WE HAVE ALL SORTS OF UTILITY METHODS IN THE API

- url
- getScrollPosition
- scrollTo
- onScroll
- markPageAsLoaded
- viewportDimensions
- track
- toggleFullScreen

```
if (isInsideIframe()) {
  setInterval(() => {
    window.parent.postMessage({ name: `resize:${document.body.offsetHeight}`, '*');
  }, 50);
  window.addEventListener('message', evt => {
    const scrollPosCheck = evt.data.match(/scrollPos:(.+)/);
    if (scrollPosCheck) {
      respondToScroll(scrollPosCheck[0]);
  });
} else {
  window.addEventListener('scroll', respondToScroll);
fullScreenButton.addEventListener('click', e => {
  if (isInsideIframe()) {
    window.parent.postMessage({ name: 'window:toggleFullScreen' }, '*');
  } else {
    document.body.className = document.querySelector('.fullscreen')
      ? document.body.className.replace('fullscreen', '')
      : 'fullscreen';
});
if (isNewsApp()) {
  shareButton.action = 'bbcnewsapp://visualjournalism/share';
  window.location = 'bbcnewsapp://visualjournalism/pageloaded';
} else if (isInsideIframe()) {
  window.postMessage('pageLoaded');
} else {
  removeLoadingSpinner();
```