

# Cochran's Theorem

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Linear Regression Models - Lecture 6

# Importance of Cochran's Theorem

- Cochran's theorem tells us about the distributions of partitioned sums of squares of normally distributed random variables.
- Traditional linear regression analysis relies upon making statistical claims about the distribution of sums of squares of normally distributed random variables (and ratios between them)
- In the Simple Normal Regression model:

$$\frac{SSE}{\sigma^2} = \frac{\sum_{i=1}^N (Y_i - \bar{Y})^2}{\sigma^2} \sim \chi^2(N - 2)$$

Where does this come from?

- Establish the fact that the multivariate Gaussian sum of squares is  $\chi^2(N)$  distributed.
- Provide intuition for Cochran's theorem.
- Prove a lemma in support of Cochran's theorem.
- Prove Cochran's theorem.
- Connect Cochran's theorem back to matrix linear regression.

# $\chi^2$ Distribution

## Theorem

Suppose  $Z_i$  are i.i.d.  $N(0, 1)$ , for  $i = 1, \dots, N$ , then

$$\sum_{i=1}^N Z_i^2 \sim \chi^2(N).$$

## Proof.

- $Z_i^2 \sim \chi^2(1)$  with the moment generating functions (MGF)

$$m_{Z_i^2}(t) := \mathbb{E}[e^{tZ_i^2}] = (1 - 2t)^{-1/2} \quad \text{for } t < 1/2.$$

- If  $Y_1; \dots; Y_N$  are i.i.d. random variables with MGF  $m_{Y_1}(t); \dots; m_{Y_N}(t)$ , then the moment generating function for  $U = Y_1 + \dots + Y_N$  is

$$m_U(t) = m_{Y_1}(t)m_{Y_2}(t) \dots m_{Y_N}(t).$$

- MGF fully characterizes the distribution.
- The MGF for  $\chi^2(N)$  is  $(1 - 2t)^{-N/2}$ .
- So  $\sum_{i=1}^N Z_i^2 \sim \chi^2(N)$ .

# Quadratic Forms and Cochran's Theorem

- Quadratic forms of normal random variables are of great importance in many branches of statistics
  - Least Squares
  - ANOVA
  - Regression Analysis
- General idea: Split the sum of the squares of observations into a number of quadratic forms where each corresponds to some cause of variation.
- The conclusion of Cochran's theorem is that, under the assumption of normality, the various quadratic forms are independent and  $\chi^2$  distributed.
- This fact is the foundation upon which many statistical tests rest.

# Preliminaries: A Common Quadratic Form

- Let

$$\mathbf{X} \sim \mathcal{N}(\boldsymbol{\mu}, \boldsymbol{\Lambda}).$$

- Consider the quadratic form that appears in the exponent of the normal density

$$(\mathbf{X} - \boldsymbol{\mu})^T \boldsymbol{\Lambda}^{-1} (\mathbf{X} - \boldsymbol{\mu}).$$

- In the special case of  $\boldsymbol{\mu} = \mathbf{0}$  and  $\boldsymbol{\Lambda} = \mathbf{I}$ , this reduces to  $\mathbf{X}^T \mathbf{X}$  for which we just proved that it is  $\chi^2(N)$  distributed.
- In the general case we know that

$$(\mathbf{X} - \boldsymbol{\mu})^T \boldsymbol{\Lambda}^{-1/2} \sim \mathcal{N}(\mathbf{0}, \mathbf{I}).$$

- Therefore

$$(\mathbf{X} - \boldsymbol{\mu})^T \boldsymbol{\Lambda}^{-1} (\mathbf{X} - \boldsymbol{\mu}) \sim \chi^2(N).$$

## Theorem

Let  $X_1, \dots, X_N$  be i.i.d.  $N(0, \sigma^2)$  distributed random variables, and suppose that

$$\sum_{i=1}^N X_i^2 = Q_1 + Q_2 + \dots + Q_K,$$

where  $Q_1, Q_2, \dots, Q_K$  are positive semi-definite quadratic forms in  $X_1, X_2, \dots, X_K$ , i.e.,

$$Q_i = \mathbf{X}^T \mathbf{A}_i \mathbf{X}; i = 1, 2, \dots, K$$

Set  $r_i = \text{rank}(\mathbf{A}_i)$ . If  $r_1 + r_2 + \dots + r_K = N$ , then

- (1)  $Q_1, Q_2, \dots, Q_K$  are independent, and
- (2)  $Q_i \sim \sigma^2 \chi^2(r_i)$ .

