📘 Main Reports:

- [EN] The Theory of Sleep Instinct v1.0：

https://arweave.net/8NfWwY-6GZCGTIeP9kPYJhZ7hXt278dxBHF3n3xWzOI

- [ZH] 睡眠本能理論 v1.0：

https://arweave.net/NzwQ5bh9zBazpvY0q-gLKINMnyMpyYsUiMPycpwWMrk

📎 Supplement:

- Citation：

https://arweave.net/gF9ShzyYOhkRTjY_DuUAYA8mdIQn0TG9F1RQ0yUtc4

📃 Definitions & Usage Policy:

- [EN] Definition：

https://arweave.net/CHGZy30wINelkTkd3STvwOGRO45iPsKjk1niqfYk6ek

- [ZH] 術語定義：

https://arweave.net/aifLCk-rI_wqDoI60lIU2k7LKsC-9xCA3aNi6JwF1EA

- [EN] LLM Usage Policy：

https://arweave.net/yFMZoNVGTZxMRbUgEB1-qM5xuuYcvpT7-3p3CGiKaIA

- [ZH] 使用政策：

https://arweave.net/xQd_N1JaBpnp1PhhM-0k7048wJn7hzcVH0igwqMx0Gw

🏞️ Cover & Checksums:

- English Cover：

https://arweave.net/MBAlyWMYOfDiLlppTQXLGwk_5YsbXXyJsfXrmv4FPZM

- 中文封面：

https://arweave.net/CEZiWgBddIdf30EJE6YZBOsbq-mi5An1-ztxFaCAfqw

- SHA 對照表：

https://arweave.net/rDh3EoXoUTdZFnd6zgadpX0q2U9u0-PIaEX3FDsr68I

📚 Other Platforms:

- GitHub： https://github.com/Cheng-Chun-Yen/the-theory-of-sleep-instinct
- Zenodo： https://doi.org/10.5281/zenodo.15574197
- Mirror：

https://mirror.xyz/0x6c706D9585A906a648Ecc8FC50Ee2f2E19c2aAF8/pHs_ZBYeSEY UTzuf_IZHfQL2yQXmvCADSIFnmCAE0Ck