#### R01 - Simple linear regression

STAT 587 (Engineering) - Iowa State University

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#### Telomere length

http://www.pnas.org/content/101/49/17312

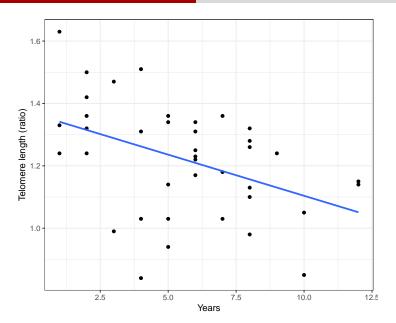
People who are stressed over long periods tend to look haggard, and it is commonly thought that psychological stress leads to premature aging and the earlier onset of diseases of aging.

. . .

This design allowed us to examine the importance of perceived stress and measures of objective stress (caregiving status and chronicity of caregiving stress based on the number of years since a child's diagnosis).

. . .

Telomere length values were measured from DNA by a quantitative PCR assay that determines the relative ratio of telomere repeat copy number to single-copy gene copy number (T/S ratio) in experimental samples as compared with a reference DNA sample.



#### Simple Linear Regression

The simple linear regression model is

$$Y_i \stackrel{ind}{\sim} N(\beta_0 + \beta_1 X_i, \sigma^2)$$

where  $Y_i$  and  $X_i$  are the response and explanatory variable, respectively, for individual i.

Terminology (all of these are equivalent):

response	explanatory
outcome	covariate
dependent	independent
endogenous	exogenous

#### Parameter interpretation

#### Recall:

$$E[Y_i|X_i = x] = \beta_0 + \beta_1 x \qquad Var[Y_i|X_i = x] = \sigma^2$$

- If  $X_i = 0$ , then  $E[Y_i | X_i = 0] = \beta_0$ .  $\beta_0$  is the expected response when the explanatory variable is zero.
- If  $X_i$  increases from x to x+1, then

$$E[Y_i|X_i = x + 1] = \beta_0 + \beta_1 x + \beta_1 - E[Y_i|X_i = x] = \beta_0 + \beta_1 x = \beta_1$$

 $\beta_1$  is the expected increase in the response for each unit increase in the explanatory variable.

 $\bullet$   $\sigma$  is the standard deviation of the response for a fixed value of the explanatory variable.

Remove the mean:

$$Y_i = \beta_0 + \beta_1 X_i + e_i$$
  $e_i \stackrel{iid}{\sim} N(0, \sigma^2)$ 

So the error is

$$e_i = Y_i - (\beta_0 + \beta_1 X_i)$$

which we approximate by the residual

$$r_i = \hat{e}_i = Y_i - (\hat{\beta}_0 + \hat{\beta}_1 X_i)$$

The least squares (minimize  $\sum_{i=1}^{n} r_i^2$ ), maximum likelihood, and Bayesian estimators are

$$\begin{array}{ll} \hat{\beta}_1 &= SXY/SXX \\ \hat{\beta}_0 &= \overline{Y} - \hat{\beta}_1 \overline{X} \\ \hat{\sigma}^2 &= SSE/(n-2) \end{array} \quad \text{df} = n-2 \end{array}$$

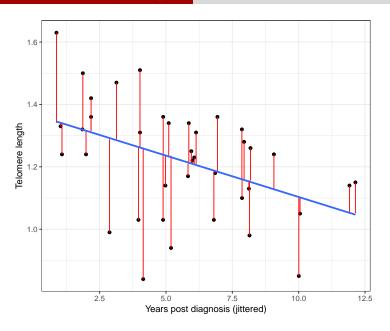
$$\overline{X} = \frac{1}{n} \sum_{i=1}^{n} X_i$$

$$\overline{Y} = \frac{1}{n} \sum_{i=1}^{n} Y_i$$

$$SXY = \sum_{i=1}^{n} (X_i - \overline{X})(Y_i - \overline{Y})$$
  

$$SXX = \sum_{i=1}^{n} (X_i - \overline{X})(X_i - \overline{X}) = \sum_{i=1}^{n} (X_i - \overline{X})^2$$
  

$$SSE = \sum_{i=1}^{n} r_i^2$$



How certain are we about  $\hat{\beta}_0$  and  $\hat{\beta}_1$  being equal to  $\beta_0$  and  $\beta_1$ ?

