

# ARTS AND TECHNOLOGY

CCSS and ASCA Standards

## Skillsville Learning Objectives

### *Executive Function*

1. Identify foundational executive function skills by naming and explaining what they are and how they are helpful.
2. Identify how and why executive functioning skills (Success Skills) are important for success in every career.
3. Understand how the same executive functioning skills (Success Skills) are used in different careers by matching specific skills to a variety of career descriptions.

### *Self-regulation Strategies*

4. Understand and define self-regulation strategies, including belly breathing, visualizing, and stretching, and why they are important, and their role in supporting executive function skills (Success Skills).
5. Self-monitor their own emotions and behaviors (Pause), verbally or behaviorally, in order to recognize when they need or could benefit from using a self-regulation strategy.
6. Recognize that by self-monitoring (Pause), they can stop and think so that they are able to effectively use a self-regulation strategy that is best suited for their needs.
7. Increase understanding of and effective identification of more self-regulation strategies, both verbally and visually.
8. Utilize more self-regulation strategies when needed.

### *Careers*

9. Be able to define and understand what a career is.
10. Become aware of a multitude of new, diverse careers, name and describe more careers, and recognize various career professionals.
11. Increase understanding of how careers help their community by identifying how careers help a community function.
12. Increase understanding about how their interests and skills may relate to/open future career possibilities.
13. Develop a positive outlook toward future career possibilities and increased confidence in one's ability to be a part of the future workplace.

## Activity Overview

Title	Time	Description	Skillsville Objectives	Common Core Standards	ASCA Mindsets and Behaviors
<i>Sound Effects Artist</i>	11 min	Video: Dev, Rae, and Cora, explore the Sound Effects Artist career. Dev has trouble finding the right props to make sounds for a movie. Can Dev find a strategy to help him think differently?	4, 5, 6, 7, 8, 10, 11, 12, 13	CCSS.ELA-LITERACY.SL.1.2 Ask and answer questions about key details in a text read aloud or information presented orally or through other media.	M 3. Positive attitude toward work and learning  B-SMS 7. Effective coping skills
<i>Silly Shakes</i>	5 min	Strategy Video: Children watch a video about silly shakes as a self-regulation strategy.	4, 5, 6, 7, 8	CCSS.ELA-LITERACY.CCRA.SL.2 Integrate and evaluate information presented in diverse media and formats, including visually, quantitatively, and orally.	B-SMS 2. Self-discipline and self-control  B-SMS 7. Effective coping skills
TV Station	5 min	Virtual Field Trip: Children hear about the different ways Audio Engineers and Videographers use the Focus and Organize Success Skills.	1, 2, 3, 9, 10, 11, 13	CSS.ELA-LITERACY.RI.1.5 Know and use various text features (e.g., headings, tables of contents, glossaries, electronic menus, icons) to locate key facts or information in a text.	B-LS 3. Time-management, organizational and study skills  B-LS 4. Self-motivation and self-direction for learning  B-LS 5. Media and technology skills to enhance learning



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Title	Time	Description	Skillsville Objectives	Common Core Standards	ASCA Mindsets and Behaviors
Nature Design Challenge	40 min	Activity: Children use the Think Differently Success Skill to be a Fashion Designer. Children find new and creative ways to design their own t-shirt.	1, 2, 3, 9, 10, 11	CCSS.ELA-LITERACY.SL.1.5 Add drawings or other visual displays to descriptions when appropriate to clarify ideas, thoughts, and feelings.	B-LS 1. Critical thinking skills to make informed decisions B-SMS 3. Independent work
Work of Heart	25 min	Digital Game: Players become Fine Artists and make their own unique art pieces by using the Feel Success Skill.	1, 3, 10, 11, 12, 13	CCSS.ELA-LITERACY.RI.1.5 Know and use various text features (e.g., headings, tables of contents, glossaries, electronic menus, icons) to locate key facts or information in a text.	B-LS 2. Creative approach to learning, tasks and problem solving B-LS 5. Media and technology skills to enhance learning B-SMS 3. Independent work
Scout's Dictionary	10 min	Dictionary: Children learn about Success Skills through real-life examples.	1	CCSS.ELA-LITERACY.RI.1.5 Know and use various text features (e.g., headings, tables of contents, glossaries, electronic menus, icons) to locate key facts or information in a text.	B-LS 2. Creative approach to learning, tasks and problem solving B-LS 4. Self-motivation and self-direction for learning B-LS 5. Media and technology skills to enhance learning B-SMS 3. Independent work B-LS 3. Time-management, organizational and study skills



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