

#### **Welcome to the Skillsville Family Program!** SKILLSVILLE KICKOFF While you enjoy your meal, **CONVERSATION CARD** Introduce yourself to families Take turns asking these questions to the people around you. Mark off the box for every question you get answered. nearby If we had a 'Yes Day," where What is your favorite family no one can say "no" to any What's the best part of each Take turns asking each other memory? questions you day? ask, what would questions using the you ask to do?

What's my

superpower?

What's your superpower?

What are you

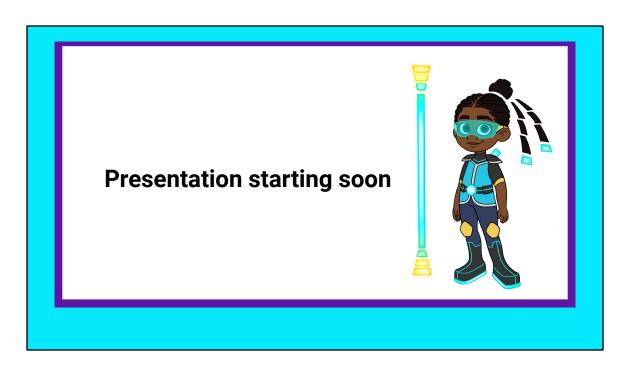
grateful for?

How do you want

to change the world?

Have this slide posted as families are entering. You may need to prompt them to use the conversation card.

**Conversation Card provided** 



Have this slide posted when you have about five minutes left of dinner before your presentation starts

#### Welcome!

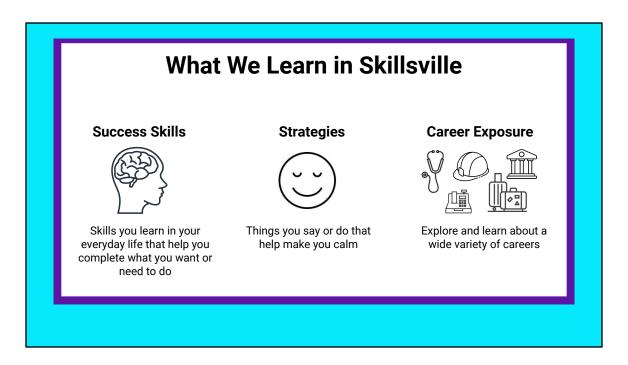
Skillsville\* is a Twin Cities Public Television animated series and outreach program currently in development

Our mission is to give children and their families tools to enhance the skills and knowledge they need to prepare them for future careers



\*Skillsville is a working title

Suggsested script: Give a short introduction of both program leaders and what Skillsville Family Program is using the information on the slide. REALLY emphasize that this is in development and we are working with families to create our program - which is what we're doing today.



Suggested script: There are three main "pillars" we hope children will learn from our program. The first is Success Skills. Success Skills are skills you learn in your everyday life, at work, or in school that help you complete what you want or need to do. The second is self-regulation strategies. These are things you say or do that help make you calm and ready to use success skills. The third is career exposure. While you participate in Skillsville, you will explore and learn about a wide variety of careers.

# What You Can Expect in a Skillsville\* Family Program Session

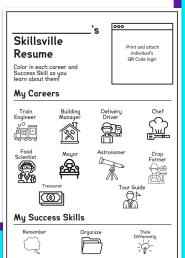
- · Learn about a Success Skill, a strategy, and a variety of careers
- Watch an early draft of an episode from the Skillsville television series that is in development
- Get activities to practice using the Success Skill and strategies you learned about
- We are a work in progress YOUR input is helping make our program!

Suggested Script: In each session, we will learn about a success skill, a strategy, play games that feature different careers using our success skill of the day, watch a Mashopolis storybook, and get take home activities to practice what we learned about at the session.

Emphasize that this is a work in progress and that their input will inform how this program is created

## Resume Builder

- In Skillsville, you'll learn about lots of different careers in our activities
- When you learn about a new career, color it in on your Resume Builder!
- This is also where you will keep your Skillsville QR code that you will use to log in to the Skillsville Platform



Say: When grown ups apply for a new career, they usually make something called a resume. A resume shows what careers you have experience with and what skills you have that can help you with your careers. Throughout our family program, you'll be making a resume of your own with the skills and careers you learn about in Skillsville!

### You are your child's teacher

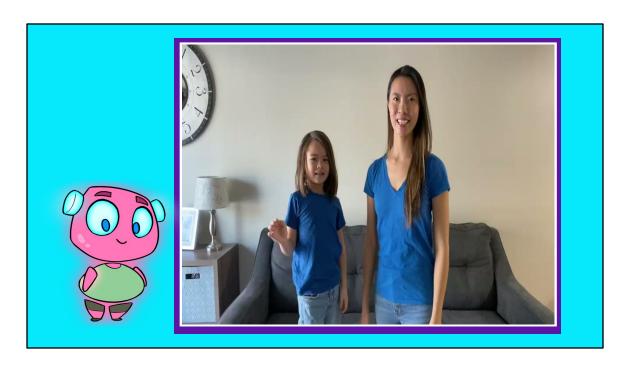
- In the Skillsville Family Program, caregivers are empowered to be their child's teacher using our activities
- Caregivers and their children will do things like:
  - Play games together
  - Make connections and talk about the strategies and skills they learn
  - Share experiences



