



# FOCUS

## Volunteer Information



### SUCCESS SKILL

Focus

### THIS MEANS

Pay attention to something even when distractions happen around you.

### SKILLSVILLE STRATEGY

Body Scan Meditation

### SCHEDULE

- meal/snack and conversation cards
- presentation
- episode – “Air Traffic Controller”
- strategy – Body Scan Meditation
- paper Game – Rapid Response
- strategy practice – Body Scan Meditation
- digital Game – *Salon Beats*
- wrap-up
- send take-home materials
- clean up

### VOLUNTEER CHECKLIST

- ☐ Welcome families to the *Skillsville* Family Program.
- ☐ Assist families in signing in (if your organization has a registration list or sign-in sheet).
- ☐ Instruct families to partake in a meal or snack (if provided by the organization) and guide them to the seating area.
- ☐ Encourage caregivers to use the Conversation Cards at their tables as a conversation starter with their family members and the families around them.
- ☐ Assist families in cleaning up once the session starts.
- ☐ Assist in distributing Paper Game materials.
- ☐ Assist families in playing the Paper Game (see reverse), checking in regularly to make sure they understand the instructions.
- ☐ Assist in distributing tablets and headphones.
- ☐ Assist families as they log in to the Skillsville Platform and Digital Game (see reverse).
- ☐ Assist in collecting tablets and headphones.
- ☐ Assist in passing out the take-home materials.
- ☐ Assist in cleaning up.

## **PAPER GAME**

Rapid Response

### **GOAL OF THE GAME**

Use the Focus Success Skill to dispatch emergency responders to Beeples.

### **WHAT TO GIVE EACH FAMILY**

Each group gets:

- 1 How To Play Rapid Response sheet
- 1 set of emergency cards, cut
- 1 set of emergency responders cards, cut

### **HOW TO PLAY**

1. Every player gets 3 random emergency cards, face down.
2. Make sure everyone can reach the dispatchers. Don't look down at the cards!
3. Emergency cards show Beeples who need help. Different responders help with different emergencies. Send responders by putting them on the emergency card.
4. You can flip one emergency card at a time and send a responder. The first player to send a correct responder to all their emergencies wins!
5. Some emergencies have more than one correct responder. Ask players to justify their choices after the round is over. If they sent a responder who wouldn't be able to help, remind them to Focus while moving quickly.

## **DIGITAL GAME**

Salon Beats

### **GOAL OF THE GAME**

Use the Focus Success Skill to tap the beat as Beeples get manicures, makeup, and haircuts.

### **HOW TO LOG IN TO TABLETS AND FIND THE DIGITAL GAME**

To log families in to their account on the Skillsville Platform:

1. Tap the Google Chrome Icon on the tablet's homepage, or go to [bit.ly/Skillsville](https://bit.ly/Skillsville).
2. Tap the QR code on the Skillsville Platform homepage to sign in.
3. Hold the QR code from their Skillsville ID badge under the camera.
4. If the camera isn't scanning properly, you can also type in the passcode found at the bottom of the ID badge.
5. Open the Focus bundle.
6. Scroll through the activities until you find the Digital Game icon:
7. Tap the Digital Game icon to play the game.



### **HOW YOU CAN HELP FAMILIES**

1. Remind families to use their headphones and splitters so caregivers and children can listen and follow along with the game.
2. To begin gameplay, players tap the star. Then they will place their finger on the hexagon when it glows. If they tap too early or late, it won't count. Children may get frustrated if they can't tap fast enough, so you can remind them that this is an opportunity to grow their Focus Success Skill.



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