686 | 792 |
| 80+ | 934 | 866 | 817 | 706 | 641 |
| Female | 123 136 | 124 780 | 126 457 | 135 065 | 143 845 |
| 0 - 4 | 18 814 | 18 895 | 19 040 | 19 266 | 19 194 |
| 5 - 9 | 16 298 | 16 956 | 17 469 | 18 595 | 18 890 |
| 10 - 14 | 14 685 | 14 610 | 14 688 | 17 191 | 18 335 |
| 15 - 19 | 14 905 | 14 856 | 14 754 | 14 286 | 16 789 |
| 20 - 24 | 12 698 | 13 147 | 13 511 | 13 813 | 13 408 |
| 25 - 29 | 9 443 | 9 604 | 9 840 | 11 911 | 12 267 |
| 30 - 34 | 7 535 | 7 652 | 7 745 | 8 398 | 10 447 |
| 35 - 39 | 5 831 | 5 964 | 6 106 | 6 735 | 7 392 |
| 40 - 44 | 4 506 | 4 631 | 4 760 | 5 406 | 6 026 |
| 45 - 49 | 3 785 | 3 783 | 3 805 | 4 316 | 4 948 |
| 50 - 54 | 3 483 | 3 482 | 3 484 | 3 466 | 3 963 |
| 55 - 59 | 2 582 | 2 787 | 2 937 | 3 102 | 3 103 |
| 60 - 64 | 2 129 | 1 952 | 1 880 | 2 600 | 2 758 |
| 65 - 69 | 2 311 | 2 395 | 2 390 | 1 692 | 2 347 |
| 70 - 74 | 1 516 | 1 526 | 1 579 | 1 983 | 1 423 |
| 75 - 79 | 1 024 | 1 067 | 1 083 | 1 105 | 1 402 |
| 80+ | 1 591 | 1 473 | 1 386 | 1 200 | 1 153 |

Table 3.9 Khomas Projected Population by Sex, Growth Rate and Components of Growth, 2011-2041

| Year | Total | Male | Female | Exponential Growth Rate | Sex Ratio | Births | Deaths | Net Migration |
|------|---------|---------|---------|----------------------------|-----------|--------|--------|------------------|
| 2011 | 340 997 | 169 550 | 171 447 | – | 0.99 | 10 330 | 2 522 | 6 228 |
| 2012 | 355 250 | 176 517 | 178 733 | 4.095 | 0.99 | 10 812 | 2 584 | 6 229 |
| 2013 | 369 894 | 183 681 | 186 213 | 4.039 | 0.99 | 11 252 | 2 634 | 6 227 |
| 2014 | 384 893 | 191 008 | 193 885 | 3.975 | 0.99 | 11 655 | 2 672 | 6 229 |
| 2015 | 400 191 | 198 475 | 201 716 | 3.898 | 0.98 | 12 021 | 2 716 | 6 227 |
| 2016 | 415 780 | 206 090 | 209 690 | 3.821 | 0.98 | 12 352 | 2 756 | 6 228 |
| 2017 | 431 607 | 213 810 | 217 797 | 3.736 | 0.98 | 12 644 | 2 799 | 6 226 |
| 2018 | 447 636 | 221 626 | 226 010 | 3.646 | 0.98 | 12 879 | 2 848 | 6 226 |
| 2019 | 463 823 | 229 514 | 234 309 | 3.552 | 0.98 | 13 076 | 2 894 | 6 224 |
| 2020 | 480 136 | 237 455 | 242 681 | 3.457 | 0.98 | 13 231 | 2 927 | 6 225 |
| 2021 | 496 546 | 245 442 | 251 104 | 3.361 | 0.98 | 13 358 | 2 968 | 6 222 |
| 2022 | 513 044 | 253 466 | 259 578 | 3.269 | 0.98 | 13 450 | 3 010 | 6 223 |
| 2023 | 529 572 | 261 502 | 268 070 | 3.171 | 0.98 | 13 508 | 3 052 | 6 222 |
| 2024 | 546 130 | 269 550 | 276 580 | 3.079 | 0.97 | 13 544 | 3 099 | 6 223 |
| 2025 | 562 693 | 277 595 | 285 098 | 2.988 | 0.97 | 13 572 | 3 144 | 6 220 |
| 2026 | 579 247 | 285 638 | 293 609 | 2.899 | 0.97 | 13 592 | 3 190 | 6 220 |
| 2027 | 595 797 | 293 672 | 302 125 | 2.817 | 0.97 | 13 611 | 3 244 | 6 218 |
| 2028 | 612 343 | 301 703 | 310 640 | 2.739 | 0.97 | 13 617 | 3 291 | 6 218 |
| 2029 | 628 865 | 309 722 | 319 143 | 2.662 | 0.97 | 13 628 | 3 347 | 6 216 |
| 2030 | 645 355 | 317 716 | 327 639 | 2.588 | 0.97 | 13 644 | 3 410 | 6 216 |
| 2031 | 661 834 | 325 699 | 336 135 | 2.521 | 0.97 | 13 684 | 3 472 | 6 217 |
| 2032 | 678 307 | 333 676 | 344 631 | 2.459 | 0.97 | 13 750 | 3 546 | 6 218 |
| 2033 | 694 781 | 341 652 | 353 129 | 2.400 | 0.97 | 13 834 | 3 618 | 6 217 |
| 2034 | 711 271 | 349 620 | 361 651 | 2.346 | 0.97 | 13 926 | 3 693 | 6 218 |
| 2035 | 727 788 | 357 595 | 370 193 | 2.296 | 0.97 | 14 028 | 3 782 | 6 218 |
| 2036 | 744 335 | 365 573 | 378 762 | 2.248 | 0.97 | 14 145 | 3 859 | 6 218 |
| 2037 | 760 923 | 373 571 | 387 352 | 2.204 | 0.96 | 14 280 | 3 955 | 6 218 |
| 2038 | 777 544 | 381 574 | 395 970 | 2.161 | 0.96 | 14 417 | 4 051 | 6 218 |
| 2039 | 794 203 | 389 591 | 404 612 | 2.120 | 0.96 | 14 554 | 4 152 | 6 218 |
| 2040 | 810 898 | 397 620 | 413 278 | 2.080 | 0.96 | 14 696 | 4 254 | 6 218 |
| 2041 | 827 619 | 405 657 | 421 962 | 2.041 | 0.96 | 14 832 | 4 361 | 6 218 |

Note: “–” Means Not Applicable

Table 3.10 Khomas Projected Population by Sex and Five-Year Age Group - 2014, 2015, 2016, 2021, 2026

| Age | 2014 | 2015 | 2016 | 2021 | 2026 |
|---------------|----------------|----------------|----------------|----------------|----------------|
| Total | 384 893 | 400 191 | 415 780 | 496 546 | 579 247 |
| 0 - 4 | 49 078 | 52 527 | 55 043 | 62 421 | 65 509 |
| 5 - 9 | 31 573 | 33 693 | 36 870 | 54 534 | 61 984 |
| 10 - 14 | 27 482 | 27 683 | 28 183 | 36 951 | 54 574 |
| 15 - 19 | 30 327 | 30 468 | 30 393 | 30 643 | 39 458 |
| 20 - 24 | 44 942 | 42 653 | 40 814 | 39 516 | 39 920 |
| 25 - 29 | 53 298 | 56 813 | 59 122 | 52 817 | 51 669 |
| 30 - 34 | 40 972 | 43 750 | 47 069 | 65 234 | 59 562 |
| 35 - 39 | 31 687 | 33 573 | 35 502 | 47 706 | 65 496 |
| 40 - 44 | 23 422 | 24 549 | 25 764 | 34 123 | 45 924 |
| 45 - 49 | 17 358 | 18 157 | 19 009 | 24 174 | 32 248 |
| 50 - 54 | 12 581 | 13 178 | 13 795 | 17 423 | 22 407 |
| 55 - 59 | 8 746 | 9 211 | 9 695 | 12 422 | 15 869 |
| 60 - 64 | 5 539 | 5 860 | 6 217 | 8 287 | 10 796 |
| 65 - 69 | 3 235 | 3 416 | 3 604 | 4 896 | 6 760 |
| 70 - 74 | 1 972 | 1 990 | 2 042 | 2 699 | 3 804 |
| 75 - 79 | 1 314 | 1 343 | 1 357 | 1 427 | 1 943 |
| 80+ | 1 367 | 1 327 | 1 301 | 1 273 | 1 324 |
| Male | 191 008 | 198 475 | 206 090 | 245 442 | 285 638 |
| 0 - 4 | 24 849 | 26 615 | 27 890 | 31 613 | 33 172 |
| 5 - 9 | 15 867 | 16 961 | 18 597 | 27 603 | 31 354 |
| 10 - 14 | 13 380 | 13 534 | 13 846 | 18 485 | 27 462 |
| 15 - 19 | 13 944 | 14 152 | 14 234 | 14 686 | 19 336 |
| 20 - 24 | 21 073 | 19 730 | 18 688 | 18 437 | 19 017 |
| 25 - 29 | 26 572 | 28 114 | 29 028 | 24 841 | 24 667 |
| 30 - 34 | 21 016 | 22 433 | 24 084 | 32 334 | 28 573 |
| 35 - 39 | 16 247 | 17 191 | 18 170 | 24 360 | 32 391 |
| 40 - 44 | 12 039 | 12 608 | 13 215 | 17 343 | 23 244 |
| 45 - 49 | 8 941 | 9 299 | 9 696 | 12 256 | 16 183 |
| 50 - 54 | 6 522 | 6 838 | 7 146 | 8 771 | 11 214 |
| 55 - 59 | 4 470 | 4 674 | 4 905 | 6 337 | 7 854 |
| 60 - 64 | 2 738 | 2 906 | 3 078 | 3 962 | 5 240 |
| 65 - 69 | 1 477 | 1 544 | 1 618 | 2 251 | 3 026 |
| 70 - 74 | 847 | 855 | 883 | 1 140 | 1 671 |
| 75 - 79 | 523 | 532 | 533 | 560 | 755 |
| 80+ | 503 | 489 | 479 | 463 | 479 |
| Female | 193 885 | 201 716 | 209 690 | 251 104 | 293 609 |
| 0 - 4 | 24 229 | 25 912 | 27 153 | 30 808 | 32 337 |
| 5 - 9 | 15 706 | 16 732 | 18 273 | 26 931 | 30 630 |
| 10 - 14 | 14 102 | 14 149 | 14 337 | 18 466 | 27 112 |
| 15 - 19 | 16 383 | 16 316 | 16 159 | 15 957 | 20 122 |
| 20 - 24 | 23 869 | 22 923 | 22 126 | 21 079 | 20 903 |
| 25 - 29 | 26 726 | 28 699 | 30 094 | 27 976 | 27 002 |
| 30 - 34 | 19 956 | 21 317 | 22 985 | 32 900 | 30 989 |
| 35 - 39 | 15 440 | 16 382 | 17 332 | 23 346 | 33 105 |
| 40 - 44 | 11 383 | 11 941 | 12 549 | 16 780 | 22 680 |
| 45 - 49 | 8 417 | 8 858 | 9 313 | 11 918 | 16 065 |
| 50 - 54 | 6 059 | 6 340 | 6 649 | 8 652 | 11 193 |
| 55 - 59 | 4 276 | 4 537 | 4 790 | 6 085 | 8 015 |
| 60 - 64 | 2 801 | 2 954 | 3 139 | 4 325 | 5 556 |
| 65 - 69 | 1 758 | 1 872 | 1 986 | 2 645 | 3 734 |
| 70 - 74 | 1 125 | 1 135 | 1 159 | 1 559 | 2 133 |
| 75 - 79 | 791 | 811 | 824 | 867 | 1 188 |
| 80+ | 864 | 838 | 822 | 810 | 845 |

Table 3.11 Kunene Projected Population by Sex, Growth Rate and Components of Growth, 2011-2041

| Year | Total | Male | Female | Exponential Growth Rate | Sex Ratio | Births | Deaths | Net Migration |
|------|---------|--------|--------|----------------------------|-----------|--------|--------|------------------|
| 2011 | 87 019 | 43 858 | 43 161 | — | 1.02 | 3 131 | 1 165 | 82 |
| 2012 | 89 091 | 44 966 | 44 125 | 2.353 | 1.02 | 3 171 | 1 150 | 82 |
| 2013 | 91 226 | 46 102 | 45 124 | 2.368 | 1.02 | 3 212 | 1 132 | 82 |
| 2014 | 93 396 | 47 248 | 46 148 | 2.351 | 1.02 | 3 244 | 1 119 | 82 |
| 2015 | 95 610 | 48 413 | 47 197 | 2.343 | 1.03 | 3 276 | 1 107 | 82 |
| 2016 | 97 865 | 49 596 | 48 269 | 2.331 | 1.03 | 3 306 | 1 099 | 82 |
| 2017 | 100 157 | 50 792 | 49 365 | 2.315 | 1.03 | 3 336 | 1 091 | 82 |
| 2018 | 102 485 | 52 005 | 50 480 | 2.298 | 1.03 | 3 366 | 1 086 | 82 |
| 2019 | 104 858 | 53 240 | 51 618 | 2.289 | 1.03 | 3 395 | 1 084 | 82 |
| 2020 | 107 245 | 54 478 | 52 767 | 2.251 | 1.03 | 3 426 | 1 090 | 82 |
| 2021 | 109 672 | 55 731 | 53 941 | 2.238 | 1.03 | 3 458 | 1 088 | 82 |
| 2022 | 112 130 | 57 000 | 55 130 | 2.216 | 1.03 | 3 489 | 1 094 | 82 |
| 2023 | 114 628 | 58 292 | 56 336 | 2.203 | 1.03 | 3 524 | 1 091 | 82 |
| 2024 | 117 161 | 59 591 | 57 570 | 2.186 | 1.04 | 3 562 | 1 096 | 82 |
| 2025 | 119 729 | 60 915 | 58 814 | 2.168 | 1.04 | 3 600 | 1 097 | 82 |
| 2026 | 122 327 | 62 245 | 60 082 | 2.147 | 1.04 | 3 631 | 1 102 | 82 |
| 2027 | 124 958 | 63 595 | 61 363 | 2.128 | 1.04 | 3 656 | 1 102 | 82 |
| 2028 | 127 606 | 64 951 | 62 655 | 2.097 | 1.04 | 3 682 | 1 103 | 82 |
| 2029 | 130 273 | 66 314 | 63 959 | 2.068 | 1.04 | 3 704 | 1 105 | 82 |
| 2030 | 132 962 | 67 687 | 65 275 | 2.043 | 1.04 | 3 724 | 1 112 | 82 |
| 2031 | 135 673 | 69 068 | 66 605 | 2.018 | 1.04 | 3 737 | 1 111 | 82 |
| 2032 | 138 379 | 70 447 | 67 932 | 1.975 | 1.04 | 3 745 | 1 113 | 82 |
| 2033 | 141 097 | 71 829 | 69 268 | 1.945 | 1.04 | 3 754 | 1 119 | 82 |
| 2034 | 143 825 | 73 217 | 70 608 | 1.915 | 1.04 | 3 754 | 1 123 | 82 |
| 2035 | 146 546 | 74 598 | 71 948 | 1.874 | 1.04 | 3 754 | 1 127 | 82 |
| 2036 | 149 247 | 75 967 | 73 280 | 1.826 | 1.04 | 3 744 | 1 129 | 82 |
| 2037 | 151 939 | 77 336 | 74 603 | 1.788 | 1.04 | 3 734 | 1 135 | 82 |
| 2038 | 154 607 | 78 687 | 75 920 | 1.741 | 1.04 | 3 717 | 1 143 | 82 |
| 2039 | 157 252 | 80 025 | 77 227 | 1.696 | 1.04 | 3 700 | 1 149 | 82 |
| 2040 | 159 871 | 81 347 | 78 524 | 1.652 | 1.04 | 3 678 | 1 158 | 82 |
| 2041 | 162 453 | 82 647 | 79 806 | 1.602 | 1.04 | 3 647 | 1 167 | 82 |

