



FOCUS SESSION

CONVERSATION CARD



Find a seat with your family.



Introduce yourself to other families nearby.



Take turns asking each other questions using the Conversation Card provided.



FOCUS

Conversation Card





Take turns asking these questions to the people around you.
Mark off the box for every question you get answered.

What is something you do that takes a long time to complete?	What are some things that distract you when you are doing a task?	What can you do at a salon?
What helps you start a new task?	How do you think planes avoid each other in the sky?	Who can help people if there is an emergency?

WELCOME BACK!

Share as much as you would like

- Your names
- Children's ages
- One of the things you talked about from the Conversation Card


FOCUS
 Conversation Card
 

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What helps you start a new task?	How do you think planes avoid each other in the sky?	Who can help people if there is an emergency?

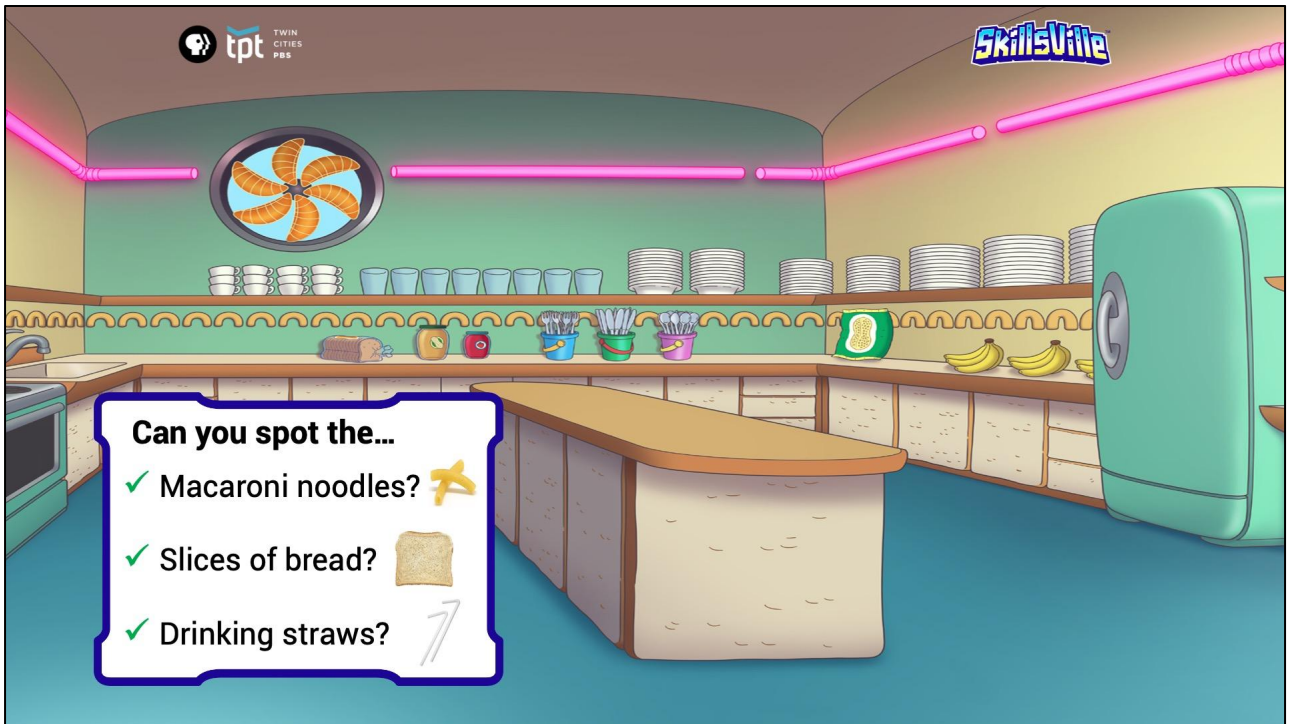
FOCUS



- Focus is a Success Skill
- It means "To pay attention to something even when distractions happen around you."

Talking Points:

- When we complete a task from start to finish, even when it is hard or there are distractions, we use the Focus Success Skill.
- Ask families to share if they can think of some examples of when they use the Focus Success Skill (when we clean a room even when there are things that distract us, when we do a puzzle, etc)



Talking Points:

- In Skillsville, sometimes ordinary items are replaced by silly items. For example, instead of plain trees, the leaves are made of cotton candy!
- In this space some common things like tiles, lights, cabinets are made of food.
- Have families use the Focus Success Skill to find the macaroni noodles(tiles), slices of bread (cabinets) and drinking straws (lights)
- After families share with each other, they can share out as a whole group – ask them what other details they notice in the picture (crescent rolls in the fan, sand pails for silverware holders, etc)

EPISODE

- What problems did Dev, Rae, Cora, and Scout solve?
- Why do Air Traffic Controllers need to **Focus**?
- What strategy does Dev use to help him **Focus**?



1. Tell families that after they watch today's episode, they'll answer these three questions.
2. In the Skillsville Platform, open the Air Traffic Controller episode.
3. After the episode, ask families the three questions. You might have them turn to their family to share and then offer to have them share out as a whole group.

RESUME BUILDER

's
Skillsville Resume
 Color in each career and Success
 Skill as you learn about them!

