

# ESSAY WRITING

TargetEnglish

## 1. Ban on Plastic

Plastic is used largely because it is cheap, easy to carry, low cost and light weight but the excessive use of plastic is dangerous to our environment. Plastic bags are major cause of environmental pollution. Plastic as a non-biodegradable substance remain in the environment for hundreds of years polluting immensely so it is extremely essential to ban plastic before it destructs our planet earth completely. Many countries have banned plastic and restricted its usage as it is polluting earth as well as water. Chemicals released by plastic enter the soil and make it infertile and also have negative impact on the living organisms.

As non –biodegradable substances damage the land and even lead to many problems. So public must support plastic ban and it is our responsibility to stop use of plastic. We must keep reminding ourselves about the harmful effects of the plastic and we should develop awareness among the society about the dangers of using plastic. We must use eco friendly alternatives like paper, jute and clothes instead of plastic bags and materials.

The government should spread awareness about harmful effects of plastics by lot of advertisements and hoardings. The Indian government has already implemented ban on plastic but many use the plastic still now so it should be stopped. The strict laws to be adopted to ban plastic and save our mother earth.

### Conclusion:

The problems caused due to use of plastic have not taken serious. If it is continued certainly we will face serious problems. The people don't look at the long term adversities of usage of plastic so it should be avoided and plastic is to be completely banned for our better future.

We should not only spread awareness ,but also we should adopt it in our life practically. All citizens of the country should join hands with government to ban plastic.

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## 2. Importance of Sports and Games:

Sports and games are very important in our life to be active and maintain a good health they teach us how to tackle the difficult situation in our life. They help us to maintain the shape and personality they improve our physical ability and mental efficiency. Sports are the integral part of education without sports and games education is incomplete we can see

many people who made their achievements in sports. It has nice scope and professional career for the sports persons it has ability to give sports persons name, fame and money. Sports and games benefit our body, mind and soul. We can play sports and games daily for our body and mind fitness, enjoyment, etc. Sports & Games

involve both outdoor and indoor.

Outdoor sports and games are football, hockey, volleyball, baseball, cricket, tennis, khokho, kabaddi, etc and indoor games are carom, cards, chess, table tennis, etc. Sports & Games are very useful to us as they teach us punctuality, patience, discipline, team work, dedication, confidence, good health. Etc. It makes us physically fit and mentally comfort to deal any situation in life.

### **Conclusion:**

Sports and games help in developing good values and habits. They contribute us to build our character. Involving in sports and games, we can be more active and healthy.

As the proverb says 'Strong Mind in a Strong Body', sports and games provide us strong body and strong mind.

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### **3.Mobile Phones/Smart Phones:**

Today technological developments have made our life easy. We use mobiles for every purpose in all fields. With the help of mobiles we can easily talk or video chat with anyone across the globe. These mobiles operate many functions so they are called smart phones.

In ancient days if we need to send any information to our friends or relatives we needed to write letter or use telegram which is waste of time and money. But nowadays we can send any information just moving fingers with low cost in a short time using mobiles.

#### **Merits:**

- Mobiles are store house of knowledge. With help of mobile phones we can browse or access many new information within a short time.
- With the help of mobiles we can get connected with the world.
- Mobile phones are source of entertainment, we may listen music, news, watch videos, programs, sports and films.
- We can send documents, videos, SMS to anywhere in the world.
- Through mobile banking we can send money, accept money and operate our accounts.
- Through online shopping we can sell and buy things through mobile.

#### **Demerits:**

- Mobile makes us non communicable, we lose our physical meeting with our friends and relatives.
- Waste of time due to using mobiles we don't have time to talk or eat with friends and family members.
- Cyber crimes are increased by the mobiles.
- Reading habit is decreased due to mobiles.

### **Conclusion:**

Mobile has its own merits and demerits but it depends on how we use. We should use it properly, if we use it properly we can get many advantages and it makes our life easy and happy.

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### **4.Uses of computers:**

Computer is an electronic device which calculate, stores, performs logical functions. 21<sup>st</sup> century is called as 'The Age of Computers'. Computer was invented by Charles Babbage. Computers are used in many fields so today they are part of our life.

Computer calculates, stores, edits and preserves the data for long periods. We can contact and information through internet from any part of the world within no time. Computer is popular for its speed accuracy and storage capacity. They are widely used in many fields of science and technology, banking, education.etc. They are used in scientific laboratories and in industries. They also used in railway stations, bus stations, airports for ticket reservation and cracking. They are used in hospitals office and schools for teaching and maintaining records. Computers are used in the field of education.

Computer aided instruction is becoming very popular now. Teachers are using computers instead of chalk and board for teaching. Such digital lessons attract the students and make learning more interesting and effective.

### **Conclusion:**

Thus the computers are very useful in many ways. The knowledge of computer is very essential for everyone, so computers should be made compulsory in schools and colleges