Note: "—" Means Not Applicable

Table 3.12 Kunene Projected Population by Sex and Five-Year Age Group - 2014, 2015, 2016, 2021, 2026

| Age | 2014 | 2015 | 2016 | 2021 | 2026 |
|---------------|---------------|---------------|---------------|----------------|----------------|
| Total | 93 396 | 95 610 | 97 865 | 109 672 | 122 327 |
| 0 - 4 | 14 842 | 14 899 | 15 173 | 16 034 | 16 927 |
| 5 - 9 | 13 737 | 14 213 | 14 374 | 14 945 | 15 834 |
| 10 - 14 | 10 885 | 11 296 | 11 769 | 14 116 | 14 703 |
| 15 - 19 | 9 103 | 9 281 | 9 502 | 11 315 | 13 653 |
| 20 - 24 | 7 985 | 8 125 | 8 264 | 9 092 | 10 898 |
| 25 - 29 | 7 039 | 7 234 | 7 402 | 8 162 | 9 002 |
| 30 - 34 | 6 137 | 6 316 | 6 510 | 7 499 | 8 311 |
| 35 - 39 | 5 308 | 5 483 | 5 663 | 6 514 | 7 489 |
| 40 - 44 | 4 231 | 4 440 | 4 636 | 5 530 | 6 348 |
| 45 - 49 | 3 312 | 3 399 | 3 524 | 4 429 | 5 282 |
| 50 - 54 | 2 824 | 2 884 | 2 946 | 3 351 | 4 210 |
| 55 - 59 | 2 242 | 2 327 | 2 405 | 2 711 | 3 099 |
| 60 - 64 | 1 769 | 1 756 | 1 766 | 2 086 | 2 368 |
| 65 - 69 | 1 484 | 1 504 | 1 509 | 1 464 | 1 746 |
| 70 - 74 | 986 | 1 014 | 1 044 | 1 152 | 1 129 |
| 75 - 79 | 607 | 607 | 608 | 694 | 773 |
| 80+ | 905 | 832 | 770 | 578 | 555 |
| Male | 47 248 | 48 413 | 49 596 | 55 731 | 62 245 |
| 0 - 4 | 7 477 | 7 516 | 7 711 | 8 143 | 8 592 |
| 5 - 9 | 7 052 | 7 275 | 7 287 | 7 598 | 8 042 |
| 10 - 14 | 5 494 | 5 737 | 6 009 | 7 158 | 7 476 |
| 15 - 19 | 4 582 | 4 637 | 4 730 | 5 774 | 6 916 |
| 20 - 24 | 4 097 | 4 185 | 4 258 | 4 526 | 5 561 |
| 25 - 29 | 3 566 | 3 668 | 3 761 | 4 236 | 4 513 |
| 30 - 34 | 3 099 | 3 203 | 3 312 | 3 831 | 4 336 |
| 35 - 39 | 2 744 | 2 803 | 2 870 | 3 317 | 3 829 |
| 40 - 44 | 2 218 | 2 352 | 2 470 | 2 810 | 3 230 |
| 45 - 49 | 1 663 | 1 700 | 1 768 | 2 354 | 2 675 |
| 50 - 54 | 1 405 | 1 462 | 1 508 | 1 695 | 2 248 |
| 55 - 59 | 1 072 | 1 106 | 1 147 | 1 403 | 1 583 |
| 60 - 64 | 898 | 886 | 884 | 997 | 1 224 |
| 65 - 69 | 703 | 731 | 744 | 720 | 819 |
| 70 - 74 | 449 | 450 | 460 | 558 | 544 |
| 75 - 79 | 316 | 316 | 312 | 315 | 383 |
| 80+ | 413 | 386 | 365 | 296 | 274 |
| Female | 46 148 | 47 197 | 48 269 | 53 941 | 60 082 |
| 0 - 4 | 7 365 | 7 383 | 7 462 | 7 891 | 8 335 |
| 5 - 9 | 6 685 | 6 938 | 7 087 | 7 347 | 7 792 |
| 10 - 14 | 5 391 | 5 559 | 5 760 | 6 958 | 7 227 |
| 15 - 19 | 4 521 | 4 644 | 4 772 | 5 541 | 6 737 |
| 20 - 24 | 3 888 | 3 940 | 4 006 | 4 566 | 5 337 |
| 25 - 29 | 3 473 | 3 566 | 3 641 | 3 926 | 4 489 |
| 30 - 34 | 3 038 | 3 113 | 3 198 | 3 668 | 3 975 |
| 35 - 39 | 2 564 | 2 680 | 2 793 | 3 197 | 3 660 |
| 40 - 44 | 2 013 | 2 088 | 2 166 | 2 720 | 3 118 |
| 45 - 49 | 1 649 | 1 699 | 1 756 | 2 075 | 2 607 |
| 50 - 54 | 1 419 | 1 422 | 1 438 | 1 656 | 1 962 |
| 55 - 59 | 1 170 | 1 221 | 1 258 | 1 308 | 1 516 |
| 60 - 64 | 871 | 870 | 882 | 1 089 | 1 144 |
| 65 - 69 | 781 | 773 | 765 | 744 | 927 |
| 70 - 74 | 537 | 564 | 584 | 594 | 585 |
| 75 - 79 | 291 | 291 | 296 | 379 | 390 |
| 80+ | 492 | 446 | 405 | 282 | 281 |

Table 3.13 Ohangwena Projected Population by Sex, Growth Rate and Components of Growth, 2011-2041

| Year | Total | Male | Female | Exponential Growth Rate | Sex Ratio | Births | Deaths | Net Migration |
|------|---------|---------|---------|----------------------------|-----------|--------|--------|------------------|
| 2011 | 246 451 | 113 107 | 133 344 | — | 0.85 | 8 004 | 4 059 | -2 615 |
| 2012 | 247 898 | 113 916 | 133 982 | 0.585 | 0.85 | 8 009 | 3 868 | -2 615 |
| 2013 | 249 532 | 114 805 | 134 727 | 0.657 | 0.85 | 8 036 | 3 724 | -2 614 |
| 2014 | 251 343 | 115 764 | 135 579 | 0.723 | 0.85 | 8 078 | 3 600 | -2 614 |
| 2015 | 253 348 | 116 819 | 136 529 | 0.795 | 0.86 | 8 121 | 3 481 | -2 614 |
| 2016 | 255 510 | 117 944 | 137 566 | 0.850 | 0.86 | 8 157 | 3 383 | -2 614 |
| 2017 | 257 784 | 119 117 | 138 667 | 0.886 | 0.86 | 8 184 | 3 303 | -2 614 |
| 2018 | 260 190 | 120 347 | 139 843 | 0.929 | 0.86 | 8 216 | 3 230 | -2 614 |
| 2019 | 262 668 | 121 603 | 141 065 | 0.948 | 0.86 | 8 234 | 3 176 | -2 614 |
| 2020 | 265 234 | 122 899 | 142 335 | 0.972 | 0.86 | 8 245 | 3 125 | -2 614 |
| 2021 | 267 835 | 124 207 | 143 628 | 0.976 | 0.86 | 8 234 | 3 079 | -2 613 |
| 2022 | 270 452 | 125 517 | 144 935 | 0.972 | 0.87 | 8 209 | 3 038 | -2 613 |
| 2023 | 273 084 | 126 821 | 146 263 | 0.968 | 0.87 | 8 177 | 3 009 | -2 613 |
| 2024 | 275 691 | 128 106 | 147 585 | 0.950 | 0.87 | 8 135 | 2 980 | -2 613 |
| 2025 | 278 281 | 129 381 | 148 900 | 0.935 | 0.87 | 8 097 | 2 952 | -2 612 |
| 2026 | 280 838 | 130 630 | 150 208 | 0.915 | 0.87 | 8 051 | 2 915 | -2 611 |
| 2027 | 283 371 | 131 855 | 151 516 | 0.898 | 0.87 | 8 003 | 2 894 | -2 610 |
| 2028 | 285 879 | 133 072 | 152 807 | 0.881 | 0.87 | 7 976 | 2 861 | -2 611 |
| 2029 | 288 369 | 134 267 | 154 102 | 0.867 | 0.87 | 7 957 | 2 850 | -2 610 |
| 2030 | 290 856 | 135 460 | 155 396 | 0.859 | 0.87 | 7 944 | 2 827 | -2 609 |
| 2031 | 293 333 | 136 648 | 156 685 | 0.848 | 0.87 | 7 910 | 2 812 | -2 609 |
| 2032 | 295 792 | 137 819 | 157 973 | 0.835 | 0.87 | 7 853 | 2 790 | -2 609 |
| 2033 | 298 196 | 138 969 | 159 227 | 0.809 | 0.87 | 7 784 | 2 780 | -2 609 |
| 2034 | 300 539 | 140 084 | 160 455 | 0.783 | 0.87 | 7 709 | 2 765 | -2 609 |
| 2035 | 302 806 | 141 159 | 161 647 | 0.751 | 0.87 | 7 627 | 2 763 | -2 608 |
| 2036 | 304 988 | 142 199 | 162 789 | 0.718 | 0.87 | 7 539 | 2 758 | -2 608 |
| 2037 | 307 092 | 143 200 | 163 892 | 0.687 | 0.87 | 7 444 | 2 754 | -2 608 |
| 2038 | 309 103 | 144 146 | 164 957 | 0.653 | 0.87 | 7 340 | 2 745 | -2 608 |
| 2039 | 311 014 | 145 052 | 165 962 | 0.616 | 0.87 | 7 223 | 2 751 | -2 608 |
| 2040 | 312 806 | 145 892 | 166 914 | 0.575 | 0.87 | 7 101 | 2 751 | -2 608 |
| 2041 | 314 469 | 146 676 | 167 793 | 0.530 | 0.87 | 6 975 | 2 749 | -2 608 |

Note: "—" Means Not Applicable

Table 3.14 Ohangwena Projected Population by Sex and Five-Year Age Group - 2014, 2015, 2016, 2021, 2026

| Age | 2014 | 2015 | 2016 | 2021 | 2026 |
|---------------|----------------|----------------|----------------|----------------|----------------|
| Total | 251 343 | 253 348 | 255 510 | 267 835 | 280 838 |
| 0 - 4 | 39 036 | 38 639 | 38 494 | 39 601 | 39 515 |
| 5 - 9 | 35 787 | 37 182 | 38 212 | 37 886 | 39 077 |
| 10 - 14 | 34 788 | 34 080 | 33 730 | 38 310 | 38 009 |
| 15 - 19 | 36 210 | 36 182 | 35 977 | 32 932 | 37 500 |
| 20 - 24 | 25 976 | 27 920 | 29 502 | 31 347 | 28 353 |
| 25 - 29 | 13 440 | 13 712 | 14 356 | 22 666 | 24 543 |
| 30 - 34 | 10 311 | 9 881 | 9 503 | 9 841 | 17 748 |
| 35 - 39 | 9 800 | 9 615 | 9 380 | 7 656 | 8 041 |
| 40 - 44 | 8 519 | 8 725 | 8 881 | 8 505 | 7 033 |
| 45 - 49 | 6 993 | 7 082 | 7 214 | 8 168 | 7 891 |
| 50 - 54 | 5 771 | 6 021 | 6 221 | 6 737 | 7 651 |
| 55 - 59 | 4 368 | 4 498 | 4 668 | 5 817 | 6 310 |
| 60 - 64 | 4 160 | 4 077 | 4 033 | 4 418 | 5 476 |
| 65 - 69 | 4 274 | 4 237 | 4 180 | 3 847 | 4 217 |
| 70 - 74 | 3 555 | 3 610 | 3 656 | 3 608 | 3 370 |
| 75 - 79 | 2 534 | 2 512 | 2 518 | 2 704 | 2 681 |
| 80+ | 5 821 | 5 375 | 4 985 | 3 792 | 3 423 |
| Male | 115 764 | 116 819 | 117 944 | 124 207 | 130 630 |
| 0 - 4 | 19 674 | 19 505 | 19 476 | 20 032 | 19 984 |
| 5 - 9 | 17 984 | 18 672 | 19 160 | 19 132 | 19 729 |
| 10 - 14 | 17 319 | 17 041 | 16 924 | 19 233 | 19 208 |
| 15 - 19 | 17 961 | 17 928 | 17 834 | 16 614 | 18 913 |
| 20 - 24 | 12 638 | 13 688 | 14 541 | 15 461 | 14 243 |
| 25 - 29 | 5 806 | 5 975 | 6 333 | 10 792 | 11 721 |
| 30 - 34 | 4 125 | 3 838 | 3 601 | 3 825 | 7 994 |
| 35 - 39 | 4 007 | 3 904 | 3 754 | 2 605 | 2 842 |
| 40 - 44 | 3 328 | 3 417 | 3 492 | 3 291 | 2 324 |
| 45 - 49 | 2 476 | 2 536 | 2 610 | 3 032 | 2 890 |
| 50 - 54 | 1 886 | 1 956 | 2 011 | 2 267 | 2 654 |
| 55 - 59 | 1 363 | 1 403 | 1 457 | 1 761 | 1 993 |
| 60 - 64 | 1 528 | 1 419 | 1 340 | 1 386 | 1 647 |
| 65 - 69 | 1 703 | 1 723 | 1 711 | 1 329 | 1 376 |
| 70 - 74 | 1 279 | 1 291 | 1 313 | 1 426 | 1 134 |
| 75 - 79 | 918 | 910 | 906 | 926 | 1 009 |
| 80+ | 1 769 | 1 613 | 1 481 | 1 095 | 969 |
| Female | 135 579 | 136 529 | 137 566 | 143 628 | 150 208 |
| 0 - 4 | 19 362 | 19 134 | 19 018 | 19 569 | 19 531 |
| 5 - 9 | 17 803 | 18 510 | 19 052 | 18 754 | 19 348 |
| 10 - 14 | 17 469 | 17 039 | 16 806 | 19 077 | 18 801 |
| 15 - 19 | 18 249 | 18 254 | 18 143 | 16 318 | 18 587 |
| 20 - 24 | 13 338 | 14 232 | 14 961 | 15 886 | 14 110 |
| 25 - 29 | 7 634 | 7 737 | 8 023 | 11 874 | 12 822 |
| 30 - 34 | 6 186 | 6 043 | 5 902 | 6 016 | 9 754 |
| 35 - 39 | 5 793 | 5 711 | 5 626 | 5 051 | 5 199 |
| 40 - 44 | 5 191 | 5 308 | 5 389 | 5 214 | 4 709 |
| 45 - 49 | 4 517 | 4 546 | 4 604 | 5 136 | 5 001 |
| 50 - 54 | 3 885 | 4 065 | 4 210 | 4 470 | 4 997 |
| 55 - 59 | 3 005 | 3 095 | 3 211 | 4 056 | 4 317 |
| 60 - 64 | 2 632 | 2 658 | 2 693 | 3 032 | 3 829 |
| 65 - 69 | 2 571 | 2 514 | 2 469 | 2 518 | 2 841 |
| 70 - 74 | 2 276 | 2 319 | 2 343 | 2 182 | 2 236 |
| 75 - 79 | 1 616 | 1 602 | 1 612 | 1 778 | 1 672 |
| 80+ | 4 052 | 3 762 | 3 504 | 2 697 | 2 454 |

