



# FIREFIGHTER

## CO-VIEWING GUIDE



**Career Cluster**  
Transportation



**Success Skill**  
Feel



**Estimated Activity Time**  
10 mins



**Group Size**  
Individuals, pairs, or group

### Objective

Children will engage with the educator and the caregiver after watching "Firefighter" to support comprehension of the storyline and embedded curriculum.

### Story Summary

Rae and her friends take on the job of Firefighters but Rae has trouble staying calm under pressure. As a Firefighter, Rae learns that the key to success is to get calm when she's **Feeling** frustrated.

### Story Takeaway Message

You can practice the Take a Breath strategy to help you **Feel** calm.

### Feel Definition

Check and show your emotions.

## Discuss

1. What problems do Rae, Cora, Dev, and Scout solve?

Potential responses:

- The children add cotton candy to Cora's staff to rescue the chicken from the tree.
- They use the hose to dissolve the cotton candy tumbleweeds and free the chicken and Scout.
- Rae gets in the ladder's bucket and uses her turbo boosters to extend the ladder and squirt water across the farm to rescue the farmer.

2. Why do Firefighters need to **Feel** calm?

3. What strategy does Rae use to help her **Feel** calm?

Potential responses:

- Rae uses the Take a Breath strategy.
- Rae pauses.

## Additional Questions

4. When do you need to **Feel** calm?
5. Describe a time when you might need to take a breath.
6. What other strategy could Rae use to **Feel** calm?

