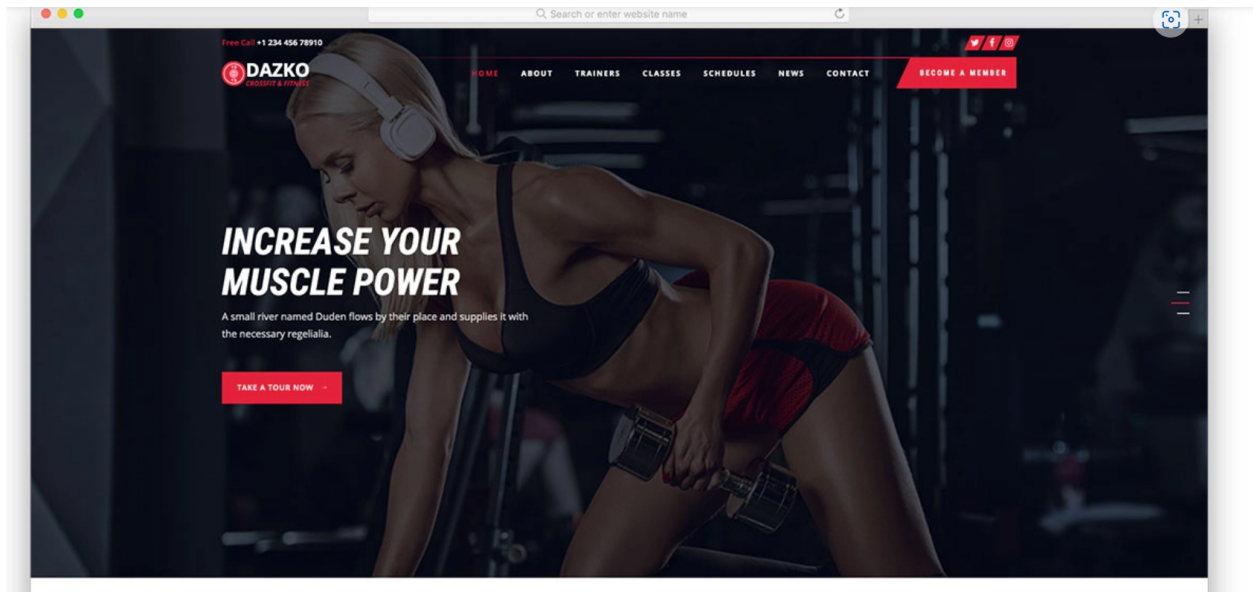


PLAN FOR ASSIGNMENT 3

My plan is to make a gym weight goal tracker that can track the progress of the weight of people. It is used by employees or trainers who want to keep track of their clients. The database includes the name, age, gender, height, weight and weight goal. The name, age, gender and height all affects how a person can perform and lose weight so that is why I choose those. I wanted the splash page to be motivational and i searched some quotes and gym motivational things and pictures.



I wanted to do something similar to this where there is a person in front doing some workout and having a quote in front which can inspire people to work out. I plan on using a really strong font that pops out and grabs your attention immediately. I plan to use the color scheme black, red and white as they are really nice to mesh together and it gives a serious yet hard theme relating to fitness and exercise. I want my background color to mainly be close to black and the background images to be close to black to give off the serious vibe and have the red pop out. I also want it to be black so that the quote will grab your attention more as a gym goer.