

Skillsville Learning Objectives

Executive Function

1. Identify foundational executive function skills by naming and explaining what they are and how they are helpful.
2. Identify how and why executive functioning skills (Success Skills) are important for success in every career.
3. Understand how the same executive functioning skills (Success Skills) are used in different careers by matching specific skills to a variety of career descriptions.

Self-regulation Strategies

4. Understand and define self-regulation strategies, including belly breathing, visualizing, and stretching, and why they are important, and their role in supporting executive function skills (Success Skills).
5. Self-monitor their own emotions and behaviors (Pause), verbally or behaviorally, in order to recognize when they need or could benefit from using a self-regulation strategy.
6. Recognize that by self-monitoring (Pause), they can stop and think so that they are able to effectively use a self-regulation strategy that is best suited for their needs.
7. Increase understanding of and effective identification of more self-regulation strategies, both verbally and visually.
8. Utilize more self-regulation strategies when needed.

Careers

9. Be able to define and understand what a career is.
10. Become aware of a multitude of new, diverse careers, name and describe more careers, and recognize various career professionals.
11. Increase understanding of how careers help their community by identifying how careers help a community function.
12. Increase understanding about how their interests and skills may relate to/open future career possibilities.
13. Develop a positive outlook toward future career possibilities and increased confidence in one's ability to be a part of the future workplace.

Activity Overview

Title	Time	Description	Skillsville Objectives	Common Core Standards	ASCA Mindsets and Behaviors
<i>Counting</i>	5 min	Strategy Video: Children watch a video about counting as a self-regulation strategy.	4, 5, 6, 7, 8	CCSS.ELA-LITERACY.CCRA.SL.2 Integrate and evaluate information presented in diverse media and formats, including visually, quantitatively, and orally.	B-SMS 2. Self-discipline and self-control B-SMS 7. Effective coping skills
<i>Scout's Adventure Book: Careers in Building</i>	10 min	eBook: Children learn about 5 different careers in Building and how each career uses the Organize Success Skill.	1, 2, 3, 9, 10, 11	CSS.ELA-LITERACY.RI.1.5 Know and use various text features (e.g., headings, tables of contents, glossaries, electronic menus, icons) to locate key facts or information in a text. CCSS.ELA-LITERACY.SL.1.2 Ask and answer questions about key details in a text read aloud or information presented orally or through other media.	B-LS 4. Self-motivation and self-direction for learning B-LS 5. Media and technology skills to enhance learning B-SMS 3. Independent work
Design a Grocery Store	80 min	Activity: Children use the Think Differently Success Skill to be an Interior Designer. Children will create their own diorama of a grocery store and think differently to add creative materials.	1, 2, 3, 9, 10, 11	CCSS.ELA-LITERACY.SL.1.5 Add drawings or other visual displays to descriptions when appropriate to clarify ideas, thoughts, and feelings.	B-LS 1. Critical-thinking skills to make informed decisions B-LS 2. Creative approach to learning, tasks and problem solving B-SMS 3. Independent work



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Funding is provided by a Ready To Learn grant from the U. S. Department of Education.

Career information included in Mashopolis materials was informed by O*Net OnLine job descriptions. All job descriptions and career information is current as of the date of publication.

Title	Time	Description	Skillsville Objectives	Common Core Standards	ASCA Mindsets and Behaviors
					B-SMS 10. Ability to manage transitions and adapt to change
Inspect a Sketch	25 min	Analog Game: Players try the Construction Supervisor career to examine different houses and use the Remember Success Skill to draw what they see.	1, 3	CCSS.ELA-LITERACY.SL.1.5 Add drawings or other visual displays to descriptions when appropriate to clarify ideas, thoughts, and feelings.	B-LS 2. Creative approach to learning, tasks and problem solving B-SMS 3. Independent work
Scout's Dictionary	10 min	Dictionary: Children learn about Success Skills through real-life examples.	1	CCSS.ELA-LITERACY.RI.1.5 Know and use various text features (e.g., headings, tables of contents, glossaries, electronic menus, icons) to locate key facts or information in a text.	B-LS 2. Creative approach to learning, tasks and problem solving B-LS 4. Self-motivation and self-direction for learning B-LS 5. Media and technology skills to enhance learning B-SMS 3. Independent work B-LS 3. Time-management, organizational and study skills



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