

# Chris Stringham

Provo, UT

(801)-709-4056

## Education

Utah Valley University - Bachelor's in Biology ( May 2024).

## Awards

Deans list (Fall 2023)

## Professional Summary

- A reliable, friendly, and easy-to-train individual who desires to become an Orthodontist.
- Demonstrated a history of dedication to craftsmanship and attention to detail.
- Proficient in working within a team to boost productivity and exceed expectations.
- Diligent, energetic, physically fit, and eager to learn.
- Offers expertise in communication and the ability to learn new processes quickly.

## Skills

- |                   |                        |             |
|-------------------|------------------------|-------------|
| • Organized       | • Well-spoken          | • Positive  |
| • Efficient       | • Friendly             | • Volunteer |
| • Problem-Solving | • Communication Skills | • Teamwork  |

## Experience

Dental Assistant, Ingersoll Alan DDS (August 2022-December 2022).

- Assisted in hands-on dental practices, stocked supplies, and maintained a safe and sterile environment.
- Recorded information and assisted in surgical procedures.

Window Cleaning Services, Citrus Window Cleaning (September 2021-March 2022).

- Provided window cleaning and occasional small services for customers, such as gutter cleaning and screen repair.

Assistant Handyman, Sumner Construction (May 2019-July 2021).

- Assisted craft workers such as carpenters in performing job functions.

Door-to-Door Salesman, Vivint Smart Homes (March 2018-May 2018).

- Sold products door-to-door for three preseasons in Texas and SLC.

Assembly Line Worker (January 2018-May 2018).

- Sorted and placed Tru Fru bags on racks and shelves.
- Followed good manufacturing practices and sanitation requirements.

## **Volunteer Work**

Food and Care Coalition: On Friday, we will gather donations from Great Harvest and bring them to the Homeless Shelter.-8/12/23

Friday Respite, Kids on the Move- For a given period, we will provide Respite Care for children with special needs to give their families breaks.-10/01/2022

Youth conference: I was invited to assist an organization's leaders on their excursion. This included preparing daily meals, providing detailed tent setup instructions, and ensuring everyone's safety during boating and lake activities.-7/03/2016