# Santa Barbara County EMS County Wide Protocols

Policy 533-12

SYMPTOMATIC BRADYCARDIA	
ADULT	PEDIATRIC – (14 years and under)
(HR < 40 BPM) (Refer to Appendix A)  BLS Procedures	
<ul> <li>Administer oxygen as indicated</li> <li>Refer to Policy 533-02 Airway Management</li> <li>Shock position (if indicated)</li> <li>Assist ventilations (if needed)</li> </ul>	Administer oxygen as indicated     Refer to Policy 533-02 Airway Management     Shock position (if indicated)     Assist ventilations (if needed)
Assist Vertifications (if needed)     Attach AED & Initiate CPR (if indicated)	Assist vertilations (if needed)     Attach AED & Initiate CPR (if indicated)
Expanded Scope	
Same as BLS	Same as BLS
ALS Prior to Base	Hospital Contact
Vascular Access Cardiac monitoring Consider early placement of defibrillation pads Consider performing 12-LeadECG Refer to Policy 539: 12-LeadECG Refer to Policy 539: 12-LeadECG  No treatment is necessary, but be prepared to treat if symptoms develop  Symptomatic Bradycardia without Signs of Hypoperfusion Apply defibrillation pads (if not done prior)  Atropine If initial Atropine is transiently effective, or patient remains bradycardic without hemodynamic compromise: May repeat Atropine 0.5mg IV/IO every 3-5 mins Max 0.04mg/kg If no response to initial atropine, and patient remains symptomatic without hemodynamic compromise:  Push-Dose Epinephrine Refer to Policy 533-10: Push Dose Epinephrine  Symptomatic Bradycardia with Signs of Hypoperfusion Initiate medical and electrical therapy simultaneously  Atropine IV/IO – 1mg Initiate Transcutaneous Pacing (TCP) per Policy 541 – TCP Prepare Push-Dose Epinephrine Refer to Policy 533-10: Push Dose Epinephrine	Vascular Access Cardiac monitoring Consider early placement of defibrillation pads Consider performing 12-LeadECG Refer to Policy 539: 12-LeadECG  Asymptomatic Bradycardia No treatment necessary, but early Base Hospital Contact encouraged  Symptomatic Bradycardia without Signs of Hypoperfusion Apply defibrillation pads (if not done prior)  Atropine IV/IO – 0.02mg/kg Maximum dose – 0.1mg Maximum single dose 0.5mg Maximum total dose 0.04mg/kg  Prepare Push-Dose Epinephrine Refer to Policy 533-10: Push Dose Epinephrine  Symptomatic Bradycardia with Signs of Hypoperfusion  Atropine IV/IO – 0.02mg/kg Minimum dose – 0.1mg Maximum single dose 0.5mg Maximum dose – 0.1mg Refer to Policy 533-10: Push Dose Epinephrine



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Suspected Beta-Blocker or Calcium Channel Blocker OD

#### **Calcium Chloride**

• IV/IO - 1gm over 1 min

#### Glucagon

- IV/IO 2mg (May repeat x 5 if available
  - o Total Max 10mg
  - o Consider Ondansetron administration (if not in arrest)

## **Base Hospital Physician Orders Only**

Suspected Renal Failure or Suspected Hyperkalemia

#### **Calcium Chloride**

- IV/IO 20mg/kg
- o Repeat x 1 in 10 min

#### Sodium Bicarbonate

- 2nd vascular access site if available
- IV/IO 1mEq/kg
  - o Repeat 0.5mEq/kg x 2 every 5 min

Suspected Beta-Blocker or Calcium Channel Blocker OD Calcium Chloride

• IV/IO - 20mg/kg over 1 min

o Max of 1gm

#### Glucagon

- IV/IO 0.05mg/kg (Max of 5mg per Dose)
  - o If no response within 15 mins:
    - May repeat until Max 10mg (if available)
  - o Consider Ondansetron administration

Consult with ED Physician for further treatment measures

### **Additional Information**

#### Signs and Symptoms of:

Effective Date: April 1, 2024

- Symptomatic Bradycardia
  - Chest pain, shortness of breath, dizziness, profound weakness.

Consult with ED Physician for further treatment measures.

- Hypoperfusion:
  - Hypotension, altered level of consciousness, diaphoresis, altered skin signs (pallor, mottled)

Signs and Symptoms of:

- · Symptomatic Bradycardia
  - Chest pain, shortness of breath, dizziness, profound weakness.
- Hypoperfusion:
  - Hypotension, altered level of consciousness, diaphoresis, altered skin signs (pallor, mottled)

Last Reviewed/Revised: December 31, 2023 Next Review Date: December 31, 2025