

Smooth Talk Challenge: Sentence Builders

Requirements

Sentence starter cards

Picture cards (various scenes/objects)

Timer

Dry-erase board or paper

Marker or pen

Instructions

Introduction (5 minutes): Explain to the client(s) that they will be participating in a "Smooth Talk Challenge" to practice smooth and fluent speech. Briefly review fluency-enhancing techniques they have learned previously (e.g., easy onset, light articulatory contacts, pausing).

Sentence Starter & Picture Card Match (10 minutes): Present a sentence starter card to the client. Then, have the client select a picture card. The client must create a complete sentence using the sentence starter and describing the picture.

Fluent Sentence Delivery (10 minutes): The client should focus on using fluency techniques while delivering the sentence. Gently remind them to use strategies like easy onset or light articulatory contacts if needed. Offer positive reinforcement for their effort.

Recording and Review (5 minutes): Briefly write down the sentence on the dry-erase board/paper. You can also add quick notes about fluency breakdowns or successes observed during the sentence delivery. Use this information for later review with the therapist.