

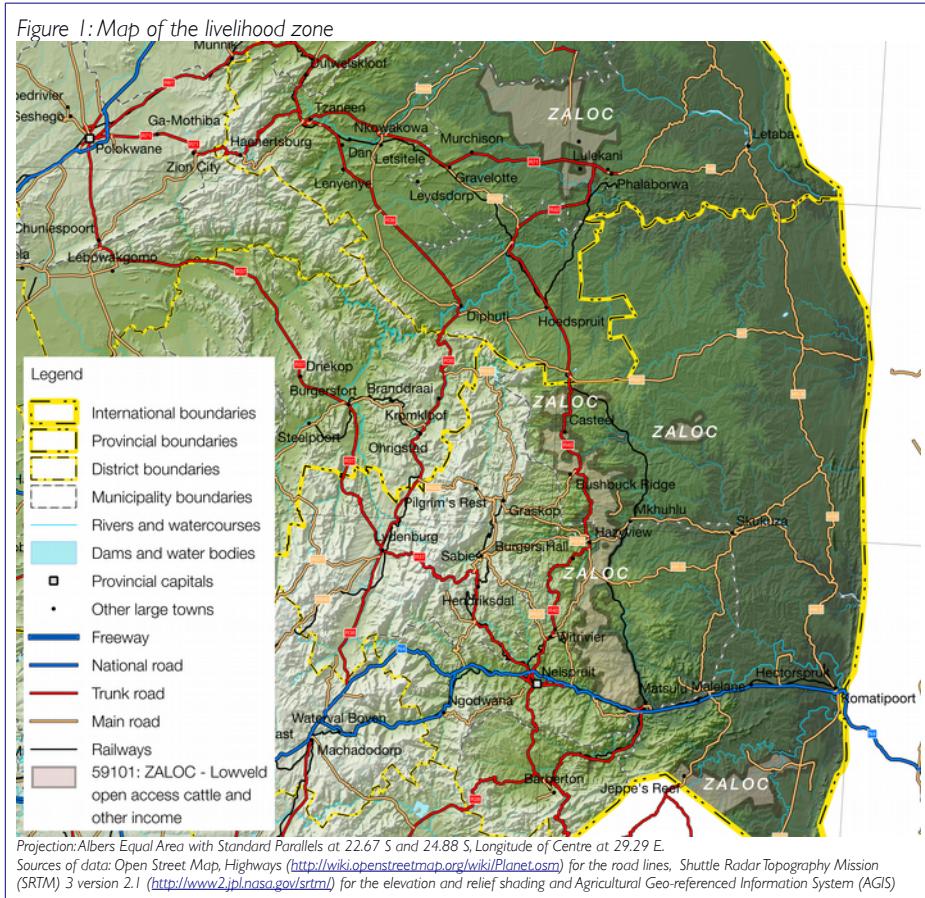
# South Africa Livelihood Zone Profile

## 59101 – Lowveld Open Access Cattle and Other Income (ZALOC)

### Zone Description

This livelihood zone is located in the lowveld where growing crops is difficult. It consists of four main sections:

- The section to the west of Ba-Phalaborwa, which stretches up to the Greater Giyani border.
- A narrow section on a north-south axis running from the Limpopo border through Bushbuckridge as far as the N4 in Mbombela Municipality in Mpumalanga;
- An ‘island’ around the village of Uthla, adjacent to the game reserves in Bushbuckridge Municipality; and
- A section between the Lomati and Komati Rivers in Nkomazi Municipality.



Much the zone is well-watered: the Ba-Phalaborwa section is the driest, receiving 400 to 600 mm of rain annually; while the Bushbuckridge and Mbombela sections are the wettest, receiving 600 to 1,000 mm; and the

Nkomazi section receives 600 to 800 mm annually.

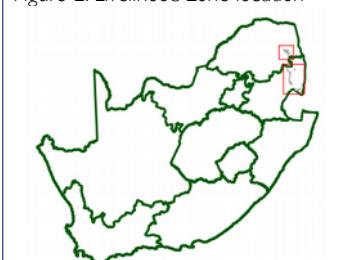
Despite the high rainfall, the land is marginal for crop (especially maize) production. This is a densely populated livelihood zone when compared with its neighbours, so wealthier households are formally employed or own a small business, while poorer households depend on petty trading, casual labour and grants. The wealthy may keep cattle, which graze the surrounding veld.

