

## **"Conversation Starters Jar"**

### **Requirements:**

Jar or container

Slips of paper with conversation starter questions written on them (see examples below)

Timer

### **Instructions:**

**Introduction (5 minutes):** Explain to the group that they will be practicing their conversational skills using a "Conversation Starters Jar." Emphasize active listening and asking follow-up questions.

### **Conversation Rounds (20 minutes):**

One person picks a question from the jar and reads it aloud.

That person answers the question.

Others in the group ask follow-up questions related to the answer.

Rotate roles – next person picks a new question.

Set a timer for 3-4 minutes per question to ensure everyone gets a turn.

**Wrap-up (5 minutes):** Briefly discuss what they learned about each other and what they found challenging or enjoyable about the activity.

### **Example Conversation Starters:**

"If you could have any superpower, what would it be and why?"

"What is your favorite hobby?"

"What is a place you'd love to travel to?"

"What is your favorite thing about the current season?"

"Tell me about a time you helped someone."