

BLOCK	STEPS	SIMULATED
Scout Scan		
Ultrasound machine	The ultrasound machine is appropriately positioned within the room to allow uninterrupted view of patient, ultrasound screen and patient monitor (Figure 2).	
	The ultrasound machine is turned on and the appropriate probe, scanning mode and scan parameters are selected:	
	1. On/Off button 2: B-Mode 3: Linear high frequency transducer 4: Scan depth 3 cm – 5 cm	
Probe orientation and preparation	The user picks up the ultrasound probe and correctly orientates both, probe and screen sidedness.	
	The user applies ultrasound gel to the probe footprint.	
Ultrasonography	The user places the ultrasound probe in the correct orientation on the appropriate anatomical area to obtain a cross sectional view of the relevant anatomy.	
	The user carries out a PART manoeuvre (adjusts probe Pressure, Alignment, Rotation and Tilt) to optimise the image.	
	The user correctly identifies the relevant vascular, muscular, fascial and neural sono-anatomy visible on the ultrasound screen.	
	The user identifies the anatomy, needle insertion point and desired needle path that is necessary to perform ultrasound-guided femoral block.	