

TRANSPORTATION

CCSS and ASCA Standards

Skillsville Learning Objectives

Executive Function

1. Identify foundational executive function skills by naming and explaining what they are and how they are helpful.
2. Identify how and why executive functioning skills (Success Skills) are important for success in every career.
3. Understand how the same executive functioning skills (Success Skills) are used in different careers by matching specific skills to a variety of career descriptions.

Self-regulation Strategies

4. Understand and define self-regulation strategies, including belly breathing, visualizing, and stretching, and why they are important, and their role in supporting executive function skills (Success Skills).
5. Self-monitor their own emotions and behaviors (Pause), verbally or behaviorally, in order to recognize when they need or could benefit from using a self-regulation strategy.
6. Recognize that by self-monitoring (Pause), they can stop and think so that they are able to effectively use a self-regulation strategy that is best suited for their needs.
7. Increase understanding of and effective identification of more self-regulation strategies, both verbally and visually.
8. Utilize more self-regulation strategies when needed.

Careers

9. Be able to define and understand what a career is.
10. Become aware of a multitude of new, diverse careers, name and describe more careers, and recognize various career professionals.
11. Increase understanding of how careers help their community by identifying how careers help a community function.
12. Increase understanding about how their interests and skills may relate to/open future career possibilities.
13. Develop a positive outlook toward future career possibilities and increased confidence in one's ability to be a part of the future workplace.

Activity Overview

Title	Time	Description	Skillsville Objectives	Common Core Standards	ASCA Mindsets and Behaviors
<i>Train Engineer</i>	11 min	Video: Rae, Cora, and Dev explore the Train Engineer career. Rae has trouble remembering how to press the buttons to start and stop the train. Can Rae find a strategy to help her remember?	4, 5, 6, 7, 8, 10, 11, 12, 13	CCSS.ELA-LITERACY.SL.1.2 Ask and answer questions about key details in a text read aloud or information presented orally or through other media.	M 3. Positive attitude toward work and learning B-SMS 7. Effective coping skills
<i>Breathing</i>	5 min	Strategy Video: Children watch a video about breathing as a self-regulation strategy.	4, 5, 6, 7, 8	CCSS.ELA-LITERACY.CCRA.SL.2 Integrate and evaluate information presented in diverse media and formats, including visually, quantitatively, and orally.	B-SMS 2. Self-discipline and self-control B-SMS 7. Effective coping skills
Bike Shop	5 min	Virtual Field Trip: Children hear about the different ways bike repair shop workers use the Think Differently and Organize Success Skills.	1, 2, 3, 9, 10, 11, 13	CSS.ELA-LITERACY.RI.1.5 Know and use various text features (e.g., headings, tables of contents, glossaries, electronic menus, icons) to locate key facts or information in a text.	B-LS 3. Time-management, organizational and study skills B-LS 4. Self-motivation and self-direction for learning B-LS 5. Media and technology skills to enhance learning



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Career information included in Mashopolis materials was informed by O*Net OnLine job descriptions. All job descriptions and career information is current as of the date of publication.

Title	Time	Description	Skillsville Objectives	Common Core Standards	ASCA Mindsets and Behaviors
Fixer Upper!	40 min	Activity: Children use the Remember Success Skill to be a car mechanic. Children put together a paper car and try to remember the functions of the different parts of the car.	1, 2, 3, 9, 10, 11	CCSS.ELA-LITERACY.SL.1.2 Ask and answer questions about key details in a text read aloud or information presented orally or through other media.	B-LS 1. Critical thinking skills to make informed decisions B-SMS 3. Independent work
Pack Plan Go!	25 min	Digital Game: Players use a truck to deliver packages to their destination using the Organize Success Skill.	1, 3, 10, 11, 12, 13	CCSS.ELA-LITERACY.RI.1.5 Know and use various text features (e.g., headings, tables of contents, glossaries, electronic menus, icons) to locate key facts or information in a text.	B-LS 2. Creative approach to learning, tasks and problem solving B-LS 5. Media and technology skills to enhance learning B-SMS 3. Independent work B-LS 3. Time-management, organizational and study skills
Scout's Dictionary	10 min	Dictionary: Children learn about Success Skills through real-life examples.	1	CCSS.ELA-LITERACY.RI.1.5 Know and use various text features (e.g., headings, tables of contents, glossaries, electronic menus, icons) to locate key facts or information in a text.	B-LS 2. Creative approach to learning, tasks and problem solving B-LS 4. Self-motivation and self-direction for learning B-LS 5. Media and technology skills to enhance learning B-SMS 3. Independent work B-LS 3. Time-management, organizational and study skills



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