

*** Final Report *****DATE/TIME NOTE CREATED:**

08/25/2023 23:56:06

DATE/TIME PATIENT SEEN:**Time seen:** No qualifying data**History Source:** Patient [and grandmother]**Arrival Mode:** No qualifying data available.**History Limitation:** None []**Additional Information:** []**CHIEF COMPLAINT:**

Left sided abdominal pain onset about one hour prior to arrival.

HISTORY OF PRESENT ILLNESS:

Pt is a 11 year old male who presents to the ED with c/o LLQ abdominal pain. Pt states his pain onset at 22:00 this evening. Pt states his pain is only felt when walking but started when he was sitting at the piano. Pt denies any penile or testicular pain. Pt also denies any fever, chills, N/V, urinary sx's, and any flu like sx's.

PMHx: ADHD

PSHx: None

Social Hx: Lives at home

PCP: Roberto Canales

REVIEW OF SYSTEMS:**Constitutional symptoms:**

no fever

no chills

Skin symptoms:

no rash

Eye symptoms:

no discharge.

ENMT symptoms:

no ear pain,

no sore throat

Respiratory symptoms:

no shortness of breath

no cough

Cardiovascular symptoms:

no chest pain.

Gastrointestinal symptoms:

LLQ abdominal pain when walking

no nausea

no vomiting

no diarrhea

no constipation

Genitourinary symptoms:

no dysuria

no hematuria

Musculoskeletal symptoms:

no trauma

no back pain

LLQ abdominal pain when walking

Neurologic symptoms:**PROBLEM LIST/PAST MEDICAL HISTORY:**Ongoing

ADHD (Patient Stated)

Historical

No qualifying data

PROCEDURE/SURGICAL HISTORY:

- None

SOCIAL HISTORY:Tobacco

Tobacco Use: Never smoker.

FAMILY HISTORY:

Diabetes mellitus type 2: Grandparent.

MEDICATIONS ORDER

No qualifying data available

MEDICATIONS**ADMINISTERED:****Given**

Motrin, 347 mg, Oral

HOME MEDICATIONS:New

acetaminophen (Tylenol Childrens 160 mg/5 oral suspension) 15.5 milliliter(s) Oral Every 6 hours for 7 day(s). as needed for pain/fever; weight 34 kg. Refills: 0.

ibuprofen (Motrin Childrens 100 mg/5 oral suspension) 17 milliliter(s) Oral Every 6 hours for 7 day(s). as needed for pain/fever; weight 34 kg. Refills: 0.

polyethylene glycol 3350 (MiraLax oral powder for reconstitution) 8.5 gr Oral Daily as needed Constipation for 14 day dissolve in water before taking. Refills: 0.

Unchanged

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no headache
no dizziness

Psychiatric symptoms:

no substance abuse.

Additional review of systems information: All other systems reviewed and otherwise negative.

I reviewed nurse's notes.

PHYSICAL EXAM:VITAL SIGNS:

Vital Signs:	Last Charted:	
Temperature Oral	36.9 degC	(08/25 23:56)
Heart Rate	94 bpm	(08/25 23:56)
Pulse/HR Method	Monitor	(08/25 23:56)
Respiratory Rate	18 breaths/min	(08/25 23:56)
Systolic BP	115 mmHg	(08/25 23:56)
Diastolic BP	82 mmHg (H)	(08/25 23:56)
Mean Arterial Pressure	93 mmHg (H)	(08/25 23:56)
Blood Pressure Location	Right, Upp	(08/25 23:56)
Blood Pressure Method	Automatic	(08/25 23:56)
SpO2/Pulse Oximetry	97 %	(08/25 23:56)
Dosing BMI	17	(08/25 23:56)

Pulse oximetry Interpretation: Normal on room air

General: Alert, appropriate for age, no acute distress.

Skin: Warm, dry, intact, no pallor, normal for ethnicity.

Head: Normocephalic, atraumatic.

Neck: trachea midline, no large visible masses.

Eye: normal conjunctiva,

Ears, nose, mouth and throat: Oral mucosa moist.

Cardiovascular: regular rhythm, Signs of normal peripheral perfusion.

Respiratory: Respirations are non-labored, Symmetrical chest wall expansion.

Chest wall: No deformity.

Back: No deformity, no obvious step-offs.

Musculoskeletal: no swelling, no deformity.

Gastrointestinal: Soft, Nontender, Non distended; No guarding, rebound tenderness, or rigidity.

Genitourinary: Deferred AS CHILD REFUSED

Neurological: No focal neurological deficit observed, normal motor observed, normal speech observed, normal coordination observed, Alert and oriented appropriate to age, CN grossly intact appropriate to age.

Lymphatics: No lymphadenopathy.

Psychiatric: cooperative

MEDICAL DECISION MAKING:

Differential Diagnosis (Ddx) includes:

groin sprain
constipation
muscle cramp

Nurses notes: The history from nurses notes was reviewed and I agree with what is documented.

