Introduction

Thank you for agreeing to participate in this usability test. For this test, you will be asked to interact with our habit tracker app, HabitFlow, in order to help our developers make the app easier to use. Remember that we are evaluating a work-in-progress app, not your personal tech skills, so it's okay if any particular interaction is too confusing.

We will be asking you to complete a few different tasks using our app to see how you would complete each one. There is no correct answer, but hearing your thought process as you go through each interaction is very important. We will be taking video and audio recordings of your interactions with the app during the test; these recordings will be used to inform our developers of which interactions worked well and which were confusing. We will not be recording your name or any personal information, and this recording will be deleted once we determined which features need some improvement.

Background

We'll start by asking you some questions about your previous experience with habit tracking apps.

Have you used any habit tracking apps in the past? If so, what habit(s) were you trying to make or break?

What features would you want to see from a habit tracker app? Would any of these features be mandatory for you to use such an app?

Tasks:
1. You have talked openly to a friend about wanting to break some bad habits and to help keep your good habits on track. They recommended you to log in and check it out.

2. One goal you really want to achieve is to go to the gym a certain amount of times each week. Create a habit that tracks the number of times you go to the gym per week.

3. Reviewing your lists of tracked habits you realize there is one that you no longer care to continue tracking and another one that has a spelling typo in the title you want to fix. Try to fix the issues accordingly.

4. This week you have started to feel a change in your habits and want to review older records of your habits to really see the difference.

Wrapup

Which interactions with HabitFlow did you like? Which interactions did you feel were confusing or unintuitive?

Are there any features that you expected to see that were missing? Did any of the existing features feel out of place or unnecessary?

Which task was the most difficult for you to complete and what caused that difficulty?