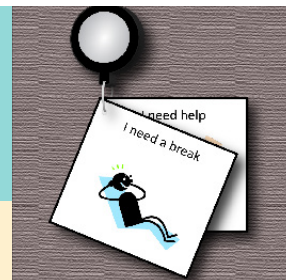


# How~To Templates

## Pulley Cards



Although it is helpful to keep a variety of pictures available for communication with individuals with ASD, it can be difficult managing so many cards. By creating pulley cards, you can keep a few commonly needed cards with you at all times. Pulley cards are small (generally 2"x2") cards that have been hole-punched and clipped together on a wearable pulley clip (see image). These cards can be worn by the people working with an individual with ASD and accessed as needed by either the person with ASD or by the support person.

One common card to include is a "please wait" card. Often, individuals with ASD have a tendency to engage in maladaptive behaviors to gain the attention of their caretakers. "Please wait" cards can be used to prevent disruptive behaviors. Once it is recognized that the individual is displaying signs of becoming agitated, the support person can select the "please wait" card from the pulley, put it in the line of vision of the individual, and point to it. In addition, when the individual is waiting appropriately, verbal praise such as, "good job waiting" should be provided. Such praise should be given every few minutes to encourage the individual to continue displaying appropriate behavior. It may also help to continue to show him or her the "please wait" card at regular intervals to remind the individual that she or he is still waiting.

Other common cards that one might want to include are "yes" and "no". Both can be shown to an individual when she or he is asked a question --this will signal to the individual that they have the opportunity to make a choice. Alternatively, the cards can serve as a cues as to which specific options exist (i.e. "yes, you can do that," or "no, you cannot"). Additional options for cards are included.

### To Make:

1. Take photographs or cut out the images available here to represent appropriate concepts.
2. Punch a hole through an upper corner.
3. Use a clip-on nametag holder, binder ring, or other device to attach the cards together.
4. Wear the pulley cards so they are accessible whenever needed.



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### Also, check out...

#### How-To Video Series

#### How-To Templates Series

#### Kid's Corner Series

#### Life with ASD Series

#### Academia Series

#### Strategy in Practice

#### e-Learning Options





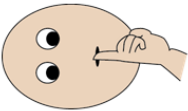





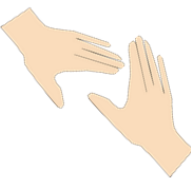





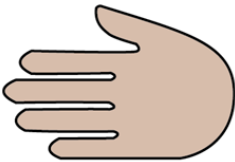

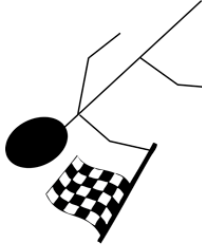
#### Stay in touch via listserv &



& Learning Connection!

**Materials provided are *samples only*!**  
**Items may need to be individualized to meet each person's specific needs!**

## Card Template

<p>time to work</p> 	<p>look at me</p> 	<p>yes</p> 	<p>come here</p> 
<p>quiet</p> 	<p>bathroom</p> 	<p>no</p> 	<p>quiet hands</p> 
<p>break time</p> 	<p>hungry</p> 	<p>I need help</p> 	<p>more</p> 
<p>stand up</p> 	<p>tired</p> 	<p>walk</p> 	<p>scared</p> 
<p>please wait</p> 	<p>sit</p> 	<p>finished</p> 	<p>sick</p> 