Table 3.15 Omaheke Projected Population by Sex, Growth Rate and Components of Growth, 2011-2041

| Year | Total | Male | Female | Exponential Growth Rate | Sex Ratio | Births | Deaths | Net Migration |
|------|--------|--------|--------|----------------------------|-----------|--------|--------|------------------|
| 2011 | 71 478 | 37 469 | 34 009 | — | 1.10 | 2 270 | 850 | - 752 |
| 2012 | 72 143 | 37 876 | 34 267 | 0.926 | 1.11 | 2 244 | 833 | - 752 |
| 2013 | 72 805 | 38 282 | 34 523 | 0.913 | 1.11 | 2 208 | 814 | - 752 |
| 2014 | 73 438 | 38 664 | 34 774 | 0.866 | 1.11 | 2 180 | 799 | - 752 |
| 2015 | 74 040 | 39 027 | 35 013 | 0.816 | 1.11 | 2 147 | 786 | - 752 |
| 2016 | 74 629 | 39 382 | 35 247 | 0.792 | 1.12 | 2 110 | 774 | - 752 |
| 2017 | 75 191 | 39 719 | 35 472 | 0.750 | 1.12 | 2 076 | 760 | - 752 |
| 2018 | 75 734 | 40 043 | 35 691 | 0.720 | 1.12 | 2 040 | 753 | - 752 |
| 2019 | 76 246 | 40 350 | 35 896 | 0.674 | 1.12 | 2 009 | 745 | - 752 |
| 2020 | 76 736 | 40 638 | 36 098 | 0.641 | 1.13 | 1 974 | 739 | - 752 |
| 2021 | 77 212 | 40 919 | 36 293 | 0.618 | 1.13 | 1 951 | 730 | - 752 |
| 2022 | 77 652 | 41 181 | 36 471 | 0.568 | 1.13 | 1 925 | 724 | - 752 |
| 2023 | 78 085 | 41 436 | 36 649 | 0.556 | 1.13 | 1 902 | 715 | - 752 |
| 2024 | 78 510 | 41 691 | 36 819 | 0.543 | 1.13 | 1 886 | 715 | - 752 |
| 2025 | 78 910 | 41 927 | 36 983 | 0.508 | 1.13 | 1 872 | 718 | - 752 |
| 2026 | 79 322 | 42 168 | 37 154 | 0.521 | 1.13 | 1 855 | 709 | - 752 |
| 2027 | 79 712 | 42 402 | 37 310 | 0.490 | 1.14 | 1 846 | 711 | - 752 |
| 2028 | 80 092 | 42 621 | 37 471 | 0.476 | 1.14 | 1 837 | 712 | - 752 |
| 2029 | 80 476 | 42 843 | 37 633 | 0.478 | 1.14 | 1 831 | 710 | - 752 |
| 2030 | 80 846 | 43 060 | 37 786 | 0.459 | 1.14 | 1 823 | 708 | - 752 |
| 2031 | 81 213 | 43 273 | 37 940 | 0.453 | 1.14 | 1 810 | 708 | - 752 |
| 2032 | 81 562 | 43 477 | 38 085 | 0.429 | 1.14 | 1 800 | 706 | - 752 |
| 2033 | 81 897 | 43 669 | 38 228 | 0.410 | 1.14 | 1 785 | 705 | - 752 |
| 2034 | 82 217 | 43 851 | 38 366 | 0.390 | 1.14 | 1 768 | 704 | - 752 |
| 2035 | 82 531 | 44 034 | 38 497 | 0.381 | 1.14 | 1 753 | 699 | - 752 |
| 2036 | 82 811 | 44 199 | 38 612 | 0.339 | 1.14 | 1 725 | 702 | - 752 |
| 2037 | 83 067 | 44 351 | 38 716 | 0.309 | 1.15 | 1 698 | 704 | - 752 |
| 2038 | 83 294 | 44 490 | 38 804 | 0.273 | 1.15 | 1 667 | 705 | - 752 |
| 2039 | 83 483 | 44 606 | 38 877 | 0.227 | 1.15 | 1 634 | 709 | - 752 |
| 2040 | 83 642 | 44 701 | 38 941 | 0.190 | 1.15 | 1 598 | 709 | - 752 |
| 2041 | 83 765 | 44 781 | 38 984 | 0.147 | 1.15 | 1 564 | 710 | - 752 |

Note: "—" Means Not Applicable

Table 3.16 Omaheke Projected Population by Sex and Five-Year Age Group - 2014, 2015, 2016, 2021, 2026

| Age | 2014 | 2015 | 2016 | 2021 | 2026 |
|---------------|---------------|---------------|---------------|---------------|---------------|
| Total | 73 438 | 74 040 | 74 629 | 77 212 | 79 322 |
| 0 - 4 | 10 698 | 10 495 | 10 469 | 9 735 | 9 170 |
| 5 - 9 | 10 205 | 10 631 | 10 740 | 10 317 | 9 622 |
| 10 - 14 | 7 983 | 8 052 | 8 265 | 10 121 | 9 727 |
| 15 - 19 | 6 945 | 6 968 | 6 949 | 7 120 | 8 959 |
| 20 - 24 | 6 137 | 6 014 | 5 928 | 5 952 | 6 131 |
| 25 - 29 | 5 675 | 5 691 | 5 669 | 5 188 | 5 237 |
| 30 - 34 | 5 091 | 5 081 | 5 075 | 5 183 | 4 769 |
| 35 - 39 | 4 492 | 4 616 | 4 716 | 4 778 | 4 902 |
| 40 - 44 | 3 625 | 3 686 | 3 775 | 4 376 | 4 449 |
| 45 - 49 | 3 071 | 3 132 | 3 191 | 3 478 | 4 053 |
| 50 - 54 | 2 627 | 2 666 | 2 710 | 3 016 | 3 298 |
| 55 - 59 | 2 106 | 2 202 | 2 291 | 2 532 | 2 823 |
| 60 - 64 | 1 607 | 1 627 | 1 662 | 2 063 | 2 293 |
| 65 - 69 | 1 216 | 1 266 | 1 309 | 1 410 | 1 768 |
| 70 - 74 | 800 | 799 | 807 | 994 | 1 083 |
| 75 - 79 | 547 | 546 | 538 | 529 | 668 |
| 80+ | 613 | 568 | 535 | 420 | 370 |
| Male | 38 664 | 39 027 | 39 382 | 40 919 | 42 168 |
| 0 - 4 | 5 446 | 5 323 | 5 321 | 4 946 | 4 659 |
| 5 - 9 | 5 276 | 5 513 | 5 548 | 5 249 | 4 892 |
| 10 - 14 | 4 037 | 4 086 | 4 216 | 5 251 | 4 969 |
| 15 - 19 | 3 572 | 3 568 | 3 547 | 3 675 | 4 702 |
| 20 - 24 | 3 374 | 3 286 | 3 216 | 3 130 | 3 253 |
| 25 - 29 | 3 207 | 3 234 | 3 238 | 2 913 | 2 843 |
| 30 - 34 | 2 831 | 2 835 | 2 841 | 2 992 | 2 714 |
| 35 - 39 | 2 466 | 2 552 | 2 619 | 2 680 | 2 836 |
| 40 - 44 | 1 945 | 1 975 | 2 032 | 2 432 | 2 494 |
| 45 - 49 | 1 652 | 1 693 | 1 727 | 1 876 | 2 252 |
| 50 - 54 | 1 370 | 1 403 | 1 439 | 1 650 | 1 797 |
| 55 - 59 | 1 064 | 1 117 | 1 166 | 1 345 | 1 541 |
| 60 - 64 | 846 | 843 | 851 | 1 047 | 1 212 |
| 65 - 69 | 631 | 671 | 703 | 721 | 892 |
| 70 - 74 | 384 | 378 | 382 | 531 | 547 |
| 75 - 79 | 279 | 282 | 277 | 253 | 360 |
| 80+ | 284 | 268 | 259 | 228 | 205 |
| Female | 34 774 | 35 013 | 35 247 | 36 293 | 37 154 |
| 0 - 4 | 5 252 | 5 172 | 5 148 | 4 789 | 4 511 |
| 5 - 9 | 4 929 | 5 118 | 5 192 | 5 068 | 4 730 |
| 10 - 14 | 3 946 | 3 966 | 4 049 | 4 870 | 4 758 |
| 15 - 19 | 3 373 | 3 400 | 3 402 | 3 445 | 4 257 |
| 20 - 24 | 2 763 | 2 728 | 2 712 | 2 822 | 2 878 |
| 25 - 29 | 2 468 | 2 457 | 2 431 | 2 275 | 2 394 |
| 30 - 34 | 2 260 | 2 246 | 2 234 | 2 191 | 2 055 |
| 35 - 39 | 2 026 | 2 064 | 2 097 | 2 098 | 2 066 |
| 40 - 44 | 1 680 | 1 711 | 1 743 | 1 944 | 1 955 |
| 45 - 49 | 1 419 | 1 439 | 1 464 | 1 602 | 1 801 |
| 50 - 54 | 1 257 | 1 263 | 1 271 | 1 366 | 1 501 |
| 55 - 59 | 1 042 | 1 085 | 1 125 | 1 187 | 1 282 |
| 60 - 64 | 761 | 784 | 811 | 1 016 | 1 081 |
| 65 - 69 | 585 | 595 | 606 | 689 | 876 |
| 70 - 74 | 416 | 421 | 425 | 463 | 536 |
| 75 - 79 | 268 | 264 | 261 | 276 | 308 |
| 80+ | 329 | 300 | 276 | 192 | 165 |

Table 3.17 Omusati Projected Population by Sex, Growth Rate and Components of Growth, 2011-2041

| Year | Total | Male | Female | Exponential Growth Rate | Sex Ratio | Births | Deaths | Net Migration |
|------|---------|---------|---------|----------------------------|-----------|--------|--------|------------------|
| 2011 | 244 146 | 110 459 | 133 687 | — | 0.83 | 6 755 | 3 891 | -2 082 |
| 2012 | 245 023 | 110 790 | 134 233 | 0.359 | 0.83 | 6 729 | 3 734 | -2 082 |
| 2013 | 246 039 | 111 194 | 134 845 | 0.414 | 0.82 | 6 725 | 3 606 | -2 080 |
| 2014 | 247 199 | 111 668 | 135 531 | 0.470 | 0.82 | 6 743 | 3 498 | -2 080 |
| 2015 | 248 490 | 112 212 | 136 278 | 0.521 | 0.82 | 6 764 | 3 405 | -2 077 |
| 2016 | 249 885 | 112 812 | 137 073 | 0.560 | 0.82 | 6 775 | 3 322 | -2 078 |
| 2017 | 251 369 | 113 457 | 137 912 | 0.592 | 0.82 | 6 773 | 3 255 | -2 075 |
| 2018 | 252 931 | 114 150 | 138 781 | 0.619 | 0.82 | 6 774 | 3 202 | -2 074 |
| 2019 | 254 546 | 114 872 | 139 674 | 0.636 | 0.82 | 6 772 | 3 151 | -2 073 |
| 2020 | 256 194 | 115 606 | 140 588 | 0.645 | 0.82 | 6 757 | 3 114 | -2 073 |
| 2021 | 257 874 | 116 362 | 141 512 | 0.654 | 0.82 | 6 735 | 3 068 | -2 071 |
| 2022 | 259 554 | 117 122 | 142 432 | 0.649 | 0.82 | 6 714 | 3 038 | -2 070 |
| 2023 | 261 234 | 117 879 | 143 355 | 0.645 | 0.82 | 6 684 | 3 017 | -2 069 |
| 2024 | 262 890 | 118 623 | 144 267 | 0.632 | 0.82 | 6 650 | 2 995 | -2 070 |
| 2025 | 264 521 | 119 354 | 145 167 | 0.618 | 0.82 | 6 615 | 2 975 | -2 066 |
| 2026 | 266 121 | 120 065 | 146 056 | 0.603 | 0.82 | 6 582 | 2 957 | -2 067 |
| 2027 | 267 697 | 120 764 | 146 933 | 0.590 | 0.82 | 6 550 | 2 942 | -2 066 |
| 2028 | 269 252 | 121 458 | 147 794 | 0.579 | 0.82 | 6 531 | 2 927 | -2 066 |
| 2029 | 270 786 | 122 128 | 148 658 | 0.568 | 0.82 | 6 521 | 2 913 | -2 066 |
| 2030 | 272 310 | 122 810 | 149 500 | 0.561 | 0.82 | 6 505 | 2 906 | -2 068 |
| 2031 | 273 808 | 123 477 | 150 331 | 0.549 | 0.82 | 6 468 | 2 892 | -2 069 |
| 2032 | 275 266 | 124 126 | 151 140 | 0.531 | 0.82 | 6 403 | 2 882 | -2 070 |
| 2033 | 276 662 | 124 754 | 151 908 | 0.506 | 0.82 | 6 328 | 2 875 | -2 068 |
| 2034 | 277 982 | 125 349 | 152 633 | 0.476 | 0.82 | 6 251 | 2 865 | -2 069 |
| 2035 | 279 230 | 125 915 | 153 315 | 0.448 | 0.82 | 6 169 | 2 859 | -2 068 |
| 2036 | 280 413 | 126 456 | 153 957 | 0.423 | 0.82 | 6 083 | 2 846 | -2 068 |
| 2037 | 281 500 | 126 946 | 154 554 | 0.387 | 0.82 | 5 984 | 2 831 | -2 068 |
| 2038 | 282 507 | 127 409 | 155 098 | 0.357 | 0.82 | 5 878 | 2 829 | -2 068 |
| 2039 | 283 406 | 127 824 | 155 582 | 0.318 | 0.82 | 5 769 | 2 825 | -2 069 |
| 2040 | 284 211 | 128 196 | 156 015 | 0.284 | 0.82 | 5 656 | 2 824 | -2 069 |
| 2041 | 284 887 | 128 506 | 156 381 | 0.238 | 0.82 | 5 543 | 2 826 | -2 070 |