Table 1 - 2016 Population breakdown of districts and municipalities covered by the livelihood zone, based on the 2011 Census and annual projections

Province	District	Municipality	Pop. Est. in ZALOC	% of Admin Level
Limpopo	Mopani	Ba-Phalaborwa	67,385	41.99%
<b>Provincial Total</b>			<b>67,385</b>	<b>1.16%</b>
Mpumalanga	Ehlanzeni	Bushbuckridge	227,103	40.23%
		Mbombela	373,569	60.85%
		Nkomazi	144,647	35.30%
		Umjindi	1,676	2.44%
<b>Provincial Total</b>			<b>746,995</b>	<b>17.15%</b>

Source: Statistics South Africa, Census 2011 small area population data and district population projections

Figure 2: Livelihood zone location



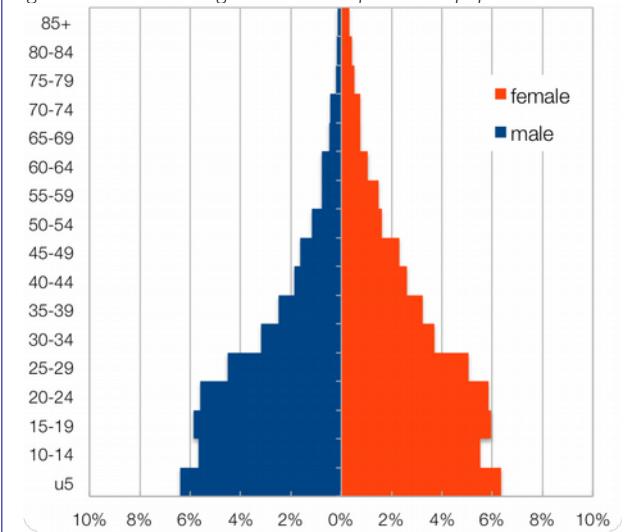
**Figure 1** is a map of the zone and **Figure 2** shows the location. The Ba-Phalaborwa section is served by the R71 and the R40, while the Bushbuckridge and Mbombela sections are served by the R40 and N4 highways. Both these two sections also have railways: a branch line from Nelspruit to Phalaborwa and the line that parallels the N4 from Gauteng to Maputo via Nelspruit. The Nkomazi section is served by the R570 and a feeder road from the R571; both these two roads originate from the N4 between Nelspruit and Komatipoort. The R570 crosses the Swazi border at Jeppe's Reef.

The livelihood zone has been given an alphabetic code (or abbreviation) of 'ZALOC' and a numeric code of 59101. These codes distinguish the zone both nationally and internationally, as well as allowing zone name changes and updates if desired (the code should always remain the same).

The zone spans five municipalities in two districts across the two provinces. However, only a tiny portion the Limpopo population is included in the zone (1%), which is nevertheless almost half of Ba-Phalaborwa (42%). In Mpumalanga—Ehlanzeni District—four municipalities are included in the zone and, with the exception of Umjindi, the zone's population makes up a substantial proportion of each municipality (35% to 40%). The total population in 2016 for the zone is 746,995 (projected from the Census 2011). **Table 1** shows the breakdown for each municipality.

The age and gender breakdown of the livelihood zone is given in **Figure 3**. The relatively low proportions of adult men seen in many other livelihood zones is not so prevalent here, suggesting that there is less outmigration. There is a high proportion of children (younger than 20).

Figure 3: Gender and age breakdown of the zone population



Source: Statistics South Africa, Census 2011 small areas and population database

## Seasonal Calendar

Since this is a rural livelihood zone and rural life is determined by agricultural seasons, the information is organised by *consumption year*, which begins with the start of the main dry harvest and runs through to just before the next year's main dry harvest. In this zone, the main dry harvest begins in May, so the consumption

Figure 4: Seasonal calendar

Activity	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr
Maize												
(Land preparation)												
(Planting)												
(Weeding)												
(Harvesting)	■											
(Consumption)												
Vegetables												
(Land preparation)												
(Planting)												
(Weeding)												
(Harvesting)												
Farm Employment												
Off-Farm Employment (CWP)												
Off-Farm Employment (Tourism)												
Livestock sales	■	■	■	■	■	■	■	■	■	■	■	■
Marula Harvest												
Hunger Season												
Collection of Mopani Worms												
Malaria												
Livestock Diseases												

year begins that month and runs up until the end of the following April. The livelihood strategies presented in this document also apply to a particular year, one that is neither very good nor bad but occurs most frequently, that

is, it is ‘typical’. This is called the *reference year* and the year chosen by participants was 2013-2014, or May 2013 to April 2014.

The dry harvest is a period for employment and takes place in April. After harvesting, family members engage in employment on commercial farms or vegetable farming until land preparation for the forthcoming main crop season. This begins in spring in October, continues up until December and is accompanied by ploughing and planting, depending on the timing of the rains. Weeding (a period of intense activity and one in which work opportunities increase) takes place from January to April. The main crops grown during this period are maize and a little groundnuts.

