

UI Mockup



Fig. 1 'Landing' page

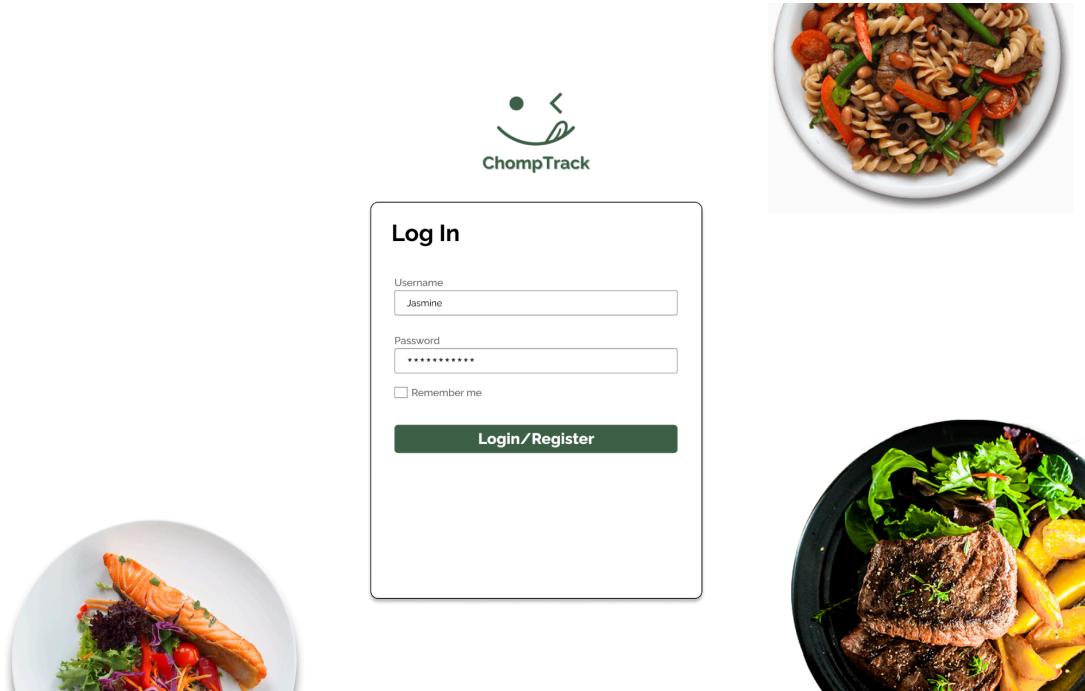


Fig. 2 'Login' page

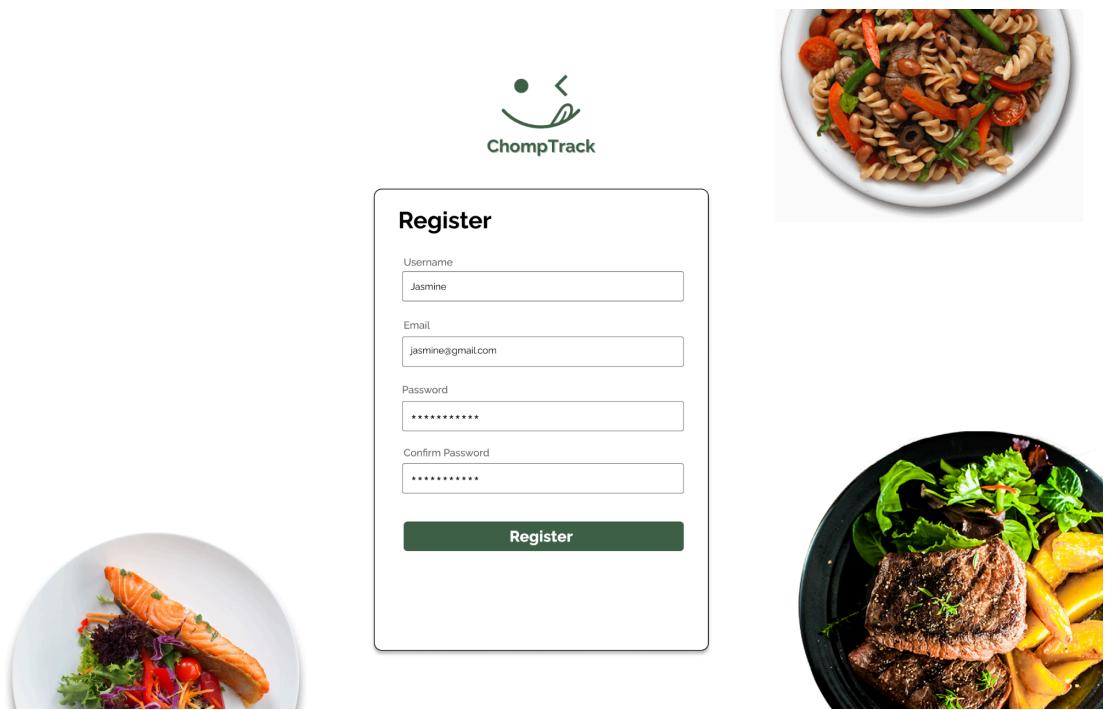


Fig. 3 'Register' page

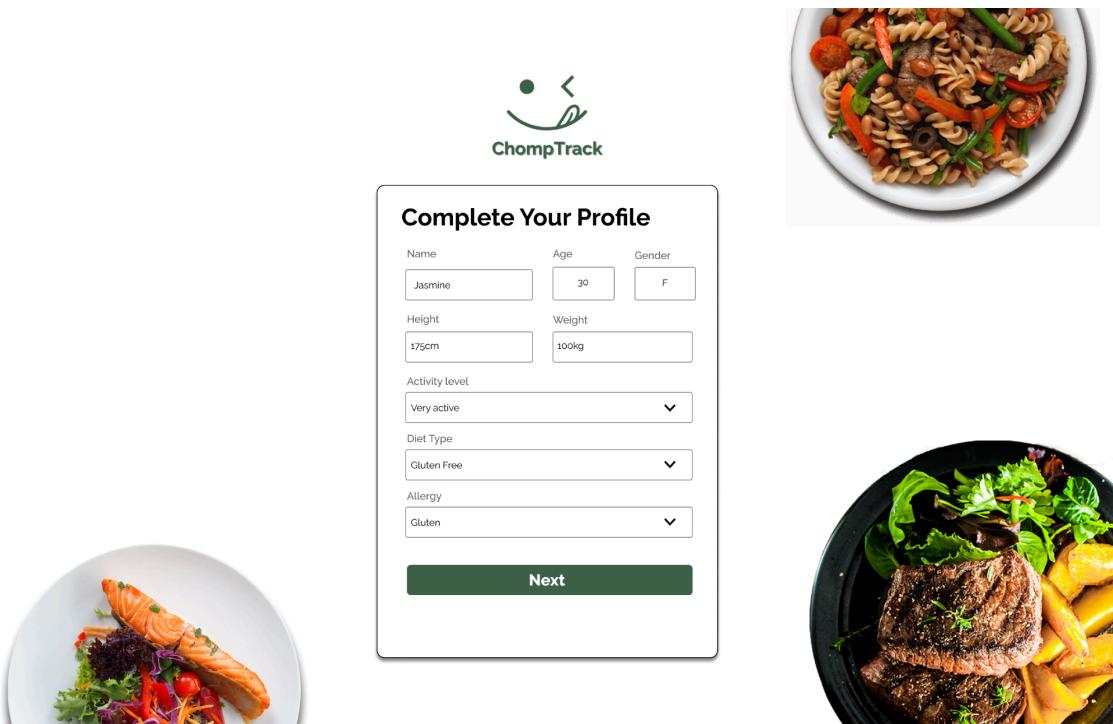


Fig. 4 'Profile creation' page

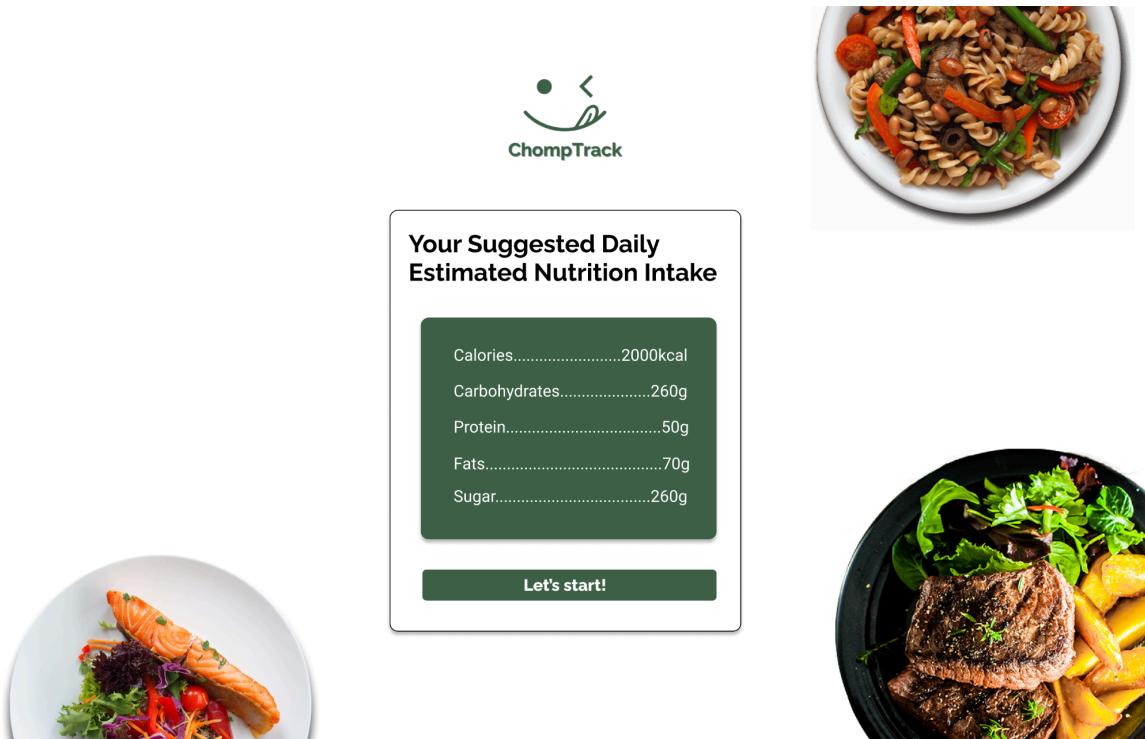


Fig. 5 'Suggested Daily Estimated Nutrition Intake' page

The screenshot shows the 'My Plan' page. At the top is the ChompTrack header with navigation links: My Plan, Discover, Grocery List, History, and a user profile icon.

Hello, Jasmine! (Greeting)

Date: Mon, 11 August 2024

Daily Progress

Four donut charts show progress: Calories (89%), Fats (29%), Protein (65%), and Carbs (81%).

August 11 - August 17

Calendar for the week of August 11-17, with Monday highlighted as the current day.

Meals For The Day!

Breakfast: Japanese-style Pancake (35 Min) - Average rating: 6.8, Estimated cost: \$5.75. Buttons for 'Add' (red X) and 'Remove' (green checkmark).

Lunch: Japanese-style Pancake (35 Min) - Average rating: 6.8, Estimated cost: \$5.75. Buttons for 'Add' (red X) and 'Remove' (green checkmark).

Dinner: No course planned. A green 'Add recipe' button is available.