Note: "—" Means Not Applicable

Table 3.18 Omusati Projected Population by Sex and Five-Year Age Group - 2014, 2015, 2016, 2021, 2026

| Age | 2014 | 2015 | 2016 | 2021 | 2026 |
|---------------|----------------|----------------|----------------|----------------|----------------|
| Total | 247 199 | 248 490 | 249 885 | 257 874 | 266 121 |
| 0 - 4 | 33 247 | 32 566 | 32 341 | 32 754 | 32 445 |
| 5 - 9 | 32 753 | 33 692 | 34 071 | 31 935 | 32 420 |
| 10 - 14 | 32 150 | 31 825 | 31 693 | 34 701 | 32 574 |
| 15 - 19 | 34 195 | 33 720 | 33 329 | 31 782 | 34 790 |
| 20 - 24 | 25 781 | 27 897 | 29 459 | 29 319 | 27 802 |
| 25 - 29 | 12 621 | 12 773 | 13 418 | 22 570 | 22 525 |
| 30 - 34 | 10 300 | 9 683 | 9 083 | 8 635 | 17 372 |
| 35 - 39 | 10 603 | 10 287 | 9 909 | 7 359 | 7 017 |
| 40 - 44 | 9 591 | 9 875 | 10 069 | 9 295 | 7 045 |
| 45 - 49 | 8 049 | 8 136 | 8 280 | 9 570 | 8 933 |
| 50 - 54 | 7 030 | 7 282 | 7 489 | 7 984 | 9 210 |
| 55 - 59 | 5 869 | 5 946 | 6 082 | 7 204 | 7 680 |
| 60 - 64 | 5 772 | 5 737 | 5 707 | 5 957 | 7 013 |
| 65 - 69 | 5 449 | 5 516 | 5 560 | 5 513 | 5 780 |
| 70 - 74 | 4 336 | 4 441 | 4 546 | 4 922 | 4 936 |
| 75 - 79 | 3 012 | 3 054 | 3 116 | 3 517 | 3 816 |
| 80+ | 6 441 | 6 060 | 5 733 | 4 857 | 4 763 |
| Male | 111 668 | 112 212 | 112 812 | 116 362 | 120 065 |
| 0 - 4 | 16 801 | 16 479 | 16 382 | 16 586 | 16 421 |
| 5 - 9 | 16 384 | 16 877 | 17 090 | 16 149 | 16 383 |
| 10 - 14 | 16 091 | 15 926 | 15 858 | 17 431 | 16 490 |
| 15 - 19 | 17 209 | 16 975 | 16 782 | 16 015 | 17 592 |
| 20 - 24 | 12 603 | 13 767 | 14 642 | 14 713 | 13 951 |
| 25 - 29 | 5 385 | 5 493 | 5 858 | 10 864 | 10 984 |
| 30 - 34 | 3 989 | 3 648 | 3 331 | 3 193 | 7 883 |
| 35 - 39 | 4 125 | 3 946 | 3 730 | 2 350 | 2 270 |
| 40 - 44 | 3 612 | 3 720 | 3 791 | 3 338 | 2 174 |
| 45 - 49 | 2 771 | 2 825 | 2 896 | 3 384 | 3 035 |
| 50 - 54 | 2 170 | 2 241 | 2 307 | 2 553 | 2 995 |
| 55 - 59 | 1 695 | 1 696 | 1 717 | 1 987 | 2 212 |
| 60 - 64 | 1 986 | 1 858 | 1 750 | 1 641 | 1 879 |
| 65 - 69 | 2 138 | 2 175 | 2 176 | 1 737 | 1 653 |
| 70 - 74 | 1 594 | 1 618 | 1 656 | 1 853 | 1 515 |
| 75 - 79 | 1 085 | 1 092 | 1 101 | 1 172 | 1 313 |
| 80+ | 2 030 | 1 876 | 1 745 | 1 396 | 1 315 |
| Female | 135 531 | 136 278 | 137 073 | 141 512 | 146 056 |
| 0 - 4 | 16 446 | 16 087 | 15 959 | 16 168 | 16 024 |
| 5 - 9 | 16 369 | 16 815 | 16 981 | 15 786 | 16 037 |
| 10 - 14 | 16 059 | 15 899 | 15 835 | 17 270 | 16 084 |
| 15 - 19 | 16 986 | 16 745 | 16 547 | 15 767 | 17 198 |
| 20 - 24 | 13 178 | 14 130 | 14 817 | 14 606 | 13 851 |
| 25 - 29 | 7 236 | 7 280 | 7 560 | 11 706 | 11 541 |
| 30 - 34 | 6 311 | 6 035 | 5 752 | 5 442 | 9 489 |
| 35 - 39 | 6 478 | 6 341 | 6 179 | 5 009 | 4 747 |
| 40 - 44 | 5 979 | 6 155 | 6 278 | 5 957 | 4 871 |
| 45 - 49 | 5 278 | 5 311 | 5 384 | 6 186 | 5 898 |
| 50 - 54 | 4 860 | 5 041 | 5 182 | 5 431 | 6 215 |
| 55 - 59 | 4 174 | 4 250 | 4 365 | 5 217 | 5 468 |
| 60 - 64 | 3 786 | 3 879 | 3 957 | 4 316 | 5 134 |
| 65 - 69 | 3 311 | 3 341 | 3 384 | 3 776 | 4 127 |
| 70 - 74 | 2 742 | 2 823 | 2 890 | 3 069 | 3 421 |
| 75 - 79 | 1 927 | 1 962 | 2 015 | 2 345 | 2 503 |
| 80+ | 4 411 | 4 184 | 3 988 | 3 461 | 3 448 |

Table 3.19 Oshana Projected Population by Sex, Growth Rate and Components of Growth, 2011-2041

| Year | Total | Male | Female | Exponential Growth Rate | Sex Ratio | Births | Deaths | Net Migration |
|------|---------|---------|---------|----------------------------|-----------|--------|--------|------------------|
| 2011 | 177 005 | 80 552 | 96 453 | — | 0.84 | 5 047 | 2 475 | - 371 |
| 2012 | 179 255 | 81 557 | 97 698 | 1.263 | 0.83 | 5 119 | 2 430 | - 371 |
| 2013 | 181 616 | 82 602 | 99 014 | 1.309 | 0.83 | 5 180 | 2 383 | - 371 |
| 2014 | 184 082 | 83 704 | 100 378 | 1.349 | 0.83 | 5 229 | 2 348 | - 371 |
| 2015 | 186 634 | 84 833 | 101 801 | 1.377 | 0.83 | 5 268 | 2 320 | - 371 |
| 2016 | 189 237 | 85 995 | 103 242 | 1.385 | 0.83 | 5 291 | 2 305 | - 371 |
| 2017 | 191 898 | 87 183 | 104 715 | 1.396 | 0.83 | 5 311 | 2 285 | - 371 |
| 2018 | 194 577 | 88 370 | 106 207 | 1.386 | 0.83 | 5 311 | 2 271 | - 371 |
| 2019 | 197 274 | 89 568 | 107 706 | 1.377 | 0.83 | 5 301 | 2 258 | - 371 |
| 2020 | 199 970 | 90 767 | 109 203 | 1.357 | 0.83 | 5 286 | 2 240 | - 371 |
| 2021 | 202 656 | 91 953 | 110 703 | 1.334 | 0.83 | 5 259 | 2 228 | - 371 |
| 2022 | 205 336 | 93 138 | 112 198 | 1.314 | 0.83 | 5 226 | 2 211 | - 372 |
| 2023 | 207 990 | 94 308 | 113 682 | 1.284 | 0.83 | 5 190 | 2 195 | - 372 |
| 2024 | 210 621 | 95 470 | 115 151 | 1.257 | 0.83 | 5 157 | 2 192 | - 372 |
| 2025 | 213 241 | 96 631 | 116 610 | 1.236 | 0.83 | 5 114 | 2 189 | - 371 |
| 2026 | 215 806 | 97 757 | 118 049 | 1.196 | 0.83 | 5 079 | 2 168 | - 371 |
| 2027 | 218 357 | 98 884 | 119 473 | 1.175 | 0.83 | 5 035 | 2 154 | - 371 |
| 2028 | 220 875 | 99 991 | 120 884 | 1.147 | 0.83 | 4 998 | 2 154 | - 371 |
| 2029 | 223 354 | 101 080 | 122 274 | 1.116 | 0.83 | 4 959 | 2 142 | - 371 |
| 2030 | 225 812 | 102 161 | 123 651 | 1.094 | 0.83 | 4 935 | 2 138 | - 371 |
| 2031 | 228 247 | 103 228 | 125 019 | 1.073 | 0.83 | 4 917 | 2 134 | - 371 |
| 2032 | 230 673 | 104 297 | 126 376 | 1.057 | 0.83 | 4 892 | 2 129 | - 371 |
| 2033 | 233 081 | 105 358 | 127 723 | 1.038 | 0.82 | 4 871 | 2 127 | - 371 |
| 2034 | 235 450 | 106 408 | 129 042 | 1.011 | 0.82 | 4 854 | 2 129 | - 371 |
| 2035 | 237 809 | 107 447 | 130 362 | 0.997 | 0.82 | 4 836 | 2 136 | - 371 |
| 2036 | 240 142 | 108 479 | 131 663 | 0.976 | 0.82 | 4 818 | 2 135 | - 371 |
| 2037 | 242 463 | 109 511 | 132 952 | 0.962 | 0.82 | 4 804 | 2 144 | - 371 |
| 2038 | 244 758 | 110 531 | 134 227 | 0.942 | 0.82 | 4 791 | 2 148 | - 371 |
| 2039 | 247 037 | 111 546 | 135 491 | 0.927 | 0.82 | 4 775 | 2 156 | - 371 |
| 2040 | 249 277 | 112 547 | 136 730 | 0.903 | 0.82 | 4 756 | 2 167 | - 371 |
| 2041 | 251 506 | 113 540 | 137 966 | 0.890 | 0.82 | 4 740 | 2 180 | - 371 |

Note: “—” Means Not Applicable

Table 3.20 Oshana Projected Population by Sex and Five-Year Age Group - 2014, 2015, 2016, 2021, 2026

| Age | 2014 | 2015 | 2016 | 2021 | 2026 |
|---------------|----------------|----------------|----------------|----------------|----------------|
| Total | 184 082 | 186 634 | 189 237 | 202 656 | 215 806 |
| 0 - 4 | 24 293 | 24 639 | 24 797 | 25 411 | 24 934 |
| 5 - 9 | 19 690 | 20 637 | 21 720 | 24 470 | 25 131 |
| 10 - 14 | 18 343 | 18 184 | 18 196 | 21 579 | 24 340 |
| 15 - 19 | 20 998 | 20 323 | 19 700 | 18 336 | 21 729 |
| 20 - 24 | 21 713 | 21 982 | 22 038 | 19 519 | 18 203 |
| 25 - 29 | 17 573 | 18 286 | 18 945 | 20 917 | 18 527 |
| 30 - 34 | 12 813 | 13 202 | 13 686 | 16 991 | 19 063 |
| 35 - 39 | 10 742 | 10 701 | 10 700 | 12 055 | 15 248 |
| 40 - 44 | 8 828 | 9 202 | 9 490 | 9 663 | 10 986 |
| 45 - 49 | 6 776 | 6 819 | 6 948 | 8 562 | 8 774 |
| 50 - 54 | 5 456 | 5 748 | 5 961 | 6 280 | 7 803 |
| 55 - 59 | 3 958 | 4 028 | 4 161 | 5 444 | 5 752 |
| 60 - 64 | 3 363 | 3 456 | 3 539 | 3 839 | 5 029 |
| 65 - 69 | 2 662 | 2 698 | 2 747 | 3 168 | 3 467 |
| 70 - 74 | 2 107 | 2 148 | 2 179 | 2 336 | 2 704 |
| 75 - 79 | 1 546 | 1 538 | 1 546 | 1 683 | 1 821 |
| 80+ | 3 221 | 3 043 | 2 884 | 2 403 | 2 295 |
| Male | 83 704 | 84 833 | 85 995 | 91 953 | 97 757 |
| 0 - 4 | 12 143 | 12 324 | 12 431 | 12 750 | 12 519 |
| 5 - 9 | 9 757 | 10 250 | 10 786 | 12 214 | 12 558 |
| 10 - 14 | 8 931 | 8 862 | 8 883 | 10 667 | 12 101 |
| 15 - 19 | 10 040 | 9 741 | 9 464 | 8 853 | 10 636 |
| 20 - 24 | 10 095 | 10 239 | 10 283 | 9 199 | 8 610 |
| 25 - 29 | 7 913 | 8 251 | 8 566 | 9 563 | 8 543 |
| 30 - 34 | 5 572 | 5 723 | 5 929 | 7 466 | 8 517 |
| 35 - 39 | 4 677 | 4 628 | 4 595 | 5 056 | 6 516 |
| 40 - 44 | 3 784 | 3 933 | 4 047 | 4 017 | 4 456 |
| 45 - 49 | 2 673 | 2 730 | 2 808 | 3 468 | 3 464 |
| 50 - 54 | 1 971 | 2 059 | 2 134 | 2 394 | 2 997 |
| 55 - 59 | 1 417 | 1 421 | 1 451 | 1 806 | 2 043 |
| 60 - 64 | 1 227 | 1 232 | 1 229 | 1 230 | 1 538 |
| 65 - 69 | 1 022 | 1 022 | 1 024 | 1 048 | 1 059 |
| 70 - 74 | 831 | 831 | 833 | 842 | 861 |
| 75 - 79 | 612 | 607 | 605 | 605 | 618 |
| 80+ | 1 039 | 980 | 927 | 775 | 721 |
| Female | 100 378 | 101 801 | 103 242 | 110 703 | 118 049 |
| 0 - 4 | 12 150 | 12 315 | 12 366 | 12 661 | 12 415 |
| 5 - 9 | 9 933 | 10 387 | 10 934 | 12 256 | 12 573 |
| 10 - 14 | 9 412 | 9 322 | 9 313 | 10 912 | 12 239 |
| 15 - 19 | 10 958 | 10 582 | 10 236 | 9 483 | 11 093 |
| 20 - 24 | 11 618 | 11 743 | 11 755 | 10 320 | 9 593 |
| 25 - 29 | 9 660 | 10 035 | 10 379 | 11 354 | 9 984 |
| 30 - 34 | 7 241 | 7 479 | 7 757 | 9 525 | 10 546 |
| 35 - 39 | 6 065 | 6 073 | 6 105 | 6 999 | 8 732 |
| 40 - 44 | 5 044 | 5 269 | 5 443 | 5 646 | 6 530 |
| 45 - 49 | 4 103 | 4 089 | 4 140 | 5 094 | 5 310 |
| 50 - 54 | 3 485 | 3 689 | 3 827 | 3 886 | 4 806 |
| 55 - 59 | 2 541 | 2 607 | 2 710 | 3 638 | 3 709 |
| 60 - 64 | 2 136 | 2 224 | 2 310 | 2 609 | 3 491 |
| 65 - 69 | 1 640 | 1 676 | 1 723 | 2 120 | 2 408 |
| 70 - 74 | 1 276 | 1 317 | 1 346 | 1 494 | 1 843 |
| 75 - 79 | 934 | 931 | 941 | 1 078 | 1 203 |
| 80+ | 2 182 | 2 063 | 1 957 | 1 628 | 1 574 |

