

name: Cow Milk Paneer
category: Paneer
tag: Rich in Proteins!
whatIsIt:

negativeHeader: Not recommended for
positiveHeader: Best for
positiveTags: High Protein Diet, Keto Diet, Tikkas & Tandooris, Lactose intolerance
description: Cow Milk Paneer is naturally rich with 36g of proteins & thus can be a staple source for your everyday protein needs. The taste of Provilac Cow Milk Paneer is different because it's completely free from hormones, antibiotics & stabilizers.
negativeTags: Protein Indigestion Issues, Vegan Diet
whatsInside:
keys: Energy, Proteins, Fat, Carbohydrate, Calcium
values: 289 cal, 18g, 25g, 2g, 420mg
text: Full cream Holstein Friesian Cow Milk, Citric Acid
title: Nutritional Values (per serving 100g)

name: Homogenised Cow Milk
category: Milk
tag: Tasty!
whatIsIt:

negativeHeader: Not recommended for
positiveHeader: Best for
positiveTags: Protein shakes, cold coffee, Creamy dahi, cold breakfast cereals, making Greek Yoghurt
description: Provilac homogenised cow milk is milked from Holstein Friesian cows at our farm near Someshwar, Baramati. This milk is automatically milked, and packaged with zero human contact. As homogenised the cream does not separate, thus giving you a wholesome taste in every sip. Savor the essence of health with our farm-fresh, full-fat cream milk, milked from Holstein Friesian crossbred cows. We guarantee purity-no antibiotics, no hormone injections. Enjoy preservative-free, homogenized & pasteurized cow milk, delivered to your door. Opt for our flexible daily/alternate day subscription plan, ensuring the highest quality with stringent multi parameter daily testing before delivery.
negativeTags: Lactose intolerant, Making ghee, Separating cream, Making Makkhan
whatsInside:
keys: Energy, Proteins, Fat, Sugar, Calcium
values: 126 cal, 6.5g, 8g, 9.8g, 233mg
text: Antibiotic-free, Hormone-free, Non-standardised, Homogenised & Pasteurised Milk from Holstein Friesian Cows.
title: Nutritional Values (per serving 200ml)

name: Raw Cow Milk
category: Milk
tag: Creamy Milk!

whatIsIt:

negativeHeader: Not recommended for

positiveHeader: Best for

positiveTags: Homemade white Makkhan, Homemade Ghee, Calorie conscious consumers, Making Kefir, Making Laban

description: Raw milk as the name suggests is unprocessed milk from Holstein Friesian cows at our farm near Someshwar, Baramati. It's directly brought to low-temperature post milking to preserve its integrity and packed for delivery. It's best for making desi butter or 'Loni'.

negativeTags: Lactose intolerant, direct consumption without boiling

whatsInside:

keys: Energy, Proteins, Fat, Sugar, Calcium

values: 126 cal, 6.5g, 8g, 9.8g, 233mg

text: Antibiotic-free, Hormone-free, Non-standardised, Non-Homogenised & Non-Pasteurised Milk from Holstein Friesian Cows.

title: Nutritional Values (per serving 200ml)

name: Cultured Cow Ghee

category: Ghee

tag: Danedar Ghee!

whatIsIt:

negativeHeader: Not recommended for

positiveHeader: Best for

positiveTags: Keto Diet, Panchakarma, Weight loss, Puja

Samagri

description: Cultured Cow Ghee is derived from the cream skimmed from the zero contact cow milk. It's different because culture is added to this cream & it sits for 24 hours. This cream is then processed through the traditional method to acquire a naturally grainy & aromatic bottle of ghee. Made in small batches to ensure freshness.

negativeTags: Cholesterol watchers, Fatty liver

whatsInside:

keys: Energy, Total Fats, Saturated Fats, Trans Fat, Vitamin A

values: 45 cal, 5g, 3.2g, 0.2g, 45mcg

text: Milk fat from Holstein Friesian Cow Milk

title: Nutritional Values (per serving 5g)

name: A2 Gir Cow Paneer

category: Paneer

tag: Rich in Proteins!

whatIsIt:

negativeHeader: Not recommended for

positiveHeader: Best for

positiveTags: People with A1 Protein Indigestion, High Protein Diet, Keto Diet, Tikkas & Tandooris, Lactose intolerance

description: A2 Gir Cow Paneer naturally contains approx. 36 g per 200g of pure A2 proteins, which is great for all diets. This

soft and delicate masterpiece can easily be consumed raw or can be used to prepare many Indian delicacies.

