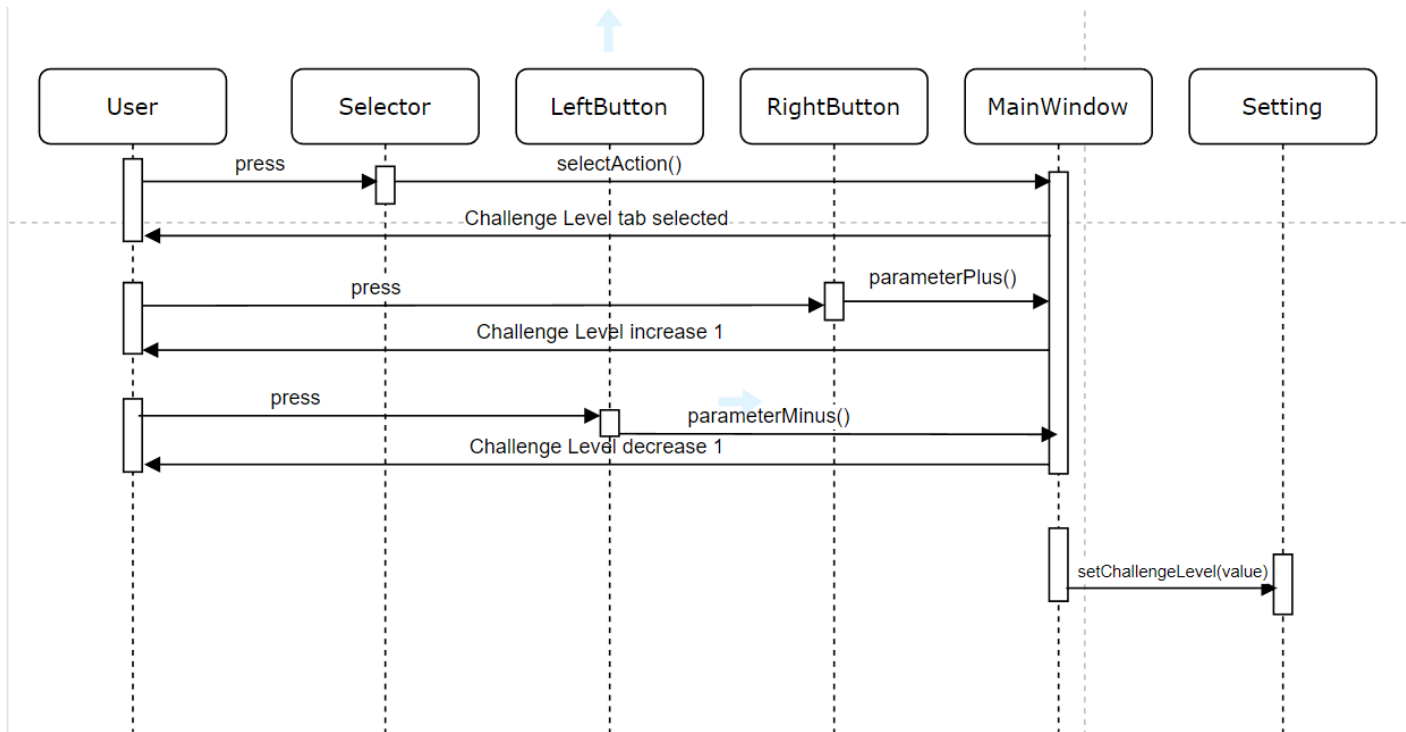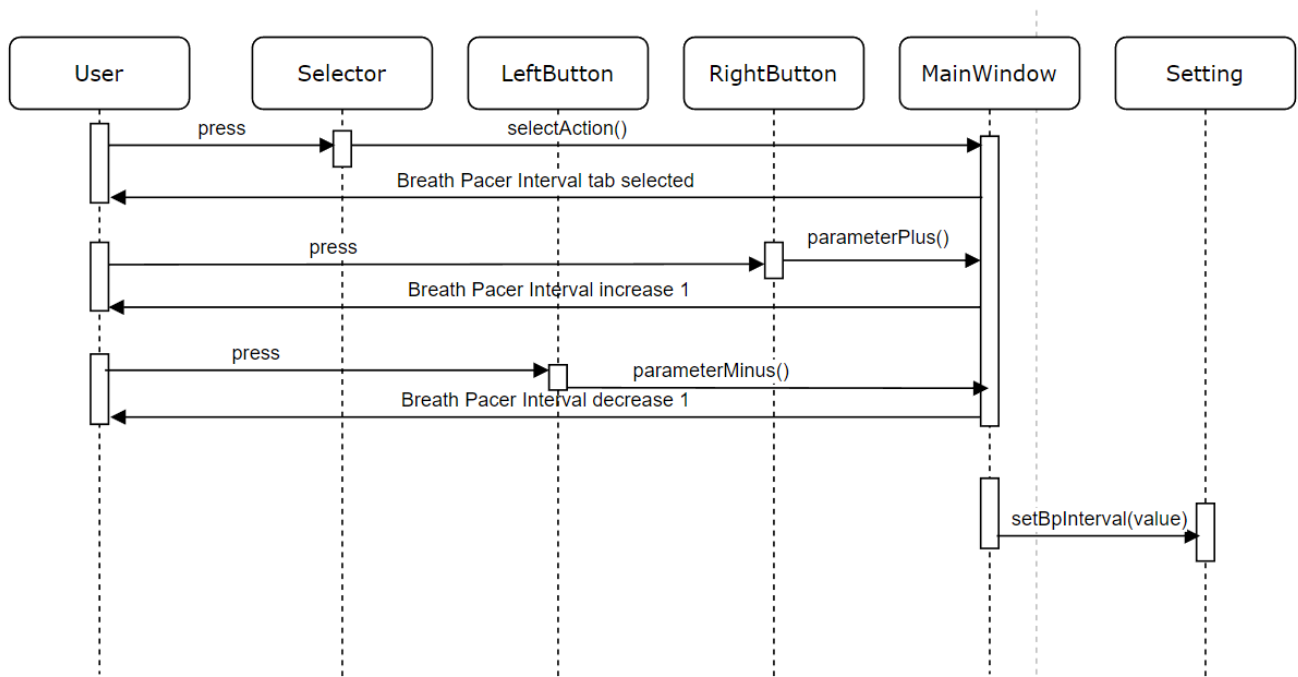**Change Challenge level(Change Challenge level Use Case)**

