

# FARMING AND NATURE

CCSS and ASCA Standards

## Skillsville Learning Objectives

### *Executive Function*

1. Identify foundational executive function skills by naming and explaining what they are and how they are helpful.
2. Identify how and why executive functioning skills (Success Skills) are important for success in every career.
3. Understand how the same executive functioning skills (Success Skills) are used in different careers by matching specific skills to a variety of career descriptions.

### *Self-regulation Strategies*

4. Understand and define self-regulation strategies, including belly breathing, visualizing, and stretching, and why they are important, and their role in supporting executive function skills (Success Skills).
5. Self-monitor their own emotions and behaviors (Pause), verbally or behaviorally, in order to recognize when they need or could benefit from using a self-regulation strategy.
6. Recognize that by self-monitoring (Pause), they can stop and think so that they are able to effectively use a self-regulation strategy that is best suited for their needs.
7. Increase understanding of and effective identification of more self-regulation strategies, both verbally and visually.
8. Utilize more self-regulation strategies when needed.

### *Careers*

9. Be able to define and understand what a career is.
10. Become aware of a multitude of new, diverse careers, name and describe more careers, and recognize various career professionals.
11. Increase understanding of how careers help their community by identifying how careers help a community function.
12. Increase understanding about how their interests and skills may relate to/open future career possibilities.
13. Develop a positive outlook toward future career possibilities and increased confidence in one's ability to be a part of the future workplace.

## Activity Overview

Title	Time	Description	Skillsville Objectives	Common Core Standards	ASCA Mindsets and Behaviors
<i>Farmer</i>	11 min	Video: Dev, Rae, and Cora, explore the Farmer career. Dev needs to make a plan to harvest crops. Can Dev find a strategy to help him organize?	4, 5, 6, 7, 8, 10, 11, 12, 13	CCSS.ELA-LITERACY.SL.1.2 Ask and answer questions about key details in a text read aloud or information presented orally or through other media.	M 3. Positive attitude toward work and learning B-SMS 7. Effective coping skills
<i>Counting</i>	5 min	Strategy Video: Children watch a video about counting as a self-regulation strategy.	4, 5, 6, 7, 8	CCSS.ELA-LITERACY.CCRA.SL.2 Integrate and evaluate information presented in diverse media and formats, including visually, quantitatively, and orally.	B-SMS 2. Self-discipline and self-control B-SMS 7. Effective coping skills
Farmer	5 min	Virtual Field Trip: Children hear about the different ways Farmers use the Think Differently and Feel Success Skills.	1, 2, 3, 9, 10, 11, 13	CSS.ELA-LITERACY.RI.1.5 Know and use various text features (e.g., headings, tables of contents, glossaries, electronic menus, icons) to locate key facts or information in a text.	B-LS 3. Time-management, organizational and study skills B-LS 4. Self-motivation and self-direction for learning B-LS 5. Media and technology skills to enhance learning
Let's Rock!	40 min	Activity: Children use the Focus Success Skill to practice being Geoscientist. Children test their rocks using different materials to observe if there is a reaction	1, 2, 3, 9, 10, 11	CCSS.ELA-LITERACY.SL.1.1.A Follow agreed-upon rules for discussions (e.g., listening to others with care, speaking one at a time about the topics and texts under discussion).	B-LS 4. Self-motivation and self-direction for learning B-SMS 3. Independent work

Title	Time	Description	Skillsville Objectives	Common Core Standards	ASCA Mindsets and Behaviors
Flavor Finder	25 min	Digital Game: Players become Food Scientists and create different flavors using the Remember Success Skill.	1, 3, 10, 11, 12, 13	CCSS.ELA-LITERACY.RI.1.5 Know and use various text features (e.g., headings, tables of contents, glossaries, electronic menus, icons) to locate key facts or information in a text.	B-LS 2. Creative approach to learning, tasks and problem solving  B-LS 5. Media and technology skills to enhance learning  B-SMS 3. Independent work
Scout's Dictionary	10 min	Dictionary: Children learn about Success Skills through real-life examples.	1	CCSS.ELA-LITERACY.RI.1.5 Know and use various text features (e.g., headings, tables of contents, glossaries, electronic menus, icons) to locate key facts or information in a text.	B-LS 2. Creative approach to learning, tasks and problem solving  B-LS 4. Self-motivation and self-direction for learning  B-LS 5. Media and technology skills to enhance learning  B-SMS 3. Independent work  B-LS 3. Time-management, organizational and study skills



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