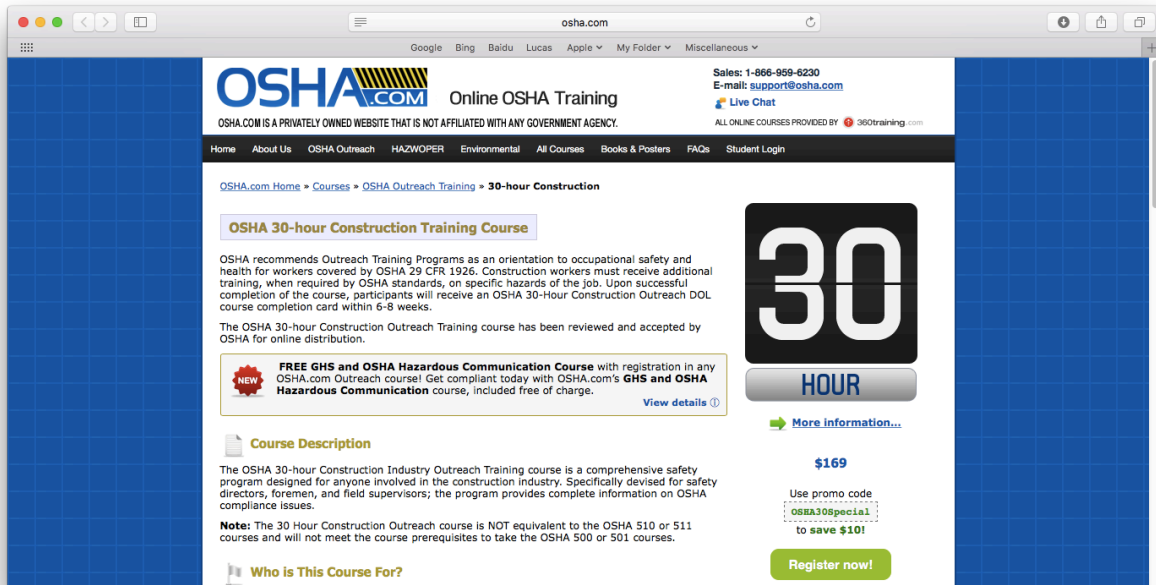


OSHA Training Tutorial

Prepared by Lucas Li
18 Jan 2018

1. Go to OSHA.COM for the 30-hour Construction Training Course.
<http://www.osha.com/courses/30-hour-construction.html>
Click "Register now" to start your OSHA journey.

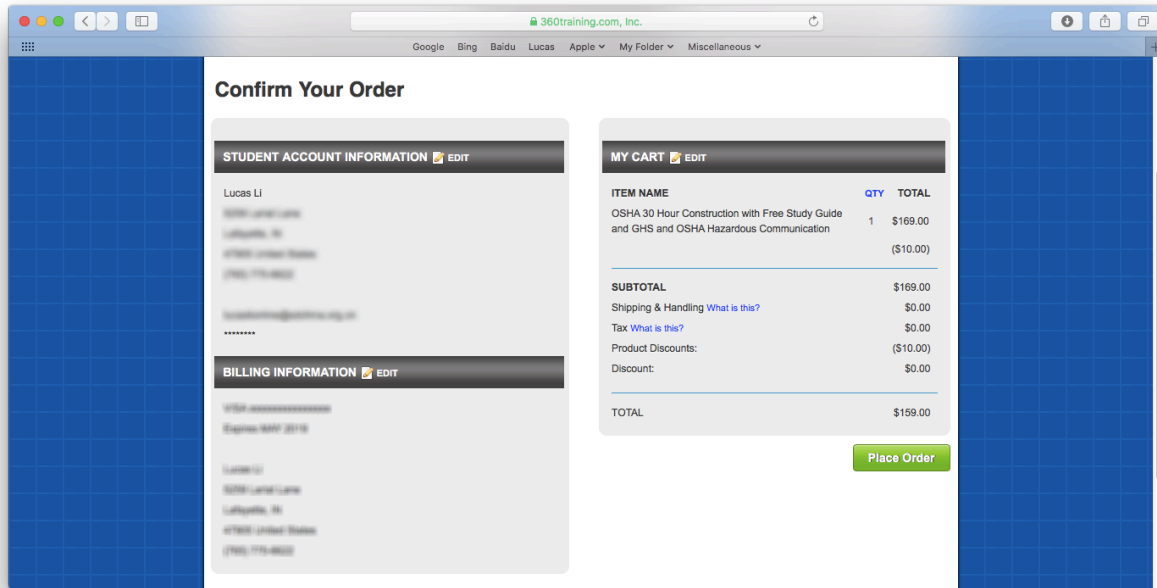


2. Fill out all required Account & Billing Information.
 - a. Random phone number is acceptable.
 - b. Input the promo code "OSHA30Special" and click "apply discount" to save you \$10. The total charge shall be **\$159**.