Table 3.21 Oshikoto Projected Population by Sex, Growth Rate and Components of Growth, 2011-2041

| Year | Total | Male | Female | Exponential Growth Rate | Sex Ratio | Births | Deaths | Net Migration |
|------|---------|---------|---------|----------------------------|-----------|--------|--------|------------------|
| 2011 | 182 435 | 87 623 | 94 812 | — | 0.92 | 5 457 | 2 396 | - 703 |
| 2012 | 184 822 | 88 856 | 95 966 | 1.300 | 0.93 | 5 478 | 2 341 | - 703 |
| 2013 | 187 289 | 90 111 | 97 178 | 1.326 | 0.93 | 5 511 | 2 297 | - 704 |
| 2014 | 189 835 | 91 403 | 98 432 | 1.350 | 0.93 | 5 549 | 2 260 | - 704 |
| 2015 | 192 469 | 92 743 | 99 726 | 1.378 | 0.93 | 5 578 | 2 232 | - 702 |
| 2016 | 195 165 | 94 100 | 101 065 | 1.391 | 0.93 | 5 610 | 2 209 | - 702 |
| 2017 | 197 901 | 95 479 | 102 422 | 1.392 | 0.93 | 5 633 | 2 191 | - 702 |
| 2018 | 200 686 | 96 868 | 103 818 | 1.397 | 0.93 | 5 659 | 2 174 | - 702 |
| 2019 | 203 522 | 98 287 | 105 235 | 1.403 | 0.93 | 5 681 | 2 157 | - 703 |
| 2020 | 206 385 | 99 713 | 106 672 | 1.397 | 0.93 | 5 689 | 2 146 | - 703 |
| 2021 | 209 270 | 101 149 | 108 121 | 1.388 | 0.94 | 5 698 | 2 140 | - 704 |
| 2022 | 212 160 | 102 583 | 109 577 | 1.372 | 0.94 | 5 701 | 2 132 | - 704 |
| 2023 | 215 062 | 104 023 | 111 039 | 1.359 | 0.94 | 5 701 | 2 125 | - 704 |
| 2024 | 217 963 | 105 463 | 112 500 | 1.340 | 0.94 | 5 698 | 2 122 | - 704 |
| 2025 | 220 853 | 106 893 | 113 960 | 1.317 | 0.94 | 5 691 | 2 121 | - 704 |
| 2026 | 223 747 | 108 319 | 115 428 | 1.302 | 0.94 | 5 685 | 2 126 | - 704 |
| 2027 | 226 625 | 109 738 | 116 887 | 1.278 | 0.94 | 5 676 | 2 130 | - 705 |
| 2028 | 229 483 | 111 142 | 118 341 | 1.253 | 0.94 | 5 673 | 2 127 | - 705 |
| 2029 | 232 322 | 112 535 | 119 787 | 1.230 | 0.94 | 5 667 | 2 129 | - 705 |
| 2030 | 235 153 | 113 921 | 121 232 | 1.211 | 0.94 | 5 666 | 2 133 | - 704 |
| 2031 | 237 974 | 115 303 | 122 671 | 1.193 | 0.94 | 5 653 | 2 138 | - 704 |
| 2032 | 240 760 | 116 663 | 124 097 | 1.164 | 0.94 | 5 634 | 2 140 | - 704 |
| 2033 | 243 527 | 118 012 | 125 515 | 1.143 | 0.94 | 5 605 | 2 146 | - 704 |
| 2034 | 246 247 | 119 341 | 126 906 | 1.111 | 0.94 | 5 578 | 2 158 | - 704 |
| 2035 | 248 926 | 120 650 | 128 276 | 1.082 | 0.94 | 5 541 | 2 163 | - 704 |
| 2036 | 251 556 | 121 930 | 129 626 | 1.051 | 0.94 | 5 502 | 2 176 | - 704 |
| 2037 | 254 139 | 123 191 | 130 948 | 1.022 | 0.94 | 5 455 | 2 182 | - 704 |
| 2038 | 256 666 | 124 424 | 132 242 | 0.989 | 0.94 | 5 400 | 2 187 | - 703 |
| 2039 | 259 126 | 125 624 | 133 502 | 0.954 | 0.94 | 5 343 | 2 200 | - 703 |
| 2040 | 261 514 | 126 798 | 134 716 | 0.917 | 0.94 | 5 280 | 2 215 | - 703 |
| 2041 | 263 828 | 127 932 | 135 896 | 0.881 | 0.94 | 5 214 | 2 222 | - 703 |

Note: "—" Means Not Applicable

Table 3.22 Oshikoto Projected Population by Sex and Five-Year Age Group - 2014, 2015, 2016, 2021, 2026

| Age | 2014 | 2015 | 2016 | 2021 | 2026 |
|---------------|----------------|----------------|----------------|----------------|----------------|
| Total | 189 835 | 192 469 | 195 165 | 209 270 | 223 747 |
| 0 - 4 | 26 652 | 26 569 | 26 600 | 27 424 | 27 734 |
| 5 - 9 | 24 420 | 25 215 | 25 826 | 26 273 | 27 151 |
| 10 - 14 | 23 440 | 23 225 | 23 178 | 25 950 | 26 409 |
| 15 - 19 | 24 147 | 24 144 | 24 073 | 23 174 | 25 947 |
| 20 - 24 | 19 340 | 20 424 | 21 306 | 22 346 | 21 482 |
| 25 - 29 | 12 525 | 12 922 | 13 485 | 18 411 | 19 496 |
| 30 - 34 | 9 863 | 9 841 | 9 869 | 11 298 | 16 165 |
| 35 - 39 | 9 101 | 9 037 | 8 976 | 8 813 | 10 218 |
| 40 - 44 | 8 017 | 8 254 | 8 432 | 8 457 | 8 354 |
| 45 - 49 | 6 906 | 6 945 | 7 038 | 8 068 | 8 133 |
| 50 - 54 | 5 845 | 6 167 | 6 419 | 6 806 | 7 799 |
| 55 - 59 | 4 367 | 4 491 | 4 669 | 6 125 | 6 511 |
| 60 - 64 | 3 914 | 3 964 | 4 019 | 4 463 | 5 808 |
| 65 - 69 | 3 363 | 3 424 | 3 484 | 3 748 | 4 174 |
| 70 - 74 | 2 621 | 2 687 | 2 754 | 3 036 | 3 272 |
| 75 - 79 | 1 865 | 1 886 | 1 912 | 2 166 | 2 387 |
| 80+ | 3 449 | 3 274 | 3 125 | 2 712 | 2 707 |
| Male | 91 403 | 92 743 | 94 100 | 101 149 | 108 319 |
| 0 - 4 | 13 509 | 13 493 | 13 514 | 13 920 | 14 068 |
| 5 - 9 | 12 333 | 12 699 | 13 000 | 13 321 | 13 750 |
| 10 - 14 | 11 907 | 11 828 | 11 813 | 13 076 | 13 404 |
| 15 - 19 | 12 417 | 12 392 | 12 344 | 12 004 | 13 271 |
| 20 - 24 | 10 115 | 10 702 | 11 181 | 11 652 | 11 322 |
| 25 - 29 | 6 260 | 6 545 | 6 904 | 9 624 | 10 122 |
| 30 - 34 | 4 580 | 4 550 | 4 564 | 5 596 | 8 274 |
| 35 - 39 | 4 074 | 4 057 | 4 032 | 3 866 | 4 859 |
| 40 - 44 | 3 318 | 3 424 | 3 506 | 3 586 | 3 462 |
| 45 - 49 | 2 767 | 2 768 | 2 790 | 3 209 | 3 305 |
| 50 - 54 | 2 260 | 2 399 | 2 510 | 2 619 | 3 015 |
| 55 - 59 | 1 641 | 1 674 | 1 734 | 2 325 | 2 434 |
| 60 - 64 | 1 644 | 1 617 | 1 596 | 1 661 | 2 189 |
| 65 - 69 | 1 501 | 1 546 | 1 575 | 1 504 | 1 569 |
| 70 - 74 | 1 105 | 1 126 | 1 156 | 1 359 | 1 301 |
| 75 - 79 | 777 | 793 | 803 | 873 | 1 020 |
| 80+ | 1 195 | 1 130 | 1 078 | 954 | 954 |
| Female | 98 432 | 99 726 | 101 065 | 108 121 | 115 428 |
| 0 - 4 | 13 143 | 13 076 | 13 086 | 13 504 | 13 666 |
| 5 - 9 | 12 087 | 12 516 | 12 826 | 12 952 | 13 401 |
| 10 - 14 | 11 533 | 11 397 | 11 365 | 12 874 | 13 005 |
| 15 - 19 | 11 730 | 11 752 | 11 729 | 11 170 | 12 676 |
| 20 - 24 | 9 225 | 9 722 | 10 125 | 10 694 | 10 160 |
| 25 - 29 | 6 265 | 6 377 | 6 581 | 8 787 | 9 374 |
| 30 - 34 | 5 283 | 5 291 | 5 305 | 5 702 | 7 891 |
| 35 - 39 | 5 027 | 4 980 | 4 944 | 4 947 | 5 359 |
| 40 - 44 | 4 699 | 4 830 | 4 926 | 4 871 | 4 892 |
| 45 - 49 | 4 139 | 4 177 | 4 248 | 4 859 | 4 828 |
| 50 - 54 | 3 585 | 3 768 | 3 909 | 4 187 | 4 784 |
| 55 - 59 | 2 726 | 2 817 | 2 935 | 3 800 | 4 077 |
| 60 - 64 | 2 270 | 2 347 | 2 423 | 2 802 | 3 619 |
| 65 - 69 | 1 862 | 1 878 | 1 909 | 2 244 | 2 605 |
| 70 - 74 | 1 516 | 1 561 | 1 598 | 1 677 | 1 971 |
| 75 - 79 | 1 088 | 1 093 | 1 109 | 1 293 | 1 367 |
| 80+ | 2 254 | 2 144 | 2 047 | 1 758 | 1 753 |

Table 3.23 Otjozondjupa Projected Population by Sex, Growth Rate and Components of Growth, 2011-2041

| Year | Total | Male | Female | Exponential Growth Rate | Sex Ratio | Births | Deaths | Net Migration |
|------|---------|---------|--------|----------------------------|-----------|--------|--------|------------------|
| 2011 | 144 248 | 74 332 | 69 916 | — | 1.06 | 4 705 | 1 626 | -1 046 |
| 2012 | 146 262 | 75 378 | 70 884 | 1.387 | 1.06 | 4 693 | 1 607 | -1 046 |
| 2013 | 148 296 | 76 435 | 71 861 | 1.381 | 1.06 | 4 679 | 1 586 | -1 046 |
| 2014 | 150 328 | 77 490 | 72 838 | 1.361 | 1.06 | 4 647 | 1 563 | -1 046 |
| 2015 | 152 343 | 78 534 | 73 809 | 1.331 | 1.06 | 4 610 | 1 540 | -1 047 |
| 2016 | 154 342 | 79 561 | 74 781 | 1.304 | 1.06 | 4 566 | 1 519 | -1 047 |
| 2017 | 156 309 | 80 569 | 75 740 | 1.266 | 1.06 | 4 513 | 1 498 | -1 047 |
| 2018 | 158 237 | 81 558 | 76 679 | 1.226 | 1.06 | 4 463 | 1 475 | -1 047 |
| 2019 | 160 120 | 82 510 | 77 610 | 1.183 | 1.06 | 4 408 | 1 461 | -1 047 |
| 2020 | 161 968 | 83 448 | 78 520 | 1.148 | 1.06 | 4 356 | 1 449 | -1 047 |
| 2021 | 163 776 | 84 362 | 79 414 | 1.110 | 1.06 | 4 304 | 1 440 | -1 047 |
| 2022 | 165 550 | 85 259 | 80 291 | 1.077 | 1.06 | 4 251 | 1 422 | -1 047 |
| 2023 | 167 286 | 86 131 | 81 155 | 1.043 | 1.06 | 4 206 | 1 417 | -1 047 |
| 2024 | 169 004 | 86 995 | 82 009 | 1.022 | 1.06 | 4 168 | 1 398 | -1 047 |
| 2025 | 170 687 | 87 839 | 82 848 | 0.991 | 1.06 | 4 139 | 1 396 | -1 047 |
| 2026 | 172 359 | 88 686 | 83 673 | 0.975 | 1.06 | 4 118 | 1 390 | -1 047 |
| 2027 | 174 017 | 89 521 | 84 496 | 0.957 | 1.06 | 4 101 | 1 382 | -1 047 |
| 2028 | 175 672 | 90 358 | 85 314 | 0.947 | 1.06 | 4 081 | 1 382 | -1 047 |
| 2029 | 177 317 | 91 188 | 86 129 | 0.932 | 1.06 | 4 071 | 1 382 | -1 047 |
| 2030 | 178 950 | 92 012 | 86 938 | 0.917 | 1.06 | 4 062 | 1 382 | -1 046 |
| 2031 | 180 577 | 92 830 | 87 747 | 0.905 | 1.06 | 4 059 | 1 389 | -1 046 |
| 2032 | 182 198 | 93 651 | 88 547 | 0.894 | 1.06 | 4 055 | 1 387 | -1 046 |
| 2033 | 183 810 | 94 463 | 89 347 | 0.881 | 1.06 | 4 046 | 1 390 | -1 047 |
| 2034 | 185 420 | 95 273 | 90 147 | 0.872 | 1.06 | 4 032 | 1 397 | -1 047 |
| 2035 | 187 004 | 96 077 | 90 927 | 0.851 | 1.06 | 4 014 | 1 397 | -1 047 |
| 2036 | 188 573 | 96 866 | 91 707 | 0.836 | 1.06 | 3 989 | 1 401 | -1 047 |
| 2037 | 190 102 | 97 639 | 92 463 | 0.808 | 1.06 | 3 960 | 1 403 | -1 047 |
| 2038 | 191 606 | 98 400 | 93 206 | 0.788 | 1.06 | 3 928 | 1 407 | -1 047 |
| 2039 | 193 065 | 99 135 | 93 930 | 0.759 | 1.06 | 3 893 | 1 415 | -1 047 |
| 2040 | 194 475 | 99 846 | 94 629 | 0.728 | 1.06 | 3 850 | 1 413 | -1 047 |
| 2041 | 195 836 | 100 534 | 95 302 | 0.697 | 1.05 | 3 801 | 1 423 | -1 047 |

Note: “—” Means Not Applicable

Table 3.24 Otjozondjupa Projected Population by Sex and Five-Year Age Group - 2014, 2015, 2016, 2021, 2026

| Age | 2014 | 2015 | 2016 | 2021 | 2026 |
|---------------|----------------|----------------|----------------|----------------|----------------|
| Total | 150 328 | 152 343 | 154 342 | 163 776 | 172 359 |
| 0 - 4 | 22 112 | 22 206 | 22 274 | 21 330 | 20 288 |
| 5 - 9 | 18 917 | 19 781 | 20 471 | 21 993 | 21 108 |
| 10 - 14 | 14 926 | 15 078 | 15 461 | 19 241 | 20 811 |
| 15 - 19 | 13 366 | 13 378 | 13 297 | 13 577 | 17 334 |
| 20 - 24 | 13 480 | 13 048 | 12 717 | 12 492 | 12 795 |
| 25 - 29 | 13 717 | 13 997 | 14 120 | 12 601 | 12 430 |
| 30 - 34 | 11 457 | 11 750 | 12 088 | 13 681 | 12 331 |
| 35 - 39 | 9 804 | 9 955 | 10 131 | 11 410 | 12 989 |
| 40 - 44 | 8 105 | 8 366 | 8 596 | 9 397 | 10 634 |
| 45 - 49 | 6 499 | 6 560 | 6 671 | 7 826 | 8 606 |
| 50 - 54 | 5 460 | 5 561 | 5 643 | 5 918 | 7 031 |
| 55 - 59 | 4 180 | 4 276 | 4 377 | 4 888 | 5 174 |
| 60 - 64 | 3 004 | 3 105 | 3 196 | 3 664 | 4 143 |
| 65 - 69 | 1 928 | 2 019 | 2 113 | 2 544 | 2 976 |
| 70 - 74 | 1 199 | 1 198 | 1 218 | 1 566 | 1 930 |
| 75 - 79 | 900 | 871 | 852 | 802 | 1 070 |
| 80+ | 1 274 | 1 194 | 1 117 | 846 | 709 |
| Male | 77 490 | 78 534 | 79 561 | 84 362 | 88 686 |
| 0 - 4 | 11 235 | 11 253 | 11 289 | 10 809 | 10 279 |
| 5 - 9 | 9 740 | 10 189 | 10 508 | 11 131 | 10 680 |
| 10 - 14 | 7 525 | 7 640 | 7 873 | 9 883 | 10 537 |
| 15 - 19 | 6 660 | 6 682 | 6 661 | 6 957 | 8 951 |
| 20 - 24 | 7 028 | 6 742 | 6 523 | 6 409 | 6 709 |
| 25 - 29 | 7 370 | 7 562 | 7 647 | 6 637 | 6 550 |
| 30 - 34 | 6 080 | 6 238 | 6 433 | 7 470 | 6 574 |
| 35 - 39 | 5 133 | 5 237 | 5 347 | 6 036 | 7 055 |
| 40 - 44 | 4 141 | 4 271 | 4 389 | 4 890 | 5 545 |
| 45 - 49 | 3 400 | 3 400 | 3 432 | 3 973 | 4 451 |
| 50 - 54 | 2 868 | 2 934 | 2 981 | 3 013 | 3 528 |
| 55 - 59 | 2 140 | 2 164 | 2 199 | 2 502 | 2 545 |
| 60 - 64 | 1 569 | 1 610 | 1 641 | 1 757 | 2 035 |
| 65 - 69 | 992 | 1 042 | 1 087 | 1 271 | 1 378 |
| 70 - 74 | 601 | 601 | 615 | 802 | 953 |
| 75 - 79 | 443 | 434 | 429 | 407 | 548 |
| 80+ | 565 | 535 | 507 | 415 | 368 |
| Female | 72 838 | 73 809 | 74 781 | 79 414 | 83 673 |
| 0 - 4 | 10 877 | 10 953 | 10 985 | 10 521 | 10 009 |
| 5 - 9 | 9 177 | 9 592 | 9 963 | 10 862 | 10 428 |
| 10 - 14 | 7 401 | 7 438 | 7 588 | 9 358 | 10 274 |
| 15 - 19 | 6 706 | 6 696 | 6 636 | 6 620 | 8 383 |
| 20 - 24 | 6 452 | 6 306 | 6 194 | 6 083 | 6 086 |
| 25 - 29 | 6 347 | 6 435 | 6 473 | 5 964 | 5 880 |
| 30 - 34 | 5 377 | 5 512 | 5 655 | 6 211 | 5 757 |
| 35 - 39 | 4 671 | 4 718 | 4 784 | 5 374 | 5 934 |
| 40 - 44 | 3 964 | 4 095 | 4 207 | 4 507 | 5 089 |
| 45 - 49 | 3 099 | 3 160 | 3 239 | 3 853 | 4 155 |
| 50 - 54 | 2 592 | 2 627 | 2 662 | 2 905 | 3 503 |
| 55 - 59 | 2 040 | 2 112 | 2 178 | 2 386 | 2 629 |
| 60 - 64 | 1 435 | 1 495 | 1 555 | 1 907 | 2 108 |
| 65 - 69 | 936 | 977 | 1 026 | 1 273 | 1 598 |
| 70 - 74 | 598 | 597 | 603 | 764 | 977 |
| 75 - 79 | 457 | 437 | 423 | 395 | 522 |
| 80+ | 709 | 659 | 610 | 431 | 341 |