negativeTags: Protein Indigestion Issues, Vegan Diet

whatsInside:

keys: Energy,Proteins,Fat,Carbohydrate,Calcium

values: 289 cal,18g,25g,2g,420mg

text: Full cream Gir Cow A2 Milk, Citric Acid

title: Nutritional Values (per serving 100g)

name: A2 Cow Milk

category: Milk

tag: Light on your stomach!

whatIsIt:

negativeHeader: Not recommended for

positiveHeader: Best for

positiveTags: People with A1 Protein indigestion,Growing kids,Homemade yellow makkhan,Low fat tea/coffee

description: Milked from the indigenous Desi Gir cows bred at our Manchar Farm, Provilac A2 Cow Milk naturally contains easily digestible A2 proteins. To keep it as natural as possible our A2 Cow Milk is traditionally milked. Its left non-homogenised to give you a sumptuous layer of cream to make desi ghee at home! Indulge in the wholesome goodness of Provilac A2 milk through our convenient milk home delivery service. Elevate your daily ritual with a monthly subscription, ensuring a regular supply of antibiotic-free and hormone-free A2 cow milk. Sourced from open-grazing desi Gir cows, our milk is a celebration of purity and quality. Enjoy the rich taste of nature's goodness, delivered to your doorstep with care. Choose Provilac for a delightful journey into the world of premium, organic dairy, and relish the authentic flavor of desi Gir cow milk every day. Subscribe now to experience the essence of true, unadulterated dairy.

negativeTags: Lactose intolerant

whatsInside:

keys: Energy,Proteins,Fat,Sugar,Calcium

values: 126 cal,6.5g,8g,9.8g,233mg

text: Antibiotic-free, Hormone-free, Non-standardised, Non-homogenised, Pasteurised A2 Milk from Gir Cows.

title: Nutritional Values (per serving 200ml)

name: Pasteurized Buffalo Milk

category: Milk

tag: Creamy Milk!

whatIsIt:

negativeHeader: Not recommended for

positiveHeader: Best for

positiveTags: Growing kids, Homemade white makkhan, high fat tea/coffee, Homemade white ghee

description: Experience the sumtupus richness of our buffalo milk, sourced directly from our Kolhapur farm. Our fresh, pure, and

full-fat buffalo milk sets a new standard in quality, ensuring an unparalleled indulgence. Embrace the convenience of subscription-based delivery, free from any antibiotics or hormone injections. Whether you opt for daily, alternate, or customizable delivery plans, savor the creamy goodness meticulously tested for purity across multiple parameters. Treat yourself to the exquisite taste of preservative-free buffalo milk, delivered to exceed your expectations. Provilac Buffalo milk is milked, pasteurized & packaged with zero human contact at our farm near Pet Naka, Kolhapur. This milk is thick and creamy, thus great for making curd, separating cream, making thick milkshakes & preparing white Ghee at home.

negativeTags: Lactose intolerant, Calorie conscious consumers, cholesterol watchers

whatsInside:

keys: Energy, Proteins, Fat, Sugar, Calcium

values: 174 cal, 8g, 12g, 10g, 233mg

text: Antibiotic-free, Hormone-free, Non-standardised, Non-Homogenised & Pasteurised Milk from Buffaloes.

title: Nutritional Values (per serving 200ml)

name: A2 Gir Cow Ghee

category: Ghee

tag: Danedar Ghee!

whatIsIt:

negativeHeader: Not recommended for

positiveHeader: Best for

positiveTags: Keto Diet, Panchakarma, Weight loss

description: Add a dollop of wholesome goodness to your diet with Provilac A2 Gir Cow ghee. Handmade in small batches, Provilac A2 ghee is the epitome of purity & goodness. It easily melts & its naturally grainy texture & homely aroma are enough to give you nostalgia.

negativeTags: Cholesterol watchers, Fatty liver

whatsInside:

keys: Energy, Total Fats, Saturated Fats, Trans Fat, Vitamin A

values: 45 cal, 5g, 3.2g, 0.2g, 45mcg

text: Milk fat from Gir Cow A2 Milk

title: Nutritional Values (per serving 5g)

name: Kharwas

category: Kharwas

tag: Immunity Booster!

whatIsIt:

negativeHeader: Not recommended for

positiveHeader: Best for

positiveTags: High protein intake, Immunity booster

description: Made from excess milk colostrum (after feeding the calves); Kharwas makes a high protein immunoglobulins rich healthy dessert. Ever since its creation in Maharashtra, Kharvas has

made its way to other states as well. Its made in south India and is called Ginnu in Kannada, Junnu in Telugu and Seem Paal in Tamil. Gujrati's call it Bari and in parts of north India, it is called Balli or Bowli.