# Several Linear Algebra Results

- $\mathbf{X}$  be a normal random vector. The components of  $\mathbf{X}$  are independent, if and only if they are uncorrelated.
- Let  $\mathbf{X} \sim N(\boldsymbol{\mu}, \boldsymbol{\Lambda})$ , then  $\mathbf{Y} = \mathbf{C}^T \mathbf{X} \sim N(\mathbf{C}^T \boldsymbol{\mu}, \mathbf{C}^T \boldsymbol{\Lambda} \mathbf{C})$ :
  - We can find an orthogonal matrix  $\mathbf{C}$ , i.e.,  $\mathbf{C}^T = \mathbf{C}^{-1}$ , such that  $\mathbf{D} = \mathbf{C}^T \boldsymbol{\Lambda} \mathbf{C}$  is a diagonal matrix. (Eigen Value Decomposition for Semi Positive Definite Matrix).
  - The components of  $\mathbf{Y}$  will be independent and  $\text{Var}(Y_k) = \lambda_k$ , where  $\lambda_1, \dots, \lambda_K$ ;  $\lambda_k$  are the eigenvalues of  $\boldsymbol{\Lambda}$ .



## Lemma

Let  $X_1, X_2, \dots, X_N$  be real numbers. Suppose that  $\sum_{i=1}^N X_i^2$  can be split into a sum of positive semi-definite quadratic forms, that is

$$\sum_{i=1}^N X_i^2 = Q_1 + Q_2 + \dots + Q_K,$$

where  $Q_i = \mathbf{X}^T \mathbf{A}_i \mathbf{X}$  with  $\mathbf{A}_i$  square  $N \times N$  positive semidefinite matrices with  $\text{rank}(\mathbf{A}_i) = r_i$ . If  $\sum_{i=1}^N r_i = N$ , then there exists an orthogonal matrix  $\mathbf{C}$  such that, with  $\mathbf{X} = \mathbf{C}\mathbf{Y}$ , we have

$$Q_1 = Y_1^2 + Y_2^2 + \dots + Y_{r_1}^2$$

$$Q_2 = Y_{r_1+1}^2 + Y_{r_1+2}^2 + \dots + Y_{r_2}^2$$

$$\vdots$$

$$Q_K = Y_{N-r_K+1}^2 + Y_{N-r_K+2}^2 + \dots + Y_N^2$$

# Remark

- Different quadratic forms contain different  $\mathbf{Y}$  -variables and that the number of terms in each  $Q_i$  equals that rank,  $r_i$  , of  $Q_i$
- The  $Y_i^2$  end up in different sums, we'll use this to prove independence of the different quadratic forms.
- Just prove for  $K = 2$  case, the general case can be obtained by induction.

# Proof of Lemma for $K = 2$ (part 1)

## Proof of Lemma for $K = 2$ (part 1):

- For  $K = 2$ , we have  $\sum_{i=1}^N X_i^2 = \mathbf{Q}$ , where  $\mathbf{Q} = \mathbf{Q}_1 + \mathbf{Q}_2 = \mathbf{X}^T \mathbf{A}_1 \mathbf{X} + \mathbf{X}^T \mathbf{A}_2 \mathbf{X}$ .
- By assumption there exists an orthogonal matrix  $\mathbf{C}$  such that  $\mathbf{C}^T \mathbf{A}_1 \mathbf{C} = \mathbf{D}$ , where  $\mathbf{D}$  is a diagonal matrix with eigenvalues of  $\mathbf{A}_1$ .
- Since  $\text{rank}(\mathbf{A}_1) = r_1$ ,  $r_1$  eigenvalues are positive and  $N - r_1$  eigenvalues are 0.
- Suppose without loss of generality, the first  $r_1$  eigenvalues are positive.
- Define  $\mathbf{Y} = \mathbf{C}^T \mathbf{X}$ , then we have  $\mathbf{X} = \mathbf{C} \mathbf{Y}$  and  $\mathbf{X}^T \mathbf{X} = \mathbf{Y}^T \mathbf{C}^T \mathbf{C} \mathbf{Y} = \mathbf{Y}^T \mathbf{Y}$ .
- Therefore,  $\sum_{i=1}^N Y_i^2 = \mathbf{Q}$  and

$$\mathbf{Q} = \underbrace{\mathbf{X}^T \mathbf{A}_1 \mathbf{X}}_{=\mathbf{X}^T \mathbf{C} \mathbf{D} \mathbf{C}^T \mathbf{X}} + \mathbf{X}^T \mathbf{A}_2 \mathbf{X} = \mathbf{Y}^T \mathbf{D} \mathbf{Y} + \mathbf{X}^T \mathbf{A}_2 \mathbf{X} = \sum_{i=1}^{r_1} \lambda_i Y_i^2 + \mathbf{Y}^T \mathbf{C}^T \mathbf{A}_2 \mathbf{C} \mathbf{Y}.$$