We quantify this uncertainty using their standard errors and posterior standard deviations:

$$SE(\hat{\beta}_0) = \hat{\sigma}\sqrt{\frac{1}{n} + \frac{\overline{X}^2}{(n-1)s_X^2}} \qquad df = n-2$$

$$SE(\hat{\beta}_1) = \hat{\sigma}\sqrt{\frac{1}{(n-1)s_X^2}} \qquad df = n-2$$

$$s_X^2 = SXX/(n-1)$$

$$s_Y^2 = SYY/(n-1)$$

$$SYY = \sum_{i=1}^n (Y_i - \overline{Y})^2$$

$$\begin{array}{ll} r_{XY} &= \frac{SXY/(n-1)}{s_X s_Y} & \text{correlation coefficient} \\ R^2 &= r_{XY}^2 &= \sum_{i=1}^n (Y_i - \overline{Y})^2 \end{array}$$

The coefficient of determination  $(R^2)$  is the proportion of the total response variation explained by the explanatory variable(s).

#### Pvalues and confidence interval

We can construct 100(1-a)% two-sided confidence intervals via

$$\hat{\beta}_0 \pm t_{n-2,1-a/2} SE(\hat{\beta}_0) \qquad \text{and} \qquad \hat{\beta}_1 \pm t_{n-2,1-a/2} SE(\hat{\beta}_1).$$

We can compute one-sided pvalues, e.g.  $H_0: \beta_0 \geq b_0$  has

$$p$$
-value  $=P\left(T_{n-2}<rac{\hat{eta_0}-b_0}{SE(\hat{eta_0})}
ight)$ 

and  $H_0: \beta_1 \geq b_1$  has

$$p ext{-value} = P\left(T_{n-2} < rac{\hat{eta}_1 - b_1}{SE(\hat{eta}_1)}
ight).$$

# Posterior distributions, credible intervals, and posterior probabilities

If we assume the default prior  $p(\beta_0,\beta_1,\sigma^2) \propto 1/\sigma^2$ , then the marginal posteriors for the mean parameters are

$$\beta_0|y\sim t_{n-2}(\hat{\beta}_0,SE(\hat{\beta}_0)^2) \qquad \text{and} \qquad \beta_1|y\sim t_{n-2}(\hat{\beta}_1,SE(\hat{\beta}_1)^2).$$

We can construct 100(1-a)% two-sided confidence/credible intervals via

$$\hat{\beta}_0 \pm t_{n-2,1-a/2} SE(\hat{\beta}_0) \qquad \text{and} \qquad \hat{\beta}_1 \pm t_{n-2,1-a/2} SE(\hat{\beta}_1).$$

We can compute posterior probabilities via

$$P(\beta_0 < b_0 | y) = P\left(T_{n-2} < \frac{\hat{\beta}_0 - b_0}{SE(\hat{\beta}_0)}\right) P(\beta_1 < b_1 | y) = P\left(T_{n-2} < \frac{\hat{\beta}_1 - b_1}{SE(\hat{\beta}_1)}\right)$$

which are exactly the one-sided p-values.

### Calculations "by hand" in R

```
Telomeres = abd::Telomeres
n <- nrow(Telomeres)
Xbar <- mean(Telomeres$vears)</pre>
Ybar <- mean(Telomeres$telomere.length)
s_X <- sd(Telomeres$years)</pre>
s Y <- sd(Telomeres$telomere.length)
r_XY <- cor(Telomeres$telomere.length, Telomeres$years)
SXX \leftarrow (n-1)*s X^2
SYY <- (n-1)*s Y^2
SXY \leftarrow (n-1)*s_X*s_Y*r_XY
beta1 <- SXY/SXX
beta0 <- Ybar - beta1 * Xbar
R2 <- r_XY^2
SSE \leftarrow SYY*(1-R2)
sigma2 \leftarrow SSE/(n-2)
sigma <- sqrt(sigma2)
SE_beta0 <- sigma*sqrt(1/n + Xbar^2/((n-1)*s_X^2))
SE beta1 <- sigma*sgrt(
                                            1/((n-1)*s X^2))
```

## Calculations "by hand" in R (continued)

```
# 95% CI for beta0
beta0 + c(-1,1)*qt(.975, df = n-2) * SE_beta0
[1] 1.251761 1.483603
# 95% CI for beta1
beta1 + c(-1,1)*qt(.975, df = n-2) * SE_beta1
[1] -0.044785794 -0.007962836
# pvalue for HO: beta0 >= 0 and P(beta0<0/y)
pt(beta0/SE beta0, df = n-2)
Γ17 1
# pvalue for H1: beta1 >= 0 and P(beta1<0/y)
pt(beta1/SE_beta1, df = n-2)
Γ17 0.003102353
```