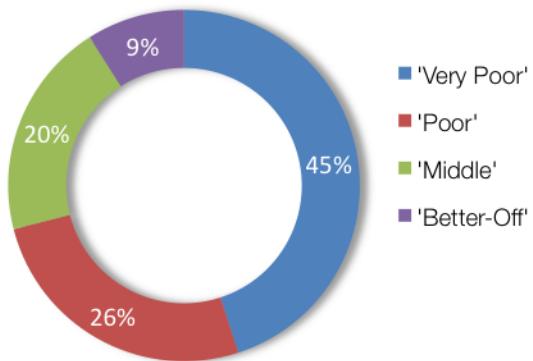
Wild foods are collected between December and March, with mopani worm collected from December and marula fruit harvested and brewed in the new year.

## Wealth Breakdown

Wealth in this livelihood zone is determined primarily by two factors:

1. Employment, a product education and good social connections; and
2. Livestock, especially cattle.

Figure 5: Wealth breakdown in the lowveld open access irrigated cropping livelihood zone



Source: Survey output, 2016

The wealthiest households, described as the ‘better-off’, are those with permanent work and a salary of around R16,600 per month. Households that have lower-paying or less permanent work, which when averaged over the year is approximately R4,000 per month, are referred to as the ‘middle’. Those who do not have any regular employment or business and who depend on grants are described as the ‘poor’ and ‘very poor’; collectively, they are about 71% of households. The ‘very poor’ and ‘poor’ also supplement their grant income with casual labour and other sources.

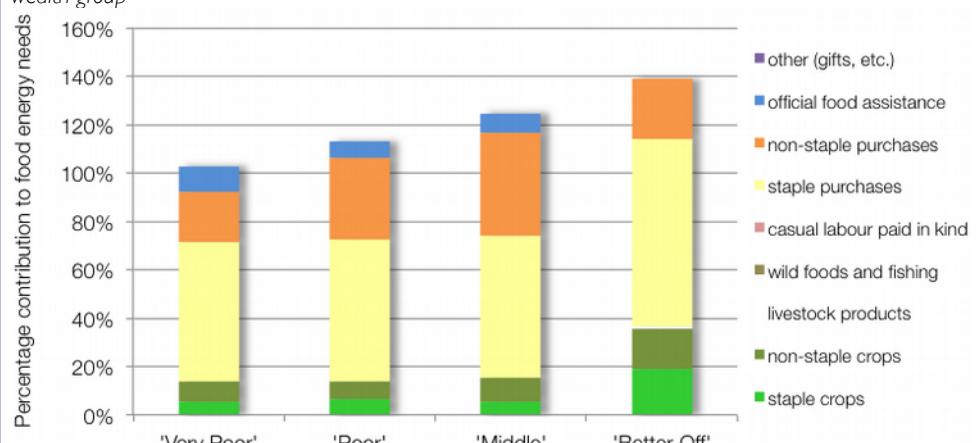
The amounts of land being cultivated vary with wealth. ‘Better-off’ households have resources from the employment income to take risks and cultivate more land (4 times larger) than those of ‘very poor’ households.

In interviews with village key informants there was a tendency to give larger household sizes, so field teams recorded values in excess to those reported in other surveys, especially the census. The household sizes reported in this analysis were five to nine members, which is larger than the most frequently occurring number of people reported in the census: four people. The larger household sizes are more likely to indicate family groupings (i.e. multiple census households) which can make sense for economic units wherein incomes such as social grants or pensions are shared across census households in the family, labour for cropping and activities is drawn from each census household and so on. These larger ‘households’ or family units are used in the ensuing calculations for sources of food and income—which can be scaled to the appropriate household size from the census.

## Sources of Food

Sources of food are expressed in terms of contribution to the minimum human food energy needs, which is 8,800 kJ/person/day. Wealthier households may consume considerably more than this, for example 12,232 kJ/person/day, which is 139% of minimum food needs. Some of this consumption may be

Figure 6: Sources of food (expressed as percentage of minimum average food energy needs) for each wealth group



wasted, for example when food is thrown away or incompletely eaten. Even the poorest households may consume slightly more than the minimum requirement, for example 103%, or 9,064 kJ/person/day. **Figure 6** shows the contributions to food energy for each of the main food sources. Bear in mind that the bars do not represent quartiles; the numbers of people and households in each wealth group vary considerably.

Purchases make up the largest portion of households' sources of food in all wealth groups. Food purchases contribute 80% to 100% of food energy needs, highlighting households' dependence on the market in this zone. The contribution to food energy from staple food purchase is 58% for all wealth groups, except the 'better-off' for whom it is 78%. The better-off purchase more bread (30% of food needs) and other expensive cereals. Other staple foods are maize (40 to 50% of food energy needs), rice and potatoes. The contribution to food energy from non-staple food purchases increases with wealth, except for the 'better-off'; starting at 21% for the 'very poor' rising to 43% for the 'middle'. The 'better off', however, obtain less of their food energy needs from non-staple purchases (24% of food needs) but they purchase more expensive low-energy foods such as fresh vegetables, meats, etc., instead of beans and sugars.

