

# Emergency Medical Services Program Policies – Procedures – Protocols

## Acute Stroke/CVA (122)

Adults	Pediatrics (13 years and under)
Public Safety First Aid Procedures: Only	Public Safety First Aid Procedures: Only
<ul> <li>Assess ABC's</li> <li>Position patient with head elevated 30 degrees if practical and safe to do so.</li> <li>Request Fire/EMS</li> </ul>	<ul> <li>Assess ABC's</li> <li>Position patient with head elevated 30 degrees if practical and safe to do so.</li> <li>Request Fire/EMS</li> </ul>
BLS Procedures: EMT's and Paramedics start here	BLS Procedures: EMT's and Paramedics start here
<ul> <li>Primary survey/ABC/Blood Glucose</li> <li>Apply oxygen only if less than 94% or if in respiratory distress</li> <li>Assess Cincinnati prehospital stroke scale (CPSS)</li> <li>Activate stroke alert if CPSS positive</li> <li>Elevate patients head 30 degrees, suction as needed to maintain patent airway</li> <li>If patient showing signs of hypoglycemia or narcosis enter appropriate protocol</li> <li>ALS rendezvous or transport to stroke center</li> </ul>	<ul> <li>Primary survey/ABC/Blood Glucose</li> <li>Apply oxygen only if less than 94% or if in respiratory distress</li> <li>Assess Cincinnati prehospital stroke scale (CPSS)</li> <li>Activate stroke alert if CPSS positive</li> <li>Elevate patients head 30 degrees, suction as needed to maintain patent airway</li> <li>If patient showing signs of hypoglycemia or narcosis enter appropriate protocol</li> <li>ALS rendezvous or transport to stroke center</li> </ul>
ALS Prior to Base Hospital Contact: Paramedic only	ALS Prior to Base Hospital Contact: Paramedic only
<ul> <li>Monitor, IV and blood glucose</li> <li>If Cincinnati Prehospital Stroke Scale (CPSS)     positive and under 4 hours since last known     normal expedite base contact and transport to     appropriate facility in accordance with stroke     policy</li> </ul>	<ul> <li>Monitor, IV and blood glucose</li> <li>If Cincinnati Prehospital Stroke Scale (CPSS)     positive and under 4 hours since last known     normal expedite base contact and transport to     appropriate facility in accordance with stroke     policy</li> </ul>
Base Hospital Contact Required	Base Hospital Contact Required

122 ACUTE STROKE/CVA



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#### Acute Stroke/CVA (122)

#### **Special Considerations**

- 1. Apply O2 only if pulse ox <94% or signs of respiratory distress.
- 2. No more than two (2) IV attempts.
- 3. Patients that present with altered mental status may be oriented to self, place, time and event, but are unable to communicate their orientation effectively.
- 4. Perform Cincinnati Prehospital Stroke Scale (CPSS):

Test	Findings
<b>Facial Droop:</b> Have the patient show teeth or smile.	Normal – both sides of the face move equally.  Abnormal – one side of face does not move as well as the other side.
<b>Arm Drift:</b> Patient closes eyes and extends both arms straight out, with palms up, for 10 seconds.	Normal – both arms move the same or both arms do not move at all.  Abnormal – one arm does not move, or one arm drifts down compared with the other.
Abnormal Speech: Have the patient say, "you can't teach an old dog new tricks".	Normal – patient uses correct words with no slurring of words.  Abnormal – patient slurs words, uses the wrong words, or in unable to speak.

- 5. Acute stroke with one or more abnormal Cincinnati Prehospital Stroke Scale (CPSS) findings and last known normal at or within four (4) hours (observed by a valid historian), may be a candidate for fibrinolytic therapy:
  - Establish early contact with a certified stroke center **Base Station and advise of** "STROKE ALERT"
  - Transport to nearest designated certified stroke center
- 6. Transport patients in semi-Fowler's position with no more than 30 degrees head elevation.
- 7. Acute stroke with one or more abnormal Cincinnati Prehospital Stroke Scale (CPSS) finding and last known normal greater than four (4) hours, may not be a candidate for fibrinolytic therapy:
  - Establish early contact with **Base Station**
  - Transport in accordance with Ambulance Destination Policies and Procedures.

Acute Stroke/CVA (122) Effective Date: 09/01/2020