



MyGym

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Login

Modal Login(every page)

Full Name

Email

Username

Password

Confirm Password

Sign Up

Welcome to My Gym! Ready for your next workout?

Carousel, 3 Images

Schedule, Talk to a personal trainer, Join athlean X

Group training

Group training is a great way to stay motivated and get a workout in. Our group classes are led by experienced trainers and are designed for all fitness levels. Whether you're a beginner or a seasoned athlete, you'll find a class that suits your needs. Our group training sessions are held in our state-of-the-art gym, which has all the equipment you need for a great workout. So, what are you waiting for? Join our group training today and see the difference it makes!

Picture

Picture

Online Training

Online training is a convenient way to get a workout in, no matter where you are. Our online training program is designed to help you reach your fitness goals from the comfort of your home. You'll receive personalized workout plans and video tutorials from our trainers. You can also track your progress and get feedback from your trainers. So, what are you waiting for? Join our online training today and see the difference it makes!

Contact:

Email: Customer@mygym.com

Customer service: +000 555 555

Social Media:



Athlean X:

More online Videos? Go to Athlean X

Address:

Brunnsparken, 41106 Göteborg



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Welcome to our Schedule

Book your next training session here

Email:

Workout

Day/Time

MAY 2021						
S	M	T	W	T	F	S
25	26	27	28	29	30	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5

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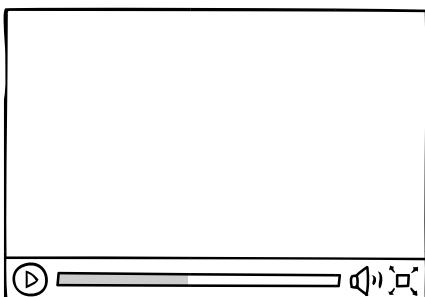
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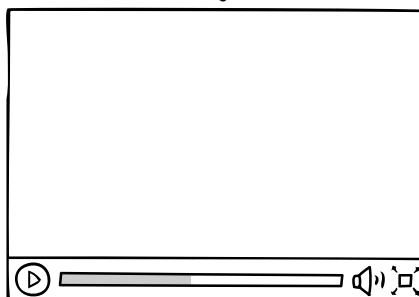
Login

Are you ready for todays workout?

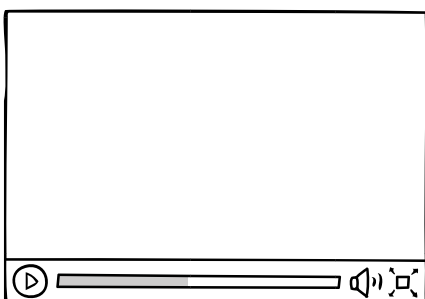
Abs



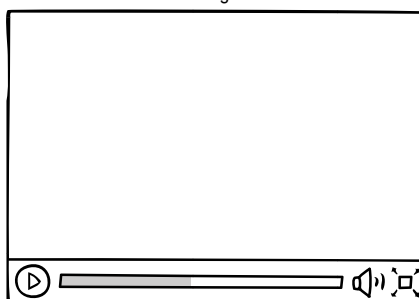
Fat Burning Workout



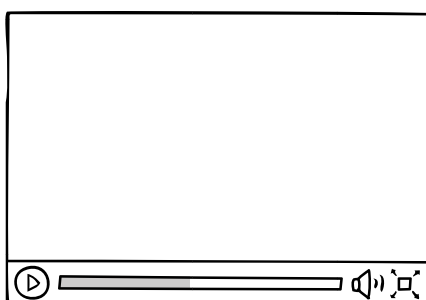
Chest



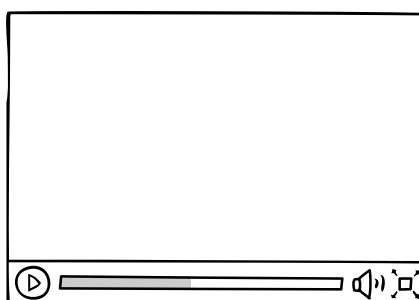
Legs



Back



Arms



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