negativeTags: Vegan diet, Lactose intolerance, protein indigestion

whatsInside:

keys: Energy,Proteins,Fat,Carbohydrate,Calcium

values: 127 cal,12g,2.10g,15g,110mg

text: Colostrum, Gir Cow A2 Milk, Sugar, Cardamom, Nutmeg and

Ginger

title: Nutritional Values (per serving 100g)

name: Curd Culture

category: Dahi

tag: Creamy!

whatIsIt:

negativeHeader: Not recommended for

positiveHeader: Best for

positiveTags: Making Curd

description: Use the curd bacteria culture to make a better quality curd at your home from our range of Provilac milk!

negativeTags: Protein Indigestion Issues, Vegan Diet

whatsInside:

keys: Energy,Proteins,Fat,Carbohydrate,Calcium

values: 79 cal,3.75g,4.5g,5.8g,110mg

text: Full cream Milk, Lactobacillus Culture

title: Nutritional Values (per serving 100g)

name: Lactose Free Milk

category: Milk

tag: No more bloating!

whatIsIt:

negativeHeader: Not recommended for

positiveHeader: Best for

positiveTags: People with lactose intolerance,Making lactose-free dairy preparations,Making great-tasting milkshakes,Tea & coffee

description: Lactose-free milk is prepared from Holstein Frisian cows' milk at our Someshwar, Baramati farm. The milk is automatically milked & then the Lactase enzyme is added to it, to make it easily digestible for the lactose intolerant. This milk comes with all the goodness of pure cow milk minus the lactose content.

negativeTags: People with dairy intolerance

whatsInside:

keys: Energey,Proteins,Fat,Sugar,Calcium

values: 126 cal,6.5g,8g,9.8g,233mg

text: Lactose-free, Antibiotic-free, Hormone-free, Non-standardised Homogenised & Pasteurised Milk from Holstein Friesian Cows

title: Nutritional Values (per serving 200ml)

name: A2 Ghee Gift Pack

category: Ghee

tag: Gift of Purity!

whatIsIt:

negativeHeader: Not recommended for

positiveHeader: Best for

positiveTags: Gifting, Keto Diet, Panchakarma, Weight loss

description: Add a dollop of wholesome goodness to your diet with Provilac A2 Gir Cow ghee. Handmade in small batches, Provilac A2 ghee is the epitome of purity & goodness. It easily melts & its naturally grainy texture & homely aroma are enough to give you nostalgia.

negativeTags: Cholesterol watchers, Fatty liver

whatsInside:

keys: Energy, Total Fats, Saturated Fats, Trans Fat, Vitamin A

values: 45 cal, 5g, 3.2g, 0.2g, 45mcg

text: Milk fat from Gir Cow A2 Milk

title: Nutritional Values (per serving 5g)

name: Door Bag

category: Insulated Bag

tag: Best Insulation!

whatIsIt:

negativeHeader: Not recommended for

positiveHeader: Best for

positiveTags: maintain the temperature of its contents

description: Stylish insulated bag from Provilac will maintain the temperature of its contents, keeping cold items cold, and hot items hot. Hang the bag out on your door and the delivery boy would place your dairy products carefully in them.

negativeTags: Not Applicable for this product

whatsInside:

keys: Not Applicable for this product

values: Not Applicable for this product

text: Not Applicable for this product

title: Not Applicable for this product

name: Buffalo Ghee

category: Ghee

tag: Danedar Ghee!

whatIsIt:

negativeHeader: Not recommended for

positiveHeader: Best for

positiveTags: Keto Diet, Panchakarma, Weight loss, Puja

Samagri

description: Provilac Buffalo ghee is prepared with cream

separated from the thick & wholesome buffalo milk. A culture is added to this cream & it sits for 24 hours. Post this the cream is processed through the traditional method to acquire a naturally grainy & aromatic bottle of white ghee. Made in small batches to ensure freshness.

negativeTags: Cholesterol watchers, Fatty liver

whatsInside:

keys: Energy,Total Fats,Saturated Fats,Trans Fat,Vitamin A

values: 45 cal,5g,3.2g,0.2g,45mcg

text: Milk fat from Buffalo Milk

title: Nutritional Values (per serving 5g)

name: Dahi

category: Dahi

tag: Creamiest Pick!