Your Suggested Estimated Daily Nutrients Intake

Table of suggested daily intake:

Calories.....	2000kcal
Carbohydrates.....	260g
Protein.....	50g
Fats.....	70g
Sugar.....	260g

Fig. 6 'My Plan' page



Gluten-Free Pancakes

Cuisine: American



Taste: 8.5
Skill level required: 4
Estimated Preparation time: 10 minutes
Estimated Cook Time: 30 minutes

Add to Meal Plan

Ingredients:

- 2 tablespoons granulated sugar
- 2 tablespoons vegetable oil
- 1 egg
- 1 teaspoon pure vanilla extract
- 1 cup all-purpose gluten-free flour,
- 1 tablespoon gluten-free baking powder
- 1/4 teaspoons salt
- 3/4 cup milk

Calories.....2000kcal
Carbohydrates.....260g
Protein.....50g
Fats.....70g

Instructions:

1. In a large bowl whisk the egg, granulated sugar, pure vanilla extract, and the vegetable oil together.
2. Add the salt, gluten-free flour and gluten-free baking powder to the egg mixture and mix until fully combined.
3. Stir in milk and mix until smooth. For thinner pancakes stir in 1 to 2 tablespoons of milk.
4. Scoop the batter into a 1/4 cup measuring cup and pour the batter onto a greased griddle or pan for each pancake.
5. Cook the pancakes until the batter starts to bubble a little and the pancakes start to puff. Flip over the pancakes and cook the pancakes until they are golden brown.
6. Top with butter, syrup or favourite topping. Enjoy!

Note: These pancakes can be frozen and reheated in the microwave. To freeze the pancakes, allow them to completely cool and place them on a parchment lined baking sheet and flash freeze them for 10 minutes. Flash freezing them keeps them from sticking together. Once the pancakes are flash frozen, you can remove them from the baking sheet and place them inside a freezer-safe bag or air-tight container.

Fig. 7 'Recipe' page



History

Search....



Sort by

Date

Cost

Overall Ratings

Estimated preparation time

Course Breakfast Lunch Dinner Snacks

Cuisine Western Thai Italian Indian Mexican Japanese Korean Chinese



Healthy Taco Salad with Fresh vegetables

65g carbs 27g proteins

120 Kcal 9g fats

Recipe used on: 04/09/2024
Cuisine Mexican
Overall Ratings 8
Estimated cost \$5.70



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Overall Ratings 8
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Fig. 8 'History' page

The header features the ChompTrack logo with a smiling face icon, followed by the word "ChompTrack" in white. To the right are navigation links: "My Plan", "Discover" (which is underlined in blue), "Grocery List", and "History". On the far right is a purple circular profile icon.

Discover

Filter

- Cost**: \$0-\$10 → \$10-\$20
- Estimated preparation time**: 0-30min → 30-60 minutes
- Cuisine**:
 - Western
 - Italian
 - Mexican
 - Japanese
 - Korean
 - Chinese
 - Thai
 - Indian

Breakfast **Lunch** **Dinner** **Snacks**

Japanese-style Pancake

Cuisine: Japanese
Estimated cost: \$5.75

Fig. 9 'Discover' page

The header features the ChompTrack logo with a smiling face icon, followed by the word "ChompTrack" in white. To the right are navigation links: "My Plan", "Discover", "Grocery List" (which is underlined in blue), and "History". On the far right is a purple circular profile icon.

Item	Quantity	Price
-Chicken breast (500g)-	1	\$6.00
-Fresh fish (300g)-	1	\$10.20
Eggs	6	\$2.50
Milk (1L)	1	\$3.80
Tomatoes (120g)	1	\$0.80
Rice (1kg)	1	\$5.00
Cooking oil (1 liter)	1	\$7.00
Broccoli	input value	\$3.50
Total Cost		\$38.80

Fig. 10 'Grocery List' page