A) Complexity of Problems: High

1) 1 or more chronic illnesses with severe exacerbation, progression, or side effects of treatment:

-Acute exacerbation/progression of chronic illness:

or

cloNIDine (cloNIDine 0.1 mg oral tablet) dexamethylphenidate (Focalin XR 15 mg or capsule, extended release)

fluticasone nasal (Flonase 0.05 mg/inl nasal spray) 1 spray(s) Nasal Twice daily for 30 day(s). Refills: 3.

ondansetron (Zofran ODT 4 mg oral tablet disintegrating) 0.5 ta (s) Oral Every 6 hours scheduled as needed Nausea and/or Vomiting 3 day(s). allow tablet to dissolve on tongue. Ref 0.

sodium chloride nasal (Ayr Saline Mist 0.65 nasal spray) 1 spray(s) Each Nostril Twice daily 30 day(s). Refills: 3.

ALLERGIES:

NKA

RADIOLOGY/DIAGNOSIS RESULTS:**Radiology - Last 36 hours (1)****XR Abdomen 2**

Views (08/26 00:19)

FINDINGS:

LOWER THORAX: Visualized inferior lungs clear. No pleural fluid seen. Visualized cardiothymic silhouette not enlarged.

INTRAPERITONEAL SPACE:

No pneumoperitoneum seen

GASTROINTESTINAL TRAUMA:

Significant fecal retention

without apparent bowel

obstruction. No bowel

pneumatosis identified.

BONES/JOINTS: No acute

bony abnormality seen.

OTHER FINDINGS: No

abnormal calcifications

projected over the abdomen

or pelvis.

IMPRESSION:

- Significant fecal retention

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2) 1 acute or chronic illness or injury that poses a threat to life or bodily function:

--Acute: LLQ pain

--Chronic: Constipation

without apparent bowel obstruction.

B) Data Analyzed: Extensive

(Need 2 of 3 categories)

Thank you for allowing us participate in the care of t patient.

Category 1: Tests, documents, or independent historian(s)

* Any combination of 3 from the following:

1) Review of prior external note(s) from each unique source (not from same ED):

--Reviewed external note: None.

2) Ordering of each unique test:

-- no labs

--Imaging ordered: XR Abdomen 2 Views

3)Review of the result(s) of each unique tests:

Diagnostics - Non-
Radiology - Last 36 ho
(0)

No results in past 36 hour

Laboratory values were independently reviewed and interpreted by this Emergency Physician.

Imaging results were independently reviewed and interpreted by this Emergency Physician.

EKG was independently reviewed and interpreted by this Emergency Physician.

--Abnormal labs results include:

--Abnormal imaging results include:

Constipation.

--Abnormal EKG results include:

4) Assessment requiring an independent historian(s):

--History obtained from Pt and grandmother.

or

Category 2: Independent interpretation of tests

Independent interpretation of a test performed by another physician:

-- N/A

or

Category 3: Discussion of management or test interpretation with external physician/appropriate source:

-- N/A

C) Risk of Management: High Risk Examples

1) Drug therapy requiring intensive monitoring for toxicity:

-- N/A

2) Decision regarding elective major surgery with identified patient or procedure risk factors:

-- N/A

3) Decision regarding emergency major surgery:

-- N/A

4) Decision not to resuscitate or to de-escalate care because of poor prognosis:

-- N/A

5) Parenteral controlled substances:

-- N/A

D)

1) Were prescription drugs managed?:

-- N/A

2) How did social determinants affect management?:

-- N/A

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CONSTIPATION ON XRAY, HAD HIM JUMP UP AND DOWN ON HIS HEELS AND NO ABD TTP ON MY EXAM. NO SIGNS OF TORSION OR APPENDICITIS AT THIS TIME BUT GAVE STRICT PRECAUTIONS!!!!

Denies fever/chills/nausea/vomiting/diarrhea/constipation/dark tarry or bloody stools/cp/sob/cough/ent/back pain/headache/dysuria/hematuria. GRANDMOTHER UNDERSTANDS PRECAUTIONS. Patient feels better. Discharged with precautions. Agrees with disposition and plan. Return for worsening condition.

REEXAMINATION/REEVALUATION:

08/26/2023 00:38

Pt is feeling better. Pt jumped up and down with no pain.