- Then, rearranging the terms we have

$$\sum_{i=1}^{r_1} (1 - \lambda_i) Y_i^2 + \sum_{i=r_1+1}^N Y_i^2 = \mathbf{Y}^T \mathbf{C}^T \mathbf{A}_2 \mathbf{C} \mathbf{Y}$$



# Proof of Lemma for $K = 2$ (part 2)

## Proof of Lemma for $K = 2$ (part 2):

- Recall from the last slide

$$\sum_{i=1}^{r_1} (1 - \lambda_i) Y_i^2 + \sum_{i=r_1+1}^N Y_i^2 = \mathbf{Y}^T \mathbf{C}^T \mathbf{A}_2 \mathbf{C} \mathbf{Y}$$

- Since  $\text{rank}(\mathbf{A}_2) = r_2 = N - r_1$ 
  - Therefore, the above holds if and only if

$$\lambda_1 = \lambda_2 = \dots = \lambda_{r_1} = 1$$

- and

$$Q_1 = \sum_{i=1}^{r_1} Y_i^2, \quad Q_2 = \sum_{i=r_1+1}^N Y_i^2.$$



# About Lemma

- This lemma is about real numbers, not random variables
- It says that if  $\sum_{i=1}^N X_i^2$  can be split into a sum of positive semi-definite quadratic forms, then there is a orthogonal transformation  $\mathbf{X} = \mathbf{C}\mathbf{Y}$  such that each of the quadratic forms have nice properties: Each  $Y_i$  appears in only one resulting sum of squares, which leads to the independence of the sum of squares.

## Proof of Cochran's Theorem:

- Using the Lemma,  $Q_1, \dots, Q_k$  can be written using different  $Y_i$ 's, therefore, they are independent.
- Furthermore,  $Q_1 = \sum_{i=1}^{r_1} Y_i^2 \sim \sigma^2 \chi^2(r_1)$ .
- Other  $Q_i$ 's are the same.



# Applications

- Sample variance is independent from sample mean.

- Recall  $SSTO = (N - 1)s^2(Y)$ ,

$$SSTO = \sum_{i=1}^N (Y_i - \bar{Y})^2 = \sum_{i=1}^N Y_i^2 - \frac{(\sum_{i=1}^N Y_i)^2}{N}$$

- Rearrange the term and express in matrix format

$$\sum_{i=1}^N Y_i^2 = \sum_{i=1}^N (Y_i - \bar{Y})^2 + \frac{(\sum_{i=1}^N Y_i)^2}{N}$$

$$\mathbf{Y}^T \mathbf{I} \mathbf{Y} = \mathbf{Y}^T (\mathbf{I} - \frac{1}{N} \mathbf{J}) \mathbf{Y} + \mathbf{Y}^T (\frac{1}{N} \mathbf{J}) \mathbf{Y}$$

- We know  $\mathbf{Y}^T \mathbf{I} \mathbf{Y} \sim \sigma^2 \chi^2(N)$ ,  $rank(\mathbf{I} - \frac{1}{N} \mathbf{J}) = N - 1$  (see the next slide), and  $rank(\frac{1}{N} \mathbf{J}) = 1$ .
- As results

$$\sum_{i=1}^N (Y_i - \bar{Y})^2 \sim \sigma^2 \chi^2(N - 1)$$

$$\frac{(\sum_{i=1}^N Y_i)^2}{N} \sim \sigma^2 \chi^2(1)$$

# Rank of $I - \frac{1}{N}J$



$$\text{rank}(I - \frac{1}{N}J) \geq \text{rank}(I) - \text{rank}(\frac{1}{N}J) = N - 1$$