whatIsIt:

negativeHeader: Not recommended for

positiveHeader: Best for

positiveTags: Lactose intolerance, Improving digestive health, Lassi, Greek Yogurt, Strained Dahi, Shrikand, Dahi Wada, Chaas

description: This cup of milky goodness is traditionally prepared from a specially developed curd culture which helps us in maintaining its consistent taste & texture. Provilac Cow Milk Dahi is great for your guts as it's loaded with good bacteria.

negativeTags: Protein Indigestion Issues, Vegan Diet

whatsInside:

keys: Energy,Proteins,Fat,Carbohydrate,Calcium

values: 79 cal,3.75g,4.5g,5.8g,110mg

text: Full cream Milk, Lactobacillus Culture

title: Nutritional Values (per serving 100g)

name: Homogenised A2 Cow Milk

category: Milk

tag: Homogenised A2 milk

whatIsIt:

negativeHeader: Not recommended for

positiveHeader: Best for

positiveTags: People with A1 Protein indigestion,Growing kids,Homemade yellow makkhan,Low fat tea/coffee

description: Provilac A2 Gir Cow Milk is carefully homogenized to offer a creamier, smoother texture, making it perfect for preparing thick and delicious curd. Sourced from purebred Gir cows from farms in Manchar known for their rich, nutrient-dense A2 protein, this milk ensures a superior, wholesome experience in every sip. Whether you're adding it to your morning tea or coffee, its naturally sweet flavor and enhanced texture bring out the best in your beverages. Enjoy the best of both worlds excellent for curd preparation and a delight in your daily brew.

negativeTags: Lactose intolerant

whatsInside:

keys: Energy,Proteins,Fat,Sugar,Calcium
values: 126 cal,6.5g,8g,9.8g,233mg
text: Antibiotic-free, Hormone-free, Non-standardised,
Homogenised, Pasteurised A2 Milk from Gir Cows.
title: Nutritional Values (per serving 200ml)

name: High Protein Milk
category: Milk
tag: 25g Protein Daily
whatIsIt:

negativeHeader: Not recommended for
positiveHeader: Best for
positiveTags: Low calorie-high protein diet, High Protein Cold Coffee, High Protein Milkshakes, High Protein Dahi, High Protein Paneer Growing Kids, Senior Citizens, Lactose Intolerants, Diabetic Friendly, Pre & Post Workout, Active Lifestyle
description: Provilac High-Protein Fresh Milk Indias first natural high-protein milk with 25g of protein per 250ml (3x more than regular milk), lactose-free, zero fat and only 152 kcal. Importantly, this has been achieved with no added protein powder its all natural, straight from fresh cows milk. We believe this milk can become a go-to choice for anyone from active kids at home to the grandparents seeking to boost their protein intake in a healthy, natural way. Its also ideal for those who are lactose intolerant and looking to meet their protein requirements without compromise.
negativeTags: Protein Allergy, Hot Beverages, Hot Tea, Heating
whatsInside:
keys: Energy,Proteins,Fat,Added Sugar,Calcium
values: 152 cal, 25g, <0.5g, 0g, 600mg
text: Pasteurised skim milk, Lactase enzyme
title: Nutritional Values (per serving 250ml)

name: A2 Cow Milk
category: Milk
tag: Light on stomach!
whatIsIt:

negativeHeader: Not recommended for
positiveHeader: Best for
positiveTags: People with A1 Protein indigestion,Growing kids,Homemade yellow makkhan,Low fat tea/coffee
description: Milked from the indigenous Desi Gir cows bred at our Manchar Farm, Provilac A2 Cow Milk naturally contains easily digestible A2 proteins. To keep it as natural as possible our A2 Cow Milk is traditionally milked. Its left non-homogenised to give you a sumptuous layer of cream to make desi ghee at home! Indulge in the wholesome goodness of Provilac A2 milk through our convenient milk home delivery service. Elevate your daily ritual with a monthly subscription, ensuring a regular supply of antibiotic-free and hormone-free A2 cow milk. Sourced from open-grazing desi Gir cows, our milk is a celebration of purity and quality. Enjoy the rich

taste of nature's goodness, delivered to your doorstep with care. Choose Provilac for a delightful journey into the world of premium, organic dairy, and relish the authentic flavor of desi Gir cow milk every day. Subscribe now to experience the essence of true, unadulterated dairy.