#### Calculations by hand

```
\begin{array}{lll} SXX & = (n-1)s_{\frac{N}{2}}^2 = (39-1)\times 2.9354274^2 = 327.4358974 \\ SYY & = (n-1)s_{Y}^2 = (39-1)\times 0.1797731^2 = 1.2280974 \\ SXY & = (n-1)s_Xs_Yr_{XY} = (39-1)\times 2.9354274\times 0.1797731\times -0.4306534 = -8.6358974 \end{array}
        SXX
                       = SXY/SXX = -8.6358974/327.4358974 = -0.0263743
                       =\overline{Y}-\hat{\beta}_1\overline{X}=1.2202564-(-0.0263743)\times 5.5897436=1.3676821
                       =r_{YY}^2 = (-0.4306534)^2 = 0.1854624
                       = \widehat{SYY}(1 - R^2) = 1.2280974(1 - 0.1854624) = 1.0003316
         SSE
                      = SSE/(n-2) = 1.0003316/(39-2) = 0.027036
                       =\sqrt{\hat{\sigma}^2}=\sqrt{0.027036}=0.1644262
                     = \hat{\sigma} \sqrt{\frac{1}{n} + \frac{\overline{X}^2}{(n-1)s_{\infty}^2}} = 0.1644262 \sqrt{\frac{1}{39} + \frac{5.5897436^2}{(39-1)*2.9354274^2}} = 0.0572111
     SE(\hat{\beta}_0)
    SE(\hat{\beta}_1) \quad = \hat{\sigma} \sqrt{\frac{1}{(n-1)s_x^2}} = 0.1644262 \sqrt{\frac{1}{(39-1)*2.9354274^2}} = 0.0090867
 \begin{array}{ll} p_{H_0:\beta_0=0} & = 2P\left(T_{n-2} < - \left|\frac{\hat{\beta}_0}{SE(\hat{\beta}_0)}\right|\right) = 2P(t_{37} < -23.9058799) = 4.2740348 \times 10^{-24} \\ p_{H_0:\beta_1=0} & = 2P\left(T_{n-2} < - \left|\frac{\hat{\beta}_1}{SE(\hat{\beta}_1)}\right|\right) = 2P(t_{37} < -2.9025065) = 0.0062047 \end{array} 
 CI_{95\%\beta_0} = \hat{\beta}_0 \pm t_{n-2,1-a/2} SE(\hat{\beta}_0)
                      = 1.3676821 \pm 2.0261925 \times 0.0572111 = (1.2517613, 1.4836028)
 CI_{95\%\beta_1} = \hat{\beta}_1 \pm t_{n-2,1-a/2} SE(\hat{\beta}_1)
                       = -0.0263743 \pm 2.0261925 \times 0.0090867 = (-0.0447858, -0.0079628)
```

#### Regression in R

```
m = lm(telomere.length~years, Telomeres)
summary (m)
Call:
lm(formula = telomere.length ~ vears, data = Telomeres)
Residuals:
             1Q Median 30
    Min
                                     Max
-0.42218 -0.08537 0.02056 0.10738 0.28869
Coefficients:
           Estimate Std. Error t value Pr(>|t|)
(Intercept) 1.367682 0.057211 23.906 <2e-16 ***
years
          Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
Residual standard error: 0.1644 on 37 degrees of freedom
Multiple R-squared: 0.1855, Adjusted R-squared: 0.1634
F-statistic: 8.425 on 1 and 37 DF, p-value: 0.006205
confint(m)
                2.5 %
                           97.5 %
(Intercept) 1.25176134 1.483602799
          -0.04478579 -0.007962836
years
```

#### Convert between *p*-values and posterior probabilities

For a generic mean parameter  $\beta$ , you can convert between one-sided and two-sided p-values as well as posterior probabilities using the following formulas.

If  $\hat{\beta} > 0$  and p is the p-value for the test  $H_0: \beta = 0$ , then

- p/2 is the p-value for the test  $H_0: \beta \leq 0$ ,
- 1-p/2 is the *p*-value for the test  $H_0: \beta \geq 0$ ,
- $p/2 = P(\beta < 0|y)$ , and
- $1 p/2 = P(\beta > 0|y)$

If  $\hat{\beta} < 0$  and p is the p-value for the test  $H_0: \beta = 0$ , Then

- 1 p/2 is the *p*-value for the test  $H_0: \beta \leq 0$ ,
- p/2 is the p-value for the test  $H_0: \beta \geq 0$ ,
- $1 p/2 = P(\beta < 0|y)$ , and
- $p/2 = P(\beta > 0|y)$ .

#### Conclusion

Telomere length at the time of diagnosis of a child's chronic illness is estimated to be 1.37 with a 95% confidence interval of (1.25, 1.48). For each year since diagnosis, the telomere length decreases by 0.026 with a 95% confidence interval of (0.008, 0.045) on average. The proportion of variability in telomere length described by years since diagnosis is 18.5%.