Table 3.25 Zambezi Projected Population by Sex, Growth Rate and Components of Growth, 2011-2041

| Year | Total | Male | Female | Exponential Growth Rate | Sex Ratio | Births | Deaths | Net Migration |
|------|---------|--------|--------|----------------------------|-----------|--------|--------|------------------|
| 2011 | 90 756 | 44 338 | 46 418 | — | 0.96 | 3 132 | 1 309 | - 278 |
| 2012 | 92 312 | 45 133 | 47 179 | 1.700 | 0.96 | 3 152 | 1 296 | - 278 |
| 2013 | 93 905 | 45 947 | 47 958 | 1.711 | 0.96 | 3 173 | 1 277 | - 278 |
| 2014 | 95 526 | 46 771 | 48 755 | 1.711 | 0.96 | 3 185 | 1 265 | - 278 |
| 2015 | 97 176 | 47 605 | 49 571 | 1.713 | 0.96 | 3 196 | 1 252 | - 278 |
| 2016 | 98 849 | 48 443 | 50 406 | 1.707 | 0.96 | 3 202 | 1 247 | - 278 |
| 2017 | 100 547 | 49 292 | 51 255 | 1.703 | 0.96 | 3 204 | 1 233 | - 278 |
| 2018 | 102 264 | 50 148 | 52 116 | 1.693 | 0.96 | 3 203 | 1 220 | - 278 |
| 2019 | 103 970 | 50 998 | 52 972 | 1.654 | 0.96 | 3 200 | 1 214 | - 278 |
| 2020 | 105 706 | 51 863 | 53 843 | 1.656 | 0.96 | 3 194 | 1 204 | - 278 |
| 2021 | 107 433 | 52 721 | 54 712 | 1.621 | 0.96 | 3 184 | 1 193 | - 278 |
| 2022 | 109 160 | 53 574 | 55 586 | 1.595 | 0.96 | 3 179 | 1 183 | - 278 |
| 2023 | 110 891 | 54 432 | 56 459 | 1.573 | 0.96 | 3 173 | 1 169 | - 278 |
| 2024 | 112 628 | 55 291 | 57 337 | 1.554 | 0.96 | 3 171 | 1 162 | - 278 |
| 2025 | 114 367 | 56 156 | 58 211 | 1.532 | 0.96 | 3 170 | 1 160 | - 278 |
| 2026 | 116 110 | 57 010 | 59 100 | 1.513 | 0.96 | 3 166 | 1 158 | - 278 |
| 2027 | 117 850 | 57 867 | 59 983 | 1.487 | 0.96 | 3 168 | 1 150 | - 278 |
| 2028 | 119 596 | 58 724 | 60 872 | 1.471 | 0.96 | 3 170 | 1 149 | - 278 |
| 2029 | 121 334 | 59 581 | 61 753 | 1.443 | 0.96 | 3 172 | 1 153 | - 278 |
| 2030 | 123 074 | 60 431 | 62 643 | 1.424 | 0.96 | 3 172 | 1 151 | - 278 |
| 2031 | 124 809 | 61 277 | 63 532 | 1.400 | 0.96 | 3 173 | 1 147 | - 278 |
| 2032 | 126 548 | 62 127 | 64 421 | 1.384 | 0.96 | 3 172 | 1 146 | - 278 |
| 2033 | 128 289 | 62 966 | 65 323 | 1.366 | 0.96 | 3 170 | 1 142 | - 278 |
| 2034 | 130 024 | 63 811 | 66 213 | 1.343 | 0.96 | 3 163 | 1 136 | - 278 |
| 2035 | 131 747 | 64 649 | 67 098 | 1.316 | 0.96 | 3 152 | 1 136 | - 278 |
| 2036 | 133 455 | 65 475 | 67 980 | 1.288 | 0.96 | 3 139 | 1 139 | - 278 |
| 2037 | 135 150 | 66 291 | 68 859 | 1.262 | 0.96 | 3 126 | 1 139 | - 278 |
| 2038 | 136 805 | 67 088 | 69 717 | 1.217 | 0.96 | 3 106 | 1 148 | - 278 |
| 2039 | 138 461 | 67 892 | 70 569 | 1.203 | 0.96 | 3 085 | 1 144 | - 278 |
| 2040 | 140 062 | 68 660 | 71 402 | 1.150 | 0.96 | 3 059 | 1 156 | - 278 |
| 2041 | 141 637 | 69 414 | 72 223 | 1.118 | 0.96 | 3 025 | 1 163 | - 278 |

Note: "—" Means Not Applicable

Table 3.26 Zambezi Projected Population by Sex and Five-Year Age Group - 2014, 2015, 2016, 2021, 2026

| Age | 2014 | 2015 | 2016 | 2021 | 2026 |
|---------------|---------------|---------------|---------------|----------------|----------------|
| Total | 95 526 | 97 176 | 98 849 | 107 433 | 116 110 |
| 0 - 4 | 14 267 | 14 429 | 14 593 | 14 858 | 14 872 |
| 5 - 9 | 11 924 | 12 420 | 12 859 | 14 197 | 14 511 |
| 10 - 14 | 11 070 | 10 979 | 10 993 | 12 827 | 14 158 |
| 15 - 19 | 11 285 | 11 420 | 11 476 | 11 154 | 12 989 |
| 20 - 24 | 9 623 | 9 990 | 10 335 | 11 295 | 11 014 |
| 25 - 29 | 7 931 | 7 921 | 8 005 | 9 582 | 10 547 |
| 30 - 34 | 6 661 | 6 855 | 6 967 | 6 977 | 8 556 |
| 35 - 39 | 5 274 | 5 223 | 5 240 | 6 058 | 6 118 |
| 40 - 44 | 4 454 | 4 645 | 4 771 | 4 661 | 5 446 |
| 45 - 49 | 3 245 | 3 301 | 3 405 | 4 326 | 4 245 |
| 50 - 54 | 2 738 | 2 836 | 2 909 | 3 148 | 4 029 |
| 55 - 59 | 1 843 | 1 995 | 2 145 | 2 692 | 2 929 |
| 60 - 64 | 1 357 | 1 330 | 1 349 | 1 930 | 2 440 |
| 65 - 69 | 1 266 | 1 304 | 1 309 | 1 215 | 1 736 |
| 70 - 74 | 872 | 891 | 925 | 1 094 | 1 021 |
| 75 - 79 | 612 | 603 | 599 | 659 | 785 |
| 80+ | 1 104 | 1 034 | 969 | 760 | 714 |
| Male | 46 771 | 47 605 | 48 443 | 52 721 | 57 010 |
| 0 - 4 | 7 261 | 7 348 | 7 402 | 7 533 | 7 536 |
| 5 - 9 | 5 971 | 6 218 | 6 478 | 7 181 | 7 337 |
| 10 - 14 | 5 630 | 5 582 | 5 579 | 6 481 | 7 176 |
| 15 - 19 | 5 711 | 5 798 | 5 842 | 5 693 | 6 593 |
| 20 - 24 | 4 712 | 4 936 | 5 145 | 5 736 | 5 609 |
| 25 - 29 | 3 800 | 3 780 | 3 815 | 4 753 | 5 344 |
| 30 - 34 | 3 226 | 3 313 | 3 358 | 3 279 | 4 214 |
| 35 - 39 | 2 652 | 2 579 | 2 546 | 2 870 | 2 822 |
| 40 - 44 | 2 288 | 2 389 | 2 446 | 2 206 | 2 509 |
| 45 - 49 | 1 539 | 1 578 | 1 639 | 2 131 | 1 921 |
| 50 - 54 | 1 209 | 1 256 | 1 294 | 1 460 | 1 921 |
| 55 - 59 | 796 | 861 | 924 | 1 172 | 1 333 |
| 60 - 64 | 569 | 564 | 578 | 824 | 1 050 |
| 65 - 69 | 494 | 509 | 513 | 507 | 722 |
| 70 - 74 | 339 | 343 | 351 | 410 | 408 |
| 75 - 79 | 230 | 226 | 226 | 235 | 278 |
| 80+ | 344 | 325 | 307 | 250 | 237 |
| Female | 48 755 | 49 571 | 50 406 | 54 712 | 59 100 |
| 0 - 4 | 7 006 | 7 081 | 7 191 | 7 325 | 7 336 |
| 5 - 9 | 5 953 | 6 202 | 6 381 | 7 016 | 7 174 |
| 10 - 14 | 5 440 | 5 397 | 5 414 | 6 346 | 6 982 |
| 15 - 19 | 5 574 | 5 622 | 5 634 | 5 461 | 6 396 |
| 20 - 24 | 4 911 | 5 054 | 5 190 | 5 559 | 5 405 |
| 25 - 29 | 4 131 | 4 141 | 4 190 | 4 829 | 5 203 |
| 30 - 34 | 3 435 | 3 542 | 3 609 | 3 698 | 4 342 |
| 35 - 39 | 2 622 | 2 644 | 2 694 | 3 188 | 3 296 |
| 40 - 44 | 2 166 | 2 256 | 2 325 | 2 455 | 2 937 |
| 45 - 49 | 1 706 | 1 723 | 1 766 | 2 195 | 2 324 |
| 50 - 54 | 1 529 | 1 580 | 1 615 | 1 688 | 2 108 |
| 55 - 59 | 1 047 | 1 134 | 1 221 | 1 520 | 1 596 |
| 60 - 64 | 788 | 766 | 771 | 1 106 | 1 390 |
| 65 - 69 | 772 | 795 | 796 | 708 | 1 014 |
| 70 - 74 | 533 | 548 | 574 | 684 | 613 |
| 75 - 79 | 382 | 377 | 373 | 424 | 507 |
| 80+ | 760 | 709 | 662 | 510 | 477 |

APPENDICES

APPENDIX I: METHODOLOGY AND ASSUMPTIONS

COHORT COMPONENT PROJECTIONS METHODS AND ASSUMPTIONS UNDERLYING THE PROJECTIONS

a) Cohort Component Projections

The gold standard for population projections involves *cohort component* techniques. This approach begins with numerical information about population size and structure (by age and sex) in the past. The population is then subjected to estimates of the three components of demographic change – births, deaths and net migration.

The strength of the cohort component approach is that it reflects the actual processes through which populations change. Thus bumps and indentations in population age structure at one point in time tend to be echoed in the future as cohorts reach later ages. Another advantage of the cohort component approach is that, in addition to providing population estimates by age and sex, key demographic indicators are readily summarized from the output of such models. These indicators include the three components of population growth (and related rates), as well as the more intuitive measures of demographic change, such as life expectancy at birth and total fertility rates.

In this report separate cohort component projections were developed for Namibia, urban/rural areas and regions. The sub-national cohort component projections were adjusted slightly to ensure that their sum matched the projection for Namibia as a whole. Details about the assumptions underlying the projections are described below. The names of specialized software used to perform some of the calculations are indicated in brackets.

b) Assumptions Underlying the Cohort Component Projections

i. Base Population and Mid-year date

The 2011 census provided the base population by age and sex from which the projections began, although two modifications were made to the reported census counts. First, since children are often undercounted in censuses, the national population under the age of 10 was adjusted upwards to be consistent with assumed fertility and mortality. The upward adjustment increased the population at 0-4 by 3.5 percent for males and 0.8 percent for females and at 5-9 by 2.4 percent for males (there was no adjustment indicated for females at this age). The tendency to undercount children was assumed to be the same throughout all sub-national areas. Second, populations were backdated from the time of the census date (August 28, 2011) to the mid-year (July 1, 2011).

ii. Mortality

Death rates at most ages were calculated by dividing the deaths reported in the 2011 census (referring to the preceding year) by age and sex by the corresponding population enumerated in the census. At older ages however, indirect methods based on model life tables suggested that death rates were underreported. Thus, at older ages the death rates indicated from a model life table were used instead (NSA, 2014b). Death rates by age can be translated each year into a summary measure of survival chances – years of life expectancy at birth – by using a life table. To project mortality into the future in each area life expectancy at birth by sex was assumed to follow a fixed logistic pattern of improvement in line with world historical trends. Thus, life expectancy (for both sexes combined) was projected to increase by almost 11 years for men and almost 12 years for females between 2011 and 2041. The projections software uses projected life expectancies at birth to adjust the original age-specific mortality rate pattern estimated for 2011.

iii. Fertility

The age pattern of fertility was drawn from the 2011 census (reported births to women at childbearing ages during the year before the census divided by women at that age group). It is normally assumed

that reported Total Fertility Rate (TFR) from a census or surveys is usually underreported due to recall errors by mothers in reporting the number of children born. This leads to estimation of TFR using indirect estimation techniques that have been developed and are recognized in demographic analysis. In this case, the P/F ratio and Arriaga's methods (NSA, 2014a).

As a result fertility rates at each age were adjusted upwards by 8 percent. Reported fertility rates for sub-national areas were adjusted upwards by the same amount. The resulting adjusted TFR in Namibia was 3.9 births per a woman's lifetime. Based on historical trends the TFR was then projected to decline linearly to 2.4 by 2041 (age-specific rates were raked down in line with the TFR decline). Projected TFR declines in sub-national areas were also assumed linear. The relative ordering of sub-national areas was preserved as fertility declined (Table i), although differentials among the sub-national areas were compressed as they approached a lower specified asymptote.

iv. Sex Ratio at Birth

In most societies throughout the world the sex ratio at birth ranges from 103 to 106 males births per 100 female births. However, sex ratios of infants and young children counted in the censuses consistently show that females outnumber males. This situation is worth investigating further to find out the sex anomalies in Namibia.

