

## Santa Barbara County EMS County Wide Protocols

Policy 533-05

ABDOMINAL/FLANK PAIN	
ADULT	PEDIATRIC - (14 years and under)
BLS Procedures	
<ul> <li>Place patient in a position of comfort</li> <li>Monitor vital signs and assess for orthostatic changes</li> <li>If SBP &lt;90mmHg or signs of shock:         <ul> <li>Place patient supine</li> </ul> </li> <li>Administer oxygen as indicated         <ul> <li>Refer to Policy 533-02 Airway Management</li> </ul> </li> </ul>	<ul> <li>Place patient in a position of comfort</li> <li>Monitor vital signs and assess for orthostatic changes</li> <li>If SBP is below age-appropriate value (refer to Appendix A) or signs of shock:         <ul> <li>Place patient supine</li> </ul> </li> <li>Administer oxygen as indicated         <ul> <li>Refer to Policy 533-02 Airway Management</li> </ul> </li> </ul>
Expanded Scope	
Same as BLS	Same as BLS
ALS Prior to Base Hospital Contact	
<ul> <li>Vascular Access</li> <li>Cardiac monitor</li> <li>Consider performing a 12-Lead ECG         <ul> <li>Refer to Policy 539: 12-Lead ECG</li> <li>Must perform 12-lead ECG to rule out STEMI in all patients with epigastric abdominal pain</li> <li>If nausea/vomiting is present:                 <ul> <li>Refer to Policy 533-15: Nausea/Vomiting</li> <li>For pain management:                       <ul></ul></li></ul></li></ul></li></ul>	<ul> <li>Vascular Access</li> <li>Cardiac monitor</li> <li>Consider performing a 12-Lead ECG <ul> <li>Refer to Policy 539: 12-Lead ECG</li> </ul> </li> <li>If nausea/vomiting is present: <ul> <li>Refer to Policy 533-15: Nausea/Vomiting</li> </ul> </li> <li>For pain management: <ul> <li>Refer to Policy 533-03: Pain Control</li> </ul> </li> <li>Normal Saline <ul> <li>IV/IO 20mL/kg to maintain SBP appropriate for age (refer to Appendix A): <ul> <li>May repeat x1 as indicated</li> </ul> </li> <li>Hypotension Refractory to Normal Saline</li> <li>Refer to Policy 533-10: Push Dose Epinephrine</li> </ul> </li> </ul>
Base Hospital Physician Orders Only	
Consult with ED Physician for further treatment measures	Consult with ED Physician for further treatment measures
Additional Information	
Consider atypical presentations for acute coronary syndrome	Consider atypical presentations for acute coronary syndrome