The contribution from own-produced crops to food energy for 'better-off' households is significant (36% of food energy needs). They also gain more food energy from their own-produced non-staples—primarily groundnuts and vegetables. This contributes 17% of their food needs. The other three wealth groups only derive around 15% of their food energy from own crops.

The 'very poor', 'poor' and 'middle' households' children receive additional food from school lunches, which is included as 'official food assistance'. Wealthier households tend to send their children to fee-paying schools that do not offer any kind of meals.

## Sources of Cash Income

Cash incomes vary considerably across wealth groups, with the 'better-off' earning R222,510 per annum, more than eight times as much as the 'very poor' who earn only R26,340 per annum. **Figure 7** shows this distribution—it must be noted that the bars in the figure are not quartiles, they represent wealth groups and wealth groups are not distributed evenly (see **Wealth Breakdown**, above).

The main sources of cash income for in the zone are: formal employment—for the 'middle' and 'better-off'—and cash grants—for the 'poor' and 'very poor'. This is in keeping with surveys that ask for the main cash source.

However, the point of this enquiry was to also gain understanding of how *all* income sources add up to make the sources of cash. This is essential because it enables practitioners to link a hazard (such as a price change) to outcomes and it enables other users to see potential areas of intervention. By dividing the value of each source by the total income, we can see these proportions and this is presented in the graph in **Figure 8**.

Grants make up 91% and 67% of the total income for the 'very poor' and 'poor', respectively. The remainder comes from casual labour (mostly domestic work and agricultural piece work), as well as petty trading.

The ‘middle’ and ‘better off’ get their cash from a formal wage or salary for the better part of their income. Some ‘middle’ households may have a member that works seasonally in tourism and earnings typically average to R4,000 per month. The ‘better-off’ tend to have more permanent work, earning around

R16,600 per month. The ‘middle’ also gain additional cash from small business activities and petty trading. Crop sales (and a few livestock sales) bring in extra cash for the ‘middle’, while livestock sales (and a few crops) bring in cash for the ‘better-off’. The ‘middle’ and ‘better-off’ also benefit from grants (for example, old age and fostering grants are not means-tested and the probability of a household having a pensioner in it is about one in two—see the population pyramid under **Zone Description**).

In the Bushbuckridge and Mbombela sections, cropping and livestock are limited by population densities, in Ba-Phalaborwa and Nkomazi it is poor soils and lower rainfall.

## Expenditure

Absolute expenditures are shown in **Figure 9** and this varies across wealth groups in line with incomes. As with income, it is usually more instructive to obtain proportions of total expenditure, as shown in **Figure 10**.

Social services such as health, schooling and taxes occupy a

Figure 7: Sources of annual cash income by wealth group

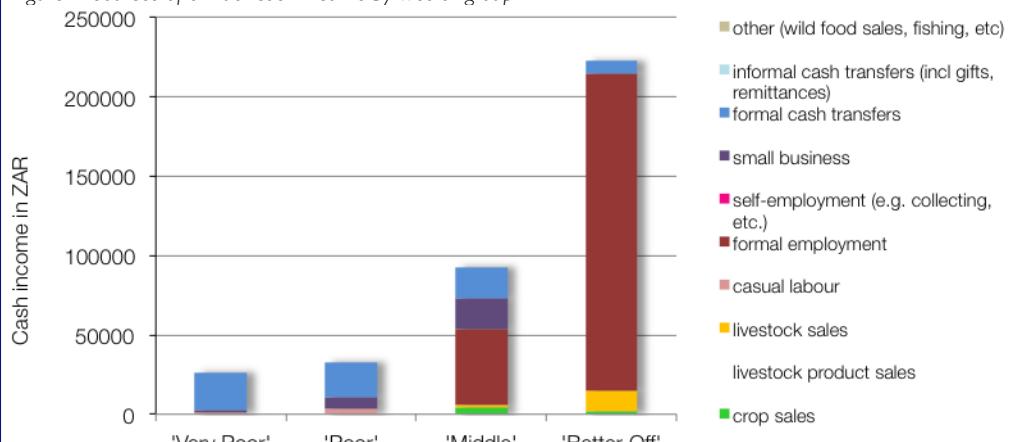


Figure 8: Sources of annual cash income as a percentage of total, by wealth group

