



HYPOTHERMIA													
ADULT	PEDIATRIC – (14 years and under)												
BLS Procedures													
<ul style="list-style-type: none">Gently move patient to warm environment and begin passive rewarmingMinimize movement of extremitiesAttempt to maintain supine positionCut off wet clothing and cover patient, including head, with dry blanketsAdminister oxygen as indicated<ul style="list-style-type: none">Refer to Policy 533-02: Airway ManagementIf patient is altered, determine Blood Glucose Level (BGL)<ul style="list-style-type: none">Refer to Policy 533-06: Altered Neurological Function <p>Monitor vital signs (VS) for 1 minute</p> <table><tr><th colspan="2">Acceptable Ranges for Severe Hypothermia</th></tr><tr><td>Respiratory Rate</td><td>Minimum of 4 breaths/minute</td></tr><tr><td>Heart Rate</td><td>Minimum of 20 beats/minute</td></tr></table> <p>If VS are <u>within</u> the acceptable range for severe hypothermia</p> <ul style="list-style-type: none">Do not initiate respiratory assistance or chest compressions.Monitor VS every 5 minutes <p>If VS are <u>not within</u> the acceptable range for severe hypothermia</p> <ul style="list-style-type: none">Assist ventilations and/or initiate CAM <p>Frostbite</p> <ul style="list-style-type: none">Wrap affected extremity in blankets or clothingDO NOT rub or otherwise attempt active rewarming	Acceptable Ranges for Severe Hypothermia		Respiratory Rate	Minimum of 4 breaths/minute	Heart Rate	Minimum of 20 beats/minute	<ul style="list-style-type: none">Gently move patient to warm environment and begin passive rewarmingMinimize movement of extremitiesAttempt to maintain supine positionCut off wet clothing and cover patient, including head, with dry blanketsAdminister oxygen as indicated<ul style="list-style-type: none">Refer to Policy 533-02: Airway ManagementIf patient is altered, determine Blood Glucose Level (BGL)<ul style="list-style-type: none">Refer to Policy 533-06: Altered Neurological Function <p>Monitor vital signs (VS) for 1 minute</p> <table><tr><th colspan="2">Acceptable Ranges for Severe Hypothermia</th></tr><tr><td>Respiratory Rate</td><td>Minimum of 4 breaths/minute</td></tr><tr><td>Heart Rate</td><td>Minimum of 20 beats/minute</td></tr></table> <p>If VS are <u>within</u> the acceptable range for severe hypothermia</p> <ul style="list-style-type: none">Do not initiate respiratory assistance or chest compressions.Monitor VS every 5 minutes <p>If VS are <u>not within</u> the acceptable range for severe hypothermia</p> <ul style="list-style-type: none">Assist ventilations and/or initiate CAM <p>Frostbite</p> <ul style="list-style-type: none">Wrap affected extremity in blankets or clothingDO NOT rub or otherwise attempt active rewarming	Acceptable Ranges for Severe Hypothermia		Respiratory Rate	Minimum of 4 breaths/minute	Heart Rate	Minimum of 20 beats/minute
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Expanded Scope													
Same as BLS	Same as BLS												
ALS Prior to Base Hospital Contact													
<ul style="list-style-type: none">Determine Blood Glucose Level (BGL) if not done previouslyVascular Access (if indicated)<ul style="list-style-type: none">If administering fluid, avoid administering cold fluidsPain control<ul style="list-style-type: none">Refer to Policy 533-03: Pain Control <p>If VS are <u>not within</u> the acceptable range for severe hypothermia</p> <ul style="list-style-type: none">Transport to the closest hospitalAdminister only one (1) round of medications & contact BHC prior to TCP.<ul style="list-style-type: none">Refer to Policy 533-12 – Symptomatic BradycardiaExpedite transport (Code-3) if no shivering present<ul style="list-style-type: none">Indicates core temp below 90°F	<ul style="list-style-type: none">Determine Blood Glucose Level (BGL) if not done previouslyVascular Access (if indicated)<ul style="list-style-type: none">If administering fluid, avoid administering cold fluidsPain control<ul style="list-style-type: none">Refer to Policy 533-03: Pain Control <p>If VS are <u>not within</u> the acceptable range for severe hypothermia</p> <ul style="list-style-type: none">Transport to the closest hospitalAdminister only one (1) round of medications & establish early BHC.<ul style="list-style-type: none">Refer to Policy 533-12 – Symptomatic BradycardiaExpedite transport (Code-3) if no shivering present<ul style="list-style-type: none">Indicates core temp below 90°F												
Base Hospital Physician Orders Only													
Consult with ED Physician for further treatment measures	Consult with ED Physician for further treatment measures												
Additional Information													
Adjust the transport unit climate to facilitate patient warming.	Adjust the transport unit climate to facilitate patient warming.												