08/26/2023 00:41

Date Time	Vital Sign(s)	Result(s)
08/26/23 00:42:00 MDT	Dosing BMI	17
08/26/23 00:20:00 MDT	Heart Rate	97 bpm
	Respiratory Rate	16 breaths/min
	Systolic BP	91 mmHg
	Diastolic BP	61 mmHg
	Mean Arterial Pressure	71 mmHg
	SpO2/Pulse Oximetry	97 %
08/26/23 00:15:00 MDT	SpO2/Pulse Oximetry	96 %
08/26/23 00:12:00 MDT	Heart Rate	107 (H) bpm
	Respiratory Rate	16 breaths/min
	Systolic BP	93 mmHg
	Diastolic BP	69 mmHg
	Mean Arterial Pressure	77 mmHg
	SpO2/Pulse Oximetry	96 %
08/25/23 23:56:00 MDT	Temperature Oral	36.9 degC
	Heart Rate	94 bpm
	Pulse/HR Method	Monitor
	Respiratory Rate	18 breaths/min
	Systolic BP	115 mmHg
	Diastolic BP	82 (H) mmHg
	Mean Arterial Pressure	93 (H) mmHg
	Blood Pressure Location	Right, Upp
	Blood Pressure Method	Automatic
	SpO2/Pulse Oximetry	97 %
	Dosing BMI	17
08/25/23 23:55:00 MDT	Respiratory Rate	16 breaths/min
	Systolic BP	109 mmHg
	Diastolic BP	74 mmHg
	SpO2/Pulse Oximetry	97 %
08/25/23 23:50:00 MDT	Respiratory Rate	17 breaths/min
	Systolic BP	115 mmHg
	Diastolic BP	82 (H) mmHg
	SpO2/Pulse Oximetry	97 %

Pt reevaluation. EDMD at bedside. Pt is feeling better. Pt's results discussed at bedside. Questions answered, and Pt reassured. Advised f/u with PCP. Pt given precautions to return. Pt in NAD, VSS, verbally affirms understanding and agrees with treatment plans, f/u instructions, and discharge.

IMPRESSION/PLAN:

Abdominal pain, LLQ (left lower quadrant) R10.32

Constipation K59.00

Orders:

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Discharge Patient
 Primary Assessment
 Screenings/History Peds
 Triage Part 1
 Triage Part 2
 XR Abdomen 2 Views

DISPOSITION:

08/26/2023 00:41
 Discharge home
 Condition stable

Discharge Medications (3)	Order Details	Status
New		
acetaminophen (Tylenol Childrens 160 mg/5 mL oral suspension)	15.5 milliliter(s) Oral Every 6 hours for 7 day(s). as needed for pain/fever; weight 34 kg. Refills: 0.	New
ibuprofen (Motrin Childrens 100 mg/5 mL oral suspension)	17 milliliter(s) Oral Every 6 hours for 7 day(s). as needed for pain/fever; weight 34 kg. Refills: 0.	New
polyethylene glycol 3350 (MiraLax oral powder for reconstitution)	8.5 gram Oral Daily as needed Constipation for 14 day(s). dissolve in water before taking. Refills: 0.	New

PATIENT EDUCATION:

Abdominal Pain, Pediatric(Spanish)

FOLLOW UP:

With	When	Contact Information
ALDO MASPONS	Within 3-5 days	100 E. SCHUSTER EL PASO, TX 79902- 831-627-7667 Business (1)
Additional Instructions:		
ROBERTO CANALES	Within 3-5 days	1733 CURIE SUITE 103 EL PASO, TX 79902- (915) 532-2985 Business (1)
Additional Instructions:		

ATTESTATION:

By signing my name below, I, Violeta Amaya, attest that this documentation has been prepared under the direction and in the presence of Dr. Achalla. Electronically signed: Violeta Amaya, Scribe.
 Date: 08/26/2023 00:03:35

I, Dr. Madhu Achalla, personally performed the services described in this documentation. All medical record entries made by the scribe were at my direction and in my presence. I have reviewed the chart and discharge instructions and agree that the record reflects my personal performance and is accurate and complete.

Signature Line

Electronically Signed On 08.26.23 01:10 MDT

Amaya, Violeta

Electronically Signed On 08/27/23 23:26 MDT

ACHALLA M.D., MADHU

Completed Action List:

- * Perform by Amaya, Violeta on August 25, 2023 23:56 MDT
- * Modify by Amaya, Violeta on August 26, 2023 00:01 MDT
- * Modify by Amaya, Violeta on August 26, 2023 00:04 MDT
- * Modify by Amaya, Violeta on August 26, 2023 00:10 MDT
- * Modify by Amaya, Violeta on August 26, 2023 01:09 MDT
- * Modify by Amaya, Violeta on August 26, 2023 01:10 MDT
- * Sign by Amaya, Violeta on August 26, 2023 01:10 MDT Requested by Amaya, Violeta on August 25, 2023 23:56 MDT
- * Modify by ACHALLA M.D., MADHU on August 26, 2023 02:25 MDT
- * Sign by ACHALLA M.D., MADHU on August 27, 2023 23:26 MDT Requested by Amaya, Violeta on August 26, 2023 01:10 MDT
- * VERIFY by ACHALLA M.D., MADHU on August 27, 2023 23:26 MDT

Result type: ED Note-Physician
Result date: August 26, 2023 00:56 CDT
Result status: Auth (Verified)
Result title: ED Note
Performed by: Amaya, Violeta on August 25, 2023 23:56 MDT
Verified by: ACHALLA M.D., MADHU on August 27, 2023 23:26 MDT
Encounter info: 027162312, SIE, 3 - Emergency, 08/25/2023 - 08/26/2023