negativeTags: Lactose intolerant
whatsInside:
keys: Energy,Proteins,Fat,Sugar,Calcium
values: 126 cal,6.5g,8g,9.8g,233mg
text: Antibiotic-free, Hormone-free, Non-standardised, Non-homogenised, Pasteurised A2 Milk from Gir Cows.
title: Nutritional Values (per serving 200ml)

name: Cultured Cow Ghee
category: Ghee
tag: Danedar Ghee!
whatIsIt:

negativeHeader: Not recommended for
positiveHeader: Best for
positiveTags: Keto Diet, Panchakarma, Weight loss, Puja
Samagri
description: Cultured Cow Ghee is derived from the cream skimmed from the zero contact cow milk. It's different because culture is added to this cream & it sits for 24 hours. This cream is then processed through the traditional method to acquire a naturally grainy & aromatic bottle of ghee. Made in small batches to ensure freshness.

negativeTags: Cholesterol watchers, Fatty liver
whatsInside:
keys: Energy,Total Fats,Saturated Fats,Trans Fat,Vitamin A
values: 45 cal,5g,3.2g,0.2g,45mcg
text: Milk fat from Holstein Friesian Cow Milk
title: Nutritional Values (per serving 5g)

name: A2 Gir Cow Paneer
category: Paneer
tag: Rich in Proteins!
whatIsIt:

negativeHeader: Not recommended for
positiveHeader: Best for
positiveTags: People with A1 Protein Indigestion, High Protein Diet, Keto Diet, Tikkas & Tandooris, Lactose intolerance
description: A2 Gir Cow Paneer naturally contains approx. 36 g per 200g of pure A2 proteins, which is great for all diets. This soft and delicate masterpiece can easily be consumed raw or can be used to prepare many Indian delicacies.

negativeTags: Protein Indigestion Issues, Vegan Diet
whatsInside:
keys: Energy,Proteins,Fat,Carbohydrate,Calcium
values: 289 cal,18g,25g,2g,420mg

text: Full cream Gir Cow A2 Milk, Citric Acid
title: Nutritional Values (per serving 100g)

name: Cow Milk Paneer
category: Paneer
tag: Rich in Proteins!
whatIsIt:

negativeHeader: Not recommended for

positiveHeader: Best for

positiveTags: High Protein Diet, Keto Diet, Tikkas & Tandooris, Lactose intolerance

description: Cow Milk Paneer is naturally rich with 36g of proteins & thus can be a staple source for your everyday protein needs. The taste of Provilac Cow Milk Paneer is different because it's completely free from hormones, antibiotics & stabilizers.

negativeTags: Protein Indigestion Issues, Vegan Diet

whatsInside:

keys: Energy, Proteins, Fat, Carbohydrate, Calcium

values: 289 cal, 18g, 25g, 2g, 420mg

text: Full cream Holstein Friesian Cow Milk, Citric Acid

title: Nutritional Values (per serving 100g)

name: Homogenised Cow Milk
category: Milk
tag: Tasty!
whatIsIt:

negativeHeader: Not recommended for

positiveHeader: Best for

positiveTags: Protein shakes, cold coffee, Creamy dahi, cold breakfast cereals, making Greek Yoghurt

description: Provilac homogenised cow milk is milked from Holstein Friesian cows at our farm near Someshwar, Baramati. This milk is automatically milked, and packaged with zero human contact. As homogenised the cream does not separate, thus giving you a wholesome taste in every sip. Savor the essence of health with our farm-fresh, full-fat cream milk, milked from Holstein Friesian crossbred cows. We guarantee purity-no antibiotics, no hormone injections. Enjoy preservative-free, homogenized & pasteurized cow milk, delivered to your door. Opt for our flexible daily/alternate day subscription plan, ensuring the highest quality with stringent multi parameter daily testing before delivery.

negativeTags: Lactose intolerant, Making ghee, Separating cream, Making Makkhan

whatsInside:

keys: Energy, Proteins, Fat, Sugar, Calcium

values: 126 cal, 6.5g, 8g, 9.8g, 233mg

text: Antibiotic-free, Hormone-free, Non-standardised, Homogenised & Pasteurised Milk from Holstein Friesian Cows.

title: Nutritional Values (per serving 200ml)

name: Raw Cow Milk

category: Milk

tag: Creamy Milk!

whatIsIt:

negativeHeader: Not recommended for

positiveHeader: Best for

positiveTags: Homemade white Makkhan, Homemade Ghee, Calorie conscious consumers, Making Kefir, Making Laban

description: Raw milk as the name suggests is unprocessed milk from Holstein Friesian cows at our farm near Someshwar, Baramati. It's directly brought to low-temperature post milking to preserve its integrity and packed for delivery. It's best for making desi butter or 'Loni'.