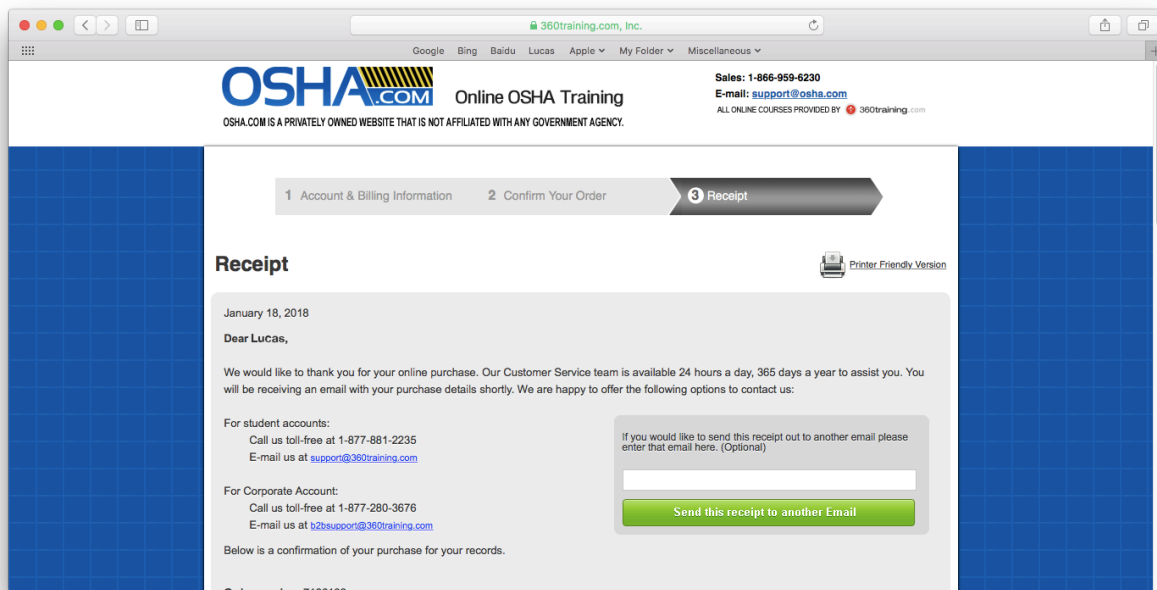
The screenshot shows the "Account & Billing Information" form. The form is divided into two main sections: "ACCOUNT INFORMATION" and "MY CART". The "ACCOUNT INFORMATION" section includes fields for Title, First Name, Last Name, Street address, City, ZIP code/Postal code, State/Province, Country/Region, Phone number, E-mail, and Re-enter Email. The "MY CART" section displays the items in the cart, including the OSHA 30 Hour Construction with Free Study Guide and GHS and OSHA Hazardous Communication. The subtotal is \$169.00, and the total is \$159.00 after applying the promo code "OSHA30Special". A "Review Order" button is visible at the bottom right.

Click "Review Order" to proceed.

3. If everything looks right, click “Place Order” to check out.



4. Done with purchase. You may print out your receipt or save it as PDF from "Printer Friendly Version".



5. Now you are ready for the OSHA training. There are several ways to log in to your courses:
- Scroll down current page and you'll find a link "CLICK HERE TO BEGIN YOUR COURSES".

The screenshot shows a web browser window with the address bar displaying "360training.com, Inc.". The page has a blue sidebar on the left and a main content area with three sections: "STUDENT ACCOUNT INFORMATION:", "BILLING INFORMATION:", and "SHIPPING INFORMATION:". Each section contains personal details and a "CLICK HERE TO BEGIN YOUR COURSES" link.

