



**Vinit Kaur (Psychotherapist)**



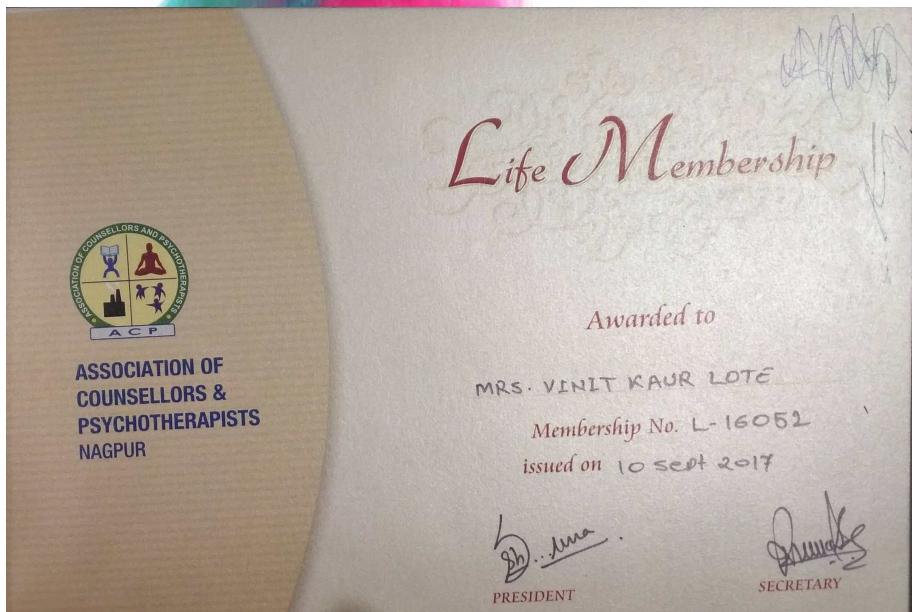
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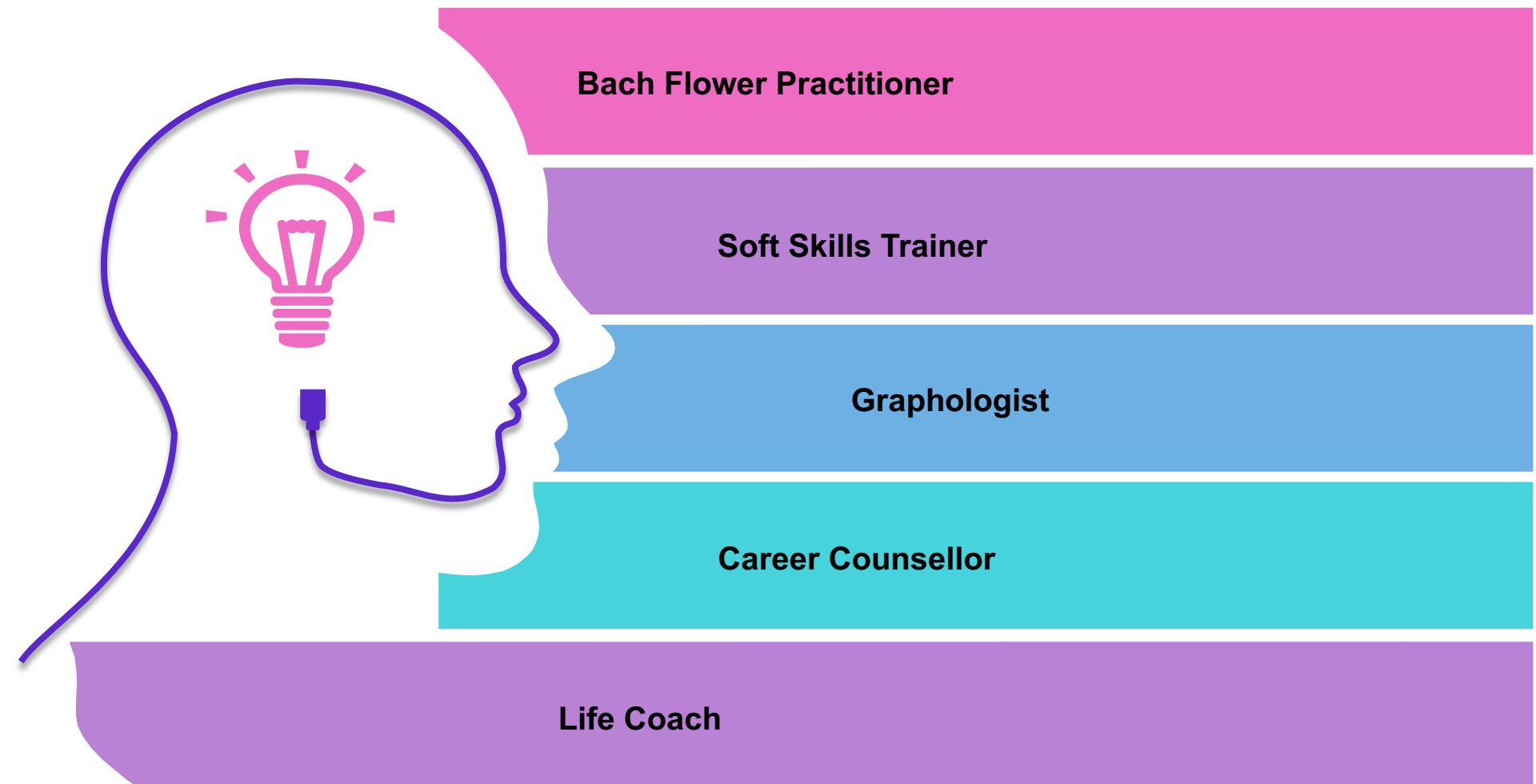
# Qualifications & Certifications