negativeTags: Lactose intolerant; direct consumption without boiling

whatsInside:

keys: Energy, Proteins, Fat, Sugar, Calcium

values: 126 cal, 6.5g, 8g, 9.8g, 233mg

text: Antibiotic-free, Hormone-free, Non-standardised, Non-Homogenised & Non-Pasteurised Milk from Holstein Friesian Cows.

title: Nutritional Values (per serving 200ml)

name: Pasteurized Buffalo Milk

category: Milk

tag: Creamy Milk!

whatIsIt:

negativeHeader: Not recommended for

positiveHeader: Best for

positiveTags: Growing kids, Homemade white makkhan, high fat tea/coffee, Homemade white ghee

description: Experience the sumptuous richness of our buffalo milk, sourced directly from our Kolhapur farm. Our fresh, pure, and full-fat buffalo milk sets a new standard in quality, ensuring an unparalleled indulgence. Embrace the convenience of subscription-based delivery, free from any antibiotics or hormone injections. Whether you opt for daily, alternate, or customizable delivery plans, savor the creamy goodness meticulously tested for purity across multiple parameters. Treat yourself to the exquisite taste of preservative-free buffalo milk, delivered to exceed your expectations. Provilac Buffalo milk is milked, pasteurized & packaged with zero human contact at our farm near Pet Naka, Kolhapur. This milk is thick and creamy, thus great for making curd, separating cream, making thick milkshakes & preparing white Ghee at home.

negativeTags: Lactose intolerant, Calorie conscious consumers, cholesterol watchers

whatsInside:

keys: Energy, Proteins, Fat, Sugar, Calcium

values: 174 cal, 8g, 12g, 10g, 233mg

text: Antibiotic-free, Hormone-free, Non-standardised, Non-

Homogenised & Pasteurised Milk from Buffaloes.
title: Nutritional Values (per serving 200ml)

name: A2 Gir Cow Ghee
category: Ghee
tag: Danedar Ghee!
whatIsIt:

negativeHeader: Not recommended for
positiveHeader: Best for
positiveTags: Keto Diet, Panchakarma, Weight loss
description: Add a dollop of wholesome goodness to your diet with Provilac A2 Gir Cow ghee. Handmade in small batches, Provilac A2 ghee is the epitome of purity & goodness. It easily melts & its naturally grainy texture & homely aroma are enough to give you nostalgia.

negativeTags: Cholesterol watchers, Fatty liver
whatsInside:
keys: Energy, Total Fats, Saturated Fats, Trans Fat, Vitamin A
values: 45 cal, 5g, 3.2g, 0.2g, 45mcg
text: Milk fat from Gir Cow A2 Milk
title: Nutritional Values (per serving 5g)

name: Kharwas
category: Kharwas
tag: Immunity Booster!
whatIsIt:

negativeHeader: Not recommended for
positiveHeader: Best for
positiveTags: High protein intake, Immunity booster
description: Made from excess milk colostrum (after feeding the calves); Kharwas makes a high protein immunoglobulins rich healthy dessert. Ever since its creation in Maharashtra, Kharvas has made its way to other states as well. Its made in south India and is called Ginnu in Kannada, Junnu in Telugu and Seem Paal in Tamil. Gujrati's call it Bari and in parts of north India, it is called Balli or Bowli.

negativeTags: Vegan diet, Lactose intolerance, protein indigestion
whatsInside:
keys: Energy, Proteins, Fat, Carbohydrate, Calcium
values: 127 cal, 12g, 2.10g, 15g, 110mg
text: Colostrum, Gir Cow A2 Milk, Sugar, Cardamom, Nutmeg and Ginger
title: Nutritional Values (per serving 100g)

name: Curd Culture
category: Dahi
tag: Creamy!

whatIsIt:

negativeHeader: Not recommended for
positiveHeader: Best for
positiveTags: Making Curd
description: Use the curd bacteria culture to make a better quality curd at your home from our range of Provilac milk!
negativeTags: Protein Indigestion Issues, Vegan Diet

whatsInside:

keys: Energy,Proteins,Fat,Carbohydrate,Calcium
values: 79 cal,3.75g,4.5g,5.8g,110mg
text: Full cream Milk, Lactobacillus Culture
title: Nutritional Values (per serving 100g)

name: Lactose Free Milk

category: Milk

tag: No more bloating!

whatIsIt:

negativeHeader: Not recommended for
positiveHeader: Best for
positiveTags: People with lactose intolerance,Making lactose-free dairy preparations,Making great-tasting milkshakes,Tea & coffee
description: Lactose-free milk is prepared from Holstein Frisian cows' milk at our Someshwar, Baramati farm. The milk is automatically milked & then the Lactase enzyme is added to it, to make it easily digestible for the lactose intolerant. This milk comes with all the goodness of pure cow milk minus the lactose content.