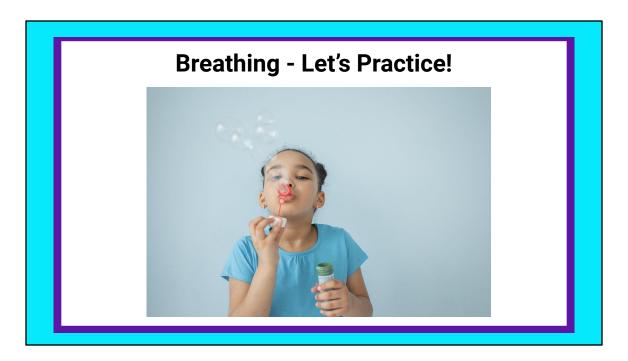
Read the information from the slide, reinforcing the idea that caregivers are doing activities with their children and teaching them.



Suggested script: In each session, we'll see an early version of an episode from the Skillsville television series. In some versions, like today's, it will look like an eBook with people telling the story. Remember, these are early versions that you get to be the FIRST people to see. In today's episode, we'll meet the characters of Skillsville. You can find this Platform in the Kickoff Bundle.

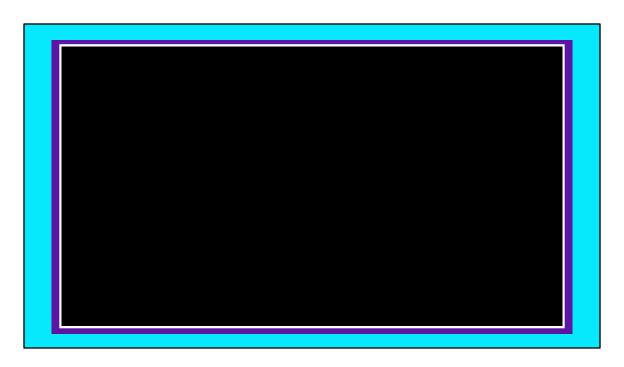


Suggested script: In each Family Program session we will learn a Skillsville Strategy. Let's learn about a Skillsville Strategy we can use to help us get our brain ready to use a new success skill.



Suggested script: In our Skillsville Strategy video, one of the ways they practiced breathing was to pretend to blow bubbles. Let's try that together. Take a deep breath in through your nose and pretend to blow bubbles. Lead families in taking a deep breath in and blowing slowly about 2 - 3 times.

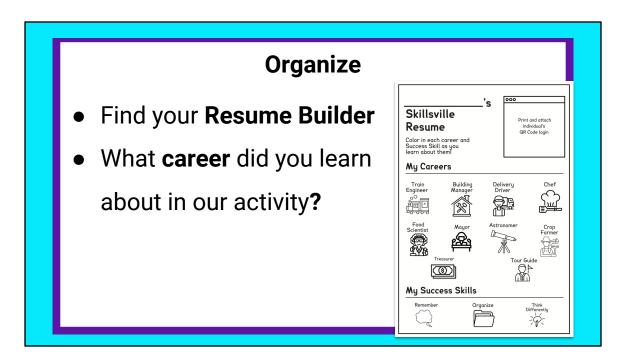
Suggested Script: Breathing is a Skillsville Strategy we can use to get our brain ready to do hard things.



Suggested script: In every Family Program session, we'll do two activities together. The first is a hands-on paper game that you will play together. Let's learn about today's game Feeling Faces and how to play it. (Play the video)



Suggested script: We will pass out materials so you can play Feeling Faces together. If you need any help, we can help you! We'll come back together in about 10 minutes.



Suggested script: Take out your Resume Builder and find the career we learned about in our paper game. Ask children to share the answer. You've gained experience by learning about Tour Guides. Now you can color Tour Guide in.

## Activity 2 - Avatar Maker

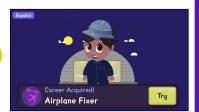
In this game, you will create your Skillsville Avatar.

- Design your character's appearance
- Choose activities you like from a list of choices
- Discover new careers based on your choices

#### To Play:

- When you start the tablet, tap on the Chrome icon
- Plug in your headphones and login using your QR code
- Connect grown-up headphones to the tablet using the splitter provided
- Find this icon to begin





Suggested Script: The second activity we'll do in every session is a digital game using tablets. When you're playing these games, you'll log in to the Skillsville Platform using the QR code on your Resume Builder. If you have trouble scanning the QR code, you can always type in the passcode below the QR code. If you need any help, just ask!

Once you've explained how to play, pass out tablets. After families play for about 10 - 15 minutes, collect tablets.

### Recap

- The Skillsville Family Program is in development we need <u>your</u> feedback to make it better
- In each of our four sessions, we'll learn about a Success Skill, Skillsville Strategy, and a variety of careers

Read the recap and ask if participants have any questions.



Suggested script: "We have some materials for you to take with you, one of them is an extra copy of the Feeling Faces game you can play together. The other is information about research on our Family Program. Because you are some of the first people to try this program, we want to hear how it's going and how it can become better. If you'd like to participate in the research and earn Visa or Amazon gift cards for your participation, make sure you leave your information at the sign-up. If you haven't already signed up, you could do that as you leave. We look forward to seeing you next time at (date and time of next event) where we'll learn about the Think Differently Success Skill!