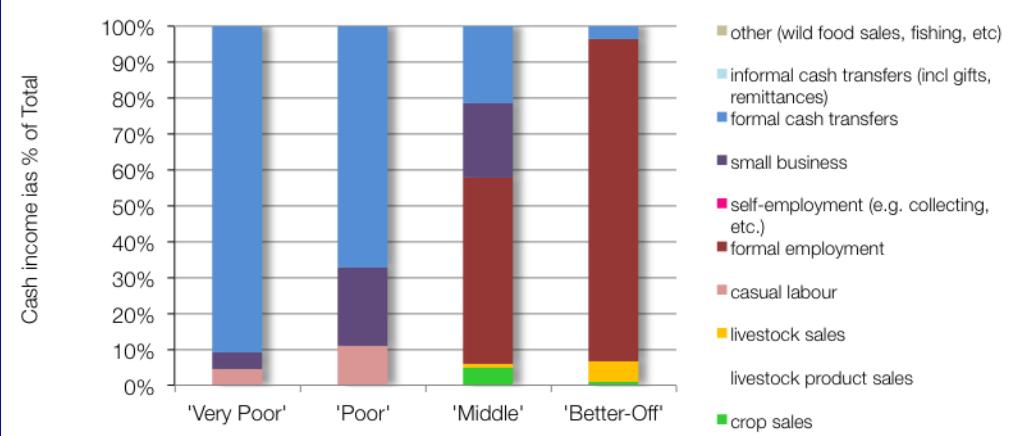
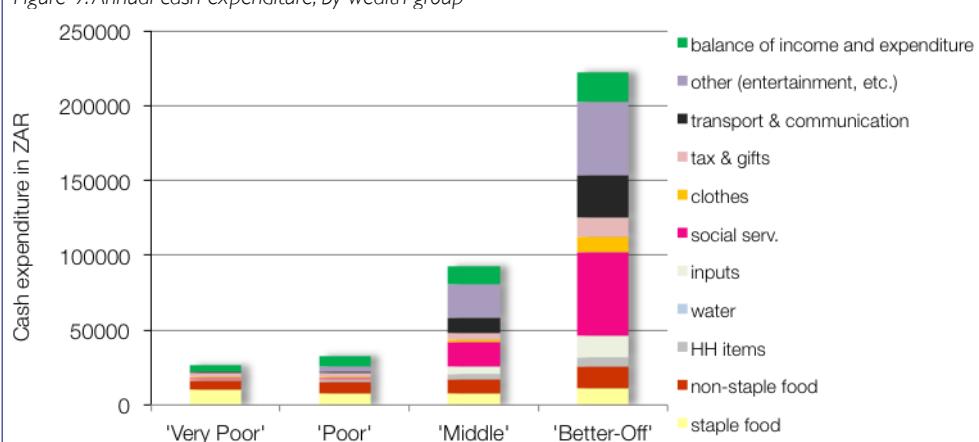


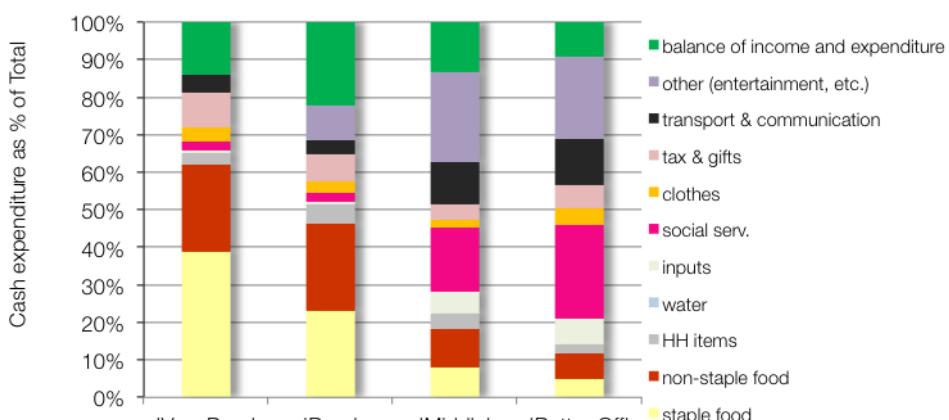
Figure 9: Annual cash expenditure by wealth group



large proportion of expenditure for the ‘middle’ and ‘better-off’ (17% and 25%, respectively). These two groups also spend a greater proportion of their income on agricultural inputs, although it is still quite small, costing only 5% and 7% of the incomes of the ‘middle’ and ‘better-off’, respectively.

The ‘very poor’ and ‘poor’ spend most of their money on food instead, the total food expenditure is 62% and 46%, respectively. The amount they spend on staples is 39% and 23%, respectively.

