

Story Spark Relay: Fluency Fun!

Requirements

Picture cards (various themes)

Timer

Optional: Whiteboard or paper for jotting ideas

Pencils

Instructions

Introduction (5 minutes): Begin by explaining the activity. "Today we're going to play a game called 'Story Spark Relay'. We'll be using picture cards to create a story together, one sentence at a time. We'll focus on speaking smoothly and using our best conversational skills." Briefly review any fluency techniques the client is working on (e.g., easy starts, light articulatory contacts, slow rate).

Card Selection (2 minutes): Spread the picture cards face down. Have the client choose one card to begin the story.

Sentence Relay - Round 1 (8 minutes): Set the timer for 4 minutes. The client starts the story based on the picture, saying one sentence. Encourage them to use their fluency techniques. Then, the assistant adds the next sentence, continuing the story. Take turns, one sentence at a time, until the timer goes off. The goal is to build a cohesive and engaging story while focusing on fluency. If the client experiences a disfluency, gently prompt them to use their fluency techniques.

Card Selection - Round 2 (2 minutes): Have the client select a new picture card. This card can either be used to continue the previous story in a new direction, or to start a brand new story, depending on the client's preference and skill level.

Sentence Relay - Round 2 (8 minutes): Reset the timer for another 4 minutes. Repeat the sentence relay process as in Round 1, focusing on conversational skills and fluency techniques.

Wrap Up & Review (5 minutes): After the second round, discuss the stories created. Ask the client:

"What did you like about the story?"

"Did you find it easier or harder to use your fluency techniques during the activity?"

"What fluency techniques did you use today?" Provide positive reinforcement and specific feedback on their fluency and conversational skills. If using a whiteboard or paper, quickly jot down 1-2 observations to share with the therapist.