negativeTags: People with dairy intolerance

whatsInside:

keys: Energy,Proteins,Fat,Sugar,Calcium
values: 126 cal,6.5g,8g,9.8g,233mg
text: Lactose-free, Antibiotic-free, Hormone-free, Non-standardised Homogenised & Pasteurised Milk from Hostein Friesian Cows
title: Nutritional Values (per serving 200ml)

name: A2 Ghee Gift Pack

category: Ghee

tag: Gift of Purity!

whatIsIt:

negativeHeader: Not recommended for
positiveHeader: Best for
positiveTags: Gifting, Keto Diet, Panchakarma, Weight loss
description: Add a dollop of wholesome goodness to your diet with Provilac A2 Gir Cow ghee. Handmade in small batches, Provilac A2 ghee is the epitome of purity & goodness. It easily melts & its naturally grainy texture & homely aroma are enough to give you nostalgia.

negativeTags: Cholesterol watchers, Fatty liver

whatsInside:

keys: Energy,Total Fats,Saturated Fats,Trans Fat,Vitamin A
values: 45 cal,5g,3.2g,0.2g,45mcg
text: Milk fat from Gir Cow A2 Milk
title: Nutritional Values (per serving 5g)

name: Door Bag
category: Insulated Bag
tag: Best Insulation!
whatIsIt:
negativeHeader: Not recommended for
positiveHeader: Best for
positiveTags: maintain the temperature of its contents
description: Stylish insulated bag from Provilac will maintain the temperature of its contents, keeping cold items cold, and hot items hot. Hang the bag out on your door and the delivery boy would place your dairy products carefully in them.
negativeTags: Not Applicable for this product
whatsInside:
keys: Not Applicable for this product
values: Not Applicable for this product
text: Not Applicable for this product
title: Not Applicable for this product

name: Buffalo Ghee
category: Ghee
tag: Danedar Ghee!
whatIsIt:
negativeHeader: Not recommended for
positiveHeader: Best for
positiveTags: Keto Diet, Panchakarma, Weight loss, Puja Samagri
description: Provilac Buffalo ghee is prepared with cream separated from the thick & wholesome buffalo milk. A culture is added to this cream & it sits for 24 hours. Post this the cream is processed through the traditional method to acquire a naturally grainy & aromatic bottle of white ghee. Made in small batches to ensure freshness.
negativeTags: Cholesterol watchers, Fatty liver
whatsInside:
keys: Energy,Total Fats,Saturated Fats,Trans Fat,Vitamin A
values: 45 cal,5g,3.2g,0.2g,45mcg
text: Milk fat from Buffalo Milk
title: Nutritional Values (per serving 5g)

name: Homogenised A2 Cow Milk
category: Milk
tag: Homogenised A2 milk
whatIsIt:

negativeHeader: Not recommended for
positiveHeader: Best for
positiveTags: People with A1 Protein indigestion, Growing kids, Homemade yellow makkhan, Low fat tea/coffee
description: Provilac A2 Gir Cow Milk is carefully homogenized to offer a creamier, smoother texture, making it perfect for preparing thick and delicious curd. Sourced from purebred Gir cows from farms in Manchar known for their rich, nutrient-dense A2 protein, this milk ensures a superior, wholesome experience in every sip. Whether you're adding it to your morning tea or coffee, its naturally sweet flavor and enhanced texture bring out the best in your beverages. Enjoy the best of both worlds excellent for curd preparation and a delight in your daily brew.
negativeTags: Lactose intolerant
whatsInside:
keys: Energy, Proteins, Fat, Sugar, Calcium
values: 126 cal, 6.5g, 8g, 9.8g, 233mg
text: Antibiotic-free, Hormone-free, Non-standardised, Homogenised, Pasteurised A2 Milk from Gir Cows.
title: Nutritional Values (per serving 200ml)

name: Dahi
category: Dahi
tag: Creamiest Pick!
whatIsIt:
negativeHeader: Not recommended for
positiveHeader: Best for
positiveTags: Lactose intolerance, Improving digestive health, Lassi, Greek Yogurt, Strained Dahi, Shrikand, Dahi Wada, Chaas
description: This cup of milky goodness is traditionally prepared from a specially developed curd culture which helps us in maintaining its consistent taste & texture. Provilac Cow Milk Dahi is great for your guts as it's loaded with good bacteria.
negativeTags: Protein Indigestion Issues, Vegan Diet
whatsInside:
keys: Energy, Proteins, Fat, Carbohydrate, Calcium
values: 79 cal, 3.75g, 4.5g, 5.8g, 110mg
text: Full cream Milk, Lactobacillus Culture
title: Nutritional Values (per serving 100g)