Figure 10: Annual cash expenditure as a percentage of total, by wealth group



## Hazards, Vulnerabilities and Response Strategies

Since households are dependent on markets for most of their food, they are most vulnerable to market-related shocks. These ‘market shocks’ may consist of: escalating food prices, eroded grants (for example, when they are not adjusted to match consumer inflation) and job losses.

Drought has an impact, reducing what little crop production that takes place to zero and if severe, it will affect livestock as well. If food prices do not also rise simultaneously with the drought, households can manage crop losses by prioritising more cash to food purchases—this has not happened in the 2015/2016 drought, where food prices rose considerably, by 65% compared with the baseline.

Additional response strategies households may engage in under stress are: switching expenditure, purchasing food on credit, seeking more casual work (usually outside of the village) or selling off assets or belongings. They also make use of drop-in centres for children, although these are only able to support small numbers of children. Some elderly people also request the leftovers from school feeding programmes.

## Household Hunger Score

Table I - Household Hunger scale indicator

No to Little Hunger		Moderate Hunger		Severe Hunger	
Count	Percent	Count	Percent	Count	Percent
75	70	30	28	2	2

Source: Survey Output 2015

The majority of the households (70 percent) experience no to little hunger and two per cent of households had severe hunger in this livelihood zone. Only 28 per cent of the households reported a moderate hunger situation – see **Table II**.

## Dietary Diversity and Food Consumption Score

The largest number, 40 percent of sampled households, have medium dietary diversity scores indicating that they consume four to five food groups during the day before the survey. 29 Percent of households have the highest dietary diversity (at least six food groups) and there are 31 percent of households with the lowest dietary diversity indicating that they consume three or fewer food groups.

Figure 11: Dietary Diversity Scores

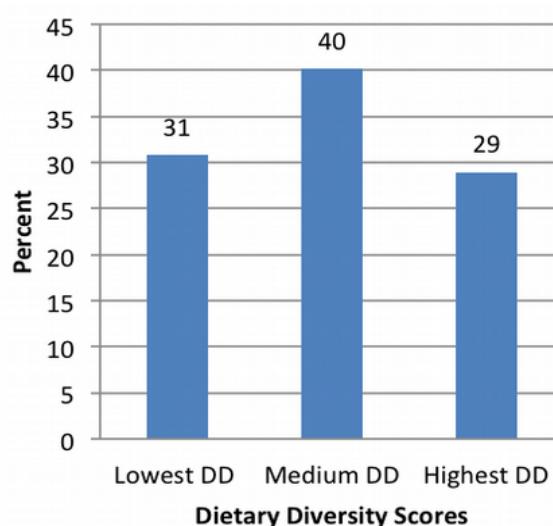
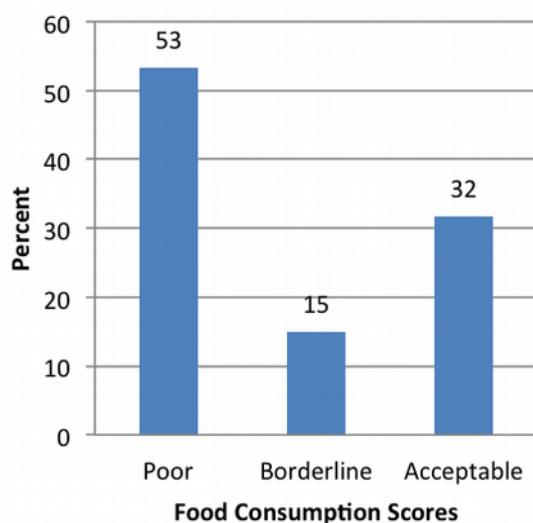


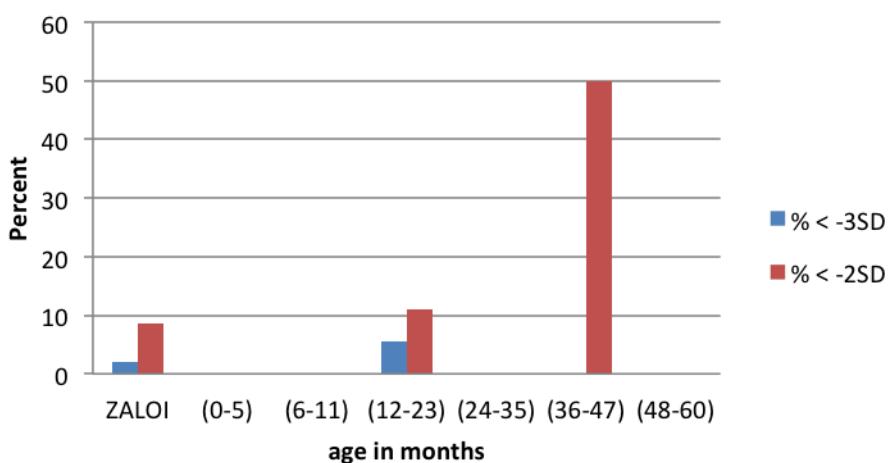
Figure 12: Food consumption scores



The majority of households – 53 percent – were consuming poor diets. While 20 percent of the households were within an acceptable consumption pattern, 15 percent of the households were within borderline consumption pattern.