Explanation:
After entering the 'Setting' tab, The user navigate to the 'Challenge Level' option in the setting tab by pressing 'Selector' button, the user uses left and right buttons to decrease and increase the value of the challenge level.
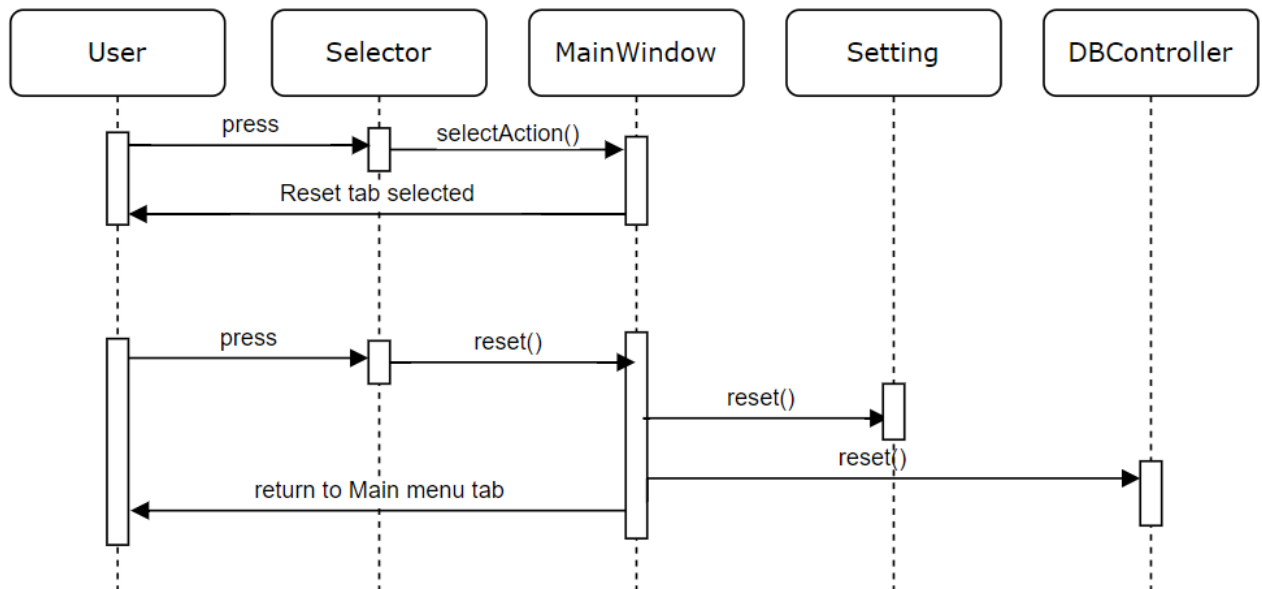
Selects Breathe Pacer(User Selects Breathe Pacer Use Case)

Explanation:
After entering the 'Setting' tab, The user navigate to the 'Breath pacer interval' option in the setting tab, the user uses left and right buttons to decrease and increase the value of the breath pacer interval.

Selects reset(Reset Use Case)

Explanation:
After entering the 'Setting' tab, the user uses the selector button to select the 'Reset' option, database and all settings will be reset to the initial state. Besides, the user interface will return to the main menu.