

Therapy Contract

Therapist-Client Agreement

Scope of Therapy

The therapy sessions will focus on addressing the client's mental health needs, personal growth, and well-being as discussed and agreed upon in preliminary consultations.

Confidentiality

All sessions are confidential. Information will only be disclosed in cases where the therapist is legally obligated to do so, such as threats of harm to self or others.

Fees and Payment

- Session Fee: As agreed upon by both therapist and client.
- Payment Terms: Payment should be made at the time of each session, unless other arrangements have been established.

Session Cancellation

Clients are required to provide at least 24-hour notice for any cancellations. Failure to do so may result in a cancellation fee.

Termination of Therapy

Either party may choose to terminate this agreement at any time with reasonable notice, allowing for a respectful closure to therapy sessions.

Client's Consent

By attending therapy sessions, the client agrees to abide by the terms outlined in this agreement.