STUDENT ACCOUNT INFORMATION:

Username : julien@360training.com
password : *****
Training Login : [CLICK HERE TO BEGIN YOUR COURSES](#)

BILLING INFORMATION:

Name: Julien Ju
Street Address: No. 18-Puchang Road Oriental New District
Address (City, State, Zip): Shenyang Liaoning 110136
Country: China
Phone: (155) 442-1149
Email: julien@360training.com

SHIPPING INFORMATION:

Name: Julien Ju
Street Address: No. 18-Puchang Road Oriental New District
Address (City, State, Zip): Shenyang Liaoning 110136
Country: China
Phone: (155) 442-1149
Email: julien@360training.com

- Log in from the home page by clicking "Student Login", or from the login page at: <https://www.osha.com/login/>

The screenshot shows the "Student Login" page on the OSHA.com website. The page includes a navigation bar, a header with the OSHA.com logo and contact information, and a main content area with a login form, important information for students, and a footer with various links and social media icons.

OSHA.com Online OSHA Training
OSHA.COM IS A PRIVATELY OWNED WEBSITE THAT IS NOT AFFILIATED WITH ANY GOVERNMENT AGENCY.

Sales: 1-866-959-6230
E-mail: support@osha.com
Live Chat
ALL ONLINE COURSES PROVIDED BY 360training.com

Home About Us OSHA Outreach HAZWOPER Environmental All Courses Books & Posters FAQs Student Login

OSHA.com Home » Student Login

Student Login

Please enter your Username and Password below.

Username or Email Address
 Password

[Forgot password?](#)

Important Information for Students

Student Email Support: support@osha.com
Student Telephone Support: 1-800-442-1149
Outreach Trainer: [Matt Luman](#)

Got questions? Get answers.
Sales: 1-866-959-6230
Student Support: 1-877-881-2235
E-mail: support@osha.com
Live Chat

OSHA.com

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- Student Login

OSHA Outreach Training

- OSHA 10-hour Construction
- OSHA 30-hour Construction
- OSHA 10-hour General Ind.
- OSHA 30-hour General Ind.

HAZWOPER Training

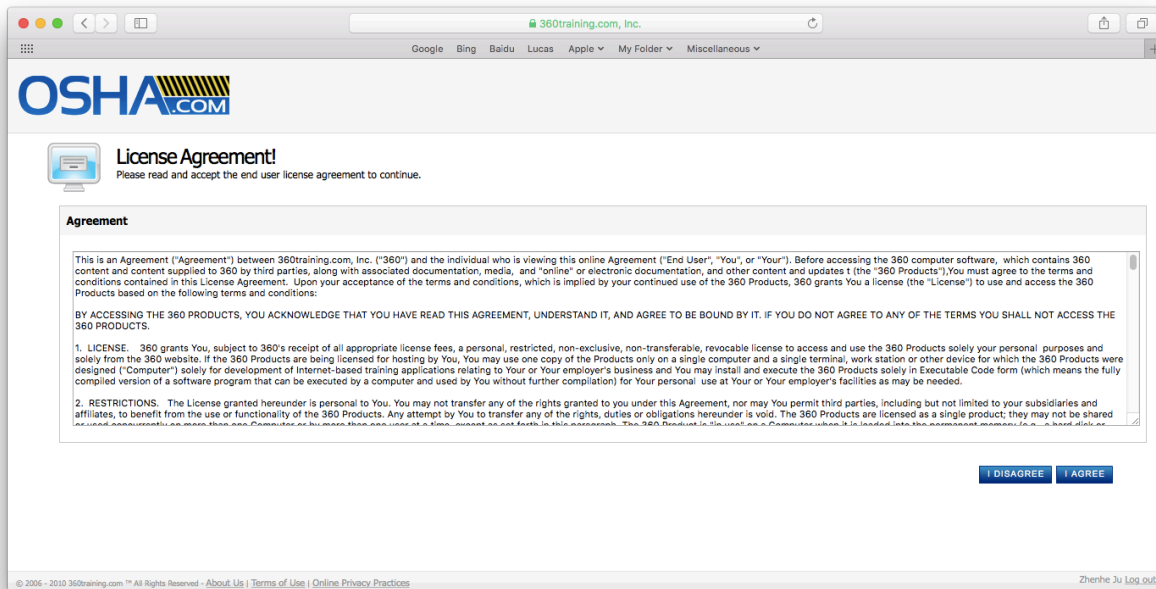
- HAZWOPER 8-hour
- HAZWOPER 24-hour
- HAZWOPER 40-hour

Environmental Courses

OSHA.com is a privately operated site offering online OSHA training and is in no way affiliated with the OSHA website available at <http://osha.gov>. OSHA.com's Outreach training courses are accredited by OSHA and powered by 360training. OSHA Outreach Trainer - **Matt Luman**

