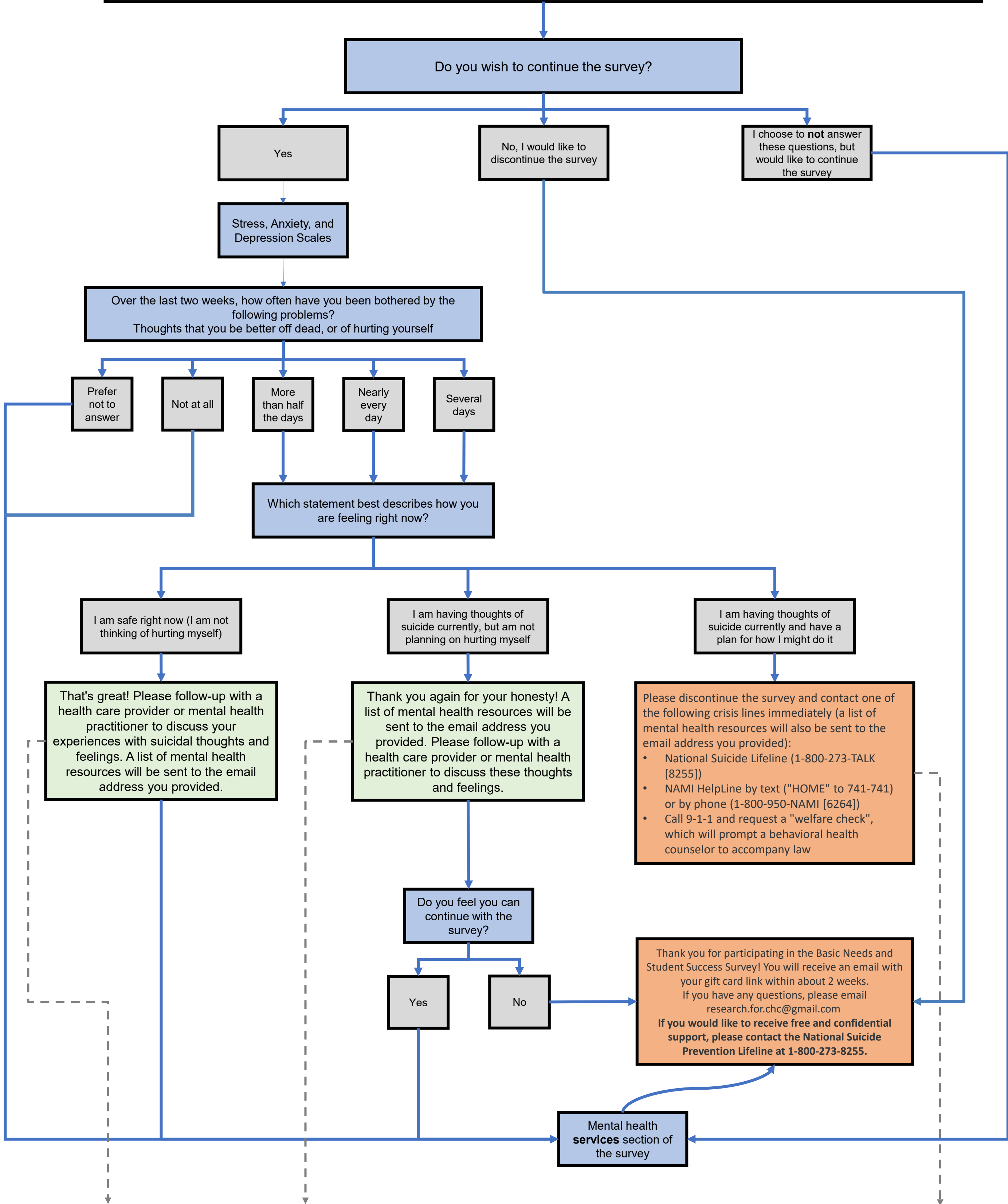


**Sensitive Topics Warning:** These next questions are about mental health and suicidal thoughts. Sometimes people feel so depressed about the future that they may consider attempting suicide, that is, taking some action to end their own life. These questions may be upsetting for you, and so we want to be sure that you feel comfortable continuing. Please remember that you may discontinue the survey at any time. Additionally, the following resource is available to you, should you become distressed: National Suicide Prevention Lifeline (1-800-273-8255).



**Automatic Email from the Qualtrics Server:**

Hello,  
Thank you again for responding honestly to the Basic Needs and Student Success Survey (BNS3). Here is a list of mental health resources that you may find useful:

- **Imminent Risk**
  - Call 9-1-1 and request a "welfare check" which will prompt a behavioral health counselor to accompany law enforcement in their response
- **Crisis Lines**
  - **National Suicide Lifeline** (1-800-273-TALK [8255])
  - **NAMI Helpline** by text ("HOME" to 741-741) or by phone (1-800-950-NAMI [6264])
  - After July 2022, a new suicide crisis line will be established: 9-8-8
- **Local Resources**
  - **National Human Services Call Center** (for local resources such as therapists; 2-1-1)
  - **Find a Therapist** (a resource through Psychology Today: <https://www.psychologytoday.com/us/therapists> )
- **Additional Information & Resources**
  - **Jason Foundation** (resources for students, parents, educators, and other adults: <https://jasonfoundation.com> )
  - **American Foundation for Suicide Prevention** (resources for information, advocacy and prevention, and for individuals struggling or who have survived loss of someone by suicide: <https://afsp.org> )
  - **Greater Good Science Center** (resources for a meaningful life and keys to wellbeing: <https://greatergood.berkeley.edu> )
- **Resources for Specific Populations**
  - Sexual minority or questioning youth: Trevor Project ( <https://www.thetrevorproject.org> )

Sincerely,  
The Center for Health Communities Research Team