- Postgraduate diploma in Counselling & Psychotherapy - 2013
- Life Coach and Counselling Certification - 2019
- Career Counselling Certification - 2019 Through Counselor Council of India
- Bach Flower Therapy - 2020
- Advance Bach Flower Therapy - 2020



# Introduction

Counsellor and Psychotherapist



Bach Flower Practitioner

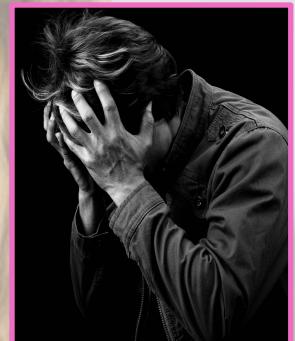
Soft Skills Trainer

Graphologist

Career Counsellor

Life Coach

# Counselling and Psychotherapy



Child & Parent Counselling

Inter & Intrapersonal Relationships

Stress Management

Anger Management

Depression / Anxiety



Trauma

Dealing with Emotional stress due to an injury/disease

Dealing with Stress of care taker

Drastic change in lifestyle/schedule/ habits

Addictions

# Bach Flower Therapy

**“The complete emotional healing system using simple nature. Healing is intended to treat the person rather than the disease, the cause rather than the effect. Be a Happier You”**



Face your Fears



Know your mind



Live the Day



Reach out to Others



Stand your Ground

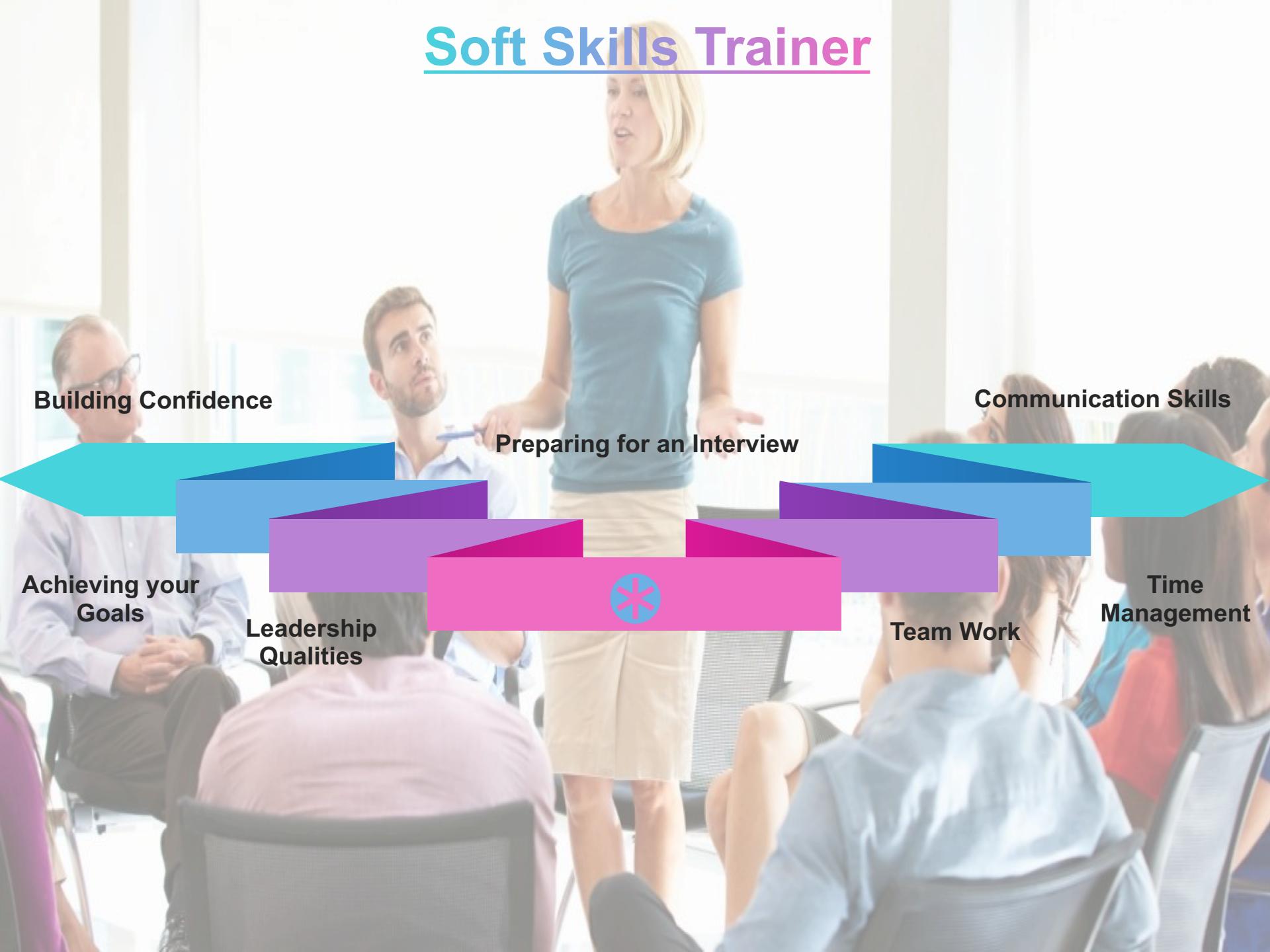


Find Joy & Hope



Live & let live

# Soft Skills Trainer



**Building Confidence**

**Preparing for an Interview**

**Communication Skills**

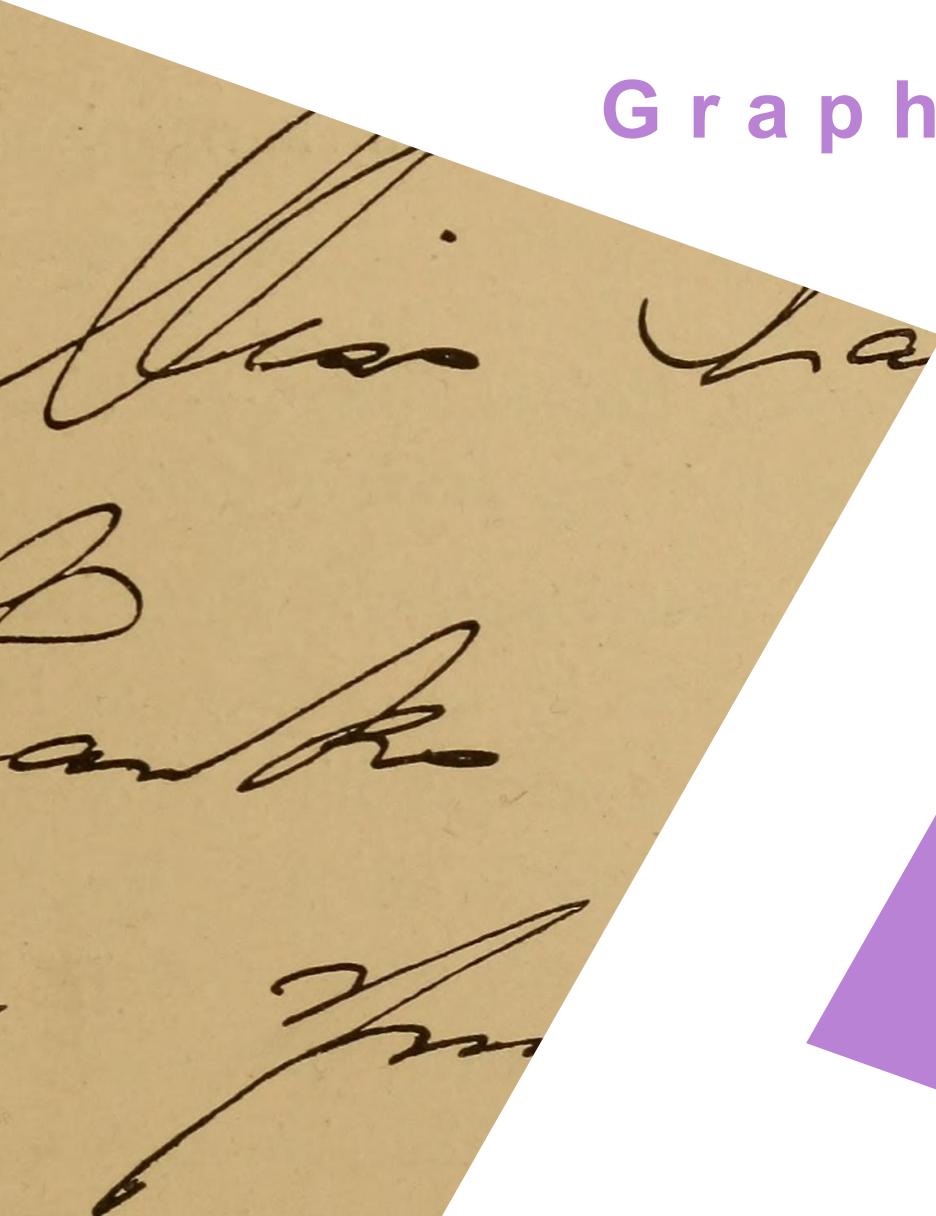
**Time  
Management**

**Team Work**

**Leadership  
Qualities**

**Achieving your  
Goals**

# Graphology



“

**Graphology** is the analysis of the physical characteristics and patterns of handwriting with attempt to identify the writer, indicate the **psychological** state at the time of writing, or evaluate personality characteristics. It is generally considered a pseudoscience

”

# Career Counseling

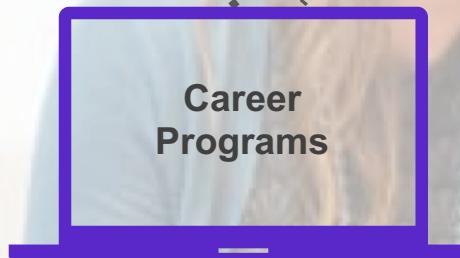
## Career Guidance

Career guidance can be defined as a comprehensive, developmental program designed to assist individuals in making and implementing informed educational and occupational choices.