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The zero-order correlation between chronicity of caregiving [years] and mean telomere length, r,is -0.445 (P < 0.01). [ $R^2=0.198$  was shown in the plot.]

Remark I'm guessing our analysis and that reported in the paper don't match exactly due to a discrepancy in the data.

#### Summary

The simple linear regression model is

$$Y_i \stackrel{ind}{\sim} N(\beta_0 + \beta_1 X_i, \sigma^2)$$

where  $Y_i$  and  $X_i$  are the response and explanatory variable, respectively, for individual i.

- Know how to use R to obtain  $\hat{\beta}_0$ ,  $\hat{\beta}_1$ ,  $\hat{\sigma}^2$ ,  $R^2$ , pvalues, Cls, etc.
- Interpret R output
  - At a value of zero for the explanatory variable  $(X_i = 0)$ ,  $\beta_0$  is the expected value for the response  $(Y_i)$ .
  - For each unit increase in the explanatory variable value,  $\beta_1$  is the expected increase in the response.
  - At a constant value of the explanatory variable,  $\sigma^2$  is the variance of the responses.
  - The coefficient of determination  $(R^2)$  is the percentage of the total response variation explained by the explanatory variable(s).

#### What is E[Y|X=x]?

We know  $\beta_0 = E[Y|X=0]$ , but what about X=x?

$$E[Y|X=x] = \beta_0 + \beta_1 x$$

which we can estimate via

$$\widehat{E[Y|X=x]} = \hat{\beta}_0 + \hat{\beta}_1 x$$

but there is uncertainty in both  $\beta_0$  and  $\beta_1$ . So the standard error of E[Y|X=x] is

$$SE(E[Y|X=x]) = \hat{\sigma}\sqrt{\frac{1}{n} + \frac{(\overline{X}-x)^2}{(n-1)s_X^2}}$$

and a 100(1-a)% confidence interval is

$$\hat{\beta}_0 + \hat{\beta}_1 x \pm t_{n-2,1-a/2} SE(E[Y|X=x])$$

#### What do we predict about Y at X = x?

On the last slide, we calculated E[Y|X=x] and it's uncertainty, but if we are trying to predict a new observation, we need to account for the sampling variablity  $\sigma^2$ . Thus a prediction about Y at a new X=x is still

$$Pred\{Y|X=x\} = \hat{\beta}_0 + \hat{\beta}_1 x$$

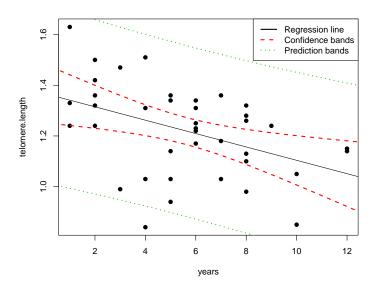
but the uncertainty includes the variability due to  $\sigma^2$ . So the standard error of  $Pred\{Y|X=x\}$  is

$$SE(Pred{Y|X = x}) = \hat{\sigma}\sqrt{1 + \frac{1}{n} + \frac{(\overline{X} - x)^2}{(n-1)s_X^2}}$$

and a 100(1-a)% prediction interval is

$$\hat{\beta}_0 + \hat{\beta}_1 x \pm t_{n-2,1-a/2} SE(Pred\{Y|X=x\}).$$

#### Confidence and prediction intervals for different values of X



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#### Shifting the intercept

The intercept  $(\beta_0)$  is the expected response when the explanatory variable is zero.

So, if we change our explanatory variable, we change the interpretation of our intercept, e.g. if, instead of using number of years since diagnosis, we use "number of years since diagnosis minus 4", then our intercept is the expected response at 4 years since diagnosis.

Let x be number of years since diagnosis, then

$$E[Y|X = x] = \tilde{\beta}_0 + \tilde{\beta}_1(x - 4) = (\beta_0 - 4\beta_1) + \beta_1 x$$

so our new parameters for the mean are

- intercept  $\tilde{\beta}_0 = (\beta_0 4\beta_1)$  and
- slope  $\tilde{\beta}_1 = \beta_1$  (unchanged).

## Shifting the intercept (continued)

```
m0 = lm(telomere.length ~ years , Telomeres)
m4 = lm(telomere.length ~ I(years-4), Telomeres)
coef(m0)
(Intercept) years
 1.36768207 -0.02637431
coef(m4)
 (Intercept) I(vears - 4)
  1.26218481 -0.02637431
confint(m0)
                 2.5 % 97.5 %
(Intercept) 1.25176134 1.483602799
years
           -0.04478579 -0.007962836
confint(m4)
                  2.5 % 97.5 %
(Intercept) 1.20133473 1.323034890
I(years - 4) -0.04478579 -0.007962836
```