

NHS CAREER

BOOST EMPOWERING NHS PROFESSIONALS

NHS CAREER BOOST — WELCOME GUIDE

Welcome to NHS Career Boost!

Thank you for subscribing. You've just taken a huge step toward finally getting the clarity and confidence you need in your NHS career. From now on, you won't be guessing — you'll have structure, guidance, and support.

This guide will show you what happens next and how to start getting real results with your CV, Supporting Statement, and NHS applications.

1. WHAT HAPPENS NEXT

We've received your details

Your information is now in our system and ready for the next steps.

You'll start receiving our email support series

These emails are designed to guide you through:

- Strengthening your CV
- Writing a clear, structured Supporting Statement
- Improving your interview answers
- Understanding Band progression properly
- Applying more strategically

Your first email is on the way

Check your inbox — it includes key tips you can use straightaway.

2. WHAT THIS GUIDE WILL HELP YOU DO

- Why many NHS applicants don't hear back
- The biggest mistakes that cause instant rejection
- The quick fixes that improve your chances
- How NHS Career Boost will support you

3. THE TOP 3 REASONS PEOPLE DON'T GET SHORTLISTED

1. Their CV lists duties, not impact

Recruiters already know the duties — they want to know what changed because of YOU.

2. Their Supporting Statement doesn't match the Job Description

STAR/HEART turns your experience into clear evidence.

3. They apply for roles that don't match their Band

This leads to silent rejection.

4. WHAT YOU SHOULD FOCUS ON IMMEDIATELY

Show measurable impact in your CV

Example:

“I supported patients on the ward” →

“Supported 18–22 patients per shift, improving response times and documentation accuracy.”

Tailor your Supporting Statement using STAR

Apply for the right roles — your emails will guide you.

5. HOW NHS CAREER BOOST WILL SUPPORT YOU

- CV improvement advice
- Supporting Statement templates
- Interview preparation tools
- Weekly guidance emails
- Optional 1:1 services (CV rewriting, Supporting Statements, interview coaching)

6. WHAT TO DO RIGHT NOW

1. Check your email
2. Add us to your safe senders list
3. Review your CV with fresh eyes
4. Watch for the next email — it includes a mini CV audit

7. YOU'RE NOT DOING THIS ALONE

Many NHS professionals feel stuck or overlooked.

You now have a clear pathway and guidance.

Your experience isn't the problem.
How it's presented is what we'll fix.
And once that changes — your results change too.

CONTACT & SUPPORT

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Thank You for Joining NHS Career Boost

Your next breakthrough is closer than you think.

Let's move your career forward — together.