## Personal Guidance

Personal guidance deals with all those problems of life which are not covered under educational & vocational guidance.



## Career Coaching

The goal of career coaching is to empower professionals by helping them make informed decisions about their trajectory

## Career Development

Career development is the lifelong process of managing learning, work and transitions in order to move toward a personally determined

# Life Coach

What is life coach?

A **life coach** is a type of wellness professional who helps people make progress in their **lives** in order to attain greater fulfillment



Life  
Coach



Life Coaching is a profession that is profoundly different from consulting, mentoring, advice, therapy, or counseling.

How do they work?



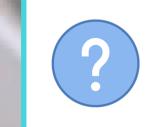
Life Coaching is a designed alliance between coach and client where the coaching relationship continually gives all the power back to you.

What are the benefits?



Confidence, Self Worth, Self Esteem, Identifying & helping them achieve their Goal.

What does it help?



The coaching process addresses specific personal projects, business successes, general conditions and transitions in the client's personal life

# Workshops & Seminars



Kamla Nehru Pharmacy College,  
Butibori, Nagpur



Public Speaking Workshop, Sadar, Nagpur

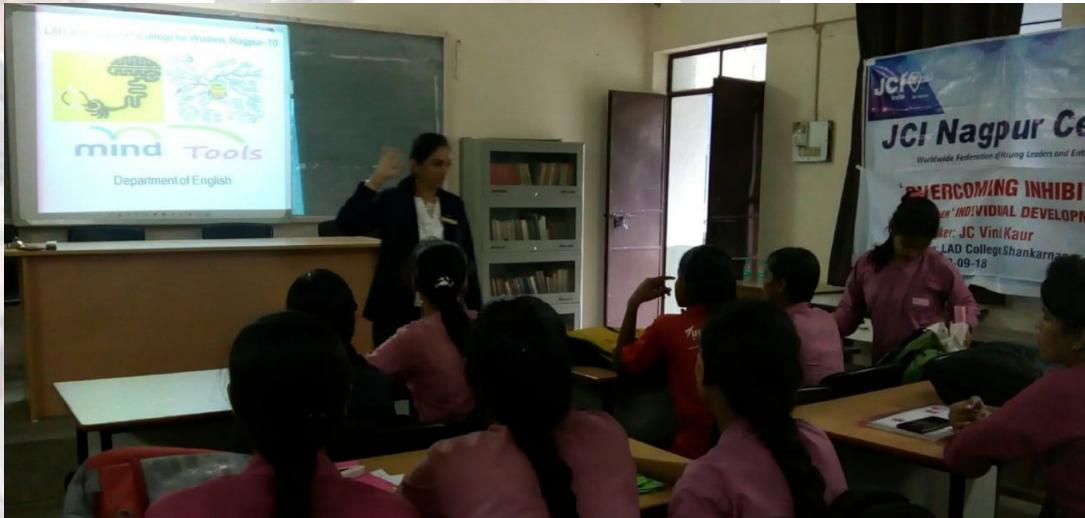


Workshop at Vishvanath baba, wadi

# Workshops & Seminars



Workshop at Chitnavis, Nagpur



Workshop at LAD, Shankar Nagar, Nagpur



Workshop at Pawan Public School, Paoni

# Testimonials

Akanksha Soni (3:19 pm) You are an amazing teacher ❤️❤️  
The way you make us analyse is just amazing 100 100 The examples you give and also the efforts you put in making the class interactive is just great I am glad that I joined here  
11:42 pm

Akanksha Soni (11:43 pm) Thankyou soo much for giving me an amazing experience ❤️❤️  
11:43 pm

Arpit Kumar (11:43 pm) It is really so so so much interesting thing that you can know so much about a person on the basis of their handwriting.  
I really understood the concepts of Graphology taught by you, your way of teaching is so so simple and easily understandable. The course will really help me through out my life.  
Thank you Vinit Kaur Mam 😊  
4d Like Reply Message



**Chandni Bellani** recommends **Healing Blues Counselling Center.**

25 Aug •

Vinit ma'am is very supportive and empathetic person. I was sceptical to the idea of counselling at first, however, with her professional and compassionate attitude, therapy became one of the best decisions I had made. Her expertise and knowledge was outstanding, as was her ability to fully understand the root cause of the problem.