Projections assume that the actual sex ratio at birth is 103, although some areas of sub-Saharan Africa have ratios as low as 102 (U.S. Census Bureau, International Data Base).

v. Net Migration

At national level net migration by age and sex was assumed to be zero in 2011 and throughout the projection period. This does not imply that there were no migration flows at all – clearly, there were people entering and leaving the country. The assumption of zero net migration implies that these two flows cancel each other out. Evidence for a net inflow or outflow of migration in recent years is ambiguous. Moreover, migration is potentially far more unstable than fertility or mortality and can quickly reverse direction, given economic or social upheavals.

However, at sub-national level it is implausible to assume that net migration is zero. Net migration by age and sex in each sub-national area was derived by comparing the same cohorts who were counted at different ages in both 2001 and 2011. Cohorts in sub-national areas in 2001 were then subjected to the survival probabilities estimated for the population as a whole from 2001-2011 to estimate an expected sub-national count in 2011 at each age and sex group. Any discrepancy between the expected counts and the actual counts in the 2011 census is attributed to net migration (those under age 10 in 2011 had not been born in 2011, so net migration under age 10 was set to zero). The projections use these resulting estimates of annual net migration by age and sex, which are assumed to remain constant from 2011 to 2041.

Net migration estimates varied widely at sub-national level. For instance, annual net migration from rural to urban areas was estimated to be almost 20 thousand per year (Tables 2.1 and 2.3).

vi. Consistency Control

Cohort component projections were developed separately for national, urban/rural and regions. Since the sum of sub-national projections was slightly different than for the national as a whole, the latter was used as a control. The sub-national projections were adjusted slightly to ensure that the projected sum of the parts (the base population by age and sex as well as future components of demographic change) matched that for the national as a whole.

APPENDIX II: NATIONAL HIGH VARIANT

Table A1 Namibia Projected Population by Sex, Growth Rate and Components of Growth, 2011-2041

| Year | Total | Male | Female | Exponential Growth Rate | Sex Ratio | Births | Deaths | Net Migration |
|------|-----------|-----------|-----------|----------------------------|-----------|--------|--------|------------------|
| 2011 | 2 116 077 | 1 026 911 | 1 089 166 | — | 0.94 | 65 900 | 27 205 | 0 |
| 2012 | 2 155 555 | 1 046 492 | 1 109 063 | 1.848 | 0.94 | 66 964 | 26 704 | 0 |
| 2013 | 2 196 547 | 1 066 774 | 1 129 773 | 1.884 | 0.94 | 67 988 | 26 265 | 0 |
| 2014 | 2 238 938 | 1 087 706 | 1 151 232 | 1.912 | 0.94 | 68 951 | 25 892 | 0 |
| 2015 | 2 282 591 | 1 109 224 | 1 173 367 | 1.931 | 0.95 | 69 826 | 25 580 | 0 |
| 2016 | 2 327 350 | 1 131 252 | 1 196 098 | 1.942 | 0.95 | 70 597 | 25 325 | 0 |
| 2017 | 2 373 062 | 1 153 715 | 1 219 347 | 1.945 | 0.95 | 71 269 | 25 116 | 0 |
| 2018 | 2 419 587 | 1 176 545 | 1 243 042 | 1.942 | 0.95 | 71 849 | 24 952 | 0 |
| 2019 | 2 466 792 | 1 199 679 | 1 267 113 | 1.932 | 0.95 | 72 336 | 24 823 | 0 |
| 2020 | 2 514 555 | 1 223 059 | 1 291 496 | 1.918 | 0.95 | 72 733 | 24 721 | 0 |
| 2021 | 2 562 779 | 1 246 639 | 1 316 140 | 1.900 | 0.95 | 73 053 | 24 616 | 0 |
| 2022 | 2 611 390 | 1 270 384 | 1 341 006 | 1.879 | 0.95 | 73 320 | 24 534 | 0 |
| 2023 | 2 660 322 | 1 294 265 | 1 366 057 | 1.856 | 0.95 | 73 557 | 24 479 | 0 |
| 2024 | 2 709 531 | 1 318 262 | 1 391 269 | 1.833 | 0.95 | 73 787 | 24 447 | 0 |
| 2025 | 2 758 993 | 1 342 365 | 1 416 628 | 1.809 | 0.95 | 74 021 | 24 438 | 0 |
| 2026 | 2 808 699 | 1 366 569 | 1 442 130 | 1.786 | 0.95 | 74 252 | 24 425 | 0 |
| 2027 | 2 858 661 | 1 390 880 | 1 467 781 | 1.763 | 0.95 | 74 532 | 24 435 | 0 |
| 2028 | 2 908 907 | 1 415 314 | 1 493 593 | 1.742 | 0.95 | 74 863 | 24 468 | 0 |
| 2029 | 2 959 467 | 1 439 887 | 1 519 580 | 1.723 | 0.95 | 75 249 | 24 525 | 0 |
| 2030 | 3 010 364 | 1 464 613 | 1 545 751 | 1.705 | 0.95 | 75 669 | 24 597 | 0 |
| 2031 | 3 061 606 | 1 489 498 | 1 572 108 | 1.688 | 0.95 | 76 070 | 24 660 | 0 |
| 2032 | 3 113 184 | 1 514 539 | 1 598 645 | 1.671 | 0.95 | 76 487 | 24 740 | 0 |
| 2033 | 3 165 085 | 1 539 731 | 1 625 354 | 1.653 | 0.95 | 76 897 | 24 842 | 0 |
| 2034 | 3 217 282 | 1 565 064 | 1 652 218 | 1.636 | 0.95 | 77 305 | 24 966 | 0 |
| 2035 | 3 269 750 | 1 590 527 | 1 679 223 | 1.618 | 0.95 | 77 709 | 25 112 | 0 |
| 2036 | 3 322 477 | 1 616 115 | 1 706 362 | 1.600 | 0.95 | 78 106 | 25 249 | 0 |
| 2037 | 3 375 444 | 1 641 818 | 1 733 626 | 1.582 | 0.95 | 78 487 | 25 411 | 0 |
| 2038 | 3 428 606 | 1 667 615 | 1 760 991 | 1.563 | 0.95 | 78 841 | 25 594 | 0 |
| 2039 | 3 481 915 | 1 693 482 | 1 788 433 | 1.543 | 0.95 | 79 170 | 25 798 | 0 |
| 2040 | 3 535 327 | 1 719 397 | 1 815 930 | 1.522 | 0.95 | 79 474 | 26 021 | 0 |
| 2041 | 3 588 815 | 1 745 345 | 1 843 470 | 1.502 | 0.95 | 79 758 | 26 234 | 0 |

Note: "—" Means Not Applicable

Table A2 Namibia Projected Population by Sex and Five-Year Age Group - 2014, 2015, 2016, 2021, 2026

| Age | 2014 | 2015 | 2016 | 2021 | 2026 |
|---------------|------------------|------------------|------------------|------------------|------------------|
| Total | 2 238 938 | 2 282 591 | 2 327 350 | 2 562 779 | 2 808 699 |
| 0 - 4 | 314 049 | 319 376 | 324 886 | 344 344 | 354 515 |
| 5 - 9 | 263 263 | 274 399 | 284 647 | 319 871 | 339 999 |
| 10 - 14 | 239 024 | 238 163 | 239 624 | 282 563 | 317 893 |
| 15 - 19 | 243 204 | 243 480 | 242 818 | 237 559 | 280 482 |
| 20 - 24 | 228 319 | 231 469 | 234 098 | 239 181 | 234 472 |
| 25 - 29 | 196 213 | 202 828 | 208 799 | 228 230 | 233 948 |
| 30 - 34 | 159 245 | 163 688 | 168 850 | 200 656 | 220 471 |
| 35 - 39 | 133 988 | 136 983 | 140 136 | 160 352 | 191 795 |
| 40 - 44 | 108 850 | 112 823 | 116 500 | 132 081 | 152 191 |
| 45 - 49 | 86 084 | 88 192 | 90 798 | 108 983 | 124 358 |
| 50 - 54 | 69 282 | 71 898 | 74 257 | 84 460 | 101 959 |
| 55 - 59 | 51 966 | 53 919 | 56 075 | 68 275 | 78 076 |
| 60 - 64 | 41 488 | 41 878 | 42 602 | 50 451 | 61 757 |
| 65 - 69 | 33 734 | 34 576 | 35 196 | 37 165 | 44 364 |
| 70 - 74 | 24 391 | 24 717 | 25 232 | 28 844 | 30 742 |
| 75 - 79 | 17 037 | 17 148 | 17 266 | 18 384 | 21 189 |
| 80+ | 28 801 | 27 054 | 25 566 | 21 380 | 20 488 |
| Male | 1 087 706 | 1 109 224 | 1 131 252 | 1 246 639 | 1 366 569 |
| 0 - 4 | 158 757 | 161 497 | 164 278 | 174 089 | 179 206 |
| 5 - 9 | 132 712 | 138 312 | 143 496 | 161 398 | 171 518 |
| 10 - 14 | 119 477 | 119 351 | 120 339 | 142 263 | 160 195 |
| 15 - 19 | 119 995 | 120 384 | 120 329 | 119 179 | 141 056 |
| 20 - 24 | 112 074 | 113 490 | 114 752 | 118 196 | 117 307 |
| 25 - 29 | 96 205 | 99 547 | 102 476 | 111 400 | 115 133 |
| 30 - 34 | 77 560 | 79 542 | 81 978 | 97 868 | 106 964 |
| 35 - 39 | 65 262 | 66 662 | 68 082 | 76 997 | 92 596 |
| 40 - 44 | 52 125 | 54 023 | 55 780 | 63 139 | 71 998 |
| 45 - 49 | 40 171 | 41 194 | 42 447 | 51 064 | 58 280 |
| 50 - 54 | 31 123 | 32 428 | 33 595 | 38 512 | 46 682 |
| 55 - 59 | 22 550 | 23 242 | 24 110 | 29 872 | 34 495 |
| 60 - 64 | 18 291 | 18 244 | 18 330 | 20 783 | 25 946 |
| 65 - 69 | 14 571 | 15 022 | 15 296 | 15 399 | 17 597 |
| 70 - 74 | 9 983 | 10 030 | 10 232 | 12 069 | 12 249 |
| 75 - 79 | 6 935 | 6 970 | 6 968 | 7 065 | 8 414 |
| 80+ | 9 915 | 9 286 | 8 764 | 7 346 | 6 933 |
| Female | 1 151 232 | 1 173 367 | 1 196 098 | 1 316 140 | 1 442 130 |
| 0 - 4 | 155 292 | 157 879 | 160 608 | 170 255 | 175 309 |
| 5 - 9 | 130 551 | 136 087 | 141 151 | 158 473 | 168 481 |
| 10 - 14 | 119 547 | 118 812 | 119 285 | 140 300 | 157 698 |
| 15 - 19 | 123 209 | 123 096 | 122 489 | 118 380 | 139 426 |
| 20 - 24 | 116 245 | 117 979 | 119 346 | 120 985 | 117 165 |
| 25 - 29 | 100 008 | 103 281 | 106 323 | 116 830 | 118 815 |
| 30 - 34 | 81 685 | 84 146 | 86 872 | 102 788 | 113 507 |
| 35 - 39 | 68 726 | 70 321 | 72 054 | 83 355 | 99 199 |
| 40 - 44 | 56 725 | 58 800 | 60 720 | 68 942 | 80 193 |
| 45 - 49 | 45 913 | 46 998 | 48 351 | 57 919 | 66 078 |
| 50 - 54 | 38 159 | 39 470 | 40 662 | 45 948 | 55 277 |
| 55 - 59 | 29 416 | 30 677 | 31 965 | 38 403 | 43 581 |
| 60 - 64 | 23 197 | 23 634 | 24 272 | 29 668 | 35 811 |
| 65 - 69 | 19 163 | 19 554 | 19 900 | 21 766 | 26 767 |
| 70 - 74 | 14 408 | 14 687 | 15 000 | 16 775 | 18 493 |
| 75 - 79 | 10 102 | 10 178 | 10 298 | 11 319 | 12 775 |
| 80+ | 18 886 | 17 768 | 16 802 | 14 034 | 13 555 |

APPENDIX III: NATIONAL LOW VARIANT

Table A3 Namibia Projected Population by Sex, Growth Rate and Components of Growth, 2011-2041

| Year | Total | Male | Female | Exponential Growth Rate | Sex Ratio | Births | Deaths | Net Migration |
|------|-----------|-----------|-----------|----------------------------|-----------|--------|--------|------------------|
| 2011 | 2 116 077 | 1 026 911 | 1 089 166 | — | 0.94 | 65 900 | 27 205 | 0 |
| 2012 | 2 155 326 | 1 046 376 | 1 108 950 | 1.838 | 0.94 | 66 498 | 26 694 | 0 |
| 2013 | 2 195 628 | 1 066 308 | 1 129 320 | 1.853 | 0.94 | 67 033 | 26 232 | 0 |
| 2014 | 2 236 853 | 1 086 650 | 1 150 203 | 1.860 | 0.94 | 67 484 | 25 835 | 0 |
| 2015 | 2 278 843 | 1 107 327 | 1 171 516 | 1.860 | 0.95 | 67 827 | 25 494 | 0 |
| 2016 | 2 321 427 | 1 128 255 | 1 193 172 | 1.851 | 0.95 | 68 046 | 25 211 | 0 |
| 2017 | 2 364 431 | 1 149 349 | 1 215 082 | 1.836 | 0.95 | 68 148 | 24 975 | 0 |
| 2018 | 2 407 697 | 1 170 532 | 1 237 165 | 1.813 | 0.95 | 68 142 | 24 782 | 0 |
| 2019 | 2 451 079 | 1 191 734 | 1 259 345 | 1.786 | 0.95 | 68 029 | 24 625 | 0 |
| 2020 | 2 494 439 | 1 212 889 | 1 281 550 | 1.754 | 0.95 | 67 812 | 24 495 | 0 |
| 2021 | 2 537 669 | 1 233 946 | 1 303 723 | 1.718 | 0.95 | 67 505 | 24 362 | 0 |
| 2022 | 2 580 679 | 1 254 862 | 1 325 817 | 1.681 | 0.95 | 67 133 | 24 255 | 0 |
| 2023 | 2 623 388 | 1 275 600 | 1 347 788 | 1.641 | 0.95 | 66 715 | 24 174 | 0 |
| 2024 | 2 665 736 | 1 296 133 | 1 369 603 | 1.601 | 0.95 | 66 274 | 24 119 | 0 |
| 2025 | 2 707 680 | 1 316 441 | 1 391 239 | 1.561 | 0.95 | 65 819 | 24 085 | 0 |
| 2026 | 2 749 194 | 1 336 511 | 1 412 683 | 1.522 | 0.95 | 65 343 | 24 048 | 0 |
| 2027 | 2 790 265 | 1 356 336 | 1 433 929 | 1.483 | 0.95 | 64 884 | 24 035 | 0 |
| 2028 | 2 830 885 | 1 375 913 | 1 454 972 | 1.445 | 0.95 | 64 438 | 24 047 | 0 |
| 2029 | 2 871 045 | 1 395 240 | 1 475 805 | 1.409 | 0.95 | 64 007 | 24 080 | 0 |
| 2030 | 2 910 729 | 1 414 310 | 1 496 419 | 1.373 | 0.95 | 63 571 | 24 130 | 0 |
| 2031 | 2 949 906 | 1 433 110 | 1 516 796 | 1.337 | 0.94 | 63 083 | 24 170 | 0 |
| 2032 | 2 988 530 | 1 451 618 | 1 536 912 | 1.301 | 0.94 | 62 565 | 24 229 | 0 |
| 2033 | 3 026 540 | 1 469 806 | 1 556 734 | 1.264 | 0.94 | 61 993 | 24 309 | 0 |
| 2034 | 3 063 861 | 1 487 638 | 1 576 223 | 1.226 | 0.94 | 61 368 | 24 409 | 0 |
| 2035 | 3 100 421 | 1 505 081 | 1 595 340 | 1.186 | 0.94 | 60 691 | 24 530 | 0 |
| 2036 | 3 136 159 | 1 522 104 | 1 614 055 | 1.146 | 0.94 | 59 959 | 24 644 | 0 |
| 2037 | 3 171 009 | 1 538 674 | 1 632 335 | 1.105 | 0.94 | 59 166 | 24 781 | 0 |
| 2038 | 3 204 884 | 1 554 748 | 1 650 136 | 1.063 | 0.94 | 58 305 | 24 939 | 0 |
| 2039 | 3 237 696 | 1 570 282 | 1 667 414 | 1.019 | 0.94 | 57 375 | 25 117 | 0 |
| 2040 | 3 269 359 | 1 585 233 | 1 684 126 | 0.973 | 0.94 | 56 382 | 25 314 | 0 |
| 2041 | 3 299 805 | 1 599 565 | 1 700 240 | 0.927 | 0.94 | 55 328 | 25 503 | 0 |