name: A2 Milk
category: A2 Milk
tag: Light on stomach!
whatIsIt:
negativeHeader: Not recommended for
positiveHeader: Best for
positiveTags: People with A1 Protein indigestion, Growing kids, Homemade yellow makkhan, Low fat tea/coffee
description: Milked from the indigenous Desi Gir cows bred at our Farm, Provilac A2 Cow Milk naturally contains easily

digestible A2 proteins. To keep it as natural as possible our A2 Cow Milk is traditionally milked. Its left non-homogenised to give you a sumptuous layer of cream to make desi ghee at home! Indulge in the wholesome goodness of Provilac A2 milk through our convenient milk home delivery service. Elevate your daily ritual with a monthly subscription, ensuring a regular supply of antibiotic-free and hormone-free A2 cow milk. Sourced from open-grazing desi Gir cows, our milk is a celebration of purity and quality. Enjoy the rich taste of nature's goodness, delivered to your doorstep with care. Choose Provilac for a delightful journey into the world of premium, organic dairy, and relish the authentic flavor of desi Gir cow milk every day. Subscribe now to experience the essence of true, unadulterated dairy.

negativeTags: Lactose intolerant
whatsInside:
keys: Energy,Proteins,Fat,Sugar,Calcium
values: 126 cal,3.2g,8g,9.8g,233mg
text: Antibiotic-free, Hormone-free, Non-standardised, Non-homogenised, Pasteurised A2 Milk from Gir Cows.
title: Nutritional Values (per serving 200ml)

name: Buffalo Milk
category: Buffalo Milk
tag: Creamy Milk!

whatIsIt:
negativeHeader: Not recommended for
positiveHeader: Best for
positiveTags: Growing kids, Homemade white makkhan, high fat tea/coffee, Homemade white ghee
description: Experience the sumtupus richness of our buffalo milk, sourced directly from our farm. Our fresh, pure, and full-fat buffalo milk sets a new standard in quality, ensuring an unparalleled indulgence. Embrace the convenience of subscription-based delivery, free from any antibiotics or hormone injections. Whether you opt for daily, alternate, or customizable delivery plans, savor the creamy goodness meticulously tested for purity across multiple parameters. Treat yourself to the exquisite taste of preservative-free buffalo milk, delivered to exceed your expectations. Provilac Buffalo milk is milked, pasteurized & packaged with zero human contact at our farm . This milk is thick and creamy, thus great for making curd, separating cream, making thick milkshakes & preparing white Ghee at home.

negativeTags: Lactose intolerant, Calorie conscious consumers, cholesterol watchers

whatsInside:
keys: Energy,Proteins,Fat,Sugar,Calcium
values: 174 cal,3.5g,12g,10g,233mg
text: Antibiotic-free, Hormone-free, Non-standardised, Non-Homogenised & Pasteurised Milk from Buffaloes.
title: Nutritional Values (per serving 200ml)

name: High Protein Milk

category: Milk

tag: 25g Protein Daily

whatIsIt:

negativeHeader: Not recommended for

positiveHeader: Best for

positiveTags: Low calorie-high protein diet, High Protein Cold Coffee, High Protein Milkshakes, High Protein Dahi, High Protein Paneer Growing Kids, Senior Citizens, Lactose Intolerants, Diabetic Friendly, Pre & Post Workout, Active Lifestyle

description: Provilac High-Protein Fresh Milk India's first natural high-protein milk with 25g of protein per 250ml (3x more than regular milk), lactose-free, zero fat and only 152 kcal. Importantly, this has been achieved with no added protein powder it's all-natural, straight from fresh cow's milk. We believe this milk can become a go-to choice for anyone from active kids at home to the grandparents seeking to boost their protein intake in a healthy, natural way. It's also ideal for those who are lactose intolerant and looking to meet their protein requirements without compromise.

negativeTags: Protein Allergy, Hot Beverages, Hot Tea, Heating
whatsInside:

keys: Energy,Proteins,Fat,Added Sugar,Calcium

values: 152 cal, 25g, <0.5g, 0g, 600mg

text: Pasteurised skim milk, Lactase enzyme

title: Nutritional Values (per serving 250ml)