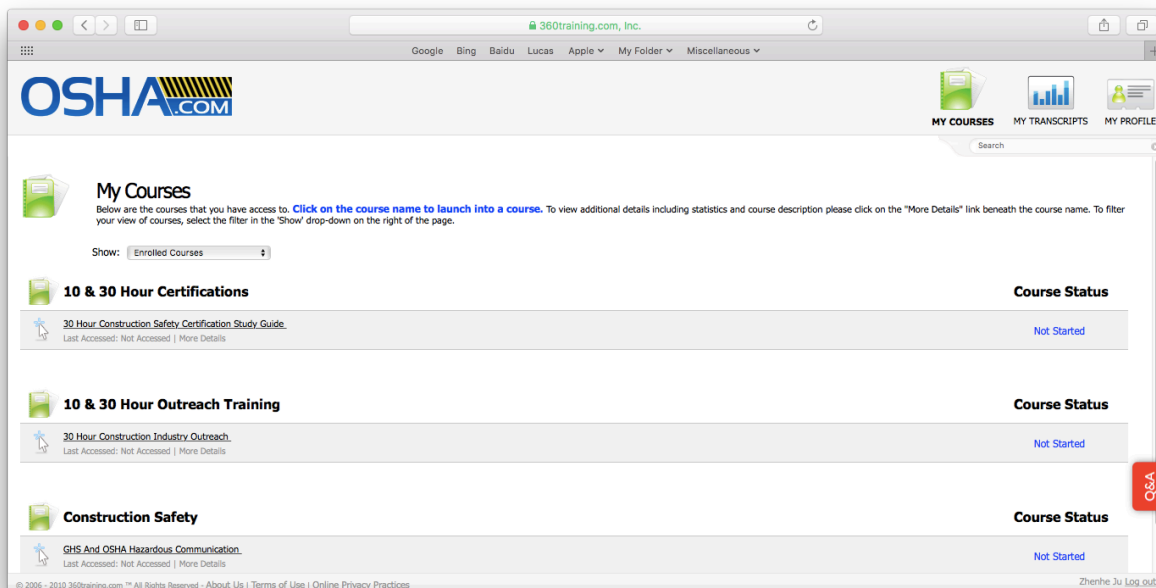
360training.com OSHA Outreach Provider
The OSHA Outreach Courses are provided by 360training.com

6. Agree the license to proceed.

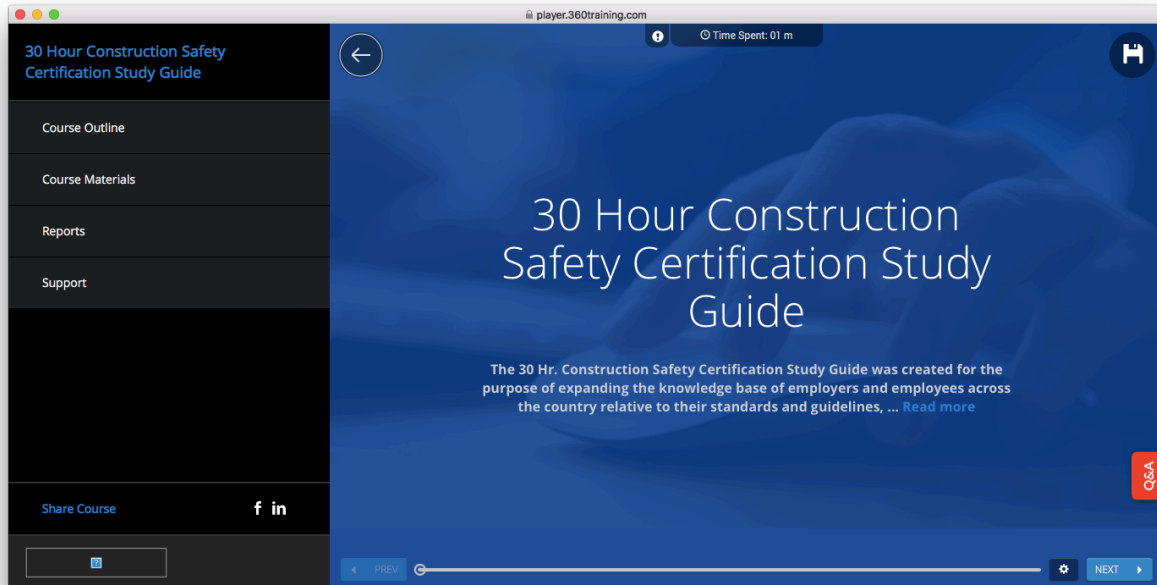


7. Now you reach your courses. This training contains three courses that you have to complete:

- 30 Hour Construction Safety Certification Study Guide
- 30 Hour Construction Industry Outreach
- GHS and OSHA Hazardous Communication