- Since  $(I - \frac{1}{N}J)\mathbf{1} = \mathbf{0}$ , we have

$$\text{rank}(I - \frac{1}{N}J) \leq N - 1$$

Therefore

$$\text{rank}(I - \frac{1}{N}J) = N - 1$$

$$SSTO = \mathbf{Y}^T [\mathbf{I} - \frac{1}{N} \mathbf{J}] \mathbf{Y}$$

$$SSE = \mathbf{Y}^T [\mathbf{I} - \mathbf{H}] \mathbf{Y}$$

$$SSR = \mathbf{Y}^T [\mathbf{H} - \frac{1}{N} \mathbf{J}] \mathbf{Y}$$

- Under the null hypothesis, when  $\beta = 0$ , we know

$$SSTO \sim \sigma^2 \chi^2(N - 1)$$

- From linear algebra:  $\text{rank}(\mathbf{I} - \mathbf{H}) = N - P$  and  $\text{rank}(\mathbf{H} - \frac{1}{N} \mathbf{J}) = P - 1$ .
- Then we have

$$SSE \sim \sigma^2 \chi^2(N - P)$$

$$SSR \sim \sigma^2 \chi^2(P - 1)$$

- As a byproduct,  $MSE = SSE/(N - P)$  is an unbiased estimator of  $\sigma^2$ , since the mean of  $\chi^2(N - P) = N - P$ .



We have

$$\begin{aligned}\text{trace}(\mathbf{H}) &= \text{trace}(\mathbf{X}(\mathbf{X}^T\mathbf{X})^{-1}\mathbf{X}^T) \\ &= \text{trace}(\mathbf{X}^T\mathbf{X}(\mathbf{X}^T\mathbf{X})^{-1}) \\ &= \text{trace}(\mathbf{I}_P) \\ &= P\end{aligned}$$

Then

$$\begin{aligned}\text{rank}(\mathbf{I} - \mathbf{H}) &= \text{trace}(\mathbf{I} - \mathbf{H}) \\ &= \text{trace}(\mathbf{I}) - \text{trace}(\mathbf{H}) \\ &= N - P\end{aligned}$$

## Rank of $\mathbf{H} - \frac{1}{N}\mathbf{J}$

- First, since we have  $\mathbf{H}\mathbf{1} = \mathbf{1}$  (This amounts to do a multiple linear regression with the response always equal to 1 and therefore, the fitted value is still 1 because we can just use the constant to perfectly fit the model), then it is straightforward to check that  $\mathbf{H} - \frac{1}{N}\mathbf{J}$  is an idempotent and symmetric matrix.

$$\begin{aligned}\mathbf{H} - \frac{1}{N}\mathbf{J} &= (\mathbf{H} - \frac{1}{N}\mathbf{J})(\mathbf{H} - \frac{1}{N}\mathbf{J}) \\ &= \mathbf{H}\mathbf{H} - \frac{2}{N}\mathbf{J}\mathbf{H} + \frac{1}{N^2}\mathbf{J}\mathbf{J} \\ &= \mathbf{H} - \frac{2}{N}\mathbf{J} + \frac{N}{N^2}\mathbf{J} \\ &= \mathbf{H} - \frac{1}{N}\mathbf{J}\end{aligned}$$

- Then, we have

$$\text{rank}(\mathbf{H} - \frac{1}{N}\mathbf{J}) = \text{trace}(\mathbf{H}) - \text{trace}(\frac{1}{N}\mathbf{J}) = P - 1$$

# Some Results on Idempotent Matrices

- All eigenvalues of an idempotent matrix are equal to 0 or 1.

$$\mathbf{H}\mathbf{v} = \lambda\mathbf{v}.$$

Multiply both sides by  $\mathbf{H}$  from the left to get

$$\mathbf{H}\mathbf{H}\mathbf{v} = \lambda\mathbf{H}\mathbf{v}$$

Since  $\mathbf{H}$  is idempotent,

$$\mathbf{H}\mathbf{v} = \lambda\mathbf{H}\mathbf{v}$$

Combining we get

$$\lambda\mathbf{H}\mathbf{v} = \lambda\lambda\mathbf{v} = \lambda\mathbf{v}$$

So  $\lambda = 0$  or  $\lambda = 1$ .

- Rank of an idempotent matrix is equal to its trace.

$$\text{trace}(\mathbf{H}) = \sum_{i=1}^N h_{i,i} = \sum_{i=1}^N \lambda_i = \text{rank}(\mathbf{H})$$