TRAVEL AND SERVICE

CCSS and ASCA Standards

Skillsville Learning Objectives

Executive Function

- 1. Identify foundational executive function skills by naming and explaining what they are and how they are helpful.
- 2. Identify how and why executive functioning skills (Success Skills) are important for success in every career.
- 3. Understand how the same executive functioning skills (Success Skills) are used in different careers by matching specific skills to a variety of career descriptions.

Self-regulation Strategies

- 4. Understand and define self-regulation strategies, including belly breathing, visualizing, and stretching, and why they are important, and their role in supporting executive function skills (Success Skills).
- 5. Self-monitor their own emotions and behaviors (Pause), verbally or behaviorally, in order to recognize when they need or could benefit from using a self-regulation strategy.
- 6. Recognize that by self-monitoring (Pause), they can stop and think so that they are able to effectively use a self-regulation strategy that is best suited for their needs.
- 7. Increase understanding of and effective identification of more self-regulation strategies, both verbally and visually.
- 8. Utilize more self-regulation strategies when needed.

Careers

- 9. Be able to define and understand what a career is.
- 10. Become aware of a multitude of new, diverse careers, name and describe more careers, and recognize various career professionals.
- 11. Increase understanding of how careers help their community by identifying how careers help a community function.
- 12. Increase understanding about how their interests and skills may relate to/open future career possibilities.
- 13. Develop a positive outlook toward future career possibilities and increased confidence in one's ability to be a part of the future workplace.





Activity Overview

Title	Time	Description	Skillsville Objectives	Common Core Standards	ASCA Mindsets and Behaviors
Chef	11 min	Video: Cora, Rae, and Dev explore the Chef career. Cora keeps running out of the ingredients she needs to make lunch for some hungry Beeples. Can Cora find a strategy to help her think differently to make new recipes?		CCSS.ELA-LITERACY.SL.1.2 Ask and answer questions about key details in a text read aloud or information presented orally or through other media.	M 3. Positive attitude toward work and learning B-SMS 7. Effective coping skills
Tree Yoga	5 min	Strategy Video: Children watch a video about tree yoga as a self-regulation strategy.	4, 5, 6, 7, 8	CCSS.ELA-LITERACY.CCRA.SL.2 Integrate and evaluate information presented in diverse media and formats, including visually, quantitatively, and orally.	B-SMS 2. Self-discipline and self- control B-SMS 7. Effective coping skills
Pizza Fun Run	80 min	Career Match-Up: Children are introduced to four different Law and Safety Careers and how they use the Organize Success Skill. Children listen to three different scenarios and try to solve the problem by "mashing" the careers to create a new career.	1, 2, 3, 9, 10, 11	CCSS.ELA-LITERACY.SL.1.1 Participate in collaborative conversations with diverse partners about grade 1 topics and texts with peers and adults in small and larger groups. CCSS.ELA-LITERACY.SL.1.1.B Build on others' talk in conversations by responding to the comments of others through multiple exchanges. CCSS.ELA-LITERACY.SL.1.2	B-LS 1. Critical thinking skills to make informed decisions B-LS 2. Creative approach to learning, tasks and problem solving B-SS 1. Effective oral and written communication skills and listening skills





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				Ask and answer questions about key details in a text read aloud or information presented orally or through other media. CCSS.ELA-LITERACY.SL.1.3 Ask and answer questions about what a speaker says in order to gather additional information or clarify something that is not understood. CCSS.ELA-LITERACY.SL.1.5 Add drawings or other visual displays to descriptions when appropriate to clarify ideas, thoughts, and feelings.	
Find a Room	35 min		1, 2, 3, 10, 11, 13	CCSS.ELA-LITERACY.SL.1.2 Ask and answer questions about key details in a text read aloud or information presented orally or through other media. CCSS.ELA-LITERACY.SL.1.4 Describe people, places, things, and events with relevant details, expressing ideas and feelings clearly. CCSS.ELA-LITERACY.SL.1.3 Ask and answer questions about what a	B-LS 1. Critical thinking skills to make informed decisions B-LS 9. Decision-making informed by gathering evidence, getting others' perspectives and recognizing personal bias B-SS 1. Effective oral and written communication skills and listening skills B-SS 6. Effective collaboration and cooperation skills





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Feeling Faces	25 min	Analog Game: Players try the Tour Guide career and use the Feel Success Skill to communicate using visual icons.	1, 3	CCSS.ELA-LITERACY.SL.1.5 Add drawings or other visual displays to descriptions when appropriate to clarify ideas, thoughts, and feelings.	
Scout's Dictionary	10 min	Dictionary: Children learn about Success Skills through real-life examples.	1	CCSS.ELA-LITERACY.RI.1.5 Know and use various text features (e.g., headings, tables of contents, glossaries, electronic menus, icons) to locate key facts or information in a text.	B-LS 2. Creative approach to learning, tasks and problem solving B-LS 4. Self-motivation and self-direction for learning B-LS 5. Media and technology skills to enhance learning B-SMS 3. Independent work B-LS 3. Time-management, organizational and study skills