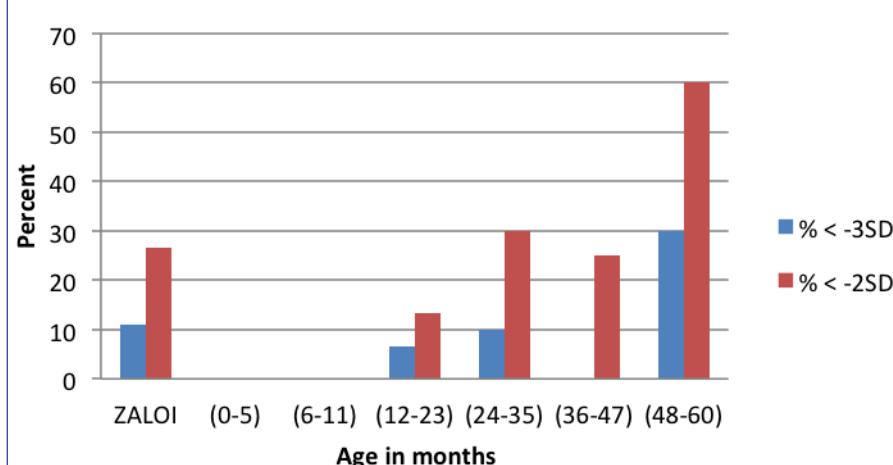
## Nutrition and Anthropometry

Figure 13: Prevalence of severe and moderate acute malnutrition by age grouping



Acute malnutrition is predominant in the 36-47 months old children in the livelihood zone (Figure 11). About nine percent and two per cent of under-five children were moderately and severely malnourished, respectively in the livelihood zone. The missing figures in the other age group categories were not picked up in the sample of the livelihood zone.

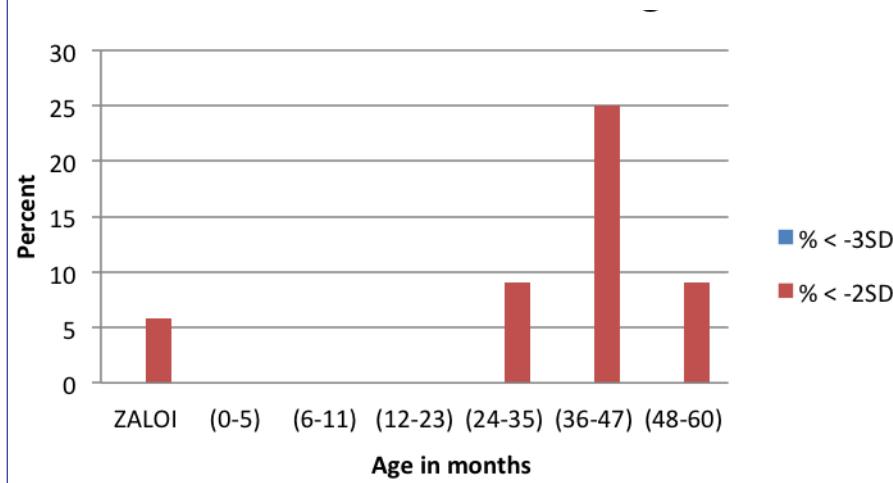
Figure 14: Prevalence of severe and moderate stunting by age grouping



The prevalence of severe and moderate stunting is 27 per cent and 11 per cent, respectively in the livelihood zone (Figure 12). There is a high prevalence of severe and moderate stunting among under-five children within 48 to 60 months of age seconded by children who are 24 to 35 months old. The trend of moderate and severe stunting is increasing as under-five children increase their ages

from 12 months to 60 months. The results also indicate that there were no moderately and severely stunted under-five children with 0 months to 11 months in the livelihood zone.

Figure 15: Prevalence of severe and moderate underweight by age grouping



The prevalence of moderate underweight was six per cent in the livelihood zone (Figure 13). There is a high prevalence of moderate underweight (25%) among under-five children within 36 to 47 months of age seconded by children who are within age categories of 24 to 35 months and 24 to 35 months old. The results indicate that there is a zero prevalence of severe underweight in the livelihood

zone. The results also indicate that there were no moderately and severely underweight under-five children with 0 months to 23 months in the livelihood zone.