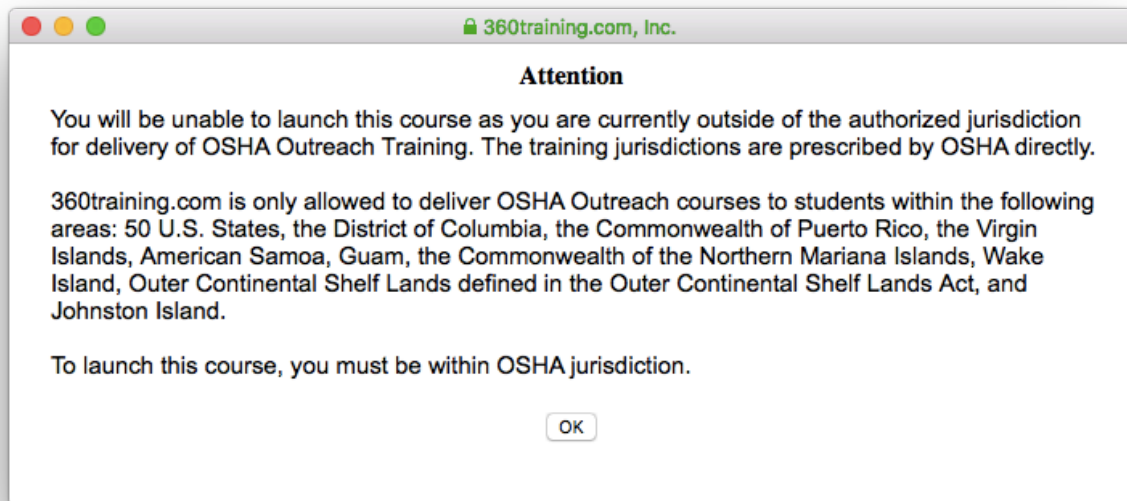
8. Click the course name and you will be redirected to the course materials. Follow the instruction to complete all three courses. Be patient when the course is loading.



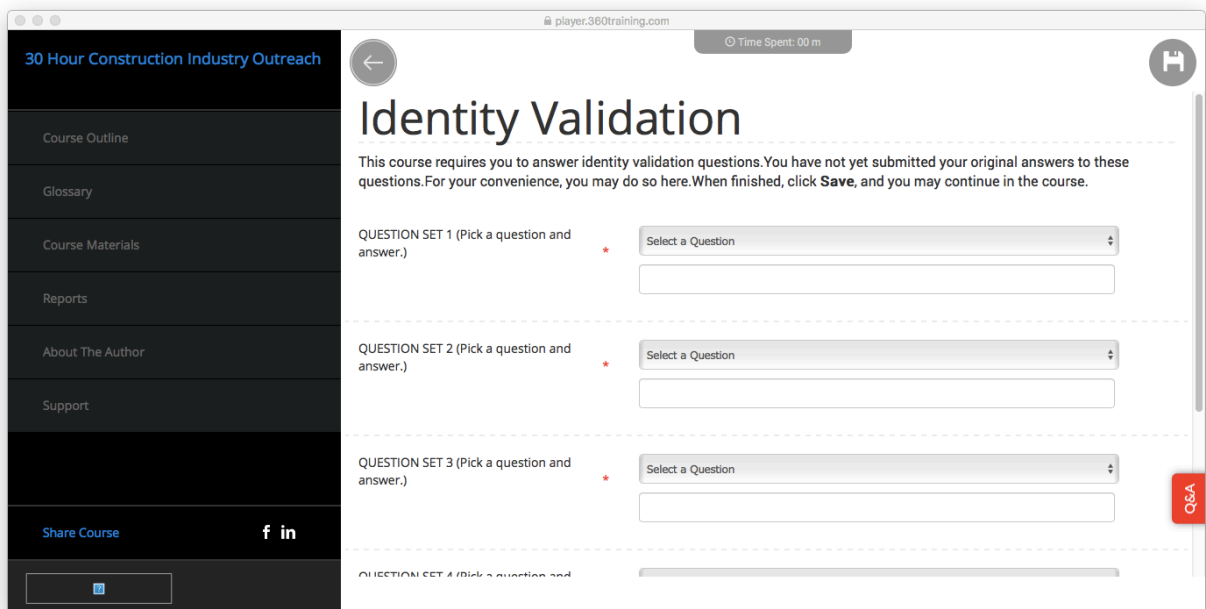
9. When you access the 30 Hour Construction Industry Outreach course for the first time, you might be asked to select the regulating body. If you have no idea what to put, try the following information to proceed.

