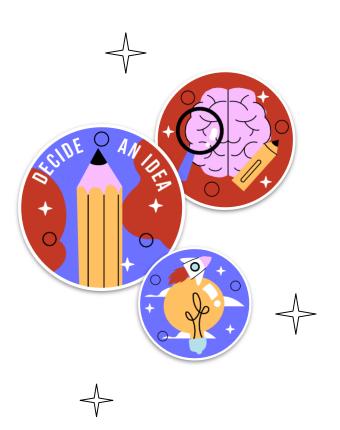
# How to learn and learn fast



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**05** How to apply tools and technology to learning?

Why Learning is So Important

**06** How do I assess myself while studying?

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Conclusion



How to schedule study time?

### 01 What is learning?

Learning is the process of acquiring new knowledge, skills, and building on existing information to enhance understanding and proficiency. Fast learning is an active and optimized method focused on efficiently absorbing and retaining information in a short time, with the goal of accelerating knowledge acquisition.

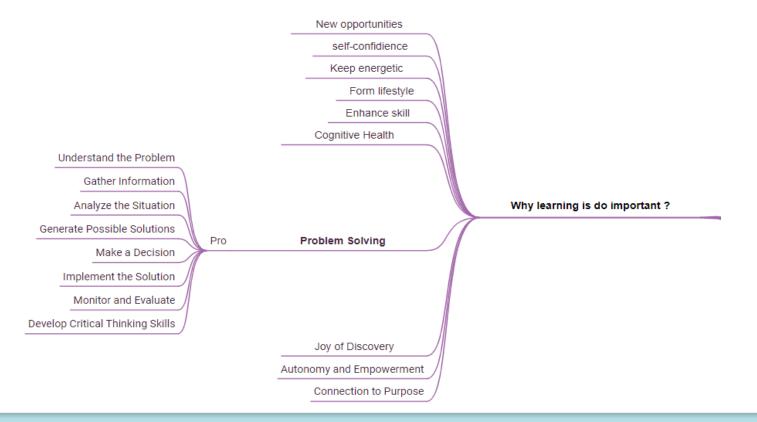






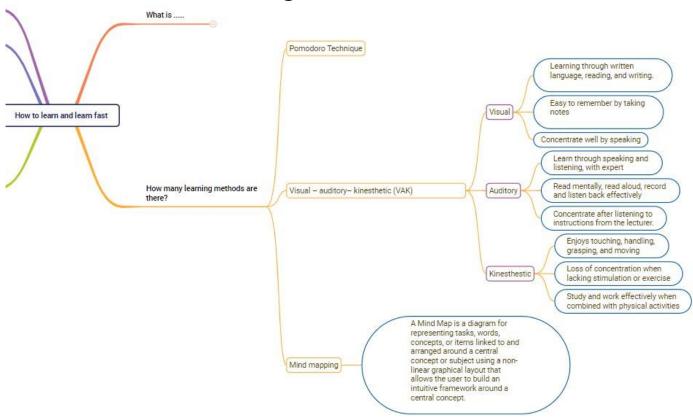


#### 02 Why Learning is So Important





#### 03 Some learning methods





#### 04 How to schedule study time?



Choose priorities to do first



Plan to relax



Complete deadline



Sketch study frame



Plan for the Unexpected



Seriously implement

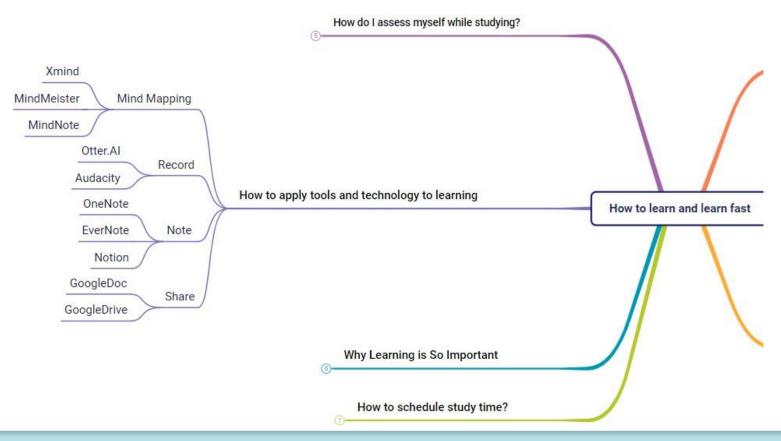


❖ Sketch a timetable



Stay away distract

## 05 How to apply tools and technology to learning?





#### 06 How do I assess myself while studying?

Set Clear Objectives

Use Self-Quizzes

Practice Retrieval:

Teach the Material:

Summarize Information:

Utilize Flashcards:

Monitor Time Management

Keep a Study Journal

Seek Feedback

Use Practice Exams

Reflect on Mistakes

**Evaluate Study Resources** 

Stay Organized

Use Technology

Set Milestones

Engage in Peer Teaching

Embrace a Growth Mindset

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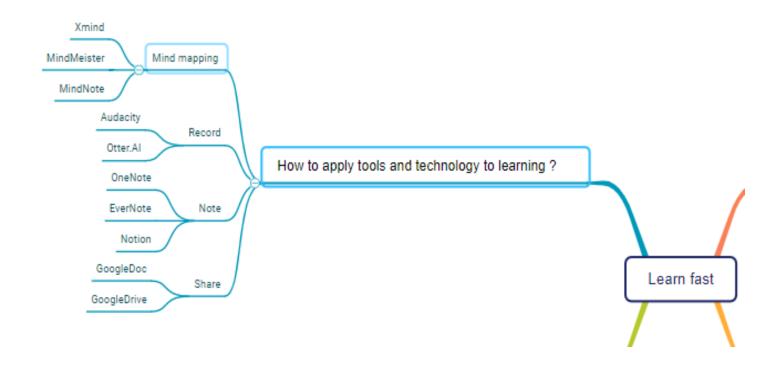
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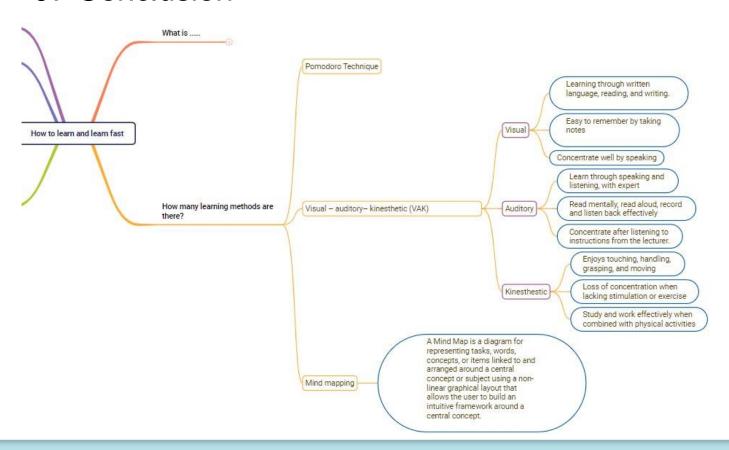


How do I assess myself while studying?











# Thanks!