Exercise 2

Chris Penfold

12 December 2018

## My New Year’s resolutions

1. ~~Eat less biscuits~~
   1. 01/01/2019
2. ~~Watch less TV~~
   1. 02/01/2019
3. **Do more exercise**
4. **Eat more fruit**
5. **Submit 1 paper drafted in RMarkdown**