Note: "—" Means Not Applicable

Table A4 Namibia Projected Population by Sex and Five-Year Age Group - 2014, 2015, 2016, 2021, 2026

| Age | 2014 | 2015 | 2016 | 2021 | 2026 |
|---------------|------------------|------------------|------------------|------------------|------------------|
| Total | 2 236 853 | 2 278 843 | 2 321 427 | 2 537 669 | 2 749 194 |
| 0 - 4 | 311 967 | 315 631 | 318 964 | 325 042 | 319 821 |
| 5 - 9 | 263 264 | 274 400 | 284 645 | 314 063 | 320 961 |
| 10 - 14 | 239 022 | 238 160 | 239 627 | 282 562 | 312 122 |
| 15 - 19 | 243 202 | 243 482 | 242 817 | 237 559 | 280 482 |
| 20 - 24 | 228 321 | 231 468 | 234 100 | 239 182 | 234 472 |
| 25 - 29 | 196 214 | 202 826 | 208 797 | 228 230 | 233 947 |
| 30 - 34 | 159 242 | 163 691 | 168 851 | 200 657 | 220 471 |
| 35 - 39 | 133 990 | 136 983 | 140 134 | 160 351 | 191 797 |
| 40 - 44 | 108 851 | 112 821 | 116 499 | 132 079 | 152 191 |
| 45 - 49 | 86 083 | 88 194 | 90 802 | 108 982 | 124 355 |
| 50 - 54 | 69 282 | 71 897 | 74 255 | 84 464 | 101 956 |
| 55 - 59 | 51 966 | 53 920 | 56 078 | 68 273 | 78 083 |
| 60 - 64 | 41 488 | 41 877 | 42 599 | 50 455 | 61 753 |
| 65 - 69 | 33 735 | 34 577 | 35 197 | 37 162 | 44 368 |
| 70 - 74 | 24 389 | 24 717 | 25 234 | 28 844 | 30 739 |
| 75 - 79 | 17 037 | 17 149 | 17 263 | 18 386 | 21 193 |
| 80+ | 28 800 | 27 050 | 25 565 | 21 378 | 20 483 |
| Male | 1 086 650 | 1 107 327 | 1 128 255 | 1 233 946 | 1 336 511 |
| 0 - 4 | 157 702 | 159 602 | 161 282 | 164 328 | 161 665 |
| 5 - 9 | 132 713 | 138 312 | 143 495 | 158 466 | 161 911 |
| 10 - 14 | 119 477 | 119 350 | 120 340 | 142 262 | 157 287 |
| 15 - 19 | 119 994 | 120 384 | 120 328 | 119 179 | 141 054 |
| 20 - 24 | 112 074 | 113 490 | 114 754 | 118 197 | 117 309 |
| 25 - 29 | 96 206 | 99 546 | 102 474 | 111 402 | 115 133 |
| 30 - 34 | 77 559 | 79 543 | 81 979 | 97 866 | 106 964 |
| 35 - 39 | 65 263 | 66 663 | 68 080 | 76 996 | 92 596 |
| 40 - 44 | 52 125 | 54 021 | 55 781 | 63 138 | 71 998 |
| 45 - 49 | 40 170 | 41 196 | 42 450 | 51 064 | 58 278 |
| 50 - 54 | 31 124 | 32 427 | 33 593 | 38 516 | 46 681 |
| 55 - 59 | 22 549 | 23 243 | 24 111 | 29 870 | 34 501 |
| 60 - 64 | 18 291 | 18 243 | 18 327 | 20 784 | 25 942 |
| 65 - 69 | 14 572 | 15 022 | 15 298 | 15 397 | 17 597 |
| 70 - 74 | 9 982 | 10 031 | 10 233 | 12 071 | 12 248 |
| 75 - 79 | 6 934 | 6 970 | 6 967 | 7 065 | 8 417 |
| 80+ | 9 915 | 9 284 | 8 763 | 7 345 | 6 930 |
| Female | 1 150 203 | 1 171 516 | 1 193 172 | 1 303 723 | 1 412 683 |
| 0 - 4 | 154 265 | 156 029 | 157 682 | 160 714 | 158 156 |
| 5 - 9 | 130 551 | 136 088 | 141 150 | 155 597 | 159 050 |
| 10 - 14 | 119 545 | 118 810 | 119 287 | 140 300 | 154 835 |
| 15 - 19 | 123 208 | 123 098 | 122 489 | 118 380 | 139 428 |
| 20 - 24 | 116 247 | 117 978 | 119 346 | 120 985 | 117 163 |
| 25 - 29 | 100 008 | 103 280 | 106 323 | 116 828 | 118 814 |
| 30 - 34 | 81 683 | 84 148 | 86 872 | 102 791 | 113 507 |
| 35 - 39 | 68 727 | 70 320 | 72 054 | 83 355 | 99 201 |
| 40 - 44 | 56 726 | 58 800 | 60 718 | 68 941 | 80 193 |
| 45 - 49 | 45 913 | 46 998 | 48 352 | 57 918 | 66 077 |
| 50 - 54 | 38 158 | 39 470 | 40 662 | 45 948 | 55 275 |
| 55 - 59 | 29 417 | 30 677 | 31 967 | 38 403 | 43 582 |
| 60 - 64 | 23 197 | 23 634 | 24 272 | 29 671 | 35 811 |
| 65 - 69 | 19 163 | 19 555 | 19 899 | 21 765 | 26 771 |
| 70 - 74 | 14 407 | 14 686 | 15 001 | 16 773 | 18 491 |
| 75 - 79 | 10 103 | 10 179 | 10 296 | 11 321 | 12 776 |
| 80+ | 18 885 | 17 766 | 16 802 | 14 033 | 13 553 |

APPENDIX IV: NATIONAL AND SUB-NATIONALS MEDIUM VARIANT

Table A5 Projected Population and Dependency Ratio by Age Group and Area, 2015

| Age | Namibia | Urban | Rural | Erongo | Hardap | Karas | Kavango | Khomas |
|----------|-----------|-----------|-----------|---------|--------|--------|---------|---------|
| 0-14 | 830 064 | 324 521 | 505 543 | 49 490 | 28 293 | 25 771 | 101 675 | 113 903 |
| 15-64 | 1 347 159 | 716 846 | 630 313 | 120 466 | 53 296 | 55 255 | 122 505 | 278 212 |
| 65+ | 103 493 | 27 258 | 76 235 | 5 897 | 4 040 | 3 051 | 10 676 | 8 076 |
| All ages | 2 280 716 | 1 068 625 | 1 212 091 | 175 853 | 85 629 | 84 077 | 234 856 | 400 191 |

Percent

| | | | | | | | | |
|------------------|------|------|------|------|------|------|------|------|
| Percent under 15 | 36.4 | 30.4 | 41.7 | 28.1 | 33.0 | 30.7 | 43.3 | 28.5 |
| Percent 15-64 | 59.1 | 67.1 | 52.0 | 68.5 | 62.2 | 65.7 | 52.2 | 69.5 |
| Percent 65+ | 4.5 | 2.6 | 6.3 | 3.4 | 4.7 | 3.6 | 4.5 | 2.0 |
| Total % | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 |

Dependency Ratios

| | | | | | | | | |
|-------------------------------|------|------|------|------|------|------|------|------|
| Youth Dependency (0-14/15-64) | 61.6 | 45.3 | 80.2 | 41.1 | 53.1 | 46.6 | 83.0 | 40.9 |
| Older Age (65/15-64) | 7.7 | 3.8 | 12.1 | 4.9 | 7.6 | 5.5 | 8.7 | 2.9 |
| Total Dependency | 69.3 | 49.1 | 92.3 | 46.0 | 60.7 | 52.2 | 91.7 | 43.8 |

| Age | Kunene | Ohangwena | Omaheke | Omusati | Oshana | Oshikoto | Otjozondjupa | Zambezi |
|----------|--------|-----------|---------|---------|---------|----------|--------------|---------|
| 0-14 | 40 408 | 109 901 | 29 178 | 98 083 | 63 460 | 75 009 | 57 065 | 37 828 |
| 15-64 | 51 245 | 127 713 | 41 683 | 131 336 | 113 747 | 106 189 | 89 996 | 55 516 |
| 65+ | 3 957 | 15 734 | 3 179 | 19 071 | 9 427 | 11 271 | 5 282 | 3 832 |
| All ages | 95 610 | 253 348 | 74 040 | 248 490 | 186 634 | 192 469 | 152 343 | 97 176 |

Percent

| | | | | | | | | |
|------------------|------|------|------|------|------|------|------|------|
| Percent under 15 | 42.3 | 43.4 | 39.4 | 39.5 | 34.0 | 39.0 | 37.5 | 38.9 |
| Percent 15-64 | 53.6 | 50.4 | 56.3 | 52.9 | 60.9 | 55.2 | 59.1 | 57.1 |
| Percent 65+ | 4.1 | 6.2 | 4.3 | 7.7 | 5.1 | 5.9 | 3.5 | 3.9 |
| Total % | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 |

Dependency Ratios

| | | | | | | | | |
|-------------------------------|------|------|------|------|------|------|------|------|
| Youth Dependency (0-14/15-64) | 78.9 | 86.1 | 70.0 | 74.7 | 55.8 | 70.6 | 63.4 | 68.1 |
| Older Age (65/15-64) | 7.7 | 12.3 | 7.6 | 14.5 | 8.3 | 10.6 | 5.9 | 6.9 |
| Total Dependency | 86.6 | 98.4 | 77.6 | 89.2 | 64.1 | 81.3 | 69.3 | 75.0 |

Table A6 Projected Population and Dependency Ratio by Age Group and Area, 2030: Medium Variant

| Age | Namibia | Urban | Rural | Erongo | Hardap | Karas | Kavango | Khomas |
|----------|-----------|-----------|-----------|---------|--------|---------|---------|---------|
| 0-14 | 997 595 | 547 375 | 450 220 | 74 319 | 33 418 | 31,797 | 113 864 | 192 072 |
| 15-64 | 1 830 800 | 1 165 645 | 665 155 | 190 052 | 69 991 | 72,879 | 156 799 | 435 504 |
| 65+ | 132 147 | 57 787 | 74 360 | 11 282 | 5 603 | 4,889 | 10 331 | 17 779 |
| All ages | 2 960 542 | 1 770 807 | 1 189 735 | 275 653 | 109012 | 109 565 | 280 994 | 645 355 |

Percent

| | | | | | | | | |
|------------------|-------|-------|-------|-------|-------|-------|-------|-------|
| Percent under 15 | 33.7 | 30.9 | 37.8 | 27.0 | 30.7 | 29.0 | 40.5 | 29.8 |
| Percent 15-64 | 61.8 | 65.8 | 55.9 | 68.9 | 64.2 | 66.5 | 55.8 | 67.5 |
| Percent 65+ | 4.5 | 3.3 | 6.3 | 4.1 | 5.1 | 4.5 | 3.7 | 2.8 |
| Total % | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |

Dependency Ratios

| | | | | | | | | |
|----------------------------------|------|------|------|------|------|------|------|------|
| Youth Dependency (0-14/15-64) | 54.5 | 47.0 | 67.7 | 39.1 | 47.7 | 43.6 | 72.6 | 44.1 |
| Older Age (65/15-64) | 7.2 | 5.0 | 11.2 | 5.9 | 8.0 | 6.7 | 6.6 | 4.1 |
| Total Dependency | 61.7 | 51.9 | 78.9 | 45.0 | 55.8 | 50.3 | 79.2 | 48.2 |

| Age | Kunene | Ohangwena | Omaheke | Omusati | Oshana | Oshikoto | Otjozondjupa | Zambezi |
|----------|---------|-----------|---------|---------|--------|----------|--------------|---------|
| 0-14 | 49 605 | 117 119 | 27 302 | 97,259 | 74 149 | 82 362 | 60 359 | 43970 |
| 15-64 | 78 761 | 159 274 | 49 152 | 154,593 | 140009 | 138 700 | 110 962 | 74124 |
| 65+ | 4 596 | 14 463 | 4 392 | 20,458 | 11 654 | 14 091 | 7 629 | 4980 |
| All ages | 132 962 | 290 856 | 80 846 | 272 310 | 225812 | 235 153 | 178 950 | 123 074 |

Percent

| | | | | | | | | |
|------------------|-------|-------|-------|-------|-------|-------|-------|-------|
| Percent under 15 | 37.3 | 40.3 | 33.8 | 35.7 | 32.8 | 35.0 | 33.7 | 35.7 |
| Percent 15-64 | 59.2 | 54.8 | 60.8 | 56.8 | 62.0 | 59.0 | 62.0 | 60.2 |
| Percent 65+ | 3.5 | 5.0 | 5.4 | 7.5 | 5.2 | 6.0 | 4.3 | 4.0 |
| Total % | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |

Dependency Ratios

| | | | | | | | | |
|----------------------------------|------|------|------|------|------|------|------|------|
| Youth Dependency (0-14/15-64) | 63.0 | 73.5 | 55.5 | 62.9 | 53.0 | 59.4 | 54.4 | 59.3 |
| Older Age (65/15-64) | 5.8 | 9.1 | 8.9 | 13.2 | 8.3 | 10.2 | 6.9 | 6.7 |
| Total Dependency | 68.8 | 82.6 | 64.5 | 76.1 | 61.3 | 69.5 | 61.3 | 66.0 |

APPENDIX V: TEAM MEMBERS OF NAMIBIA POPULATION PROJECTIONS REPORT

| NAME | INSTITUTION |
|---------------------|---------------------------|
| Pauline Enkono | Namibia Statistics Agency |
| Alina Kandjimbi | Namibia Statistics Agency |
| Liana Koita | Namibia Statistics Agency |
| Eben Kahitu | Namibia Statistics Agency |
| Dr Daniel Goodkind | US Census Bureau, USA |
| Dr Ndeyapo Nickanor | University of Namibia |

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