A truly fantastic experience, highly recommended. 😊😊👍

Like

Comment

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1



**Healing Blues Counselling Center**

Thank you Chandni for your valuable feedback. 😊

12w Like Reply

1

# Testimonials



**Preethi Mohan** recommends  
**Healing Blues Counselling Center.**

27 Sep •

Testing times for everyone. Mental and moral health is becoming difficult to maintain given the prevailing unpredictable situations. Me and my family have discovered that the treatment by Bach flower therapy is very helpful, natural with no side effects, cost effective and has prepared us to face the tough times ahead which is very important to lead a peaceful life ahead.

I strongly recommend Vinit Kaur who is service oriented and a seasoned professional in correctly identifying and prescribing the right combination of extracts that works perfectly on targeted problems that each individual is facing. We have already experienced amazing results by using the Bach flower extracts regularly from April 2020 onwards. Based on our experience, I feel that this works very well to maintain harmony and bring abundance of love and happiness in homes which are really in need of it. We trust and believe that this treatment will work well for everyone for a better tomorrow. Love to all, God bless you and your families.

...



**Ujjwal Singh** recommends **Healing Blues Counselling Center.**

20 Oct •

wo Kehte hai na Dubte ko ek tinke ka sahara hota hai and Shes definitely one Among so Energetic filled with amazing positive vibes vinit ji you are really Amazing i am really thankful to almighty and Rahul for getting such Amazing dost in my life Guys Trust me shes is the best yet so calm and understanding to heal you she will go that Extra mile which no one wants to go ... rating her 5 is also Insulting her and her work she even deserves more really Greatful and Thankful to her once again i definitely recommend Vinit Kaur for all the people 😊🙏💖

Like

Comment

Share

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Most relevant ▾



**Healing Blues Counselling Center**

I am gratified beyond words. Thank you for your feedback.

4w Like Reply

1

# In The

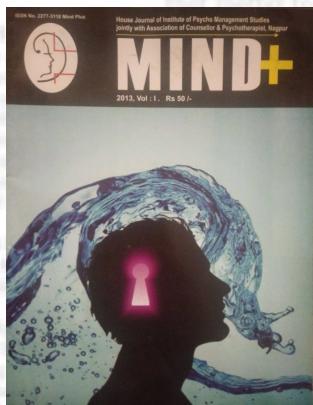
# Publications

**Content Here**

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Mindplus  
Magazine

Bloomsdale  
Daily

**Content Here**

Text

Del Monte "Teacher Monday: Cash for Classrooms" Contest

Back by popular demand from parents and teachers, Del Monte will host its second annual online contest, "Teacher Monday: Cash for Classrooms" at [www.delmonte.com](http://www.delmonte.com). The promotion encourages Kindergarten through 12th grade school teachers across North America to incorporate healthy eating and living messages into classroom activities.

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**MIND+ TRAVEL SERVICES**

107-108-1101 x 1 800-425-1942  
[www.mindplususa.com](http://www.mindplususa.com)



# Contact Us



A tablet is positioned horizontally, showing the same Healing Blues logo and contact information as the phone. Below the tablet are four colored boxes (blue, pink, purple, and light blue) containing social media links:

- Follow Us at** [www.instagram.com/healing\\_blues\\_by\\_vinitkaur](https://www.instagram.com/healing_blues_by_vinitkaur) (with an Instagram icon)
- Like Us at** [www.facebook.com/healingbluesbyvinitkaur](https://www.facebook.com/healingbluesbyvinitkaur) (with a Facebook icon)
- Visit Us at** [www.linkedin.com/in/vinit-kaur-14b4a6167](https://www.linkedin.com/in/vinit-kaur-14b4a6167) (with a LinkedIn icon)
- (Empty box with a Twitter icon)



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# THANK YOU

