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## SECTION MENU

### STUDENT LIFE / COUNSELING & PSYCHOLOGICAL SERVICES

[Counseling & Psychological Services](#)

[Helping Students Thrive](#)

[The Counseling and Psychological Services \(CAPS\) office believes that students are strong](#)

[Our Stance on Diversity, Equity, and Inclusion](#)

[CAPS strives to be a safe and affirming place for all students at the University of New Haven](#)

[Services Offered](#)

[CAPS offer individual counseling, support group offerings, group counseling, support and](#)

<https://titanium-web.newhaven.edu/TitaniumWeb-CC/>.

[In person and virtual appointments are offered throughout the school year.](#)

[Off Campus Providers](#)

[CAPS is also partnered with Thriving Campus, a network that helps college students connect](#)

[For more information, please see this downloadable flyer.](#)

## CONTACT US

[Counseling and Psychological Services](#)

Charger Plaza, Bldg. B, Ste. 111

Call: (203) 932-7333

Fax: (203) 931-6082

Email: Paige Bartels, Director: [PBartels@newhaven.edu](mailto:PBartels@newhaven.edu)

#### SEMESTER HOURS:

Monday-Friday, 8:30 a.m.-4:30 p.m.

#### RESOURCES FOR CURRENT STUDENTS

CAPS on myCharger

#### EMERGENCIES

Sometimes situations arise that are considered crises or emergencies. The following departments can help:

Counseling Center: (203) 932-7333

Dean of Students: (203) 932-7432

Health Services: (203) 932-7079

Residential Life: (203) 932-7076

University Police: (203) 932-7070

Here is a first-person look at what you can expect for your first appointment with the Counseling Center. We're here to help.

The dedicated clinicians and staff working in Counseling and Psychological Services at the University of New Haven can help you.

Meet Our Team

Weekly Support Groups

Counseling and Psychological Services hold weekly support groups for students on campus.

#### GET SOCIAL

Follow CAPS on Instagram!

Our Instagram page is a great way to stay connected with Counseling and Psychological Services.

CAPS on Instagram

## HELPFUL LINKS

Counseling & Psychological Services

Meet Our Team

Information for Parents

Appointments and Confidentiality

Frequently Asked Questions

CAPS on myCharger (current students)

UNIVERSITY OF NEW HAVEN

300 BOSTON POST ROAD

WEST HAVEN, CT 06516

(203) 932-7000

(800) 342-5864

Admissions

News and Media

Campus Locations and Maps

Public Safety

Library

Employment

Give

Faculty & Staff Directory

Emergency Notifications

Strategic Plan

Information Technology Support

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