

# FIREFIGHTER

## Co-Viewing Guide

### TIME

10 minutes

### OBJECTIVE

Children will engage with educator/caregiver after watching a storybook, to support comprehension of storyline and embedded curriculum.

### STORY SUCCESS SKILL

Feel

### STORY SUMMARY

Zuzu and her friends take on the job of Firefighters, but Zuzu has trouble staying calm under pressure. As Firefighter, Zuzu learns that the key to success is to breathe in and out to get calm when she's feeling frustrated.

### STORY TAKE-AWAY MESSAGE

You can practice the strategy, "Take a Breath" to help you feel calm.

### DISCUSS

1. What problems did Zuzu, Cruz, Max, and Scout solve?

Potential Responses:

*[They added cotton candy to Cruz's staff to get the chicken rescued from the tree.]*

*[They used the hose to dissolve the cotton candy tumbleweeds and free the chicken and Scout.]*

*[Zuzu used her turbo boosters to extend the ladder and squirted water across the farm to rescue the farmer.]*

2. What strategy does Zuzu use to help her feel calm?

Potential Responses:

*[Zuzu uses "Take a Breath".]*

*[Zuzu pauses.]*

## ADDITIONAL QUESTIONS

3. Why do Firefighters need to feel calm?
4. When do you need to feel calm?
5. Is there a time when you might need to take a breath?
6. What other strategy could Zuzu use to feel calm?



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