A screenshot of the '30 HOUR CONSTRUCTION INDUSTRY OUTREACH' course credit confirmation page. The page header includes the 'OSHA.COM' logo and the course title. The main heading is 'Course Credit Confirmation' with the instruction 'Please select one of the options below.' There are two options: 'OPTION 1' and 'OPTION 2'. 'OPTION 1' is selected and shows 'I need to receive credit from a regulating body. My currently selected regulating body is: Occupational Safety and Health Administration (OSHA)'. Below this, a section titled 'REPORTING FIELDS' with a note 'YOU MUST COMPLETE THE REQUIRED REPORTING FIELDS.' contains a form with the following fields: 'STATE' (a dropdown menu showing 'IL', 'IN', 'KS', and 'KY'), 'ZIP CODE' (text input with '47905'), 'STREET ADDRESS' (text input with '5259 Lariat Lane'), and 'CITY' (text input with 'Lafayette'). A blue button labeled 'USE THIS REGULATOR & INFORMATION' is positioned below the form. 'OPTION 2' is partially visible at the bottom, stating 'I need to receive credit from a regulating body. But I need to pick a different regulating body.'

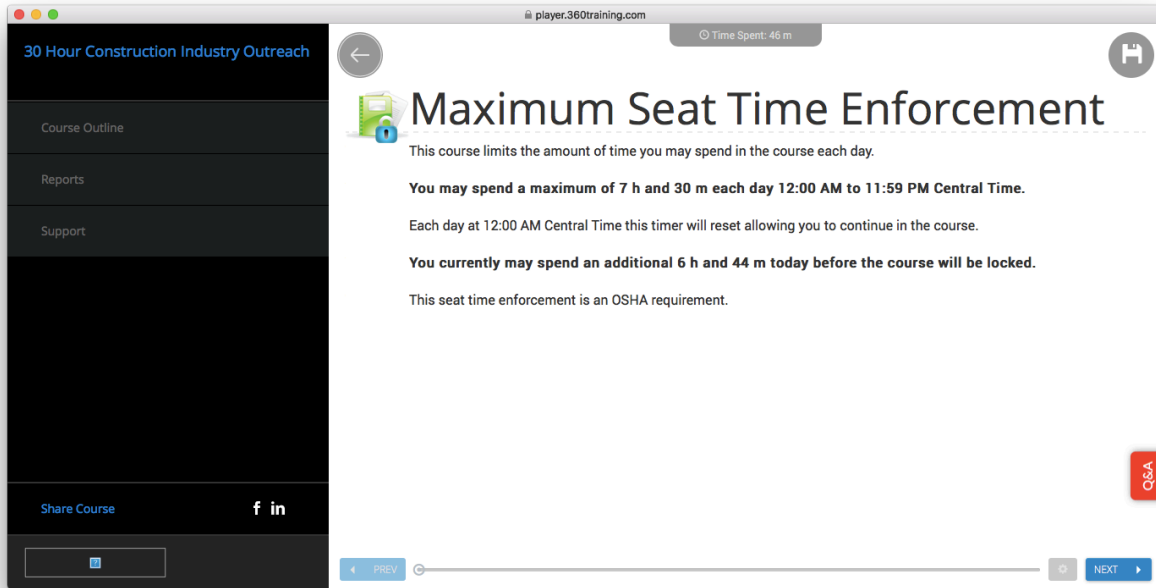
If you are taking the OSHA training outside of the U.S. territory, you will be warned that the course cannot be launched. This is because 360training.com is only authorized to deliver the OSHA training within specific areas.



I have been using the ExpressVPN, (which is not free unfortunately ☹), to access the course from China and it works well. Alternatively, you can use the FreeVPN, which is free, or other tools whatever work.



10. Please be aware that this course limits the amount of time you may spend on it each day is 7 h and 30 m. Please make your study plan accordingly.



11. Once you complete your course, you will be able to download the Certificate. You are required to submit all your Certificate of Completion to the Organizing Committee by the announced deadline to be qualified for on-site construction.



Good luck!