















This is something you can do once you can use Chakra well.

Gather your
Chakra in the
bottom of
your feet and
climb up a
tree.

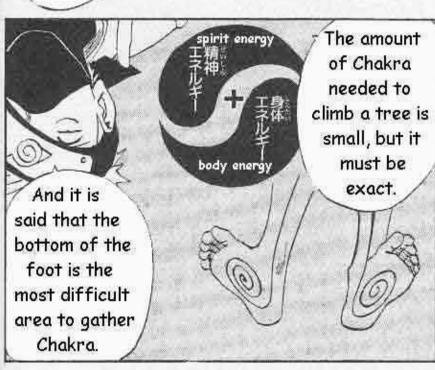




Wait a minute!!
How is learning how
to climb a tree
going to make us
stronger?!!

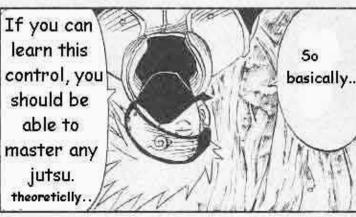












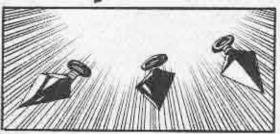


battle while

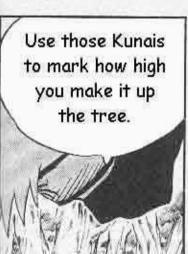
constantly moving.











Kunai-that ninja weapon



So get some momentum and try running up the tree. Got it?

You guys
won't be good
enough to just
walk up the
tree at first.

Then use
that mark as
your goal and
try to surpass it:























