Sensitive Topics Warning: These next questions are about mental health and suicidal thoughts. Sometimes people feel so depressed about the future that they may consider attempting suicide, that is, taking some action to end their own life. These questions may be upsetting for you, and so we want to be sure that you feel comfortable continuing. Please remember that you may discontinue the survey at any time. Additionally, the following resource is available to you, should you become distressed: National Suicide Prevention Lifeline (1-800-273-8255) Do you wish to continue the survey? I choose to **not** answer No, I would like to these questions, but Yes discontinue the survey would like to continue the survey Stress, Anxiety, and **Depression Scales** Over the last two weeks, how often have you been bothered by the following problems? Thoughts that you be better off dead, or of hurting yourself Prefer More Nearly Several Not at all not to than half every days answer the days day Which statement best describes how you are feeling right now? I am having thoughts of I am having thoughts of I am safe right now (I am not suicide currently, but am not suicide currently and have a thinking of hurting myself) planning on hurting myself plan for how I might do it That's great! Please follow-up with a Thank you again for your honesty! A Please discontinue the survey and contact one of health care provider or mental health list of mental health resources will be the following crisis lines immediately (a list of practitioner to discuss your sent to the email address you mental health resources will also be sent to the experiences with suicidal thoughts and provided. Please follow-up with a email address you provided): feelings. A list of mental health health care provider or mental health National Suicide Lifeline (1-800-273-TALK resources will be sent to the email practitioner to discuss these thoughts [8255]) address you provided. and feelings. NAMI HelpLine by text ("HOME" to 741-741) or by phone (1-800-950-NAMI [6264]) Call 9-1-1 and request a "welfare check", which will prompt a behavioral health counselor to accompany law Do you feel you can continue with the survey? Thank you for participating in the Basic Needs and Student Success Survey! You will receive an email with your gift card link within about 2 weeks. If you have any questions, please email Yes No research.for.chc@gmail.com If you would like to receive free and confidential support, please contact the National Suicide Prevention Lifeline at 1-800-273-8255. Mental health services section of the survey **Automatic Email from the Qualtrics Server:** Thank you again for responding honestly to the Basic Needs and Student Success Survey (BNS3). Here is a list of mental health resources that you may find useful: • Imminent Risk o Call 9-1-1 and request a "welfare check" which will prompt a behavioral health counselor to accompany law enforcement in their response Crisis Lines National Suicide Lifeline (1-800-273-TALK [8255]) **NAMI HelpLine** by text ("HOME" to 741-741) or by phone (1-800-950-NAMI [6264]) o After July 2022, a new suicide crisis line will be established: 9-8-8 Local Resources O National Human Services Call Center (for local resources such as therapists; 2-1-1) o Find a Therapist (a resource through Psychology Today: https://www.psychologytoday.com/us/therapists) Additional Information & Resources Jason Foundation (resources for students, parents, educators, and other adults: https://jasonfoundation.com) American Foundation for Suicide Prevention (resources for information, advocacy and prevention, and for individuals struggling or who have survived loss of someone by suicide: https://afsp.org) o Greater Good Science Center (resources for a meaningful life and keys to wellbeing: https://greatergood.berkeley.edu) Resources for Specific Populations Sexual minority or questioning youth: Trevor Project (https://www.thetrevorproject.org)

Sincerely,

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The Center for Health Communities Research Team