

Emergency Medical Services Program Policies – Procedures – Protocols

Epistaxis (127)

Adults	Pediatrics (13 years and under)
Public Safety First Aid Procedures: Only	Public Safety First Aid Procedures: Only
 Support ABC'S Request ambulance transport Administer oxygen if patient has difficulty breathing Position patient leaning forward Apply firm pressure to fleshy part of nose BLS Procedures: EMT's and Paramedics start here 	 Support ABC'S Request ambulance transport Administer oxygen if patient has difficulty breathing Position patient leaning forward Apply firm pressure to fleshy part of nose BLS Procedures: EMT's and Paramedics start here
 Primary assessment/ABC's Give oxygen only if SpO2 <94% or if in respiratory distress Transport to closest appropriate facility or ALS rendezvous Prepare to suction patient as indicated ALS Prior to Base Hospital Contact: Paramedic only IV/monitor as needed If bleeding started less than 3 hours ago and is not controlled by BLS procedures, consider administration of Tranexamic Acid. Have patient blow nose to clear any blood clots. Administer 1mL (100mg) MAD per nostril. Immediately compress or clamp nares after administration of Tranexamic Acid Repeat in 5 minutes if continued massive 	 Primary assessment/ABC's Give oxygen only if SpO2 <94% or if in respiratory distress Transport to closest appropriate facility or ALS rendezvous Prepare to suction patient as indicated ALS Prior to Base Hospital Contact: Paramedic only IV/monitor as needed
hemorrhage. Base Hospital Contact Required	Base Hospital Contact Required
If bleeding has lasted more than 3 hours and is not controlled by BLS procedures, consider administration of Tranexamic Acid. Have patient blow nose to clear any blood clots. Administer 1mL (100mg) MAD per nostril. Immediately compress or clamp nares after administration of Tranexamic Acid Repeat in 5 minutes if continued massive hemorrhage.	

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