THINK DIFFERENTLY ACTIVITY CALENDAR

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
You finished the Think Differently session! Great job!	Find a space where you can move your arms around without touching another person. Do Silly Shakes for 30 seconds. What was that like? Did you enjoy doing that?	Share with a partner: Try something new today! Maybe you can try a new food or try a new activity that you've never done before. What did you try? Would you try it again? Why or why not?	Play a favorite song and make your own silly dance to it. Share your dance with a caregiver or friend. What was it like to share your dance?	Share with a partner: Think about a time where something didn't go as you thought it would. What happened? How did you need to Think Differently when that happened?	Find a space where you can move your arms around without touching another person. Start Silly Shakes just in your feet. Then shake your legs and your feet. Then shake your arms, legs, and feet, then shake your whole body. How do you feel after?	Paper Game: Play the paper game, Changing Constellations.
Caregiver signature	Caregiver signature	Caregiver signature	Caregiver signature	Caregiver signature	Caregiver signature	Caregiver signature