## Conclusions and Recommendations

As already mentioned, food and cash income from livestock products is low for the numbers of animals present. To increase production, herds would need more and better management, an investment that would need to be justified through better returns. These returns could be increased by, for example, support to dairy marketing and greater provision of services and infrastructure to encourage production. Crop farming yields could also be improved through greater service provision and market support, though crops are constrained by environmental factors. This increased productivity will unlikely benefit all but a few households directly, but will create additional new possibilities through increased work opportunities. For many 'poor' and 'very poor' households, grants will remain the main source of income for some time to come.

Figure 16: Detailed map of the Limpopo section of the livelihood zone showing the sampled sites, other livelihood zones, administrative areas down to enumeration small areas, and infrastructure

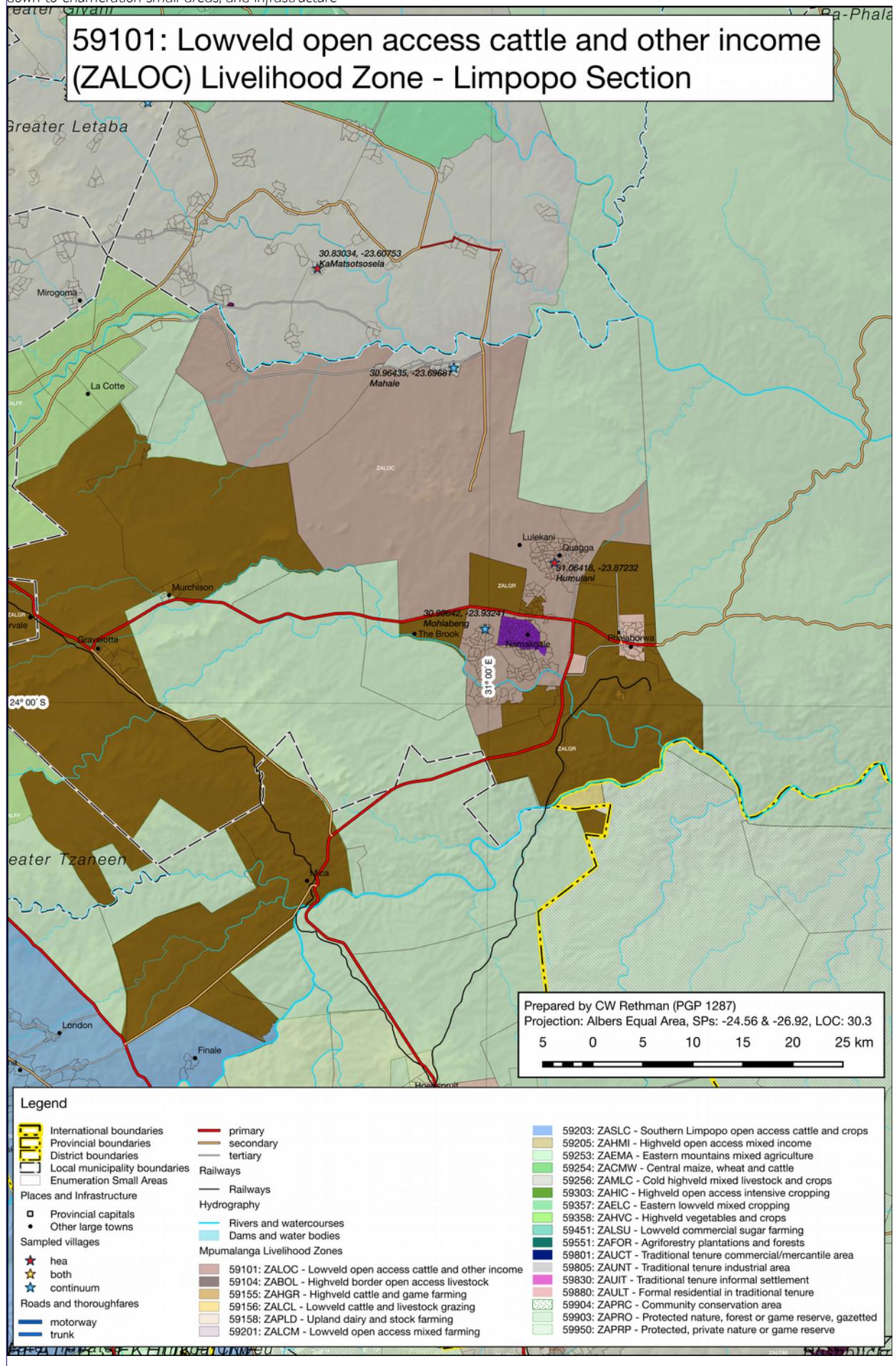


Figure 17: Detailed map of the Mpumalanga section of the livelihood zone showing the sampled sites, other livelihood zones, administrative areas down to enumeration small areas, and infrastructure