Print and attach
 individual's
 QR Code login

My Careers

Train Engineer	Delivery Driver	Astronomer	Personal Service Workers	Firefighter
Food Scientist	Mayor	Construction Supervisor	Air Traffic Controller	Artist
Treasurer	Tour Guide	Chef	Emergency Dispatcher	Farmer

My Success Skills

Remember	Feel	Organize	Think Differently	Focus
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- Make sure you have the correct resume
- Identify and color in the career we learned about in today's episode

Talking Points:

- When grown-ups apply for a new career, they usually make something called a resume.
- A resume shows what careers you have experience with and what skills you have that can help you with your careers.
- Throughout our Family Program, you'll be making a resume of your own with the skills and careers you learn about in Skillsville!

Pass out Resumes making sure that children get the resume builder with their name and correct QR code on it

Try to have children just color in the air traffic controller career

STRATEGY



- Practice the Body Scan Meditation strategy
- Tell a family member what it was like to use the Body Scan Meditation strategy

1. Open the Skillsville Platform to the Focus bundle and play the strategy video (pause symbol).
2. Guide families through a body scan meditation as a whole group and encourage them to check in with one another to see how it went



RAPID RESPONSE

Skillsville needs Emergency Dispatchers!

Use the Focus Success Skill to send emergency responders to help Beeples!



HOW TO PLAY

1. **Pass out emergency cards!**
Each player gets 3 emergency cards, put them face down.
2. **Choose your dispatcher!**
Take turns flipping over emergency cards.
Pick the best emergency responder to send to the emergency.

ASK YOUR CHILD

- Why do you think emergency workers need to Focus?
- What is another job that also uses the Focus Success Skill?
- Why is it important to use the Focus Success Skill when working with people?

1. Before passing out the materials, open and play the video for Rapid Response in the Focus bundle for families.
2. Then, give each family 1 set of emergency responders cards (cut), 1 set of emergency cards (cut) and one How To Play sheet.
3. Have this slide showing and give families 5 – 10 minutes to play.

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Print and attach individual's QR Code login

My Careers

Train Engineer 	Delivery Driver 	Astronomer 	Personal Service Workers 	Firefighter
Food Scientist 	Mayor 	Construction Supervisor 	Air Traffic Controller 	Artist
Treasurer 	Tour Guide 	Chef 	Emergency Dispatcher 	Farmer

My Success Skills

Remember 	Feel 	Organize 	Think Differently 	Focus
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- Find your resume
- Identify and color in the career we learned about in today's paper game

Have children take out their resume builders and color in the emergency dispatcher (NOT FIREFIGHTER) image

Talking Points

- Ask children how an emergency dispatcher might use the Focus Success Skill

STRATEGY



- Practice the Body Scan Meditation strategy
- Which body part was easiest/hardest for you to focus on?

Talking Points:

- Before using the Focus Success Skill again in a different game, guide families through another body scan meditation.
- Encourage them to check in with one another to see how it went



SALON BEATS



Skillsville Salon needs a Manicurist, a Makeup Artist, and a Hair Stylist!

Use the Focus Success Skill to tap on the beat!

HOW TO PLAY

1. **Pick a Beeple to help!**
Beeples want different services.
2. **Tap when the target glows!**
Don't tap too early or late.
3. **Earn stars!**
Earning stars unlocks harder services!

ASK YOUR CHILD

- How does a salon help the community?
- Why is it important to tap when the target glows?
- Why do you think a Hair Stylist has to use the Focus Success Skill?

1. After explaining the game, pass out a tablet to each family.
2. Each family should get headphones and a splitter so caregivers can also listen to the game.
3. To help families log in, have them tap the Google Chrome icon to open the Platform. Then, they can scan their QR code on the resume.
4. After families play for 15 – 20 minutes, give families a two-minute warning before their time is up
5. Let families know that while their time is over for now, they'll play more Skillsville games next week.
6. Collect tablets and headphones

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- Find your resume
- Identify and color in the career we learned about in today's digital game

Have children color in the Personal Service Worker image. Then, have children circle or color in the Focus success skill icon.

Talking Points:

- Throughout Skillsville, children will try out many different careers
- Review the careers children learned about in the day's session
- Ask children and families if they are interested in one or more of the careers and why
- Collect resumes after this step and let families know you will pass them back next week.

RECAP



- Today we learned about the **Focus Success Skill** and practiced the **Body Scan Meditation**
- We talked about careers like **Air Traffic Controller**, **Emergency Dispatcher**, and **Personal Service Worker**.

1. Have children color in the Personal Service Worker image.
2. Then, have children circle or color in the Focus success skill icon.

Talking Points:

- Review what you did today
- Let families know they can take a copy of Rapid Response home with them

JOIN US AGAIN NEXT TIME

HOW TO PLAY: RAPID RESPONSE

EMERGENCIES AND RESPONDERS

Every player gets 3 random emergency cards, face down. Make sure everyone can reach the dispatchers. Don't look at the cards!



DISPATCH

Emergency cards show Beeples who need help. Different responders help with different emergencies. Send responders by putting them on the emergency card.



EMERGENCY DISPATCHER CHALLENGE

Flip over one emergency card at a time, and send a responder. The first player to send a correct responder to all their emergencies wins!



LATER, GAMERS!

Our next session will be on (date) at (time)



Talking points:

- Edit the slide in Google Slides to let families know when they should return
- Tell families they can get an extra copy of Rapid Response as well as a Skillsville To-Go handout on their way out.